

# FRIENDS OF HISTON & IMPINGTON COMMUNITY

England & Wales · Charity number 1185578

## Details

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**Other names** HI Friends

**Status** Registered

**Legal form** CIO

**Registered** 2019-10-01

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 8 Dwyer Joyce Close  
Histon  
Cambridge  
CB24 9JZ

**Phone** 01223232514

**Email** [neil@hifriends.org.uk](mailto:neil@hifriends.org.uk)

**Website** [www.hifriends.org.uk](http://www.hifriends.org.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:1) TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE RESIDING IN THE VILLAGES OF HISTON AND IMPINGTON AND THE SURROUNDING AREAS FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF ADVICE, SUPPORT, INFORMATION, ACTIVITIES AND A COMMUNITY MINIBUS WHICH ARE CAPABLE OF REDUCING THEIR SOCIAL ISOLATION.2) TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF THE VILLAGES OF HISTON AND IMPINGTON AND THE SURROUNDING AREAS THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS.3) TO RELIEVE THE NEEDS OF PEOPLE IN THE VILLAGES OF HISTON AND IMPINGTON AND THE SURROUNDING AREAS EXPERIENCING MENTAL ILLNESS, THEIR FAMILIES AND CARERS BY RAISING GENERAL AWARENESS AND UNDERSTANDING IN THE COMMUNITY ABOUT MENTAL HEALTH AND MENTAL HEALTH WELLBEING TO REDUCE STIGMA, DISCRIMINATION AND SOCIAL ISOLATION.FOR THE PURPOSES OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OR MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE, ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS); CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY) AND BEREAVEMENT.

**Activities:** The Charity seeks to improve the conditions of life of residents of all ages in the villages of Histon & Impington and its environs by:a) promoting and supporting for mental and physical wellbeing b) developing, providing and supporting opportunities and facilities for sporting, exercise and recreation c) providing and maintaining community transport services

## Classification

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- **How:** Provides Services, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

## Geography

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- Cambridgeshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£165,730	£149,654	-	-
2023-12-31	£130,509	£134,620	-	-
2022-12-31	£146,803	£136,369	-	-
2021-12-31	£83,283	£77,618	-	-
2020-12-31	£66,933	£56,173	-	-

## Trustees

Name	Role	Appointed
<b>Paul Grafham</b>	Chair	2021-05-19
Daniel Herbert Kelly		2019-10-17
Dr David Wilson		2019-06-14
EDD STONHAM		2019-10-17
Jessica Pratt		2019-10-17
Kate Camps		2024-07-21
Nicola Fraser		2023-10-05
Rebecca Strivens		2019-10-17
Richard Martin		2019-10-17
Rob Murphy		2024-07-22
Vernon Dudley		2019-06-14

**FRIENDS OF HISTON & IMPINGTON COMMUNITY**

England & Wales - Charity number 1185578

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# Accounts

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**Trustees' Annual Report for the period**

**From 1/1/24 Period start date To 31/12/24 Period end date**

**Charity name: Friends of Histon & Impington Community**

**Charity registration number: 1185578**

**Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The three main purposes of the charity are to;</p> <ul style="list-style-type: none"> <li>• promote social inclusion for the public benefit by preventing people residing in the villages of Histon and Impington and the surrounding areas from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society in particular but not exclusively by the provision of advice, support, information, activities and a community minibus which are capable of reducing their social isolation.</li> <li>• promote for the benefit of the inhabitants of the villages of Histon and Impington and the surrounding area the provision of facilities for recreation and other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship, or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants</li> <li>• relieve the needs of people in the villages of Histon and Impington and the surrounding areas experiencing mental illness, their families and carers by raising general awareness and understanding in the community about mental health and mental health wellbeing to reduce stigma, discrimination and social isolation</li> </ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>The Charity</b></p> <ul style="list-style-type: none"> <li>• provides a Wellbeing Team to support older people, those living with dementia, those with mental wellbeing concerns, the wellbeing of families, and end of life/ bereavement</li> <li>• operates a community minibus</li> </ul>

		<ul style="list-style-type: none"> <li>• offers a range of sporting and exercise activities for people of all ages</li> <li>• fundraises to help finance its activities and services</li> </ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Charity Trustees have regard to the guidance issued by the Charity Commission on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not make grants
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Charity relies on the support of around 60 volunteers to help the Charity deliver its activities and services
Other		

