

# Red Kite Rape and Sexual Abuse Support Service

England & Wales · Charity number 1185947

## Details

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Other names	RED KITE RAPE & SEXUAL ABUSE CENTRE, Red Kite Rape and Sexual Abuse Support Service
Status	Registered
Legal form	CIO
Registered	2019-10-23
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	79 Havers Lane Bishop's Stortford Hertfordshire CM23 3PE
Phone	07810 550443
Email	<a href="mailto:Siobhan.nundram@redkitesupport.org.uk">Siobhan.nundram@redkitesupport.org.uk</a>
Website	<a href="http://www.redkitesupport.org.uk">www.redkitesupport.org.uk</a>

## Activities

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**Objects:** TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF ADULTS, YOUNG PEOPLE AND CHILDREN WHO HAVE BEEN RAPED, SEXUALLY ASSAULTED OR SEXUALLY ABUSED AT ANY TIME IN THEIR LIVES BY THE PROVISION OF INFORMATION, ADVOCACY AND SUPPORT INCLUDING COUNSELLING, TELEPHONE SUPPORT AND GROUP WORK AS APPROPRIATE.

**Activities:** Vision : To provide comprehensive services to survivors of historic or recent rape or sexual abuse to enable them to recover and thrive in their communities. Aim: To provide a helpline and support which creates a safe space for survivors of rape and sexual abuse to speak to trained volunteers who will listen, validate and refer onwards for treatment to our recovery and holistic therapy service.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- Essex
- Hertfordshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£41,457	£23,736	-	-
2023-12-31	£28,127	£16,020	-	-
2022-12-31	£15,215	£24,927	-	-
2021-12-31	£40,366	£19,194	-	-
2020-12-31	£29,751	£2,146	-	-

## Trustees

Name	Role	Appointed
<b>SUSAN BERNADETTE NUNDRAM</b>	Chair	2019-10-15
Catherine Patricia Spillane		2024-11-18
Eamonn Drea		2021-10-29
Joanna Taylor		2024-04-17
Luella Mary Jeanette Dixon		2023-07-19
Sinead Theresa Corr		2024-06-17
Viorel Catalin Vasile		2024-03-20

**Red Kite Rape and Sexual Abuse Support Service**

England & Wales - Charity number 1185947

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# Accounts

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## **Trustees' Annual Report for the period**

**From: 1 January 2024 Period end date 31 December 2024**

**Charity name: Red Kite Rape and Sexual Abuse Support Service**

**Charity registration number: 1185947**

### **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to survivors of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>To provide a Helpline which creates a safe space for survivors of rape and sexual abuse to contact, in order to speak to trained volunteers or qualified therapists who will listen, believe, validate and empathise with them. Red Kite provides psychological first aid and practical support to manage their difficulties in life which provides them with the capacity to process the sexual violence experiences. We triage their needs, making onward referrals to other agencies as appropriate. We provide therapy through a variety of means, whether one-to-one or in groups.</p> <p>Red Kite provides therapy (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative and quantitative improvements are monitored by standard questionnaires and feedback forms and recorded for performance reporting purposes.</p> <p>We operate a mixed model of service combining a virtual office and online services with face-to-face consultations with Therapists in their consulting rooms or</p>

		other safe spaces according to client preference.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Board of Trustees have read, considered and agreed to abide by the guidance issued by the Charity Commission on public benefit.

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Our Fundraising Policy dictates that we will only apply for funds from ethical companies who operate from a strong moral basis. This decision also conforms to our Ethics Policy.
Policy on social investment including program related investment	Para 1.38	Red Kite is not yet in a position to participate in investments.
Contribution made by volunteers	Para 1.38	<p>Volunteers donate their time to operate a Support Helpline. Therapists deliver therapy at preferred rates to provide advice and therapy to callers to helpline to enable as many people as possible to benefit within the funding available. They also offer their consulting rooms at no cost to Red Kite.</p> <p>The Friends of Red Kite volunteer their time to raise awareness of Red Kite and attract potential clients to receive services. Their wider role is to undertake an educative function in society, whilst engaging with local communities to promote a no tolerance approach to misogyny and patriarchy. These strategies aim to promote greater societal norms regarding equality of everyone regarding whether they engage in sexual activity or not. They also engage in collecting service user feedback and low-level fundraising.</p>
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, development, provision and delivery of training materials, management of finances, fundraising, PR and communications with media, and secretarial duties for Board meetings.

## Achievements and Performance

	SORP reference							
		Process						
		No. of Clients helped						
		Types of help given	2024 Total	2023	2022	2021	2020	Grand Total
		Counselling Session	198	116	128	30	2	474
		Welfare Check Call	307	199	286	74		866
		Group Session	196	14				210
		Grand Total	<b>701</b>	<b>329</b>	<b>414</b>	<b>104</b>	<b>2</b>	<b>1,550</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Achievements in accordance with Strategic Business Plan and Communications Strategy
Performance of fundraising activities against objectives set	Para 1.41	Slightly less than anticipated, but sufficient to meet operational needs for daily activities of the charity. Fundraising ongoing. Challenging environment for fundraising as cost-of-living crisis has diverted funds from other causes.
Investment performance against objectives	Para 1.41	Not applicable.

