

EMPOWERING YOUNG MINDS

England & Wales - Charity number 1186083

Details

Status Registered

Legal form CIO

Registered 2019-10-31

Register [View on the Charity Commission register](#)

Contact

Address Flat 55
Haddo House
Haddo St
London

Phone 07985279263

Email bamikoleroberts@yahoo.co.uk

Website www.eyminds.org

Activities

Objects: To advance in life and relieve needs of young people in South East England through:(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;(b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals;(c) Advancing education.

Activities: We motivate and empower young people through building positive relationships by co-creating solutions, with them taking the lead and using guided intervention to fulfil their individual aspirations. We also run mentoring and emotional and wellbeing programmes and work with them to develop employability skills and a combination of personality traits, behaviours and social attitudes.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

Geography

- Throughout London

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|--------|-------------|--------|-----------|
| 2025-03-31 | £4,650 | £4,495 | - | - |
| 2024-03-31 | £4,565 | £4,400 | - | - |
| 2023-03-31 | £6,140 | £6,171 | - | - |
| 2022-03-31 | £2,783 | £2,637 | - | - |
| 2021-03-31 | £2,026 | £1,807 | - | - |

Trustees

| Name | Role | Appointed |
|-------------------------|-------|------------|
| Momoh Charles KaiKai | Chair | 2018-06-01 |
| Jude Osa Emmanuel-Ukato | | 2018-06-01 |
| Mary-Emelda Ettie Small | | 2022-01-21 |

EMPOWERING YOUNG MINDS

England & Wales - Charity number 1186083

Accounts



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Empowering Young Minds



‘Releasing the Passion within’

Trustees Annual Report

And

Financial Statement (Accounts)

2024-2025 Financial Period

Charity Registration Number: 1186083

Empowering Young Minds (EYM) Trustees' Annual Report For the year ended 31 March 2025

Reference and Administrative Information

Charity Details

Charity Name: Empowering Young Minds (EYM)

Charity Registration Number: 1186083

Legal Form: Charitable Incorporated Organisation (CIO)

Governing Document: CIO Constitution (adopted 31 October 2019; amended 6 December 2021)

Reporting Period: 1 April 2024 to 31 March 2025

Trustees:

Momoh Charles KaiKai

Mary-Emelda Ettie Small

Jude Osa Emmanuel-Ukato

Principal Address:

Flat 55

Haddo House

Haddo Street

London SE10 9SF

Structure, Governance and Management

Empowering Young Minds is governed by its Constitution, which sets out the charity's objects, powers, and administrative provisions. The charity is overseen by a Board of Trustees who are responsible for setting strategic direction, ensuring compliance with charity law, safeguarding assets, and monitoring financial performance.

Trustees meet regularly to review operational progress, financial performance, and risk. Day-to-day management is delegated where appropriate, with trustees maintaining oversight through reporting and review mechanisms.

New trustees are inducted through an orientation process that includes familiarisation with the charity's governing document, policies, financial controls, and safeguarding responsibilities.

Objects and Activities

The charity's objects, as set out in its governing document, are to advance education, relieve poverty, and promote the personal, social, and economic development of young people, particularly those from disadvantaged backgrounds.

During the reporting period, Empowering Young Minds pursued these objects through:

- Delivery of educational and employability skills training, including Maths, English, and life skills.
- Youth centre-based activities designed to promote confidence, discipline, and positive social engagement.
- Pastoral support, mentoring, and recreational activities aimed at improving emotional wellbeing.
- Engagement with families, churches, and community partners to support holistic youth development.

In planning and delivering activities, the trustees have had due regard to the Charity Commission's public benefit guidance and remain satisfied that the charity's work continues to provide clear public benefit.

Achievements and Performance

During the year, the charity successfully delivered its core programmes despite operating with modest financial resources. Highlights included:

- Continued delivery of structured training programmes for young people.
- Increased engagement from beneficiaries, reflected in higher contributions toward training costs.
- Sustained support from trustees, churches, and individual donors.
- Effective use of volunteers to maximise impact while controlling costs.

The trustees are encouraged by the positive feedback received from beneficiaries and community stakeholders, and by the charity's ability to maintain programme continuity throughout the year.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with the Charities Commission and the United Kingdom Statement of Recommended Practice.

The law applicable to charities in England and Wales, the Charities Act 1993, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires trustees to prepare financial statements for each financial Year which give an accurate and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charity SORP.
- Make reasonable, prudent judgments and estimates.
- Prepare the financial statements on a going-concern basis unless it is inappropriate to assume the charity will continue in business.
- They are also responsible for safeguarding the charity's assets and, hence, for taking reasonable steps to prevent and detect fraud and other irregularities.

