

# **Endometriosis South Coast**



## **Endometriosis South Coast**

### **Annual Report and financial statements for the year ended 31 March 2025**

**Charity no. 1186203**

# Endometriosis South Coast



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For the year ended 31 March 2025

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# Endometriosis South Coast

## Legal and Administrative Information

Charity name: Endometriosis South Coast

Other names the charity is known by: Endo South Coast

Registered charity number: 1186203

Registered charity address:  
Hive Portsmouth Sector Hub  
22 Edinburgh Road  
PORTSMOUTH  
PO1 1DH

Contact: [admin@endometriosisouthcoast.com](mailto:admin@endometriosisouthcoast.com)  
02394 217090

Website: [endometriosisouthcoast.com](http://endometriosisouthcoast.com)



Name	Role	Start date
Michaela Saunders-Hall	Chair of Trustees Trustee	28 July 2025
Laura Musson	Trustee	28 July 2025
Katie Elizabeth Duffield	Trustee	28 July 2025
Cara Marie Atkinson	Trustee	23 July 2025
Bethany Prescott	Trustee	15 July 2025
Sally Wason	Treasurer Trustee	09 June 2023

# Endometriosis

***Between 200 and 500 million people world wide have endometriosis (Endo).***

This number is thought to be increasing as awareness increases, this may be because we know more about the condition and more people are being diagnosed correctly. At present, it is often thought of as a disease that primarily affects people of reproductive age but there is increasing literature that points to endometriosis affecting people before menarche and after menopause.

“

***“Takes on average 9 years to get a diagnosis, and upward of 5 Drs to be listened to.”***

The reason endo develops is still unclear, and treatment is inadequate, often resulting in putting a patient in chemical menopause using chemotherapy drugs, or a hysterectomy. Neither of which cures the condition and individuals often require ongoing care. Surgical and medical therapies that are available to people with Endo can be effective, however, there is a recurrence of symptoms at a rate of 20–50%, but this varies greatly between studies.

- More than 75% of participants in one study have reported being absent from work due to endometriosis, on average 5.3 days out of the month, as well as 40% of women becoming unemployed due to the disease.
- Despite the prevalence rates of endometriosis being so high, there is very little research and funding to undertake large high-quality studies into the care and lived experiences of patients with endometriosis.

\*Assigned Female at Birth

- In 2016, the National Health and Medical Research Council allocated £669,025 to endometriosis research, with diabetes being allocated £51.2 million, despite endometriosis having very similar prevalence rates to diabetes.
- 82% of people with Endo were unable to carry out day-to-day activities due to Endo-related symptoms.
- 95% of people with Endo said that symptoms impacted their well-being negatively.
- 90% said they would like access to psychological services.
- There are very few studies involving comparisons between different subgroups of the Endo community including different ethnicities, social statuses, and genders.

**1 in 7**

*people \*AFAB have Endometriosis*

£

*Costs the UK economy £8.2bn a year*

**Endometriosis South Coast**

# **Trustee Annual Report**



**2024/25**

# Endometriosis South Coast

## Governing document

Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees ('Foundation' model constitution)

Date of constitution; 04.11.2019

- 1.** The name of the Charitable Incorporated Organisation ("the CIO") is Endometriosis South Coast
- 2.** The CIO must have a principal office in England. The principal office of the CIO is in England.
- 3.** The object of the CIO is to preserve and protect good health for the public benefit among women suffering from endometriosis, in particular, but not exclusively, by:
  - a)** Providing support forums, information, practical advice and emotional support for sufferers of endometriosis, their families and friends.
  - b)** Providing donations and grants of financial assistance for the relief of women with endometriosis who are in need.
  - c)** Raising public awareness of endometriosis through the provision of information designed to inform and educate people about the condition.

# Endometriosis South Coast

## Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on

*Sally Wason*

Sally Wason (Jan 27, 2026 18:45:12 GMT)

and signed on its behalf by:

Sally Wason

Treasurer & Trustee

27/01/26



# Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2025.

