



SHINE PND SUPPORT
ANNUAL REPORT AND FINANCIAL STATEMENTS
for the year ended 31 AUGUST 2024

Registered Office: 4 Elm View, Somerford Keynes, CIRENCESTER, Gloucestershire GL7 6DH
Website: <https://www.shine-support.org>
Telephone Number: 07886 570933

SHINE PND Support (Registered Charity No. 1185585)
Annual Report of the Trustees for the year ended 31 August 2024

The Trustees present their annual report, together with the independently examined financial statements for the year ended 31 August 2024. The financial statements have been prepared in accordance with statutory requirements and with the Charity's governing document.

LEGAL OBJECTS

The Charity is a public benefit entity. The objects of Shine PND Support are:

- a. To provide support to people suffering from postnatal depression by the provision of services including, protection, advice, guidance, counselling, education, relief of sickness, and the promotion of good mental and physical health;
- b. To provide support services to people with postnatal depression, including workshops, art and other therapies, drop in facilities, creches and such other facilities as may be determined to be valuable in the treatment or recovery from postnatal depression;
- c. To advance the awareness of, and education in matters relating to postnatal depression among the general public and support professionals;
- d. To liaise and work with health professionals, charities and local authorities working in the field of, or providing services in respect of, postnatal depression;
- e. To provide grants to persons with postnatal depression or organisations with similar objects to those of the charity where this would enable the charity to meet its objects.

FUNDING

During the year we are extremely grateful for the funding received from the following bodies:

Allen Lane	£3,966.00
Barnwood Trust Fund	£24,204.00
Charities Trust	£10,500.00
Gloucestershire Magma	£1,946.00
NHS Fund	£8,763.00
PayPal Giving	£393.91
Schroder Charity	£4,000.00
St James's Place Fund	£5,000.00
Sundry Donations and Contributions	£12,266.08
The Big Give	£3,569.00
Together in Matson	£4,866.00
Wiltshire and District	£700.00
Wiltshire Comm	£5,000.00

ANNUAL REPORT BY THE CHAIR OF TRUSTEES

We continued leading our Shine Courses and Drop Ins now running in Cirencester, Swindon and Dursley. We have been able to support 331 new Mothers and babies from our six venues, with two courses running from Cirencester, three from Swindon and one from Dursley. Our Drop ins were able to reach approximately 20 Mums at each venue. We have been working closely with the perinatal teams offering early intervention and support to Mums who don't quite reach the criteria of the team, also Mums who are being supported by the perinatal team. We have also continued to receive referrals from Health Visitors, Midwives, GPs, Social prescribers, word of mouth via Social media and our website and other Charitable organisations.

Shine PND Support continues to work with the Hearts and Mind Partnership, an establishing charity creating a map of perinatal community services, also with the intention of helping new up and coming charities and organisations. We also continued our work with NHS focus groups encouraging Shine Mums to join monthly meetings as a chance for their voices to be heard, connecting with Maternity Voices via surveys and seminars. We work closely with various charities across Gloucestershire and Swindon including The Churn Project, Nelsons Trust, Homestart, GL11 Community Hub, signposting and co referring enabling multi layer support.

ANNUAL REPORT BY THE CHAIR OF TRUSTEES (continued)

We began this year in a strong position. Our income was excellent, Workshops full, Drop ins for Mums had become genuinely successful and helpful. With new funding opportunities coming to fruition we have been able to secure our two most valuable Swindon Venues plus Drop Ins for 3 years. This is an incredible opportunity to move forward and work on improving our services within this multi cultural and highly diverse area. Our Board of Trustees consisted of skilled and committed people, to whom I am so incredibly grateful. We are lucky to welcome two new Trustees with deep understanding and valuable experience in the charity sector.

We know from monitoring, using the Warwick–Edinburgh Mental Well-being Scale, surveys and testimonials from Mums that we have been able to provide real help to, and improve the lives of, many families. Our work has a positive impact, not just on mothers but on the children of women with Post Natal Depression.

Our website has continued to offer a range of support opportunities with many new Mums contacting us having found us online, interested in joining our courses or Drop Ins. We have also been approached by artists offering their creativity and volunteers offering their time. We are now looking into a new Shine opening and running in Gloucester with the Perinatal Team and health visitors keen to be able to refer new Mums in the area. This is very exciting for the charity going forward!

