

HEALICS RECOVERY

England & Wales · Charity number 1185698

Details

Status Registered

Legal form CIO

Registered 2019-10-08

Register [View on the Charity Commission register](#)

Contact

Address 14 Allister Street
Neath
SA11 1EN

Phone 07856091062

Email ede4hn@btinternet.com

Website <https://www.healicsrecovery.com/>

Activities

Objects: THE OBJECTS OF THE CIO ARE TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF SUBSTANCE MISUSERS REGARDLESS OF RACE CREED CULTURE ETHNICITY GENDER AGE DISABILITY BY PROVIDING RESIDENTIAL ACCOMMODATION IN AN ABSTINENCE BASED ENVIRONMENT AND TO ACT AS A RECOVERY MECHANISM TO ENCOURAGE A STATE OF NORMALITY FOLLOWING A FORMAL REHABILITATION PROGRAMME OF ALCOHOL AND SUBSTANCE MISUSE. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008].

Activities: Healics operates a dry house facility and programme for recovering addicts in the South Wales (Neath) area. The primary activities include: Housing, counselling, facilitating government services e.g. ensuring persons have the correct paperwork for benefits claims. Further activities include workshops, meetings and exploring pathway options for persons seeking to reintegrate with their community.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Throughout Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£38,780	£61,992	-	-
2023-12-31	£46,531	£26,827	-	-
2022-12-31	£29,788	£16,612	-	-
2021-12-31	£1,029	£3,661	-	-
2020-12-31	£19,839	£9,915	-	-

Trustees

Name	Role	Appointed
Dr Sian Katherine Heke	Chair	2019-08-19
John Anthony Charles		2019-09-19
Joshua Warren Ede		2019-08-19

HEALICS RECOVERY

England & Wales - Charity number 1185698

Accounts



Trustees' Annual Report for the period

From 01/01/2024 Period start date
To 31/12/2024 Period end date

Charity name: **Healics Recovery**

Charity registration number: **1185698**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Healics Recovery is to assist and reintegrate vulnerable individuals, recovering from addiction and surrounding issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main Activities: Providing 'dry' (substance free) housing. Liaising with local authority services on behalf of recoverees Counselling Facilitating access and support of recoverees with other relevant services. Other activities relating to life management and community reintegration e.g. guidance on gym memberships and educational courses
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Confirmed.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not issue grants or sums of money to individuals.
Policy on social investment including program related investment	Para 1.38	The charity does not invest financially in other services.
Contribution made by	Para 1.38	There are no financial contributions made by volunteers. The managing director of Healics

volunteers		<p>Recovery is Joanna Ede.</p> <p>She does not claim a regular income for her position, however money is transferred to the business she runs as payment for the premises used by Healics Recovery.</p>
Other		N/A