Financial Review and Analysis

Financial Sustainability

The trustees consider the charity to be financially stable at the reporting date. While reserves remain modest, the organisation continues to benefit from strong trustee support, loyal donors, and effective cost management. The trustees acknowledge the importance of diversifying income streams and strengthening reserves in future years to support growth and resilience, particularly in light of planned programme expansion and international initiatives.

Overview

The Statement of Financial Activities (SoFA) for the year ended 31 March 2025 reflects the charity's ongoing commitment to delivering its charitable objectives in a financially responsible manner, maintaining prudent financial management. The charity recorded a modest surplus, reflecting careful control of expenditure and sustained support from trustees, donors, churches, and beneficiaries. Total incoming resources for the year amounted to £4,650 (2024: £4,565), representing a slight increase of £85 (1.9%) compared with the previous year. The total resources expended was £4,495 (2024: £4,400), resulting in a net surplus of £155 (2024: £165).

Income Analysis

Total incoming resources for the year amounted to £4,650 (2024: £4,565), representing a slight increase of £85 (1.9%) compared with the previous year. Income during the year was derived from a diverse range of voluntary and charitable sources, consistent with the charity's objectives and fundraising strategy.

Key income streams included:

- Trustees' contributions increased to £980 (2024: £500), reflecting the continued personal financial commitment and stewardship of trustees to the charity's work.
- Fundraising Activities generated £850 (2024: £1,580), reflecting a decrease year-on-year, attributable to fewer organised fundraising events during the reporting period.
- Donations from Family, Friends, and Supporters rose to £1,780 (2024: £1,500), highlighting growing confidence and goodwill from the charity's support base.
- Church Donations remained relatively stable at £720 (2024: £790), continuing to be an important and reliable source of support.

- Trustees' Contributions increased significantly to £980 (2024: £500), demonstrating continued personal commitment and financial stewardship from trustees.
- Beneficiaries' Contributions to Training Costs increased to £320 (2024: £195), indicating greater engagement and shared ownership of programmes by beneficiaries.

The charity also benefited from non-cash support in the form of facilities and services provided in kind; however, no reliable monetary value has been attributed to these benefits in the financial statements.

Expenditure Analysis

Total resources expended during the year were £4,495 (2024: £4,400), an increase of £95 (2.2%), broadly in line with the growth in activity. Expenditure was incurred wholly in furtherance of the charity's charitable activities and in line with its stated objectives.

Key areas of expenditure included:

- Facilitators' Training (Maths, English, and Employability Skills) accounted for £1,250 (2024: £1,375), reflecting continued investment in programme quality and delivery.
- Youth Centre Activity Costs remained a major cost area at £1,150 (2024: £1,065), supporting direct engagement with young people.
- Hall Hire Costs reduced to £575 (2024: £650), indicating improved cost efficiency.
- Food and Entertainment for Young People and Volunteer Expenses remained stable and proportionate to programme needs.
- Digital and Administrative Costs (website, internet, Zoom, office costs) increased modestly, reflecting the charity's growing reliance on digital platforms for engagement and delivery.

The trustees remain satisfied that the majority of expenditure continues to be applied directly to charitable activities, with administrative costs kept to a minimum.

Assets and Liabilities

As at 31 March 2025, the charity's financial position remained stable:

- Fixed Assets totalled £1,621, unchanged from the previous year, comprising IT equipment and office furniture used to support programme delivery.
- Current Assets consisted of £270 in cash and bank balances, with no current liabilities.
- The charity continues to carry a long-term loan of £1,500, unchanged from the previous year.
- Net Assets stood at £391, consistent with the prior year.

The charity's net assets at the year-end amounted to £391 (2024: £391), all of which are unrestricted funds.

Reserves Policy

The trustees have reviewed the charity's reserves policy in line with Charity Commission guidance. The charity defines reserves as unrestricted funds available for general purposes.

Given the charity's current size, funding model, and expenditure profile, the trustees aim to maintain a modest level of unrestricted reserves sufficient to:

- Meet short-term operational commitments,
- Provide limited protection against unforeseen reductions in income, and
- Support continuity of core activities.

At 31 March 2025, unrestricted reserves stood at £391 (2024: £391). While this level of reserves is limited, the trustees consider it appropriate in the context of the charity's reliance on ongoing donations, trustee support, and careful cost management. The trustees recognise the importance of building reserves over time and will continue to review this policy annually as the charity grows and its activities expand.

Going Concern Statement

The trustees have considered the charity's financial position, income streams, expenditure commitments, and cash flow forecasts for at least twelve months from the date of approval of these financial statements. Based on this review, the trustees are satisfied that the charity has adequate resources to continue in operational existence for the foreseeable future.

