



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2023 Period start date
To 31/12/2023 Period end date

Charity name: Healics Recovery

Charity registration number: 1185698

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Healics Recovery is to assist and reintegrate vulnerable individuals, recovering from addiction and surrounding issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main Activities: Providing 'dry' (substance free) housing. Liaising with local authority services on behalf of recoverees Counselling Facilitating access and support of recoverees with other relevant services. Other activities relating to life management and community reintegration e.g. guidance on gym memberships and educational courses
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Confirmed.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not issue grants or sums of money to individuals.
Policy on social investment including program related investment	Para 1.38	The charity does not invest financially in other services.
Contribution made by	Para 1.38	There are no financial contributions made by volunteers. The managing director of Healics

volunteers		<p>Recovery is Joanna Ede.</p> <p>She does not claim a regular income for her position, however money is transferred to the business she runs as payment for the premises used by Healics Recovery.</p>
Other		Money transferred

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>2023 represents a period of stability for the charity. For the majority of the year three recoverees were using its services with the maximum capacity of the charity being four persons this represents a considerable success.</p> <p>Recovery is a long journey and although three people were consistently using Healics Recovery this does not mean that persons did come and go. As noted in the previous years report an exceptional case of a woman in Healics Recovery was moved on in early 2023 due to the increased support required to her.</p> <p>One of the persons that had been using the services in 2022 was also able to move on and find alternative accommodation because of their continued progress in recovery. Despite these people moving the referrals from Brynawel meant that demand for Healics places was still high.</p> <p>One notable success was that one of the recoverees, whilst still requiring support from Healics, was able to counsel others using the Brynawel Rehab facility. This represents a considerable milestone in their sobriety and also the trust and partnership that Brynawel and Healics have fostered.</p> <p>At the end of 2023 there were 3 people using Healics Recovery services.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

		A significant achievement of Healics during this period was to become a
--	--	--

Achievements against objectives set	Para 1.41	continued pathway for referrals from Brynawel Rehab services.
Performance of fundraising activities against objectives set	Para 1.41	No fundraising was conducted during this period.
Investment performance against objectives	Para 1.41	No investment was made during this period. The house was refurbished slightly to improve the living conditions of referees and to improve the overall profile of the charity's services.
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity started the period with £24041. It continued to grow during the year taking regular payments for the recoverees housed over the year. The financial period ended with £40145 in the account.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Between 2022 and 2023, and noting the successes of Healics Recovery, the reserve was increased from £12000 to £15000. Increases to rates for utilities and council tax occurred during the period and therefore an increase to the reserves was warranted. It was always the aim of the charity to ensure that sufficient reserves were held to cover maintenance and repairs to Healics Recovery House and the stable financial situation has allowed this for 2023.
Amount of reserves held	Para 1.22	£15000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	During the reporting period the charity's principal source of funds is from Neath and Port Talbot local authority. The housing benefit is paid directly to the charity. This is done to ensure that the vulnerable adults using Healics Recovery have housing and other basic services taken care of and to minimise any potential barriers to support that recovering addicts may face.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The investment policy of Healics Recovery is simply to maintain the provision of service currently offered. This includes maintenance and repair of the housing offered by Healics Recovery.
A description of the principal risks facing the charity	Para 1.46	The principal risks facing the charity are the continued changes to care provision in South Wales. Financial uncertainties for local authorities continued to restrict long

		<p>term development plans.</p> <p>It is recognised that Healics Recovery is particularly vulnerable to changes in Brynawel Rehab service.</p>
Other		

Structure, Governance and Management

Description of charity's trusts:		n/a
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees were originally sought from persons who had skills relevant to the charity's stated purpose.</p> <p>The original trustees are still in position. Should the need to select new trustees arise suitable candidates will be sought by the trustees themselves before being elected to the position. Simple majority affirmation.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are required to attend annual meetings either virtually or in person.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity's structure follows that of a CIO.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Healics Recovery
Other name the charity uses	
Registered charity number	1185698
Charity's principal address	<p>For correspondence: 15 Worcester Dr., Langland, Mumbles, Swansea SA3 2HL</p> <p>For operation: 14 Allistair Street, Neath SA11 1EN</p>

--	--

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sian Heke			
2	John Charles			
3	Joshua Ede			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

J. Ede

Full name(s)

Joshua Warren Ede

Position (eg Secretary,
Chair, etc)

Trustee

Date

22/11/2025