

Registered Charity number: 1186256

APCAM

Report and Accounts

As at 5th April 2022

Charity information

Trustees:

L Doyle
L Jacobs
F Wood

Date of registration:

11th November 2019

Charity number:

1186256

Correspondence address:

1 The Green
Alvescot
Bampton
OX18 2QD

Trustees Report

This is the second Annual Report for APCAM.

We have had a very busy year offering an expanded service to families in need both in our local communities and further afield.

The Mental Health clinic that we launched last year has continued and is an important part of our strategy in helping local families in Mental Health crisis. We have been able to expand our offering this year due in part to a partnership with West Oxfordshire District Council and Oxfordshire County Council.

In total, we have now helped over 500 families – a total that we are incredibly proud of. There is so much more we want to achieve however and our immediate aim is to raise enough funding to be able to expand our 1:1 counselling session offering, reaching more families in their time of need.

Objectives and Supporting Activities

Our objectives at APCAM are to provide relief and support to those supporting a child or young person suffering with their mental health in the UK, primarily (but not exclusively) through the provision of group therapy, resources, sign posting to relevant information and services.

We also work to preserve and protect the mental health of children and young adults, throughout the UK, primarily (but not exclusively) through the funding and/or facilitating of support services and counselling

Our activities include:

- Weekly support meetings for parents
- Weekly children's mental health clinics
- Monthly evening peer to peer support networking meetings
- In school training / training material and Mental health first aid training

Structure, Governance and Management

APCAM is a Charitable Incorporated Organisation. Decisions are made in line with the Charities constitution, at meetings of the charity trustees, by resolution in writing or by electronic form. Trustees are re-elected without need for further nomination. New Trustees may be appointed at any time and introduced to APCAM by the Chair of Trustees, based on their experience and qualifications.

The managing Trustees meet weekly in person and the full team, including trustees, meet online regularly to ensure that the Charity is covering all aspects of its obligation to the local community. The Trustees have given due consideration to the Charity Commissions published guidance on Public Benefit requirements, under the Charities Act 2011.

Financial Review

On the following pages you will find our Accounts, which have been prepared on a Receipts and Payments basis. APCAM is run as a going concern and has no financial commitments.

Income

In total £41,965 of Income has been received in the 2021/22 academic year - this includes a £20,000 grant from Oxfordshire County Council and West Oxfordshire County Council and a £10,000 grant from the National Lottery.

Expenditure

Expenditure in the year totalled £32,901. This includes payments of £18,302 to Lyndsy Doyle (an APCAM Trustee) for professional counselling services. Payments totalling £573.89 were also made to Lauren Jacobs (an APCAM Trustee) covering expenses.

After deducting fundraising costs, the costs of providing our services to the community and some overheads, APCAM have a surplus remaining from the year of £9,064.

At the end of the year, our total surplus unspent is £17,102.



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
APCAM

On accounts for the year
ended

5th April 2022

Charity no
(if any)

1186256

Set out on pages

I report to the trustees on my examination of the accounts of the above charity for the year ended 05/04/2022.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

03/02/2023

Name:

Katherine Gamage ACMA

Relevant professional
qualification(s) or body
(if any):

Associate Member of the Chartered Institute of Management Accountants (ACMA, CGMA).

Address:

8 Pemscoth Close

Alvescot

Oxfordshire, OX18 2QE

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
APCAM

No (if any)
1186256

Receipts and payments accounts

CC16a

For the period
from

Period start date
06/04/2021

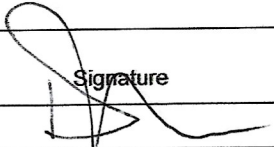
To

Period end date
05/04/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
General Donations	4,845	-	-	4,845	9,779
Fundraising events	7,120	-	-	7,120	1,020
Grants	30,000	-	-	30,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	41,965	-	-	41,965	10,799
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	41,965	-	-	41,965	10,799
A3 Payments					
Costs of fundraising events	5,135	-	-	5,135	-
Rent	2,500	-	-	2,500	-
Councillor fees	18,372	-	-	18,372	-
Other professional fees	4,097	-	-	4,097	2,289
Telephone and office costs	140	-	-	140	349
Promotional material	1,489	-	-	1,489	-
Website costs	620	-	-	620	113
Sundry	548	-	-	548	10
	-	-	-	-	-
	-	-	-	-	-
Sub total	32,901	-	-	32,901	2,761
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	32,901	-	-	32,901	2,761
Net of receipts/(payments)	9,064	-	-	9,064	8,038
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,038	-	-	8,038	-
Cash funds this year end	17,102	-	-	17,102	8,038

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	17,102	-	-
		-	-	-
		-	-	-
	Total cash funds	17,102	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details			
B4 Assets retained for the charity's own use	Details			
B5 Liabilities	Details			
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		LYNDSY DOYLE	04/02/2023	