

GIRL PACK MILTON KEYNES

England & Wales · Charity number 1185864

Details

Status Registered

Legal form Other

Registered 2019-10-17

Register [View on the Charity Commission register](#)

Contact

Address 1 George Avenue
Glebe Farm
Milton Keynes
MK17 8TY

Phone 07522548750

Email info@girlpack.org

Website www.girlpack.org

Activities

Objects: THE RELIEF OF FINANCIAL HARDSHIP AMONG GIRLS AND YOUNG WOMEN LIVING OR WORKING IN MILTON KEYNES BY PROVIDING SUCH PERSONS WITH SANITARY ITEMS AND RELATED PRODUCTS WHICH THEY COULD NOT OTHERWISE AFFORD

Activities: Girl Pack provides emergency period packs to schools, community/children's/family centres and local government offices in Milton Keynes. These packs contain a full packet of period pads, intimate wipes, a pair of knickers and hand sanitiser. We do not means test so our packs are available to all who need them. We like to think we take a little pressure off of families in need.

Classification

- **How:** Provides Services
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Children/young People, The General Public/mankind

Geography

- Bedford
- Buckinghamshire
- Central Bedfordshire
- Luton
- Milton Keynes
- Northamptonshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£35,399	£19,325	-	-
2024-03-31	£26,701	£23,245	-	-
2023-03-31	£22,799	£15,319	-	-
2022-03-31	£3,196	£4,714	-	-
2021-03-31	£440	£697	-	-

Trustees

Name	Role	Appointed
Deborah Goodridge		2024-03-15
Jeniffer Head		2021-10-31
Megan Head		2024-03-15
Megan Knight		2022-01-01

GIRL PACK MILTON KEYNES

England & Wales - Charity number 1185864

Accounts



Trustees' Annual Report for the period

From **01/03/2024** Period start date To **31/03/2025**
Period end date

Charity name: **Girl Pack**

Charity registration number: **1185864**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide free period products to anyone who needs them.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Girl Pack provides emergency period packs and period products to partners for them to distribute across Milton Keynes. Partners include schools, children's centres, community centres, doctors' surgeries and local parish council offices. Partners can also access pad baskets at a reduced cost. We run pad basket scheme for employers to take advantage of. This is a paid scheme that raises money for the charity as the same time as supporting those in the workplace.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have had access to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not give grants.
Policy on social investment including program related investment	Para 1.38	Our policy is to reinvest any monies raised back into the charity therefore benefitting the community.
Contribution made by volunteers	Para 1.38	Girl Pack is a volunteer led charity which means that our volunteers do everything to make this charity a success. We value each and every person who helps to provide the

		community with free period products.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Period Packs Delivered = 8619 Period Products Delivered = 4813 New Partners = 19</p> <p>Total No. of Partners at the end of March 2025 = 136 Of these 47 = Schools 86 = Community 3 = Pad Basket</p> <p>We delivered 17% less period products, and 17% less emergency period packs this year when compared to last year. This was due to operational issues associated with the organisation being volunteer led.</p> <p>That's a total of 13,432 periods supported this year.</p> <p>Overall, Girl Pack has supported 40,862 periods since records began in 2021.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We delivered 17% less period products, and 17% less emergency period packs this year when compared to the previous year. This was mainly due to operational issues of being volunteer led. Time from volunteers was not as available as previous year to chase and liaise with partners.
Performance of fundraising activities against objectives set	Para 1.41	Fundraising this year was much better than expected with a 44% increase in monies received compared to the previous year.
Investment performance against objectives	Para 1.41	n/a

Other		
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position was bolstered by a £20,000 grant being paid in May and excellent fundraising throughout the summer. this has allowed us to finish the year with a healthy bank balance.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have no policy with regards to holding reserves
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	We have very little running costs and have no staff so there is no need to have reserves.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We have no uncertainties about the charity going forward with regards to funds.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants = £21,000 Fundraising = £11,268 Donations = £3,131 Corporate Sponsorship = £0
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Obtaining grants has become very hard in recent years and fundraising/donations have also dropped since covid. We hope this will change going forward.
Other		

Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document (trust deed, royal charter)	Para 1.25	N/A
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity has 4 trustees and a pool of 30 volunteers.
Relationship with any related parties	Para 1.51	N/A
Other		

Reference and Administrative details

Charity name	Girl Pack
Other name the charity uses	
Registered charity number	1185864
Charity's principal address	1 George Avenue Glebe Farm Milton Keynes MK17 8TY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Megan Knight	Treasurer		
2	Jennifer Head	Chair		
3	Debbie Goodridge			
4	Megan Head			
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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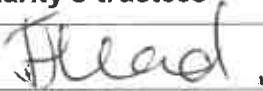

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jennifer Head	Megan Knight
Position (eg Secretary, Chair, etc)	Chair	Treasurer