Other		<p>Friends of Red Kite have attended events in all parts of our catchment to raise awareness and fundraise.</p> <p>Recruitment of Helpline Volunteers and Qualified Accredited Therapists trauma informed ongoing. New roles developed in response to acuity and complexity of clinical need. Peer Support Volunteers and Translating Volunteers are now available to deliver face to face interventions and ensure that independent translation is available for individuals who do not speak English.</p>
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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand on 31 December 2024: £51,589.31
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This is covered in Red Kite's Constitution.
Amount of reserves held	Para 1.22	£30,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

## Additional information (optional)

You may choose to include further statements where relevant about:

Help and Support	Para 1.47	We are grateful to Baldock Music Festival for making Red Kite a chosen charity and giving it a proportion of the funding raised. We are also indebted to all our other funders including Mullocks Estate Agents and Mill Green Nursery.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	<p>Insufficient Funding to deliver the services.</p> <p>Lack of local Counsellor/Therapists</p> <p>Lack of Helpline Volunteers</p> <p>Attrition after training Helpline Volunteers</p> <p>Inability to attract funding sources to deliver services in line with our Business Strategy</p> <p>Loss of Trustees and inability to recruit appropriately qualified Trustees</p>

		Lack of sustainable capacity to deliver and manage the service.
Other		Challenging financial landscape currently averaging 14 grant submissions to 1 successful outcome.

## Structure, Governance and Management

Description of charity's trusts:		Nil
Type of governing document	Para 1.25	Red Kite Constitution (Board of Trustees)
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression Equalities Whistleblowing Recruitment Sustainability Finance Friends of Red Kite
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. The Coordinator of the Friends reports to the line manager Trustee (SN). Helpline Volunteers reporting to Charity Administrator and Trustees. Social Media Volunteers report to the Social Media and Marketing Trustee. Qualified Therapists reporting to the Lead Therapist (JP) Trusted).
	Para 1.51	N/A

Relationship with any related parties		
Other		Nil

## Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	
Registered charity number	1185947
Charity's principal address	79 Havers Lane Bishop's Stortford Herts CM23 3PE

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	Whole year	Board of Trustees
2	Charlotte Shyllon	Deputy Chair	Whole year	Board of Trustees
3	Eamonn Drea	Fundraising Trustee	Whole year	Board of Trustees
4	Shannon Richards	Board Secretary	<u>Whole year</u>	Board of Trustees
5	Luella Dixon	Human Resources	Whole year	Board of Trustees
6	Joanna Papadopoulou	Clinical Lead	Whole year	Board of Trustees
7	Viorel Catalin Vasile	Treasurer	Whole year	Board of Trustees
8	Sinead Corr	Communications and Marketing Trustee	From 17/06/24	Board of Trustees
9	Cathy Spillane	Board Secretary	From 19/11/24	Board of Trustees

Corporate trustees – names of the directors at the date the report was approved.

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	Whole year	Training materials; Policy Folders; Correspondence and Funding applications
Charlotte Shyllon	Whole year	Banking and Finance Materials

Viorel Catalin Vasile	Whole year	Banking and Finance Materials
Eamonn Drea	Whole Year	Banking and Finance Materials

### Funds held as custodian trustees on behalf of others.

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	Omar.Daniels@redkitesupport.org.uk
Lived Experience Ambassador	Norma Symonds, Former Mayor of Bishop's Stortford	Norma.Symonds@redkitesupport.org.uk

#### Name of chief executive or names of senior staff members (Optional information)

N/A
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### Exemptions from disclosure

#### Reason for non-disclosure of key personnel details

N/A
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### Other optional information

N/A
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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Virol Catalin Vasile	Susan Bernadette known as Siobhan Nundram
<b>Date</b>	28/10/2025	28/10/2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts


CC16a

For the period from	Period start date	To	Period end date
	01/01/2024		31/12/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	12 894	28 564	-	41 458	28 127
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>12 894</b>	<b>28 564</b>	<b>-</b>	<b>41 458</b>	<b>28 127</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>12 894</b>	<b>28 564</b>	<b>-</b>	<b>41 458</b>	<b>28 127</b>
<b>A3 Payments</b>					
Telephone		1 142	-	1 142	1 047
IT		1 220	-	1 220	395
WAGES					2 784
Marketing		1 236	-	1 236	2 321
Counselling		16 806	-	16 806	7 771
Licenses		960	-	960	-
Venue Hire		525	-	525	-
Travel		449	-	449	-
Insurance		439	-	439	439
Safeguarding					12
Pension Nest					461
Sundry	191	768	-	959	790
<b>Sub total</b>	<b>191</b>	<b>23 545</b>	<b>-</b>	<b>23 736</b>	<b>16 020</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>191</b>	<b>23 545</b>	<b>-</b>	<b>23 736</b>	<b>16 020</b>
<b>Net of receipts/(payments)</b>	<b>12 703</b>	<b>5 019</b>	<b>-</b>	<b>17 722</b>	<b>12 107</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>12 703</b>	<b>5 019</b>	<b>-</b>	<b>17 722</b>	<b>12 107</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank account	37 710	13 879	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>37 710</b>	<b>13 879</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Catalin Vasile	28/10/2025	

Re: Fw: FY24 Accounts



John <[john@theaccountancypractice.com](mailto:john@theaccountancypractice.com)>

Monday, 6 October 2025 at 11:50

To: Catalin Vasile; Cc: Siobhan Nundram

To protect your privacy, some external images in this message were not downloaded.

