



SHINE PND SUPPORT
ANNUAL REPORT AND FINANCIAL STATEMENTS
for the year ended 31 AUGUST 2025

Registered Office: 4 Elm View, Somerford Keynes, CIRENCESTER, Gloucestershire GL7 6DH

Website: <https://www.shine-support.org>

Telephone Number: 07886 570933

SHINE PND Support: Registered in England. Charity Number 1185585

The Trustees present their annual report, together with the independently examined financial statements for the year ended 31 August 2025. The financial statements have been prepared in accordance with statutory requirements and with the Charity's governing document.

LEGAL OBJECTS

The Charity is a public benefit entity. The objects of Shine PND Support are:

- a. To provide support to people suffering from postnatal depression by the provision of services including, protection, advice, guidance, counselling, education, relief of sickness, and the promotion of good mental and physical health;
- b. To provide support services to people with postnatal depression, including workshops, art and other therapies, drop in facilities, creches and such other facilities as may be determined to be valuable in the treatment or recovery from postnatal depression;
- c. To advance the awareness of, and education in matters relating to postnatal depression among the general public and support professionals;
- d. To liaise and work with health professionals, charities and local authorities working in the field of, or providing services in respect of, postnatal depression;

FUNDING

During the year we are extremely grateful for the funding received from the following bodies:

Sundry Donations	£1,736
Postcode Local Trust	£25,000
Main Grants	£58,027
Wiltshire Comm	£5,000
Lodge of Grace	£270
Gloucester County Council	£4,000
HD Wills	£2,000
Albert Hunt	£4,000
Barnwood Trust	£24,834
HMRC Charities	£3,924

ANNUAL REPORT BY THE CHAIR OF TRUSTEES

"Shine saved me. There's no other way to put it. During a time when I could see no happiness in life, Shine was the one thing that made me happy."

325 MOTHERS AND BABIES SUPPORTED

39% IMPROVEMENT IN MENTAL WELLBEING SCORES

Charity Number: 1185585
www.shine-support.org

Chair's Introduction

This year, I met a mother sitting in her car outside our Swindon venue. She'd been there for twenty minutes, engine off, baby asleep in the back seat. She couldn't walk through the door.

By the end of that afternoon, she was sitting at our table, hands working clay, tears falling quietly as she told us: "I thought it was just me."

It's not just her. This year, 325 mothers walked through our doors (many after sitting in car parks first). One in five women experience mental health challenges in pregnancy and the first year postpartum. The average wellbeing score of mothers entering our courses indicates probable clinical depression.

This report shows what happened when we gave them clay, thread, paint, and most importantly – each other.

A Year of Growth and Stability

We began the year in a strong position. Our income was excellent, workshops were full, and drop-in sessions for mothers had become genuinely successful and helpful. With new funding opportunities coming to fruition, we secured our two Swindon venues plus drop-in provision for three years. This gives us something precious: stability. Mothers know we'll be there when they need us, not wondering if we'll have to close.

This year, we also launched our first course in Gloucester, working with the Perinatal Team and Health Visitors who are keen to refer mothers in the area. This represents a major step forward for the charity, enabling us to expand our reach into new communities that desperately need our support.

Strengthening Our Foundation

We are deeply grateful to our Board of Trustees, whose skill, commitment, and dedication continue to be central to our success. This year, we welcomed Lynette Robathan and Claire O'Loughlin to the Board, bringing deep understanding and valuable experience in the charity sector. Meanwhile, Lauraine Cheesman stepped down as a trustee in July 2024 to focus on her role as CEO, with Fran Embleton Smith becoming Chair – strengthening our governance and strategic direction.

SHINE PND Support (Registered Charity No. 1185585)
Annual Report of the Trustees for the year ended 31 August 2025

The majority of our trustees have personal experience of perinatal mental illness. This isn't coincidental – it's essential. They understand what mothers need because they've sat where our mothers sit.

Structure – We began to move forward in restructuring the employment of our Shine Leads from each location. Job descriptions have been updated and contracts created and checked by an HR specialist in preparation to create employed roles within the charity. We believe this will bring cohesive work practices as a team going forward.

A full and succinct Employees' Handbook has also been produced, with particular focus on updating various policies, including Health and Safety, Data Protection and inclusion.