### Achievements and Performance

	SORP reference	

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The Charity had a positive year in 2024.</p> <p>The existing charity services and services continue to be well used by local older residents and those living with memory loss and their carers. Many older residents are able to take part in and enjoy activities in the community rather than remain isolated in their own homes.</p> <p>The charity service delivery model evolves and now includes a dedicated Older People's Team who work closely together.</p> <p>HI Friends along with other community stakeholders and organisations worked together to organise a Village Dementia Week in May 2024. This was successful in increasing awareness and understanding throughout the community.</p> <p>A second weekly Memory Support Group also started in January 2024.</p> <p>Continued mental wellbeing support was provided at the two village primary schools and the village Secondary School. The Primary aged 'Flourishing Start' wellbeing programme was well received by children and parents, and over 200 benefited.</p> <p>Increased funding from the Parish Council enabled a second part time member of the Mental Wellbeing Team to be recruited to support the Mental Wellbeing Services Coordinator.</p> <p>With this increased resource HI Friends was able to launch a community based teenage Wellbeing course entitled 'Discover &amp; Recharge'</p> <p>With increased pressures on families with SEND children the charity recruited a SEND Parent Support Group Leader in November 2024 to start a support group in January 2025.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	

Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity had a satisfactory financial year and ended with a surplus of £16,076
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity has funds in reserves for designated purposes eg provision for replacement for community minibus the Charity operates
Amount of reserves held	Para 1.22	£ 76,255
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity relies on a mix of funding sources which include grants, donations, community fundraising and support from the Village Parish Council
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Friends of Histon & Impington Community
Other name the charity uses	HI Friends
Registered charity number	1185578
Charity's principal address	8 Dwyer Joyce Close, Histon, Cambridge. CB24 9JZ

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Vernon Dudley	Chair of Trustees		
2	Don Kelly	Vice Chair of Trustees		
3	David Wilson	Treasurer		
4	Richard Martin			
5	Rebecca Strivens			
6	Rob Murphy		From 22/7/2024	
7	Jessica Pratt			
8	Kate Camps		From 22/7/2024	
9	Edd Stonham			
10	Nicola Fraser			
11	Rob Fisher			
12	Chris Cox			
13	Paul Grafham			
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

Director name		
n/a		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	
n/a		

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

Neil Davies Charity Manager
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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	<i>Paul Grafham</i>	<i>David Wilson</i>
<b>Full name(s)</b>	Paul Grafham	David Wilson
<b>Position (eg Secretary, Chair, etc)</b>	Chair of Trustees	Treasurer

**Date** 29/10/2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Friends of Histon & Impington Community

1185576

## Receipts and payments accounts

CC16a

For the period  
from

01/01/2024

To

31/12/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	36,460	-	-	36,460	25,725
Service and Activity Fees and Charges	57,143	-	-	57,143	49,004
Minibus Mileage Income incl donations	6,125	-	-	6,125	6,274
Donations	15,486	-	-	15,486	20,310
Fundraising Events	47,696	-	-	47,696	28,399
Interest	2,320	-	-	2,320	229
Kay Hitch Way	281	-	-	281	-
Other	219	-	-	219	568
<b>Sub total (Gross income for AR)</b>	<b>165,730</b>	<b>-</b>	<b>-</b>	<b>165,730</b>	<b>130,509</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>165,730</b>	<b>-</b>	<b>-</b>	<b>165,730</b>	<b>130,509</b>
<b>A3 Payments</b>					
Salaries	43,702	-	-	43,702	34,843
Play Therapist Contract	-	-	-	-	700
Mental Health Counsellor Contract	6,137	-	-	6,137	8,271
Dementia Forget-Me-Not Contract	3,809	-	-	3,809	1,349
Employee Expenses (Mobile Phone etc)	1,170	-	-	1,170	861
Course / Activity Delivery Costs	36,175	-	-	36,175	30,304
Community Transport Vehicle Running Costs (incl insurance & CTA membership)	6,150	-	-	6,150	5,127
Venue Hire	10,005	-	-	10,005	14,085
Fundraising Costs	27,134	-	-	27,134	18,142
Charity Insurance	2,564	-	-	2,564	1,982
Independent Examination of Accounts	294	-	-	294	288
Miscellaneous (incl DBS, Supplies, Expenses etc)	1,458	-	-	1,458	1,260
Training / CPD / Conference	2,403	-	-	2,403	3,265
Advertising and Publicity, Stationery, Copying, Printing	5,449	-	-	5,449	4,886
Zoom	187	-	-	187	182
Hl Friends Together Event	177	-	-	177	-
Kay Hitch Way Maintenance	29	-	-	29	4,499
Kay Hitch Way Supplies	1,179	-	-	1,179	1,129
Wellbeing Festival Speaker fees	-	-	-	-	1,288
Other	179	-	-	179	167
Donations	1,453	-	-	1,453	890
Return unused grant	-	-	-	-	1,105
<b>Sub total</b>	<b>149,654</b>	<b>-</b>	<b>-</b>	<b>149,654</b>	<b>134,620</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>149,654</b>	<b>-</b>	<b>-</b>	<b>149,654</b>	<b>134,620</b>
<b>Net of receipts/(payments)</b>	<b>16,076</b>	<b>-</b>	<b>-</b>	<b>16,076</b>	<b>4,111</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>104,248</b>	<b>-</b>	<b>-</b>	<b>104,248</b>	<b>108,359</b>
<b>Cash funds this year end</b>	<b>120,324</b>	<b>-</b>	<b>-</b>	<b>120,324</b>	<b>104,248</b>