## Public Benefit

We intend to spread awareness through a variety of campaigns, utilising our following on social media, and in-person community groups and events. We also actively fundraise to enable us to help as many people as possible with support and resources.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

## Introducing

Endometriosis South Coast is an inclusive charity set up to support people who haven't started their diagnosis journey, are going through the diagnosis stages, or have been diagnosed with Endometriosis and/or Adenomyosis. We are also here for friends, family, and cheerleaders of the people that must jump through hoops to get started on the diagnosis pathway.



We aim to create a safe space for all people with the condition regardless of race, gender, or religion. **This disease does not discriminate** and neither do the people who run this charity.



# Endometriosis South Coast

## **FINANCIAL REVIEW**

During the 2024–25 financial year, the charity continued to maintain financial stability while strengthening service delivery.

The organisation's focus remained on sustainability and expanding support to beneficiaries through both in-person and online activities.

## **Income and Funding**

While total income has not increased, we believe this to be due to a decline in grant applications applied for by the Charity during the year. This resulted in further reliance on donations from the local community, demonstrating the trust and support of our community and stakeholders. We have continued to nurture these relationships, ensuring that our fundraising efforts are aligned with our mission and resonate with our supporters. Our goal is to further diversify our funding sources to ensure we sustain our financial position to reduce the reliance that the Charity currently has on donations from the community.

## **Expense Management**

Operating expenses have been carefully controlled, and through strategic planning, we have identified areas for cost-saving and efficiency improvements without compromising the quality of our services. This disciplined approach has enabled us to allocate resources effectively, ensuring that core programs and future research projects remain fully funded and operational.

## **Program Impact**

Despite the stable income, our commitment to our beneficiaries has not wavered. We have continued to expand the reach and effectiveness of our services, leveraging partnerships and collaborations to enhance our offerings. Our focus on community engagement has resulted in increased participation in our programs, reflecting our ongoing relevance and responsiveness to community needs.

# Endometriosis South Coast

## Future Outlook

Looking ahead, the charity is focused on maintaining our financial health while exploring opportunities for future growth. We are actively working on diversifying our income streams to reduce reliance on any single funding source. This strategy will not only safeguard our operations but also position us to respond effectively to changing circumstances in the funding landscape.

Overall, while this year has seen income remain stable, the charity's resilience and strategic focus have allowed us to continue making a meaningful impact. With a solid financial foundation and a clear vision for the future, we are well-prepared to navigate the challenges ahead and further our mission to benefit the community we serve.

## RESERVES POLICY

Reserves will be utilised for the furtherance of the charity's objectives as set out on page 9 of this report.

The minimum to be held as a financial reserve is £5,000 to cover 6 months of overheads.

Whilst our reserves are above this amount currently Donors are entitled to be reassured that a charity with reserves has good reason for keeping funds in reserves:

To anticipate future costs as outreach of support services expands and improves and ensure sustainability.

An overview of the financial position is reviewed at all Committee meetings and the trustee directors review the reserves policy as and when considered necessary.



# Objectives and Activities

The object of the CIO is to preserve and protect good health for the public benefit among women suffering from endometriosis, in particular but not exclusively, by:

- a) providing support forums, information, practical advice and emotional support for sufferers of endometriosis, their families and friends.
- b) providing donations of materials to those who are in need
- c) raising public awareness of endometriosis through the provision of information designed to inform and educate people about the condition.



## Support Groups:

We hold in-person support groups every month. We often invite a guest speaker to talk about different topics, for example, fertility massage, essential oils and mental health services in the area.

## Online Support:

We have a support group on Facebook with over 1100 members where service users are welcome to ask questions, exchange advice, and chat with people in a similar situation. This group also holds a variety of resources to support out beneficiaries, including what to pack for a hospital stay and suggestions around diet and exercise – all created from feedback within the group.





