



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From 1/1/22 Period start date To 31/12/22 Period end date**

**Charity name: Friends of Histon & Impington Community**

**Charity registration number: 1185578**

## **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The three main purposes of the charity are to;</p> <ul style="list-style-type: none"><li>• promote social inclusion for the public benefit by preventing people residing in the villages of Histon and Impington and the surrounding areas from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society in particular but not exclusively by the provision of advice, support, information, activities and a community minibus which are capable of reducing their social isolation.</li><li>• promote for the benefit of the inhabitants of the villages of Histon and Impington and the surrounding area the provision of facilities for recreation and other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship, or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants</li><li>• relieve the needs of people in the villages of Histon and Impington and the surrounding areas experiencing mental illness, their families and carers by raising general awareness and understanding in the community about mental health and mental health wellbeing to reduce stigma, discrimination and social isolation</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>The Charity</b></p> <ul style="list-style-type: none"><li>• provides a Wellbeing Team to support older people, those living with dementia, those with mental wellbeing concerns, the wellbeing of families, and end of life/ bereavement</li><li>• operates a community minibus</li></ul>

		<ul style="list-style-type: none"> <li>• promotes and develops a range of sporting and exercise activities for people of all ages</li> <li>• fundraises to help finance its activities and services</li> </ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Charity Trustees have regard to the guidance issued by the Charity Commission on public benefit.

#### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not make grants
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Charity relies on the voluntary support of around 60 volunteers to help the Charity deliver its activities and services
Other		

#### Achievements and Performance

	SORP reference	

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity had a positive year in 2022 being a year of gradual recovery from the pandemic and the introduction of a range of new projects.</p> <p>Grant funding was received to create a new End of Life Support Worker. A Holiday at Home project was set up to provide regular social events and outings for older people and especially those more isolated. The Charity took over the operation of Histon &amp; Impington Day Centre following a request from the Day Centre management.</p> <p>The Memory Support Group became firmly established during the year and provides much needed support for those living with memory loss and their parents.</p> <p>Continued mental wellbeing support was provided in both Histon &amp; Impington Primary Schools and at the village Secondary School.</p> <p>The existing charity services and services continue to be well used.</p> <p>The Charity also organised a memorable weekend of village Platinum Jubilee celebrations.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity had a satisfactory financial year and ended with a surplus of £10,400
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity has funds in reserves for designated purposes eg provision for replacement for community minibus the Charity operates
Amount of reserves held	Para 1.22	£ 48680
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity relies on a mix of funding sources which include grants, donations, community fundraising and support from the Village Parish Council
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Friends of Histon & Impington Community
Other name the charity uses	HI Friends
Registered charity number	1185578
Charity's principal address	8 Dwyer Joyce Close, Histon, Cambridge. CB24 9JZ

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Vernon Dudley	Chair of Trustees		
2	Don Kelly	Vice Chair of Trustees		
3	David Wilson	Treasurer		
4	Richard Martin			
5	Chris Cox			
6	Rob Fisher			
7	Jessica Pratt			
8	Yvonne Murray			
9	Edd Stonham			
10	Rebecca Strivens			
11	Greg Peck			
12	Paul Grafham			
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

[illegible]

**Name of trustees holding title to property belonging to the charity**

[illegible]

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional Information (optional)****Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional Information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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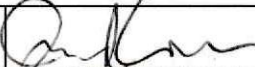
**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Vernon Dudley	David Wilson
Position (eg Secretary, Chair, etc)	Chair of Trustees	Treasurer

Date 19/12/2023



# Receipts and payments accounts

For the period  
from

Period start date  
01/01/2022

To

Period end date  
31/12/2022

## Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	26,650	-	-	26,650	27,822
Service and Activity Fees and Charges	31,933	-	-	31,933	14,617
Minibus Mileage Income incl donations	4,196	-	-	4,196	1,963
Donations	16,813	-	-	16,813	9,436
Fundraising Events	58,458	-	-	58,458	28,918
Interest	46	-	-	46	5
Day Centre Reserve	8,493	-	-	8,493	-
Other	214	-	-	214	523
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>146,803</b>	<b>-</b>	<b>-</b>	<b>146,803</b>	<b>83,283</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>146,803</b>	<b>-</b>	<b>-</b>	<b>146,803</b>	<b>83,283</b>
<b>A3 Payments</b>					
Salaries	29,247	-	-	29,247	23,017
Play Therapist Contract	6,675	-	-	6,675	6,300
Mental Health Counsellor Contract	5,480	-	-	5,480	2,270
Dementia Forget-Me-Not Contract	1,448	-	-	1,448	1,150
Course / Activity Delivery Costs	24,827	-	-	24,827	12,955
Community Transport Vehicle Running Costs (incl insurance & CTA membership)	4,847	-	-	4,847	3,243
Venue Hire	7,787	-	-	7,787	2,435
Fundraising Costs	45,682	-	-	45,682	17,609
Food Parcels & Christmas Hampers	124	-	-	124	296
Charity Insurance	2,575	-	-	2,575	2,293
Independent Examination of Accounts	282	-	-	282	276
Miscellaneous (incl DBS, Supplies, Expenses etc)	2,493	-	-	2,493	983
Training / CPD / Conference	1,384	-	-	1,384	1,694
Advertising and Publicity, Stationery,	3,060	-	-	3,060	2,050
Zoom	173	-	-	173	173
HI Friends Together Event	117	-	-	117	118
Other	168	-	-	168	95
Donations	-	-	-	-	300
Professional Advice	-	-	-	-	360
	-	-	-	-	-
<b>Sub total</b>	<b>136,369</b>	<b>-</b>	<b>-</b>	<b>136,369</b>	<b>77,617</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>136,369</b>	<b>-</b>	<b>-</b>	<b>136,369</b>	<b>77,617</b>
<b>Net of receipts/(payments)</b>	<b>10,435</b>	<b>-</b>	<b>-</b>	<b>10,435</b>	<b>5,666</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>97,924</b>	<b>-</b>	<b>-</b>	<b>97,924</b>	<b>92,258</b>
<b>Cash funds this year end</b>	<b>108,359</b>	<b>-</b>	<b>-</b>	<b>108,359</b>	<b>97,924</b>

## Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>				
		108,359	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b> (give details of bank and building society account(s))	108,359	-	-

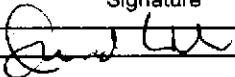
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>				
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>				
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>				
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>				
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DAVID WILSON	8/6/23



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

**Independent examiner's  
report on the accounts**

**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity name  
Friends of Histon & Impington Community

**On accounts for the year  
ended**

31 December 2022

**Charity no  
(if any)**

1185578

**Set out on pages**

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2021.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

1 June 2023

**Name:**

Geoff Mann

**Relevant professional  
qualification(s) or body  
(if any):**

FCIE

**Address:**

13 Highworth Avenue

Cambridge

CB4 2BQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.