Accordingly, the trustees have adopted the going concern basis in preparing the financial statements. There are no material uncertainties that cast significant doubt on the charity's ability to continue as a going concern.

Plans for Future Periods

In the coming year, the charity intends to:

- Strengthen fundraising capacity and donor engagement,
- Expand educational and youth development programmes where resources allow,
- Build strategic partnerships locally and internationally,
- Improve financial resilience through reserve growth and income diversification.

Thank you to our donors and members

FBC AA UK relies heavily on donor and member funding, as well as fundraising activities. We thank all our donors and the entire organisation's membership for their generous donations and subscriptions. Our membership currently stands at over 50 and continues to grow from strength to strength.

Approved by the Board of Trustees and signed on its behalf:

Empowering Young Minds (EYM)

Statement of Financial Activities

| Accounting Period 1st April 2024 to 31st March 2025 | Mar-25 | Mar-24 |
|--|---------------|---------------|
| Incoming Resources | | ££ |
| Trustees Contributions | 980 | 500 |
| Fundraising Activities | 850 | 1580 |
| Donations from Family /Friends / Supporters | 1780 | 1500 |
| Church Donations | 720 | 790 |
| Benefits in Kind Re Hall & Office Hire | | |
| Beneficiaries Contribution to training costs | 320 | 195 |
| Total Incoming Resources | <u>4650</u> | <u>4,565</u> |
| Resources Expended | | |
| Facilitators training Maths & English & Employability Skills | 1250 | 1375 |
| Educational Resources Materials | 150 | 123 |
| Website/ Internet/ Zoom Costs | 340 | 246 |
| Website maintenance & management | 240 | 188 |
| Office Costs | 285 | 205 |
| Youth Centre Activity Costs | 1150 | 1065 |
| Food & Entertainment for young People | 320 | 338 |
| Hall Hire costs | 575 | 650 |
| Volunteer Expenses | 185 | 210 |
| Total Resources Expended | <u>4495</u> | <u>4,400</u> |

| | | |
|---------------------------------|------------|------------|
| Excess Income / Expenses | 155 | 165 |
|---------------------------------|------------|------------|

Statement of Assets & Liabilities as at 31st March 2024

Fixed Assets

| | | |
|--------------------------------|--------------|--------------|
| Computer /Printer/ Accessories | 641 | 641 |
| Laptop | 550 | 550 |
| Office Furniture | 430 | 430 |
| Total Fixed Assets | 1,621 | 1,621 |

Current Assets

| | | |
|---------------------|-----|-----|
| Cash & Bank Balance | 270 | 270 |
|---------------------|-----|-----|

Current Liabilities

0 -

| | | |
|---------------------------|------------|------------|
| Net Current Assets | 270 | 270 |
|---------------------------|------------|------------|

| | | |
|----------------|------|------|
| Long Term Loan | 1500 | 1500 |
|----------------|------|------|

Net Assets of the Charity

391 391

Total Funds of the Organisation

391 391

EMPOWERING YOUNG MINDS

England & Wales - Charity number 1186083

Accounts



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‘Releasing the Passion within’

**Holistic Provision for Minority Young
adults**

Trustees Annual Report

2023-2024 Financial Period

Charity Registration Number: 1186083

We are pleased to provide you with our 2023/24 Trustees Annual Report which sets our achievement this financial year and our intended work in 2024/25 and beyond.

We extended our after-school Maths and English club across East England so that teenagers and young adults can develop an interest in Maths and English to adequately prepare for their relevant exams and qualifications. This supplementary teaching and learning enabled students to improve their Maths and English skills.

There is a high demand for our training programmes but available spaces for young people are limited. We are encouraging donations to enable us to further increase our intake of beneficiaries.

Financial Overview

Our total incoming resources in 2023/24 was £4,565 and resources expended was £4,400.

During the year under review, our fundraising activities increased from £1,200 to £1,580. This was due to the collective effort of our volunteers who continue to work tirelessly to transform the lives of young people.

We received a total of £1,500 from families and friends and from other EYM supporters.

Our Church donations increased from £500 to £790. This is due to their belief in the value of the work we are doing.

During the year under review, we spent £1,375 in our GCSE and A Level Maths and English provision and in our Employability Skills provision for young people across South East England.

Educational resources materials amounted to £123. This is due to a reduction in some of our courses.

Our volunteer expenses fell from £520 to £210. This is due to increased control. In addition, some volunteers agreed to forgo their expenses due to the fact that they believe and can relate to our work with young people.

Future Plan

Our plan for the next financial year is to continue to increase our Maths and English provisions and provide more workshops and training in Music, performing Arts and Creative Arts, to enable more young adults to connect with other young adults.