What We Know Works

We know from monitoring using the Warwick-Edinburgh Mental Wellbeing Scale, surveys and testimonials that we have been able to provide real help to, and improve the lives of, many families. Our work has a positive impact, not just on mothers but on the children whose mothers experience postnatal depression.

This year, every single mother who completed our 12-week course showed statistically significant improvement in their wellbeing scores. For surveys returned in the financial year, average scores jumped from 33 (probable clinical depression) to 46 (above the depression threshold) – a 39% improvement we can measure and prove.

Looking Forward

As long as mothers are sitting in car parks unable to walk through playgroup doors, Shine will be here. As long as one in five women experience mental health challenges after birth, we'll create the rooms where healing can begin.

Thank you for making this vital work possible.

Fran Embleton Smith
Chair of Trustees

Who We Exist For

The Mothers We Serve

We exist for mothers dealing with depression, anxiety, isolation or overwhelm. We're here for the mothers who are too exhausted to ask for help, too overwhelmed to fill out referral forms, too ashamed to admit they're not coping. The ones sitting in cars outside playgroups, unable to walk through the door. The ones who love their babies but feel utterly lost inside their new lives.

These are mothers who haven't felt able to access other groups and services because of their depression. They're struggling with worries and concerns, unable to connect with other parents, ashamed of not coping. They need a safe space to be open and honest about their feelings, thoughts and experiences – without performing maternal bliss or pretending to be okay.

"My entire life was turned upside down by my postnatal depression. I suddenly became awash with anxiety and depression. I didn't want to go to groups. I didn't want to meet other parents. My reality was far from what I expected."

The Crisis We Address

The scale of perinatal mental illness in the UK is staggering:

- The Royal College of Psychiatrists estimates that between 56,000 and 85,000 mothers (10-15% of those who gave birth) across England experienced postnatal depression in 2024
- Maternal suicide remains one of the leading causes of death among women between six weeks and a year after birth
- 4 in 10 mothers offered NHS treatment had to wait too long to receive it, with 76% saying their conditions worsened during that time – including intrusive thoughts, being unable to bond with their child, and even suicidal thoughts
- The average wellbeing score for mothers entering our courses in 2024/5 was 33 on the Warwick-Edinburgh Mental Wellbeing Scale – indicative of probable clinical depression

The Long-term Impact on Children

Postnatal depression doesn't just affect mothers – it has profound implications for babies and children. Untreated perinatal mental illness can affect unborn infants, potentially putting them at risk of premature birth and low birth weight. Research shows that where mothers experience postnatal depression, their children are more likely to experience behavioural problems, low educational attainment, and mental health problems in later life.

Babies need attentive, responsive parenting to nurture their emotional development and build on their natural capacity to think and learn. Postnatal depression inhibits the responsive, attuned relationships needed for healthy attachment and social and emotional development. Mothers with postnatal depression are less likely to leave the house, socialise with their babies or attend groups, further limiting opportunities for their children to develop.

The Gap in Support

While understanding of the impact of postnatal depression has grown, there is still limited resource to support parents and their children, particularly where the illness is moderate or mild. The high threshold for support from NHS Perinatal teams means many women experiencing moderate perinatal mental illness often have little support available to them. Due to cuts in the Health Visiting division and the closure of children's centres, fewer visits are being made to new families, leading to lower instances of maternal mental illness being picked up and addressed.

Too many parents are left without support, leading to prolonged mental illness and increased risk to their children's development. **Shine fills this crucial gap.**

Our Response

We create the room that doesn't make mothers perform wellness or gratitude or maternal bliss. We give them clay, thread, paint – and we sit beside them while they remember who they are beneath the weight of early motherhood.

12-Week Creative Therapy Courses

Our core offering is a 12-week creative therapy course where mothers work with local artists on craft activities that promote mindfulness and therapeutic coping skills. Each course is attended by circa 9 mothers and their babies, all experiencing mild to moderate mental health difficulties following the birth of their child.

Each week, mothers work with professional artists on crafts – felting, slow stitching, mosaics, journalling, textiles. Their hands are busy, so their minds can rest. The creative work calms their nervous system and gives them coping tools they can use at 3am when the panic hits. But the real work happens in the conversation. While mothers stitch or paint, they can finally speak honestly: "I'm not coping." "I had scary thoughts yesterday." "I don't recognise myself anymore." No one tells them to be grateful. No one says "but you wanted this baby." They're surrounded by women who simply say: "Me too. Sit here."

