

**Registered Charity number: 1186256**

**APCAM**

**Report and Accounts**

**As at 5<sup>th</sup> April 2024**



## **Charity information**

Trustees:	Lauren Jacobs Fletcher Wood Yasmin Biggs (appointed 01/04/24)
Date of registration:	11 <sup>th</sup> November 2019
Charity number:	1186256
Correspondence address:	1 The Green Alvescot Bampton OX18 2QD



## **Trustees Report**

This is the fourth Report for APCAM.

We have had a very busy year offering an expanded service to families in need both in our local communities and further afield.

The Mental Health clinic that we launched in 2021 has continued and is an important part of our strategy in helping local families in Mental Health crisis

In total, we have now helped over 500 families – a total that we are incredibly proud of. There is so much more we want to achieve however and our immediate aim is to raise enough funding to be able to expand our 1:1 counselling session offering, reaching more families in their time of need.

### **Objectives and Supporting Activities**

Our objectives at APCAM are to provide relief and support to those supporting a child or young person suffering with their mental health in the UK, primarily (but not exclusively) through the provision of group therapy, resources and sign posting to relevant information and services.

We also work to preserve and protect the mental health of children and young adults, throughout the UK, primarily (but not exclusively) through the funding and/or facilitating of support services and counselling.

Our activities include:

- Weekly support meetings for parents
- Weekly children's mental health clinics
- Provision of services supporting families - in a family support and social capacity including with schooling
- Providing services advising and applying for housing benefits and housing
- Working with the local authority to support people who are currently working with Early Help Practitioners

### **Structure, Governance and Management**

APCAM is a Charitable Incorporated Organisation. Decisions are made in line with the Charities constitution, at meetings of the charity trustees, by resolution in writing or by electronic form. Trustees are re-elected without need for further nomination. New Trustees may be appointed at any time and introduced to APCAM by the Chair of Trustees, based on their experience and qualifications.

The managing Trustees meet weekly in person and the full team, including trustees, meet online regularly to ensure that the Charity is covering all aspects of its obligation to the local community. The Trustees have given due consideration to the Charity Commissions published guidance on Public Benefit requirements, under the Charities Act 2011.



## **Financial Review**

On the following pages you will find our Accounts, which have been prepared on a Receipts and Payments basis. APCAM is run as a going concern and has no financial commitments.

### **Income**

In total £39,028 of Income has been received in 2023/24, this is an increase of £9,661 compared to the previous year. As a small charity operating in a chronically underfunded sector, we continue to work hard to access the funds we need in order to provide our services. The increase in income this year is due to the generosity of several organisations and fundraising drives including: Rob Booth, Blakesley Captain Charity, Meech (via the Oxfordshire Community Foundation), Oxfordshire Freemasons and Thames Valley Police.

### **Expenditure**

Expenditure in the year totalled £34,794, this is a decrease of £7,464 compared with last year. The cost of having these Accounts independently examined continued to be £750.

Within the year, payments totalling £833.32 were made to Lauren Jacobs (an APCAM Trustee) covering expenses.

After deducting fundraising costs, the costs of providing our services to the community and some overheads, APCAM have an overall surplus remaining of £8,446.





Section A

Independent Examiner's Report

Report to the trustees/  
members of

APCAM

On accounts for the year  
ended

5<sup>th</sup> April 2024

Charity no  
(if any)

1186256

Set out on pages

I report to the trustees on my examination of the accounts of the above charity for the year ended 05/04/2024.

Responsibilities and  
basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

04/02/2025

Name:

Mrs Katherine Gamage CGMA

Relevant professional  
qualification(s) or body  
(if any):

Member of the Chartered Institute of Management Accountants

Address:

8 Pemscott Close

Alvescot

Oxfordshire, OX18 2QE



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.





CHARITY COMMISSION  
FOR ENGLAND AND WALES

APCAM

## Receipts and payments accounts

CC16a

For the period  
from

06/04/2023

To

05/04/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	30,138	-	-	30,138	17,762
Fundraising Events	8,890	-	-	8,890	11,605
Grants	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>39,028</b>	<b>-</b>	<b>-</b>	<b>39,028</b>	<b>29,367</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>39,028</b>	<b>-</b>	<b>-</b>	<b>39,028</b>	<b>29,367</b>
<b>A3 Payments</b>					
Costs of fundraising events	4,472	-	-	4,472	5,048
Wages and Salaries	26,797	-	-	26,797	29,936
Rent	-	-	-	-	-
Councillor fees	-	-	-	-	2,940
Other professional fees	1,135	-	-	1,135	1,525
Telephone and office costs	186	-	-	186	309
Advertising	697	-	-	697	-
Website costs	735	-	-	735	-
Sundry	463	-	-	463	821
Purchase of Fixed Asset	309	-	-	309	1,679
	-	-	-	-	-
<b>Sub total</b>	<b>34,794</b>	<b>-</b>	<b>-</b>	<b>34,794</b>	<b>42,258</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>34,794</b>	<b>-</b>	<b>-</b>	<b>34,794</b>	<b>42,258</b>
<b>Net of receipts/(payments)</b>	<b>4,234</b>	<b>-</b>	<b>-</b>	<b>4,234</b>	<b>- 12,891</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>4,212</b>	<b>-</b>	<b>-</b>	<b>4,212</b>	<b>17,103</b>
<b>Cash funds this year end</b>	<b>8,446</b>	<b>-</b>	<b>-</b>	<b>8,446</b>	<b>4,212</b>



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	0,448	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>0,448</b>		

(agree balances with receipts and payments account(s))

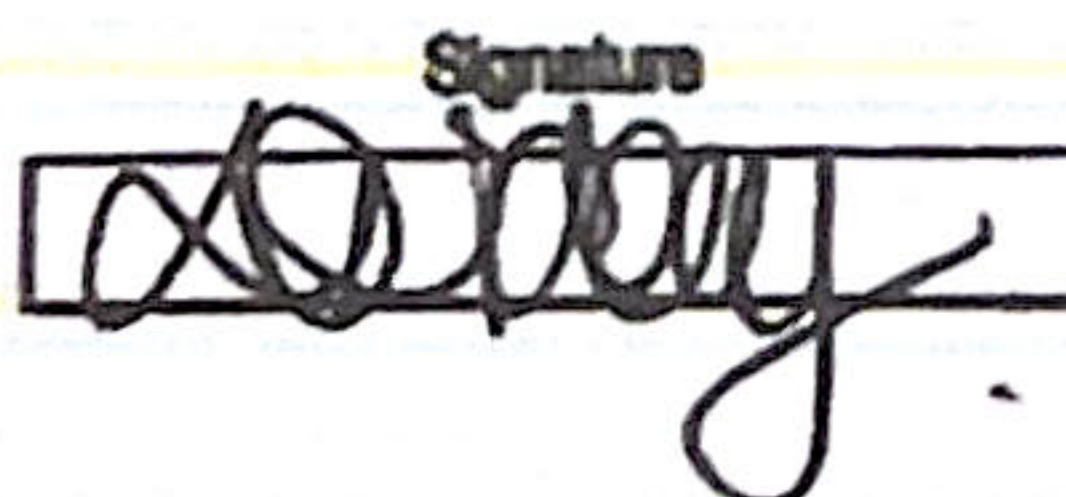
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature  


Print Name

LAUREN JACOBS

Date of approval

20/01/2025