

Registered Charity number: 1186256

APCAM

Report and Accounts

As at 5th April 2023

Charity information

Trustees:

L Jacobs
F Wood

Date of registration:

11th November 2019

Charity number:

1186256

Correspondence address:

1 The Green
Alvescot
Bampton
OX18 2QD

Trustees Report

This is the third Annual Report for APCAM.

We have had a very busy year offering an expanded service to families in need both in our local communities and further afield.

The Mental Health clinic that we launched in 2021 has continued and is an important part of our strategy in helping local families in Mental Health crisis

In total, we have now helped over 500 families – a total that we are incredibly proud of. There is so much more we want to achieve however and our immediate aim is to raise enough funding to be able to expand our 1:1 counselling session offering, reaching more families in their time of need.

Objectives and Supporting Activities

Our objectives at APCAM are to provide relief and support to those supporting a child or young person suffering with their mental health in the UK, primarily (but not exclusively) through the provision of group therapy, resources, sign posting to relevant information and services.

We also work to preserve and protect the mental health of children and young adults, throughout the UK, primarily (but not exclusively) through the funding and/or facilitating of support services and counselling

Our activities include:

- Weekly support meetings for parents
- Weekly children's mental health clinics
- Monthly evening peer to peer support networking meetings
- In school training / training material and Mental health first aid training
- Provision of services supporting families - in a family support and social capacity including with schooling
- Providing services advising and applying for housing benefits and housing

Structure, Governance and Management

APCAM is a Charitable Incorporated Organisation. Decisions are made in line with the Charities constitution, at meetings of the charity trustees, by resolution in writing or by electronic form. Trustees are re-elected without need for further nomination. New Trustees may be appointed at any time and introduced to APCAM by the Chair of Trustees, based on their experience and qualifications.

The managing Trustees meet weekly in person and the full team, including trustees, meet online regularly to ensure that the Charity is covering all aspects of its obligation to the local community. The Trustees have given due consideration to the Charity Commissions published guidance on Public Benefit requirements, under the Charities Act 2011.

Financial Review

On the following pages you will find our Accounts, which have been prepared on a Receipts and Payments basis. APCAM is run as a going concern and has no financial commitments.

Income

In total £29,367 of Income has been received in the 2022/23 financial year, this is down by £12,598 compared to the previous year. This reduction is the result of not being able to secure any funding from West Oxfordshire District Council and Oxfordshire County Council (£20,000 received in 2021/22), however we did see an increase in our general donations of almost £13,000 which went some way to compensate for this.

Expenditure

Expenditure in the year totalled £42,258, this is an increase of £9,357 compared with last year. This increase in spending reflects the ever growing need for our services in both the local and wider community.

Within the year, payments totalling £2,012.54 were made to Lauren Jacobs (an APCAM Trustee) covering expenses.

After deducting fundraising costs, the costs of providing our services to the community and some overheads, APCAM have an overall surplus remaining of £4,212.



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
APCAM

On accounts for the year
ended

5th April 2023

Charity no
(if any)

1186256

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity for the year ended 05/04/2023.

Responsibilities and
basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

03/02/2024

Name:

Mrs Katherine Gamage CGMA

Relevant professional
qualification(s) or body
(if any):

Member of the Chartered Institute of Management Accountants

Address:

8 Pemscott Close

Alvescot

Oxfordshire, OX18 2QE



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
APCAM

No (if any)
1186256

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	06/04/2022		05/04/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	17,762	-	-	17,762	4,845
Fundraising Events	11,605	-	-	11,605	7,120
Grants	-	-	-	-	30,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	29,367	-	-	29,367	41,965
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	29,367	-	-	29,367	41,965
A3 Payments					
Costs of fundraising events	5,048	-	-	5,048	5,135
Wages and Salaries	29,936	-	-	29,936	-
Rent	-	-	-	-	2,500
Councillor fees	2,940	-	-	2,940	18,372
Other professional fees	1,525	-	-	1,525	4,097
Telephone and office costs	309	-	-	309	140
Promotional material	-	-	-	-	1,489
Website costs	-	-	-	-	620
Sundry	821	-	-	821	548
Purchase of Fixed Asset	1,679	-	-	1,679	-
	-	-	-	-	-
Sub total	42,258	-	-	42,258	32,901
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	42,258	-	-	42,258	32,901
Net of receipts/(payments)	- 12,891	-	-	- 12,891	9,064
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	17,103	-	-	17,103	-
Cash funds this year end	4,212	-	-	4,212	9,064

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	4,212	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	4,212	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

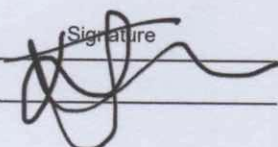
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	LAUREN JACOBS	02/02/2024