



TRUSTEES ANNUAL REPORT FOR THE PERIOD 4th OCTOBER 2019 to 31st OCTOBER 2020

Charity Name: MindFood CIO, 14 Cumberland Park, London W3 6SX

Charity Registration No. 1185639

The Trustees present their report for the 13 month period ended 31st October 2020.

BACKGROUND AND INCEPTION

MindFood Community Interest Company (CIC) was founded in October 2012 to support better mental wellbeing through running free food growing courses and in early 2019 the decision was taken by the directors to change its structure to become a CIO. This was because MindFood CIC was effectively delivering charitable services but without any of the advantages of being a charity. As a CIC we were restricted in terms of eligibility to secure funding from a range of different Trusts, Foundations and Corporate support. We also had feedback that individual donors felt more comfortable and inclined to donate to a registered charity rather than a CIC and we would also be able to claim gift aid on all donations.

We engaged with Devonshire's solicitors <https://www.devonshires.com/about/> who are a highly respected and trusted law firm to process and support the conversion from a CIC to a CIO.

MindFood CIO was registered with the Charity Commission on 4th October 2019 with all assets transferred from the CIC to the CIO on that date.

OBJECTIVES AND ACTIVITIES

Charitable Objective

MindFood's objective is the preservation and protection of good health among persons who are suffering from mental ill health, disability or emotional disorder or any description or who are in need of rehabilitation as a result of such an illness, or who want to prevent the occurrence or reoccurrence of the same – in each case, by the provision of therapeutic gardening and horticulture and related nature based activities.

Activity Overview

MindFood is an Ealing based charity that supports people with depression, anxiety and stress to improve their wellbeing through gardening, mindfulness and horticulture. All courses are offered free of charge, so we can help those most in need.

Public benefit statement

The Trustees understand and have complied with their duty to have due regard to the Charity Commission's Public Benefit guidance and are confident that the aims and objectives



of MindFood CIO satisfy the public benefit requirement. Further details of how this is achieved are set out in this report.

Management, Staff and Volunteers

All staff from MindFood CIC were transferred across to MindFood CIO with no change to their contracts or pay. They have all been DBS checked.

Staff:

- Lucy Clark joined MindFood in 2016 as a participant, then volunteer. She retrained in Social & Therapeutic Horticulture with Thrive and has been employed as a Food & Wellbeing Grower since September 2017, taking on the role of Project Manager in Oct 2018, and then Programme Director in May 2019.
- Jane Newman was employed as interim Fundraising Manager on 1st November 2019
- Ciaran Biggins is a Co-founder of MindFood and has been responsible for fundraising and financial management since inception in 2012. He was employed as Development Director (went on a year sabbatical from December 19 until December 20)
- Pauline Shakespeare was employed as a Wellbeing and Food Grower on September 2017
- Camila Phelps was employed as a Wellbeing and Food Grower in November 2019
- Sarah Edwards was employed as programme support on September 2019

The Trustees acknowledge and are very grateful for the enormous contribution and professionalism of the staff, past and present, to the work of the Charity, not least adapting to a change of service delivery and working practices as a result of Covid-19. They also wish to record their appreciation to Jane Newman who was interim Fundraising Manager whilst Ciaran was on sabbatical and secured some vital funds for our response to the covid pandemic.

ACHIEVEMENTS AND PERFORMANCE

Activity Overview

MindFood is an Ealing based charity that supports people with depression, anxiety and stress to improve their wellbeing through gardening, mindfulness and horticulture. All courses are offered free of charge, so we can help those most in need.

Between October 2019 & Oct 2020 MindFood's activities took place at two growing sites: Cleveley Crescent Allotments near Hanger Lane, and Horsenden Farm in Perivale. Both sites were secured for use with the support of Ealing Council. We have been at Cleveley Crescent since early 2016, and were invited to grow at Horsenden Farm in Winter 2018. In periods of lockdown we transferred our programme online.