## Section B Statement of assets and liabilities at the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>			
	120,324	-	-
	-	-	-
	-	-	-
<b>Total cash funds</b> <small>(agree balances with receipts and payments account(s))</small>	<b>120,324</b>	<b>-</b>	<b>-</b>

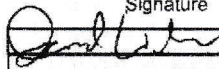
	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
<b>B2 Other monetary assets</b>			
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name DAVID WILSON	Date of approval 21.10.2019
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Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity name  
Friends of Histon & Impington Community

On accounts for the year  
ended

31 December 2024

Charity no  
(if any)

1185578

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent  
examiner's statement

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

*Geoff Mann*

Date:

28 October 2025

Name:

Geoff Mann

Relevant professional  
qualification(s) or body  
(if any):

Address:

13 Highworth Avenue

Cambridge

CB4 2BQ

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

[Empty disclosure box]

**FRIENDS OF HISTON & IMPINGTON COMMUNITY**

England & Wales - Charity number 1185578

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# Accounts

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## Trustees' Annual Report for the period

From **1/1/23** Period start date To **31/12/23** Period end date

Charity name: **Friends of Histon & Impington Community**

Charity registration number: **1185578**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The three main purposes of the charity are to;</p> <ul style="list-style-type: none"> <li>• promote social inclusion for the public benefit by preventing people residing in the villages of Histon and Impington and the surrounding areas from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society in particular but not exclusively by the provision of advice, support, information, activities and a community minibus which are capable of reducing their social isolation.</li> <li>• promote for the benefit of the inhabitants of the villages of Histon and Impington and the surrounding area the provision of facilities for recreation and other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship, or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants</li> <li>• relieve the needs of people in the villages of Histon and Impington and the surrounding areas experiencing mental illness, their families and carers by raising general awareness and understanding in the community about mental health and mental health wellbeing to reduce stigma, discrimination and social isolation</li> </ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>The Charity</b></p> <ul style="list-style-type: none"> <li>• provides a Wellbeing Team to support older people, those living with dementia, those with mental wellbeing concerns, the wellbeing of families, and end of life/ bereavement</li> <li>• operates a community minibus</li> </ul>

		<ul style="list-style-type: none"> <li>• promotes and develops a range of sporting and exercise activities for people of all ages</li> <li>• fundraises to help finance its activities and services</li> </ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Charity Trustees have regard to the guidance issued by the Charity Commission on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not make grants
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Charity relies on the voluntary support of around 60 volunteers to help the Charity deliver its activities and services
Other		

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity had another positive and busy year in 2023 with a consolidation of activities and services.</p> <p>The transformative impact that HI Friends can have on residents lives continues and on one occasion in December an elderly resident approached a Wellbeing Team member advising that since she had become involved with HI Friends her life had changed completely.</p> <p>A key milestone for HI Friends was reaching an agreement with South Cambs District Council on being able to use the Kay Hitch Way</p>

		<p>Community Centre room for an agreed number of hours each week. This provides the charity with a venue for some services and activities. As part of the agreement HI Friends arranged the redecoration of the whole building so local Kay Hitch residents have benefited as well having closer access to HI Friends services and activities.</p> <p>Spring 2023 saw the two week Histon &amp; Impington Wellbeing Festival which included over 30 events which were attended by over 1500 people of all ages. The Festival we hope provided an increased awareness of the many different forms that wellbeing can take.</p> <p>2023 saw a developing relationship with the local Primary Care Network and we are hopeful that this relationship will deepen in 2024 and involve working more closely with the Firs Surgery.</p> <p>Following the restart of Holiday at Home in the summer of 2022 a first seaside trip to Hunstanton was organised at the of June 2023. Over 50 older village residents enjoyed the day. HI Friends is committed to helping all ages and an example of this is the Flourishing Start a six week wellbeing programme for primary aged children which also actively involves parents. It was rolled out in the Autumn term and has been positively received.</p> <p>Continued mental wellbeing support was provided at the village Secondary School.</p> <p>The existing charity services and services continue to be well used.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		



## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity had a satisfactory financial year and ended with a deficit of £4,111
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity has funds in reserves of £67,978 for designated purposes for example provision for replacement for community minibus the Charity operates
Amount of reserves held	Para 1.22	£ 51,428
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity relies on a mix of funding sources which include grants, donations, community fundraising and support from the Village Parish Council
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Trust Deed
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Friends of Histon & Impington Community
Other name the charity uses	HI Friends
Registered charity number	1185578
Charity's principal address	8 Dwyer Joyce Close, Histon, Cambridge. CB24 9JZ

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Vernon Dudley	Chair of Trustees		
2	Don Kelly	Vice Chair of Trustees		
3	David Wilson	Treasurer		
4	Richard Martin			
5	Chris Cox			
6	Rob Fisher			
7	Jessica Pratt			
8	Yvonne Murray		January – March 2023	
9	Edd Stonham			
10	Rebecca Strivens			
11	Greg Peck		January – June 2023	
12	Paul Grafham			
13	Nicola Fraser		June 2023 onwards	
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	<i>Vernon Dudley</i>	<i>David Wilson</i>
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<b>Full name(s)</b>	Vernon Dudley	David Wilson
---------------------	---------------	--------------

<b>Position (eg Secretary, Chair, etc)</b>	Chair of Trustees	Treasurer
--	-------------------	-----------

<b>Date</b>	14/10/24
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**Receipts and payments accounts**

CC16a

For the period from	Period start date 01/01/2023	To	Period end date 31/12/2023
---------------------	---------------------------------	----	-------------------------------

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	25,725	-	-	25,725	26,650
Service and Activity Fees and Charges	49,004	-	-	49,004	31,933
Minibus Mileage Income incl donations	20,310	-	-	20,310	4,196
Donations	6,274	-	-	6,274	16,813
Fundraising Events	28,399	-	-	28,399	58,458
Interest	229	-	-	229	46
Day Centre Reserve	-	-	-	-	8,493
Other	568	-	-	568	214
	-	-	-	-	-
<b>Sub total (Gross income for income tax AR)</b>	<b>130,509</b>	<b>-</b>	<b>-</b>	<b>130,509</b>	<b>146,803</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
	-	-	-	-	-
<b>Total receipts</b>	<b>130,509</b>	<b>-</b>	<b>-</b>	<b>130,509</b>	<b>146,803</b>
<b>A3 Payments</b>					
Salaries	34,843	-	-	34,843	29,247
Play Therapist Contract	700	-	-	700	6,675
Mental Health Counsellor Contract	8,271	-	-	8,271	5,480
Dementia Forget-Me-Not Contract	1,349	-	-	1,349	1,448
Employee Expenses (Mobile Phone etc)	861	-	-	861	-
Course / Activity Delivery Costs	30,304	-	-	30,304	24,827
Community Transport Vehicle Running Costs (incl insurance & CTA membership)	5,127	-	-	5,127	4,847
Venue Hire	14,085	-	-	14,085	7,787
Fundraising Costs	18,142	-	-	18,142	45,682
Food Parcels & Christmas Hampers	-	-	-	-	124
Charity insurance	1,982	-	-	1,982	2,575
Independent Examination of Accounts	288	-	-	288	282
Miscellaneous (incl DBS, Supplies, Expenses etc)	1,260	-	-	1,260	2,493
Training / CPD / Conference	3,265	-	-	3,265	1,384
Advertising and Publicity, Stationery, Copying, Printing	4,886	-	-	4,886	3,060
Zoom	182	-	-	182	173
HI Friends Together Event	-	-	-	-	117
Kay Hitch Way Maintenance	4,499	-	-	4,499	-
Kay Hitch Way Supplies	1,129	-	-	1,129	-
Wellbeing Festival Speaker fees	1,286	-	-	1,286	-
Other	167	-	-	167	168
Donations	890	-	-	890	-
Return unused grant	1,105	-	-	1,105	-
	-	-	-	-	-
<b>Sub total</b>	<b>134,620</b>	<b>-</b>	<b>-</b>	<b>134,620</b>	<b>136,369</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
	-	-	-	-	-
<b>Total payments</b>	<b>134,620</b>	<b>-</b>	<b>-</b>	<b>134,620</b>	<b>136,369</b>
<b>Net of receipts/(payments)</b>	<b>- 4,111</b>	<b>-</b>	<b>-</b>	<b>- 4,111</b>	<b>10,435</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>108,359</b>	<b>-</b>	<b>-</b>	<b>108,359</b>	<b>97,924</b>
<b>Cash funds this year end</b>	<b>104,248</b>	<b>-</b>	<b>-</b>	<b>104,248</b>	<b>108,359</b>

