

Sleep Apnoea Trust December 2025 Annual Trustees comments

Since the previous report, the Trust has had another very active year with a lot of work being done, much of it 'behind the scenes'

We have been very fortunate as the Trust has been the beneficiary of a significant legacy during the year. Whilst our finances have always been sound, this resource does enable us to take a longer-term view of our activities for the future.

As has been well published in our regular communication, we were very sorry to note the death of our long-term Managing Secretary, Chris Rogers in the Spring. Chris had served the Trust very competently for nearly 20 years, and was hugely respected by all the Members, Trustees and other organisations with which SATA has contact.

We are delighted to confirm, however, that we have been able to appoint Claire Allen as our new Managing Secretary, and she is already having an impact on the level of our activities. Claire has a lot of experience in the Charity Sector.

During the year, one Trustee (Ann Nevinson) retired due to family health reasons, and we wish to record our thanks to Ann for her consistent support of the Trust, particularly in respect of her knowledge of and communication with NICE.

As usual, we held our annual conference in early November this year, which was very well received. Whilst there has been some discussion about resuming 'in person' conferences, the Trustees feel that for the foreseeable future conferences will continue to be held on-line.

During the past year the Trust has continued with its routine activities including publicity, website, answering patient queries, volunteering opportunities in sleep centres, liaising with other sleep related organisations, NICE, and looking after the Trust's finances. A copy of the Trust's financial statements can be seen below. Trustees continue to be involved in these activities, supporting our Managing Secretary.

It is clear that some Sleep Centres continue to suffer as a result of squeezed NHS resources and the Trust is actively involved in promoting the financial benefits to the NHS of providing a very cost effective program of treatment for Sleep Apnoea patients. The costs of failing to provide timely treatment are significant, to say nothing of the dangers of undiagnosed/untreated sufferers in certain occupations.

In the coming year the Committee will do its best to continue support to Sleep Apnoea sufferers as set out in our Charitable Objectives

F W (Bill) Johnston
Chairman.

Sleep Apnoea Trust
Registered Charity No. 1186235
Accounts for the year ended
31 March 2025

Seymour Taylor Limited
First Floor North
40 Oxford Road
High Wycombe
Buckinghamshire
HP11 2EE

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SLEEP APNOEA TRUST
CHARITY NO. 1186235**

FOR THE YEAR ENDED 31 MARCH 2025

INDEPENDENT EXAMINER'S REPORT

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025 which comprise the Receipts and Payments Account and the Statement of Assets and Liabilities

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tim Fulker BSc(Econ) FCA
Seymour Taylor Limited
First Floor North
40 Oxford Road
High Wycombe
Buckinghamshire
HP11 2EE

5 November 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Sleep Apnoea Trust

1186235

Receipts and payments accounts

CC16a

For the period
from

01.04.2024

To

31.03.2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Memberships - Unrestricted	25,775	-	-	25,775	25,039
Donations - Unrestricted	5,435	-	-	5,435	3,145
Bag Tags - Unrestricted	749	-	-	749	280
Medical alert cards - Unrestricted	10	-	-	10	-
Fundraising - Unrestricted	2,235	-	-	2,235	3,251
Gift Aid Relief - Unrestricted	3,427	-	-	3,427	4,838
Interest Income - Unrestricted	1,327	-	-	1,327	247
Legacy - Unrestricted	210,882	-	-	210,882	-
Sub total (Gross income for AR)	249,840	-	-	249,840	36,800
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	249,840	-	-	249,840	36,800
A3 Payments					
Audit & Accountancy Fees	1,320	-	-	1,320	1,433
Bank Fees	563	-	-	563	480
Printing and Postage	1,481	-	-	1,481	4,012
General Expenses	164	-	-	164	-
Insurance	799	-	-	799	777
Stationery	122	-	-	122	175
Secretarial costs	20,795	-	-	20,795	17,170
Public Awareness (costs)	8,959	-	-	8,959	1,849
IT and website	2,167	-	-	2,167	1,872
Telephone	3	-	-	3	5
Fundraising Expenditure	-	-	-	-	216
Annual Meeting Expenditure	2,114	-	-	2,114	2,114
Travel and subsistence	298	-	-	298	-
Sub total	38,785	-	-	38,785	30,103
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	38,785	-	-	38,785	30,103
Net of receipts/(payments)	211,055	-	-	211,055	6,697
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	27,643	-	-	27,643	20,946
Cash funds this year end	238,698	-	-	238,698	27,643

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Paypal Account	278	-	-
	Sleep Apnoea Trust	2,255	-	-
	Colf Deposit Account	-	-	-
	Sleep Apnoea Trust New reserve Fund	232,413	-	-
	Sleep Apnoea Trust New C/A	3,752	-	-
	Total cash funds	238,698	-	-
	(agree balances with receipts and payments account(s))			

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Rob Holt	Rob Holt	05/12/25

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Registered Charity No. 1186235
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from

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			-	-
			-	-
			-	-

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			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
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			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Rob Holt	Rob Holt	05/12/25