



Sleep Apnoea Trust November 2024 Annual Trustees comments

Since the previous report, the Trust has had another successful year with a lot of work being done, some of it 'behind the scenes'

We are delighted to welcome a new Committee member, David Petrie, who has extensive experience in Social Media. His expertise fills a substantial gap in experience on the Committee. We are also in conversation with another potential member who has a medical background.

As commented at the recent annual conference, all Committee members are actively involved in various activities, including publicity, website, answering patient queries, volunteering opportunities in sleep centres, liaising with other sleep related organisations, NICE, and looking after the Trust's finances. A copy of the Trust's financial statements can be seen below.

The financial model on which the Trust has worked for many years will, we believe, evolve somewhat over the next year or two. Having been dependent upon unpaid Committee members to carry out the vast majority of its work, since the last financial year end, the Trust has been notified of some substantial income which will allow us to pay for more assistance. We anticipate the Committee members will continue to be heavily involved, but as has been noted before, some members are of an age where assistance with some activities will be welcome.

Our excellent long term Managing Secretary Chris Rogers has not been well in the last few months, so providing additional support for him will be a priority.

It is clear that some Sleep Centres are suffering as a result of squeezed NHS resources and the Trust is actively involved in promoting the financial benefits to the NHS of providing a very cost effective program of treatment for Sleep Apnoea patients. The costs of failing to provide timely treatment are significant, to say nothing of the dangers of undiagnosed/treated sufferers in certain occupations.

In the coming year the Committee will do its best to continue support to Sleep Apnoea sufferers as set out in our Charitable Objectives

F W (Bill) Johnston
Chairman.

Sleep Apnoea Trust

Registered Charity No. 1186235

Accounts for the year ended

31 March 2024

**Seymour Taylor Limited
First Floor North
40 Oxford Road
High Wycombe
Buckinghamshire
HP11 2EE**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SLEEP APNOEA TRUST
CHARITY NO. 1186235**

FOR THE YEAR ENDED 31 MARCH 2024

INDEPENDENT EXAMINER'S REPORT

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which comprise the Receipts and Payments Account and the Statement of Assets and Liabilities

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tim Fulker BSc(Econ) FCA
Seymour Taylor Limited
First Floor North
40 Oxford Road
High Wycombe
Buckinghamshire
HP11 2EE

4 November 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Sleep Apnoea Trust

1186235

Receipts and payments accounts

CC16a

For the period
from

01.04.2023

To

31.03.2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Memberships - Unrestricted	25,039	-	-	25,039	24,460
Donations - Unrestricted	3,145	-	-	3,145	4,436
Bag Tags - Unrestricted	280	-	-	280	180
Public Awareness - Unrestricted	-	-	-	-	-
Fundraising - Unrestricted	3,251	-	-	3,251	1,554
Gift Aid Relief - Unrestricted	4,838	-	-	4,838	6,245
Interest Income - Unrestricted	247	-	-	247	70
Legacy - Unrestricted	-	-	-	-	1,273
Sub total (Gross income for AR)	36,800	-	-	36,800	38,218
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	36,800	-	-	36,800	38,218
A3 Payments					
Audit & Accountancy Fees	1,433	-	-	1,433	1,356
Bank Fees	480	-	-	480	464
Printing and Postage	4,012	-	-	4,012	4,019
General Expenses	-	-	-	-	83
Insurance	777	-	-	777	755
Stationery	175	-	-	175	396
Secretarial costs	17,170	-	-	17,170	18,066
Public Awareness (costs)	1,849	-	-	1,849	4,959
IT and website	1,872	-	-	1,872	2,725
Telephone	5	-	-	5	7
Fundraising Expenditure	216	-	-	216	216
Annual Meeting Expenditure	2,114	-	-	2,114	2,114
Travel and subsistence	-	-	-	-	129
Sub total	30,103	-	-	30,103	35,289
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	30,103	-	-	30,103	35,289
Net of receipts/(payments)	6,697	-	-	6,697	2,929
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	20,946	-	-	20,946	18,017
Cash funds this year end	27,643	-	-	27,643	20,946

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Paypal Account	1,195	-	-
	Sleep Apnoea Trust	283	-	-
	Coff Deposit Account	-	-	-
	Sleep Apnoea Trust New reserve Fund	20,203	-	-
	Sleep Apnoea Trust New C/A	5,962	-	-
	Total cash funds	27,643	-	-

(agree balances with receipts and payments account(s))

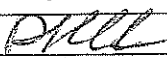
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Robert Holt	4-11-24

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Registered Charity No. 1186235

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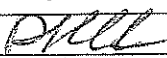
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		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
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			-	-
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			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

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