



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From December 2021 Period start date To November 2022 Period end date**

**Charity name: Red Kite Rape and Sexual Abuse Support Service**

**Charity registration number: 1185947**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to victims of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>To provide a helpline which creates a safe space for survivors of rape and sexual abuse to contact in order to speak to trained volunteers or qualified counsellors who will listen, hear, validate and empathise with them. Red Kite provides psychological first aid to them. We triage their needs, making onward referrals to other agencies as appropriate. We provide therapy through a variety of means, whether one-to-one or in groups.</p> <p>Red Kite provide counselling (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative improvement are monitored by standard questionnaires and recorded for performance reporting purposes. We operate a mixed model of service combining a virtual office and online services with face-to-face consultations with Therapists in their consulting rooms according to client preference. .</p>
Statement confirming whether the trustees	Para 1.18	<b>I confirm that the Board of Trustees have read, considered</b>

have had regard to the guidance issued by the Charity Commission on public benefit		<b>and have agreed to abide by the guidance issued by the Charity Commission on public benefit.</b>
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### **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Our Fundraising Policy dictates that we will only apply for funds from ethical companies who operate from a strong moral basis. This decision also conforms to our Ethics Policy.</b>
Policy on social investment including program related investment	Para 1.38	<b>Red Kite are not yet in a position to participate in investments.</b>
Contribution made by volunteers	Para 1.38	Volunteers donate their time to operate a Support Helpline Counsellors deliver therapy at preferred rates to provide advice & therapy to callers to helpline to enable as many people as possible to benefit within the funding available. The Friends of Red Kite volunteer their time to raise awareness of Red Kite and attract potential client to receive services. Their wider role is to undertake an educative function in society, whilst engaging with local communities to promote a no tolerance approach to misogyny and greater societal norms regarding equality of everyone regarding whether they engage in sexual activity or not. They also engage in collecting service user feedback and low-level fundraising.
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, provision of training materials, management of finances, fundraising, PR and communications with media, secretarial duties for Board meetings.

## **Achievements and Performance**

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>176 different people accessed our Helpline during this year, an increase of 23 from 2020/21. 23 people benefitted from accessing our Therapy recovery Service. 240 sessions were offered of which this was an increase of 24 on the previous year.</p> <ul style="list-style-type: none"> <li>Impacts: <ul style="list-style-type: none"> <li>1) Patient Health Questionnaire (PHQ-9) measuring depression 50% improvement 50% no change</li> <li>2) Generalised anxiety disorder (GAD-7) 75% improvement, 25% no change</li> <li>"You have (Red Kite) literally saved my life" patient testimonial</li> </ul> </li> </ul>
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### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Achievements in accordance with Strategic Business Plan and Communications Strategy
Performance of fundraising activities against objectives set	Para 1.41	Slightly less than anticipated, but sufficient to meet operational needs for daily activities of the charity. Fundraising ongoing. Challenging environment for fundraising as cost-of-living crisis has diverted funds from other causes.
Investment performance against objectives	Para 1.41	Not applicable.
Other		Recruitment of Charity Administrator completed. Friends of Red Kite has attended events in all parts of our catchment to raise awareness and fundraise. Recruitment of Helpline Volunteers and Qualified Accredited Therapists trauma informed ongoing.

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand at 17 December 2021: £49,461.16
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This is covered in Red Kite's Constitution
Amount of reserves held	Para 1.22	nil
Reasons for holding zero reserves	Para 1.22	Reserves not yet built up.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

Help and Support	Para 1.47	<b>Lloyds Foundation have agreed to provide help and support to develop our organisation in addition to £2500 worth of equipment.</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of local Counsellor/Therapists Lack of Helpline Volunteers Attrition after training Helpline Volunteers Inability to attract funding sources to deliver services in line with our Business Strategy Loss of Trustees and inability to recruit appropriately qualified Trustees Lack of sustainable capacity to deliver and manage the service.
Other		

## Structure, Governance and Management

Description of charity's trusts:		Nil
Type of governing document (trust deed, royal charter)	Para 1.25	Red Kite Constitution (Board of Trustees)
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression Equalities Whistleblowing Recruitment
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. Charity Administrator reporting to line-manager Trustee (SN). The Coordinator of the Friends reports to the line manager Trustee (SN) Helpline Volunteers reporting to Charity Administrator and Trustees. Social Media Volunteers report to the Communications Trustee via the Charity Administrator. Qualified Therapists reporting to managing Trustee (SN)
Relationship with any related parties	Para 1.51	Membership pending with The Survivors Trust. Application to Rape Crisis being made in June 2023.

Other		<b>Nil</b>
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## Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	(formerly Red Kite Rape and Sexual Abuse Centre)
Registered charity number	1185947
Charity's principal address	79 Havers Lane Bishop's Stortford Herts CM23 3PE

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	Whole year	Board of Trustees
2	Dr Mateja Vuk	Trustee Deputy Chair	Whole year	Board of Trustees Board of Trustees
3	Councillor Norma Symonds	Ambassador by Lived Experience	Whole year	Board of Trustees
4	Eamionn Drey	Fundraising Trustee	Whole Year	Board of Trustees
5	Charlotte Shyllon	Treasurer	Whole year	Board of Trustees

Corporate trustees - names of the directors at the date the report was approved

<b>Director name</b>	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	Whole year	Training materials; Policy Folders; Correspondence and Funding applications
Charlotte Shillon	May 2022-date	Banking and Finance Materials
Eamonn Drey		Banking and Finance Materials

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	omardaniels@redkitesupport.org.uk

#### Name of chief executive or names of senior staff members (Optional information)

N/A
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### Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A
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### Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

### Signed on behalf of the charity's trustees

<b>Signature(s)</b>	Siobhan Nundram	
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<b>Full name(s)</b>	Charlotte Shyllon	
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<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
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<b>Date</b>	14 January 2023
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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Red Rape and Sexual Abuse Support  
Service

No (if any)  
1185947

## Receipts and payments accounts

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For the period from	Period start date 01/01/2022	To	Period end date 31/12/2022
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### Section A Receipts and payments

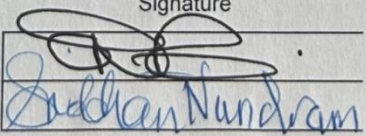
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	15,215	-	-	15,215	40,366
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	15,215	-	-	15,215	40,366
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	15,215	-	-	15,215	40,366
<b>A3 Payments</b>					
Telephone	1,329	-	-	1,329	1,258
IT	924	-	-	924	2,997
Wages	13,238	-	-	13,238	13,578
Marketing	507	-	-	507	300
Counselling	8,685	-	-	8,685	750
Safeguarding	74	-	-	74	136
Insurance	873	-	-	873	-
Pension Nest	460	-	-	460	-
Sundry	429	-	-	429	175
<b>Sub total</b>	26,519	-	-	26,519	19,194
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	26,519	-	-	26,519	19,194
<b>Net of receipts/(payments)</b>	- 11,304	-	-	- 11,304	21,172
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	48,191	-	-	48,191	-
<b>Cash funds this year end</b>	36,887	-	-	36,887	21,172



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	PAYE	Unrestricted	1,133	
	Nest	Unrestricted	460	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		CHARLOTTE SHYLLON S. B. NUNDRAM	06/06/23 6/6/23