

APCAM

England & Wales · Charity number 1186256

Details

Other names	APCAM GROUP
Status	Registered
Legal form	CIO
Registered	2019-11-11
Register	View on the Charity Commission register

Contact

Address	1 The Green Alvescot Bampton OX18 2QD
Phone	07939344299
Email	apcamgroup@gmail.com
Website	www.apcamgroup.org.uk

Activities

Objects: 1) THE RELIEF OF THOSE PROVIDING SUPPORT TO A CHILD OR YOUNG PERSON SUFFERING WITH THEIR MENTAL HEALTH IN THE UK, PRIMARILY (BUT NOT EXCLUSIVELY) THROUGH THE PROVISION OF GROUP THERAPY, RESOURCES, SIGNPOSTING TO RELEVANT INFORMATION AND SERVICES.2) TO PRESERVE AND PROTECT THE MENTAL HEALTH OF CHILDREN AND YOUNG ADULTS, THROUGHOUT THE UK, PRIMARILY (BUT NOT EXCLUSIVELY) THROUGH THE FUNDING AND/OR FACILITATING OF SUPPORT SERVICES AND COUNSELLING.

Activities: APCAM - Assists Parents of Children Affected by Mental health by: - Providing parent groups and drop in facilities- Offering counselling and treatment clinics- Running events and providing mental health training

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** Children/young People, People With Disabilities

Geography

- Gloucestershire
- Oxfordshire
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£30,319	£36,141	-	-
2024-04-05	£39,028	£34,794	-	-
2023-04-05	£29,367	£42,258	-	-
2022-04-05	£41,965	£32,901	-	-
2021-04-05	£10,799	£2,761	-	-

Trustees

Name	Role	Appointed
Fletcher Wood		2019-11-11
Lauren Jacobs		2019-11-11
Yasmin Biggs		2024-04-01

APCAM

England & Wales - Charity number 1186256

Accounts

Report and Accounts

APCAM

For the year ended 5 April 2025

Charity Information

APCAM

For the year ended 5 April 2025

Trustees

Lauren Jacobs
Fletcher Wood
Yasmin Biggs

Date of Registration

11th November 2019

Charity number

1186256

Correspondence address:

1 THE GREEN
ALVESCOT
BAMPTON
OX18 2QD

Profit and Loss

APCAM

For the year ended 5 April 2025

	NOTES	2025	2024
Income			
Receipts			
Ball tickets		3,925	8,890
Gocardless Income		3,029	-
General Donations		6,981	30,138
Other Revenue		16,385	-
Total Receipts		30,319	39,028
Total turnover		30,319	39,028
Cost of raw materials and consumables			
Purchases		3,148	4,344
Staff costs			
Wages and salaries		29,319	26,797
Staff training		220	-
Total staff costs		29,539	26,797
Other charges			
Premises costs		951	-
Administrative expenses		1,368	2,518
Legal and professional		1,135	1,135
Total other charges		3,454	3,653
Profit (loss) before taxation		(5,821)	4,233
Profit (loss) after taxation		(5,821)	4,233

Balance Sheet

APCAM

As at 5 April 2025

	NOTES	5 APR 2025	5 APR 2024
Fixed Assets			
Tangible assets		462	-
Total fixed assets		462	-
Current assets			
Cash at bank and in hand			
Cash at bank			
Apcam		2,162	8,446
Total Cash at bank		2,162	8,446
Total Cash at bank and in hand		2,162	8,446
Total current assets		2,162	8,446
Net current assets (liabilities)		2,162	8,446
Total assets less current liabilities		2,624	8,446
Net assets (liabilities)		2,624	8,446
Capital and reserves			
Unrestricted reserves		2,624	8,446
Total equity		2,624	8,446

APCAM

England & Wales - Charity number 1186256

Accounts

Registered Charity number: 1186256

APCAM

Report and Accounts

As at 5th April 2024

Charity information

Trustees: Lauren Jacobs
Fletcher Wood
Yasmin Biggs (appointed 01/04/24)

Date of registration: 11th November 2019

Charity number: 1186256

Correspondence address: 1 The Green
Alvescot
Bampton
OX18 2QD

Trustees Report

This is the fourth Report for APCAM.

