

Endometrisois South Coast



Endometriosis South Coast

**Annual Report and financial
statements for the year
ended 31 March 2023**

Charity no. 1186203

Endometrisois South Coast



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For the year ended 31 March 2023

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Endometrisois South Coast

Legal and Administrative Information

Charity name: Endometriosis South Coast

Other names the charity is known by: Endo South Coast

Registered charity number: 1186203

Registered charity address:
Hive Portsmouth Sector Hub
22 Edinburgh Road
PORTSMOUTH
PO1 1DH

Contact: admin@endometriosissouthcoast.com
02394 217090

Website: endometriosissouthcoast.com



Name	Role
Jodie Hughes BSc, MSc	Chair of Trustees Trustee
Jessica Meddick BA	Trustee
Kate Dunstone BA	Trustee
Stephanie Moss	Trustee
Robyn Gentle	Trustee
Sally Wason	Treasurer Trustee

Endometriosis

Almost 200 million worldwide people have endometriosis (Endo).

This number is thought to be increasing as awareness increases, this may be because we know more about the condition and more people are being diagnosed correctly. At present, it is often thought of as a disease that primarily affects people of reproductive age but there is increasing literature that points to endometriosis affecting people before menarche and after menopause.

“

“Takes on average 7.5 years to get a diagnosis, and upward of 5 Dr’s to be listened to.”

The reason endo develops is still unclear, and treatment is inadequate, often ending in putting a patient in chemical menopause using chemotherapy drugs or hysterectomy. Neither of which cure the condition and individuals often require ongoing care. Surgical and medical therapies that are available to people with Endo can be effective, however, there is a recurrence of symptoms at a rate of 20–50%, but this varies greatly between studies.

- More than 75% of participants in one study have reported being absent from work due to endometriosis, on average 5.3 days out of the month, as well as 40% of women becoming unemployed due to the disease.
- Despite the prevalence rates of endometriosis being so high, there is very little research and funding to undertake large high-quality studies into the care and lived experiences of patients with endometriosis.

*Assigned Female at Birth

- In 2016, the National Health and Medical Research Council allocated £669,025 to endometriosis research, with diabetes being allocated £51.2 million, despite endometriosis having very similar prevalence rates to diabetes.
- 82% of participants were unable to carry out day-to-day activities due to symptoms associated with endo.
- 95% of people with Endo said that symptoms impacted their well-being negatively.
- 90% said they would like access to psychological services.
- There are very few studies involving comparisons between different subgroups of the Endo community including different ethnicities, social statuses, and genders.

10%

*Of people
*AFAB have
Endometriosis*

£

*Costs the UK
economy
£8.2bn a
year*

Endometrisois South Coast

Trustee Annual Report



Prepared by

SALLY WASON

JODIE HUGHES

www.endometriosissouthcoast.com

Endometrisois South Coast

Governing document

Constitution of a Charitable Incorporated Organisation who's only voting members are its charity trustees ('Foundation' model constitution)

Date of constitution; 04.11.2019

- 1.** The name of the Charitable Incorporated Organisation ("the CIO") is Endometriosis South Coast
- 2.** The CIO must have a principal office in England. The principal office of the CIO is in England.
- 3.** The object of the CIO is to preserve and protect good health for the public benefit among women suffering from endometriosis, in particular but not exclusively, by:
 - a)** Providing support forums, information, practical advice and emotional support for sufferers of endometriosis, their families and friends.
 - b)** Providing donations and grants of financial assistance for the relief of women with endometriosis who are in need.
 - c)** Raising public awareness of endometriosis through the provision of information designed to inform and educate people about the condition.

Endometrisois South Coast

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 25 January 2024 and signed on its behalf by:

Jodie Hughes
Chair of Trustees

Trustees Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2023.

Public Benefit

We intend to spread awareness through a variety of campaigns, utilising our following on social media, and in-person community groups and events. We also actively fundraise to enable us to help as many people as possible with support and resources.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.



Introducing

Endometriosis South Coast is an inclusive charity set up to support people who haven't started their diagnosis journey, are going through the diagnosis stages, or have been diagnosed with Endometriosis and/or Adenomyosis. We are also here for friends, family, and cheerleaders of the people that must jump through hoops to get started on the diagnosis pathway.