We will continue to provide inspiring workshops and training for young people in settings where they feel comfortable and safe. The workshops

and training programmes will also contribute significantly to their quality of life and help in the process of developing their whole being.

Our Organisational structure and Management

Empowering Young Minds (EYM) is a registered charity. The charity was founded 2019 and became a registered charity in 2020. The governing body of the organisation is the Board of Trustees. The Board meets regularly to plan and implement fund raising programmes and activities, discuss activities for implementation to meet our strategic goals and monitor the outcomes and progress of programmes and activities.

Our Vision:

Our vision is to unlock the passion and talent of young adults and together we will create the right environment and structure for them to thrive.

Our Mission:

EYM wishes to bring new life and hope to young adults by providing them with the skills which will empower them to transform their lives.

Our Object:

To advance in life and relieve needs of young people in South East England through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals;
- (c) Advancing education.

We believe that:

- Children and Young adults have innate qualities, talents and potentials which can be tapped and fully utilised, with support and encouragement.
- Young adults should be provided with equality of opportunity and be encouraged to develop the concept of mutual respect.

- Young adults should be provided with the facilities and resources which will enable them to take control of their lives and participate effectively in their communities.
- Youth work changes lives, therefore, we champion all those who support young adults, particularly the role of volunteers in youth work.

Thank you to our donors

Empowering Young Minds (EYM) relies heavily on funding from donors and fundraising activities to make a difference to the lives of young people. We wish to thank all our donors for giving hope and new life to young adults.

Volunteers

We wish to thank our small team of volunteers who serve in various ways and capacities round the clock, endlessly and tirelessly, to ensure that the strategic goals of our organisation are met.

A number of our face to face public engagement events and other work would not be possible without the contribution of our volunteers. We are very grateful to all those who have contributed to our work over the past year.

We particularly want to thank our Inspirational Speakers and the facilitators for our Maths, English and Employability Skills trainers who gave voluntary services in their respective areas of expertise.

Risk management

The Trustees have in place a system of control for the authorisation, payment and monitoring of programmes and activities.

Empowering Young Minds (EYM)

Statement of Financial Activities

| Accounting Period 1st April 2023 to 31st March 2024 | Mar-24 | Mar-23 |
|--|-------------------|-------------------|
| Incoming Resources | ££ | ££ |
| Trustees Contributions | 500 | 820 |
| Fundraising Activities | 1580 | 1200 |
| Donations from Family /Friends / Supporters | 1500 | 1520 |
| Church Donations | 790 | 500 |
| Benefits in Kind Re Hall & Office Hire | | 1550 |
| Beneficiaries Contribution to training costs | 195 | 550 |
| Total Incoming Resources | <u>4,565</u> | <u>6,140</u> |
| Resources Expended | | |
| Inspirational Speakers benevolence | 0 | 688 |
| Facilitators training Maths & English & Employability Skills | 1375 | 1067 |
| Educational Resources Materials | 123 | 328 |
| Website/ Internet/ Zoom Costs | 246 | 220 |
| Website maintenance & management | 188 | 200 |
| Office Costs | 205 | 98 |
| Youth Centre Activity Costs | 1065 | 725 |
| Food & Entertainment for young People | 338 | 525 |
| Hall Hire costs | 650 | 1800 |
| Volunteer Expenses | 210 | 520 |
| Total Resources Expended | <u>4,400</u> | <u>6,171</u> |
| Excess Income / Expenses | <u>165</u> | <u>-31</u> |

Statement of Assets & Liabilities as at 31st March 2024

Fixed Assets

| | | |
|--------------------------------|--------------|--------------|
| Computer /Printer/ Accessories | 641 | 641 |
| Laptop | 550 | 550 |
| Office Furniture | 430 | 430 |
| Total Fixed Assets | <u>1,621</u> | <u>1,621</u> |

Current Assets

| | | |
|---------------------|-----|-----|
| Cash & Bank Balance | 270 | 105 |
|---------------------|-----|-----|

Current Liabilities

- -

| | | |
|--------------------|------------|------------|
| Net Current Assets | <u>270</u> | <u>105</u> |
|--------------------|------------|------------|

| | | |
|----------------|------|------|
| Long Term Loan | 1500 | 1500 |
|----------------|------|------|

Net Assets of the Charity

391 226

Total Funds of the Organisation

391 226

EMPOWERING YOUNG MINDS

England & Wales - Charity number 1186083

Accounts



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‘Releasing the Passion within’

**Holistic Provision for Minority Young
adults**

Trustees Annual Report

2022-2023 Financial Period

Charity Registration Number: 1186083

This report sets our achievement during financial year 2022/23 and our intended work in the next financial year. A key focus of our work this year has been education and personal development.