Below is a summary of the courses delivered in '19/'20 - we offered options at least 5 days a week, every week, except for 1 week in August and for 2 weeks over xmas, when we offered a reduced service. MindFood activities continued throughout lockdown.

Growing Wellbeing

- Free 6-session courses, 2.5 hours per week to help people tackle stress, depression and anxiety: teaching food-growing to reconnect people with nature, and sharing evidence-based techniques like mindfulness to improve wellbeing. Outside of lockdown, we ran these sessions 3 times a week.

Sustainable Wellbeing

- A 6-16 week course to Growing Wellbeing, designed to develop a sense of purpose & motivation, and offer practical ways to realise hopes, dreams and aspirations, with gentle wellbeing goal-setting which uses the GAS (Goal Attainment Scale) to help participants measure their own progress. Participants work as a team to develop the site, with activities like painting, carpentry and landscaping to try.



Plot to Plate

- These are general gardening sessions, with other people who've already done the Growing Wellbeing course. The Plot to Plate programme is a very flexible one, allowing participants to dip into sessions for a wellbeing top-up, or join us regularly to recover at their own pace. The extra time allows participants to forge new social connections and support networks over time.



Mindfulness in Nature

- This programme ran up to March '20: we explored different ways to be mindful in nature, centred around nature-based creativity. Sessions also include walks and guided meditation. The creative element was very popular and when the programme finished we explored other ways to be 'Naturally Creative' online and on site.



MindFood at Home

In April '20 we took our entire programme online, converting all of our Growing Wellbeing content into twice weekly videos, email updates, social media posts and the MindFood Growing Wellbeing youtube channel.

Summary of achievements during the year:

- We have supported 250 people directly and are now averaging 60-70 new contacts per quarter.



- This is a significant increase for us: we now help more people per quarter than we had previously helped in a year - with a team of just 1.5 FTE per week.
- Our work has helped people to adapt to change, focus on the present, use evidence-based decision-making, and develop their own support networks.
- Many former MindFood participants have returned to us for support and to offer help, while others have begun volunteering, fundraising and supporting other local initiatives. We're proud that the entire MindFood team started out as participants.

We know that since completing a MindFood course participants agreed or strongly agreed that:

- 86% feel a stronger sense of purpose
- 100% feel a closer connection to their local community
- 41% more likely to try volunteering
- 100% are more active
- 88% are feeling less isolated
- 90% are feeling calmer
- 84% are feeling happier
- 85% are eating more healthily
- 63% are sleeping better

"It helped to provide a way of structuring my recovery from a very stressful period of my life. The relationships helped cement a feeling of acceptance and calm. I loved learning about how to grow food and felt more committed than ever to pursuing a healthy diet and physical activity outdoors". Health worker, female 56, dealing with burnout & bereavement:

Impact of Covid-19 on the Charity's Governance and day to day working

MindFood's trustees and directors have continued to work throughout the pandemic by use of video conferencing. Trustees meetings were more frequent than usual during the lockdowns in order to ensure good governance, safe working practices and a positive response to the new challenges posed by Covid-19.

We adapted our delivery methods to comply with Government restrictions, to maintain staff and volunteer safety and to meet the new needs arising because of the pandemic:

- When we first went into Lockdown in March last year, we could no longer meet on site, so we set about translating the MindFood experience into a programme we now call 'MindFood at Home'. We wanted our participants to feel part of the MindFood community, even if we couldn't get together in person.
- We reached out to a wider audience with sessions on Zoom, email courses and phone chats, and by posting our Growing Wellbeing videos on social media and youtube. One video had over 17,000 views demonstrating how much people were looking for wellbeing support.