We aim to create a safe space for all people with the condition regardless of race, gender, or religion.

This disease does not discriminate and neither do the people who run this charity.

Endometrisois South Coast

FINANCIAL REVIEW

Financial Performance

The charity has shown significant growth in its financial performance over the past year. The organisation's total revenue has increased significantly primarily due to a substantial rise in grants received and increased fundraising efforts. This increase in revenue has allowed the charity to expand its services, reaching a larger number of beneficiaries and allowing the charity to make a more significant impact within the community it serves. This diversified funding approach has also helped the charity maintain financial stability and build a solid foundation for future growth.

Despite the growth in revenue, the charity has also demonstrated responsible financial management. Operating expenses have been closely monitored, and the charity has effectively allocated resources to support its core programs.

Looking ahead, the charity will continue to monitor its financial performance and ensure that its growth is sustainable by developing a clear financial strategy that aligns with the charity's long-term goals of providing benefit to the community it serves, as well as diversifying its revenue streams further to reduce dependency on any single funding source.

Overall, the charity's growth this year has been impressive, reflecting its ability to engage donors, secure funding, and manage its resources effectively. With continued strategic financial planning, the charity is well-positioned to further expand its impact and reach in the coming years.

Reserves Policy

Reserves will be utilised for the furtherance of the charities objectives as set out on page 9 of this report.

The minimum to be held as a financial reserve is £5,000 to cover 6 months of overheads.

Whilst our reserves are above this amount currently Donors are entitled to be reassured that a charity with reserves has good reason for keeping funds in reserves:

1. To ensure there were adequate funds for November 2023's Sunflower Ball and services to be run concurrently and;
2. To anticipate future costs as outreach of support services expands and improves.

An overview of the financial situation is reviewed at all Committee meetings and the trustee directors review the reserves policy as and when considered necessary and always annually.



Objectives and Activities

The object of the CIO is to preserve and protect good health for the public benefit among women suffering from endometriosis, in particular but not exclusively, by:

- a) providing support forums, information, practical advice and emotional support for sufferers of endometriosis, their families and friends.
- b) providing donations and grants of financial assistance for the relief of women with endometriosis who are in need.
- c) raising public awareness of endometriosis through the provision of information designed to inform and educate people about the condition.



Support Groups:

We hold in-person support groups usually around the 1st Saturday of every month. We often invite a guest speaker to talk about different topics, for example, fertility massage, essential oils and mental health services in the area.

Online Support:

We have a support group on Facebook with lots of members where service users are welcome to ask questions, exchange advice, and chat with people in a similar situation.



Objectives and Activities

"A wonderful charity providing holistic support and care for endometriosis sufferers. It's a very lonely illness, involving hidden disability and pain. It's amazing to have a space where sufferers can find friendship and advocacy."



WWW.ENDOMETRIOSISSOUTHCOAST.COM

During the year we organised the following activities to raise funds:

- Endometriosis South Coast Sunflower Ball
- Applications to grant making trusts, local companies etc.

We also received donations by personal gifts, together with collection box donations from the following organisations:

- Co-Op Emsworth
- Tesco Fratton
- Portsmouth Pride
- Movers and Storers Show
- Eastleigh Pride
- Beauty by Lauren Ann
- Gaming Place
- Forever Beauty

The Review 2022-23

“This charity creates a safe, inclusive & educated environment full of love and support. Working tirelessly for the change in endo care that we all so desperately deserve!”



April 2022

- Launched Adenomyosis awareness month
- One trustee ran Brighton marathon
- Waterloooville easter fair
- Launched a survey with University of Portsmouth on IAPT services and reproductive disorders
- Awareness campaign around hot waterbottles and the dangers of using them
- Charitable radio interview
- PIP payments instagram live

May 2022

- Charity Nominated for ITV national diversity award
- Awareness event at Tesco Fratton
- Became part of world endometriosis organisations

June 2022

- Jodie was invited to the VIP premier of Below the belt
- Southampton pride stall
- Portsmouth Pride stall
- Launched 6 ways to support us without giving us money
- Bark in the Park stall
- Launched newsletter



The Review 2022-23

"A wonderful charity. They create a comfortable, safe space for support in an open minded and welcoming setting. Couldn't recommend ESC enough!"