We have had a very busy year offering an expanded service to families in need both in our local communities and further afield.

The Mental Health clinic that we launched in 2021 has continued and is an important part of our strategy in helping local families in Mental Health crisis

In total, we have now helped over 500 families – a total that we are incredibly proud of. There is so much more we want to achieve however and our immediate aim is to raise enough funding to be able to expand our 1:1 counselling session offering, reaching more families in their time of need.

Objectives and Supporting Activities

Our objectives at APCAM are to provide relief and support to those supporting a child or young person suffering with their mental health in the UK, primarily (but not exclusively) through the provision of group therapy, resources and sign posting to relevant information and services.

We also work to preserve and protect the mental health of children and young adults, throughout the UK, primarily (but not exclusively) through the funding and/or facilitating of support services and counselling.

Our activities include:

- Weekly support meetings for parents
- Weekly children's mental health clinics
- Provision of services supporting families - in a family support and social capacity including with schooling
- Providing services advising and applying for housing benefits and housing
- Working with the local authority to support people who are currently working with Early Help Practitioners

Structure, Governance and Management

APCAM is a Charitable Incorporated Organisation. Decisions are made in line with the Charities constitution, at meetings of the charity trustees, by resolution in writing or by electronic form. Trustees are re-elected without need for further nomination. New Trustees may be appointed at any time and introduced to APCAM by the Chair of Trustees, based on their experience and qualifications.

The managing Trustees meet weekly in person and the full team, including trustees, meet online regularly to ensure that the Charity is covering all aspects of its obligation to the local community. The Trustees have given due consideration to the Charity Commissions published guidance on Public Benefit requirements, under the Charities Act 2011.

Financial Review

On the following pages you will find our Accounts, which have been prepared on a Receipts and Payments basis. APCAM is run as a going concern and has no financial commitments.

Income

In total £39,028 of Income has been received in 2023/24, this is an increase of £9,661 compared to the previous year. As a small charity operating in a chronically underfunded sector, we continue to work hard to access the funds we need in order to provide our services. The increase in income this year is due to the generosity of several organisations and fundraising drives including: Rob Booth, Blakesley Captain Charity, Meech (via the Oxfordshire Community Foundation), Oxfordshire Freemasons and Thames Valley Police.

Expenditure

Expenditure in the year totalled £34,794, this is a decrease of £7,464 compared with last year. The cost of having these Accounts independently examined continued to be £750.

Within the year, payments totalling £833.32 were made to Lauren Jacobs (an APCAM Trustee) covering expenses.

After deducting fundraising costs, the costs of providing our services to the community and some overheads, APCAM have an overall surplus remaining of £8,446.



Section A

Independent Examiner's Report

Report to the trustees/
members of

APCAM

On accounts for the year
ended

5th April 2024

Charity no
(if any)

1186256

Set out on pages

I report to the trustees on my examination of the accounts of the above charity for the year ended 05/04/2024.

Responsibilities and
basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

04/02/2025

Name:

Mrs Katherine Gamage CGMA

Relevant professional
qualification(s) or body
(if any):

Member of the Chartered Institute of Management Accountants

Address:

8 Pemscott Close

Alvescot

Oxfordshire, OX18 2QE



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, intended for providing details of items to be disclosed.