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>During 2024 major renovations were undertaken at Healics. Financially, this means that there were considerable outgoings during the year. However the renovations were necessary for the maintenance and provision of the housing services Healics is able to provide. Therefore, despite the financial situation the overall change to Healics Recovery is regarded as positive.</p> <p>The recoverees remained relatively stable during this year. One of the persons successfully helped moved on after almost two years using Healics Recovery. As part of their journey they reengaged with estranged family members and this was facilitated by the charity.</p> <p>A second recoveree who had been with Healics roughly a year at this point also began to form closer links with their family. As part of these family meetings their relationship with their young son began to grow. Although the recoveree was not yet stable in their sobriety to leave Healics at this point these positive developments are noted a significant achievement of the charity.</p> <p>At the end of 2024 Healics Recovery was fully utilised with all rooms available being occupied. This represents a significant achievement for the charity and although numbers fluctuate it shows the continued need for the services offered.</p> <p>At the end of 2024 there were four people using Healics Recovery services.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	A significant achievement of Healics during this period was to have the first person leave the charity fully sober and a second well on their way to recovery.
Performance of fundraising activities against objectives set	Para 1.41	No fundraising was conducted during this period.
Investment performance against objectives	Para 1.41	No investment was made during this period. The house was refurbished slightly to improve the living conditions of referees and to improve the overall profile of the charity's services.
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>The charity started the period with £40072. The financial period ended with £16933 in the account.</p> <p>The reduction in funds available to the charity does not represent a loss of mission, purpose or use of charity services. Instead it is noted that £36000 was withdrawn over the year to pay for substantial repairs to the roof, bathroom and windows of the building. This figure does not include incidental payments also made throughout this period. Therefore, to finish the year still with £16000 in the account is a considerable achievement.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>Between 2023 and 2024 the reserve was maintained at £15000.</p> <p>It was always the aim of the charity to ensure that sufficient reserves were held to cover maintenance and repairs to Healics Recovery House 2024 demonstrated that the charity could indeed provide this with reserves still in plan for emergency outlays.</p>
Amount of reserves held	Para 1.22	£15000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>During the reporting period the charity's principal source of funds is from Neath and Port Talbot local authority. The housing benefit is paid directly to the charity. This is done to ensure that the vulnerable adults using Healics Recovery have housing and other basic services taken care of and to minimise any potential barriers to support that recovering addicts may face.</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	<p>The investment policy of Healics Recovery is simply to maintain the provision of service currently offered. This includes maintenance and repair of the housing offered by Healics Recovery.</p>
		The principal risks facing the charity are

<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	<p>the continued changes to care provision in South Wales.</p> <p>Financial uncertainties for local authorities continued to restrict long term development plans.</p> <p>Starting in late 2024 Brynawel Rehab services begun to change their operating model, representing a shift in focus for their operations. For Healics Recovery this means that the charity is beginning to diversify and explore new referral pathways. This is a risk and only started near the end of the reporting period.</p>
<p>Other</p>		

Structure, Governance and Management

Description of charity's trusts:		n/a
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees were originally sought from persons who had skills relevant to the charity's stated purpose.</p> <p>The original trustees are still in position. Should the need to select new trustees arise suitable candidates will be sought by the trustees themselves before being elected to the position. Simple majority affirmation.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are required to attend annual meetings either virtually or in person.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity's structure follows that of a CIO.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Healics Recovery
Other name the charity uses	
Registered charity number	1185698
Charity's principal address	<p>For correspondence: 15 Worcester Dr., Langland, Mumbles, Swansea SA3 2HL</p> <p>For operation: 14 Allistair Street, Neath SA11 1EN</p>

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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

J. Ede

Full name(s)

Joshua Warren Ede

Position (eg Secretary,
Chair, etc)

Trustee

Date

22/11/2025

HEALICS RECOVERY

England & Wales - Charity number 1185698

Accounts



Trustees' Annual Report for the period

From 01/01/2023 Period start date
To 31/12/2023 Period end date

Charity name: **Healics Recovery**

Charity registration number: **1185698**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Healics Recovery is to assist and reintegrate vulnerable individuals, recovering from addiction and surrounding issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main Activities: Providing 'dry' (substance free) housing. Liaising with local authority services on behalf of recoverees Counselling Facilitating access and support of recoverees with other relevant services. Other activities relating to life management and community reintegration e.g. guidance on gym memberships and educational courses
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Confirmed.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not issue grants or sums of money to individuals.
Policy on social investment including program related investment	Para 1.38	The charity does not invest financially in other services.
Contribution made by	Para 1.38	There are no financial contributions made by volunteers. The managing director of Healics

volunteers		<p>Recovery is Joanna Ede.</p> <p>She does not claim a regular income for her position, however money is transferred to the business she runs as payment for the premises used by Healics Recovery.</p>
Other		<p>Money transferred</p>