July 2022

- Wellness in the Lavender event with the mindful movement coach
- Tesco community grant blue token vote launch
- 1st Charity ball launch posts on social media
- Hayling college awareness event
- Express fm interview
- Mindfulness in the lavender event
- Stephen morgan joined support group
- Mindfulness on the beach
- Solent radio interview

August 2022

- Bamboo became donors and supporters
- Put on a free photoshoot in the sunflowers for beneficiaries

September 2022

- Eastleigh Pride
- Finalists of ITV national diversity awards

October

- Great South Run, 2 runners
- Endometriosis UK Round table advisory chat with various organisations where we were assisting Endo UK on their failings
- Express fm radio interview
- Spoke at Endometriosis APPG at parliament
- Held a stall at University of Portsmouth careers day event



What is Endometriosis?

Endo is a Full Body Systemic condition that can lead to a variety of symptoms, affecting the entire body.

1.5 million people around the world are affected regardless of age, gender, race or sexuality.

Common Symptoms Include:



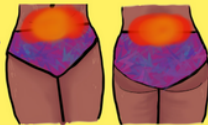
Painful Urination during your period

Difficulty Conceiving



Heavy Periods

Pelvic Pain and/or painful periods?



Bleeding between periods



Pain during and/or after sex

Bowel issues during your period



Nausea



@YellowTurtleArt



The Review 2022-23

"Thoughtful inclusive charity that seeks to improve the lives of those with endometriosis. Highly recommended."

November 2022

- Podcast with Delivered social
- Jodie presented research at 9th international conference on Global Healthcare
- Hosted the Sunflower Ball and raised £9,000
- Met with Brighton Endometriosis Specialist surgeon
- Tesco Community grant recipients
- Co-op community grant recipients
- Rebranded the charity to be more inclusive.
- Launched a new website donated by Delivered social.

January 2023

- Started discussions on Hormone health hub with a few stakeholders
- Meeting with other endo organisations across the country
- Stall at "Shaping Portsmouth" annual conference
- Announced our goals for 2023

February

- Ubuntu – Pamodzi Tea Party
- Asked to speak on the Portsmouth Disability advisory group
- Endometriosis and Adenomyosis presentation for Chat over Chai
- Launched Mindful Mondays with The Mindful Movement Coach





The Review 2022-23

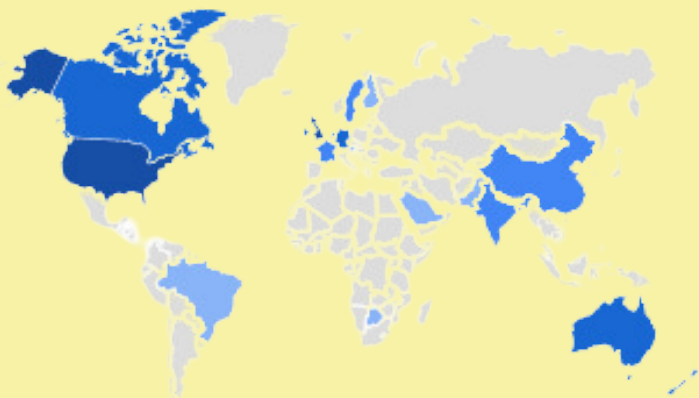
"Such a wonderful, supportive, and lovely community for everyone suffering with gynaecology issues. This group has really helped me overcome anxieties that surround the diseases, encouraged me, helped me understand more about the diseases and connected me with others suffering, we are not alone anymore. 🌻"

All it takes is a good heart to help support and lift others around you. Be the change."

March 2023

- Collaborated with Hormones on the blink to put on a menstrual health round table with stakeholders in Portsmouth to see a way forward in becoming a better city for menstrual conditions and menopause
- Free cinema event for beneficiaries, friends and family to watch the film "below the belt" with panel of experts & Spinnaker tower turned yellow
- Women's Health: Support for staff and students with gynaecological conditions presentation for Southampton university
- Chat over Chai international women's day event
- Community engagement event with Portsmouth Hospitals
- Jodie presented at Urbond international women's day event
- Jodie Key note speaker at Portsmouth University Female Entrepreneur Network's international women's day event
- Presented at Pamodzi Inspirational women of Portsmouth Awards
- Pompey Women's Football Club started wearing Endo South Coast shirts for warm ups