## Section B Statement of assets and liabilities at the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>			
	104,248	-	-
	-	-	-
	-	-	-
<b>Total cash funds</b> <small>(agree balances with receipts and payments account(s))</small>	<b>104,248</b>	<b>-</b>	<b>-</b>

	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
<b>B2 Other monetary assets</b>			
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DAVID WILSON	14.10.24



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
Friends of Histon & Impington Community

**On accounts for the year  
ended**

31 December 2023

**Charity no  
(if any)**

1185578

**Set out on pages**

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

24 October 2024

**Name:**

Geoff Mann

**Relevant professional  
qualification(s) or body  
(if any):**

FCIE

**Address:**

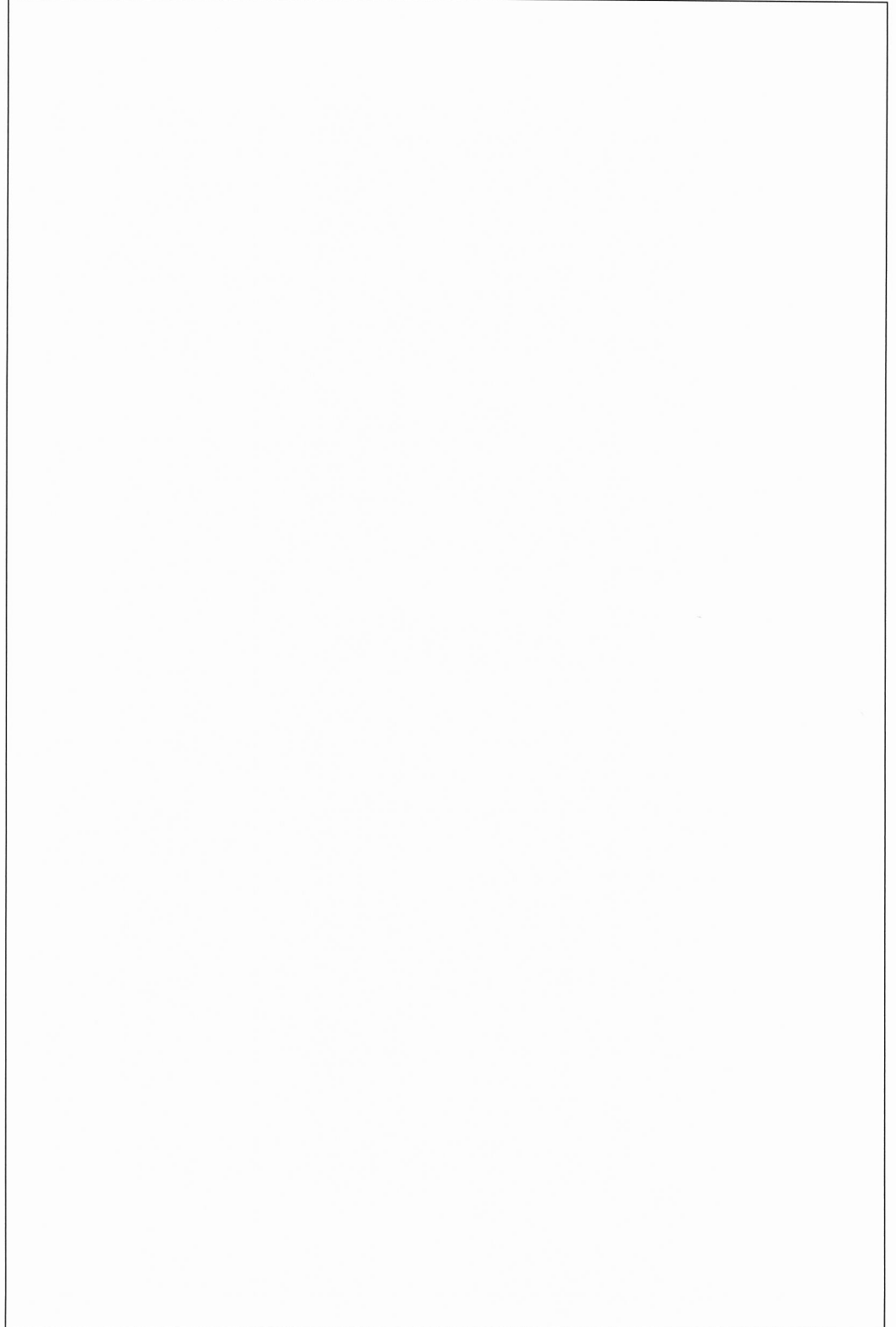
13 Highworth Avenue

Cambridge

CB4 2BQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**



**FRIENDS OF HISTON & IMPINGTON COMMUNITY**

England & Wales - Charity number 1185578

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# Accounts

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**Trustees' Annual Report for the period**