CHARITY COMMISSION
FOR ENGLAND AND WALES

APCAM

Receipts and payments accounts

CC16a

For the period from	06/04/2023	To	05/04/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	30,138	-	-	30,138	17,762
Fundraising Events	8,890	-	-	8,890	11,605
Grants	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	39,028	-	-	39,028	29,367
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	39,028	-	-	39,028	29,367
A3 Payments					
Costs of fundraising events	4,472	-	-	4,472	5,048
Wages and Salaries	26,797	-	-	26,797	29,936
Rent	-	-	-	-	-
Councillor fees	-	-	-	-	2,940
Other professional fees	1,135	-	-	1,135	1,525
Telephone and office costs	186	-	-	186	309
Advertising	697	-	-	697	-
Website costs	735	-	-	735	-
Sundry	463	-	-	463	821
Purchase of Fixed Asset	309	-	-	309	1,679
	-	-	-	-	-
Sub total	34,794	-	-	34,794	42,258
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	34,794	-	-	34,794	42,258
Net of receipts/(payments)	4,234	-	-	4,234	- 12,891
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,212	-	-	4,212	17,103
Cash funds this year end	8,446	-	-	8,446	4,212

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	0,448	-	-
		-	-	-
		-	-	-
	Total cash funds	0,448		

(agree balances with receipts and payments account(s))

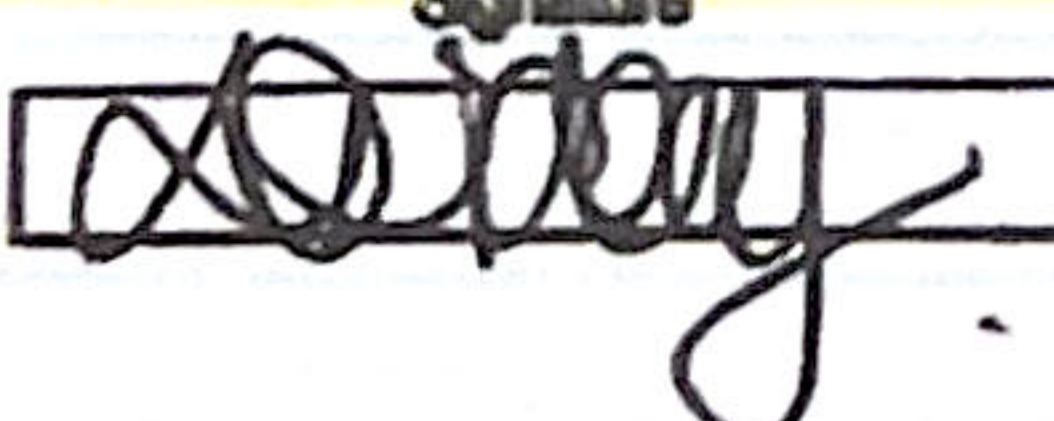
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

	Print Name LAUREN JACOBS	Date of approval 20/01/2025
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APCAM

England & Wales - Charity number 1186256

Accounts

Registered Charity number: 1186256

APCAM

Report and Accounts

As at 5th April 2023

Charity information

Trustees: L Jacobs
F Wood

Date of registration: 11th November 2019

Charity number: 1186256

Correspondence address: 1 The Green
Alvescot
Bampton
OX18 2QD

Trustees Report

This is the third Annual Report for APCAM.

We have had a very busy year offering an expanded service to families in need both in our local communities and further afield.

The Mental Health clinic that we launched in 2021 has continued and is an important part of our strategy in helping local families in Mental Health crisis

In total, we have now helped over 500 families – a total that we are incredibly proud of. There is so much more we want to achieve however and our immediate aim is to raise enough funding to be able to expand our 1:1 counselling session offering, reaching more families in their time of need.

Objectives and Supporting Activities

Our objectives at APCAM are to provide relief and support to those supporting a child or young person suffering with their mental health in the UK, primarily (but not exclusively) through the provision of group therapy, resources, sign posting to relevant information and services.

We also work to preserve and protect the mental health of children and young adults, throughout the UK, primarily (but not exclusively) through the funding and/or facilitating of support services and counselling

Our activities include:

- Weekly support meetings for parents
- Weekly children's mental health clinics
- Monthly evening peer to peer support networking meetings
- In school training / training material and Mental health first aid training
- Provision of services supporting families - in a family support and social capacity including with schooling
- Providing services advising and applying for housing benefits and housing

Structure, Governance and Management

APCAM is a Charitable Incorporated Organisation. Decisions are made in line with the Charities constitution, at meetings of the charity trustees, by resolution in writing or by electronic form. Trustees are re-elected without need for further nomination. New Trustees may be appointed at any time and introduced to APCAM by the Chair of Trustees, based on their experience and qualifications.

