



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/23 Period start date To 31/12/23 Period end date

Charity name: Friends of Histon & Impington Community

Charity registration number: 1185578

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The three main purposes of the charity are to;</p> <ul style="list-style-type: none">• promote social inclusion for the public benefit by preventing people residing in the villages of Histon and Impington and the surrounding areas from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society in particular but not exclusively by the provision of advice, support, information, activities and a community minibus which are capable of reducing their social isolation.• promote for the benefit of the inhabitants of the villages of Histon and Impington and the surrounding area the provision of facilities for recreation and other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship, or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants• relieve the needs of people in the villages of Histon and Impington and the surrounding areas experiencing mental illness, their families and carers by raising general awareness and understanding in the community about mental health and mental health wellbeing to reduce stigma, discrimination and social isolation
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The Charity</p> <ul style="list-style-type: none">• provides a Wellbeing Team to support older people, those living with dementia, those with mental wellbeing concerns, the wellbeing of families, and end of life/ bereavement• operates a community minibus

		<ul style="list-style-type: none"> • promotes and develops a range of sporting and exercise activities for people of all ages • fundraises to help finance its activities and services
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Charity Trustees have regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not make grants
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Charity relies on the voluntary support of around 60 volunteers to help the Charity deliver its activities and services
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity had another positive and busy year in 2023 with a consolidation of activities and services.</p> <p>The transformative impact that HI Friends can have on residents lives continues and on one occasion in December an elderly resident approached a Wellbeing Team member advising that since she had become involved with HI Friends her life had changed completely.</p> <p>A key milestone for HI Friends was reaching an agreement with South Cambs District Council on being able to use the Kay Hitch Way</p>

		<p>Community Centre room for an agreed number of hours each week. This provides the charity with a venue for some services and activities. As part of the agreement HI Friends arranged the redecoration of the whole building so local Kay Hitch residents have benefited as well having closer access to HI Friends services and activities.</p> <p>Spring 2023 saw the two week Histon & Impington Wellbeing Festival which included over 30 events which were attended by over 1500 people of all ages. The Festival we hope provided an increased awareness of the many different forms that wellbeing can take.</p> <p>2023 saw a developing relationship with the local Primary Care Network and we are hopeful that this relationship will deepen in 2024 and involve working more closely with the Firs Surgery.</p> <p>Following the restart of Holiday at Home in the summer of 2022 a first seaside trip to Hunstanton was organised at the of June 2023. Over 50 older village residents enjoyed the day. HI Friends is committed to helping all ages and an example of this is the Flourishing Start a six week wellbeing programme for primary aged children which also actively involves parents. It was rolled out in the Autumn term and has been positively received.</p> <p>Continued mental wellbeing support was provided at the village Secondary School.</p> <p>The existing charity services and services continue to be well used.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity had a satisfactory financial year and ended with a deficit of £4,111
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity has funds in reserves of £67,978 for designated purposes for example provision for replacement for community minibus the Charity operates
Amount of reserves held	Para 1.22	£ 51,428
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity relies on a mix of funding sources which include grants, donations, community fundraising and support from the Village Parish Council
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Friends of Histon & Impington Community
Other name the charity uses	HI Friends
Registered charity number	1185578
Charity's principal address	8 Dwyer Joyce Close, Histon, Cambridge. CB24 9JZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Vernon Dudley	Chair of Trustees		
2	Don Kelly	Vice Chair of Trustees		
3	David Wilson	Treasurer		
4	Richard Martin			
5	Chris Cox			
6	Rob Fisher			
7	Jessica Pratt			
8	Yvonne Murray		January – March 2023	
9	Edd Stonham			
10	Rebecca Strivens			
11	Greg Peck		January – June 2023	
12	Paul Grafham			
13	Nicola Fraser		June 2023 onwards	
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Vernon Dudley

David Wilson

Full name(s)

Vernon Dudley

David Wilson

**Position (eg Secretary,
Chair, etc)**

Chair of Trustees

Treasurer

Date

14/10/24



Receipts and payments accounts

CC16a

For the period
from

Period start date
01/01/2023

To

Period end date
31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	25,725	-	-	25,725	26,650
Service and Activity Fees and Charges	49,004	-	-	49,004	31,933
Minibus Mileage Income incl donations	20,310	-	-	20,310	4,196
Donations	6,274	-	-	6,274	16,813
Fundraising Events	28,399	-	-	28,399	58,458
Interest	229	-	-	229	46
Day Centre Reserve	-	-	-	-	8,493
Other	568	-	-	568	214
	-	-	-	-	-
Sub total (Gross income for AR)	130,509	-	-	130,509	146,803
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	130,509	-	-	130,509	146,803
A3 Payments					
Salaries	34,843	-	-	34,843	29,247
Play Therapist Contract	700	-	-	700	6,675
Mental Health Counsellor Contract	8,271	-	-	8,271	5,480
Dementia Forget-Me-Not Contract	1,349	-	-	1,349	1,448
Employee Expenses (Mobile Phone etc)	861	-	-	861	-
Course / Activity Delivery Costs	30,304	-	-	30,304	24,827
Community Transport Vehicle Running Costs (incl insurance & CTA membership)	5,127	-	-	5,127	4,847
Venue Hire	14,085	-	-	14,085	7,787
Fundraising Costs	18,142	-	-	18,142	45,682
Food Parcels & Christmas Hampers	-	-	-	-	124
Charity insurance	1,982	-	-	1,982	2,575
Independent Examination of Accounts	288	-	-	288	282
Miscellaneous (incl DBS, Supplies, Expenses etc)	1,260	-	-	1,260	2,493
Training / CPD / Conference	3,265	-	-	3,265	1,384
Advertising and Publicity, Stationery, Copying, Printing	4,886	-	-	4,886	3,060
Zoom	182	-	-	182	173
HI Friends Together Event	-	-	-	-	117
Kay Hitch Way Maintenance	4,499	-	-	4,499	-
Kay Hitch Way Supplies	1,129	-	-	1,129	-
Wellbeing Festival Speaker fees	1,286	-	-	1,286	-
Other	167	-	-	167	168
Donations	890	-	-	890	-
Return unused grant	1,105	-	-	1,105	-
	-	-	-	-	-
Sub total	134,620	-	-	134,620	136,369
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	134,620	-	-	134,620	136,369
Net of receipts/(payments)	4,111	-	-	4,111	10,435
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	108,359	-	-	108,359	97,924
Cash funds this year end	104,248	-	-	104,248	108,359

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
		104,248	-	-
		-	-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	104,248	-	-

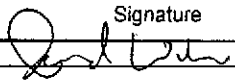
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets				
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets				
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DAVID WILSON	14.10.24



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name

Friends of Histon & Impington Community

**On accounts for the year
ended**

31 December 2023

**Charity no
(if any)**

1185578

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

24 October 2024

Name:

Geoff Mann

**Relevant professional
qualification(s) or body
(if any):**

FCIE

Address:

13 Highworth Avenue

Cambridge

CB4 2BQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.