- We delivered free growing kits to isolated participants with seeds, compost and facilitated live sessions on Zoom with seed-sowing and windowsill growing to promote a sense of purpose.
- 'Grow Some Share Some' plant giveaways with 14 local schools, including 3 SEN schools, and Ealing Additional Provision, which we have combined with leaflet deliveries for parents who have faced significant mental health challenges throughout the pandemic.
- Our online and on-the-plot sessions have helped people adapt to Covid times in a constructive way, encouraging them to focus on elements they are able to influence, rather than being consumed by things they could not. Practising mindfulness techniques, eating more healthily, getting exercise in nature, supporting each other, and living more resourcefully, helped us all to develop a positive mindset. When we feel better, we make better decisions for ourselves, our families and our planet.
- We also started befriending calls for people unable to access us on the plot and these are growing, and wellbeing themed too, and we also offer practical help and signposting for specialist support.
- During the Autumn we were fortunate to be able to bring people back to our growing sites in a Covid safe way for a few weeks and then returned again in March once restrictions allowed.
- We were the only organisation in Ealing able to offer face-to-face support for mental health difficulties through the Winter months.

"Keeping in touch with my MindFood family and sharing growing and nature news has helped me focus on the positives and stay hopeful" Recent MindFood participant.



Our opt-in 'MindFood Massive' whatsapp group for around 30 regulars was a good place to start - we centred the chat around positive practical advice, and asked people to show us what they were growing. The photo (right) shows Bob getting to work straight away with his sowings for Summer, despite shielding with COPD.





This photo shows stroke survivor John, who lives alone, has limited mobility and finds himself prone to isolation. Through lockdown and beyond, we have been ringing him a couple of times a week to chat, and to help connect him with other support groups.

He wanted us to send this picture to the MindFood family to let them know he was thinking of them.

We have also helped older members of our group with Zoom, by writing a step-by-step guide to video calls so that they could join us for our weekly virtual plot visits. This guide was adopted by a number of mental health support organisations who we connect with regularly through our local Mental Health Forum.

Virtual plot visits helped people follow the progress of plantings they made as far back as November '19, and kept them connected to the plots and each other.

Between Lockdowns

When the first lockdown period finished in the Summer of 2020, we planned a phased return to the plot, managing covid risk by implementing simple procedures to keep us all safe. We offered sanitiser on tap, freshly laundered gloves, and social distancing measures.





Spacehive Fundraiser - Cleveley Makeover

We also restarted the Cleveley Makeover project which was put on hold in March.

We crowdfunded nearly £4k as part of Ealing Council's Transform Your Space initiative, and built ourselves our own mini Eden project geodesic dome. This was intended to be an inspirational space to grow seedlings, practise mindfulness, and shelter from the elements. It has been a much-loved and admired addition to our site.



Supporting Local & National Campaigns and Causes

To keep people connected with a broader community we've stepped up our support for national campaigns and causes, both locally and on social media.

During Mental Health Awareness Week (mid May'20) we posted daily videos on how anyone can incorporate the 5 Ways to Wellbeing into their day. They reached over 10,000 people! All our videos are available to view on our facebook page (- this is the route most people accessed them at the time), and our MindFood Growing Wellbeing youtube channel.

Early in June we worked with the Carers Trust team at Sycamore Lodge in Acton to support Carers Week.

To support the Black Lives Matter campaign, we used our monthly newsletter to urge everyone to read up on and promote anti-racism. As anti-racism is a proactive and enduring commitment to tackle racism in ourselves and in others - we want to lead by example.





FINANCIAL REVIEW

The assets of MindFood CIC totalling £8,628 were transferred to MindFood CIO at 4th October 2019. Assets included income for ongoing projects and cash held in the bank current account. Projects continued throughout 2019/2020 and the result at the year end on 31st October 2020 was an additional surplus of £3,729.

Reserves policy

The term 'reserves' is used to describe that part of MindFood's funds that is freely available for its operating purposes and not subject to commitments or planned expenditure. Reserves do not include restricted funds. The reserves that MindFood will set aside will be to provide financial continuity in the event that an anticipated source of income is lost or delayed and our initial policy will be to keep reserves sufficient to meet three months' operating costs, including staff salaries (approximately £13,000). As we are a new organisation the trustees will review this policy quarterly to ensure that it remains both adequate and achievable.

Funding: main source of funds and how these are spent

During the year MindFood depended on grants and donations from a number of partners including statutory, trusts and foundations, corporates and individual giving.

