



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2022 Period start date
To 31/12/2022 Period end date

Charity name: Healics Recovery

Charity registration number: 1185698

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Healics Recovery is to assist and reintegrate vulnerable individuals, recovering from addiction and surrounding issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main Activities: Providing 'dry' (substance free) housing. Liaising with local authority services on behalf of recoverees Counselling Facilitating access and support of recoverees with other relevant services. Other activities relating to life management and community reintegration e.g. guidance on gym memberships and educational courses
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Confirmed.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not issue grants or sums of money to individuals.
Policy on social investment including program related investment	Para 1.38	The charity does not invest financially in other services.
Contribution made by	Para 1.38	There are no financial contributions made by volunteers. The managing director of Healics

volunteers		<p>Recovery is Joanna Ede.</p> <p>She does not claim a regular income for her position, however money is transferred to the business she runs as payment for the premises used by Healics Recovery.</p>
Other		

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The charity gained momentum in 2022, by the end of the year. Initial pathways for recovery developed in 2019 – 21, with Brynawel Rehab continued.</p> <p>For the first half of the year there was one person using the services offered by 'Healics Recovery'. This person gained confidence and skills throughout the year and one notable achievement was their volunteering for the Salvation Army.</p> <p>In July the recoveree was joined by a second person who continued to use Healics up to Christmas and beyond. This person also benefitted from the services offered by the charity and began to reintegrate with the wider community finding some ad-hoc work as an upholsterer for another charity.</p> <p>In November Healics made an exception to its charter in allowing two women to use the service. The original mission statement of Healics exclusively offered the space to males recognising that men and women need different support and expertise during their recovery journey.</p> <p>The two women came through the Brynawel referral and were described as emergency cases. As a result it was felt that in these cases exceptions should be made. Unfortunately, this situation did not work out and one of the women left soon after recognising that she required further support that Healics Recovery could not provide.</p> <p>At the end of 2022 there were still 3</p>

		people using Healics Recovery services each making individual progress on their recovery journey.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	A significant achievement of Healics during this period was to become a continued pathway for referrals from Brynawel Rehab services.
Performance of fundraising activities against objectives set	Para 1.41	No fundraising was conducted during this period.
Investment performance against objectives	Para 1.41	No investment was made during this period, however repairs to the heating system were made to the house to improve the living conditions of recoverees.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity started the period with £8465. It continued to grow during the year taking regular payments for the recoverees housed over the year. The financial period ended with £20441 in the account. This includes money taken out to make substantial repairs to the boiling and heating system following a leak discovered in the summer of 2022.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>Between 2021 and 2022, and noting the successes of Healics Recovery, the reserve was increased from £3000 to £12000.</p> <p>It is noted that the plumbing costs alone in 2022 were £3150, greater than the reserve held in 2021. It is also highlighted that increases to rates for utilities and council tax occurred during the period and therefore an increase to the reserves was warranted.</p> <p>It was always the aim of the charity to ensure that sufficient reserves were held to cover maintenance and repairs to Healics Recovery House and the positive financial situation for Healics has allowed this during 2022.</p>
Amount of reserves held	Para 1.22	£12000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	During the reporting period the charity's principal source of funds is from Neath and Port Talbot local authority. The housing benefit is paid directly to the charity. This is done to ensure that the vulnerable adults using Healics Recovery have housing and other basic services taken care of and to minimise any potential barriers to support that recovering addicts may face.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The investment policy of Healics Recovery is simply to maintain the provision of service currently offered. This includes maintenance and repair of the housing offered by Healics Recovery.

A description of the principal risks facing the charity	Para 1.46	<p>The principal risks facing the charity are the continued changes to care provision in South Wales.</p> <p>Financial uncertainties for local authorities continued to restrict long term development plans.</p> <p>It is recognised that Healics Recovery is particularly vulnerable to changes in Brynawel Rehab service.</p>
Other		

Structure, Governance and Management

Description of charity's trusts:		n/a
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees were originally sought from persons who had skills relevant to the charity's stated purpose.</p> <p>The original trustees are still in position. Should the need to select new trustees arise suitable candidates will be sought by the trustees themselves before being elected to the position. Simple majority affirmation.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are required to attend annual meetings either virtually or in person.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity's structure follows that of a CIO.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Healics Recovery
Other name the charity uses	
Registered charity number	1185698
Charity's principal address	<p>For correspondence: 15 Worcester Dr., Langland, Mumbles, Swansea SA3 2HL</p> <p>For operation: 14 Allistair Street, Neath SA11 1EN</p>

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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sian Heke			
2	John Charles			
3	Joshua Ede			
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

J. Ede

Full name(s)

Joshua Warren Ede

Position (eg Secretary,
Chair, etc)

Trustee

Date

22/11/2025