

ACHIEVING RECOVERY THROUGH SPORT

England & Wales · Charity number 1186077

Details

Other names A.R.T.S.

Status Registered

Legal form CIO

Registered 2019-10-31

Register [View on the Charity Commission register](#)

Contact

Address 21 Browning Road
Maldon
Essex
CM9 6BU

Phone 077957595506

Email bdhunt@hotmail.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:TO PROMOTE THE REHABILITATION OF THOSE RECOVERING FROM ADDICTIONS TO DRUGS, ALCOHOL AND OTHERADDICTIONS BY:-1. PROVIDING ADVICE AND SUPPORT TO THOSE RECOVERING AND THEIR FAMILIES;2. PROMOTING COMMUNITY PARTICIPATION IN HEALTH RECREATION BY ORGANISING ACTIVITIES SUCH AS FUN RUNSAND FOOTBALL TOURNAMENTS OPEN FOR THOSE RECOVERING FROM ADDICTION AND THE WIDER PUBLIC TO HELPTHEM INTEGRATE BACK INTO SOCIETY; AND3. ARRANGING FAMILY DAYS OUT FOR THOSE RECOVERING FROM AN ADDICTION.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSESWHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT(SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008].

Activities: To promote the rehabilitation of those recovering from additions to drugs, alcohol and other addictions. By providing guidance and support to those recovering and their families by their participation in the health recreation of sports, organising activities such as fun runs and football and Golf and fishing tournaments, family fun days for their families to promote the family back to normal life

Classification

- **How:** Provides Other Finance, Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Children/young People, Other Defined Groups

Geography

- Essex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£0	£0	£0	-
2024-04-30	£0	£0	£0	-
2023-04-30	£0	£0	£0	-
2022-04-30	£300	£3,737		-
2021-04-30	£0	£2,364		-

Trustees

Name	Role	Appointed
Annette Duce		2025-05-19
Brian Hunt		2019-10-31
Jeremy Robison		2025-05-19

ACHIEVING RECOVERY THROUGH SPORT

England & Wales - Charity number 1186077

Accounts



Trustees' Annual Report for the period

From **01/05/2024** Period start date To **30/04/2025** Period end date

Charity name: Achieving Recovery Through Sport

Charity registration number: 1186077

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote the rehabilitation of those recovering from addictions to drugs, alcohol and other addictions.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing guidance and support to those recovering and their families. Promoting community participation in health recreation by organising activities such as fun runs and football tournaments open to those recovering from addiction and the wider public.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	For this reporting period all activities and therefore achievements were on hold whilst the charity was temporarily not functioning, subject to review.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Healthy funds at present.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held for use of the charity's activities.
Amount of reserves held	Para 1.22	The charity has unrestricted reserves of £3708.59.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	A review is taking place as to the future of the charity.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Election

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Achieving Recovery Through Sport
Other name the charity uses	
Registered charity number	1186077
Charity's principal address	Boreham House Main Road Boreham Chelmsford CM3 3HY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Brian Hunt			
2				
3				
4				
5				
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7				
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10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

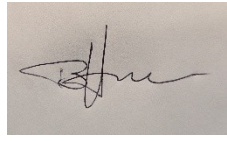
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Brian Hunt

Position (eg Secretary,
Chair, etc)

Chair

Date

9.02.2026

ACHIEVING RECOVERY THROUGH SPORT

England & Wales - Charity number 1186077

Accounts



Trustees' Annual Report for the period

From **1/05/2023** Period start date To **30/04/2024** Period end date

Charity name: **Achieving Recovery Through Sport**

Charity registration number: **1186077**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote the rehabilitation of those recovering from addictions to drugs, alcohol and other addictions.
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Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	For this reporting period all activities and therefore achievements were on hold whilst the charity was temporarily not functioning, subject to review.

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The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

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Other name the charity uses	
Registered charity number	1186077
Charity's principal address	Boreham House Main Road Boreham Chelmsford CM3 3HY

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	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

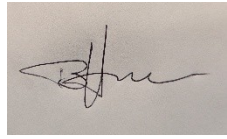
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Brian Hunt

Position (eg Secretary,
Chair, etc)

Chair

Date

25/12/24

ACHIEVING RECOVERY THROUGH SPORT

England & Wales - Charity number 1186077

Accounts



Trustees' Annual Report for the period

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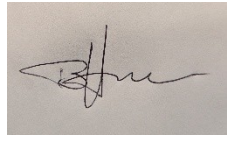
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Brian Hunt

Position (eg Secretary,
Chair, etc)

