

Good Neighbours-Rural Peterborough Annual General Meeting 2nd June 2021



Intro and Exec Summary



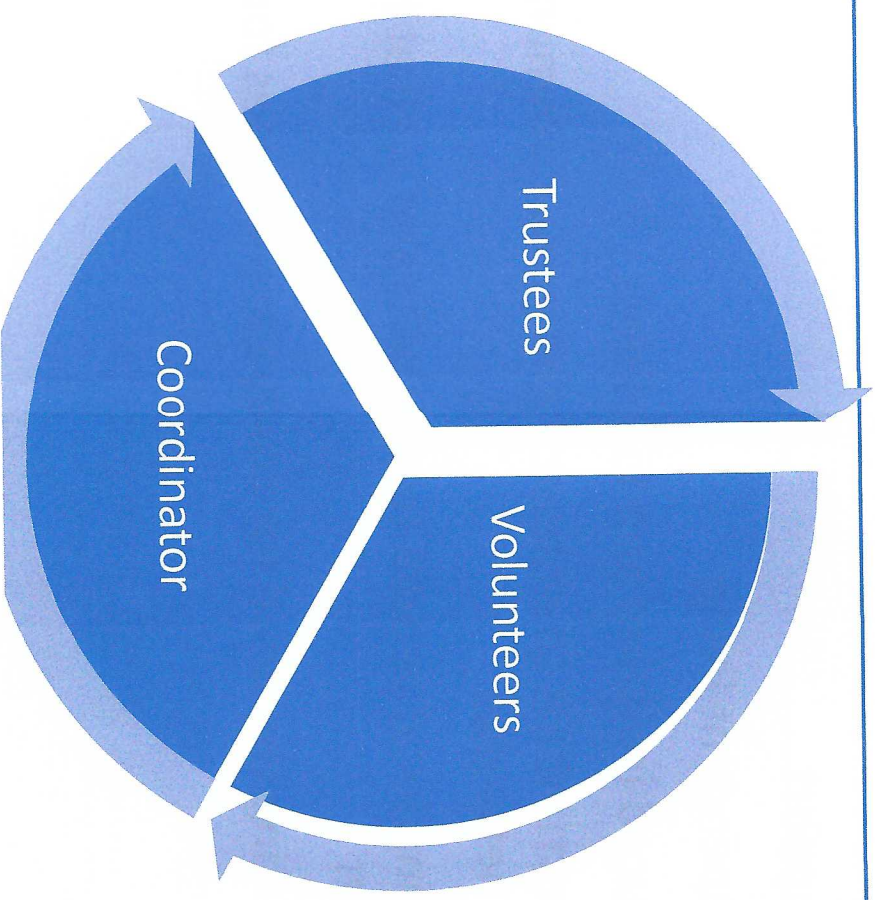
- The Good Neighbours –Rural Peterborough CIO publicly launched in 2019 to support vulnerable and/or isolated residents of rural Peterborough where family and friends are unable to do so.
- The overall aim is to improve people's general health and well-being, giving the ability to stay at home more safely and for longer in a supportive community.
- We are a volunteer-led Charity which aims to protect and proactively support all our volunteers, whatever their reasons for joining, recognising that for some this will provide valuable learning and experience for future job opportunities



William Baxter (Secretary)
Neil Boyce (Chair & Treasurer)
Susie Lucas (Vice Chair)
Joan Pickett
David Ridgeway
Derek Skingle
Chris Wilde

Cate Harding (Part time Coordinator)

Structure



Objectives

We support...

- Independent living
- Reduced isolation and loneliness
- Opportunities to enhance and grow community relations and networks
- Helping local people to stay safe and well at home for longer
- Reducing the need for costly care services for minor needs



The Journey So Far...

2017

Concept formed following co-option to PCC Adults Health Scrutiny Committee representing Parish Councils

Jan – May 2018

Castor & Ailsworth Parish Councils Parish Council commit support. St Kyneburha Parochial Church Council join working group to incorporate the existing Way Warden Scheme

April 2019

Constitution in development for CIO

May 2019

Renamed Rural North West Peterborough Way Wardens and Good Neighbours Scheme and allow other parishes within the Rural North West Area of Peterborough to become partners in the scheme.

To support fundraising an application for independent Charitable Status was made to the Charities Commission.

August 2019

Start up Grant from Peterborough City Council.