Fran Embleton Smith (*Chair*)

FINANCIAL REVIEW

A successful Year with regards to financial security. We continued with our funding from Barnwood Trust, year 2 of our three year funding for Cirencester. We also received funding from the Schroder Trust, St James Place, NHS Gloucestershire, Wilts Community Fund and Allen Lane. We also enjoyed a wonderful Fund raiser with 30 Mums taking part in a Shine Fire Walk! With match funding approved with the Big Give we raised over £10,000! We had been working on a bid with Big Lottery Reaching Communities for our Swindon Shine and received the incredible news that we were successful in our application!

ADMINISTRATIVE DETAILS

The Charity is administered by a Board of Trustees. The following people served as Trustees from 2 October 2019 to the date this report was approved (unless shown otherwise):

Lauraine Cheesman CEO	Stepped down as Trustee 24/07/2024
Amber Powell (midwife)	Stepped down 24/7/24
Rebecca Kimberley (Artists, Creative Ideas and Standards)	
Fran Embleton Smith (Policies and Governance)	30/03/2023 Became Chair 24/07/2024
Sarah Bourne (safeguarding)	30/03/2023
Lynette Robathan	24/07/2024
Claire O'Loughlin	14/06/2024

SHINE PND Support (Registered Charity No. 1185585)
Annual Report of the Trustees for the year ended 31 August 2024

ADMINISTRATIVE DETAILS (Continued)

Registered Office	4 Elm View, Somerford Keynes, Cirencester, Glos. GL7 6DH
Independent Examiner	Helen Jones, Monahans Chartered Accountants Oakley House, Tetbury Road, Cirencester, Gloucestershire, GL7 1US
Bankers	National Westminster Bank plc, Cirencester Branch, 32 Market Place, Cirencester, Glos, GL7 2NU
Insurers	Markel International Insurance Co Ltd through Access Insurance Services, Selsdon House, 212 - 220 Addington Road, South Croydon, London, CR2 8LD

STRUCTURE AND GOVERNANCE

The Charity is governed by a Board of Trustees. Detail of membership can be found on the previous page of this report. The Board meets regularly to discuss the operation and direction of the Charity.

Day to day operations of the Charity are run by the Project Manager, the most senior member of staff. (This person has also been the Chair of Trustees, however the decision has now been made that the Chair steps down from the board to continue her role as project manager. This change of structure was finalised in July 2024, with Fran Embleton Smith taking the role of Chair). All staff, including Project Leads are managed by, and report to, the Project Manager. Decisions on whether to undertake any fundraising activity or bid for grants are delegated to the Project Manager. The Chair and Project Manager are signatories on the charity's bank accounts, with a bookkeeper monitoring payments and producing a report ready for our accountant. The Project Manager reports regularly to Trustees at Board Meetings.

Rates of pay for staff are determined by the Trustees. Performance of staff is reviewed annually.

PAYMENTS MADE TO TRUSTEES AND RELATED PARTY TRANSACTIONS

During the year the following payments were made to Trustees:

Rebecca Kimberley (Artists, Creative Ideas and Standards)	£1,134.81 was paid to Rebecca for Artist services through her company "Cotswold Cre8"
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Lauraine Cheesman (CEO July 2024)	Lauraine was paid £18,456 as Project Manager.
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Independent Examiner's Report to the Trustees of SHINE PND Support

I report to the trustees on my examination of the financial statements of Shine PND Support ('the charity') for the year ended 31 August 2024

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that, other than the issue already brought to the Trustees attention with regard to the Drop In account, no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs H Jones ACA
Monahans

Independent Examiner

Oakley House
Tetbury Road
Cirencester
Gloucestershire
GL7 1US

1. GOING CONCERN

The Trustees have reviewed the anticipated performance of the charity for a period of at least 12 months from the date of approval of the financial statements and concluded that there is no material uncertainty regarding the charity's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the financial statements have been prepared on a going concern basis.

2. ACCOUNTING POLICIES

Since the income of the charity is less than £250,000, and is unlikely to exceed this figure in the next two years, the Trustees have adopted the 'receipts and payments' basis for the preparation of the accounts.

3. INVESTMENT POLICY

The Charity's Charity Business Account is now being transferred to a Charity Account.

4. RESERVES POLICY

Total reserves rose by £8,412 during the year while free reserves rose from £15,850 to £16,098. The Trustee's policy on reserves is to maintain sufficient free reserves to cover salary and other fixed costs for a minimum of one month. This requirement is met. The Trustees have considered the likely/known income streams and the expected costs of operation in a normal year and are confident that the Charity will be sufficiently well funded to operate for the next financial year

5. ASSETS POLICY

The Charity holds no significant capital assets. Should it become necessary to acquire assets in the future, a policy regarding capitalisation, depreciation and replacement will be developed.