While mothers focus on recovery, our qualified crèche team (all DBS checked, with Level 2 or 3 childcare qualifications) provides safe, nurturing care for their babies. This isn't just childminding – it's crucial "me time" that mothers desperately need but rarely get. We also weave gentle parent-baby work into sessions, using the "watch and wonder" technique. Mothers learn to read their babies' cues, respond to their needs, and rebuild confidence in their parenting.

Weekly Drop-In Sessions

Our drop-in sessions support isolated mothers experiencing mental illness to meet one another and develop friendships and support networks. Sessions are hosted by a trained peer-supporter and a qualified crèche worker leads an activity corner with interactive and child-led play.

Drop-ins offer immediate access with no waiting list, continued support after completing the 12-week course, and opportunities to host additional workshops based on community need. We provide free breakfast for mothers and children, plus clothes and toy swaps to remove barriers to attendance. We bring essential services directly into our safe spaces – Citizens Advice, family

services, benefits support – ensuring mothers can access their rights without facing the barriers that previously excluded them.

What We Did This Year

By the Numbers

- **325 mothers and babies supported across 6 venues**
- **twelve-week courses delivered in 7 venues** (Cirencester 2, Swindon 2, Dursley 1, Gloucester 1)
- **Average 15 mothers per drop-in session**
- **39% improvement in WEMWBS scores** (from 33 to 46)
- **93.9% reported improved relationship with baby**
- **93.9% felt less isolated**
- **87.9% gained coping mechanisms and tools**

Our Services in Action

Drop-In Sessions and Wraparound Support

Our drop-in sessions provide immediate support with no waiting list. This year, we ran a wide range of themed sessions and practical support initiatives designed to improve wellbeing, reduce financial pressure, and increase confidence in parenting:

Mend and Swap Sessions: Families could bring pre-loved clothing to swap, donate, or take what they needed – with no expectation to contribute in order to receive. A sewing machine, hand-stitch resources, and volunteer support were available to help repair clothing, building practical home skills and confidence.

Toy & Clothes Swaps: Ahead of school holidays and seasonal changes, we ran toy and clothing swaps, supporting families experiencing financial hardship while encouraging reuse and sustainability.

Christmas Gift & Jumper Provision: During the festive period, families accessed a new gift donation scheme (brand-new items to preserve dignity when gifting), a pre-loved toy swap, a festive jumper swap or mend station, and a free wrapping station. This reduced financial stress and enabled families to participate in celebrations without added hardship.

Harvest Festival Support: Our Harvest-themed drop-in combined craft, early years activities, and practical food support. We shared affordable recipes, signposted to food banks and community fridges, and families could access Shine's nappy bank, toiletries, formula and baby food supplies.

Seasonal Events: We delivered inclusive, low-pressure events including World Children's Day activities, a Father's Day Breakfast welcoming fathers and father figures, a Baby Brunch & Book Club with a national literacy representative, a Halloween (No-Scare) Party with inclusive options, and a Christmas Photo Shoot in a familiar, supportive environment.

Travel Support: Dedicated funding was used to help families in crisis access Shine via taxi support, particularly those in areas with poor transport links or experiencing acute financial hardship.

"I've found it so valuable having a consistent place to be, especially for a longer time period which breaks up the day. This was also one of two days of the week my partner works a 12-hour shift which I was finding difficult."

Expansion and Innovation

First Gloucester Course: We launched our first course in Gloucester in partnership with the Perinatal Team and Health Visitors, representing a major expansion into a new community with significant unmet need.

Strengthened Inclusive Practice: A crèche staff member completed extensive specialist training in complex medical needs, SEN, communication support, physical support and trauma-informed approaches. We hosted visiting professionals including SEND Family Voices and other local services, enabling parents to access advice in a familiar setting while children were safely supported in crèche. This significantly increased Shine's ability to safely support children with complex needs and ensure parents feel confident attending.

Suicide Prevention Work: On Suicide Prevention Day, Shine offered a gentle, optional creative activity to support reflection around experiences of suicidal ideation or supporting someone affected. Staff undertook formal training to ensure safe, informed conversations and signposting. The session allowed expression without pressure to speak, creating an accessible and non-confrontational route into support.