June 2020

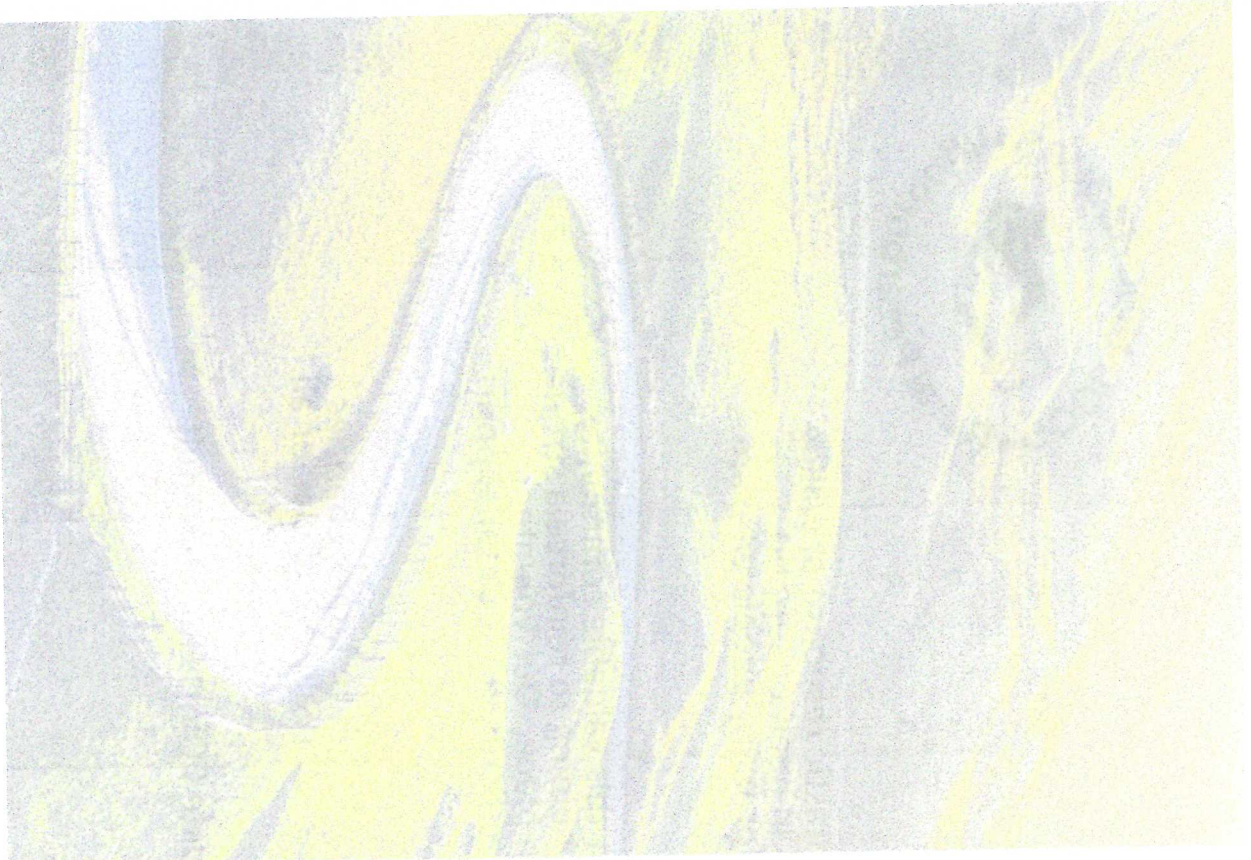
The Co-Ordinator role was advertised.

13th July 2020

Appointed Co-Ordinator commenced employment on the 13th July 2020.

October 2020

CIO renamed Good Neighbours-Rural Peterborough



COVID 19 – The Challenges & Opportunities for Change



- Many of Peterborough's rural communities are benefiting from the fantastic response of willing volunteers to support those in the community that are vulnerable and in need of support throughout the COVID-19 pandemic. This support has been a life line for many people who are unable to leave their home, particularly during these cold winter months.
- The Good Neighbours – Rural Peterborough will essentially ensure that this valuable community support remains in place throughout COVID and beyond, thereby also helping to reinforce a strong and resilient community support network via the structures we have in place. Our Volunteers all have an enhanced DBS Check, for their protection as well as that of the clients who ask for support, together with access to training and support.
- Our volunteer support is not designed to replace those of professional services or larger Charities but will compliment and add value in ways that we hope is recognised as mutually beneficial for all.
- In recognition of this, we are now receiving referrals from the Countywide COVID Hub and Adult Social Care Services in Peterborough.



