



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **11/11/2019** Period start date To **05/04/2021**
Period end date

Charity name: **APCAM**

Charity registration number: **1186256**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	THE RELIEF OF THOSE PROVIDING SUPPORT TO A CHILD OR YOUNG PERSON SUFFERING WITH THEIR MENTAL HEALTH IN THE UK, PRIMARILY (BUT NOT EXCLUSIVELY) THROUGH THE PROVISION OF GROUP THERAPY, RESOURCES, SIGNPOSTING TO RELEVANT INFORMATION AND SERVICES. 2) TO PRESERVE AND PROTECT THE MENTAL HEALTH OF CHILDREN AND YOUNG ADULTS, THROUGHOUT THE UK, PRIMARILY (BUT NOT EXCLUSIVELY) THROUGH THE FUNDING AND/OR FACILITATING OF SUPPORT SERVICES AND COUNSELLING.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	WEEKLY SUPPORT MEETINGS FOR PARENTS AND WEEKLY CHILDREN'S MENTAL HEALTH CLINIC. MONTHLY EVENING PEER TO PEER SUPPORT NETWORKING MEETINGS. IN-SCHOOL TRAININGS/ TRAINING MATERIALS AND MENTAL HEALTH FIRST AID TRAINING
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	WEEKLY IN PERSON MEETINGS MANAGING TRUSTEES AND ONLINE MEETINGS WITH FULL TEAM AND TRUSTEES. ENSURING WE ARE COVERING ALL ASPECTS OF OUR OBLIGATIONS TO THE LOCAL COMMUNI

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>LAUNCHED A MENTAL HEALTH CHARITY CLINIC, WEEKLY MEETINGS AND PEER TO PEER SUPPORT GROUPS.</p> <p>AT TIME OF WRITING HAD SUPPORTED OVER 150 FAMILIES WITHIN THE LOCAL AREA.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charities income was £10,799 for the period with costs amounting to £2,761. This leaves an unrestricted surplus of £8,038 at year end.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity currently has no ongoing financial commitments.
Amount of reserves held	Para 1.22	Not applicable
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	CONSTITUTION
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	FOUNDING TRUSTEES ALL STILL IN POST WITH NO AMENDMENTS FORESEEN.

Reference and Administrative details

Charity name	APCAM
Registered charity number	1186256
Charity's principal address	1 The Green Alvescot Oxfordshire OX18 2QD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lyndsy Doyle			
2	Lauren Jacobs			
3	Fletcher Wood			
4				

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s) Lyndsy Doyle

Lyndsy Doyle	
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Position (eg Secretary, Chair, etc) Trustee

Trustee	
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Date 04/02/2022

04/02/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
APCAM

No (if any)
1186256

Receipts and payments accounts

CC16a

For the period from	Period start date 11/11/2019	To	Period end date 05/04/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General donations	- 9,779	-	-	- 9,779	-
Fundraising events	- 1,020	-	-	- 1,020	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	- 10,799	-	-	- 10,799	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	- 10,799	-	-	- 10,799	-
A3 Payments					
Professional fees	- 2,289	-	-	- 2,289	-
Stationary and Printing	- 349	-	-	- 349	-
Website costs	- 113	-	-	- 113	-
Sundry	- 10	-	-	- 10	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	- 2,761	-	-	- 2,761	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	- 2,761	-	-	- 2,761	-
Net of receipts/(payments)	- 8,038	-	-	- 8,038	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 8,038	-	-	- 8,038	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	- 8,038	-	-
		-	-	-
		-	-	-
	Total cash funds	- 8,038	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

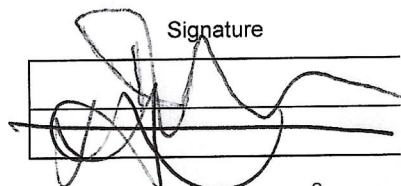
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	LYNSEY DOYLE	03/02/22
	LAUREN JONES	4/2/22