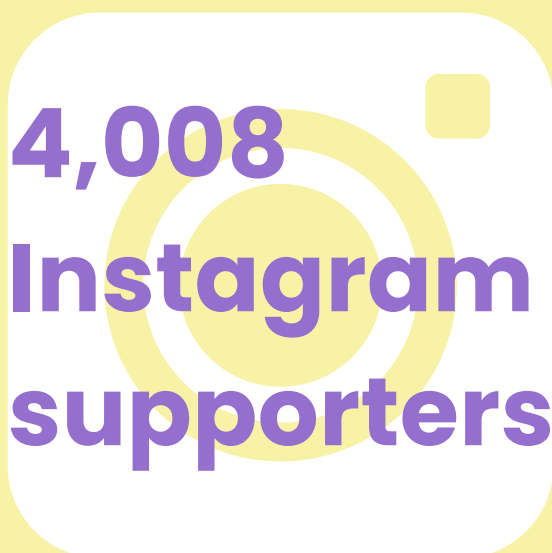
Website users Dec 22 – March 23

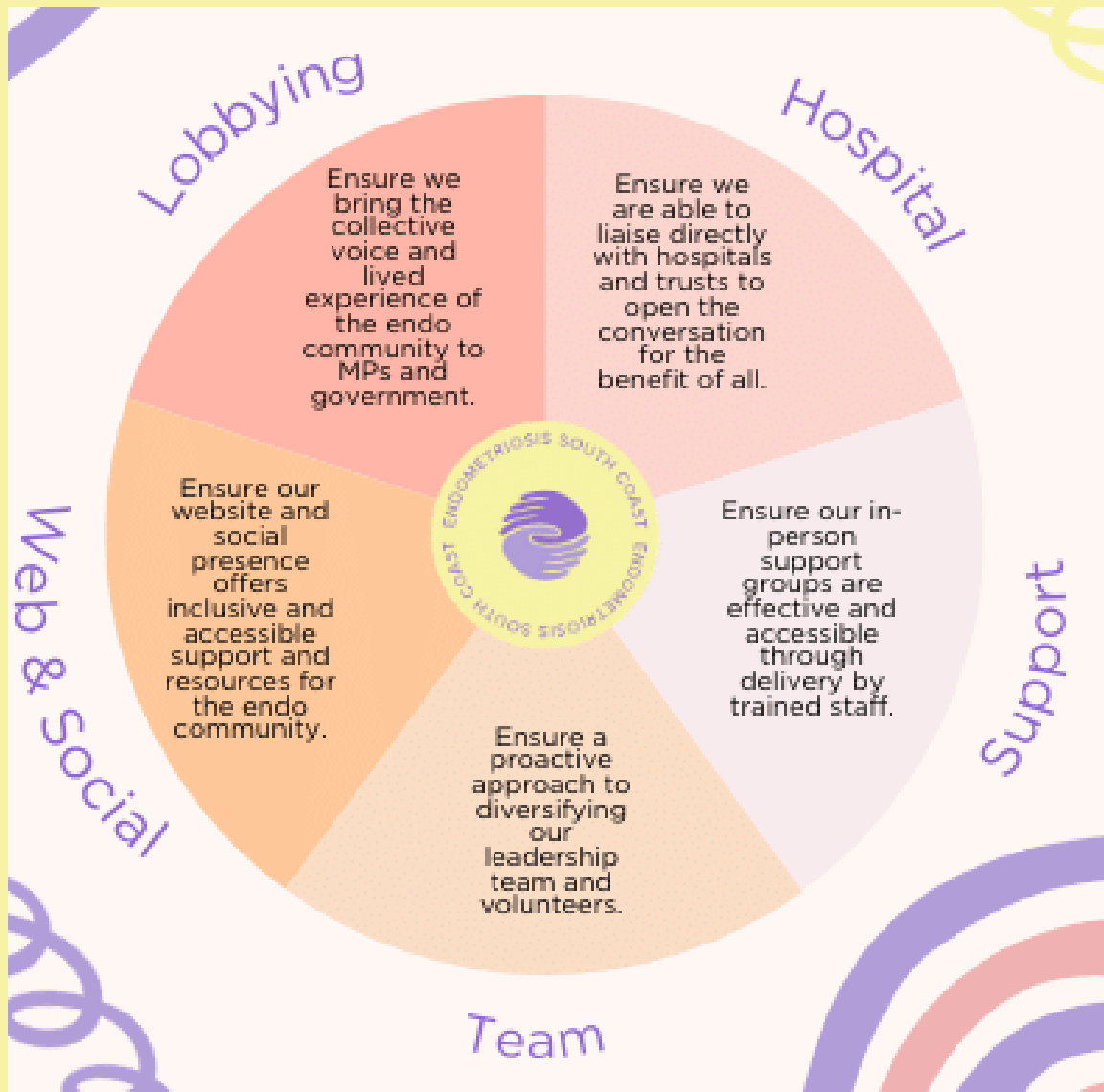


COUNTRY	USERS
United Kingdom	354
United States	94
Canada	13
Australia	12
Ireland	8
New Zealand	6
Germany	5



**938 members in
our peer to peer
support group**





The future

Since the year's end we have had another successful Endo sunflower ball raising over £3,000 for the charity.

We have recruited a new leader for the charity and are working on growing the trustee board and management team to help drive the charity forward in 2024.

We will be holding a workshop with the trustees and new management team called "endo south coast" the way forward which will be concentrating on in 2024.

Our workshops continue to be well attended, with a rich range of guest speakers.

We are currently looking to build advisory boards to ensure we are truly working for our community.

Recruitment and Selection Policy

Policy aims

Endometriosis South Coast's aims are to attract, assess and appoint the best candidates for jobs, to promote equality of opportunity and to build a quality workforce to achieve the objectives of Endometriosis South Coast.

Equal opportunities

- Encourages applications from all community sections, especially under-represented groups.
- Selection decisions based on skills, qualifications, and experience.
- Recognizes the value of diverse knowledge and experience.

Person specification

- Criteria to be relevant, non-discriminatory, and carefully drawn up.
- Person specification defines specific skills, knowledge, and attributes.
- Job description outlines responsibilities, accountabilities, and main tasks.

Advertising the Job:

- Ad designed to attract a wide range of suitable applicants.
- Language used in the advert avoids unintentional discrimination.