6. DROP IN ACCOUNT*

The Charity maintains a bank account for the activities of its "Drop In" Facilities.

7. EXPENDITURE ANALYSIS

Project Managers
Creche Workers
Venue Hire
Accountancy
Insurance
Drop Ins
Advertising & Marketing
Bank Fees
Consulting
Employers National Insurance
Entertainment - 0%
Firewalk
IT Software and Consumables
Legal Expenses
Pensions Costs
Printing & Stationery
Project Co-Ordinator Salary
Rent
Staff Training
Travel - National
Workshop Fees

SHINE PND Support (Registered Charity No. 1185585)
Statement of Financial Activities for the year ended 31 August 2024

Account	2024 Designated Funds	2024 Restricted Funds	2024 Undesignated Funds	2024 Total
Turnover				
Allen Lane	0.00	3,966.00	0.00	3,966.00
Barnwood Trust Fund	0.00	24,204.00	0.00	24,204.00
Charities Trust	0.00	10,500.00	0.00	10,500.00
Gloucestershire Magmca	0.00	1,946.00	0.00	1,946.00
NHS Fund	0.00	8,763.00	0.00	8,763.00
PayPal Giving	0.00	0.00	393.91	393.91
Schroder Charity	0.00	4,000.00	0.00	4,000.00
St James's Place Fund	0.00	5,000.00	0.00	5,000.00
Sundry Donations and Contributions	10,266.08	2,000.00	0.00	12,266.08
The Big Give	0.00	3,569.00	0.00	3,569.00
Together in Matson	0.00	4,866.00	0.00	4,866.00
Wiltshire and District	0.00	700.00	0.00	700.00
Wiltshire Comm	0.00	5,000.00	0.00	5,000.00
Total Turnover	10,266.08	74,514.00	393.91	85,173.99
Gross Profit	10,266.08	74,514.00	393.91	85,173.99
Administrative Costs				
Advertising & Marketing	0.00	119.96	0.00	119.96
Audit & Accountancy fees	391.00	210.00	0.00	601.00
Bank Fees	0.00	0.00	7.62	7.62
Consulting	120.00	2,005.00	0.00	2,125.00
Creche Workers	6,568.56	15,274.25	0.00	21,842.81
Drop Ins	1,348.64	6,086.76	0.00	7,435.40
Employers National Insurance	0.00	326.47	0.00	326.47
Entertainment - 0%	0.00	0.00	137.95	137.95
Firewalk	0.00	550.00	0.00	550.00
Insurance	174.48	0.00	0.00	174.48
IT Software and Consumables	660.92	350.14	0.00	1,011.06
Legal Expenses	0.00	243.00	0.00	243.00
Pensions Costs	0.00	372.01	0.00	372.01
Printing & Stationery	0.00	88.45	0.00	88.45
Project Co-Ordinator Salary	0.00	17,569.23	0.00	17,569.23
Project Lead	0.00	1,065.00	0.00	1,065.00
Rent	933.50	0.00	0.00	933.50
Staff Training	0.00	78.00	0.00	78.00
Travel - National	142.00	1,199.11	0.00	1,341.11
Venue Hire	120.00	7,412.75	0.00	7,532.75
Workshop Fees	1,140.65	12,066.88	0.00	13,207.53
Total Administrative Costs	11,599.75	65,017.01	145.57	76,762.33
Net Income/Expenditure	(1,333.67)	9,496.99	248.34	8,411.66
Funds Brought Forward	8,799.09	11,752.98	15,849.95	36,402.02
Funds Carried Forward	7,465.42	21,249.97	16,098.29	44,813.68

Drop In Account * This account has not been accessed and is used as a way to keep reserves.

SHINE PND Support (Registered Charity No. 1185585)
Statement of Financial Activities for the year ended 31 August 2024

BALANCE SHEET	Aug-23	Aug-24
	£	£
Cash In Hand		-
Drop In Account	1,939.08	1,939.08
Main Bank Accounts	34,462.94	42,591.77
PayPal Funds		282.83
Cash at Bank	<u>36,402.02</u>	<u>44,813.68</u>

REPRESENTED BY

Undesignated Fund	15,849.95	16,098.29
Designated Fund	8,799.09	7,465.42
Restricted Fund	11,752.98	21,249.97
Total	<u>36,402.02</u>	<u>44,813.68</u>

We approve the financial statements set out on pages 5 to 7 in respect of the year ended 31st August 2024 and confirm that we have made available all relevant records and information for their preparation.

Signed on behalf of the board of trustees

Sarah Bourne
Trustee

Fran Embleton Smith
Treasurer