The majority of our funding (45%) came from Ealing Council's Community Connections grant through our consortium partnership with Neighbourly Care. This funds 3 Growing Wellbeing sessions per week and 1 Sustainable Wellbeing session across Cleveley Crescent and Horsenden Hill.

We secured further support from Pathways Housing for a grant of £8306 to deliver Plot to Plate sessions. Pathways have been a funder of MindFood programmes over the year and we thank them for their continued support

Our grant from City Bridge Trust to run Plot to Plate sessions came to an end during the year and we thank them for their support enabling us to run two Plot to Plate sessions a week for a year.

At the end of the year we secured vital funding from the National Lottery Covid response fund which enabled us to deliver a MindFood @ Home digital offer as well as restoring our Saturday Plot to Plate sessions.

We launched our first ever crowdfunding campaign on Spacehive to fund a makeover of our Cleveley Crescent site including building a new geodesic dome to weatherproof our sessions. We are so grateful to everyone who donated and to Ealing Council for their matched donation bringing the total raised to £3880

We were delighted to secure corporate support from the Co-operative, Glaxo Smith Kline and Tesco bags for life towards our programmes.

We are very grateful for the long term annual donation from the Sir Jeremiah Colman Trust and St Paul's Church in Northfields.



Plans for 2020/2021

Over the coming year Mindfood plan to grow our impact:

- To develop and expand our 'MindFood at Home' digital offer to ensure we can support wellbeing through nature inspired activities whatever the barriers to attending our on-site sessions.
- To continue to deliver our range of evidence-based nature and wellbeing courses from our sites at Cleveley Crescent and Horsenden Hill Farm.
- To pilot our mobile MindFood offer at other greenspaces in West London. We are currently in discussions with Gunnersbury Park, Chiswick House and Gardens and North Acton park about delivering courses from their sites.
- To invest in improving both of our growing sites with more accessible raised beds and paths so that more people with disabilities can access our facilities.
- To co-design and offer more nature-based courses that support mental health recovery. For example, we plan to run more art and creative courses in nature to support self-expression.
- Develop our 'Grow Some Share Some' initiative as a means to build a more outward-looking approach to what we do, and to help us reach more isolated communities.
- Celebrate diversity through a shared love of food, and an appreciation of different growing methods from around the world.
- Co-develop our new 3 year strategy with participants, staff and Trustees.





GOVERNANCE

MindFood has a 16 page Constitution of MindFood Charitable Incorporated Organisation, a Charitable Incorporated Organisation whose only voting members are its charity trustees.

The Directors of MindFood CIC became the trustees of MindFood CIO and the following Trustees served during the year are:

- James Abery appointed 4th October 2019
- Dr Shabnam Berry-Khan appointed 4th October 2019
- Yvonne Biggins appointed 4th October 2019
- Paul Carter appointed 4th October 2019
- Rev Nicholas Jones (Chair) appointed 4th October 2019

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. Trustees were recruited based on the need to have a diverse range of skills on the board covering finance, clinical governance, marketing, community development and business management.

Under the Articles of Association, the Board of Trustees consists of at least three and not more than fifteen individuals. Apart from the first charity trustees, every trustee must be appointed for a term of up to three years by a resolution passed at a properly convened meeting of the charity trustees.

Short biographies of all the Trustees are on our website

<https://www.mindfood.org.uk/our-team>

Trustee Benefit: Trustees of the Charity do not receive any benefits from their position. Trustees are entitled to reclaim travel and other reasonable expenses incurred in their duties. No Trustees made a claim in the 2019/20 period. The charity pays for trustee indemnity insurance.

Trustee Induction and on-going training: Recruitment and induction procedures for new Trustees are the responsibility of the Chair of Trustees. All Trustees are provided with a detailed role description and given informal guidance and support regarding their role from the Chair. All new Trustees receive a copy of the NCVO Good Trustee Guide. Trustees are encouraged to attend training to help them in their roles.