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>2023 represents a period of stability for the charity. For the majority of the year three recoverees were using its services with the maximum capacity of the charity being four persons this represents a considerable success.</p> <p>Recovery is a long journey and although three people were consistently using Healics Recovery this does not mean that persons did come and go. As noted in the previous years report an exceptional case of a woman in Healics Recovery was moved on in early 2023 due to the increased support required to her.</p> <p>One of the persons that had been using the services in 2022 was also able to move on and find alternative accommodation because of their continued progress in recovery. Despite these people moving the referrals from Brynawel meant that demand for Healics places was still high.</p> <p>One notable success was that one of the recoverees, whilst still requiring support from Healics, was able to counsel others using the Brynawel Rehab facility. This represents a considerable milestone in their sobriety and also the trust and partnership that Brynawel and Healics have fostered.</p> <p>At the end of 2023 there were 3 people using Healics Recovery services.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

		<p>A significant achievement of Healics during this period was to become a</p>
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Achievements against objectives set	Para 1.41	continued pathway for referrals from Brynawel Rehab services.
Performance of fundraising activities against objectives set	Para 1.41	No fundraising was conducted during this period.
Investment performance against objectives	Para 1.41	No investment was made during this period. The house was refurbished slightly to improve the living conditions of referees and to improve the overall profile of the charity's services.
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity started the period with £24041. It continued to grow during the year taking regular payments for the recoverees housed over the year. The financial period ended with £40145 in the account.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Between 2022 and 2023, and noting the successes of Healics Recovery, the reserve was increased from £12000 to £15000. Increases to rates for utilities and council tax occurred during the period and therefore an increase to the reserves was warranted. It was always the aim of the charity to ensure that sufficient reserves were held to cover maintenance and repairs to Healics Recovery House and the stable financial situation has allowed this for 2023.
Amount of reserves held	Para 1.22	£15000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	During the reporting period the charity's principal source of funds is from Neath and Port Talbot local authority. The housing benefit is paid directly to the charity. This is done to ensure that the vulnerable adults using Healics Recovery have housing and other basic services taken care of and to minimise any potential barriers to support that recovering addicts may face.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The investment policy of Healics Recovery is simply to maintain the provision of service currently offered. This includes maintenance and repair of the housing offered by Healics Recovery.
A description of the principal risks facing the charity	Para 1.46	The principal risks facing the charity are the continued changes to care provision in South Wales. Financial uncertainties for local authorities continued to restrict long

		term development plans. It is recognised that Healics Recovery is particularly vulnerable to changes in Brynawel Rehab service.
Other		

Structure, Governance and Management

Description of charity's trusts:		n/a
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees were originally sought from persons who had skills relevant to the charity's stated purpose. The original trustees are still in position. Should the need to select new trustees arise suitable candidates will be sought by the trustees themselves before being elected to the position. Simple majority affirmation.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are required to attend annual meetings either virtually or in person.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity's structure follows that of a CIO.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Healics Recovery
Other name the charity uses	
Registered charity number	1185698
Charity's principal address	For correspondence: 15 Worcester Dr., Langland, Mumbles, Swansea SA3 2HL For operation: 14 Allistair Street, Neath SA11 1EN

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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

J. Ede

Full name(s)

Joshua Warren Ede

Position (eg Secretary,
Chair, etc)

Trustee

Date

22/11/2025

HEALICS RECOVERY

England & Wales - Charity number 1185698

Accounts



Trustees' Annual Report for the period

From 01/01/2022 Period start date
To 31/12/2022 Period end date

Charity name: **Healics Recovery**

Charity registration number: **1185698**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Healics Recovery is to assist and reintegrate vulnerable individuals, recovering from addiction and surrounding issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main Activities: Providing 'dry' (substance free) housing. Liaising with local authority services on behalf of recoverees Counselling Facilitating access and support of recoverees with other relevant services. Other activities relating to life management and community reintegration e.g. guidance on gym memberships and educational courses
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Confirmed.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not issue grants or sums of money to individuals.
Policy on social investment including program related investment	Para 1.38	The charity does not invest financially in other services.
Contribution made by	Para 1.38	There are no financial contributions made by volunteers. The managing director of Healics

volunteers		<p>Recovery is Joanna Ede.</p> <p>She does not claim a regular income for her position, however money is transferred to the business she runs as payment for the premises used by Healics Recovery.</p>
Other		