Secretary

Date

10/12/24

ACHIEVING RECOVERY THROUGH SPORT

England & Wales - Charity number 1186077

Accounts

Charity Registration No: 1186077

ACHIEVING RECOVERY THROUGH SPORT

TRUSTEES' REPORT AND UNAUDIED ACCOUNTS

FOR THE PERIOD ENDED 30 APRIL 2022

**ACHIEVING RECOVERY THROUGH SPORT
LEGAL AND ADMINISTRATIVE INFORMATION**

Trutees	PJ Brown BD Hunt Ms T Ward
Charity number	1186077
Accountant	TJN Accountancy Limited 33 Blackwood Chine South Woodham Ferrers Essex CM3 5FZ

**ACHIEVING RECOVERY THROUGH SPORT
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**ACHIEVING RECOVERY THROUGH SPORT
TRUSTEES' REPORT
FOR THE PERIOD ENDED 30 APRIL 2022**

The trustees present their report and accounts for the period ended 30 April 2022.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the CIO's constitution dated 30 April 2019, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Structure, governance and management

The CIO was established by a charitable trust deed on 30 April 2019.

The trustees who served during the period were:

PJ Brown
BD Hunt
Ms T Ward

New trustees are recruited in accordance with the constitution through assessment of appropriate skills and knowledge and appointed by resolution.

The trustees have assessed the major risks to which the CIO is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Objectives and activities

The CIO's objectives are to promote the rehabilitation of those recovering from addictions to drugs, alcohol and other addictions.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the CIO should undertake.

Achievements and performance

The charity has distributed reserves to charitable events in year. We have struggled to generate income from events and with costs exceeding income have taken the view to shut the charity down, after all the reserves are distributed

Financial Review

The CIO has unrestricted reserves of £2,711. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

On behalf of the board of trustees



T Ward

Dated: 20 January 2023

ACHIEVING RECOVERY THROUGH SPORT

ACCOUNTANTS' REPORT TO THE TRUSTEES ON THE PREPARATION OF THE UNAUDITED ACCOUNTS OF ACHIEVING RECOVERY THROUGH SPORT FOR THE PERIOD ENDED 30 APRIL 2022

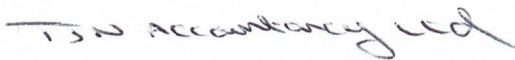
In order to assist you to fulfil your duties under the Charities Act 2011, we have prepared for your approval the accounts of Achieving Recovery Through Sport for the period ended 30 April 2022, set out on pages 3 to 5 from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at icaew.com/regulations.

This report is made to the charity's as a body, in accordance with the terms of our engagement letter dated 1 April 2022. Our work has been undertaken solely to prepare for your approval the accounts of Achieving Recovery Through Sport and state those matters that we have agreed to state to the charity's as a body, in this report in accordance with AAF 2/10 as detailed at icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Achieving Recovery Through Sport and the charity's trustees as a body, for our work or for this report.

It is your duty to ensure that the charity has kept adequate accounting records and to prepare accounts that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory audit requirement for the period, and is not required to obtain an independent examiner's reports.

We have not been instructed to carry out an audit or review of the accounts. For this reason we have not verified or completeness of the accounting records or information and explanations you have given us and we do not, therefore express any opinion on the accounts.



TJN Accountancy Limited

33 Blackwood Chine
South Woodham Ferrers
Essex
CM3 5FZ

Dated: 20 January 2023

**ACHIEVING RECOVERY THROUGH SPORT
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 30 APRIL 2022**

	2022	2021
<u>Income resources from generated funds</u>		
Donations and legacies	10	-
Incoming resources from charitable activities	290	-
	<hr/>	<hr/>
Total incoming resources	300	-
<u>Resources expended</u>		
Charitable activities		
Events	800	-
	<hr/>	<hr/>
Governance costs	2,937	2,364
	<hr/>	<hr/>
Total resources expended	3,737	2,364
	<hr/>	<hr/>
Net income for the year/ Net movement in funds	(3,437)	(2,364)
Fund balance at start of year	6,148	8,512
	<hr/>	<hr/>
Fund balance at end of year	2,711	6,148
	<hr/>	<hr/>

**ACHIEVING RECOVERY THROUGH SPORT
BALANCE SHEET
AS AT 30 APRIL 2022**

	Notes	2022		2021	
		£	£	£	£
Current assets					
Debtors	2	2,711		6,148	
		<hr/>		<hr/>	
			<u>2,711</u>		<u>6,148</u>
Income funds					
Unrestricted funds			2,711		6,148
			<hr/>		<hr/>
			<u>2,711</u>		<u>6,148</u>

The accounts were approved by the Trustees on 20 January 2023.



T Ward

**ACHIEVING RECOVERY THROUGH SPORT
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 30 APRIL 2022**

1 Accounting Policies

1.1 Basis of Preparation

The financial statements have been prepared on the receipts and payments basis under the historic cost convention in accordance with applicable accounting standards and the Charities Act 2011. The financial statements have been prepared in accordance with the Statement of Recommended Practice. Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) as updated by bulletin 1 and the Charities Act 2011.