Trustees' Responsibilities: The Trustees are responsible for the strategic direction of the Charity, setting its aims and monitoring progress towards these. Day to day management is delegated to the Programme Director and the Development Director.



Trustees take on specific responsibilities related to their skills and experience e.g. Shabnam Berry-Khan is our Clinical lead and James Abery is our Finance lead.

Trustees' Meetings: The Board of Trustees meet approximately once every three months throughout the year but since the start of Covid-19 it has met more regularly.

Policies adopted by the CIO, reviewed annually:

- Health & Safety Policy - inc Site Risk Assessments, Covid Safety, Staff Policy
- Safeguarding
- Suicide Prevention
- Equality & Diversity (with an additional focus on Anti Racism)
- Boundaries
- Complaints
- Lone Working
- Pay
- Food Hygiene
- GDPR

Registered Charity Number: 1185639

Report of Trustees &
Financial Statements for the Period 04 October 2019 to 31 October 2020
For
Mindfood CIO

Mindfood CIO

1185639

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For the Period 04 October 2019 to 31 October 2020

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Report of Trustees

For the Period 04 October 2019 to 31 October 2020

The Trustees present their report with the financial statements of the charity for the period 04 October 2019 to 31 October 2020. The Trustees have adopted the Provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities' issued in March 2015.

REFERENCE AND ADMINISTRATION DETAILS

Registered Charity Number

1152149

Principal Address

14 CUMBERLAND PARK
LONDON
W3 6SX

Trustees

JAMES EDWARD ABERY
YVONNE PATRICIA BIGGINS
Rev NICHOLAS GODWIN JONES ObSB
Dr SHABNAM NAHEED BERRY-KHAN
PAUL CARTER

Appointment Date:

04 October 2019
04 October 2019
04 October 2019
04 October 2019
04 October 2019

Independent Examiner

Devonshire Green Limited
Studio 132, The Light Box
111 Power Road
London
W4 5PY

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

ON BEHALF OF THE BOARD:

.....
Trustee

Date: 31 August 2021

Independent Examiner's Report to the Trustees of Artification

I report on the accounts for the period 04 October 2019 to 31 October 2020 set out on pages three to six.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my Responsibility to:

- a) Examine the accounts under Section 145 of the 2011 Act.
- b) To Follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act); and
- c) To state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My Examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts and seeking explanations from you as trustees concerning any such matters. The Procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent Examiner's Statement

In Connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that, in any material respect, the requirements:
 - a) To keep accounting records in accordance with Section 130 of the 2011 Act; and FRS 102 standards which were effective from January 2018
 - b) To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Devonshire Green Limited
111 Power Road
London
W4 5PY

Date: 25/08/21

Statement of Financial Activities
For the Period 04 October 2019 to 31 October 2020

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Grants	44,800.30	-	-	44,800.30
Individual donations	230.00	2,288.78	-	2,518.78
Corporate donations	7,575.91	-	-	7,575.91
Community donations	1,000.00	-	-	1,000.00
CJRS Funding	-	2,410.54	-	2,410.54
Sub total (Gross income for AR)	53,606.21	4,699.32	-	58,305.53
A2 Asset and Investment sales, (see table).				
	-	-	-	-
Sub total	-	-	-	-
Total receipts	53,606.21	4,699.32	-	58,305.53
A3 Payments				
Employee costs	45,005.10	-	-	45,005.10
Premises costs	266.67	-	-	266.67
General admin	3,540.35	-	-	3,540.35
Legal and professional costs	3,763.60	-	-	3,763.60
Sub total	52,575.72	-	-	52,575.72

CONTINUED.....