Summer Support: We created a WhatsApp support group to maintain connection over the summer break, enabling peer support, informal meet-ups, and continuity of care. Volunteer-led gentle walks in local free outdoor spaces provided informal peer connection and confidence-building opportunities.

Literacy Partnership: Through our literacy partnership work, families accessed storytelling sessions, "Blind Date with a Book" resources, children's picnic basket books, and guidance on supporting language development at home.

Voices of Shine

"I found Shine after hitting a low point in my motherhood journey. Now, Shine has been one of the many highlights in motherhood. Shine, its volunteers, Lauraine, and the ladies I have met – who are now my friends – have changed my life! The hard work and dedication of all the artists, who not only share their crafts but also their experiences and parenting highs and lows, allow important conversations to start amongst the group. Those two hours of my week became what got me through the next week, and now we look forward to meeting up with our little ones and keeping those all-important conversations going together – as a village."

"Shine has been a lifeline for me. After struggling with postnatal depression, the courses gave me a safe space to talk openly and learn practical ways to cope. The volunteers are amazing, the activities are fun, and I always leave feeling supported and understood. I don't feel alone anymore, and I've made friends I know I can rely on."

"I have been feeling more content and less alone meeting other people that have similar feelings to me."

"Shine gave me the opportunity to put back into my cup and that has made me a better mum to my son."

"I'm so grateful for Shine and the Shine staff. They've all been so supportive and welcoming. I feel like I'd be in a really bad place if I hadn't made some of the friendships through Shine that I have."

"When I was at my worst, I felt so supported. The women in the group gave me the confidence to seek help from my GP. I don't know where I'd be if I hadn't done that."

"I am trying harder to talk about my feelings with family and not keep it to myself."

"I know that I can go to Shine whenever I need and there will always be someone there to talk to."

Working in Partnership

When a GP in Cirencester needs somewhere to refer a mother experiencing moderate depression who doesn't meet the NHS threshold, they call us. When a Health Visitor is worried about a mother who won't leave the house, they call us. When the NHS perinatal team needs ongoing support for a mother transitioning out of their care, they call us.

Health and Social Care Partners

We worked closely with perinatal mental health teams throughout the year to provide early intervention for mothers who did not meet the threshold for specialist services, as well as ongoing support for those already receiving care.

Referrals came from a wide range of sources:

- Health Visitors
- Midwives
- GPs and social prescribers
- NHS Perinatal Mental Health Teams
- Other charitable organisations
- Self-referrals via social media, our website, and word of mouth

"Shine provides Health Professionals within the Health Visiting Service a lifeline to refer Mothers to receive ongoing, specialist peer support, otherwise unobtainable. Without the support of Shine within the community, the possibility of Mothers suffering alone is harrowing."

– Rhianna Amos, Gloucestershire Health Visiting Team

Strategic Partnerships

We strengthened our partnerships across the year, including:

Hearts and Mind Partnership: Supporting the development of a comprehensive map of perinatal community services and emerging charities.

NHS Focus Groups: Encouraging Shine mothers to participate in monthly meetings to ensure their voices are heard.

Maternity Voices Partnerships: Engagement through surveys and seminars.

We also worked closely with local charities, including The Churn Project, Nelsons Trust, Home-Start, and GL11 Community Hub, enabling multi-layered support through signposting and co-referral pathways.

Shine was invited to contribute to a planned mental health-focused event for Wiltshire trainee GPs, reflecting growing recognition of our expertise within the local health system. Shine's work was also featured in a BBC Radio Wiltshire collaboration highlighting mental health signposting.

Co-production with Service Users

Our founder, Lauraine Cheesman, created Shine after experiencing her own postnatal depression and finding nowhere to turn. Most of our staff and trustees have sat where our mothers sit now – We know the gaps because we fell through them ourselves.

We talk to mothers constantly through focus groups, conversations during sessions, Facebook polls, and feedback forms after every course and drop-in. These aren't tick-box exercises. One mum mentions she's struggling with benefits – within weeks, Citizens Advice is sitting in our drop-in. Another says her toddler has outgrown all his clothes – now we run toy and clothes swaps at every session.

After finishing the 12-week course, mothers told us: "I need this to continue." So we built weekly drop-ins based exactly on what they told us they wanted. Several women who once sat in our groups now lead the creative workshops. Others volunteer in the crèche or at drop-ins. They shape what we offer because they remember what it felt like to need it.