How it works in Practice

In times of need, the Good Neighbours Rural Peterborough resident volunteers offer support and short term help to their neighbours in the community.

We accept referrals from individuals, family, friends and professional services if consent given.

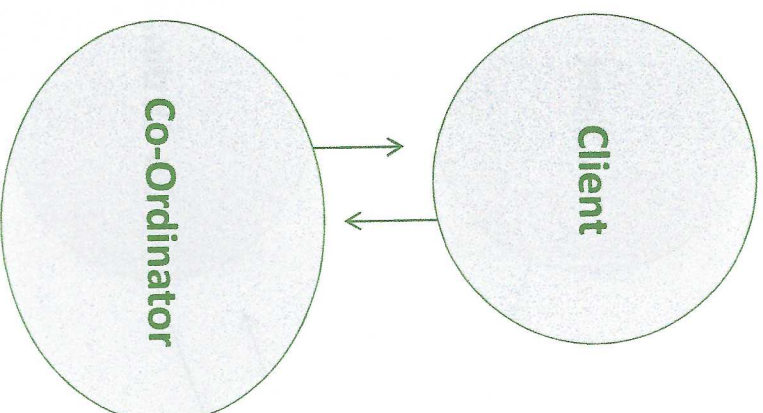


How it works in Practice



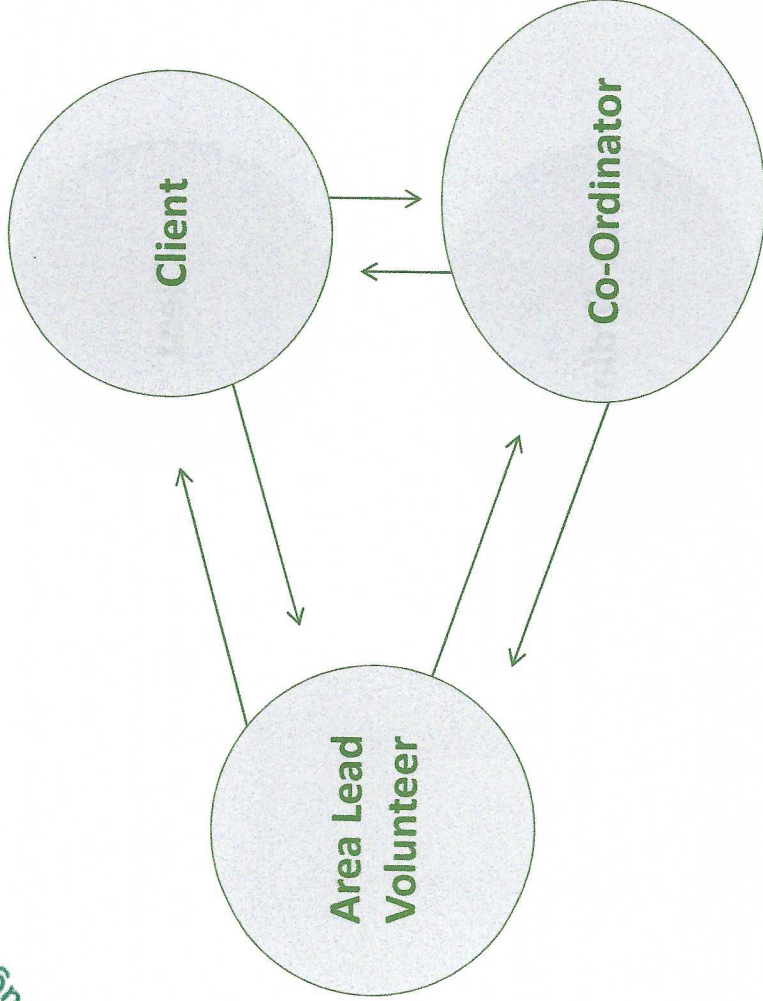


How it works in Practice



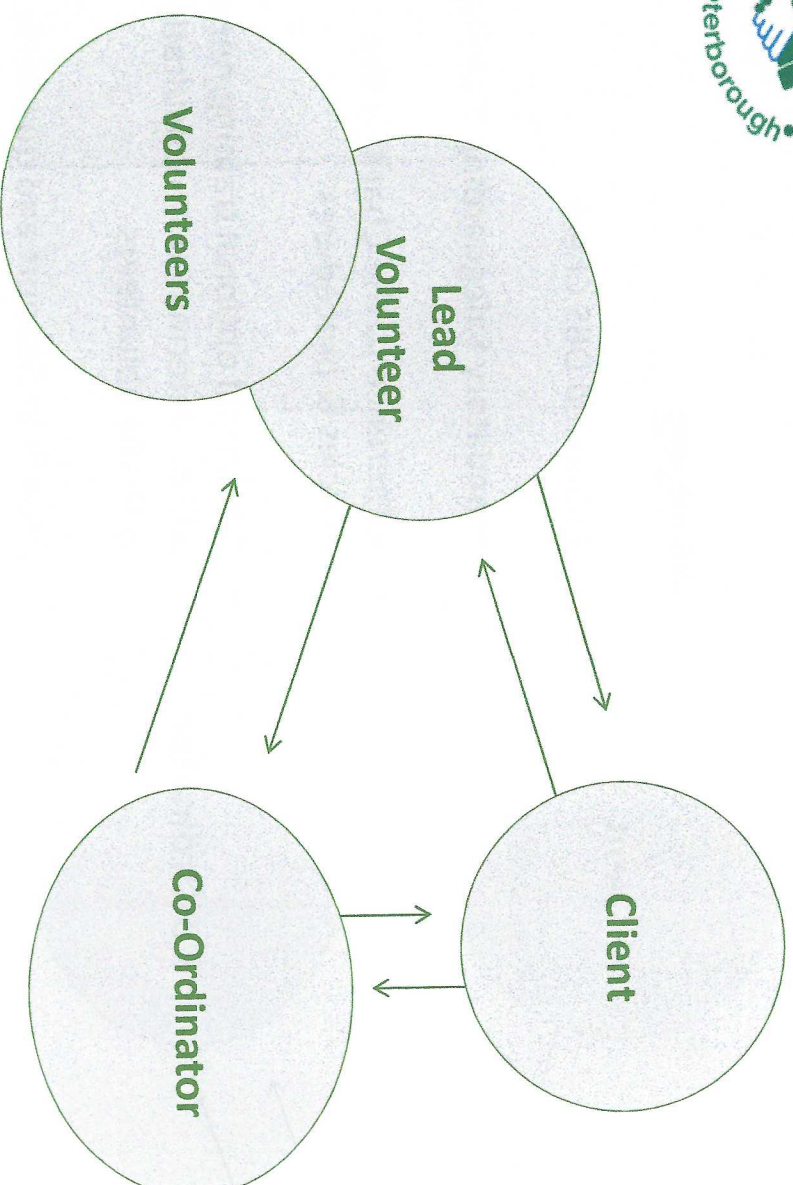


DO YOU NEED HELP?