A4 Asset and investment purchases, (see table)					
Property, Plant and Equipment	2,000.00	-	-	2,000.00	
	-	-	-	-	
Sub total	2,000.00	-	-	2,000.00	
Total payments		-	-	54,575.72	
Net of receipts/ (payments)	(969.51)	4,699.32	-	3,729.81	
A5 Transfers between funds	-	-	-	-	
A6 Cash funds last year end	-	-	-	-	
Cash funds this year end	(969.51)	4,699.32	-	3,729.81	

Statement of Financial Position
At 31 October 2020

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Cash at bank	16,960.08	-
		-	-
		-	-
	Total cash funds	16,960.08	-
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
	Accrued income	8,333.33	975.00
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
	Property, Plan and Equipment	1,600.00	-
		-	-
		-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
	Deferred income	13,440.50	-
	Accruals	266.67	-
	Pensions	203.04	-
		-	-

Signed by one or two
trustees on behalf of all the
trustees

Signature



Print Name

JAMES ABERY

Date of approval

31/08/21

1 ACCOUNTING POLICIES

Accounting Convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard 102 for Smaller Entities (effective January 2018), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources Expended

Expenditure is accounted for on an accrual basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 TRUSTEES REMUNERATION AND BENEFITS

There were no trustees remuneration or other benefits for the period ended 31 October 2020.

Trustees Expenses

There were no trustees expenses for the period 31 October 2020.

3 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Creditors/ Payables	13,910.21
	-

4 MOVEMENT IN FUNDS

	Net Movement		
	in funds	At 31.10.20	At 31.10.19
	£	£	£
Restricted Funds			
Crowdfunding July 2020	2,288.78	2,288.78	-
TOTAL FUNDS		<u>2,288.78</u>	

APPENDIX

For the Period 04 October 2019 to 31 October 2020

PROFIT & LOSS		Oct-19	Nov-19 to Oct-20	Total
Turnover				04/10/19 to 31/10/20
Grants	Tesco/Groundwork (deferred from 2019/2020)		2,000.00	
	City Bridge (deferred from 2019/2020)		2,442.47	
	Sir Jeremiah Colman		1,500.00	
	Pathways Trust (May 2020 to Oct 2020)		4,153.00	
	Neighbourly Care (Oct 2019 to Oct 2020)	2,210.00	25,937.33	
	Ealing Council Grant		5,000.00	
	National Lottery Covid response (October 2020)		1,557.50	44,800.30
Individual donations	Including crowdfunding July 2020	10.00	220.00	
	Crowdfunding July 2020 RESTRICTED INCOME		2,288.78	2,518.78
Corporate donations	Co-Op (deferred from 2019/2020)	940.53		
	Co-Op		4,388.87	
	GSK Staff donation		2,041.51	
	GSK legal charity		200.00	
	Amazon Reward scheme		5.00	7,575.91
Community donations	St. Paul's Parochial		1,000.00	1,000.00
CJRS Funding			2,410.54	2,410.54
Employee costs	Salaries	(4,739.65)	(36,641.93)	(41,381.58)
	Pensions	(235.86)	(2,688.86)	(2,924.72)
	Subcontractors	(480.00)	(120.00)	(600.00)
	Staff training/welfare		(98.80)	(98.80)
Premises costs	Rent		(266.67)	(266.67)
General admin	Office costs	(50.62)	(620.35)	(670.97)
	Bank charges	(2.53)	(5.16)	(7.69)
	Insurance	(32.22)	(326.60)	(358.82)
	Computer consumables and software	(25.60)	(641.28)	(666.88)
	Horticultural sundries		(1,822.99)	(1,822.99)
	Depreciation			(400.00)
	Filing fees		(13.00)	(13.00)
Legal and professional costs	Audit fees			-
	Accountancy fees	(68.00)	(1,356.00)	(1,424.00)
	Solicitors fees		(1,734.60)	(1,734.60)
	Marketing	(117.32)	(487.68)	(605.00)
	Other legal and professional			-
	Profit/(loss)	(2,591.27)	8,321.08	5,329.81
BALANCE SHEET	Ledger	Details	Breakdown	
Land & buildings	Cost -			
	additions:	Hypedome, Clevely Crescent	2,000.00	
	Depreciation		(400.00)	
Debtors	Accrued income:	Neighbourly Care Jul- Oct 20	8,333.33	
		CJRS funding	975.00	9,308.33
Cash at bank	Cash at bank		16,960.08	
Creditors less than 1yr	Deferred income:	Pathways Nov- Apr 21	4,153.00	
		Sir Jeremiah Colman	1,500.00	
		National Lottery Covid response Nov- Mar 21	7,787.50	(13,440.50)

CONTINUED.....

