



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## **Trustees' Annual Report for the period**

**From: 1 January 2024 Period end date 31 December 2024**

**Charity name: Red Kite Rape and Sexual Abuse Support Service**

**Charity registration number: 1185947**

## **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to survivors of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>To provide a Helpline which creates a safe space for survivors of rape and sexual abuse to contact, in order to speak to trained volunteers or qualified therapists who will listen, believe, validate and empathise with them. Red Kite provides psychological first aid and practical support to manage their difficulties in life which provides them with the capacity to process the sexual violence experiences. We triage their needs, making onward referrals to other agencies as appropriate. We provide therapy through a variety of means, whether one-to-one or in groups.</p> <p>Red Kite provides therapy (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative and quantitative improvements are monitored by standard questionnaires and feedback forms and recorded for performance reporting purposes.</p> <p>We operate a mixed model of service combining a virtual office and online services with face-to-face consultations with Therapists in their consulting rooms or</p>

		other safe spaces according to client preference.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Board of Trustees have read, considered and agreed to abide by the guidance issued by the Charity Commission on public benefit.

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Our Fundraising Policy dictates that we will only apply for funds from ethical companies who operate from a strong moral basis. This decision also conforms to our Ethics Policy.
Policy on social investment including program related investment	Para 1.38	Red Kite is not yet in a position to participate in investments.
Contribution made by volunteers	Para 1.38	<p>Volunteers donate their time to operate a Support Helpline. Therapists deliver therapy at preferred rates to provide advice and therapy to callers to helpline to enable as many people as possible to benefit within the funding available. They also offer their consulting rooms at no cost to Red Kite.</p> <p>The Friends of Red Kite volunteer their time to raise awareness of Red Kite and attract potential clients to receive services. Their wider role is to undertake an educative function in society, whilst engaging with local communities to promote a no tolerance approach to misogyny and patriarchy. These strategies aim to promote greater societal norms regarding equality of everyone regarding whether they engage in sexual activity or not. They also engage in collecting service user feedback and low-level fundraising.</p>
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, development, provision and delivery of training materials, management of finances, fundraising, PR and communications with media, and secretarial duties for Board meetings.

## Achievements and Performance

	SORP reference																																																		
		<div>Process</div> <table><tr><td>No. of Clients helped</td><td colspan="6"></td></tr><tr><td>Types of help given</td><td>2024 Total</td><td>2023</td><td>2022</td><td>2021</td><td>2020</td><td>Grand Total</td></tr><tr><td>.</td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>Counselling Session</td><td>198</td><td>116</td><td>128</td><td>30</td><td>2</td><td>474</td></tr><tr><td>Welfare Check Call</td><td>307</td><td>199</td><td>286</td><td>74</td><td></td><td>866</td></tr><tr><td>Group Session</td><td>196</td><td>14</td><td></td><td></td><td></td><td>210</td></tr><tr><td>Grand Total</td><td>701</td><td>329</td><td>414</td><td>104</td><td>2</td><td>1,550</td></tr></table>	No. of Clients helped							Types of help given	2024 Total	2023	2022	2021	2020	Grand Total	.							Counselling Session	198	116	128	30	2	474	Welfare Check Call	307	199	286	74		866	Group Session	196	14				210	Grand Total	701	329	414	104	2	1,550
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### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Achievements in accordance with Strategic Business Plan and Communications Strategy
Performance of fundraising activities against objectives set	Para 1.41	Slightly less than anticipated, but sufficient to meet operational needs for daily activities of the charity. Fundraising ongoing. Challenging environment for fundraising as cost-of-living crisis has diverted funds from other causes.
Investment performance against objectives	Para 1.41	Not applicable.

Other		<p>Friends of Red Kite have attended events in all parts of our catchment to raise awareness and fundraise.</p> <p>Recruitment of Helpline Volunteers and Qualified Accredited Therapists trauma informed ongoing. New roles developed in response to acuity and complexity of clinical need. Peer Support Volunteers and Translating Volunteers are now available to deliver face to face interventions and ensure that independent translation is available for individuals who do not speak English.</p>
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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand on 31 December 2024: £51,589.31
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This is covered in Red Kite's Constitution.
Amount of reserves held	Para 1.22	£30,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

## Additional information (optional)

You may choose to include further statements where relevant about:

Help and Support	Para 1.47	We are grateful to Baldock Music Festival for making Red Kite a chosen charity and giving it a proportion of the funding raised. We are also indebted to all our other funders including Mullocks Estate Agents and Mill Green Nursery.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	<p>Insufficient Funding to deliver the services.</p> <p>Lack of local Counsellor/Therapists</p> <p>Lack of Helpline Volunteers</p> <p>Attrition after training Helpline Volunteers</p> <p>Inability to attract funding sources to deliver services in line with our Business Strategy</p> <p>Loss of Trustees and inability to recruit appropriately qualified Trustees</p>

		Lack of sustainable capacity to deliver and manage the service.
Other		Challenging financial landscape currently averaging 14 grant submissions to 1 successful outcome.

## Structure, Governance and Management

Description of charity's trusts:		Nil
Type of governing document	Para 1.25	Red Kite Constitution (Board of Trustees)
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression Equalities Whistleblowing Recruitment Sustainability Finance Friends of Red Kite
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. The Coordinator of the Friends reports to the line manager Trustee (SN). Helpline Volunteers reporting to Charity Administrator and Trustees. Social Media Volunteers report to the Social Media and Marketing Trustee. Qualified Therapists reporting to the Lead Therapist (JP) Trusted).
	Para 1.51	N/A

Relationship with any related parties		
Other		Nil

## Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	
Registered charity number	1185947
Charity's principal address	79 Havers Lane Bishop's Stortford Herts CM23 3PE

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	Whole year	Board of Trustees
2	Charlotte Shyllon	Deputy Chair	Whole year	Board of Trustees
3	Eamonn Drea	Fundraising Trustee	Whole year	Board of Trustees
4	Shannon Richards	Board Secretary	<u>Whole year</u>	Board of Trustees
5	Luella Dixon	Human Resources	Whole year	Board of Trustees
6	Joanna Papadopoulos	Clinical Lead	Whole year	Board of Trustees
7	Viorel Catalin Vasile	Treasurer	Whole year	Board of Trustees
8	Sinead Corr	Communications and Marketing Trustee	From 17/06/24	Board of Trustees
9	Cathy Spillane	Board Secretary	From 19/11/24	Board of Trustees

Corporate trustees – names of the directors at the date the report was approved.

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	Whole year	Training materials; Policy Folders; Correspondence and Funding applications
Charlotte Shyllon	Whole year	Banking and Finance Materials

Viorel Catalin Vasile	Whole year	Banking and Finance Materials
Eamonn Drea	Whole Year	Banking and Finance Materials

### **Funds held as custodian trustees on behalf of others.**

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### **Additional information (optional)**

#### **Names and addresses of advisers (Optional information)**

<b>Type of adviser</b>	<b>Name</b>	<b>Address</b>
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	Omar.Daniels@redkitesupport.org.uk
Lived Experience Ambassador	Norma Symonds, Former Mayor of Bishop's Stortford	Norma.Symonds@redkitesupport.org.uk

#### **Name of chief executive or names of senior staff members (Optional information)**

N/A
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### **Exemptions from disclosure**

#### **Reason for non-disclosure of key personnel details**

N/A
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### **Other optional information**

N/A
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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Virol Catalin Vasile	Susan Bernadette known as Siobhan Nundram
<b>Date</b>	28/10/2025	28/10/2025





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/01/2024


To

Period end date  
31/12/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	12 894	28 564	-	41 458	28 127
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	12 894	28 564	-	41 458	28 127
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	12 894	28 564	-	41 458	28 127
<b>A3 Payments</b>					
Telephone		1 142	-	1 142	1 047
IT		1 220	-	1 220	395
WAGES					2 784
Marketing		1 236	-	1 236	2 321
Counselling		16 806	-	16 806	7 771
Licenses		960	-	960	-
Venue Hire		525	-	525	-
Travel		449	-	449	-
Insurance		439	-	439	439
Safeguarding					12
Pension Nest					461
Sundry	191	768	-	959	790
<b>Sub total</b>	191	23 545	-	23 736	16 020
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	191	23 545	-	23 736	16 020
<b>Net of receipts/(payments)</b>	12 703	5 019	-	17 722	12 107
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	12 703	5 019	-	17 722	12 107

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank account	37 710	13 879	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>37 710</b>	<b>13 879</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Catalin Vasile	28/10/2025	