# Objectives and Activities

*"A fantastic charity offering compassionate, whole-person support for those living with endometriosis. It can be such an isolating and invisible illness, filled with pain and uncertainty. Having a community that understands and advocates for us makes all the difference."*

*— Beneficiary, 2024*



During the year we organised the following activities to raise funds:

- The Great Vulva Clay Off
- Paint & Sip
- Sky dive

Endometriosis South Coast are members of many organisations to research and care for patients with menstrual Health Conditions, these include

- Association for Nutrition
- The All-Party Parliamentary Group (APPG) for Endometriosis
- European Society for Reproductive Embryology
- World Endometriosis Society
- The Social Sciences Endometriosis Network
- World Endometriosis Organisation

## April 2024

- The research consultant gave an advisory interview for a book being written
- Launched our Adenomyosis awareness month campaign
- Launched our Wellness Wednesday a free online monthly mindful movement session

## May 2024

- The Founder presented to Group Consultations on inclusion when talking about Endometriosis.
- The Founder presented Endo South Coast to Women's Health Innovations Wessex
- Radio Interview
- Became part of Joii patient Panel
- One of our volunteers came runner up in the Portsmouth University Volunteer of the year awards
- Nominated for ITV National Diversity award
- Nominated for BBC Make a Difference Award

## June 2024

- Monica Appeal community day
- Became a stakeholder in the Hants & IOW social prescribing network
- Became an advisory organisation to the Portsmouth City Council public health team
- Launch of NHS Talking Therapies Portsmouth Female Hormone Workshop which The Founder advised on

# The Review 2024-25

*"This charity fosters a compassionate, informed, and inclusive space where everyone feels seen and supported. Their dedication to improving endometriosis care is truly inspiring and gives us hope for the change we all need."*  
— Beneficiary, 2024



## July 2024

- TV interview
- Relaxation in the Lavender, free event for beneficiaries with Endometriosis
- Charity of choice at Jo Morgan's book Sex Education
- Portsmouth Pride, community stall.
- Community first stall in Fareham
- Article in the News paper in response to women's health hubs

## In the press





# The Review 2024-25

*"A brilliant charity that offers a warm, welcoming, and understanding space for anyone affected by endometriosis. They make you feel truly heard and supported – I couldn't recommend ESC more highly!"*  
— Beneficiary, 2024

## August 2024

- Mindfulness on the beach, free event for beneficiaries of the charity

## September 2024

- The Founder was invited onto Uncensored chats podcast
- Became a project for Portsmouth Universities Business Consultancy Project

## October 2024

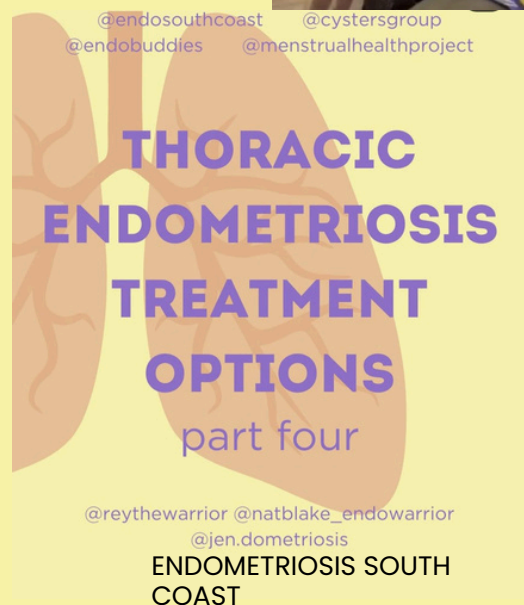
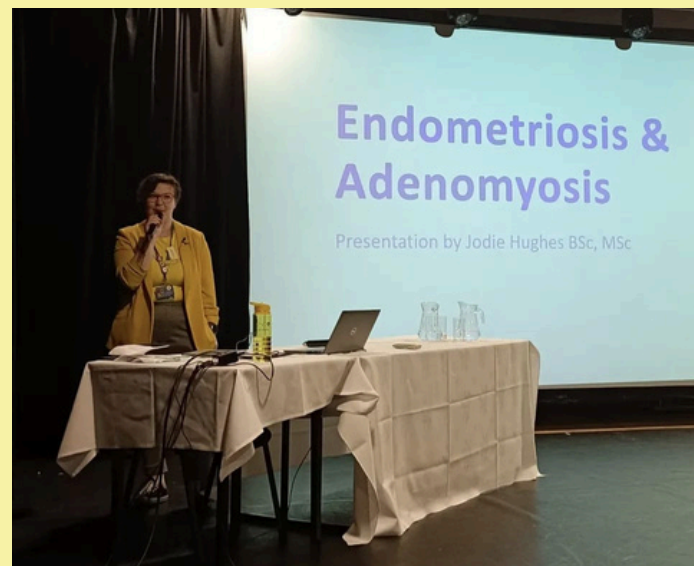
- The Founder, Dr Jodie Hughes, was interviewed on Express FM
- Became stakeholder on the Women's Health engagement group
- 9 people did a skydive for the charity
- The Founder spoke at HeyGirls event on empowering periods for your people.

