

Empowering Young Minds

Trustees Report

For Year Ending 31st March 2021

Organisational structure

The charity was registered on 31st October 2019. As a result of its registration, the charity is managed by a Board of Trustees. The Board meets regularly to plan and implement fund raising programmes and activities, discuss activities for implementation to meet our strategic goals and monitor the outcomes and progress of programmes and activities.

Risk management

The Trustees have in place a system of control for the authorisation, payment and monitoring of programmes and activities.

Our Vision:

Our vision is to unlock the passion and talent of young adults and together we will create the right environment and structure for them to thrive.

Our Mission:

EYM wishes to bring new life and hope to young adults by providing them with the skills which will empower them to transform their lives.

Our Object:

To advance in life and relieve needs of young people in North London through:

(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;

(b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals;

(c) Advancing education.

We believe that:

- Children and Young adults have innate qualities, talents and potentials which can be tapped and fully utilised, with support and encouragement.
- Young adults should be provided with equality of opportunity and be encouraged to develop the concept of mutual respect.

- Young adults should be provided with the facilities and resources which will enable them to take control of their lives and participate effectively in their communities.
- Youth work changes lives, therefore, we champion all those who support young adults, particularly the role of volunteers in youth work.

Our Core Values

- Achieving true potential - We are committed to enabling our minority young adults in London to achieve their true potential. Our staff, volunteers, partners and other stake holders will put the right structure and provide the right environment to enable this to happen.
- Improving the quality of life
- A focus on the future
- Transforming dreams into reality. We encourage new ideas and embrace change and innovation
- Integrity – We care about what we do and endeavour to act with integrity, be reliable, honest, trustworthy and transparent. Youth work changes lives. We form true and non-judgemental relationships.
- Fun – We enjoy what we do, promote a safe and informal environment where young adults and staff can relax, have fun with a purpose. We will create a stable and fun place that grows their confidence, determination and sense of belonging.
- People -Centred: We put young people first. The remit of our work provide opportunities for young people to exercise genuine power, take decisions and follow them through. Our work seeks to tip the balance of power in young people's favour. We are committed to equality, diversity and inclusion.

General Summary

After registration with the Charity Commission, the organisation employed a consultant to undertake a full strategic review of the organisation and prepared a rolling five-year strategic plan. This came into effect on 1st November 2019. This plan will continue to give a clear direction for the future and increase our activities and programmes for young people.

Due to Co-vid 19, the organisation only recorded income of £2,026 in the first financial year ending March 2021. We spent £1807 during the period under review. As part of our expenses in the first year of operation, we paid £450 for our website design and incurred costs of £180 for our website, internet facility and Zoom costs. We paid £480 for the hire of halls for our Homework Club and for face-to-face meetings before Co-vid 19 pandemic started.

Due to the Co-vid 19 pandemic, the organisation had to suspend all face-to-face activities and programmes and start implementing online Zoom programmes.

The pandemic has had an impact on our charity as it has caused us to alter how we provide our support amid restrictions to continue assisting our young beneficiaries. Following the beginning of the first lockdown in March 2020, we started offering emotional and educational support and inspirational talks online via Zoom for disadvantaged young people. Due to issues arising from isolation such as increased mental health problems, we particularly focused our help on developing wellbeing and coping strategies, ensuring that our beneficiaries knew they were not alone and could always turn to us for support in the most challenging of times. Young people were invited as Inspirational Speakers to speak to our young adults and talk about their journey, the challenges they faced along the way and how they were able to overcome these challenges.

Current Activities

Since the easing of restrictions, we have operated following social distancing guidelines, and if new restrictions are implemented such as a lockdown, we shall continue to provide as much support as we can remotely to address the various problems our service users will experience such as isolation, struggles with schoolwork and poor mental health.

Our Strategic Objectives

Due to Co-vid 19 pandemic, we were unable to meet all our strategic objectives in full. We recognise that there is still much to do in some areas.

Objective 1: To provide a holistic Youth Development Programme for disengaged young adults

Achievement

- We provided Zoom training and workshops covering a range of areas such as confidence building and personal development, healthy eating, nutrition and weight management.
- We also ran Zoom emotional and lifestyle support Talks during the Lockdown to improve the emotional, social and mental wellbeing of young adults.

Future Plans

- 'Talks' would be recorded and made available and accessed as a resource. This can be forms of e-learning or e-information resource.

Objective 2: Instil the values of self-respect, self-reliance, responsibility, accountability and good citizenship which will help young adults to work towards their fullest potential.

Achievements

- We used young adults to empower other young adults by inviting young adults to speak (on Zoom) about their careers – Accountants, Musicians, etc. How they got

to where they are, the route they took, what it is like to be involved in that particular profession or career.

Future Plans

- Support the enhancement of young ambassadors and EYM champions with the purpose of identifying the issues affecting local young adults, working with other young adults to find solutions, their involvement in making decisions which affect their environment and community and their assistance in fundraising activities.

Objective 3: Provide a homework club and after school programmes, where young adults can be more aware and take greater responsibility for their own learning journey.

Achievement

- Before Co-vid 19 started, we provided a homework club where children completed their homework in a safe, supervised setting and supportive environment outside the classroom, out of school hours and away from any form of distraction at home. This programme was suspended in January 2020 due to the start of Co-vid 19 pandemic.

Future Plans

- Provide summer holiday workshop for young adults where they can go, have activities to engage them during the summer break.

Thank you to our donors

Empowering Young Minds (EYM) relies heavily on funding from donors and fundraising activities to make a difference to the lives of young people in North London. We wish to thank all our donors for giving hope and new life to young people.

We also wish to thank our small team of volunteers who serve in various ways and capacities round the clock, endlessly and tirelessly, to ensure that the strategic goals of our organisation are met.

Statement of Trustees Responsibilities

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with Charities Commission and the Statement of Recommended Practice in the United Kingdom.

The law applicable to charities in England and Wales, the Charities Act 1993, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for

that period. In preparing those financial statements, trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charity SORP
- Make judgements and estimates that are reasonable and prudent
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Empowering Young Minds (EYM)**Statement of Financial Activities**

Accounting Period 1st November 2019 to 31st March 2021

	££
Incoming Resources	
Trustees Contributions	700
Other Donations	400
Beneficiaries Contribution (On line Training)	426
Church Donations	500
Total Incoming Resources	<u>2,026</u>
Resources Expended	
Website/ Internet/ Zoom Costs	180
Website Designer	450
Office Costs	397
Hire Of Halls	480
Consultants. Legal / Business Plan	300
Total Resources Expended	<u>1,807</u>
Excess Income / Expenses	<u>219</u>

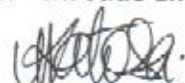
Statement of Assets & Liabilities as at 31st March 2021

Fixed Assets	
Computer /Printer/ Accessories	641
Laptop	550
Office Furniture	430
Total Fixed Assets	<u>1,621</u>
Current Assets	
Cash & Bank Balance	98
Current Liabilities	-
Net Current Assets	<u>98</u>
Long Term Loan	1,500
Net Assets of the Charity	<u>219</u>
Total Funds of the Organisation	<u>219</u>

This financial statement is approved by the Trustees and signed on their behalf

Trustee: Mr Jude Emmanuel -Ukato

Signed



Date 10/12/2021

Trustee: Mr Momoh Charles Kai Kai

Signed



Date

10/12/2021