- Includes organization name, job title, salary details, duties, requirements, application method, and closing/interview dates.

Dealing with applications

- All applications treated as confidential.

Shortlisting & Interview

- All applications received before the closing date will be considered.
- The interview aims to assess applicant suitability based on the person specification.

References:

- Referees contacted in writing with the candidate's permission.
- Checks required by the Asylum and Immigration Act 2006 undertaken.

Review date: [26/03/2024]

Risk Management Policy

Purpose:

- Integral part of internal control and governance arrangements.
- Explains risk management approach, roles, responsibilities, and reporting procedures.
- Outlines the process for evaluating the effectiveness of internal control procedures.

Underlying Approach to Risk Management:

- Board of Trustees has ultimate responsibility for overseeing risk management.
- Operations Manager (OM) supports the Board in risk management activities.
- Senior managers implement approved policies.
- Key risks identified by the Board and closely monitored.

Internal Control and Risk Management:

- System incorporates risk management to address governance, operational, financial, external, and compliance risks.

Risk Management Process:

- Includes review of previous year, risk identification, evaluation, application of management techniques, recording and monitoring through a risk register, and assigning responsibility.
- Ongoing process with continuous risk reporting and updates.

Annual Review of Effectiveness:

- Board reviews effectiveness based on information provided by senior employees.
- Considers control environment, identification and evaluation of risks, information and communication, and monitoring and corrective action.

