

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 04	Year 2020		Day 31	Month 03	Year 2021

Section A Reference and administration details

Charity name Endometriosis South Coast

Other names charity is known by Endo South Coast

Registered charity number (if any) 1186203

Charity's principal address 25 Winterslow Drive

Havant

Postcode PO95DX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Laura Martin		01/04/2020-04/06/2021	
2	Kathleen Martin		01/04/2020-04/06/2021	
3	Jodie Hughes		01/04/2020 - present	
4	Stephanie Moore		16/06/2020-present	Jodie Hughes
5	Demelza Slama-Hardy		05/06/2020-present	Jodie Hughes
6	Krystle Issitt		05/06/2020-present	Jodie Hughes
7	Robyn Gentle		05/06/2020-present	Jodie Hughes

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B management

Structure, governance and

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by Jodie Hughes 06/06/2020 - changed to Trustees appointed by majority vote of trustees in decision-making and selection process

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are

"To advance the education of the public in the subject of endometriosis."

"To advance the education of pupils at schools by providing and assisting in the provision of facilities (not required to be provided by the local authority) for education."

"For the public benefit, to promote the education of people in the UK in such ways as the charity trustees think fit. This may include awarding to such person's scholarships, maintenance allowances or grants tenable at any university, college or institution of higher or further education."

"To promote and protect the physical and mental health of sufferers of endometriosis through the provision of support, education, and practical advice."

"To promote social inclusion for the public benefit. relieving the needs of those people who are socially excluded and assisting them to integrate into society. For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of ill health (physical or mental)".

"To act as a resource for young people by providing advice and assistance and organising programmes of educational activities as a means of advancing education."

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- ☐ Endometriosis and mental health webinar - 20/11/2020
- ☐ Endometriosis and gender diversity webinar - 18/12/2020
- ☐ Various connections made between key people in Endometriosis research and care
- ☐ Creation of various social media accounts and website
- ☐ Chair of trustee accepted on Endo research PhD, trustee D.S-H accepted on health sciences degree, trustee K.I accepted on psychology degree
- ☐ Chair of trustees research presented at 2 Endometriosis conferences
- ☐ Bi-weekly online support groups hosted with various guest speakers, this had to move online due to COVID restrictions
- ☐ Walk in March to raise awareness of Endometriosis and raised ~£2500

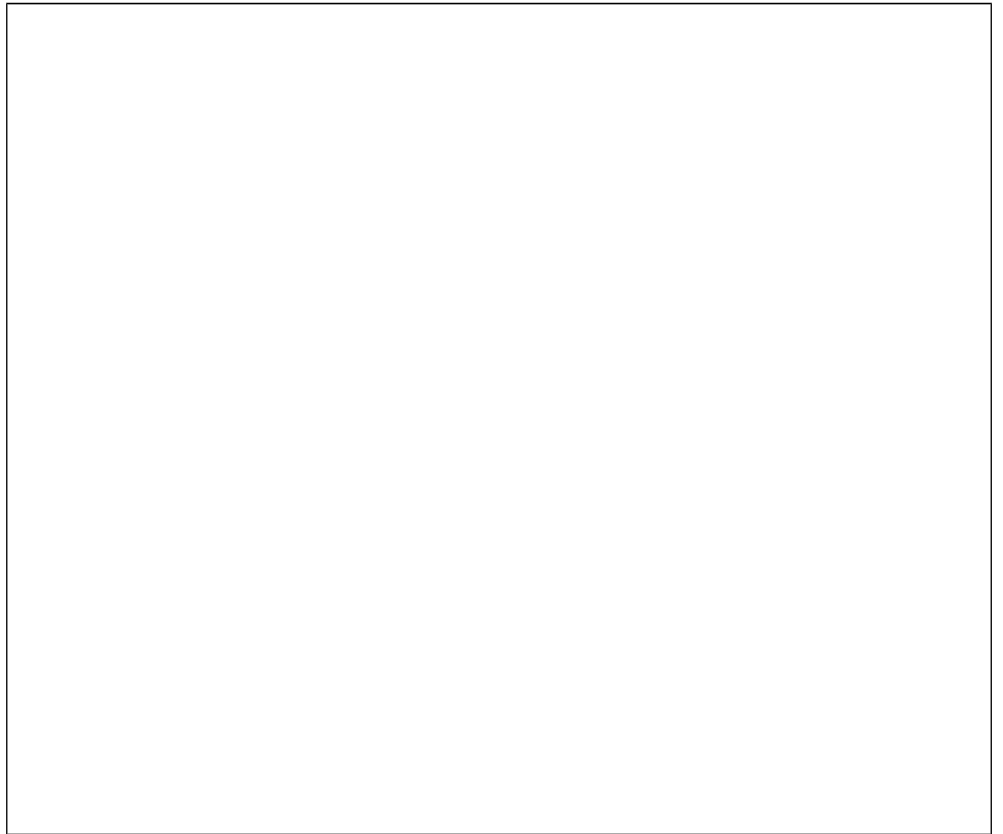
Additional details of objectives and activities (Optional information)

Through working with our objectives in mind to support people with Endometriosis and Adenomyosis we have offered help and support to many people. Here are some quotes from the people we have helped.

brilliant local charity helped support me immensely during and after diagnosis. super friendly and great resource to anyone on their pre, during diagnosis or after diagnosis journey.

Invaluable support from this group. I have definitely learnt so much since joining. Jodie has been a huge support post surgery and I can not thank her enough. Knowing there are so many people sailing the same storm but with a wealth of knowledge to share that makes each of our ships stronger, makes the journey a little less daunting 🧡

Supportive, informative, and inclusive, ESC are dedicated to helping raise awareness of Endometriosis and improve healthcare outcomes for all patients suffering with this incapacitating, misunderstood, and underfunded disease.



Section D

Achievements and performance

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Summary of the main achievements of the charity during the year

Head shave fundraiser that raised ~ £750

Supporter R.M. raised £170

Received grant from Tesco Groundwork COVID programme £500

Grown social media following

Working alongside IAPT services in the South Coast to promote mental health services in Endometriosis Centres

Various media interviews

Chair of Trustees now works with a menstrual Health company

Chair of trustees is now PhD student studying disparities in the care of Endometriosis

Section E

Financial review

Brief statement of the charity's policy on reserves

Endometriosis South Coast requires a level of free reserves to safeguard the organisation, protect options for future development and to achieve the following:

- ☐ The option to develop new services or expand current ones in line with the changing needs of the community.
- ☐ To ensure that delays in the receipt of expected income do not interrupt services or cause serious financial difficulty for the charity.
- ☐ The ability to survive unexpected set-backs and problems arising from internal or external causes

This policy is to be read in conjunction with the following policies:

- Financial Controls
- Budgeting
- Full Cost Recovery

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

Principal sources of income has been fundraising

Expenditure has supported key objectives to advance the education of the public by way of education. This has been achieved by payment for the website that is full of information to the public, as well as payment of software Zoom to hold virtual conferences and support group meetings for the public and support group.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	J.Hughes	
Full name(s)	Jodie Hughes	
Position (eg Secretary, Chair, etc)	Chair	
Date	29/04/2021	