"The support from the staff and the other mums has made me feel more confident and has helped me in my wider life to pursue my idea of a small business that helps and supports other mothers in their own parenting journey."

Our People

Our Staff and Volunteers

Day-to-day operations of the Charity are run by the CEO, the most senior member of staff. All staff, including Project Leads, are managed by and report to the **CEO**. The **CEO** reports regularly to Trustees at Board Meetings.

Our staff and volunteers include:

- **CEO** (Lauraine Cheesman)
- **Project Leads** for each venue
- **Qualified Crèche Workers** (all with Level 2 or 3 childcare qualifications, DBS checks, and Paediatric First Aid)
- **Community Artists and Workshop Leaders** (many of whom are former "Shine Mummies")
- **Peer Support Facilitators** (trained in Peer Support for Perinatal Mental Illness)
- **Volunteers** (many former service users who now support drop-ins and crèche)

All staff and volunteers working with mothers and babies are:

- DBS checked (no exceptions)
- Trained in Safeguarding Level 2 (crèche team and volunteers) or Safeguarding Lead (Project Lead and Drop-In Lead)
- Trained in Suicide Awareness
- Trained in Mental Health First Aid

This year, one crèche staff member completed extensive specialist training in complex medical needs, SEN, communication support, physical support and trauma-informed approaches – significantly increasing our capacity to support children with complex needs.

Rates of pay for staff are determined by the Trustees. Performance of staff is reviewed annually.

Lived Experience at the Heart

The majority of our staff and trustees have lived experience of maternal mental health issues, and many of our workshop leaders and volunteers are former "Shine Mummies" themselves. This creates trauma-informed and empathetic care tailored to each mother.

Several mothers who completed our course have gone on to:

- Lead creative workshops
- Volunteer in the crèche
- Support drop-in sessions
- Start small businesses supporting other mothers
- Shape our services through ongoing feedback

The support network mothers build often lasts for years, with the "Shine Mummies" Facebook community remaining active and engaged long after formal support ends.

Securing Long-term Stability

A major achievement this year was securing three-year funding from the National Lottery Community Fund for our Swindon services. This gives us something precious: stability. Mothers know we'll be there when they need us, not wondering if we'll have to close. It also allows us to plan strategically, invest in staff development, and build robust evaluation systems.

We continued with our funding from Barnwood Trust (year 3 of three-year funding for Cirencester), demonstrating the value of longer-term grants in enabling quality service delivery and continuous improvement.

Looking Ahead

Our Vision for 2025-26

We are excited to build on this year's successes while addressing challenges that threaten our long-term sustainability.

Short-term priorities:

Embed Gloucester service: Support our first Gloucester cohort and build strong relationships with local referral partners, establishing Shine as a trusted resource for mothers in the area.

Strengthen evaluation systems: Develop more robust tracking of outcomes and demonstrate impact to support future funding applications. We're improving our processes for collecting pre and post evaluation surveys while respecting mothers' capacity during difficult times.

Increase unrestricted funding: Reduce reliance on short-term project grants by building individual giving, community fundraising, and relationships with trusts offering unrestricted support.

Expand staff training: Continue investing in professional development, particularly in trauma-informed practice, inclusive support for diverse communities, and specialist training for working with complex needs.

Our Challenges

We believe in being honest about the challenges we face:

Reliance on short-term project funding: While three-year funding for Swindon provides stability, most of our income remains dependent on project grants that require constant reapplication. This creates uncertainty and diverts staff time from direct delivery to fundraising.

Capacity to meet demand: We operate with a small staff team, and demand for our services consistently exceeds our capacity. Every week, mothers are waiting to access support.

Evaluation burden on vulnerable mothers: Collecting robust impact data is essential for funding, but asking mothers to complete surveys when they're struggling with depression can feel like another burden. We're working to find the balance between rigorous evaluation and compassionate practice.

Our Commitment

As long as one in five women experience mental health challenges after birth, we'll create the rooms where healing can begin.

We'll continue listening to mothers, learning from what they tell us, and adapting our services to meet their needs. We'll maintain the highest standards of safeguarding and inclusive practice. We'll build sustainable funding that allows us to plan beyond the next grant deadline. And we'll never lose sight of why we exist: the mother sitting in that car park, unable to walk through the door.

