

# FIRM FOUNDATION MINISTRIES

England & Wales · Charity number 1185921

## Details

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**Other names** FIRM FOUNDATION MINISTRIES UK

**Status** Registered

**Legal form** CIO

**Registered** 2019-10-22

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Barking Methodist Church  
London Road  
Barking  
IG11 8AL

**Phone** 07846111829

**Email** [REVCHRISTABELL@HOTMAIL.COM](mailto:REVCHRISTABELL@HOTMAIL.COM)

## Activities

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**Objects:** THE OBJECT OF THE CIO IS FOR THE BENEFIT OF THE PUBLIC:TO ADVANCE THE CHRISTIAN FAITH IN ACCORDANCE WITH THE STATEMENT OF BELIEFS IN SUCH WAYS AS THE TRUSTEES FROM TIME TO TIME MAY THINK FIT

**Activities:** Preaching the word of God, Organisation of women, Youth development, Prayer meetings, Worship service and seminars.

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** Religious Activities
- **Who:** The General Public/mankind

## Geography

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- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£345	£1,710	-	-
2024-07-31	£190	£144	-	-
2023-07-31	£50	£0	-	-
2022-07-31	£1,613	£244	-	-
2021-07-31	-	-	-	-
2020-07-31	£1,100	£450	-	-

## Trustees

Name	Role	Appointed
<b>BENJAMIN CROSBY SAMPSON DAVIS</b>	Chair	2018-07-30
Emilia Ackah		2026-03-06
Rev CHRISTABELL MENSAH		2017-07-30

**FIRM FOUNDATION MINISTRIES**

England & Wales - Charity number 1185921

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# Accounts

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# Firm Foundation Ministries

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**Charity Number: 1185921**

## **Trustees' Annual Report and Receipts & Payments Accounts For the Year Ended 31 July 2025**

Charity Number: 1185921

### **Receipts and Payments Account**

The object of the CIO is for the benefit of the public: to advance the Christian faith in accordance with the Statement of Beliefs in such ways as the trustees may from time to time think fit.

The charity's activities during the year included:

- Preaching and teaching of the Christian faith.
- Organisation of women's ministry activities.
- Youth development programmes.
- Prayer meetings and worship services.
- Seminars and community outreach activities.

### **Receipts and Payments Account**

Income	£
Donations and Contributions	345
Total Income	345

Expenditure	£
Expenditure on Charitable Activities	1710
Net Deficit	1,365

**Cash Balance as of 31<sup>st</sup> July 2025: £162.81**

### **Reserves Policy**

Firm Foundation Ministries will maintain free reserves equivalent to three months' unrestricted operating costs to protect core services, cover shortfalls, and ensure an orderly response to unforeseen events. Any drawdown must be approved by the trustees and accompanied by a replenishment plan.

## Public Benefit Statement

Firm Foundation Ministries exists to advance the Christian faith and provide community support for the public benefit through accessible and low-cost services and support to eligible members of the local community.

## Structure, governance and management

Trustees serving during the period were:

Benjamin Crosby Sampson Davis – Chair  
Emilia Ackah – Trustee  
Rev Christabell Mensah – Trustee

Trustees are appointed in accordance with the charity's governing document and are responsible for the strategic direction, governance and financial oversight of the charity.

## Public Benefit Statement

Firm Foundation Ministries exists to advance the Christian faith and provide community support for the public benefit through accessible and low-cost religious, educational and community activities.

The charity delivers services and support designed to promote spiritual growth, community engagement and personal development, with activities intended to provide measurable and lasting benefits to members of the public.

## Public Benefit Statement

The trustees declare that they have approved this report and confirm that, to the best of their knowledge, the information contained within it is accurate and complete.

Trustee Declaration

I confirm I am a trustee of Firm Foundation Ministries, will act in the charity's best interests, comply with its governing document and policies, declare any conflicts of interest, and participate in governance and oversight to ensure the charity delivers its public benefit.