[Download external images](#)

[Go to Settings](#)

Hi Catalin

The accounts look ok to me. So you're ok to submit. Send me a copy of the accounts as submitted to companies house and I will sign them.

Please let me have a copy of the Bank statement showing balance at close.

Cheers

John

John Froggett - FAIA

Tel: 01763 257882

Web: [www.theaccountancypractice.com](http://www.theaccountancypractice.com)

Twitter: <http://twitter.com/accountsworl>

Image

On Thu, 4 Sep 2025 at 8:46 AM, Catalin Vasile <[catalin.vasile@redkitesupport.org.uk](mailto:catalin.vasile@redkitesupport.org.uk)> wrote:

Hi John,

Please see attached the FY24 financial accounts for the RedKite Foundation. Could you please review them and let me know if you have any questions.

Kind regards,  
Catalin

Sent from [Outlook for iOS](#)

From: Catalin Vasile <[cvasile217@gmail.com](mailto:cvasile217@gmail.com)>

Sent: Thursday, September 4, 2025 8:27 AM

**Red Kite Rape and Sexual Abuse Support Service**

England & Wales - Charity number 1185947

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# Accounts

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## Trustees' Annual Report for the period

**From: 1 January 2023 Period start date To: 31 December 2023 Period end date**

**Charity name: Red Kite Rape and Sexual Abuse Support Service**

**Charity registration number: 1185947**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to survivors of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>To provide a helpline which creates a safe space for survivors of rape and sexual abuse to contact in order to speak to trained volunteers or qualified therapists who will listen, believe, validate and empathise with them. Red Kite provides psychological first aid to them. We triage their needs, making onward referrals to other agencies as appropriate. We provide therapy through a variety of means, whether one-to-one or in groups.</p> <p>Red Kite provides therapy (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative improvements are monitored by standard questionnaires and recorded for performance reporting purposes.</p> <p>We operate a mixed model of service combining a virtual office and online services with face-to-face consultations with Therapists in their consulting rooms according to client preference.</p>
Statement confirming whether the trustees have had regard to the guidance	Para 1.18	The Board of Trustees have read, considered and agreed to abide by the

issued by the Charity Commission on public benefit		guidance issued by the Charity Commission on public benefit.
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### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Our Fundraising Policy dictates that we will only apply for funds from ethical companies who operate from a strong moral basis. This decision also conforms to our Ethics Policy.
Policy on social investment including program related investment	Para 1.38	Red Kite are not yet in a position to participate in investments.
Contribution made by volunteers	Para 1.38	<p>Volunteers donate their time to operate a Support Helpline. Therapists deliver therapy at preferred rates to provide advice and therapy to callers to helpline to enable as many people as possible to benefit within the funding available. They also offer their consulting rooms at no cost to Red Kite.</p> <p>The Friends of Red Kite volunteer their time to raise awareness of Red Kite and attract potential client to receive services. Their wider role is to undertake an educative function in society, whilst engaging with local communities to promote a no tolerance approach to misogyny and greater societal norms regarding equality of everyone regarding whether they engage in sexual activity or not. They also engage in collecting service user feedback and low-level fundraising.</p>
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, provision and delivery of training materials, management of finances, fundraising, PR and communications with media, and secretarial duties for Board meetings.

### Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	In 2023, we had contact with 87 new cases and 128 service users, more than double what we achieved in 2022:																							
		<table border="1"> <thead> <tr> <th></th> <th>2020</th> <th>2021</th> <th>2022</th> <th>2023</th> </tr> </thead> <tbody> <tr> <td>New cases</td> <td>3</td> <td>71</td> <td>39</td> <td>87</td> </tr> <tr> <td>In contact</td> <td>6</td> <td>76</td> <td>63</td> <td>128</td> </tr> <tr> <td>Counselling sessions</td> <td>0</td> <td>133</td> <td>128</td> <td>121</td> </tr> <tr> <td>In Counselling</td> <td>2</td> <td>9</td> <td>19</td> <td>15</td> </tr> </tbody> </table>		2020	2021	2022	2023	New cases	3	71	39	87	In contact	6	76	63	128	Counselling sessions	0	133	128	121	In Counselling	2	9
	2020	2021	2022	2023																					
New cases	3	71	39	87																					
In contact	6	76	63	128																					
Counselling sessions	0	133	128	121																					
In Counselling	2	9	19	15																					
		<p>Sample of benefits of Red Kite intervention; Impacts from since inception to the end of December 2023 following the same 4 service user's progress:</p> <p>1) Patient Health Questionnaire (PHQ-9) measuring depression 50% improvement 50% no change 2) Generalised anxiety disorder (GAD-7) 100% improvement.</p>																							

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Achievements in accordance with Strategic Business Plan and Communications Strategy
Performance of fundraising activities against objectives set	Para 1.41	Slightly less than anticipated, but sufficient to meet operational needs for daily activities of the charity. Fundraising ongoing. Challenging environment for fundraising as cost-of-living crisis has diverted funds from other causes.
Investment performance against objectives	Para 1.41	Not applicable.
Other		<p>Friends of Red Kite have attended events in all parts of our catchment to raise awareness and fundraise.</p> <p>Recruitment of Helpline Volunteers and Qualified Accredited Therapists trauma informed ongoing. New roles developed in response to acuity and complexity of clinical need. Peer Support Volunteers and Translating Volunteers are now available to deliver face to face interventions and ensure that independent translation is available for individuals who do not speak English.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand at 31 December 2023: £51,589.31
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This is covered in Red Kite's Constitution.
Amount of reserves held	Para 1.22	£30,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

Help and Support	Para 1.47	We are grateful to Lloyds Foundation who provided management support to develop the Board. This included a strategy session for all Trustees led by Andrea Kellerman and a fundraising workshop for the Chair and the Fundraising Trustee led by David Payne.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of local Counsellor/Therapists Lack of Helpline Volunteers Attrition after training Helpline Volunteers Inability to attract funding sources to deliver services in line with our Business Strategy Loss of Trustees and inability to recruit appropriately qualified Trustees Lack of sustainable capacity to deliver and manage the service.
Other		Challenging financial landscape currently averaging 14 grant submissions to 1 successful outcome.