The accounts have been prepared in accordance with applicable accounting standards, the statement of Recommended Practice, "Accounting and Reporting by Charities". Issued in March 2005 and the Charities Act 2011.

1.2 Incoming resources

Donations, legacies and other forms of voluntary income are recognised as incoming resources when they are received.

2 Debtors

	2022	2021
	£	£
Amounts owed by group undertakings	<u>2,711</u>	<u>6,148</u>

ACHIEVING RECOVERY THROUGH SPORT

England & Wales - Charity number 1186077

Accounts

Charity Registration No: 1186077

ACHIEVING RECOVERY THROUGH SPORT

TRUSTEES' REPORT AND UNAUDIED ACCOUNTS

FOR THE PERIOD ENDED 30 APRIL 2021

**ACHIEVING RECOVERY THROUGH SPORT
LEGAL AND ADMINISTRATIVE INFORMATION**

Trutees	PJ Brown BD Hunt Ms T Ward
Charity number	1186077
Accountant	TJN Accountancy Limited 33 Blackwood Chine South Woodham Ferrers Essex CM3 5FZ

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**ACHIEVING RECOVERY THROUGH SPORT
TRUSTEES' REPORT
FOR THE PERIOD ENDED 30 APRIL 2021**

The trustees present their report and accounts for the period ended 30 April 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the CIO's constitution dated 30 April 2019, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Structure, governance and management

The CIO was established by a charitable trust deed on 30 April 2019.

The trustees who served during the period were:

PJ Brown
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New trustees are recruited in accordance with the constitution through assessment of appropriate skills and knowledge and appointed by resolution.

The trustees have assessed the major risks to which the CIO is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Objectives and activities

The CIO's objectives are to promote the rehabilitation of those recovering from addictions to drugs, alcohol and other addictions.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the CIO should undertake.

Achievements and performance

The pandemic has meant virtually no activity has taken place in the year.

Financial Review

The CIO has unrestricted reserves of £6,148. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

On behalf of the board of trustees



T Ward

Dated: 29.4.22

ACHIEVING RECOVERY THROUGH SPORT

ACCOUNTANTS' REPORT TO THE TRUSTEES ON THE PREPARATION OF THE UNAUDITED ACCOUNTS OF ACHIEVING RECOVERY THROUGH SPORT FOR THE PERIOD ENDED 30 APRIL 2021

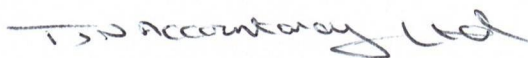
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CM3 5FZ

Dated: 29.4.22

**ACHIEVING RECOVERY THROUGH SPORT
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 30 APRIL 2021**

	2021	2020
<u>Income resources from generated funds</u>		
Donations and legacies	-	8,760
Incoming resources from charitable activities	-	3,083
	<hr/>	<hr/>
Total incoming resources	-	11,843
<u>Resources expended</u>		
Charitable activities		
Events	-	1,651
	<hr/>	<hr/>
Governance costs	2,364	1,680
	<hr/>	<hr/>
Total resources expended	2,364	3,331
	<hr/>	<hr/>
Net income for the year/ Net movement in funds	(1,964)	8,512
Fund balance at start of year	8,512	-
	<hr/>	<hr/>
Fund balance at end of year	6,148	8,512
	<hr/>	<hr/>

**ACHIEVING RECOVERY THROUGH SPORT
BALANCE SHEET
AS AT 30 APRIL 2021**

	Notes	2021 £	£	2020 £	£
Current assets					
Debtors	2	6,148		8,512	
		<hr/>		<hr/>	
			6,148		8,512
			<hr/>		<hr/>
Income funds					
Unrestricted funds			6,148		8,512
			<hr/>		<hr/>
			6,148		8,512
			<hr/>		<hr/>

The accounts were approved by the Trustees on 29 April 2022.



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**ACHIEVING RECOVERY THROUGH SPORT
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 30 APRIL 2021**

1 Accounting Policies

1.1 Basis of Preparation

The financial statements have been prepared on the receipts and payments basis under the historic cost convention in accordance with applicable accounting standards and the Charities Act 2011. The financial statements have been prepared in accordance with the Statement of Recommended Practice. Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) as updated by bulletin 1 and the Charities Act 2011.

The accounts have been prepared in accordance with applicable accounting standards, the statement of Recommended Practice, "Accounting and Reporting by Charities". Issued in March 2005 and the Charities Act 2011.

1.2 Incoming resources

Donations, legacies and other forms of voluntary income are recognised as incoming resources when they are received.

2 Debtors

	2021	2020
	£	£
Amounts owed by group undertakings	<u>6,148</u>	<u>8,512</u>