- [Website: goodneighboursrp.org.uk](http://goodneighboursrp.org.uk)
- [Email: coordinator.gnrp@gmail.com](mailto:coordinator.gnrp@gmail.com)
- **Telephone: 07735 810139**

How it works in Practice



Examples of short-term help:

- Befriending
- Help with shopping
- Filling in forms
- Lift to visit relative in hospital
- One-off gardening/DIY tasks
- Walking the dog
- Help with TV/Internet

Volunteers will advise:

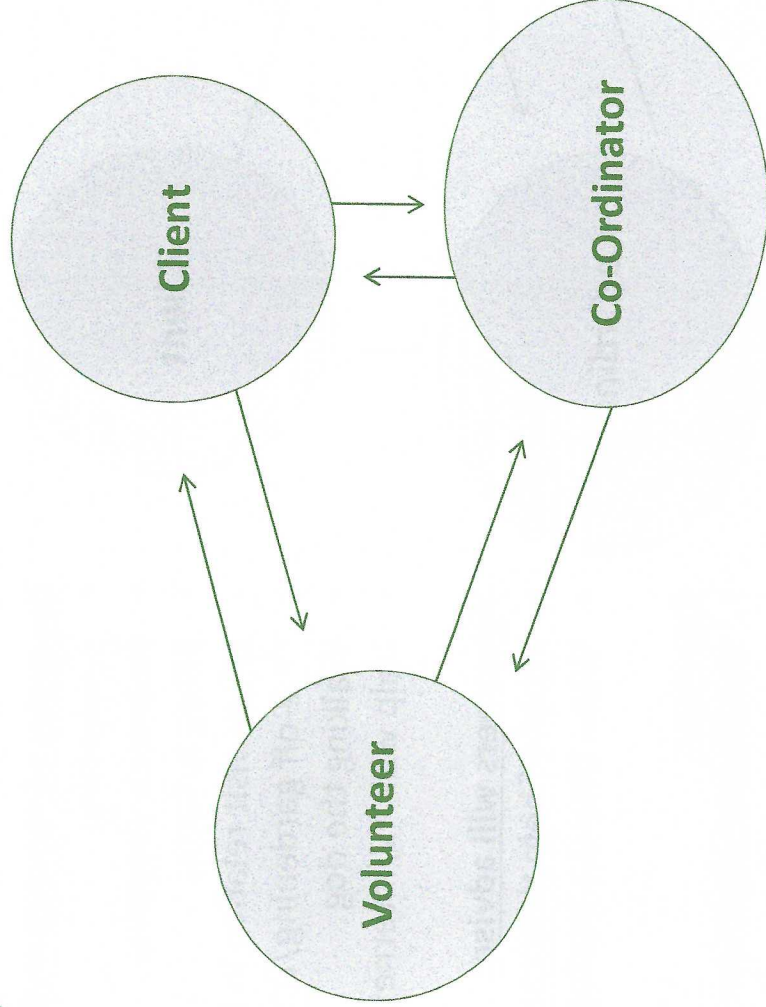
- Types of help they can give
- When they are available

