

## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	January	2023		31	December	2023

### Section A

### Reference and administration details

Charity name **UNITED KINGDOM CONTINENCE SOCIETY**

Other names charity is known by

Registered charity number (if any) **1185694**

Charity's principal address **Crown House, 28 Winchester Road, Romsey.**

Postcode **SO51 8AA**

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Guerrero	Chair		
2	Veenu Tyagi	Treasurer		
3	Tamsin Greenwell	Vice Chair		
4				
5				
6				
7				
8				

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
NONE	

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
NONE		

#### Name of chief executive or names of senior staff members (Optional information)

None

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods  
(eg. appointed by, elected by)

Elected

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Reverted to face to face Annual General Meeting within the programme of the UKCS Annual Scientific Meeting. (April 2023).

Prior to 2020 the charities main source of revenue was via UKCS Management Ltd organising the meetings and webinars. For 2023 there was no donations from the activities associated with the conference and education.

The main income was the increased membership fees

Membership: many lapsed members have been contacted to establish commitment. Revised membership terms and conditions established to secure better paid membership.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To relieve sickness promote good health and advance education for the public benefit in particular but not exclusive by:

3.1 aiding an effective clinical network of care for patients with reduced pelvic floor and urological and colorectal function throughout the United Kingdom:

3.2 promoting public awareness of continence by offering open access to website for resource to patients and links to patient information from national bodies such as Royal College of Obstetrics and Gynaecology, British Association of Urological Surgeons and British Society of Urogynaecology;

3.3 raising and setting standards of training in but not limited to urogynaecology, urology, coloproctology, physiotherapy, nursing, rehabilitation, medical physics including but not limited to, the provision of a network of support through discussion, study and communication;

3.4 encouraging the study and management of urological, colorectal and pelvic dysfunction including, but not limited to, urinary incontinence, pelvic organ prolapse and faecal incontinence;

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

<p>3.5 by providing a forum for members of the multidisciplinary teams with an interest in urogynaecology, urology, coloproctology and pelvic floor dysfunction throughout the United Kingdom;</p> <p>3.6 encouraging research for the public benefit into all areas of pelvic floor dysfunction to disseminate the results of such research.</p> <p>3.7 awarding research &amp; educational grants to further the purposes, pending on available funds.</p>
<p>Carried out:</p> <p>Website development: regular updates for scientific papers and national guidelines:</p> <p>Newsletters: x 2 to members</p> <p>Hosted educational webinars and hosted an on-site Annual Scientific Meeting in Sheffield (April 2023) attended by approximately 200 members and non-members.</p> <p>Supported the development and launch of the Nurses and Midwives and Allied Health Professional Network (NMAHP) including two webinars and securing funding.</p>

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

<p>Grant making for the:</p> <p>a) No grants were awarded this year due to reduced income related to Covid legacy</p>
---

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

**Annual Scientific Meeting:** The Trustees planned and executed the return of an on-site UKCS Annual Scientific Meeting in April 2023.

The conference attracted 200 attendees. Post event the material is available on a pay per view option with discounted rates for Members.

Several webinars were organised including on:

Pessaries - UK Clinical Guideline for best practice.

Neuromodulation: advances in technology and clinical practice in a post Covid World.

Treatment Of Female Stress Urinary Incontinence.

UKCS Urodynamics Course.

Available for members and non members.

NMAHP Network: Supported the development and launch of the Nurses and Midwives and Allied Health Professional Network including two webinars and securing funding

**Membership:** increased due to the favourable discounts on Registrations Fees to attend the webinars and Annual Scientific Meeting. Number at 31 December 2023 were at @ 238 Active Members (Total on database 450).

