



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: 1 January 2023 Period start date To: 31 December 2023 Period end date

Charity name: Red Kite Rape and Sexual Abuse Support Service

Charity registration number: 1185947

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to survivors of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>To provide a helpline which creates a safe space for survivors of rape and sexual abuse to contact in order to speak to trained volunteers or qualified therapists who will listen, believe, validate and empathise with them. Red Kite provides psychological first aid to them. We triage their needs, making onward referrals to other agencies as appropriate. We provide therapy through a variety of means, whether one-to-one or in groups.</p> <p>Red Kite provides therapy (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative improvements are monitored by standard questionnaires and recorded for performance reporting purposes.</p> <p>We operate a mixed model of service combining a virtual office and online services with face-to-face consultations with Therapists in their consulting rooms according to client preference.</p>
Statement confirming whether the trustees have had regard to the guidance	Para 1.18	The Board of Trustees have read, considered and agreed to abide by the

issued by the Charity Commission on public benefit		guidance issued by the Charity Commission on public benefit.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Our Fundraising Policy dictates that we will only apply for funds from ethical companies who operate from a strong moral basis. This decision also conforms to our Ethics Policy.
Policy on social investment including program related investment	Para 1.38	Red Kite are not yet in a position to participate in investments.
Contribution made by volunteers	Para 1.38	<p>Volunteers donate their time to operate a Support Helpline. Therapists deliver therapy at preferred rates to provide advice and therapy to callers to helpline to enable as many people as possible to benefit within the funding available. They also offer their consulting rooms at no cost to Red Kite.</p> <p>The Friends of Red Kite volunteer their time to raise awareness of Red Kite and attract potential client to receive services. Their wider role is to undertake an educative function in society, whilst engaging with local communities to promote a no tolerance approach to misogyny and greater societal norms regarding equality of everyone regarding whether they engage in sexual activity or not. They also engage in collecting service user feedback and low-level fundraising.</p>
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, provision and delivery of training materials, management of finances, fundraising, PR and communications with media, and secretarial duties for Board meetings.

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In 2023, we had contact with 87 new cases and 128 service users, more than double what we achieved in 2022:</p> <table><tr><th></th><th>2020</th><th>2021</th><th>2022</th><th>2023</th></tr><tr><td>New cases</td><td>3</td><td>71</td><td>39</td><td>87</td></tr><tr><td>In contact</td><td>6</td><td>76</td><td>63</td><td>128</td></tr><tr><td>Counselling sessions</td><td>0</td><td>133</td><td>128</td><td>121</td></tr><tr><td>In Counselling</td><td>2</td><td>9</td><td>19</td><td>15</td></tr></table> <p>Sample of benefits of Red Kite intervention; Impacts from since inception to the end of December 2023 following the same 4 service user's progress:</p> <p>1) Patient Health Questionnaire (PHQ-9) measuring depression 50% improvement 50% no change 2) Generalised anxiety disorder (GAD-7) 100% improvement.</p>		2020	2021	2022	2023	New cases	3	71	39	87	In contact	6	76	63	128	Counselling sessions	0	133	128	121	In Counselling	2	9	19	15
	2020	2021	2022	2023																							
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Counselling sessions	0	133	128	121																							
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Achievements in accordance with Strategic Business Plan and Communications Strategy
Performance of fundraising activities against objectives set	Para 1.41	Slightly less than anticipated, but sufficient to meet operational needs for daily activities of the charity. Fundraising ongoing. Challenging environment for fundraising as cost-of-living crisis has diverted funds from other causes.
Investment performance against objectives	Para 1.41	Not applicable.
Other		<p>Friends of Red Kite have attended events in all parts of our catchment to raise awareness and fundraise.</p> <p>Recruitment of Helpline Volunteers and Qualified Accredited Therapists trauma informed ongoing. New roles developed in response to acuity and complexity of clinical need. Peer Support Volunteers and Translating Volunteers are now available to deliver face to face interventions and ensure that independent translation is available for individuals who do not speak English.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand at 31 December 2023: £51,589.31
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This is covered in Red Kite's Constitution.
Amount of reserves held	Para 1.22	£30,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

Help and Support	Para 1.47	We are grateful to Lloyds Foundation who provided management support to develop the Board. This included a strategy session for all Trustees led by Andrea Kellerman and a fundraising workshop for the Chair and the Fundraising Trustee led by David Payne.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of local Counsellor/Therapists Lack of Helpline Volunteers Attrition after training Helpline Volunteers Inability to attract funding sources to deliver services in line with our Business Strategy Loss of Trustees and inability to recruit appropriately qualified Trustees Lack of sustainable capacity to deliver and manage the service.
Other		Challenging financial landscape currently averaging 14 grant submissions to 1 successful outcome.