**From 1/1/22 Period start date To 31/12/22 Period end date**

**Charity name: Friends of Histon & Impington Community**

**Charity registration number: 1185578**

**Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The three main purposes of the charity are to;</p> <ul style="list-style-type: none"> <li>• promote social inclusion for the public benefit by preventing people residing in the villages of Histon and Impington and the surrounding areas from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society in particular but not exclusively by the provision of advice, support, information, activities and a community minibus which are capable of reducing their social isolation.</li> <li>• promote for the benefit of the inhabitants of the villages of Histon and Impington and the surrounding area the provision of facilities for recreation and other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship, or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants</li> <li>• relieve the needs of people in the villages of Histon and Impington and the surrounding areas experiencing mental illness, their families and carers by raising general awareness and understanding in the community about mental health and mental health wellbeing to reduce stigma, discrimination and social isolation</li> </ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>The Charity</b></p> <ul style="list-style-type: none"> <li>• provides a Wellbeing Team to support older people, those living with dementia, those with mental wellbeing concerns, the wellbeing of families, and end of life/ bereavement</li> <li>• operates a community minibus</li> </ul>

		<ul style="list-style-type: none"> <li>• promotes and develops a range of sporting and exercise activities for people of all ages</li> <li>• fundraises to help finance its activities and services</li> </ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Charity Trustees have regard to the guidance issued by the Charity Commission on public benefit.

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.36	The charity does not make grants
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Charity relies on the voluntary support of around 60 volunteers to help the Charity deliver its activities and services
Other		

**Achievements and Performance**

	SORP reference	

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The Charity had a positive year in 2022 being a year of gradual recovery from the pandemic and the introduction of a range of new projects.</p> <p>Grant funding was received to create a new End of Life Support Worker. A Holiday at Home project was set up to provide regular social events and outings for older people and especially those more isolated. The Charity took over the operation of Histon &amp; Impington Day Centre following a request from the Day Centre management.</p> <p>The Memory Support Group became firmly established during the year and provides much needed support for those living with memory loss and their parents.</p> <p>Continued mental wellbeing support was provided in both Histon &amp; Impington Primary Schools and at the village Secondary School.</p> <p>The existing charity services and services continue to be well used.</p> <p>The Charity also organised a memorable weekend of village Platinum Jubilee celebrations.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	
<p>Other</p>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity had a satisfactory financial year and ended with a surplus of £10.400
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity has funds in reserves for designated purposes eg provision for replacement for community minibus the Charity operates
Amount of reserves held	Para 1.22	£ 48680
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity relies on a mix of funding sources which include grants, donations, community fundraising and support from the Village Parish Council
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Friends of Histon & Impington Community
Other name the charity uses	HI Friends
Registered charity number	1185578
Charity's principal address	8 Dwyer Joyce Close, Histon, Cambridge. CB24 9JZ

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Vernon Dudley	Chair of Trustees		
2	Don Kelly	Vice Chair of Trustees		
3	David Wilson	Treasurer		
4	Richard Martin			
5	Chris Cox			
6	Rob Fisher			
7	Jessica Pratt			
8	Yvonne Murray			
9	Edd Stonham			
10	Rebecca Strivens			
11	Greg Peck			
12	Paul Grafham			
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional Information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional Information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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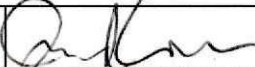
**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Vernon Dudley	David Wilson
Position (eg Secretary, Chair, etc)	Chair of Trustees	Treasurer

Date



**Receipts and payments accounts**

For the period from	Period start date 01/01/2022	To	Period end date 31/12/2022
---------------------	---------------------------------	----	-------------------------------

