



# Trustees' Annual Report for the period

| From | Period start date |       |      | To | Period end date |       |      |
|------|-------------------|-------|------|----|-----------------|-------|------|
|      | 1                 | April | 2022 |    | 31              | March | 2023 |

## Section A Reference and administration details

Charity name

Punarnava Healing Community

Other names charity is known by

NA

Registered charity number (if any)

1186043

Charity's principal address

414 Peninsula Apartments

4 Praed Street

London

Postcode

W2 1JE

### Names of the charity trustees who manage the charity

|    | Trustee name    | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-----------------|-----------------|-----------------------------------|---|
| 1  | Ritika Patni    | NA              | NA                                | NA  |
| 2  | Renu Gulati     | NA              | NA                                | NA  |
| 3  | Geetha Mohandas | NA              | NA                                | NA  |
| 4  | Ramkumar Kutty  | NA              | NA                                | NA  |
| 5  |                 |                 |                                   |   |
| 6  |                 |                 |                                   |   |
| 7  |                 |                 |                                   |   |
| 8  |                 |                 |                                   |   |
| 9  |                 |                 |                                   |   |
| 10 |                 |                 |                                   |   |
| 11 |                 |                 |                                   |   |
| 12 |                 |                 |                                   |   |
| 13 |                 |                 |                                   |   |
| 14 |                 |                 |                                   |   |
| 15 |                 |                 |                                   |   |
| 16 |                 |                 |                                   |   |
| 17 |                 |                 |                                   |   |
| 18 |                 |                 |                                   |   |
| 19 |                 |                 |                                   |   |
| 20 |                 |                 |                                   |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

## Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

## Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Section B Structure, governance and management

### Description of the charity's trusts

|   |   |
|---|---|
| Type of governing document<br>(eg. trust deed, constitution)        | Constitution adopted on 27 October 2019   |
| How the charity is constituted<br>(eg. trust, association, company) | CIO   |
| Trustee selection methods<br>(eg. appointed by, elected by)         | The first charity trustees are as follows, and are appointed for a term of 3 years from date of appointment |

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

|  |
|--|
|  |
|--|

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The objects of the CIO are:

- a) The advancement of education;
- b) The prevention and relief of poverty;
- c) The preservation and protection of good health.

In furtherance of these objects the charity will make grants of financial assistance to support the charitable work of organisations established to undertake projects and schemes for the benefit of socially and

economically disadvantaged members of communities in India.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Due to various unexpected disruptions that were caused owing to COVID-19, the Trustees were stuck in different parts of the world and were unable to set up a bank account yet and undertake any activities in the past year.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

Due to various unexpected disruptions that were caused owing to COVID-19, the Trustees were stuck in different parts of the world and were unable to set up a bank account yet and undertake any activities in the past year.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

Due to various unexpected disruptions that were caused owing to COVID-19, the Trustees were stuck in different parts of the world and were unable to set up a bank account yet and undertake any activities in the past year.

**Details of any funds materially in deficit**

Not applicable

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

**Section F****Other optional information**

Due to various unexpected disruptions that were caused owing to COVID-19, the Trustees were stuck in different parts of the world and were unable to set up a bank account yet and undertake any activities in the past year.

**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |              |  |
|-------------------------------------|--------------|--|
| Signature(s)                        | Ritika Patni |  |
| Full name(s)                        | Ritika Patni |  |
| Position (eg Secretary, Chair, etc) | Trustee      |  |
| Date                                | 10/12/2024   |  |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Punarnava Healing Community

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

4/1/2022

To

3/31/2023

### Section A Receipts and payments

|   | Unrestricted<br>funds | Restricted<br>funds | Endowment<br>funds | Total funds      | Last year        |
|---|-----------------------|---------------------|--------------------|------------------|------------------|
|   | to the nearest £      | to the nearest £    | to the nearest £   | to the nearest £ | to the nearest £ |
| <b>A1 Receipts</b>  |                       |                     |                    |                  |                  |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>Sub total</b> (Gross income for AR)                    | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>A2 Asset and investment sales,<br/>(see table).</b>    |                       |                     |                    |                  |                  |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>Sub total</b>  | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>Total receipts</b>                                     | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>A3 Payments</b>  |                       |                     |                    |                  |                  |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
|   | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>Sub total</b>  | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>A4 Asset and investment<br/>purchases, (see table)</b> |                       |                     |                    |                  |                  |
|   | 0.00                  | 0.00                | 0.00               | 0.00             |                  |
|   | 0.00                  | 0.00                | 0.00               | 0.00             |                  |
| <b>Sub total</b>  | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>Total payments</b>                                     | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>Net of receipts/(payments)</b>                         | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>A5 Transfers between funds</b>                         | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>A6 Cash funds last year end</b>                        | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |
| <b>Cash funds this year end</b>                           | 0.00                  | 0.00                | 0.00               | 0.00             | 0.00             |

Section B Statement of assets and liabilities at the end of the period

| Categories  | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds   |  | 0.00                               | 0.00                             | 0.00                            |
|   |  | 0.00                               | 0.00                             | 0.00                            |
|   |  | 0.00                               | 0.00                             | 0.00                            |
|   | <b>Total cash funds</b>                                | 0.00                               | 0.00                             | 0.00                            |
|   | (agree balances with receipts and payments account(s)) | OK                                 | OK                               | OK                              |
|   |  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
| B2 Other monetary assets                                    | Details  |                                    |                                  |                                 |
|   |  | 0.00                               | 0.00                             | 0.00                            |
|   |  | 0.00                               | 0.00                             | 0.00                            |
|   |  | 0.00                               | 0.00                             | 0.00                            |
|   |  | 0.00                               | 0.00                             | 0.00                            |
|   |  | 0.00                               | 0.00                             | 0.00                            |
|   |  | 0.00                               | 0.00                             | 0.00                            |
| B3 Investment assets  | Details  | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
| B4 Assets retained for the charity's own use                | Details  | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
|   |  |                                    | 0.00                             | 0.00                            |
| B5 Liabilities  | Details  | Fund to which liability relates    | Amount due (optional)            | When due (optional)             |
|   |  |                                    | 0.00                             |                                 |
|   |  |                                    | 0.00                             |                                 |
|   |  |                                    | 0.00                             |                                 |
|   |  |                                    | 0.00                             |                                 |
| Signed by one or two trustees on behalf of all the trustees | Signature  | Print Name                         | Date of approval                 |                                 |
|   | Ritika Patni   | Ritika Patni                       | 12/10/2024                       |                                 |
|   |  |                                    |                                  |                                 |