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The charity gained momentum in 2022, by the end of the year. Initial pathways for recovery developed in 2019 – 21, with Brynawel Rehab continued.</p> <p>For the first half of the year there was one person using the services offered by 'Healics Recovery'. This person gained confidence and skills throughout the year and one notable achievement was their volunteering for the Salvation Army.</p> <p>In July the recoveree was joined by a second person who continued to use Healics up to Christmas and beyond. This person also benefitted from the services offered by the charity and began to reintegrate with the wider community finding some ad-hoc work as an upholsterer for another charity.</p> <p>In November Healics made an exception to its charter in allowing two women to use the service. The original mission statement of Healics exclusively offered the space to males recognising that men and women need different support and expertise during their recovery journey.</p> <p>The two women came through the Brynawel referral and were described as emergency cases. As a result it was felt that in these cases exceptions should be made. Unfortunately, this situation did not work out and one of the women left soon after recognising that she required further support that Healics Recovery could not provide.</p> <p>At the end of 2022 there were still 3</p>

		people using Healics Recovery services each making individual progress on their recovery journey.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	A significant achievement of Healics during this period was to become a continued pathway for referrals from Brynawel Rehab services.
Performance of fundraising activities against objectives set	Para 1.41	No fundraising was conducted during this period.
Investment performance against objectives	Para 1.41	No investment was made during this period, however repairs to the heating system were made to the house to improve the living conditions of recoverees.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity started the period with £8465. It continued to grow during the year taking regular payments for the recoverees housed over the year. The financial period ended with £20441 in the account. This includes money taken out to make substantial repairs to the boiling and heating system following a leak discovered in the summer of 2022.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Between 2021 and 2022, and noting the successes of Healics Recovery, the reserve was increased from £3000 to £12000. It is noted that the plumbing costs alone in 2022 were £3150, greater than the reserve held in 2021. It is also highlighted that increases to rates for utilities and council tax occurred during the period and therefore an increase to the reserves was warranted. It was always the aim of the charity to ensure that sufficient reserves were held to cover maintenance and repairs to Healics Recovery House and the positive financial situation for Healics has allowed this during 2022.
Amount of reserves held	Para 1.22	£12000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	During the reporting period the charity's principal source of funds is from Neath and Port Talbot local authority. The housing benefit is paid directly to the charity. This is done to ensure that the vulnerable adults using Healics Recovery have housing and other basic services taken care of and to minimise any potential barriers to support that recovering addicts may face.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The investment policy of Healics Recovery is simply to maintain the provision of service currently offered. This includes maintenance and repair of the housing offered by Healics Recovery.

<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	<p>The principal risks facing the charity are the continued changes to care provision in South Wales.</p> <p>Financial uncertainties for local authorities continued to restrict long term development plans.</p> <p>It is recognised that Healics Recovery is particularly vulnerable to changes in Brynawel Rehab service.</p>
<p>Other</p>		

Structure, Governance and Management

Description of charity's trusts:		n/a
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees were originally sought from persons who had skills relevant to the charity's stated purpose. The original trustees are still in position. Should the need to select new trustees arise suitable candidates will be sought by the trustees themselves before being elected to the position. Simple majority affirmation.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are required to attend annual meetings either virtually or in person.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity's structure follows that of a CIO.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Healics Recovery
Other name the charity uses	
Registered charity number	1185698
Charity's principal address	For correspondence: 15 Worcester Dr., Langland, Mumbles, Swansea SA3 2HL For operation: 14 Allistair Street, Neath SA11 1EN