Policy Revision:

- Policy reviewed every three years by the Board of Trustees and amended as necessary, or earlier in accordance with legislation.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ENDOMETRIOSIS SOUTH COAST

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records ; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

James Phelan FCCA
Association of Chartered Certified Accountants
Phelan Cloud Accounting
8A Basepoint Business Centre
Waterberry Drive
Waterlooville
Hampshire
PO7 7TH

Date: 26 January 2024

ENDOMETRIOSIS SOUTH COAST

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATION AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

				31/03/2023	31/03/2022
	Notes	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2.	10,311	-	10,311	8,145
Charitable activities					
Beneficiary support	3.	10,412	-	10,412	267
Fundraising	4.	11,063	-	11,063	125
Total		<u>31,786</u>	<u>-</u>	<u>31,786</u>	<u>8,537</u>
EXPENDITURE ON					
Raising funds	5.	6,313	-	6,313	-
Charitable activities					
Beneficiary support	6.	12,459	-	12,459	6,544
Total		<u>18,772</u>	<u>-</u>	<u>18,772</u>	<u>6,544</u>
NET INCOME/(EXPENDITURE)		13,014	-	13,014	1,993
RECONCILIATION OF FUNDS					
Total funds brought forward		2,998	-	2,998	1,005
TOTAL FUNDS CARRIED FORWARD		<u><u>16,012</u></u>	<u><u>-</u></u>	<u><u>16,012</u></u>	<u><u>2,998</u></u>

ENDOMETRIOSIS SOUTH COAST

BALANCE SHEET FOR THE YEAR ENDED 31 MARCH 2023

	Notes	31/03/2023 £	31/03/2022 £
FIXED ASSETS			
Tangible assets	12.	996	-
		<u>996</u>	<u>-</u>
CURRENT ASSETS			
Debtors	13.	192	-
Cash at bank		14,824	2,998
		<u>16,012</u>	<u>2,998</u>
NET ASSETS			
		<u>16,012</u>	<u>2,998</u>
FUNDS			
Unrestricted funds	15.	16,012	2,998
Restricted funds	15.	-	-
		<u>16,012</u>	<u>2,998</u>
TOTAL FUNDS		<u>16,012</u>	<u>2,998</u>

The financial statements were approved and authorised for issue by the Board of Trustees and authorised for issue on 25 January 2024 and were signed on its behalf by:

Jodie Hughes - Trustee

Sally Wason - Trustee

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable incorporated entity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions is recognised as earned (as the related goods and services are provided). Grant income included in this category provides funding to support activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Volunteers and donated services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

Expenditure

Expenditure is recognised when a liability is incurred. Contractual arrangements are recognised as goods or services as they are supplied.

- Expenditure on raising funds are those costs incurred in attracting voluntary income.
- Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.
- Support and governance costs include central functions and have been allocated to activities on a basis consistent with the use of resources.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment	- 25% reducing balance
Event equipment	- 25% reducing balance

Individual fixed assets costing £200 or more are capitalised at cost.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. DONATIONS AND LEGACIES

	31/03/2023	31/03/2022
	£	£
Donations	4,069	8,145
Portsmouth Community Lottery	234	-
PayPal Donations	3,743	-
Donated goods and services	2,265	-
	<u>10,311</u>	<u>8,145</u>

Donated goods and services includes accountancy (£475), independent examiners fee (£495) and website costs (£1,295).

3. INCOME FROM CHARITABLE ACTIVITIES

	31/03/2023	31/03/2022
	£	£
Grants	<u>10,412</u>	<u>267</u>
	<u>10,412</u>	<u>267</u>

ENDOMETRIOSIS SOUTH COAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

Grants received, included in the above, are as follows:

	31/03/2023	31/03/2022
	£	£
The Hive Portsmouth	500	-
Groundwork UK	1,125	-
Co op grant	1,487	-
Bambo Limited	750	-
Main Grants Scheme	5,550	-
Portsmouth City Council	1,000	-
Other grants	-	267
	<u>10,412</u>	<u>267</u>

4. FUNDRAISING

	31/03/2023	31/03/2022
	£	£
Fundraising events	11,063	125
	<u>11,063</u>	<u>125</u>

5. RAISING FUNDS

	31/03/2023	31/03/2022
	£	£
Fundraising costs	6,313	-
	<u>6,313</u>	<u>-</u>

6. CHARITABLE ACTIVITIES

	Direct costs (see note 7)	Support costs (see note 8)	Totals
		£	£
Beneficiary support	824	11,635	12,459
	<u>824</u>	<u>11,635</u>	<u>12,459</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31/03/2023	31/03/2022
	£	£
Materials	824	- 71
	<u>824</u>	<u>- 71</u>