The managing Trustees meet weekly in person and the full team, including trustees, meet online regularly to ensure that the Charity is covering all aspects of it's obligation to the local community. The Trustees have given due consideration to the Charity Commissions published guidance on Public Benefit requirements, under the Charities Act 2011.

Financial Review

On the following pages you will find our Accounts, which have been prepared on a Receipts and Payments basis. APCAM is run as a going concern and has no financial commitments.

Income

In total £29,367 of Income has been received in the 2022/23 financial year, this is down by £12,598 compared to the previous year. This reduction is the result of not being able to secure any funding from West Oxfordshire District Council and Oxfordshire County Council (£20,000 received in 2021/22), however we did see an increase in our general donations of almost £13,000 which went some way to compensate for this.

Expenditure

Expenditure in the year totalled £42,258, this is an increase of £9,357 compared with last year. This increase in spending reflects the ever growing need for our services in both the local and wider community.

Within the year, payments totalling £2,012.54 were made to Lauren Jacobs (an APCAM Trustee) covering expenses.

After deducting fundraising costs, the costs of providing our services to the community and some overheads, APCAM have an overall surplus remaining of £4,212.



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
APCAM

On accounts for the year
ended

5th April 2023

Charity no
(if any)

1186256

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity for the year ended 05/04/2023.

Responsibilities and
basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

03/02/2024

Name:

Mrs Katherine Gamage CGMA

Relevant professional
qualification(s) or body
(if any):

Member of the Chartered Institute of Management Accountants

Address:

8 Pemscoot Close

Alvescot

Oxfordshire, OX18 2QE



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
APCAM

No (if any)
1186258

Receipts and payments accounts

CC16a

For the period from	Period start date 06/04/2022	To	Period end date 05/04/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	17,762	-	-	17,762	4,845
Fundraising Events	11,605	-	-	11,605	7,120
Grants	-	-	-	-	30,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	29,367	-	-	29,367	41,965
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	29,367	-	-	29,367	41,965
A3 Payments					
Costs of fundraising events	5,048	-	-	5,048	5,135
Wages and Salaries	29,936	-	-	29,936	-
Rent	-	-	-	-	2,500
Councillor fees	2,940	-	-	2,940	18,372
Other professional fees	1,525	-	-	1,525	4,097
Telephone and office costs	309	-	-	309	140
Promotional material	-	-	-	-	1,489
Website costs	-	-	-	-	620
Sundry	821	-	-	821	548
Purchase of Fixed Asset	1,679	-	-	1,679	-
	-	-	-	-	-
Sub total	42,258	-	-	42,258	32,901
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	42,258	-	-	42,258	32,901
Net of receipts/(payments)	- 12,891	-	-	- 12,891	9,064
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	17,103	-	-	17,103	-
Cash funds this year end	4,212	-	-	4,212	9,064

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	4,212	-	-
		-	-	-
		-	-	-
	Total cash funds	4,212	-	-
(agree balances with receipts and payments account(s))				

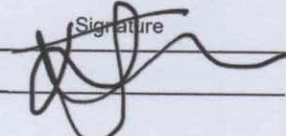
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name LAUREN JACOBS	Date of approval 02/02/2024
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APCAM

England & Wales - Charity number 1186256

Accounts

Registered Charity number: 1186256

APCAM

Report and Accounts

As at 5th April 2022

Charity information

Trustees:	L Doyle L Jacobs F Wood
Date of registration:	11 th November 2019
Charity number:	1186256
Correspondence address:	1 The Green Alvescot Bampton OX18 2QD

Trustees Report

This is the second Annual Report for APCAM.

We have had a very busy year offering an expanded service to families in need both in our local communities and further afield.