CONTINUED.....

Accruals:	Rent	266.67	(266.67)
	Trade creditors		-
	Pension		(203.04)
Total Assets less Liabilities			£13,958.20
Surplus brought forward			£8,628.39
Current year surplus			£5,329.81

Registered Charity Number: 1185639

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REFERENCE AND ADMINISTRATION DETAILS

Registered Charity Number

1152149

Principal Address

14 CUMBERLAND PARK

LONDON

W3 6SX

Trustees

JAMES EDWARD ABERY

YVONNE PATRICIA BIGGINS

Rev NICHOLAS GODWIN JONES ODSB

Dr SHABNAM NAHEED BERRY-KHAN

PAUL CARTER

Appointment Date:

04 October 2019

04 October 2019

04 October 2019

04 October 2019

04 October 2019

Independent Examiner

Devonshire Green Limited

Studio 132, The Light Box

111 Power Road

London

W4 5PY

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

ON BEHALF OF THE BOARD:

.....
Trustee

Date: 31 August 2021

Independent Examiner's Report to the Trustees of Artification

I report on the accounts for the period 04 October 2019 to 31 October 2020 set out on pages three to six.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my Responsibility to:

- a) Examine the accounts under Section 145 of the 2011 Act.
- b) To Follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act); and
- c) To state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My Examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts and seeking explanations from you as trustees concerning any such matters. The Procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent Examiner's Statement

In Connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that, in any material respect, the requirements:
 - a) To keep accounting records in accordance with Section 130 of the 2011 Act; and FRS 102 standards which were effective from January 2018
 - b) To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Devonshire Green Limited
111 Power Road
London
W4 5PY

Date: 25/08/21

Statement of Financial Activities
For the Period 04 October 2019 to 31 October 2020

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Grants	44,800.30	-	-	44,800.30
Individual donations	230.00	2,288.78	-	2,518.78
Corporate donations	7,575.91	-	-	7,575.91
Community donations	1,000.00	-	-	1,000.00
CJRS Funding	-	2,410.54	-	2,410.54
Sub total (Gross income for AR)	53,606.21	4,699.32	-	58,305.53
A2 Asset and investment sales, (see table).				
	-	-	-	-
Sub total	-	-	-	-
Total receipts	53,606.21	4,699.32	-	58,305.53
A3 Payments				
Employee costs	45,005.10	-	-	45,005.10
Premises costs	266.67	-	-	266.67
General admin	3,540.35	-	-	3,540.35
Legal and professional costs	3,763.60	-	-	3,763.60
Sub total	52,575.72	-	-	52,575.72

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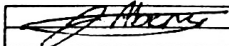
A4 Asset and investment purchases, (see table)					
Property, Plant and Equipment	2,000.00	-	-	2,000.00	
	-	-	-	-	
Sub total	2,000.00	-	-	2,000.00	
Total payments		-	-	54,575.72	
Net of receipts/ (payments)	(969.51)	4,699.32	-	3,729.81	
A5 Transfers between funds	-	-	-	-	
A6 Cash funds last year end	-	-	-	-	
Cash funds this year end	(969.51)	4,699.32	-	3,729.81	

Statement of Financial Position
At 31 October 2020

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Cash at bank	16,960.08	-
		-	-
		-	-
	Total cash funds	16,960.08	-
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
	Accrued income	8,333.33	975.00
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
	Property, Plan and Equipment	1,600.00	-
		-	-
		-	-
		-	-
		-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
	Deferred income	13,440.50	-
	Accruals	266.67	-
	Pensions	203.04	-
		-	-
		-	-

Signed by one or two trustees on behalf of all the trustees

Signature: 

Print Name: JAMES ABERY

Date of approval: 31/08/21

1 ACCOUNTING POLICIES

Accounting Convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard 102 for Smaller Entities (effective January 2018), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources Expended

Expenditure is accounted for on an accrual basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 TRUSTEES REMUNERATION AND BENEFITS

There were no trustees remuneration or other benefits for the period ended 31 October 2020.