### Structure, Governance and Management

Description of charity's trusts:		Nil
Type of governing document (trust deed, royal charter)	Para 1.25	Red Kite Constitution (Board of Trustees)

How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression Equalities Whistleblowing Recruitment Sustainability
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. Charity Administrator line managed by managing Trustee (SN) [resigned and left the charity in January 2023 and was not replaced]. The Coordinator of the Friends reports to the line manager Trustee (SN). Helpline Volunteers reporting to Charity Administrator and Trustees. Social Media Volunteers report to the Communications Trustee [they were inactive for most of 2023]. Qualified Therapists reporting to managing Trustee (SN). Clinical issues overseen by Lead Therapist
Relationship with any related parties	Para 1.51	N/A
Other		Nil

## Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	
Registered charity number	1185947
Charity's principal address	79 Havers Lane Bishop's Stortford Herts CM23 3PE

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	Whole year	Board of Trustees
2	Charlotte Shyllon	Treasurer	Whole year	Board of Trustees
3	Eamonn Drey	Fundraising Trustee	Whole Year	Board of Trustees
4	Shannon Richards	Board Secretary	From 17/05/23	Board of Trustees
5	Luella Dixon	Human Resources	From 19/07/23	Board of Trustees

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	Whole year	Training materials; Policy Folders; Correspondence and Funding applications
Charlotte Shyllon	Whole year	Banking and Finance Materials
Eamonn Drey	Whole year	Banking and Finance Materials

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

## Additional information (optional)

**Names and addresses of advisers (Optional information)**

<b>Type of adviser</b>	<b>Name</b>	<b>Address</b>
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	Omar.Daniels@redkitesupport.org.uk
Lived Experience Ambassador	Norma Symonds, Former Mayor of Bishop's Stortford	Norma.Symonds@redkitesupport.org.uk

**Name of chief executive or names of senior staff members (Optional information)**

N/A

**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

N/A


**Other optional information**

N/A

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Charlotte Shyllon	Siobhan Nundram
Date	27/09/24	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

RED KITE RAPE & SEXUAL ABUSE SUPPORT  
SERVICES

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

Period start date

01/01/2023

To

Period end date

31/12/2023

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
	6,677	21,450	-	28,127	15,215
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>6,677</b>	<b>21,450</b>	<b>-</b>	<b>28,127</b>	<b>15,215</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>6,677</b>	<b>21,450</b>	<b>-</b>	<b>28,127</b>	<b>15,215</b>
<b>A3 Payments</b>					
Telephone		1,047	-	1,047	1,329
IT		395	-	395	924
Wages		2,784	-	2,784	13,238
Marketing		2,321	-	2,321	507
Connselling		7,771	-	7,771	8,685
Safeguarding	12	-	-	12	74
Insurance	-	439	-	439	873
Pension Next		461	-	461	460
Sundry	310	480	-	790	429
<b>Sub total</b>	<b>322</b>	<b>15,698</b>	<b>-</b>	<b>16,020</b>	<b>26,519</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>322</b>	<b>15,698</b>	<b>-</b>	<b>16,020</b>	<b>26,519</b>
<b>Net of receipts/(payments)</b>	<b>6,355</b>	<b>5,752</b>	<b>-</b>	<b>12,107</b>	<b>- 11,304</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	<b>6,355</b>	<b>5,752</b>	<b>-</b>	<b>12,107</b>	<b>- 11,304</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	BANK ACCOUNT	32,191	7,289	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	32,191	7,289	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
		<b>Unrestricted funds</b> to nearest £	<b>Restricted funds</b> to nearest £	<b>Endowment funds</b> to nearest £
	<b>Details</b>			
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-
	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval



Section A

Independent Examiner's Report

Report to the trustees/ members of

RED KITE RAPE AND SEXUAL ABUSE SUPPORT SERVICE

On accounts for the year ended

31/12/2023

Charity no (if any)

1185947

Set out on pages

(SEPARATE ATTACHMENT)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

22/10/24

Name:

SONIA DAVID FROGGETT

Relevant professional qualification(s) or body (if any):

F.A.I.A.