The Mental Health clinic that we launched last year has continued and is an important part of our strategy in helping local families in Mental Health crisis. We have been able to expand our offering this year due in part to a partnership with West Oxfordshire District Council and Oxfordshire County Council.

In total, we have now helped over 500 families – a total that we are incredibly proud of. There is so much more we want to achieve however and our immediate aim is to raise enough funding to be able to expand our 1:1 counselling session offering, reaching more families in their time of need.

Objectives and Supporting Activities

Our objectives at APCAM are to provide relief and support to those supporting a child or young person suffering with their mental health in the UK, primarily (but not exclusively) through the provision of group therapy, resources, sign posting to relevant information and services.

We also work to preserve and protect the mental health of children and young adults, throughout the UK, primarily (but not exclusively) through the funding and/or facilitating of support services and counselling

Our activities include:

- Weekly support meetings for parents
- Weekly children's mental health clinics
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- In school training / training material and Mental health first aid training

Structure, Governance and Management

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The managing Trustees meet weekly in person and the full team, including trustees, meet online regularly to ensure that the Charity is covering all aspects of its obligation to the local community. The Trustees have given due consideration to the Charity Commissions published guidance on Public Benefit requirements, under the Charities Act 2011.

Financial Review

On the following pages you will find our Accounts, which have been prepared on a Receipts and Payments basis. APCAM is run as a going concern and has no financial commitments.

Income

In total £41,965 of Income has been received in the 2021/22 academic year - this includes a £20,000 grant from Oxfordshire County Council and West Oxfordshire County Council and a £10,000 grant from the National Lottery.

Expenditure

Expenditure in the year totalled £32,901. This includes payments of £18,302 to Lyndsy Doyle (an APCAM Trustee) for professional counselling services. Payments totalling £573.89 were also made to Lauren Jacobs (an APCAM Trustee) covering expenses.

After deducting fundraising costs, the costs of providing our services to the community and some overheads, APCAM have a surplus remaining from the year of £9,064.

At the end of the year, our total surplus unspent is £17,102.



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name
APCAM

On accounts for the year ended

5 th April 2022	Charity no (if any)	1186256
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Set out on pages

I report to the trustees on my examination of the accounts of the above charity for the year ended 05/04/2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 03/02/2023

Name: Katherine Gamage ACMA

Relevant professional qualification(s) or body (if any):