## November 2024

- Started a hormone health guide for school nurses project with Portsmouth City Council
- The Founder had a radio interview with Express FM
- The Founder was invited by students onto the student TV
- Ran a free volunteer appreciation day for our 5<sup>th</sup> birthday

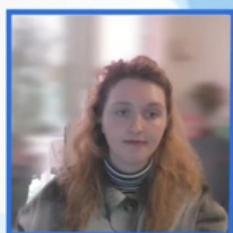
## December 2024

- Invited along as a consultant at the H&!OW pre and post conception research day
- Ran a fundraising raffle and raised £1,385





Published 17th Mar 2025, 08:00 GMT  
Updated 17th Mar 2025, 08:00 GMT



# The Review 2024-25

## January 2025

- Ran the great vulva clay off activity

## February 2025

- The Founder was invited onto Hormones on the blink podcast

## March 2025

- Put on a Women's Health conference in collaboration with Hampshire and Isle of Wight Integrative Care board
- Presented for Trafalgar Medical group on trans inclusion in "women's health"
- Paint and Sip event for beneficiaries of the charity
- Ran a painful period and menopause research event with Hants & IOW NHS
- Co-designed, created and ran a Thoracic Endometriosis Social Media campaign
- Interviewed by the media about the Thoracic Endometriosis campaign
- Partnered with Lewes football club for an endometriosis awareness match







**1,100 members in  
our peer-to-peer  
support group.**



**5,081 Instagram  
supporters**



**2,381 LinkedIn  
followers**

**The initial plan for the charity, which was developed from launch, has been successful.** We want to ensure the momentum continues, and ensure our growth and reach is carefully planned. We need to build on our previous successes and have a path for expanding our support and services.

We aim to be a charity with sustainable revenue sources and provide a valuable service for our beneficiaries and the wider community – extending to health professionals so that they come to us for up-to-date, accurate information.

Over the next three years, our strategy is to consolidate how we operate to ensure the charity remains at the heart of the South Coast communities and extend our offer and reach to our beneficiaries each year.

We will do this using the following steps:

1

**Ensuring Trustees and volunteers are working effectively and collaboratively**, with clear guidelines, governance, and measurements for success.

2

**Producing clear information on terminology** so that all volunteers are informed and using the same language to describe all factors associated with endometriosis, adenomyosis and other related conditions.

