



CHARITY COMMISSION
FOR ENGLAND AND WALES

Red Kite Rape and Sexual Abuse Support
Service

No (if any)

1185947

Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2021	To	Period end date 31/12/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	40,366	-	-	40,366	29,751
	-	-	-	-	-
Adjusted 2020	-	-	-	-	586
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	40,366	-	-	40,366	29,165
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	40,366	-	-	40,366	29,165
A3 Payments					
Telephone	1,258	-	-	1,258	2,146
IT	2,997	-	-	2,997	-
Wages	13,578	-	-	13,578	-
Stationery	138	-	-	138	-
Training	10	-	-	10	-
Marketing	300	-	-	300	-
Safeguarding	136	-	-	136	-
Counselling	750	-	-	750	-
Sundry	27	-	-	27	-
Sub total	19,194	-	-	19,194	2,146
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	19,194	-	-	19,194	2,146
Net of receipts/(payments)	21,172	-	-	21,172	27,019
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	27,019	-	-	27,019	-
Cash funds this year end	48,191	-	-	48,191	27,019

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	48,191	-	-
		-	-	-
		-	-	-
	Total cash funds	48,191	-	-

(agree balances with receipts and payments account(s))

OK

OK

OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-


	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval



CHARLOTTE SMITH

31/1/23



Section A

Independent Examiner's Report

Report to the trustees/
members of

Red Kite Rape and Sexual Abuse Support Service

On accounts for the year
ended

31.12.2021

Charity no
(if any)

1185947

Set out on pages

1 and 2. Receipts + payments accounts

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended 31/12/2021

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the
accounts in accordance with the requirements of the Charities Act 2011
("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed all the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to
undertake the examination by being a qualified member of [insert name of
applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have
come to my attention in connection with the examination (other than that
disclosed below *) which gives me cause to believe that in, any material
respect:

- the accounting records were not kept in accordance with section 130
of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements
concerning the form and content of accounts set out in the Charities
(Accounts and Reports) Regulations 2008 other than any requirement
that the accounts give a 'true and fair' view which is not a matter
considered as part of an independent examination.

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in this report in
order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

13/3/2023

Name:

SARAH FROGETT

Relevant professional
qualification(s) or body

ASSOCIATION OF FUDERNATIONAL ACCOUNTANTS

(if any):

Address:

41. HIGH STREET
ROYSTON
SG8 9AW

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A



Trustees' Annual Report for the period

From 1 January 2021 Period start date To 31 December 2021 Period end date

Charity name: Red Kite Rape and Sexual Abuse Support Service

Charity registration number: 1185947

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to victims of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide a helpline which creates a safe space for survivors of rape and sexual abuse to contact in order to speak to trained volunteers or qualified counsellors who will listen, hear, validate and empathise with them. Red Kite provides psychological first aid to them. We triage their needs, making onward referrals to other agencies as appropriate. We provide therapy through a variety of means, whether one-to-one or in groups. Red Kite provide counselling (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative improvement are monitored by standard questionnaires and recorded for performance reporting purposes. We operate a mixed model of service combining a virtual office and online services with face-to-face consultations with Therapists in their consulting rooms according to client preference.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	I confirm that the Board of Trustees have read, considered and have agreed to abide by the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Our Fundraising Policy dictates that we will only apply for funds from ethical companies who operate from a strong moral basis. This decision also conforms to our Ethics Policy.
Policy on social investment including program related investment	Para 1.38	Red Kite are not yet in a position to participate in investments
Contribution made by volunteers	Para 1.38	Volunteers donate their time to operate a Support Helpline Counsellor volunteers donate their time to provide advice & therapy to callers to helpline to enable as many people as possible to benefit within the funding available. The Friends of Red Kite volunteer their time to raise awareness of Red Kite and attract potential client to receive services. Their wider role is to undertake an educative function in society, whilst engaging with local communities to promote a no tolerance approach to misogyny and greater societal norms regarding equality of everyone regarding whether they engage in sexual activity or not. They also engage in collecting service user feedback and low-level fundraising.
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, provision of training materials, management of finances, fundraising, PR and communications with media, secretarial duties for Board meetings.

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> • 58 patients and 819 contacts during 2021 ("All contacts" includes every phone call, email and assessment. It excludes counselling sessions and writing up case notes) • 18 patients accessed our counselling service • The average number of session attended per patient was 9. • Based on an allowance of 12 sessions per patient, there was a 71% attendance rate. • Impacts: <ul style="list-style-type: none"> ○ 1) Patient Health Questionnaire (PHQ-9) measuring depression 50% improvement 50% no change ○ 2) Generalised anxiety disorder (GAD-7) 75% improvement, 25% no change ○ "You have (Red Kite) literally saved my life" patient testimonial
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Achievements in accordance with Strategic Business Plan and Communications Strategy
Performance of fundraising activities against objectives set	Para 1.41	Slightly less than anticipated, but sufficient to meet operational needs for daily activities of the charity. Fundraising ongoing. The Friends of Red Kite held 30 pop ups and 5 events despite lockdown restrictions.
Investment performance against objectives	Para 1.41	Not applicable
Other		Recruitment of Volunteer Co-ordinator completed. Friends of Red Kite has attended events in all parts of our catchment to raise awareness and fundraise.

		Recruitment of Helpline Volunteers and Qualified Accredited Trauma-informed Therapists ongoing.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand at 17 December 2021: £49,461.16
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This is covered in Red Kite's constitution.
Amount of reserves held	Para 1.22	Nil
Reasons for holding zero reserves	Para 1.22	Reserves not yet built up.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Herts County Council Communities Herts Community Foundation Allen Lane Foundation The Childwick Trust Follett Trust Locality Budgets of local councillors
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of local Counsellors Lack of Helpline Volunteers Attrition after training Helpline Volunteers Inability to attract funding sources Loss of Trustees
Other		

Structure, Governance and Management

Description of charity's trusts:		Nil
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Type of governing document (trust deed, royal charter)	Para 1.25	Red Kite Constitution (Board of Trustees)
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression Equalities Whistleblowing Recruitment
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. Volunteer Co-ordinator reporting to line-manager Trustee (ShN). Helpline Volunteers reporting to Volunteer Co-Ordinator and Trustees. Volunteer Counsellors reporting to managing Trustee (ShN)
Relationship with any related parties	Para 1.51	Membership pending with The Survivors Trust.
Other		Nil

Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	(formerly Red Kite Rape and Sexual Abuse Centre)
Registered charity number	1185947

Charity's principal address	79 Havers Lane Bishop's Stortford Herts CM23 3PE
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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	Whole year	Board of Trustees
2	Dr Mateja Vuk	Trustee Deputy Chair	May to October 2021 From October 2021	Board of Trustees Board of Trustees
3	Councillor Norma Symonds	Ambassador	Whole year	Board of Trustees
4	Dr Sue Rayner-Jacobs	Deputy Chair & Treasurer	January to October 2021	Board of Trustees
5	Charlotte Shyllon	Communications Trustee	Whole year	Board of Trustees
6	Eamonn Drea	Fundraising Trustee	From September 2021	Board of Trustees

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	Whole year	Training materials; Policy Folders; Correspondence and Funding applications
	May to December 2021	Banking and Finance Materials
Sue Rayner-Jacobs	January to October 2021	Banking and Finance Materials
Eamonn Drea	From September 2021	Banking and Finance Materials

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A

Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A
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Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	omardaniels@doctors.org.uk

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Charlotte Shyllon	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	31 January 2023	