ADMINISTRATIVE DETAILS

The Charity is administered by a Board of Trustees.

Fran Embleton Smith - Chair	From 01/02/2023
Sarah Bourne	From 01/02/2023
Claire O'Loughlin	From 01/09/2024
Rebecca Kimberley	From 01/09/2019
Lynette Bluebird	From 01/09/2024

SHINE PND Support (Registered Charity No. 1185585)
Annual Report of the Trustees for the year ended 31 August 2025

ADMINISTRATIVE DETAILS (Continued)

Registered Office	4 Elm View, Somerford Keynes, Cirencester, Glos. GL7 6DH
Independent Examiner	Helen Jones, McGills Chartered Accountants Oakley House, Tetbury Road, Cirencester, Gloucestershire, GL7 1US
Bankers	National Westminster Bank plc, Cirencester Branch, 32 Market Place, Cirencester, Glos, GL7 2NU
Insurers	Markel International Insurance Co Ltd through Access Insurance Services, Selsdon House, 212 - 220 Addington Road, South Croydon, London, CR2 8LD

STRUCTURE AND GOVERNANCE

The Charity is governed by a Board of Trustees. Detail of membership can be found on the previous page of this report. The Board meets regularly to discuss the operation and direction of the Charity.

Day to day operations of the Charity are run by the CEO, Lauraine Cheesman, the most senior member of staff. All staff, including Project Leads are managed by, and report to, the CEO. Decisions on whether to undertake any fundraising activity or bid for grants are delegated to the CEO. The Chair and CEO are signatories on the charity's bank accounts. The Project Manager reports regularly to Trustees at Board Meetings.

Rates of pay for staff are determined by the Trustees. Performance of staff is reviewed annually.

PAYMENTS MADE TO TRUSTEES AND RELATED PARTY TRANSACTIONS

During the year the following payments were made to Trustees:

Ideas and Standards)	£1,193.19 was paid to Rebecca for Artist services through her company "Cotswold Cre8"
----------------------	---

**Independent Examiner's Report to the
Trustees of SHINE PND Support**

I report to the trustees on my examination of the financial statements of Shine PND Support ('the charity') for the year ended 31 August 2025

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs H Jones ACA
Monahans

Independent Examiner

Oakley House
Tetbury Road
Cirencester
Gloucestershire
GL7 1US

1. GOING CONCERN

The Trustees have reviewed the anticipated performance of the charity for a period of at least 12 months from the date of approval of the financial statements and concluded that there is no material uncertainty regarding the charity's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the financial statements have been prepared on a going concern basis.

2. ACCOUNTING POLICIES

Since the income of the charity is less than £250,000, and is unlikely to exceed this figure in the next two years, the Trustees have adopted the 'receipts and payments' basis for the preparation of the accounts.

3. RESERVES POLICY

Total reserves rose by £5,225 during the year while free reserves fell from £16,098 to £15,866. The Trustee's policy on reserves is to maintain sufficient free reserves to cover salary and other fixed costs for a minimum of one month. This requirement is met. The Trustees have considered the likely/known income streams and the expected costs of operation in a normal year and are confident that the Charity will be sufficiently well funded to operate for the next financial year

4. ASSETS POLICY

The Charity holds no significant capital assets. Should it become necessary to acquire assets in the future, a policy regarding capitalisation, depreciation and replacement will be developed.

5. DROP IN ACCOUNT*

The Charity maintains a bank account for the activities of its "Drop In" Facilities.

SHINE PND Support (Registered Charity No. 1185585)

Notes to the Accounts for the year ended 31 August 2025

6. EXPENDITURE ANALYSIS

Advertising & Marketing

Audit & Accountancy fees

Bookkeeping

Creche Workers

Drop Ins

Health & Safety

HMRC Penalty

Insurance

IT Software and Consumables

Legal Expenses

Pensions Costs

Printing & Stationery

Project Co-Ordinator Salary

Project Lead

Staff Training

Subscriptions

Travel - National

Venue Hire

Workshop Fees

SHINE PND Support (Registered Charity No. 1185585)
Statement of Financial Activities for the year ended 31 August 2025