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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

J. Ede

Full name(s)

Joshua Warren Ede

Position (eg Secretary,
Chair, etc)

Trustee

Date

22/11/2025

HEALICS RECOVERY

England & Wales - Charity number 1185698

Accounts



Trustees' Annual Report for the period

From 01/01/2021 Period start date
To 31/12/2021 Period end date

Charity name: Healics Recovery

Charity registration number: 1185698

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purposes of Healics recovery is to assist and reintegrate vulnerable individuals, recovering from addiction issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main Activities: Providing Dry Housing Liaising with local authority on behalf of recoverees Counselling Facilitating access and support of recoverees with other relevant services Other activities related to life management and community reintegration e.g. guidance on gym memberships and educational courses.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees can confirm this.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not issue grants or sums of money to individuals.
Policy on social investment including program related investment	Para 1.38	The charity does not invest financially in other services.
Contribution made by volunteers	Para 1.38	There are no financial contributions made by volunteers. In terms of activities of volunteers,

		currently the managing director is a volunteer position staffed by Joanna Ede. Although she claims expenses for travel and some trainings she does not currently claim a wage from Healics. Her services relate primarily to the counselling and direct support of individuals receiving housing from Healics.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Although the charity was created in 2019, it took until February 2020 for the charity to receive its first clients. In the preceding period the managing director – Joanna Ede, was liaising closely with other support providers so that Healics could be integrated into existing pathways of recovery and care for recovering addicts. Through this networking a route was identified with Brynawel Rehab – who agreed that vulnerable individuals receiving treatment with them would greatly benefit from the continuing support and reintegration services provided by Healics recovery.</p> <p>Unfortunately, with the enormous strain placed on all services – but particularly those assisting with addiction e.g. drug and alcohol meetings, by the Covid-19 pandemic following November 2020 Healics Recovery did not receive any new clients until November 2021. This was due to pathway referral collapse during the pandemic.</p> <p>The person who moved in, in November 2021 had been identified by Brynawel treatment centre as being in need in the kind of services offered by Healics. As of December 2021 the client is still in position in Healics and is receiving support and progressing well with their recovery.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

		The achievements for the 2021 period
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Achievements against objectives set	Para 1.41	<p>have unfortunately been limited massively in the wake of Covid-19. Nevertheless, the charity was reasonably quick to recover once suitable pathways had been re-established and the healthcare situation in Wales stabilised.</p> <p>The objective for 2021 was simply to provide assistance as soon as possible once addiction services were once again able to operate unhindered and this was achieved.</p>
Performance of fundraising activities against objectives set	Para 1.41	No fundraising activities were undertaken and no increase in Healics funds occurred during the year. The accounts thankfully had received support in the previous year and this was enough to see the charity through with limited operations.
Investment performance against objectives	Para 1.41	No investment was undertaken during the period.
Other		<p>Links were established and despite the pandemic these were maintained. Regular contact between Brynawel Rehab and Healics Recovery continues and with the opening of other support services post-pandemic additional pathways have been identified. Healics is actively looking at 'The Hafod' as another organisation to engage with, but care is being taken to make sure that any new clients fit the ethos of the charity and are committed to a sober lifestyle.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>The charity initially started the period with £9924 following a generous grant awarded by MoonDance due to the impact of the Covid-19 pandemic.</p> <p>Due to the lack of pathways and clients during the reporting period, this money was drawn down against to account for building upkeep and expenses for the property at 14 Allistair street. The final account balance at the end of the reporting period was £7265, which includes the first payment for the new client received in November 2021.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Currently the reserve for Healics Recovery is likely not to be more than £3000. This sum has been identified as a reserve for maintenance costs of the

