

Trustees' Annual Report for the period

	Period start date				Period end date		
	Day 01	Month January	Year 2024		Day 31	Month December	Year 2024
From				To			

Section A

Reference and administration details

Charity name **UNITED KINGDOM CONTINENCE SOCIETY**

Other names charity is known by

Registered charity number (if any) **1185694**

Charity's principal address **Crown House, 28 Winchester Road, Romsey.**

Postcode **SO51 8AA**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Tamsin Greenwell	Chair	April 2024	
2	Veenu Tyagi	Treasurer		
3	Matthew Parsons	Vice Chair	April 2024	
4	Kathy Parsons	Secretary	April 2024	
5				
6				
7				
8				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
NONE	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
NONE		

Name of chief executive or names of senior staff members (Optional information)

None

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Elected

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Annual General Meeting within the programme of the UKCS Annual Scientific Meeting. (April 2024).

Prior to 2020 the charities main source of revenue was via UKCS Management Ltd organising the meetings and webinars. For 2024 there was a small donation from the activities associated with the conference and education.

The main income was the increased membership fees

Membership: Revised membership terms and conditions established to secure better paid membership. Lapsed and non 'fee paid' 'members' archived up to 2022.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve sickness promote good health and advance education for the public benefit in particular but not exclusive by:

3.1 aiding an effective clinical network of care for patients with reduced pelvic floor and urological and colorectal function throughout the United Kingdom:

3.2 promoting public awareness of continence by offering open access to website for resource to patients and links to patient information from national bodies such as Royal College of Obstetrics and Gynaecology, British Association of Urological Surgeons and British Society of Urogynaecology;

3.3 raising and setting standards of training in but not limited to urogynaecology, urology, coloproctology, physiotherapy, nursing, rehabilitation, medical physics including but not limited to, the provision of a network of support through discussion, study and communication;

3.4 encouraging the study and management of urological, colorectal and pelvic dysfunction including, but not limited to, urinary incontinence, pelvic organ prolapse and faecal incontinence;

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>3.5 by providing a forum for members of the multidisciplinary teams with an interest in urogynaecology, urology, coloproctology and pelvic floor dysfunction throughout the United Kingdom;</p> <p>3.6 encouraging research for the public benefit into all areas of pelvic floor dysfunction to disseminate the results of such research.</p> <p>3.7 awarding research & educational grants to further the purposes, pending on available funds.</p>
<p>Carried out:</p> <p>Website development: regular updates for scientific papers and national guidelines:</p> <p>Newsletters: x 1 to members plus publications through UKCS Management Ltd (3) relating to NMAHP Webinars and activities.</p> <p>Hosted educational webinars and hosted an on-site Annual Scientific Meeting in Cheltenham (March 2024) attended by approximately 200 members and non-members.</p> <p>Continued supporting the development of the Nurses and Midwives and Allied Health Professional Network (NMAHP) including four webinars during 2024.</p> <p>Seconded an IT /Web officer to enhance the educational package within the website for members</p> <p>Initiated planning of 'roadshow' event on OASIS</p>

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

<p>Grant making for the:</p> <p>a) No grants were awarded this year due to reduced income related to Covid legacy</p>

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Annual Scientific Meeting: The Trustees planned and delivered an on-site UKCS Annual Scientific Meeting in April 2024.

The conference attracted 200 attendees. Post event the material is available on a pay per view option with discounted rates for Members.

Several webinars were organised including on:

The Post Natal Pelvic Floor

Bladder Retraining

Investigation of functional pelvic floor disorders

Vulval Skin

Plus previous webinars available on demand

Available for members and non members.

NMAHP Network: Supported the development and launch of the Nurses and Midwives and Allied Health Professional Network including four webinars (listed above) and securing funding

Membership: increased due to the favourable discounts on Registrations Fees to attend the webinars and Annual Scientific Meeting. Number at 31 December 2024 were at @ 300 Active Members (238 in 2023) (Total on database 486).

Website: Developed and upgraded with development of a reference section for the specialist involved in the multidisciplinary team treating the public

Policy Documents and Guidelines:

The charity continues to engage in development of treatment guidelines in partnership with other professional organisations: *OASIS and Urodynamic accreditation:*

Section E

Financial review

Brief statement of the charity's policy on reserves

Reserves reduced to £42,374 end of the year up from £37,028 at 1 January 2024.

Whilst membership increased again and revenue increased here. Overall the operational outcome was a profit of £6,591 (loss £2,228.94 2023)

There is an issue in collecting renewal membership fees and efforts are being made to retrospectively collect fees.

There was a donation from the 2024 ASM.

The reserves were as planned sufficient to withstand a hit or a loss making conference.

Reserves are below policy and planned to be increased with hosting online webinars and hosting a live conference and AGM in 2025 (London)

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The income for this financial year was membership fees £8052 (2023: £5,445) including arrear paid from previous years and a donation from conference of £3,637 and donation for NMAHP webinars of £1,590.05

Section F Other optional information

The executive did raise membership fees to cover admin costs and reflect the added benefits of membership. Fees remain low with a small dependency on income from the educational activities and sponsorship.


There is confidence in hosting the Annual Scientific meeting in London (March 2025) as a face to face live event with a view to receiving a donation/reduce grants outstanding.

Support has been secured for the webinars of the NMAHP so should be cost neutral

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Tamsin Greenwell	
Position (eg Secretary, Chair, etc)	Chairperson	
Date	15 October 2025	

Annual Accounts for
United Kingdom Continence Society

1st January 2024 to 31 December 2024

Charity number 1185694

Registered Address: Crown House,
28 Winchester Road, Romsey. SO51 8AA

United Kingdom Continence Society

Profit & Loss

January through December 2024

Jan - Dec 24	
▼ Income	
100 · Membership Fees	8,052.53
135 · Accreditation	0.00
160 · Donations Received	5,227.05
Total Income	13,279.58
Gross Profit	13,279.58
▼ Expense	
205 · Membership Secretarial	2,379.00
400 · Website	784.50
490 · Print	43.20
500 · Telephone	12.60
510 · Society Administration	2,064.84
540 · Bank Charges	175.62
550 · Accounting	1,228.50
Total Expense	6,688.26
Profit for the Year	6,591.32

Cont.

United Kingdom Continence Society

UK Balance Sheet - Standard

As of 31 December 2024

	31 Dec 24
ASSETS	
Current Assets	
Accounts Receivable	
1140 · Accounts Receivable	5,496.80
Total Accounts Receivable	5,496.80
Cash at bank and in hand	
1121 · Barclays Charity Account	43,558.62
Total Cash at bank and in hand	43,558.62
Total Current Assets	49,055.42
Current Liabilities	
Accounts Payable	
1220 · Accounts Payable	6,634.54
Total Accounts Payable	6,634.54
Other Current Liabilities	
1230 · VAT Liability	11.36
1999 · Suspense	-560.24
Total Other Current Liabilities	-548.88
Total Current Liabilities	6,085.66
NET CURRENT ASSETS	42,969.76
TOTAL ASSETS LESS CURRENT LIABILITIES	42,969.76
NET ASSETS	42,969.76
Capital and Reserves	
1500 · Retained Charity Funds	32,714.44
3201 · Unrestricted Net Assets	3,664.00
Profit for the Year	6,591.32
Shareholder funds	42,969.76