3

**Enlisting ambassadors for the charity** amongst the health professionals from across the South Coast.

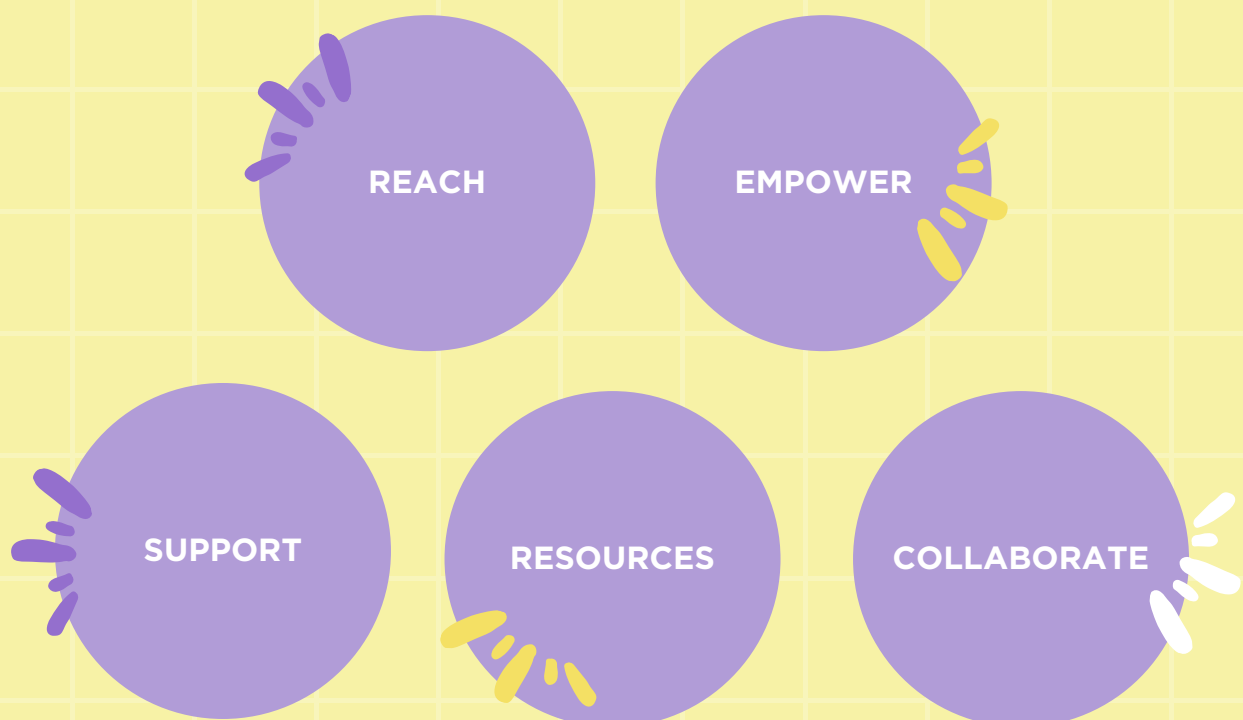
## Our Strategic Aims 2024– 2027: The way ahead

This strategy will inform Endometriosis South Coast's work, until April 2027, and will be shared with all stakeholders to ensure that our focus and work is always in line with our strategy.

We have built-in scope for extending our efforts, to mirror changes in health provision, or requests from our beneficiaries.

We will always advocate for better health care and support for our beneficiaries with endometriosis, adenomyosis and other related conditions, and their families.

**This three-year strategy commenced on April 2024 and consists of 5 strategic areas**



# Recruitment and Selection Policy

## Policy aims

Endometriosis South Coast's aims are to attract, assess and appoint the best candidates for jobs, to promote equality of opportunity and to build a quality workforce to achieve the objectives of Endometriosis South Coast.

## Equal opportunities

- Encourages applications from all community sections, especially under-represented groups.
- Selection decisions based on skills, qualifications, and experience.
- Recognizes the value of diverse knowledge and experience.

## Person specification

- Criteria to be relevant, non-discriminatory, and carefully drawn up.
- Person specification defines specific skills, knowledge, and attributes.
- Job description outlines responsibilities, accountabilities, and main tasks.

## Advertising the Job:

- Ad designed to attract a wide range of suitable applicants.
- Language used in the advert avoids unintentional discrimination.
- Includes organization name, job title, salary details, duties, requirements, application method, and closing/interview dates.

## Dealing with applications

- All applications treated as confidential.

## Shortlisting & Interview

- All applications received before the closing date will be considered.
- The interview aims to assess applicant suitability based on the person specification.

## References:

- Referees contacted in writing with the candidate's permission.
- Checks required by the Asylum and Immigration Act 2006 undertaken.

**Review date: [26/03/2027]**

## Risk Management Policy

### **Purpose:**

- Integral part of internal control and governance arrangements.
- Explains risk management approach, roles, responsibilities, and reporting procedures.
- Outlines the process for evaluating the effectiveness of internal control procedures.