During the 2022/23 financial year, we increased our activities and programmes for young adults and increased our online Inspirational Talks. These were designed to encourage and support young adults. Our delivery increased in scope and broaden the participation of young adults.

We fostered collaboration with partner organisations with similar objectives and extended our relationship with schools and colleges.

During the financial year, we worked with Gateway Community Training CIC. Gateway Community Training CIC delivers pre-employability training and employer lead job opportunities to young adults so that they can be economically self-sufficient and develop long life career plans and safer productive futures.

We extended our after-school Maths and English club across East England so that teenagers and young adults can develop an interest in Maths and English to adequately prepare for their relevant exams and qualifications. This supplementary teaching and learning enabled students to improve their Maths and English skills.

Financial Overview

The organisation recorded income of £6,140 in the financial year ending 31st March 2023. We spent £6,171 during the period under review. We were fortunate to receive benefits in kind for our hall hire and our office space which totalled £1,550. We received a total of £1,520 from families and friends and from other EYM supporters. Fundraising activities totalled £1,200. During the year under review, we spent £1,067 organising face to face Maths and English classes for GCSE and A Level students and Employability Skills for young adults across South East England. Our Educational Resources Materials amounted to £328. We also paid £200 for the management of our websites.

Future Plan

Our plan for the next financial year is to run workshops and training in Music, performing Arts and Creative Arts where young adults can connect with other young adults and carry the skills and confidence they acquire into their everyday life. These inspiring workshops and training, delivered in settings where they feel comfortable and safe, are intended to re-engage young adults who have been excluded from schools and others who feel excluded from society. The workshops and training programmes

will also contribute significantly to their quality of life and help in the process of developing their whole being. They will be encouraged to unleash their creativity, ignite their imaginations, develop their confidence and build relationships. The focus, also, is to promote social inclusion among young adults and assisting them to integrate into society. Due to poor educational or skills attainment, some young adults miss out on opportunities to work, study and access training. This leaves them facing entrenched poverty, due to lack of regular income, resulting in social exclusion.

Who we are

Our Organisational structure

The charity was registered on 31st October 2019. As a result of its registration, the charity is managed by a Board of Trustees. The Board meets regularly to plan and implement fund raising programmes and activities, discuss activities for implementation to meet our strategic goals and monitor the outcomes and progress of programmes and activities.

Our Vision:

Our vision is to unlock the passion and talent of young adults and together we will create the right environment and structure for them to thrive.

Our Mission:

EYM wishes to bring new life and hope to young adults by providing them with the skills which will empower them to transform their lives.

Our Object:

To advance in life and relieve needs of young people in South East England through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals;
- (c) Advancing education.

We believe that:

- Children and Young adults have innate qualities, talents and potentials which can be tapped and fully utilised, with support and encouragement.
- Young adults should be provided with equality of opportunity and be encouraged to develop the concept of mutual respect.
- Young adults should be provided with the facilities and resources which will enable them to take control of their lives and participate effectively in their communities.
 - Youth work changes lives, therefore, we champion all those who support young adults, particularly the role of volunteers in youth work.

Our Core Values

- Achieving true potential - We are committed to enabling our minority young adults in London to achieve their true potential. Our staff, volunteers, partners and other stake holders will put the right structure and provide the right environment to enable this to happen.
- Improving the quality of life
- A focus on the future
- Transforming dreams into reality. We encourage new ideas and embrace change and innovation
- Integrity – We care about what we do and endeavour to act with integrity, be reliable, honest, trustworthy and transparent. Youth work changes lives. We form true and non-judgemental relationships.
- Fun – We enjoy what we do, promote a safe and informal environment where young adults and staff can relax, have fun with a purpose. We will create a stable and fun place that grows their confidence, determination and sense of belonging.
- People -Centred: We put young people first. The remit of our work provide opportunities for young people to exercise genuine power, take decisions and follow them through. Our work seeks to tip the balance of power in young people's favour. We are committed to equality, diversity and inclusion.

Thank you to our donors

Empowering Young Minds (EYM) relies heavily on funding from donors and fundraising activities to make a difference to the lives of young people. We wish to thank all our donors for giving hope and new life to young adults.

Volunteers

We wish to thank our small team of volunteers who serve in various ways and capacities round the clock, endlessly and tirelessly, to ensure that the strategic goals of our organisation are met.

A number of our face to face public engagement events and other work would not be possible without the contribution of our volunteers. We are very grateful to all those who have contributed to our work over the past year.

We particularly want to thank our Inspirational Speakers and the facilitators for our Maths, English and Employability Skills trainers who gave voluntary services in their respective areas of expertise.