Address:

41, HIGH STREET  
ROYSTON, HERTS  
SG8 9AW

**Red Kite Rape and Sexual Abuse Support Service**

England & Wales - Charity number 1185947

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# Accounts

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## Trustees' Annual Report for the period

From December 2021 Period start date To November 2022 Period end date

Charity name: Red Kite Rape and Sexual Abuse Support Service

Charity registration number: 1185947

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to victims of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>To provide a helpline which creates a safe space for survivors of rape and sexual abuse to contact in order to speak to trained volunteers or qualified counsellors who will listen, hear, validate and empathise with them. Red Kite provides psychological first aid to them. We triage their needs, making onward referrals to other agencies as appropriate. We provide therapy through a variety of means, whether one-to-one or in groups.</p> <p>Red Kite provide counselling (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative improvement are monitored by standard questionnaires and recorded for performance reporting purposes. We operate a mixed model of service combining a virtual office and online services with face-to-face consultations with Therapists in their consulting rooms according to client preference. .</p>
Statement confirming whether the trustees	Para 1.18	<b>I confirm that the Board of Trustees have read, considered</b>

have had regard to the guidance issued by the Charity Commission on public benefit		<b>and have agreed to abide by the guidance issued by the Charity Commission on public benefit.</b>
--	--	---

### **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Our Fundraising Policy dictates that we will only apply for funds from ethical companies who operate from a strong moral basis. This decision also conforms to our Ethics Policy.</b>
Policy on social investment including program related investment	Para 1.38	<b>Red Kite are not yet in a position to participate in investments.</b>
Contribution made by volunteers	Para 1.38	Volunteers donate their time to operate a Support Helpline Counsellors deliver therapy at preferred rates to provide advice & therapy to callers to helpline to enable as many people as possible to benefit within the funding available. The Friends of Red Kite volunteer their time to raise awareness of Red Kite and attract potential client to receive services. Their wider role is to undertake an educative function in society, whilst engaging with local communities to promote a no tolerance approach to misogyny and greater societal norms regarding equality of everyone regarding whether they engage in sexual activity or not. They also engage in collecting service user feedback and low-level fundraising.
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, provision of training materials, management of finances, fundraising, PR and communications with media, secretarial duties for Board meetings.

### **Achievements and Performance**

	SORP reference	
--	----------------	--

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>176 different people accessed our Helpline during this year, an increase of 23 from 2020/21. 23 people benefitted from accessing our Therapy recovery Service. 240 sessions were offered of which this was an increase of 24 on the previous year.</p> <ul style="list-style-type: none"> <li>• Impacts: <ul style="list-style-type: none"> <li>o 1) Patient Health Questionnaire (PHQ-9) measuring depression 50% improvement 50% no change</li> <li>o 2) Generalised anxiety disorder (GAD-7) 75% improvement, 25% no change</li> <li>o "You have (Red Kite) literally saved my life" patient testimonial</li> </ul> </li> </ul>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Achievements in accordance with Strategic Business Plan and Communications Strategy</p>
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	<p>Slightly less than anticipated, but sufficient to meet operational needs for daily activities of the charity. Fundraising ongoing. Challenging environment for fundraising as cost-of-living crisis has diverted funds from other causes.</p>
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	<p>Not applicable.</p>
<p>Other</p>		<p>Recruitment of Charity Administrator completed. Friends of Red Kite has attended events in all parts of our catchment to raise awareness and fundraise. Recruitment of Helpline Volunteers and Qualified Accredited Therapists trauma informed ongoing.</p>

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand at 17 December 2021: £49,461.16
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This is covered in Red Kite's Constitution
Amount of reserves held	Para 1.22	nil
Reasons for holding zero reserves	Para 1.22	Reserves not yet built up.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

Help and Support	Para 1.47	<b>Lloyds Foundation have agreed to provide help and support to develop our organisation in addition to £2500 worth of equipment.</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of local Counsellor/Therapists Lack of Helpline Volunteers Attrition after training Helpline Volunteers Inability to attract funding sources to deliver services in line with our Business Strategy Loss of Trustees and inability to recruit appropriately qualified Trustees Lack of sustainable capacity to deliver and manage the service.
Other		

## Structure, Governance and Management

Description of charity's trusts:		Nil
Type of governing document (trust deed, royal charter)	Para 1.25	Red Kite Constitution (Board of Trustees)
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression Equalities Whistleblowing Recruitment
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. Charity Administrator reporting to line-manager Trustee (SN). The Coordinator of the Friends reports to the line manager Trustee (SN) Helpline Volunteers reporting to Charity Administrator and Trustees. Social Media Volunteers report to the Communications Trustee via the Charity Administrator. Qualified Therapists reporting to managing Trustee (SN)
Relationship with any related parties	Para 1.51	Membership pending with The Survivors Trust. Application to Rape Crisis being made in June 2023.

Other		<b>Nil</b>
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## Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	(formerly Red Kite Rape and Sexual Abuse Centre)
Registered charity number	1185947
Charity's principal address	79 Havers Lane Bishop's Stortford Herts CM23 3PE

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	Whole year	Board of Trustees
2	Dr Mateja Vuk	Trustee Deputy Chair	Whole year	Board of Trustees Board of Trustees
3	Councillor Norma Symonds	Ambassador by Lived Experience	Whole year	Board of Trustees
4	Eamonn Drey	Fundraising Trustee	Whole Year	Board of Trustees
5	Charlotte Shyllon	Treasurer	Whole year	Board of Trustees

Corporate trustees - names of the directors at the date the report was approved

<b>Director name</b>	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	Whole year	Training materials; Policy Folders; Correspondence and Funding applications
Charlotte Shillon	May 2022-date	Banking and Finance Materials
Eamonn Drey		Banking and Finance Materials

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	omardaniels@redkitesupport.org.uk