### **Underlying Approach to Risk Management:**

- Board of Trustees has ultimate responsibility for overseeing risk management.
- Operations Manager (OM) supports the Board in risk management activities.
- Senior managers implement approved policies.
- Key risks identified by the Board and closely monitored.

### **Internal Control and Risk Management:**

- System incorporates risk management to address governance, operational, financial, external, and compliance risks.

### **Risk Management Process:**

- Includes review of previous year, risk identification, evaluation, application of management techniques, recording and monitoring through a risk register, and assigning responsibility.
- Ongoing process with continuous risk reporting and updates.

### **Annual Review of Effectiveness:**

- Board reviews effectiveness based on information provided by senior employees.
- Considers control environment, identification and evaluation of risks, information and communication, and monitoring and corrective action.

### **Policy Revision:**

- Policy reviewed every three years by the Board of Trustees and amended as necessary, or earlier in accordance with legislation.

**Endometriosis South Coast**  
**Independent Examiner's Report to the Trustees of Endometriosis South Coast**  
**For The Year Ended 31 March 2025**

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I report to the trustee on my examination of the accounts of Endometriosis South Coast (the Trust) for the year ended 31 March 2025.

**Responsibilities and Basis of Report**

As the charity trustee of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*James Phelan*

-----

James Phelan FCCA      27/01/26  
Date  
8A Basepoint Business Centre  
Waterberry Drive  
Waterlooville  
Hampshire  
PO7 7TH

**Endometriosis South Coast  
Statement of Financial Activities  
For The Year Ended 31 March 2025**

		2025	2024
		Unrestricted funds	Unrestricted funds
	Notes	£	£
<b>INCOME AND ENDOWMENTS FROM:</b>			
Donations and legacies	3	7,961	11,007
Charitable activities:	4		
Beneficiary support		4,630	2,525
Other trading activities	5	7,444	11,529
		<u>20,035</u>	<u>25,061</u>
<b>EXPENDITURE ON:</b>			
Raising funds	7	(5,930)	(6,491)
Charitable activities:	7		
Beneficiary support		(9,696)	(10,834)
		<u>(15,626)</u>	<u>(17,325)</u>
<b>NET INCOME</b>		4,409	7,736
<b>NET MOVEMENT IN FUNDS</b>		<u>4,409</u>	<u>7,736</u>
<b>RECONCILIATION OF FUNDS:</b>			
Total funds brought forward		23,748	16,012
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>16</b>	<u><u>28,157</u></u>	<u><u>23,748</u></u>

The notes on pages 22 to 28 form part of these financial statements.



**Endometriosis South Coast  
Statement of Financial Position  
As At 31 March 2025**

		2025	2024
		Unrestricted funds	Total funds
	Notes	£	£
<b>FIXED ASSETS</b>			
Tangible Assets	13	1,078	1,444
		<u>1,078</u>	<u>1,444</u>
<b>CURRENT ASSETS</b>			
Debtors	14	317	227
Cash at bank and in hand		27,728	22,077
		<u>28,045</u>	<u>22,304</u>
<b>Creditors: Amounts Falling Due Within One Year</b>	15	(966)	-
<b>NET CURRENT ASSETS (LIABILITIES)</b>		<u>27,079</u>	<u>22,304</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>28,157</u>	<u>23,748</u>
<b>NET ASSETS</b>		<u>28,157</u>	<u>23,748</u>
<b>FUNDS OF THE CHARITY</b>			
Unrestricted Funds		<u>28,157</u>	<u>23,748</u>
<b>TOTAL FUNDS</b>	16	<u>28,157</u>	<u>23,748</u>

On behalf of the board

*Sally Wason*

Sally Wason (Jan 27, 2026 18:45:12 GMT)

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Miss S Wason

Trustee

Date 27/01/26

The notes on pages 22 to 28 form part of these financial statements.

# Endometriosis South Coast

## Notes to the Financial Statements

### For The Year Ended 31 March 2025

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#### 1. General Information

Endometriosis South Coast is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1186203. The principal address is Hive Portsmouth Sector Hub, 22 Edinburgh Road, Portsmouth, Hampshire, PO1 1DH.