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	26,650	-	-	26,650	27,822
Service and Activity Fees and Charges	31,933	-	-	31,933	14,617
Minibus Mileage Income incl donations	4,196	-	-	4,196	1,963
Donations	16,813	-	-	16,813	9,436
Fundraising Events	58,458	-	-	58,458	28,918
Interest	46	-	-	46	5
Day Centre Reserve	8,493	-	-	8,493	-
Other	214	-	-	214	523
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>146,803</b>	<b>-</b>	<b>-</b>	<b>146,803</b>	<b>83,283</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>146,803</b>	<b>-</b>	<b>-</b>	<b>146,803</b>	<b>83,283</b>
<b>A3 Payments</b>					
Salaries	29,247	-	-	29,247	23,017
Play Therapist Contract	6,675	-	-	6,675	6,300
Mental Health Counsellor Contract	5,480	-	-	5,480	2,270
Dementia Forget-Me-Not Contract	1,448	-	-	1,448	1,150
Course / Activity Delivery Costs	24,827	-	-	24,827	12,955
Community Transport Vehicle Running Costs (incl insurance & CTA membership)	4,847	-	-	4,847	3,243
Venue Hire	7,787	-	-	7,787	2,435
Fundraising Costs	45,682	-	-	45,682	17,609
Food Parcels & Christmas Hampers	124	-	-	124	296
Charity Insurance	2,575	-	-	2,575	2,293
Independent Examination of Accounts	282	-	-	282	276
Miscellaneous (incl DBS, Supplies, Expenses etc)	2,493	-	-	2,493	983
Training / CPD / Conference	1,384	-	-	1,384	1,694
Advertising and Publicity, Stationery,	3,060	-	-	3,060	2,050
Zoom	173	-	-	173	173
HI Friends Together Event	117	-	-	117	118
Other	168	-	-	168	95
Donations	-	-	-	-	300
Professional Advice	-	-	-	-	360
	-	-	-	-	-
<b>Sub total</b>	<b>136,369</b>	<b>-</b>	<b>-</b>	<b>136,369</b>	<b>77,617</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>136,369</b>	<b>-</b>	<b>-</b>	<b>136,369</b>	<b>77,617</b>
<b>Net of receipts/(payments)</b>	<b>10,435</b>	<b>-</b>	<b>-</b>	<b>10,435</b>	<b>5,666</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>97,924</b>	<b>-</b>	<b>-</b>	<b>97,924</b>	<b>92,258</b>
<b>Cash funds this year end</b>	<b>108,359</b>	<b>-</b>	<b>-</b>	<b>108,359</b>	<b>97,924</b>

**Section B Statement of assets and liabilities at the end of the period**

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		108,359	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b> <small>(including cash held in bank and building society account(s))</small>	<b>108,359</b>	<b>-</b>	<b>-</b>

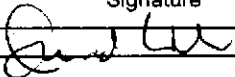
	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DAVID WILSON	8/6/23



**Section A Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
Friends of Histon & Impington Community

**On accounts for the year  
ended**

31 December 2022

**Charity no  
(if any)**

1185578

**Set out on pages**

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2021.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

*Geoff Mann*

**Date:**

1 June 2023

**Name:**

Geoff Mann

**Relevant professional  
qualification(s) or body  
(if any):**

FCIE

**Address:**

13 Highworth Avenue

Cambridge

CB4 2BQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



**FRIENDS OF HISTON & IMPINGTON COMMUNITY**

England & Wales - Charity number 1185578

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# Accounts

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## **Trustees' Annual Report for the period**

**From 1/1/21 Period start date To 31/12/21 Period end date**

**Charity name: Friends of Histon & Impington Community**

**Charity registration number: 1185578**

### **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The three main purposes of the charity are to'</p> <ul style="list-style-type: none"><li>• To promote social inclusion for the public benefit by preventing people residing in the villages of Histon and Impington and the surrounding areas from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society in particular but not exclusively by the provision of advice, support, information, activities and a community minibus which are capable of reducing their social isolation.</li><li>• To promote for the benefit of the inhabitants of the villages of Histon and Impington and the surrounding areas the provision of facilities for recreation and other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.</li><li>• To relieve the needs of people in the villages of Histon and Impington and the surrounding areas experiencing mental illness, their families and carers by raising general awareness and understanding in the community about mental health and mental health wellbeing to reduce stigma, discrimination and social isolation.</li></ul>

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The Charity</p> <ul style="list-style-type: none"> <li>• provides a Wellbeing Team to support older people, those living with dementia, mental wellbeing, families and end of life/ bereavement</li> <li>• operates a community minibus</li> <li>• promotes and develops a range of sporting and exercise activities for people of all ages</li> <li>• fundraises to help finance its activities and services</li> </ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Charity Trustees have regard to the guidance issued by the Charity Commission on public benefit

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The Charity does not make grants
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Charity relies on the voluntary support of around 60 volunteers to help the Charity deliver its activities and services
Other		