Governance

Structure and management

Empowering Young Minds (EYM) is a registered charity. The charity was founded 2019 and became a registered charity in 2020. The governing body of the organisation is the Board of Trustees.

Risk management

The Trustees have in place a system of control for the authorisation, payment and monitoring of programmes and activities.

Statement of Trustees' responsibilities

The Trustees of the Empowering Young Minds (EYM) are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and regulations. Charity law requires Trustees to prepare financial statements for each financial year in

accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law, Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources for that period.

In preparing these financial statements, Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable United Kingdom Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;

and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by Trustees on 17th August 2023.

Empowering Young Minds (EYM)**Statement of Financial Activities****Accounting Period 1st April 2022 to 31st March 2023****Mar-23****Mar-22****Incoming Resources****££****££**

Trustees Contributions

820

772

Fundraising Activities

1200

-

Donations from Family /Friends / Supporters

1520

500

Church Donations

500

500

Benefits in Kind Re Hall & Office Hire

1550

1045

Beneficiaries Contribution to training costs

550

534

Total Incoming Resources

6,1403,351**Resources Expended**

Inspirational Speakers benevolence

688

600

Facilitators training Maths & English & Employability Skills

1067

750

Educational Resources Materials

328

-

Website/ Internet/ Zoom Costs

220

180

Website maintenance & management

200

200

Office Costs

98

85

Youth Centre Activity Costs

725

-

Food & Entertainment for young People

525

-

Hall Hire costs

1800

960

Volunteer Expenses

520

440

Total Resources Expended

6,1713,215**Excess Income / Expenses****-31****136**

Statement of Assets & Liabilities as at 31st March 2023

Fixed Assets

| | | |
|--------------------------------|--------------|--------------|
| Computer /Printer/ Accessories | 641 | 641 |
| Laptop | 550 | 550 |
| Office Furniture | <u>430</u> | <u>430</u> |
| Total Fixed Assets | <u>1,621</u> | <u>1,621</u> |

Current Assets

| | | |
|---------------------|-----|-----|
| Cash & Bank Balance | 105 | 136 |
|---------------------|-----|-----|

Current Liabilities

| | |
|---|---|
| - | - |
|---|---|

| | | |
|--------------------|------------|------------|
| Net Current Assets | <u>105</u> | <u>136</u> |
|--------------------|------------|------------|

| | | |
|----------------|------|-------|
| Long Term Loan | 1500 | 1,500 |
|----------------|------|-------|

Net Assets of the Charity

| | |
|------------|------------|
| <u>226</u> | <u>257</u> |
|------------|------------|

Total Funds of the Organisation

| | |
|------------|------------|
| <u>226</u> | <u>257</u> |
|------------|------------|

EMPOWERING YOUNG MINDS

England & Wales - Charity number 1186083

Accounts

Empowering Young Minds (EYM) Trustees Annual Report (TAR) For Year Ending 31st March 2022

Organisational structure

The charity is managed by a Board of Trustees which meets regularly to plan and implement fund raising programmes and activities, discuss activities for implementation to meet our strategic goals and monitor the outcomes and progress of programmes and activities.

Risk management

The Trustees have put in place a system of control for the authorisation, payment and monitoring of programmes and activities.

Our Vision:

Our vision is to unlock the passion and talent of young adults and together we will create the right environment and structure for them to thrive.

Our Mission:

EYM wishes to bring new life and hope to young adults by providing them with the skills which will empower them to transform their lives.

Our Object:

To advance in life and relieve needs of young people in South East England through:

(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;

(b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals;

(c) Advancing education.

We believe that:

- Children and Young adults have innate qualities, talents and potentials which can be tapped and fully utilised, with support and encouragement.
- Young adults should be provided with equality of opportunity and be encouraged to develop the concept of mutual respect.

- Young adults should be provided with the facilities and resources which will enable them to take control of their lives and participate effectively in their communities.
- Youth work changes lives, therefore, we champion all those who support young adults, particularly the role of volunteers in youth work.

Our Core Values

- Achieving true potential - We are committed to enabling our minority young adults in London to achieve their true potential. Our staff, volunteers, partners and other stake holders will put the right structure and provide the right environment to enable this to happen.
- Improving the quality of life
- A focus on the future
- Transforming dreams into reality. We encourage new ideas and embrace change and innovation
- Integrity – We care about what we do and endeavour to act with integrity, be reliable, honest, trustworthy and transparent. Youth work changes lives. We form true and non-judgemental relationships.
- Fun – We enjoy what we do, promote a safe and informal environment where young adults and staff can relax, have fun with a purpose. We will create a stable and fun place that grows their confidence, determination and sense of belonging.
- People -Centred: We put young people first. The remit of our work provide opportunities for young people to exercise genuine power, take decisions and follow them through. Our work seeks to tip the balance of power in young people's favour. We are committed to equality, diversity and inclusion.