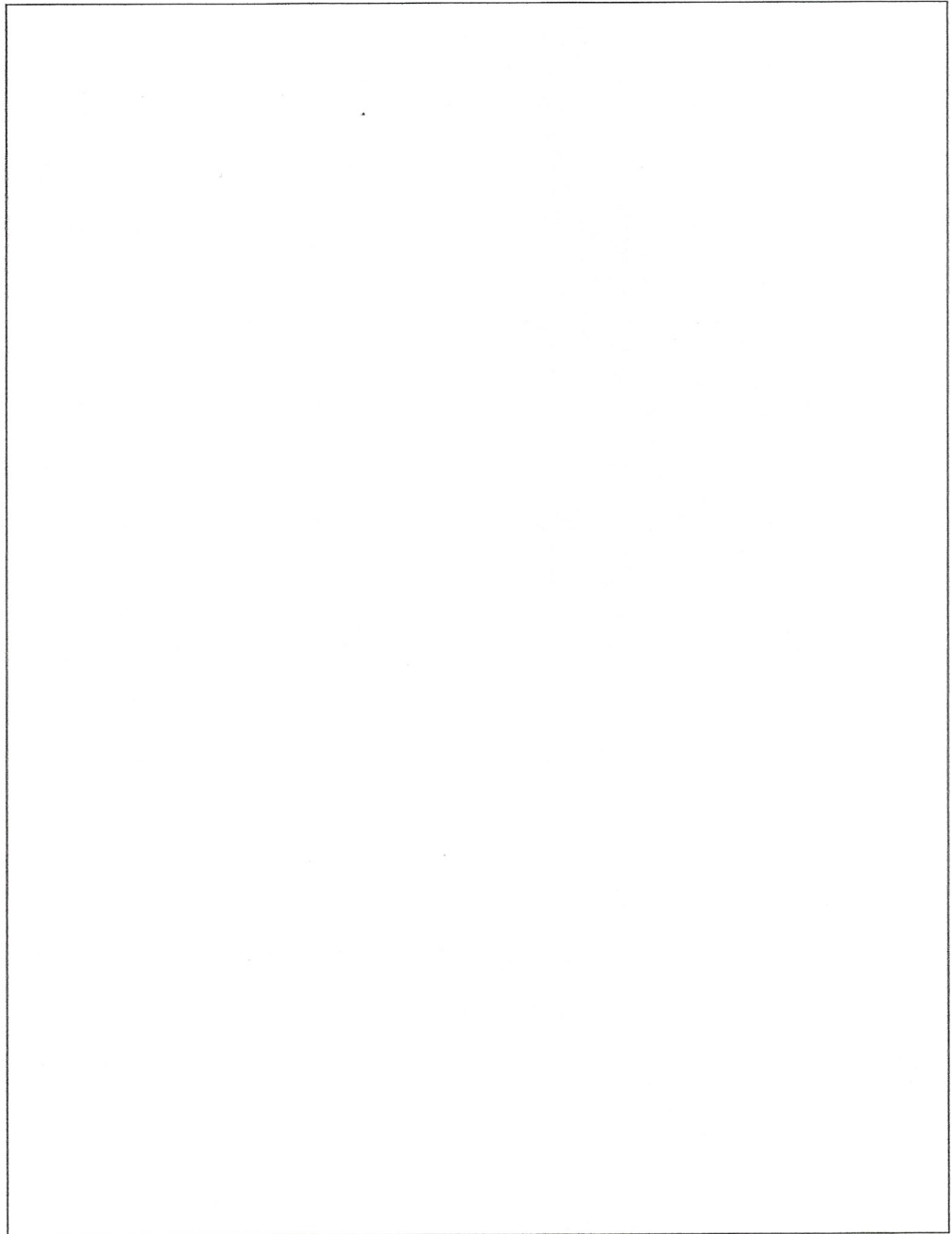
Associate Member of the Chartered Institute of Management Accountants (ACMA, CGMA).

Address:

8 Pemscoth Close
Alvescot
Oxfordshire, OX18 2QE

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
APCAM

No (if any)
1186256

Receipts and payments accounts

CC16a

For the period from	Period start date 06/04/2021	To	Period end date 05/04/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General Donations	4,845	-	-	4,845	9,779
Fundraising events	7,120	-	-	7,120	1,020
Grants	30,000	-	-	30,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	41,965	-	-	41,965	10,799
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	41,965	-	-	41,965	10,799
A3 Payments					
Costs of fundraising events	5,135	-	-	5,135	-
Rent	2,500	-	-	2,500	-
Councillor fees	18,372	-	-	18,372	-
Other professional fees	4,097	-	-	4,097	2,289
Telephone and office costs	140	-	-	140	349
Promotional material	1,489	-	-	1,489	-
Website costs	620	-	-	620	113
Sundry	548	-	-	548	10
	-	-	-	-	-
	-	-	-	-	-
Sub total	32,901	-	-	32,901	2,761
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	32,901	-	-	32,901	2,761
Net of receipts/(payments)	9,064	-	-	9,064	8,038
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,038	-	-	8,038	-
Cash funds this year end	17,102	-	-	17,102	8,038

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	17,102	-	-
		-	-	-
		-	-	-
	Total cash funds	17,102	-	-

(agree balances with receipts and payments account(s))

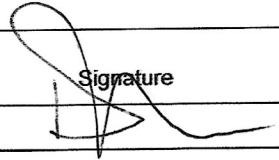
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature: 