Expenses:

- Volunteers' expenses will be reimbursed



How it works in Practice



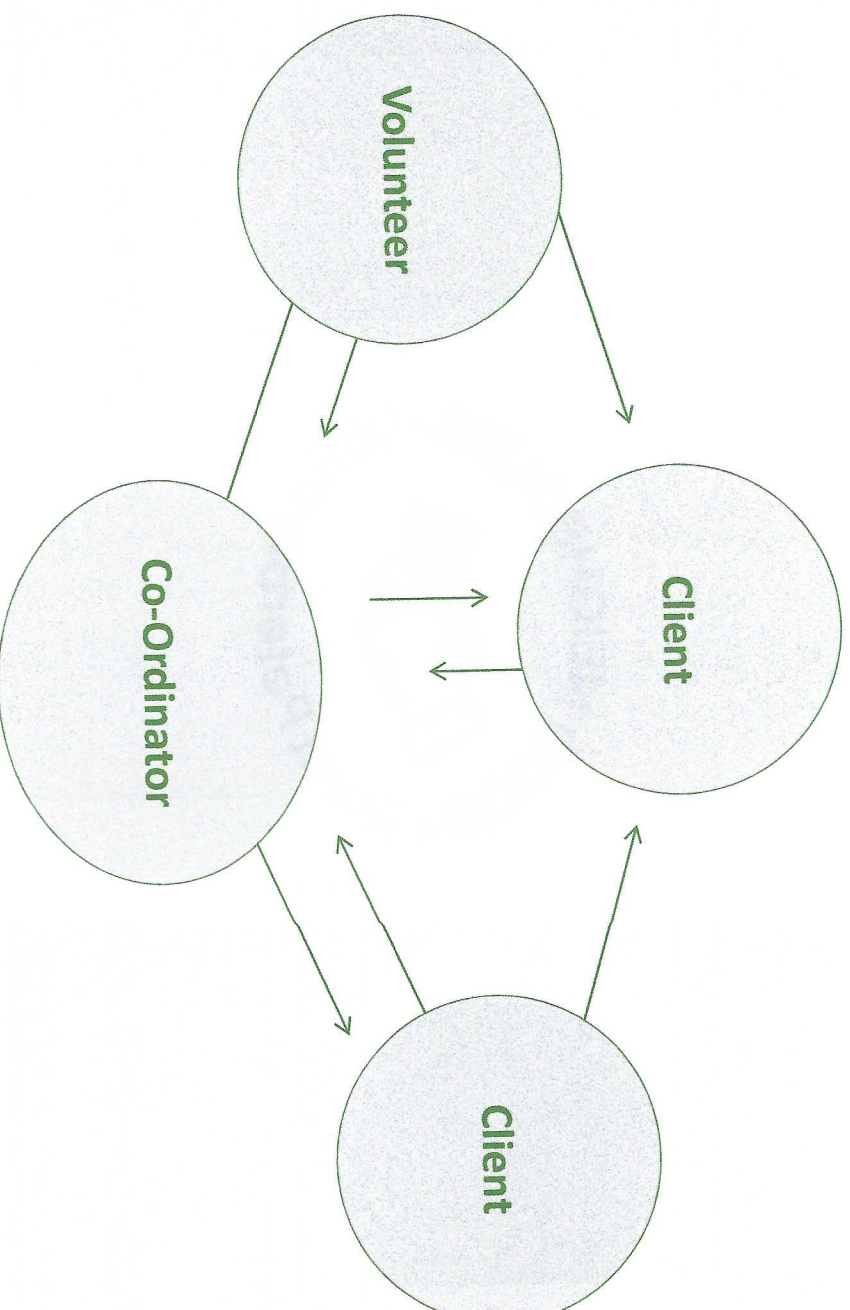
Volunteers

- Enhanced DBS Check
- Mandatory Safeguarding Training
- Adherence to the Charity's the policies & procedures
- Additional optional training needs will be determined in consultation with the volunteers
- Area Peer Support and quarterly Volunteer Forum



- Volunteers are Eyes and ears in the Community
- Recognise signs of additional support needs
- Coordinator assists with signposting to professional services in consultation with client and family

How it works in Practice



ANY QUESTIONS?



Achievements

- Recognition of added value to support individuals by Statutory Services
- Start-up grant from Peterborough City Council and additional COVID recovery funding
- Recruitment of Co-Ordinator (sole paid member of staff)
- Development of policies, procedures and operational management systems
- Public Launch – November 2020
- Membership of 5 Parish Councils and registration of 36 Volunteers
- 5* Focus Accreditation Award
- Referrals totalling over 50 hours of volunteering
- 1st Volunteer Forum
- 1st Volunteer Training Session

All in less than a year of launching!



Impact and Value

"As both a volunteer for the Good Neighbours Trust, and also as a Trustee, my satisfaction and fulfilment are that I not only actively participate and interact with the more vulnerable in our community, but I also can be part of the shaping of policy and values within the Good Neighbours Rural Peterborough Trust. While volunteers support the charity in a variety of roles, one of the lesser-known volunteer roles is that of a Trustee who sits on the organisation's Board of Trustees. I see it as a privilege to be able to do both roles".

—Derek, Trustee and Newborough Volunteer April 2021





Impact and Value

*“It is so good to know that an organisation like this exists
so that we can refer people in need to local support”*

(Early Help Team Worker Adult Social Care 1/2/21)

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(Early Help Team Worker Adult Social Care 1/2/21)



Impact and Value

- “After volunteering for the Newborough COVID Support Group I realized how many elderly and vulnerable people there are in our village and most importantly how lonely people have been. I like to think I make a small difference to a few people and I also enjoy being part of a small team who all feel the same as I do.
