



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2024 Period start date
To 31/12/2024 Period end date

Charity name: Healics Recovery

Charity registration number: 1185698

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Healics Recovery is to assist and reintegrate vulnerable individuals, recovering from addiction and surrounding issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main Activities: Providing 'dry' (substance free) housing. Liaising with local authority services on behalf of recoverees Counselling Facilitating access and support of recoverees with other relevant services. Other activities relating to life management and community reintegration e.g. guidance on gym memberships and educational courses
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Confirmed.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not issue grants or sums of money to individuals.
Policy on social investment including program related investment	Para 1.38	The charity does not invest financially in other services.
Contribution made by	Para 1.38	There are no financial contributions made by volunteers. The managing director of Healics

volunteers		<p>Recovery is Joanna Ede.</p> <p>She does not claim a regular income for her position, however money is transferred to the business she runs as payment for the premises used by Healics Recovery.</p>
Other		N/A

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>During 2024 major renovations were undertaken at Healics. Financially, this means that there were considerable outgoings during the year. However the renovations were necessary for the maintenance and provision of the housing services Healics is able to provide. Therefore, despite the financial situation the overall change to Healics Recovery is regarded as positive.</p> <p>The recoverees remained relatively stable during this year. One of the persons successfully helped moved on after almost two years using Healics Recovery. As part of their journey they reengaged with estranged family members and this was facilitated by the charity.</p> <p>A second recoveree who had been with Healics roughly a year at this point also began to form closer links with their family. As part of these family meetings their relationship with their young son began to grow. Although the recoveree was not yet stable in their sobriety to leave Healics at this point these positive developments are noted a significant achievement of the charity.</p> <p>At the end of 2024 Healics Recovery was fully utilised with all rooms available being occupied. This represents a significant achievement for the charity and although numbers fluctuate it shows the continued need for the services offered.</p> <p>At the end of 2024 there were four people using Healics Recovery services.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	A significant achievement of Healics during this period was to have the first person leave the charity fully sober and a second well on their way to recovery.
Performance of fundraising activities against objectives set	Para 1.41	No fundraising was conducted during this period.
Investment performance against objectives	Para 1.41	No investment was made during this period. The house was refurbished slightly to improve the living conditions of referees and to improve the overall profile of the charity's services.
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>The charity started the period with £40072. The financial period ended with £16933 in the account.</p> <p>The reduction in funds available to the charity does not represent a loss of mission, purpose or use of charity services. Instead it is noted that £36000 was withdrawn over the year to pay for substantial repairs to the roof, bathroom and windows of the building. This figure does not include incidental payments also made throughout this period. Therefore, to finish the year still with £16000 in the account is a considerable achievement.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>Between 2023 and 2024 the reserve was maintained at £15000.</p> <p>It was always the aim of the charity to ensure that sufficient reserves were held to cover maintenance and repairs to Healics Recovery House 2024 demonstrated that the charity could indeed provide this with reserves still in plan for emergency outlays.</p>
Amount of reserves held	Para 1.22	£15000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>During the reporting period the charity's principal source of funds is from Neath and Port Talbot local authority. The housing benefit is paid directly to the charity. This is done to ensure that the vulnerable adults using Healics Recovery have housing and other basic services taken care of and to minimise any potential barriers to support that recovering addicts may face.</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	<p>The investment policy of Healics Recovery is simply to maintain the provision of service currently offered. This includes maintenance and repair of the housing offered by Healics Recovery.</p>
		The principal risks facing the charity are

A description of the principal risks facing the charity	Para 1.46	<p>the continued changes to care provision in South Wales.</p> <p>Financial uncertainties for local authorities continued to restrict long term development plans.</p> <p>Starting in late 2024 Brynawel Rehab services begun to change their operating model, representing a shift in focus for their operations. For Healics Recovery this means that the charity is beginning to diversify and explore new referral pathways. This is a risk and only started near the end of the reporting period.</p>
Other		

Structure, Governance and Management

Description of charity's trusts:		n/a
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees were originally sought from persons who had skills relevant to the charity's stated purpose.</p> <p>The original trustees are still in position. Should the need to select new trustees arise suitable candidates will be sought by the trustees themselves before being elected to the position. Simple majority affirmation.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are required to attend annual meetings either virtually or in person.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity's structure follows that of a CIO.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Healics Recovery
Other name the charity uses	
Registered charity number	1185698
Charity's principal address	<p>For correspondence: 15 Worcester Dr., Langland, Mumbles, Swansea SA3 2HL</p> <p>For operation: 14 Allistair Street, Neath SA11 1EN</p>

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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sian Heke			
2	John Charles			
3	Joshua Ede			
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

J. Ede

Full name(s)

Joshua Warren Ede

Position (eg Secretary,
Chair, etc)

Trustee

Date

22/11/2025