Print Name: LYNSY DOYLE

Date of approval: 04/02/2023

APCAM

England & Wales - Charity number 1186256

Accounts



Trustees' Annual Report for the period

From 11/11/2019 Period start date To 05/04/2021
Period end date

Charity name: APCAM

Charity registration number: 1186256

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	THE RELIEF OF THOSE PROVIDING SUPPORT TO A CHILD OR YOUNG PERSON SUFFERING WITH THEIR MENTAL HEALTH IN THE UK, PRIMARILY (BUT NOT EXCLUSIVELY) THROUGH THE PROVISION OF GROUP THERAPY, RESOURCES, SIGNPOSTING TO RELEVANT INFORMATION AND SERVICES. 2) TO PRESERVE AND PROTECT THE MENTAL HEALTH OF CHILDREN AND YOUNG ADULTS, THROUGHOUT THE UK, PRIMARILY (BUT NOT EXCLUSIVELY) THROUGH THE FUNDING AND/OR FACILITATING OF SUPPORT SERVICES AND COUNSELLING.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	WEEKLY SUPPORT MEETINGS FOR PARENTS AND WEEKLY CHILDREN'S MENTAL HEALTH CLINIC. MONTHLY EVENING PEER TO PEER SUPPORT NETWORKING MEETINGS. IN-SCHOOL TRAININGS/ TRAINING MATERIALS AND MENTAL HEALTH FIRST AID TRAINING
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	WEEKLY IN PERSON MEETINGS MANAGING TRUSTEES AND ONLINE MEETINGS WITH FULL TEAM AND TRUSTEES. ENSURING WE ARE COVERING ALL ASPECTS OF OUR OBLIGATIONS TO THE LOCAL COMMUNI

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>LAUNCHED A MENTAL HEALTH CHARITY CLINIC, WEEKLY MEETINGS AND PEER TO PEER SUPPORT GROUPS.</p> <p>AT TIME OF WRITING HAD SUPPORTED OVER 150 FAMILIES WITHIN THE LOCAL AREA.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charities income was £10,799 for the period with costs amounting to £2,761. This leaves an unrestricted surplus of £8,038 at year end.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity currently has no ongoing financial commitments.
Amount of reserves held	Para 1.22	Not applicable
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	CONSTITUTION
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	FOUNDING TRUSTEES ALL STILL IN POST WITH NO AMENDMENTS FORESEEN.

Reference and Administrative details

Charity name	APCAM
Registered charity number	1186256
Charity's principal address	1 The Green Alvescot Oxfordshire OX18 2QD

Names of the charity trustees who manage the charity

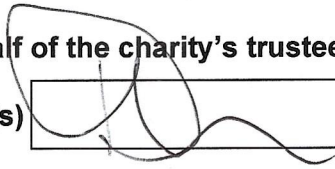
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lyndsy Doyle			
2	Lauren Jacobs			
3	Fletcher Wood			
4				

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s) Lyndsy Doyle

Lyndsy Doyle	
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Position (eg Secretary, Chair, etc) Trustee

Trustee	
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Date 04/02/2022

04/02/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
APCAM

No (if any)
1186256

Receipts and payments accounts

CC16a

For the period from	Period start date 11/11/2019	To	Period end date 05/04/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General donations	- 9,779	-	-	- 9,779	-
Fundraising events	- 1,020	-	-	- 1,020	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	- 10,799	-	-	- 10,799	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	- 10,799	-	-	- 10,799	-
A3 Payments					
Professional fees	- 2,289	-	-	- 2,289	-
Stationary and Printing	- 349	-	-	- 349	-
Website costs	- 113	-	-	- 113	-
Sundry	- 10	-	-	- 10	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	- 2,761	-	-	- 2,761	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	- 2,761	-	-	- 2,761	-
Net of receipts/(payments)	- 8,038	-	-	- 8,038	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 8,038	-	-	- 8,038	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	- 8,038	-	-
		-	-	-
		-	-	-
	Total cash funds	- 8,038	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

<div style="text-align: center; font-size: small;">Signature</div>	<div style="text-align: center; font-size: small;">Print Name</div> LYNDSY DOYLE LAUREN JONES	<div style="text-align: center; font-size: small;">Date of approval</div> 03/02/22 4/2/22
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