#### 2. Accounting Policies

##### 2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

##### 2.2. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustee.

Designated funds comprise unrestricted funds that have been set aside by the trustee for a specific purpose.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### 2.3. Incoming Resources

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions is recognised as earned (as the related goods and services are provided). Grant income included in this category provides funding to support activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

##### 2.4. Donated Goods and Services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

##### 2.5. Resources Expended

Expenditure is recognised when a liability is incurred. Contractual arrangements are recognised as goods or services as they are supplied.

Expenditure on raising funds are those costs incurred in attracting voluntary income.

Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.

Support and governance costs include central functions and have been allocated to activities on a basis consistent with the use of resources.

##### 2.6. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Event equipment	25% reducing balance
Fixtures & Fittings	25% reducing balance

**Endometriosis South Coast**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

**2.7. Cash and Cash Equivalents**

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

**2.8. Taxation**

The charity is exempt from tax as all its income is charitable and applied for charitable purposes.

**3. Income from Donations and Legacies**

	<b>2025</b>	<b>2024</b>
	<b>Unrestricted</b>	<b>Unrestricted</b>
	<b>funds</b>	<b>funds</b>
	<b>£</b>	<b>£</b>
Donations and gifts:		
Donations and gifts	5,178	8,768
Portsmouth Community Lottery	52	157
PayPal Donations	1,731	1,112
Donated goods, facilities and services:		
Donated goods, facilities and services	1,000	970
	<u>7,961</u>	<u>11,007</u>

Donated goods and services includes accountancy (£500) and independent examiners fee (£500).

**4. Income from Charitable Activities**

	<b>2025</b>	<b>2024</b>
	<b>Unrestricted</b>	<b>Unrestricted</b>
	<b>funds</b>	<b>funds</b>
	<b>£</b>	<b>£</b>
Beneficiary support:		
Consultancy services	330	-
Grants	4,300	2,525
	<u>4,630</u>	<u>2,525</u>

Grants, included above, are as follows:

	<b>2025</b>	<b>2024</b>
	<b>Unrestricted</b>	<b>Unrestricted</b>
	<b>funds</b>	<b>funds</b>
	<b>£</b>	<b>£</b>
The Hive Portsmouth	500	700
Groundwork UK	-	375
St James Place Foundation	2,500	800
Aviva Broker Community Fund	550	650
Community Action HIVCA	750	-
	<u>4,300</u>	<u>2,525</u>

**Endometriosis South Coast**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

**5. Income from Other Trading Activities**

	<b>2025</b>	<b>2024</b>
	<b>Unrestricted funds</b>	<b>Unrestricted funds</b>
	<b>£</b>	<b>£</b>
Fundraising events	7,048	11,117
Merchandise sales	396	412
	<u>7,444</u>	<u>11,529</u>

**6. Net Income/(Expenditure)**

The net income is stated after charging/(crediting):

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Bad debts	-	50
Depreciation of tangible fixed assets - owned	365	341
Gain/Loss on disposal of tangible fixed assets	96	-
	<u>96</u>	<u>-</u>

**7. Analysis of Expenditure**

	<b>2025</b>		
	<b>Activities undertaken directly (see note 8)</b>	<b>Support costs (see note 9)</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Raising funds	5,930	-	5,930
Beneficiary support	3,138	6,558	9,696
	<u>9,068</u>	<u>6,558</u>	<u>15,626</u>

	<b>2024</b>		
	<b>Activities undertaken directly (see note 8)</b>	<b>Support costs (see note 9)</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Raising funds	6,491	-	6,491
Beneficiary support	1,912	8,922	10,834
	<u>8,403</u>	<u>8,922</u>	<u>17,325</u>