General Summary

The organisation has prepared a rolling five-year strategic plan. This came into effect on 1st November 2021. This plan will continue to give a clear direction for the future and increase our activities and programmes for young people.

The organisation recorded income of £2,782.86 in the financial year ending 31st March 2022. We spent £2,636.62 during the period under review. During the year under review, we organised face to face Inspirational Talks and personal development sessions for young adults across South East England. We also paid £250 for the management of our websites.

We continue to provide some Inspirational Talks and support sessions on Zoom which was very easy for some beneficiaries who prefer to have online sessions.

Young people continue to be our main source for our Inspirational Talks as young people feel more comfortable and can relate to them easily. We invite these young adults to talk about their journey, the challenges they faced along the way and how they were able to overcome these challenges.

Current Activities

Our current activities continue to be our Personal Development sessions, Emotional Wellbeing sessions and our Homework clubs.

Thank you to our donors

Empowering Young Minds (EYM) relies heavily on funding from donors and fundraising activities to make a difference to the lives of young people in South East England. We wish to thank all our donors for giving hope and new life to young people.

We also wish to thank our small team of volunteers who serve in various ways and capacities round the clock, endlessly and tirelessly, to ensure that the strategic goals of our organisation are met.

Statement of Trustees Responsibilities

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with Charities Commission and the Statement of Recommended Practice in the United Kingdom.

The law applicable to charities in England and Wales, the Charities Act 1993, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charity SORP
- Make judgements and estimates that are reasonable and prudent
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Empowering Young Minds (EYM)
Statement of Financial Activities
For the year ending 31st March 2022

| | 2021-22 | 2021-22 | 2020-21 | 2020-21 |
|--|---------|----------------|---------|----------------|
| Incoming Resources | | | | |
| Trustees Contributions | | 1200.00 | | 700.00 |
| Other Donations | | 850.00 | | 400.00 |
| Beneficiaries Contribution | | 620.00 | | 426.00 |
| Church Donations | | 112.86 | | 500.00 |
| Total Incoming Resources | | 2782.86 | | 2026.00 |
| Resources Expended | | | | |
| Website/Internet/Zoom Costs | 150.00 | | | 180.00 |
| Website Designer | | | | 450.00 |
| Website Management | 250.00 | | | |
| Office Costs | 526.62 | | | 397.00 |
| Hire of Halls | 1710.00 | | | 480.00 |
| Consultant: Legal/Business Plan | | | | 300.00 |
| Total Resources Expended | | 2636.62 | | 1807.00 |
| Excess Income/Expenses | | 146.24 | | 219.00 |
| Opening Balance | | 219.00 | | 0.00 |
| Closing Fund Balance | | 365.24 | | 219.00 |
| Fixed Assets | | | | |
| Computer/Printer/Accessories | | 641.00 | | 641.00 |
| Laptop | | 550.00 | | 550.00 |
| Office Furniture | | 430.00 | | 430.00 |
| Total Fixed Assets | | 1621.00 | | 1621.00 |
| Current Assets | | | | |
| Cash & Bank Balance | 25.24 | | 98.00 | |
| Current Liabilities | 0.00 | | 0.00 | |
| Net Current Assets | | 25.24 | | 98.00 |
| Long Term Loan | | 1281.00 | | 1500.00 |
| Net Assets of the Charity | | 365.24 | | 219.00 |
| Total Funds of the Organisation | | 365.24 | | 219.00 |

EMPOWERING YOUNG MINDS

England & Wales - Charity number 1186083

Accounts

Empowering Young Minds Trustees Report For Year Ending 31st March 2021

Organisational structure

The charity was registered on 31st October 2019. As a result of its registration, the charity is managed by a Board of Trustees. The Board meets regularly to plan and implement fund raising programmes and activities, discuss activities for implementation to meet our strategic goals and monitor the outcomes and progress of programmes and activities.

Risk management

The Trustees have in place a system of control for the authorisation, payment and monitoring of programmes and activities.

Our Vision:

Our vision is to unlock the passion and talent of young adults and together we will create the right environment and structure for them to thrive.

Our Mission:

EYM wishes to bring new life and hope to young adults by providing them with the skills which will empower them to transform their lives.

Our Object:

To advance in life and relieve needs of young people in North London through:

(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;

(b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals;

(c) Advancing education.

We believe that:

- Children and Young adults have innate qualities, talents and potentials which can be tapped and fully utilised, with support and encouragement.
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General Summary

After registration with the Charity Commission, the organisation employed a consultant to undertake a full strategic review of the organisation and prepared a rolling five-year strategic plan. This came into effect on 1st November 2019. This plan will continue to give a clear direction for the future and increase our activities and programmes for young people.