Date



CHARITY COMMISSION
FOR ENGLAND AND WALES

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1185864

Receipts and payments accounts

CC16a

For the period
from

Period starts on
1/4/2024

To

Period ends on
3/31/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising	11,268	-	-	11,268	5,578
Grants	-	21,000	-	21,000	13,633
Donations	3,131	-	-	3,131	4,490
Sponsorship	-	-	-	-	3,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,399	21,000	-	35,399	26,701
A2 Asset and investment sales, (see table).					
N/A	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,399	21,000	-	35,399	26,701
A3 Payments					
Fundraising	4,208	-	-	4,208	2,604
Period Packs	12,357	-	-	12,357	18,710
Running Costs	553	-	-	553	795
Advertising & Promotion	2,207	-	-	2,207	1,138
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	19,325	-	-	19,325	23,247
A4 Asset and investment purchases, (see table)					
N/A	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	19,325	-	-	19,325	23,247
Net of receipts/(payments)	- 4,926	21,000	-	16,074	3,454
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 4,926	21,000	-	16,074	3,454

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	N/A	-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))			

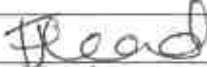

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	N/A		-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	N/A		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	N/A		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Jennifer Head	11/28/2025
	Megan Knight	11/28/2025

GIRL PACK MILTON KEYNES

England & Wales - Charity number 1185864

Accounts



Trustees' Annual Report for the period

From 01/03/2023 Period start date To 31/03/2024
Period end date

Charity name: Girl Pack

Charity registration number: 1185864

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide free period products to anyone who needs them.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Girl Pack provides emergency period packs and period products to partners for them to distribute across Milton Keynes. Partners include schools, children's centres, community centres, doctors' surgeries and local parish council offices. Partners can also access pad baskets at a reduced cost. We run pad basket scheme for employers to take advantage of. This is a paid scheme that raises money for the charity as the same time as supporting those in the workplace.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have had access to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not give grants.
Policy on social investment including program related investment	Para 1.38	Our policy is to reinvest any monies raised back into the charity therefore benefitting the community.
Contribution made by volunteers	Para 1.38	Girl Pack is a volunteer led charity which means that our volunteers do everything to make this charity a success. We value each and every person who helps to provide the

		community with free period products.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Period Packs Delivered = 9806 Period Products Delivered = 5802 New Partners = 42</p> <p>Total No. of Partners at the end of March 2024 = 117 Of these 43= Schools 71 = Community 3 = Pad Basket</p> <p>Back to School Sponsorship from Xero and David Lock Associates.</p> <p>We delivered 87% more period products and 70% more emergency period packs this year when compared to last year.</p> <p>That's a total of 15608 periods supported this year.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We delivered 87% more period products and 70% more emergency period packs this year when compared to last year.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position was bolstered by £13632 in grants being paid in November and this has allowed us to finish the year with a healthy bank balance.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have no policy with regards to holding reserves
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	We have very little running costs and have no staff so there is no need to have reserves.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We have no uncertainties about the charity going forward with regards to funds.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants = Co-Op Community Fund £2,132.69 Great Linford Parish Council = £1,500 MK Community Foundation = £10,000 Fundraising = £5,578 Donations = £4,490 Corporate Sponsorship = Xero £1,500 David Lock Associates £1,500
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Obtaining grants has become very hard in recent years and fundraising/donations have also dropped since covid. We hope this will change going forward.
Other		

Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document (trust deed, royal charter)	Para 1.25	N/A
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity has 4 trustees and a pool of 30 volunteers.
Relationship with any related parties	Para 1.51	N/A
Other		

Reference and Administrative details

Charity name	Girl Pack
Other name the charity uses	
Registered charity number	1185864
Charity's principal address	1 George Avenue Glebe Farm Milton Keynes MK17 8TY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Megan Knight	Treasurer		
2	Jennifer Head	Chair		
3	Debbie Goodridge			
4	Megan Head			
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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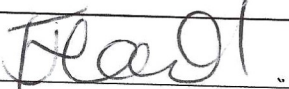

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jennifer Head	Megan Knight
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	31/01/2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Girl Pack 1185864

Receipts and payments accounts

CC16a

For the period from 04/01/2023 To 31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising	5,578	-	-	5,578	-
Grants	-	13,633	-	13,633	-
Donations	4,490	-	-	4,490	-
Sponsorship	3,000	-	-	3,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	13,068	13,633	-	26,701	-
A2 Asset and investment sales, (see table).					
N/A	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	13,068	13,633	-	26,701	-
A3 Payments					
Fundraising	2,604	-	-	2,604	-
Period Packs	18,710	-	-	18,710	-
Runnig Costs	795	-	-	795	-
Advertising & Promotion	1,138	-	-	1,138	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	23,247	-	-	23,247	-
A4 Asset and investment purchases, (see table)					
N/A	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	23,247	-	-	23,247	-
Net of receipts/(payments)	- 10,179	13,633	-	3,454	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 10,179	13,633	-	3,454	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	N/A	-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

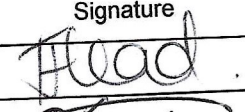
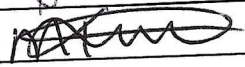
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Jennifer Head	31/01/2025
	Megan Knight	31/01/2025