8. SUPPORT COSTS

	Management	Governance costs	Totals
		£	£
Beneficiary support	11,140	495	11,635
	<u>11,140</u>	<u>495</u>	<u>11,635</u>

ENDOMETRIOSIS SOUTH COAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

Management	31/03/2023	31/03/2022
	£	£
Office costs	30	-
Web hosting	270	17
Computer software	153	-
Computer hardware	-	-
Internet and telephone	147	295
Printing	23	651
Staff training	740	12
Accommodation and meals	592	500
Advertising and promotion	3,916	2,030
Consultancy fees	990	-
Postage	42	475
Charitable donations	131	1,234
Subscriptions	348	322
Insurance	38	325
Travel	1,740	71
Depreciation charge	210	-
Entertaining	-	400
Legal and professional fees	-	35
Website costs	1,295	-
Accountancy fees	475	-
Formation costs	-	218
Sundry expenses	-	30
	<u>11,140</u>	<u>6,615</u>
Governance costs	31/03/2023	31/03/2022
	£	£
Independent examiners fee	<u>495</u>	<u>-</u>
	<u>495</u>	<u>-</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

During the year no trustee received any remuneration from the charitable incorporated organisation (2022: none).

Trustees expenses

During the year one (2022 : none) trustee was reimbursed expenses totalling £973 (2022 : £nil) for accommodation, travel and fundraising event materials by the charitable incorporated organisation.

10. STAFF COSTS

The charitable incorporated organisation has no employees. No Employee received emoluments in excess of £60,000.

ENDOMETRIOSIS SOUTH COAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	8,145	-	8,145
Charitable activities			
Beneficiary support	267	-	267
Fundraising	125	-	125
Total	<u>8,537</u>	<u>-</u>	<u>8,537</u>
EXPENDITURE ON			
Raising funds	-	-	-
Charitable activities			
Beneficiary support	6,544	-	6,544
Total	<u>6,544</u>	<u>-</u>	<u>6,544</u>
NET INCOME/(EXPENDITURE)	1,993	-	1,993
RECONCILIATION OF FUNDS			
Total funds brought forward	1,005	-	1,005
TOTAL FUNDS CARRIED FORWARD	<u>2,998</u>	<u>-</u>	<u>2,998</u>

The above Statement of Financial Activities relates to the year ended 31 March 2022.

ENDOMETRIOSIS SOUTH COAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

12. TANGIBLE FIXED ASSETS

	Office equipment £	Event equipment £	Totals £
COST			
At 1 April 2022	-	-	-
Additions	216	990	1,206
Disposals	-	-	-
At 31 March 2023	<u>216</u>	<u>990</u>	<u>1,206</u>
DEPRECIATION			
At 1 April 2022	-	-	-
Charge for the year	45	165	210
Elimination on disposal	-	-	-
At 31 March 2023	<u>45</u>	<u>165</u>	<u>210</u>
NET BOOK VALUE			
At 31 March 2022	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2023	<u>171</u>	<u>825</u>	<u>996</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/03/2023 £	31/03/2022 £
Prepayments	<u>192</u>	<u>-</u>
	<u>192</u>	<u>-</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31/03/2023 Total funds £	31/03/2022 Total funds £
Fixed assets	996	-	996	-
Current assets	15,016	-	15,016	2,998
Current liabilities	-	-	-	-
	<u>16,012</u>	<u>-</u>	<u>16,012</u>	<u>2,998</u>

ENDOMETRIOSIS SOUTH COAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

15. MOVEMENT IN FUNDS

	At 01/04/2022 £	Net movement in funds £	At 31/03/2023 £
Unrestricted funds			
General fund	2,998	13,014	16,012
	<u>2,998</u>	<u>13,014</u>	<u>16,012</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	31,786	18,772	13,014
	<u>31,786</u>	<u>18,772</u>	<u>13,014</u>

Comparatives for movement in funds

	At 01/04/2021 £	Net movement in funds £	At 31/03/2022 £
Unrestricted funds			
General fund	1,005	1,993	2,998
	<u>1,005</u>	<u>1,993</u>	<u>2,998</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	8,537	6,544	1,993
	<u>8,537</u>	<u>6,544</u>	<u>1,993</u>

16. RELATED PARTY DISCLOSURES

During the year there were no transactions with related parties.