**Endometriosis South Coast**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

**8. Direct Costs**

	<b>2025</b>		
	<b>Raising funds</b>	<b>Beneficiary support</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Fundraising activities:			
Staging fundraising events	5,930	-	5,930
Cost of goods sold:			
Materials purchased	-	863	863
General administration:			
Consultancy fees	-	2,275	2,275
	<u>5,930</u>	<u>3,138</u>	<u>9,068</u>
	<b>2024</b>		
	<b>Raising funds</b>	<b>Beneficiary support</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Fundraising activities:			
Staging fundraising events	6,491	-	6,491
Cost of goods sold:			
Materials purchased	-	462	462
General administration:			
Consultancy fees	-	1,450	1,450
	<u>6,491</u>	<u>1,912</u>	<u>8,403</u>

**9. Support Costs**

	<b>2025</b>
	<b>Beneficiary support</b>
	<b>£</b>
Employee costs:	
Staff training	65
Travel and subsistence expenses	1,944
Premises expenses:	
Office costs and room hire	538
General administration:	
Computer software costs	235
Insurance	281
Printing, postage and stationery	271
Advertising and marketing costs	1,233
Telecommunications and data costs	158
Website costs	211
Accountancy fees	500
Subscriptions	125
Sundry expenses	36
Depreciation:	
Depreciation	365

...CONTINUED

**Endometriosis South Coast**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

Loss on disposal of tangible fixed assets	96
Governance costs:	
Independent examiner's fees	500
	6,558

	<b>2024</b>
	<b>Beneficiary support</b>
	<b>£</b>
Employee costs:	
Staff training	1,615
Travel and subsistence expenses	1,353
Premises expenses:	
Office costs and room hire	78
General administration:	
Computer software, consumables and maintenance	439
Insurance	238
Printing, postage and stationery	46
Advertising and marketing costs	847
Telecommunications and data costs	158
Website costs	653
Accountancy fees	475
Consultancy fees	1,800
Subscriptions	334
Bad debts written off	50
Depreciation:	
Depreciation	341
Governance costs:	
Independent examiner's fees	495
	8,922

**10. Independent Examiner's Remuneration**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Independent examination of the financial statements	500	475
Other assurance services	-	-
Tax advisory services	-	-
Other financial services	-	-
	500	475

**11. Staff Costs**

The charitable incorporated organisation has no employees.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

**12. Average Number of Employees**

Average number of employees during the year was: NIL (2024: NIL)

**Endometriosis South Coast**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

**13. Tangible Assets**

	Event equipment	Fixtures & Fittings	Total
	£	£	£
<b>Cost</b>			
As at 1 April 2024	990	1,004	1,994
Additions	-	95	95
Disposals	-	(216)	(216)
As at 31 March 2025	990	883	1,873
<b>Depreciation</b>			
As at 1 April 2024	371	179	550
Provided during the period	155	210	365
Disposals	-	(120)	(120)
As at 31 March 2025	526	269	795
<b>Net Book Value</b>			
As at 31 March 2025	464	614	1,078
As at 1 April 2024	619	825	1,444

**14. Debtors**

	2025	2024
	£	£
<b>Due within one year</b>		
Other debtors	317	227

**15. Creditors: Amounts Falling Due Within One Year**

	2025	2024
	£	£
Trade creditors	966	-

**16. Movement in Funds**

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
<b>Unrestricted funds</b>				
General:				
General unrestricted fund	23,748	20,035	(15,626)	28,157
<b>Total funds</b>	23,748	20,035	(15,626)	28,157



**Endometriosis South Coast**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

	As at 1 April 2023	Income	Expenditure	As at 31 March 2024
	£	£	£	£
<b>Unrestricted funds</b>				
General:				
General unrestricted fund	16,012	25,061	(17,325)	23,748
<b>Total funds</b>	<u>16,012</u>	<u>25,061</u>	<u>(17,325)</u>	<u>23,748</u>

**17. Transactions with Trustees**

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

During the year the expenses reimbursed to the trustees or paid directly to third parties were as follows:

	2025	2024
	£	£
Other Expenses	<u>455</u>	<u>-</u>

Number of trustees reimbursed for expenses during the year was 2 (2024: 0)

**18. Related Party Disclosures**

There have been no related party transactions in the reporting period that require disclosure, except for those disclosed in the Transactions with Trustees note.









# END001-2025 accounts for approval

Final Audit Report

2026-01-27

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