Due to Co-vid 19, the organisation only recorded income of £2,026 in the first financial year ending March 2021. We spent £1807 during the period under review. As part of our expenses in the first year of operation, we paid £450 for our website design and incurred costs of £180 for our website, internet facility and Zoom costs. We paid £480 for the hire of halls for our Homework Club and for face-to-face meetings before Co-vid 19 pandemic started.

Due to the Co-vid 19 pandemic, the organisation had to suspend all face-to-face activities and programmes and start implementing online Zoom programmes.

The pandemic has had an impact on our charity as it has caused us to alter how we provide our support amid restrictions to continue assisting our young beneficiaries. Following the beginning of the first lockdown in March 2020, we started offering emotional and educational support and inspirational talks online via Zoom for disadvantaged young people. Due to issues arising from isolation such as increased mental health problems, we particularly focused our help on developing wellbeing and coping strategies, ensuring that our beneficiaries knew they were not alone and could always turn to us for support in the most challenging of times. Young people were invited as Inspirational Speakers to speak to our young adults and talk about their journey, the challenges they faced along the way and how they were able to overcome these challenges.

Current Activities

Since the easing of restrictions, we have operated following social distancing guidelines, and if new restrictions are implemented such as a lockdown, we shall continue to provide as much support as we can remotely to address the various problems our service users will experience such as isolation, struggles with schoolwork and poor mental health.

Our Strategic Objectives

Due to Co-vid 19 pandemic, we were unable to meet all our strategic objectives in full. We recognise that there is still much to do in some areas.

Objective 1: To provide a holistic Youth Development Programme for disengaged young adults

Achievement

- We provided Zoom training and workshops covering a range of areas such as confidence building and personal development, healthy eating, nutrition and weight management.
- We also ran Zoom emotional and lifestyle support Talks during the Lockdown to improve the emotional, social and mental wellbeing of young adults.

Future Plans

- 'Talks' would be recorded and made available and accessed as a resource. This can be forms of e-learning or e-information resource.

Objective 2: Instil the values of self-respect, self-reliance, responsibility, accountability and good citizenship which will help young adults to work towards their fullest potential.

Achievements

- We used young adults to empower other young adults by inviting young adults to speak (on Zoom) about their careers – Accountants, Musicians, etc. How they got

to where they are, the route they took, what it is like to be involved in that particular profession or career.

Future Plans

- Support the enhancement of young ambassadors and EYM champions with the purpose of identifying the issues affecting local young adults, working with other young adults to find solutions, their involvement in making decisions which affect their environment and community and their assistance in fundraising activities.

Objective 3: Provide a homework club and after school programmes, where young adults can be more aware and take greater responsibility for their own learning journey.

Achievement

- Before Co-vid 19 started, we provided a homework club where children completed their homework in a safe, supervised setting and supportive environment outside the classroom, out of school hours and away from any form of distraction at home. This programme was suspended in January 2020 due to the start of Co-vid 19 pandemic.

Future Plans

- Provide summer holiday workshop for young adults where they can go, have activities to engage them during the summer break.

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Empowering Young Minds (EYM)
Statement of Financial Activities
Accounting Period 1st November 2019 to 31st March 2021

| | ££ |
|---|--------------|
| Incoming Resources | |
| Trustees Contributions | 700 |
| Other Donations | 400 |
| Beneficiaries Contribution (On line Training) | 426 |
| Church Donations | 500 |
| Total Incoming Resources | <u>2,026</u> |
| Resources Expended | |
| Website/ Internet/ Zoom Costs | 180 |
| Website Designer | 450 |
| Office Costs | 397 |
| Hire Of Halls | 480 |
| Consultants. Legal / Business Plan | 300 |
| Total Resources Expended | <u>1,807</u> |
| Excess Income / Expenses | <u>219</u> |

Statement of Assets & Liabilities as at 31st March 2021

| | |
|--|--------------|
| Fixed Assets | |
| Computer /Printer/ Accessories | 641 |
| Laptop | 550 |
| Office Furniture | 430 |
| Total Fixed Assets | <u>1,621</u> |
| Current Assets | |
| Cash & Bank Balance | 98 |
| Current Liabilities | |
| Net Current Assets | <u>98</u> |
| Long Term Loan | 1,500 |
| Net Assets of the Charity | <u>219</u> |
| Total Funds of the Organisation | <u>219</u> |

This financial statement is approved by the Trustees and signed on their behalf

Trustee: Mr Jude Emmanuel -Ukato

Signed 

Date 10/12/2021

Trustee: Mr Momoh Charles Kai Kai

Signed 

Date

10/12/2021