



Empowering
Young Minds



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‘Releasing the Passion within’

**Holistic Provision for Minority Young
adults**

Trustees Annual Report

2022-2023 Financial Period

Charity Registration Number: 1186083

This report sets our achievement during financial year 2022/23 and our intended work in the next financial year. A key focus of our work this year has been education and personal development.

During the 2022/23 financial year, we increased our activities and programmes for young adults and increased our online Inspirational Talks. These were designed to encourage and support young adults. Our delivery increased in scope and broaden the participation of young adults.

We fostered collaboration with partner organisations with similar objectives and extended our relationship with schools and colleges.

During the financial year, we worked with Gateway Community Training CIC. Gateway Community Training CIC delivers pre-employability training and employer lead job opportunities to young adults so that they can be economically self-sufficient and develop long life career plans and safer productive futures.

We extended our after-school Maths and English club across East England so that teenagers and young adults can develop an interest in Maths and English to adequately prepare for their relevant exams and qualifications. This supplementary teaching and learning enabled students to improve their Maths and English skills.

Financial Overview

The organisation recorded income of £6,140 in the financial year ending 31st March 2023. We spent £6,171 during the period under review. We were fortunate to receive benefits in kind for our hall hire and our office space which totalled £1,550. We received a total of £1,520 from families and friends and from other EYM supporters. Fundraising activities totalled £1,200. During the year under review, we spent £1,067 organising face to face Maths and English classes for GCSE and A Level students and Employability Skills for young adults across South East England. Our Educational Resources Materials amounted to £328. We also paid £200 for the management of our websites.

Future Plan

Our plan for the next financial year is to run workshops and training in Music, performing Arts and Creative Arts where young adults can connect with other young adults and carry the skills and confidence they acquire into their everyday life. These inspiring workshops and training, delivered in settings where they feel comfortable and safe, are intended to re-engage young adults who have been excluded from schools and others who feel excluded from society. The workshops and training programmes

will also contribute significantly to their quality of life and help in the process of developing their whole being. They will be encouraged to unleash their creativity, ignite their imaginations, develop their confidence and build relationships. The focus, also, is to promote social inclusion among young adults and assisting them to integrate into society. Due to poor educational or skills attainment, some young adults miss out on opportunities to work, study and access training. This leaves them facing entrenched poverty, due to lack of regular income, resulting in social exclusion.

Who we are

Our Organisational structure

The charity was registered on 31st October 2019. As a result of its registration, the charity is managed by a Board of Trustees. The Board meets regularly to plan and implement fund raising programmes and activities, discuss activities for implementation to meet our strategic goals and monitor the outcomes and progress of programmes and activities.

Our Vision:

Our vision is to unlock the passion and talent of young adults and together we will create the right environment and structure for them to thrive.

Our Mission:

EYM wishes to bring new life and hope to young adults by providing them with the skills which will empower them to transform their lives.

Our Object:

To advance in life and relieve needs of young people in South East England through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals;
- (c) Advancing education.

We believe that:

- Children and Young adults have innate qualities, talents and potentials which can be tapped and fully utilised, with support and encouragement.
- Young adults should be provided with equality of opportunity and be encouraged to develop the concept of mutual respect.
- Young adults should be provided with the facilities and resources which will enable them to take control of their lives and participate effectively in their communities.
 - Youth work changes lives, therefore, we champion all those who support young adults, particularly the role of volunteers in youth work.

Our Core Values

- Achieving true potential - We are committed to enabling our minority young adults in London to achieve their true potential. Our staff, volunteers, partners and other stake holders will put the right structure and provide the right environment to enable this to happen.
- Improving the quality of life
- A focus on the future
- Transforming dreams into reality. We encourage new ideas and embrace change and innovation
- Integrity – We care about what we do and endeavour to act with integrity, be reliable, honest, trustworthy and transparent. Youth work changes lives. We form true and non-judgemental relationships.
- Fun – We enjoy what we do, promote a safe and informal environment where young adults and staff can relax, have fun with a purpose. We will create a stable and fun place that grows their confidence, determination and sense of belonging.
- People -Centred: We put young people first. The remit of our work provide opportunities for young people to exercise genuine power, take decisions and follow them through. Our work seeks to tip the balance of power in young people's favour. We are committed to equality, diversity and inclusion.

Thank you to our donors

Empowering Young Minds (EYM) relies heavily on funding from donors and fundraising activities to make a difference to the lives of young people. We wish to thank all our donors for giving hope and new life to young adults.

Volunteers

We wish to thank our small team of volunteers who serve in various ways and capacities round the clock, endlessly and tirelessly, to ensure that the strategic goals of our organisation are met.

A number of our face to face public engagement events and other work would not be possible without the contribution of our volunteers. We are very grateful to all those who have contributed to our work over the past year.

We particularly want to thank our Inspirational Speakers and the facilitators for our Maths, English and Employability Skills trainers who gave voluntary services in their respective areas of expertise.

Governance

Structure and management

Empowering Young Minds (EYM) is a registered charity. The charity was founded 2019 and became a registered charity in 2020. The governing body of the organisation is the Board of Trustees.

Risk management

The Trustees have in place a system of control for the authorisation, payment and monitoring of programmes and activities.

Statement of Trustees' responsibilities

The Trustees of the Empowering Young Minds (EYM) are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and regulations. Charity law requires Trustees to prepare financial statements for each financial year in

accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law, Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources for that period.

In preparing these financial statements, Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable United Kingdom Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;

and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by Trustees on 17th August 2023.

Empowering Young Minds (EYM)**Statement of Financial Activities****Accounting Period 1st April 2022 to 31st March 2023**

	Mar-23	Mar-22
Incoming Resources	££	££
Trustees Contributions	820	772
Fundraising Activities	1200	-
Donations from Family /Friends / Supporters	1520	500
Church Donations	500	500
Benefits in Kind Re Hall & Office Hire	1550	1045
Beneficiaries Contribution to training costs	550	534
Total Incoming Resources	<u>6,140</u>	<u>3,351</u>
Resources Expended		
Inspirational Speakers benevolence	688	600
Facilitators training Maths & English & Employability Skills	1067	750
Educational Resources Materials	328	-
Website/ Internet/ Zoom Costs	220	180
Website maintenance & management	200	200
Office Costs	98	85
Youth Centre Activity Costs	725	-
Food & Entertainment for young People	525	-
Hall Hire costs	1800	960
Volunteer Expenses	520	440
Total Resources Expended	<u>6,171</u>	<u>3,215</u>
Excess Income / Expenses	<u>-31</u>	<u>136</u>

Statement of Assets & Liabilities as at 31st March 2023

Fixed Assets

Computer /Printer/ Accessories	641	641
Laptop	550	550
Office Furniture	430	430
Total Fixed Assets	1,621	1,621

Current Assets

Cash & Bank Balance	105	136
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Current Liabilities

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Net Current Assets	105	136
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Long Term Loan	1500	1,500
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Net Assets of the Charity

	226	257
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Total Funds of the Organisation

	226	257
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