**Website:** Developed and upgraded with development of a reference section for the specialist involved in the multidisciplinary team treating the public

#### **Policy Documents and Guidelines:**

Launch of the *UK Pessary Guidelines*. A collaborative effort with POGP

The charity continues to engage in development of treatment guidelines in partnership with other professional organisations: *OASIS and Urodynamic accreditation*:

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Reserves reduced to £37,028 end of the year down from £61,956 at 1 January 2023 as the Trustees felt the loans to UKCS Management to cashflow the educational activities should be written off £23,349 as unlikely to be returned soon and so a more correct representation of the assets retained by the charity.

Whilst membership increased again and revenue increased here. Overall the operational outcome was a loss of £2,228.

There is an issue in collecting renewal membership fees and efforts are being made to retrospectively collect fees.

There was no donation income for a fourth year due to the charity hosting a webinars without sponsorship absorbing profits from the Sheffield on-site conference.

The reserves were as planned sufficient to withstand a hit or a loss making conference.

Reserves are low and planned to be increased with virtual events by way of

online webinars and hosting a live conference and AGM in 2024

**Details of any funds materially in deficit**

None

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The principal income for this financial year is limited to membership fees

**Section F Other optional information**

The executive did raise membership fees to cover admin costs and reflect the added benefits of membership. Fees remain low with a small dependency on income from the educational activities and sponsorship.

There is confidence in hosting the Annual Scientific meeting in Cheltenham (March 2024) as a face to face live event with a view to receiving a donation/reduce grants outstanding.

Support has been secured for the webinars of the NMAHP so should be cost neutral

**Section G Declaration**

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)**



**Full name(s)**

Karen Guerrero

**Position (eg Secretary, Chair, etc)**

Chairperson

**Date**

30/07/2024

Annual Accounts for  
United Kingdom Continence Society

1st January 2023 to 31 December 2023

Charity number 1185694

Registered Address: Crown House, 28 Winchester Road, Romsey.  
SO51 8AA

# United Kingdom Continence Society

## Profit & Loss

January through December 2023

		Jan - Dec 23
▼ Income		
100 · Membership Fees	▶	5,445.00 ◀
135 · Accreditation		60.00
Total Income		5,505.00
▼ Cost of Goods Sold		
235 · UD Certification		390.00
Total COGS		390.00
Gross Profit		5,115.00
▼ Expense		
205 · Membership Secretarial		1,803.00
400 · Website		2,652.60
490 · Print		43.20
500 · Telephone		113.40
510 · Society Administration		2,102.02
540 · Bank Charges		22.22
550 · Accounting		390.00
580 · Sundries		217.50
Total Expense		7,343.94
Profit for the Year		<u><u>-2,228.94</u></u>

Cont.

# United Kingdom Continenence Society

## UK Balance Sheet - Standard

As of 28 March 2024

	28 Mar 24
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Other Current Assets</b>	
1201 · Education Grant Account	10,000.00
<b>Total Other Current Assets</b>	<b>10,000.00</b>
<b>Accounts Receivable</b>	
1140 · Accounts Receivable	-408.97
<b>Total Accounts Receivable</b>	<b>-408.97</b>
<b>Cash at bank and in hand</b>	
1121 · Barclays Charity Account	30,271.69
<b>Total Cash at bank and in hand</b>	<b>30,271.69</b>
<b>Total Current Assets</b>	<b>39,862.72</b>
<b>Current Liabilities</b>	
<b>Accounts Payable</b>	
1220 · Accounts Payable	2,822.92
<b>Total Accounts Payable</b>	<b>2,822.92</b>
<b>Other Current Liabilities</b>	
1230 · VAT Liability	11.36
<b>Total Other Current Liabilities</b>	<b>11.36</b>
<b>Total Current Liabilities</b>	<b>2,834.28</b>
<b>NET CURRENT ASSETS</b>	<b>37,028.44</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>37,028.44</b>
<b>NET ASSETS</b>	<b>37,028.44</b>
<b>Capital and Reserves</b>	
1500 · Retained Charity Funds	32,714.44
3201 · Unrestricted Net Assets	3,664.00
Profit for the Year	650.00
<b>Shareholder funds</b>	<b>37,028.44</b>