Trustees Expenses

There were no trustees expenses for the period 31 October 2020.

3 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Creditors/ Payables	13,910.21
	-

4 MOVEMENT IN FUNDS

	Net Movement		
	in funds	At 31.10.20	At 31.10.19
	£	£	£
Restricted Funds			
Crowdfunding July 2020	2,288.78	2,288.78	-
TOTAL FUNDS		<u>2,288.78</u>	

APPENDIX

For the Period 04 October 2019 to 31 October 2020

PROFIT & LOSS		Oct-19	Nov-19 to Oct-20	Total
Turnover				04/10/19 to 31/10/20
Grants	Tesco/Groundwork (deferred from 2019/2020)		2,000.00	
	City Bridge (deferred from 2019/2020)		2,442.47	
	Sir Jeremiah Colman		1,500.00	
	Pathways Trust (May 2020 to Oct 2020)		4,153.00	
	Neighbourly Care (Oct 2019 to Oct 2020)	2,210.00	25,937.33	
	Ealing Council Grant		5,000.00	
	National Lottery Covid response (October 2020)		1,557.50	44,800.30
Individual donations	Including crowdfunding July 2020	10.00	220.00	
	Crowdfunding July 2020 RESTRICTED INCOME		2,288.78	2,518.78
Corporate donations	Co-Op (deferred from 2019/2020)	940.53		
	Co-Op		4,388.87	
	GSK Staff donation		2,041.51	
	GSK legal charity		200.00	
	Amazon Reward scheme		5.00	7,575.91
Community donations	St. Paul's Parochial		1,000.00	1,000.00
CJRS Funding			2,410.54	2,410.54
Employee costs	Salaries	(4,739.65)	(36,641.93)	(41,381.58)
	Pensions	(235.86)	(2,688.86)	(2,924.72)
	Subcontractors	(480.00)	(120.00)	(600.00)
	Staff training/welfare		(98.80)	(98.80)
Premises costs	Rent		(266.67)	(266.67)
General admin	Office costs	(50.62)	(620.35)	(670.97)
	Bank charges	(2.53)	(5.16)	(7.69)
	Insurance	(32.22)	(326.60)	(358.82)
	Computer consumables and software	(25.60)	(641.28)	(666.88)
	Horticultural sundries		(1,822.99)	(1,822.99)
	Depreciation			(400.00)
	Filing fees		(13.00)	(13.00)
Legal and professional costs	Audit fees			-
	Accountancy fees	(68.00)	(1,356.00)	(1,424.00)
	Solicitors fees		(1,734.60)	(1,734.60)
	Marketing	(117.32)	(487.68)	(605.00)
	Other legal and professional			-
	Profit/(loss)	(2,591.27)	8,321.08	5,329.81
BALANCE SHEET	Ledger	Details	Breakdown	
Land & buildings	Cost -			
	additions:	Hypedome, Clevely Crescent	2,000.00	
	Depreciation		(400.00)	
Debtors	Accrued income:	Neighbourly Care Jul- Oct 20	8,333.33	
		CJRS funding	975.00	9,308.33
Cash at bank	Cash at bank		16,960.08	
Creditors less than 1yr	Deferred income:	Pathways Nov- Apr 21	4,153.00	
		Sir Jeremiah Colman	1,500.00	
		National Lottery Covid response Nov- Mar 21	7,787.50	(13,440.50)

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Accruals:	Rent	266.67	(266.67)
	Trade creditors		-
	Pension		(203.04)
Total Assets less Liabilities			£13,958.20
Surplus brought forward			£8,628.39
Current year surplus			£5,329.81