		building after the mortgage payments.
Amount of reserves held	Para 1.22	£3000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity is still integrating with local support services and with the volatile climate following the pandemic support and pathways are still fluctuating.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	During the reporting period the £600 received by Neath and Port Talbot local authority is the single largest new payment to Healics, however the payment of £7500 received in 2020 by MoonDance remains the single largest contribution to the charity's funds.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The investment policy of Healics Recovery is simply to maintain the provision of services currently offered. This includes maintenance and repair of the housing offered by Healics Recovery. No additional investment is expected.
A description of the principal risks facing the charity	Para 1.46	The principal risks facing the charity are the uncertainties in care provision for addiction and addicts in the South Wales area. This is compounded by financial uncertainties for local authorities, which provide the basis for Healics' income. The charity believes currently it is a stable position despite these challenges, however if continued under utilization should persist then the position will have to be reviewed.
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees were originally sought from persons who had skills relevant to the charities stated purpose i.e. from the recovery community.</p> <p>The original trustees are still in position. Should the need to select new trustees arise suitable candidates will be sought by the trustees themselves before being elected to the position. Simple majority affirmation.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are required to attend annual meeting report meetings either virtually or in person.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity's structure follows that of a CIO.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Healics Recovery
Other name the charity uses	
Registered charity number	1185698
Charity's principal address	<p>For correspondence: 15 Worcester Dr., Langland, Mumbles, Swansea SA3 2HL</p> <p>For operation: 14 Allistair Street, Neath, SA11 1EN</p>

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sian Heke			
2	John Charles			
3	Joshua Ede			
4				
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	J. Ede	
Full name(s)	Joshua Warren Ede	
Position (eg Secretary, Chair, etc)	Trustee	
Date	20/11/2022	

Transactions

Transaction date: 01/01/2021 to 31/12/2021

Account number: xxxx xxxx xxxx 5553

Date	Description	Money In	Money Out	Balance
17/12/2021	BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£ 600.00		£ 7,265.37
14/12/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000021, MANDATE NO 0001		£ 28.15	£ 6,665.37
03/12/2021	WITHDRAWAL 200.00 CASH AT SWANSEA 1 US		£ 200.00	£ 6,693.52
03/12/2021	BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£ 428.57		£ 6,893.52
15/11/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000020, MANDATE NO 0001		£ 28.15	£ 6,464.95
14/11/2021	BILL PAYMENT TO - ELSBE PROPERTY REFERENCE FENCE, MANDATE NO0005		£ 1,080.00	£ 6,493.10
14/10/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000019, MANDATE NO 0001		£ 28.15	£ 7,573.10
14/09/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000018, MANDATE NO 0001		£ 28.15	£ 7,601.25
02/09/2021	BILL PAYMENT TO SW WASTE MANAGEM REFERENCE WASTE MANAGEMENT, MANDATE NO0004		£ 350.00	£ 7,629.40
16/08/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000017, MANDATE NO 0001		£ 28.15	£ 7,979.40

Transactions

Transaction date: 01/01/2021 to 31/12/2021

Account number: xxxx xxxx xxxx 5553

Date	Description	Money In	Money Out	Balance
14/07/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000016, MANDATE NO 0001		£ 28.15	£ 8,007.55
14/06/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000015, MANDATE NO 0001		£ 28.15	£ 8,035.70
14/05/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000014, MANDATE NO 0001		£ 28.15	£ 8,063.85
09/05/2021	CARD PAYMENT TO NPT,1,562.62 GBP ON 07-05-2021		£ 1,562.62	£ 8,092.00
14/04/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000013, MANDATE NO 0001		£ 28.18	£ 9,654.62
15/03/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000012, MANDATE NO 0001		£ 27.99	£ 9,682.80
15/02/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000011, MANDATE NO 0001		£ 27.99	£ 9,710.79
27/01/2021	CARD PAYMENT TO TVLICENSING.CO.UK,157.50 GBP ON 23-01-2021		£ 157.50	£ 9,738.78
14/01/2021	DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000010, MANDATE NO 0001		£ 27.99	£ 9,896.28