- Kindness costs nothing ”. *Wendy, Lead Volunteer Newborough May 2021*



Impact and Value

- “I have always found that you receive more from volunteering than you give.” *Belinda, Castor Volunteer May 2021*



Impact and Value

- “By volunteering I feel I can support and add value to the community and help those that are in need and don't have a family network close by. Just by taking someone shopping or for a appointment can really take away the worry about how they are going to manage.
- During 2020 pandemic has made me realise how important showing a bit of kindness can do for someone. Just by asking are you ok makes a huge difference to someone who lives alone etc.
- As I am around 100 miles away from my mother (who is 91) knowing that there was good neighbourhood scheme round her would be a great comfort and this is one of the main reasons I did become part of Good Neighbours”. *Diane, Newborough Volunteer May 2021*



Impact and Value

“ Good Neighbours have a good network of local connections and volunteers, and are able to respond promptly and compassionately to the needs of rural people facing difficulties!”

(Steve Harknett COVID Hub 12/3/2021)



Impact and Value

“I have volunteered for Age UK for some years, but with the pandemic and lockdowns, I have been unable to continue with that. I joined Wendy and her team delivering hot meals and assisting locally, so when the GNRP came along, it was the perfect chance to stay involved within my local community” *Meg, Newborough Volunteer May 2021*

Ambitions & Long Term Strategy

- COVID recovery – and beyond -supporting people to be confident re-socialising in the community
- Membership of Full Parish Network supporting GNRP
- Development of new community focused initiatives identified within the Parish Network
- Exploring interest from Urban Parish Councils



Acknowledgements

Our heartfelt thanks to:

- **All our valuable volunteers, we could not do this without you!**

- **Our Funders:**

- Peterborough City Council (PCC)
- Peterborough Council for Voluntary Services (PCVS)
- Cambridgeshire Community Foundation
- Officers from the NHS and PCC for their time, advice and support as members of our Working Group
- Geek Design, OCS-UK IT Support and Inkwell Printers for your patience and support