Account	2025 Designated Funds	2025 Restricted Funds	2025 Undesignated Funds	2025
Turnover				
200 - National Lottery Community Fund	0.00	0.00	0.00	0.00
201 - Swindon Borough Council Fund	0.00	0.00	0.00	0.00
202 - Barnwood Trust Fund	0.00	24,834.00	0.00	24,834.00
204 - St James's Place Fund	0.00	0.00	0.00	0.00
205 - Gloucester County Council Fund	0.00	4,000.00	0.00	4,000.00
206 - NHS Fund	0.00	0.00	0.00	0.00
209 - Groundwork	0.00	0.00	0.00	0.00
211 - Sundry Donations and Contribution:	1,736.04	0.00	0.00	1,736.04
212 - Drop In (Cirencester)	0.00	0.00	0.00	0.00
213 - Amazon Donation	0.00	0.00	0.00	0.00
214 - Main Grant	0.00	58,027.00	0.00	58,027.00
216 - HMRC Charities	0.00	3,923.52	0.00	3,923.52
217 - Albert Hunt	0.00	4,000.00	0.00	4,000.00
218 - Inner Wheel Club	0.00	0.00	0.00	0.00
219 - GL Com Nurse Fund	0.00	0.00	0.00	0.00
226 - Wiltshire Comm	0.00	5,000.00	0.00	5,000.00
228 - HD Wills	0.00	2,000.00	0.00	2,000.00
229 - Postcode Local Trust	0.00	25,000.00	0.00	25,000.00
230 - Lodge of Grace	0.00	270.00	0.00	270.00
	0.00	0.00	0.00	0.00
Total Turnover	1,736.04	127,054.52	0.00	128,790.56
Gross Profit	1,736.04	127,054.52	0.00	128,790.56
Administrative Costs				
400 - Advertising & Marketing		278.46		278.46
401 - Audit & Accountancy fees	390.00			390.00
402 - Trust Application Fees				0.00
403 - Bookkeeping	532.50			532.50
405 - HMRC Penalty			100.00	100.00
420 - Venue Hire		7,782.35		7,782.35
421 - Health & Safety		104.40		104.40
424 - Entertainment - 0%				0.00
433 - Insurance	174.48			174.48
441 - Legal Fees		623.50		623.50
461 - Printing & Stationery		32.55		32.55
463 - IT Software and Consumables	598.19	931.05	132.00	1,661.24
469 - Rent		2,800.00		2,800.00
474 - Workshop Fees		28,774.08		28,774.08
475 - Project Lead		16,777.80		16,777.80
476 - Development Work				0.00
477 - Project Co-Ordinator Salary		19,344.61		19,344.61
478 - Creche Workers		26,966.23		26,966.23
480 - Staff Training		1,656.10		1,656.10
482 - Pensions Costs		225.84		225.84
485- Subscriptions		31.20		31.20
491 - Drop Ins		13,307.65		13,307.65
493 - Travel - National		2,002.76		2,002.76
495 - Drop In (Cirencester) Costs				0.00
				0.00
Total Administrative Costs	1,695.17	121,638.58	232.00	123,565.75
Operating Profit	40.87	5,415.94	(232.00)	5,224.81
Profit on Ordinary Activities Before Tax¹	40.87	5,415.94	(232.00)	5,224.81
Net Income/Expenditure	40.87	5,415.94	(232.00)	5,224.81
Funds Brought Forward	7,465.42	21,249.97	16,098.29	44,813.68
Funds Carried Forward	7,506.29	26,665.91	15,866.29	50,038.49

SHINE PND Support (Registered Charity No. 1185585)

Statement of Financial Activities for the year ended 31 August 2025


BALANCE SHEET	Aug-25	Aug-24
	£	£
Cash In Hand		-
Drop In Account	1,939.08	1,939.08
Main Bank Accounts	47,816.58	42,591.77
Directors Loan	282.83	282.83
Cash at Bank	<u>50,038.49</u>	<u>44,813.68</u>


REPRESENTED BY

Undesignated Fund	15,866.29	16,098.29
Designated Fund	7,506.29	7,465.42
Restricted Fund	26,665.91	21,249.97
Total	<u>50,038.49</u>	<u>44,813.68</u>

We approve the financial statements set out on pages 5 to 7 in respect of the year ended 31st August 2025 and confirm that we have made available all relevant records and information for their preparation.

Signed on behalf of the board of trustees


Fran Embleton Smith
Chairman


Sarah Bourne
Trustee