#### Name of chief executive or names of senior staff members (Optional information)

N/A
-----

### Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A
-----

### Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

### Signed on behalf of the charity's trustees

**Signature(s)**

**Full name(s)**

**Position (eg Secretary, Chair, etc)**

**Date**



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Red Rape and Sexual Abuse Support  
Service

No (if any)  
1185947

## Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2022	To	Period end date 31/12/2022
------------------------	---------------------------------	----	-------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	15,215	-	-	15,215	40,366
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	15,215	-	-	15,215	40,366
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	15,215	-	-	15,215	40,366
<b>A3 Payments</b>					
Telephone	1,329	-	-	1,329	1,258
IT	924	-	-	924	2,997
Wages	13,238	-	-	13,238	13,578
Marketing	507	-	-	507	300
Counselling	8,685	-	-	8,685	750
Safeguarding	74	-	-	74	136
Insurance	873	-	-	873	-
Pension Nest	460	-	-	460	-
Sundry	429	-	-	429	175
<b>Sub total</b>	26,519	-	-	26,519	19,194
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	26,519	-	-	26,519	19,194
<b>Net of receipts/(payments)</b>	- 11,304	-	-	- 11,304	21,172
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	48,191	-	-	48,191	-
<b>Cash funds this year end</b>	36,887	-	-	36,887	21,172

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>		-	-
	(agree balances with receipts and payments account(s))	Agreement	Error	OK

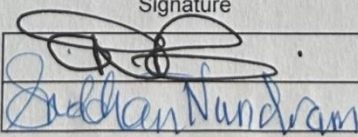
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	PAYE	Unrestricted	1,133	
	Nest	Unrestricted	460	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name CHARLOTTE SHYLLON S. B. NUNDRAM	Date of approval 06/06/23 6/6/23
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**Red Kite Rape and Sexual Abuse Support Service**

England & Wales - Charity number 1185947

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Red Kite Rape and Sexual Abuse Support  
Service

No (if any)

1185947

## Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2021	To	Period end date 31/12/2021
------------------------	---------------------------------	----	-------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	40,366	-	-	40,366	29,751
Adjusted 2020	-	-	-	-	-
	-	-	-	-	586
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>40,366</b>	<b>-</b>	<b>-</b>	<b>40,366</b>	<b>29,165</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>40,366</b>	<b>-</b>	<b>-</b>	<b>40,366</b>	<b>29,165</b>
<b>A3 Payments</b>					
Telephone	1,258	-	-	1,258	2,146
IT	2,997	-	-	2,997	-
Wages	13,578	-	-	13,578	-
Stationery	138	-	-	138	-
Training	10	-	-	10	-
Marketing	300	-	-	300	-
Safeguarding	136	-	-	136	-
Counselling	750	-	-	750	-
Sundry	27	-	-	27	-
<b>Sub total</b>	<b>19,194</b>	<b>-</b>	<b>-</b>	<b>19,194</b>	<b>2,146</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>19,194</b>	<b>-</b>	<b>-</b>	<b>19,194</b>	<b>2,146</b>
<b>Net of receipts/(payments)</b>	<b>21,172</b>	<b>-</b>	<b>-</b>	<b>21,172</b>	<b>27,019</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	27,019	-	-	27,019	-
<b>Cash funds this year end</b>	<b>48,191</b>	<b>-</b>	<b>-</b>	<b>48,191</b>	<b>27,019</b>





Section A Independent Examiner's Report

Report to the trustees/ members of

Red kite Rape and Sexual Abuse Support Service

On accounts for the year ended

31.12.2021

Charity no (if any)

1185947

Set out on pages

1 and 2. Receipts + payments accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2021

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 13/3/2023

Name: SONIA FROGGETT

Relevant professional qualification(s) or body

ASSOCIATION OF INTERNATIONAL ACCOUNTANTS

(if any):

Address:

41. HIGH STREET

ROYSIM

SG8 9AW

## Section B

### Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A



## Trustees' Annual Report for the period

From 1 January 2021 Period start date To 31 December 2021 Period end date

Charity name: Red Kite Rape and Sexual Abuse Support Service

Charity registration number: 1185947

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to victims of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide a helpline which creates a safe space for survivors of rape and sexual abuse to contact in order to speak to trained volunteers or qualified counsellors who will listen, hear, validate and empathise with them. Red Kite provides psychological first aid to them. We triage their needs, making onward referrals to other agencies as appropriate. We provide therapy through a variety of means, whether one-to-one or in groups. Red Kite provide counselling (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative improvement are monitored by standard questionnaires and recorded for performance reporting purposes. We operate a mixed model of service combining a virtual office and online services with face-to-face consultations with Therapists in their consulting rooms according to client preference.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>I confirm that the Board of Trustees have read, considered and have agreed to abide by the guidance issued by the Charity Commission on public benefit.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Our Fundraising Policy dictates that we will only apply for funds from ethical companies who operate from a strong moral basis. This decision also conforms to our Ethics Policy.
Policy on social investment including program related investment	Para 1.38	Red Kite are not yet in a position to participate in investments
Contribution made by volunteers	Para 1.38	Volunteers donate their time to operate a Support Helpline Counsellor volunteers donate their time to provide advice & therapy to callers to helpline to enable as many people as possible to benefit within the funding available. The Friends of Red Kite volunteer their time to raise awareness of Red Kite and attract potential client to receive services. Their wider role is to undertake an educative function in society, whilst engaging with local communities to promote a no tolerance approach to misogyny and greater societal norms regarding equality of everyone regarding whether they engage in sexual activity or not. They also engage in collecting service user feedback and low-level fundraising.
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, provision of training materials, management of finances, fundraising, PR and communications with media, secretarial duties for Board meetings.