Signed: *C Mensah*

Name: Rev Christabell Mensah

Position: Trustee

Date: 11/6/2026

**FIRM FOUNDATION MINISTRIES**

England & Wales - Charity number 1185921

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# Accounts

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# Firm Foundation Ministries

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**Charity Number: 1185921**

## **Trustees' Annual Report and Receipts & Payments Accounts For the Year Ended 31 July 2024**

Charity Number: 1185921

### **Receipts and Payments Account**

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- Seminars and community outreach activities.

### **Receipts and Payments Account**

Income	£
Donations and Contributions	190
Total Income	190

Expenditure	£
Expenditure on Charitable Activities	144
Net Surplus	46

**Cash Balance as of 31<sup>st</sup> July 2024: £21.40**

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Signed: *C Mensah*

Name: Rev Christabell Mensah

Position: Trustee

Date: 11/6/2026

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England & Wales - Charity number 1185921

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# Accounts

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# Firm Foundation Ministries

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**Charity Number: 1185921**

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Charity Number: 1185921

### **Receipts and Payments Account**

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### **Receipts and Payments Account**

Income	£
Donations and Contributions	50
Total Income	50

Expenditure	£
Expenditure on Charitable Activities	Nil
Net Surplus	50

**Cash Balance as of 31<sup>st</sup> July 2023: £1,386.59**

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Signed: *C Mensah*

Name: Rev Christabell Mensah

Position: Trustee

Date: 11/6/2026

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# Accounts

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## Trustees Annual Report

### Firm Foundation Ministries

#### Aim and purpose:

##### Vision:

- An assembly dedicated to the Lord, reaching out to people in the world for Christ our Lord.
- Disciple, grounded in God's word until the day he will return.
- To bring up believers who are faithful and loyal in the things of God
- To help many people know the biblical Truth to be saved
- To reach out to the children with the gospel of our Lord Jesus Christ for their salvation
- To help people advance in their faith in Christianity, in accordance with the statement of belief in such ways as the trustees from time to time may think fit
- Training and coaching willing participants on different church roles and using the standard of church meeting manual.

#### Objectives and activities:

Firm Foundation ministries is committed to enabling as many people to God and to join the church and the community. We as the church trustees have the responsibility to make sure that worship service is well-planned and make suggestions on how we can improve them. Our services put into practice by the word of God, pray, Scriptures and music (worship). When we are planning our church activity's (programs) we try to enable ordinary people in the community to live out their faith as part of the church mission.

- Learning about the gospel and developing their knowledge and trust in Christ Jesus our Lord.
- Provision of a story of care for people within the church and the community
- Missionary and outreach work
- To facilitate the work, it is important that we maintain the fabric of the Church Firm Foundation Ministries

### Achievements and performance:

#### Worship and prayer:

Firm foundation ministries is keen to offer a range of services during the week with our Thursday midnight cry Service and our Sunday services. We also have programs planned to bring both the church and the community to find beneficial and spiritually fulfilling for all individuals. Our Thursday service "midnight cry" is an evening prayer online services conducted on zoom from 11 pm to 12 am that provides a quiet intimate and reflective environment of worship prayer and study of the Scriptures whilst opportunities are provided for people to engage in a more outgoing worship by taking part in church activities and departments.

2019 to 2020 was very hard due to all Pandemic of COVID-19. Because of the National lockdown we were not able to welcome back a lot of our church members and their families or open the church to the community. This was very devastating for all of us knowing that the whole world is going through a crisis. But due to the modern age of technology we were able to still connect with our members via zoom and that has been very successful platform to connect with everyone in this hard times of need.

#### Financial review:

2019 to 2020 was taken up by COVID-19 which restricted our meeting and our church had to close down because of lockdown restrictions. We all know that times have been very hard both financially and emotionally for everyone around the world and a lot of our members and community. We know that a lot of people would have loved to dedicate and pledge financial support to the ministry but as times have been hard financially for a lot of our members they were not able to support the ministry the way they usually do.

#### Volunteers:

Firm foundation ministries would like to say a big thank you to all our volunteers who work so hard to make our ministry and Community lively and vibrant.

#### Firm Foundation Ministries

**Address:** 37A London Rd, Barking IG11 8AN

Telephone number: 07846111829 & 07475721706

#### Trustees:

Bishop Christabell Mensah

Benjamin Crosby Sampson-Davis

Joseph Aggrey