Structure, Governance and Management

Description of charity's trusts:		Nil
Type of governing document (trust deed, royal charter)	Para 1.25	Red Kite Constitution (Board of Trustees)

How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression Equalities Whistleblowing Recruitment Sustainability
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. Charity Administrator line managed by managing Trustee (SN) [resigned and left the charity in January 2023 and was not replaced]. The Coordinator of the Friends reports to the line manager Trustee (SN). Helpline Volunteers reporting to Charity Administrator and Trustees. Social Media Volunteers report to the Communications Trustee [they were inactive for most of 2023]. Qualified Therapists reporting to managing Trustee (SN). Clinical issues overseen by Lead Therapist
Relationship with any related parties	Para 1.51	N/A
Other		Nil

Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	
Registered charity number	1185947
Charity's principal address	79 Havers Lane Bishop's Stortford Herts CM23 3PE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	Whole year	Board of Trustees
2	Charlotte Shyllon	Treasurer	Whole year	Board of Trustees
3	Eamonn Drey	Fundraising Trustee	Whole Year	Board of Trustees
4	Shannon Richards	Board Secretary	From 17/05/23	Board of Trustees
5	Luella Dixon	Human Resources	From 19/07/23	Board of Trustees

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	Whole year	Training materials; Policy Folders; Correspondence and Funding applications
Charlotte Shyllon	Whole year	Banking and Finance Materials
Eamonn Drey	Whole year	Banking and Finance Materials

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	Omar.Daniels@redkitesupport.org.uk
Lived Experience Ambassador	Norma Symonds, Former Mayor of Bishop's Stortford	Norma.Symonds@redkitesupport.org.uk

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)




Full name(s)

Charlotte Shyllon

Siobhan Nundram

Date

27/09/24

	CHARITY COMMISSION FOR ENGLAND AND WALES	RED KITE RAPE & SEXUAL ABUSE SUPPORT SERVICES		No (if any)		CC16a
		Receipts and payments accounts				
		For the period from	Period start date	To	Period end date	
			01/01/2023		31/12/2023	
Section A Receipts and payments						
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year	
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £	
A1 Receipts						
	6,677	21,450	-	28,127	15,215	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Sub total (Gross income for AR)	6,677	21,450	-	28,127	15,215	
A2 Asset and investment sales, (see table).						
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	-	-	-	-	-	
Total receipts	6,677	21,450	-	28,127	15,215	
A3 Payments						
Telephone		1,047	-	1,047	1,329	
IT		395	-	395	924	
Wages		2,784	-	2,784	13,238	
Marketing		2,321	-	2,321	507	
Connselling		7,771	-	7,771	8,685	
Safeguarding	12	-	-	12	74	
Insurance	-	439	-	439	873	
Pension Next		461	-	461	460	
Sundry	310	480	-	790	429	
Sub total	322	15,698	-	16,020	26,519	
A4 Asset and investment purchases, (see table)						
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	-	-	-	-	-	
Total payments	322	15,698	-	16,020	26,519	
Net of receipts/(payments)	6,355	5,752	-	12,107	-	11,304
A5 Transfers between funds	-	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-	-
Cash funds this year end	6,355	5,752	-	12,107	-	11,304

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	BANK ACCOUNT	32,191	7,289	-
		-	-	-
		-	-	-
	Total cash funds	32,191	7,289	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's
report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

RED KITE RAPE AND SEXUAL ABUSE SUPPORT
SERVICE

On accounts for the year
ended

31/12/2023

Charity no
(if any)

1185947

Set out on pages

(SEPARATE ATTACHMENT)

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended 31/12/2023

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation
of the accounts in accordance with the requirements of the Charities Act
2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have
come to my attention (other than that disclosed below *) in connection with
the examination which gives me cause to believe that in, any material
respect:

- accounting records were not kept in accordance with section 130 of
the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

22/10/24

Name:

Simon David Froggett

Relevant professional
qualification(s) or body
(if any):

F.A.I.A.

Address:

41, HIGH STREET
ROXBOROUGH, HANTS
SG8 9AW