### Achievements and Performance

	SORP reference	
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<ul style="list-style-type: none"> <li>• 58 patients and 819 contacts during 2021 ("All contacts" includes every phone call, email and assessment. It excludes counselling sessions and writing up case notes)</li> <li>• 18 patients accessed our counselling service</li> <li>• The average number of session attended per patient was 9.</li> <li>• Based on an allowance of 12 sessions per patient, there was a 71% attendance rate.</li> <li>• Impacts: <ul style="list-style-type: none"> <li>○ 1) Patient Health Questionnaire (PHQ-9) measuring depression 50% improvement 50% no change</li> <li>○ 2) Generalised anxiety disorder (GAD-7) 75% improvement, 25% no change</li> <li>○ "You have (Red Kite) literally saved my life" patient testimonial</li> </ul> </li> </ul>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Achievements in accordance with Strategic Business Plan and Communications Strategy</p>
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	<p>Slightly less than anticipated, but sufficient to meet operational needs for daily activities of the charity. Fundraising ongoing. The Friends of Red Kite held 30 pop ups and 5 events despite lockdown restrictions.</p>
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	<p>Not applicable</p>
<p>Other</p>		<p>Recruitment of Volunteer Co-ordinator completed. Friends of Red Kite has attended events in all parts of our catchment to raise awareness and fundraise.</p>

		Recruitment of Helpline Volunteers and Qualified Accredited Trauma-informed Therapists ongoing.
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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand at 17 December 2021: £49,461.16
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This is covered in Red Kite's constitution.
Amount of reserves held	Para 1.22	Nil
Reasons for holding zero reserves	Para 1.22	Reserves not yet built up.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Herts County Council Communities Herts Community Foundation Allen Lane Foundation The Childwick Trust Follett Trust Locality Budgets of local councillors
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of local Counsellors Lack of Helpline Volunteers Attrition after training Helpline Volunteers Inability to attract funding sources Loss of Trustees
Other		

## Structure, Governance and Management

Description of charity's trusts:		Nil
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Type of governing document (trust deed, royal charter)	Para 1.25	Red Kite Constitution (Board of Trustees)
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression Equalities Whistleblowing Recruitment
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. Volunteer Co-ordinator reporting to line-manager Trustee (ShN). Helpline Volunteers reporting to Volunteer Co-Ordinator and Trustees. Volunteer Counsellors reporting to managing Trustee (ShN)
Relationship with any related parties	Para 1.51	Membership pending with The Survivors Trust.
Other		Nil

### Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	(formerly Red Kite Rape and Sexual Abuse Centre)
Registered charity number	1185947

Charity's principal address	79 Havers Lane Bishop's Stortford Herts CM23 3PE
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### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	Whole year	Board of Trustees
2	Dr Mateja Vuk	Trustee Deputy Chair	May to October 2021 From October 2021	Board of Trustees Board of Trustees
3	Councillor Norma Symonds	Ambassador	Whole year	Board of Trustees
4	Dr Sue Rayner-Jacobs	Deputy Chair & Treasurer	January to October 2021	Board of Trustees
5	Charlotte Shyllon	Communications Trustee	Whole year	Board of Trustees
6	Eamonn Drea	Fundraising Trustee	From September 2021	Board of Trustees

### Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

### Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	Whole year	Training materials; Policy Folders; Correspondence and Funding applications
	May to December 2021	Banking and Finance Materials
Sue Rayner-Jacobs	January to October 2021	Banking and Finance Materials
Eamonn Drea	From September 2021	Banking and Finance Materials

### Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A

Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A
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**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	omardaniels@doctors.org.uk

**Name of chief executive or names of senior staff members (Optional information)**

N/A
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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

N/A
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**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Charlotte Shyllon

Position (eg Secretary,  
Chair, etc)

Treasurer

Date

31 January 2023

**Red Kite Rape and Sexual Abuse Support Service**

England & Wales - Charity number 1185947

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# Accounts

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## Trustees' Annual Report for the period

From 15 October 2019 Period start date To 16 December 2020 Period end date

Charity name: Red Kite Rape and Sexual Abuse Support Service

Charity registration number: 1185947

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide comprehensive services to victims of historic or recent rape or sexual abuse or violence to enable them to recover and thrive once more in their communities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide a helpline which creates a safe space for survivors of rape and sexual abuse to contact in order to speak to trained volunteers or qualified counsellors who will listen, hear, validate and empathise with them. Red Kite will provide psychological first aid to them. We will triage their needs, making onward referrals to other agencies as appropriate. We will provide therapy through a variety of means, whether one-to-one or in groups. Red Kite will provide counselling (free at the point of contact) to enable survivors to learn new coping strategies, to manage their everyday lives and responsibilities, and to heal enough to live full, happier lives in their communities. Clients' qualitative improvement will be monitored by standard questionnaires and recorded for performance reporting purposes. Owing to the Sars-CoV-2 virus (Covid 19) lockdown we have had to revise our plans in line with government regulations. While restrictions continue we will therefore provide a virtual office and online services during this period.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>I confirm that the Board of Trustees have read, considered and have agreed to abide by the guidance issued by the Charity Commission on public benefit.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	Volunteers donate their time to operate a Support Helpline  Counsellor volunteers donate their time to provide advice & therapy to callers to helpline
Other		Trustees volunteer their time to manage Red Kite, including recruitment of staff, provision of training materials, management of finances, fundraising, PR and Comms with media, secretarial duties for Board meetings.

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> <li>• Completion of first stage of fundraising</li> <li>• Diversification &amp; expansion of Board of Trustees</li> <li>• Employment of Volunteer Co-ordinator</li> <li>• Recruitment of Helpline volunteers</li> <li>• Recruitment of volunteer Counsellors</li> <li>• Purchase of IT system, telephony, domain host, website, and IT equipment in progress.</li> <li>• Purchase of Charity Log1 licence &amp; system set up</li> <li>• Launch of online helpline service on 14 December 2020.</li> <li>• Training of helpline volunteers (ongoing)</li> <li>• Completion of end of year reports</li> </ul>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Achievements in accordance with Strategic business Plan and Communications Strategy
Performance of fundraising activities against objectives set	Para 1.41	Slightly less than anticipated at this stage due to loss of main fundraiser, but sufficient to meet business needs for set up and launch. Fundraising ongoing.
Investment performance against objectives	Para 1.41	N/A
Other		Recruitment of Volunteer Co-ordinator completed. Recruitment of Helpline Volunteers and Volunteer Counsellors in progress.

**Financial Review**

Review of the charity's financial position at the end of the period	Para 1.21	Funds in hand at 16 December 2020: £27,605.71
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	Nil
Reasons for holding zero reserves	Para 1.22	Still new, reserves not yet built up.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

**Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Herts County Council Communities Herts Community Foundation Allen Lane Foundation The Childwick Trust Follett Trust Locality Budgets of local councillors
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		Bishop's Stortford Town Council The Braziers Trust Leathersellers East Herts Lottery
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of local Counsellors Lack of Helpline Volunteers Attrition after training Helpline Volunteers Inability to attract funding sources Loss of Trustees
Other		

## Structure, Governance and Management

Description of charity's trusts:		Nil
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Red Kite Constitution (Board of Trustees)
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Personal recommendation, followed by written application, then by unanimous vote by quorate Board of Trustees, then by written acceptance of new Trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Disciplinary Confidentiality Staff Well-being Environmental Subject Access Request Adult Safeguarding Diversity & Equal Opportunities Health & Safety Violence & Aggression & Incident Report Financial controls Use of Online Calls & Meetings Facilities

The charity's organisational structure and any wider network with which the charity works	Para 1.51	Board of Trustees reporting to Charity Commission & Funders. Volunteer Co-ordinator reporting to line-manager Trustee (SRJ). Helpline Volunteers reporting to Volunteer Co-Ordinator and 2 Trustees, supervised by qualified counsellors. Volunteer Counsellors reporting to managing Trustee (ShN)
Relationship with any related parties	Para 1.51	Membership pending with The Survivors Trust.
Other		Communications Strategy Business Continuity Plan Risk Register

## Reference and Administrative details

Charity name	Red Kite Rape and Sexual Abuse Support Service
Other name the charity uses	(formerly Red Kite Rape and Sexual Abuse Centre)
Registered charity number	1185947
Charity's principal address	82 Thorley Hill Bishop's Stortford Herts CM23 3NB

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siobhan Nundram	Chair	September 2020 -date	Board of Trustees
2	Dr Sue Rayner Jacobs	Deputy Chair Treasurer	September 2020 – date 15 Oct 2019 - date	Board of Trustees Board of Trustees
3	Councillor Norma Symonds	Ambassador	15 October 2019	Board of Trustees
4	Mr Steve Neate	Secretary	23 July 2020	Board of Trustees
5	Charlotte Shyllon	PR/Comms	24 September 2020	Board of Trustees

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Siobhan Nundram	July 2020	Training materials
Omar Daniels	October 2020	Training materials
Dr Sue Rayner Jacobs	October 2019	Banking materials; Training materials & folder; Policy Folder; Correspondence; Funding applications folder  3 reconditioned laptops (2 held by ITSSIE) 5 Headsets  <b>Volunteer Co-ordinator IT:</b> Dell Latitude 3510 laptop, Core Processor, Drive, 15.6" display screen, Windows 10 Pro, 1-year warranty Plantronics Headset.

### Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Psychiatric	Omar Daniels, Retired Consultant Psychiatrist	omardaniels@doctors.org.uk

#### Name of chief executive or names of senior staff members (Optional information)

N/A
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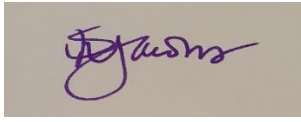
## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

## Other optional information

## Declarations

<b>Signature(s)</b>	
<b>Full name(s)</b>	Dr Sue Rayner Jacobs
<b>Position (eg Secretary, Chair, etc)</b>	Deputy Chair & Treasurer
<b>Date</b>	16 December 2020



Section A

Independent Examiner's Report

Report to the trustees/ members of

Red Kite Rape and Sexual Abuse Support Service

On accounts for the year ended

16 November 2020

Charity no (if any)

1185947

Set out on pages

1 & 2 of this report

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 16 November 2020.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

3/1/21

Name:

KEVIN HINKEN

Relevant professional qualification(s) or body (if any):

CIMA

Address:

Dairy Farm

GAUNT'S END, ELSENHAM

HEETS, CM22 6SR

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A