### Achievements and Performance

	SORP reference	
--	----------------	--

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The first six months of 2021 was dominated by the impact of the extended Lockdown and the second half of the year being a gradual and steady emergence of charity services and activities.</p> <p>The charity's mental wellbeing work has been reinvigorated with the launch of the Family Hub and a weekly sessions at village secondary school.</p> <p>A new support for those living with memory loss was started in 2021 and the charity also launched a village Dementia Friendly Community initiative.</p> <p>An in person mothers support group also started in 2021.</p> <p>Existing services and activities for older people continued.</p> <p>In summary the charity is continually developing to bring people together to improve wellbeing.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	
<p>Other</p>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity had a satisfactory year with overall funds held increasing by £5655
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity has funds in reserves for designated purposes eg provision for replacement for community minibus the Charity operates
Amount of reserves held	Para 1.22	£46353
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity relies on a mix of funding sources which includes grants, donations, community fundraising and support from the local Parish Council
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	Trust Deed
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	New Trustees are considered based on the skills they can bring to benefit the charity and their support of the charity objectives

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Friends of Histon & Impington Community
Other name the charity uses	HI Friends
Registered charity number	1185578
Charity's principal address	8 Dwyer Joyce Close, Histon, Cambridge. CB24 9JZ

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Vernon Dudley	Chair		
2	Don Kelly	Vice Chair		
3	David Wilson	Treasurer		
4	Rebecca Strivens			
5	Jessica Pratt			
6	Chris Cox			
7	Paul Grafham			
8	Greg Peck			
9	Richard Martin			
10	Edd Stonham			
11	Rob Fisher			
12	Yvonne Murray			
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		
n/a		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	
n/a		

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional Information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
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**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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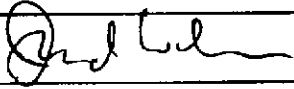
**Other optional information**

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# Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Vernon Dudley	David Wilson
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	21/10/22	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Friends of Histon & Impington Community

1185578

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/01/2021

To

Period end date  
31/12/2021

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	27,822	-	-	27,822	-
Service and Activity Fees and Charges	14,617	-	-	14,617	-
Minibus Mileage Income incl donations	1,963	-	-	1,963	-
Donations	9,436	-	-	9,436	-
Fundraising Events	28,918	-	-	28,918	-
Interest	5	-	-	5	-
Awards	100	-	-	100	-
Other	423	-	-	423	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>83,283</b>	<b>-</b>	<b>-</b>	<b>83,283</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>83,283</b>	<b>-</b>	<b>-</b>	<b>83,283</b>	<b>-</b>

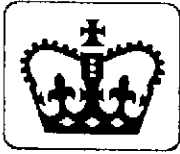
### A3 Payments

Salaries	23,017	-	-	23,017	-
Play Therapist Contract	6,300	-	-	6,300	-
Mental Health Counsellor Contract	2,270	-	-	2,270	-
Dementia Forget-Me-Not Contract	1,150	-	-	1,150	-
Course / Activity Delivery Costs	12,955	-	-	12,955	-
Community Transport Vehicle Running Costs (incl insurance & CTA membership)	3,243	-	-	3,243	-
Venue Hire	2,435	-	-	2,435	-
Fundraising Costs	17,609	-	-	17,609	-
Food Parcels & Christmas Hampers	296	-	-	296	-
Charity Insurance	2,293	-	-	2,293	-
Professional Advice	360	-	-	360	-
Independent Examination of Accounts	276	-	-	276	-
Staff / Volunteer Expenses	525	-	-	525	-
Training / CPD / Conference	1,694	-	-	1,694	-
Advertising and Publicity, Stationery, Copying, Printing	2,050	-	-	2,050	-
Zoom	173	-	-	173	-
HI Friends Together Event	118	-	-	118	-
Donations	300	-	-	300	-
Miscellaneous (incl DBS, Supplies, PPE etc)	458	-	-	458	-
Other	95	-	-	95	-
	-	-	-	-	-
<b>Sub total</b>	<b>77,618</b>	<b>-</b>	<b>-</b>	<b>77,618</b>	<b>-</b>

### A4 Asset and investment purchases, (see table)

	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>77,618</b>	<b>-</b>	<b>-</b>	<b>77,618</b>	<b>-</b>





**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Friends of Histon & Impington Community

**On accounts for the year  
ended**

31 December 2021

**Charity no  
(if any)**

1185578

**Set out on pages**

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2021.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

19 May 2022

**Name:**

Geoff Mann

**Relevant professional  
qualification(s) or body  
(if any):**

FCIE

**Address:**

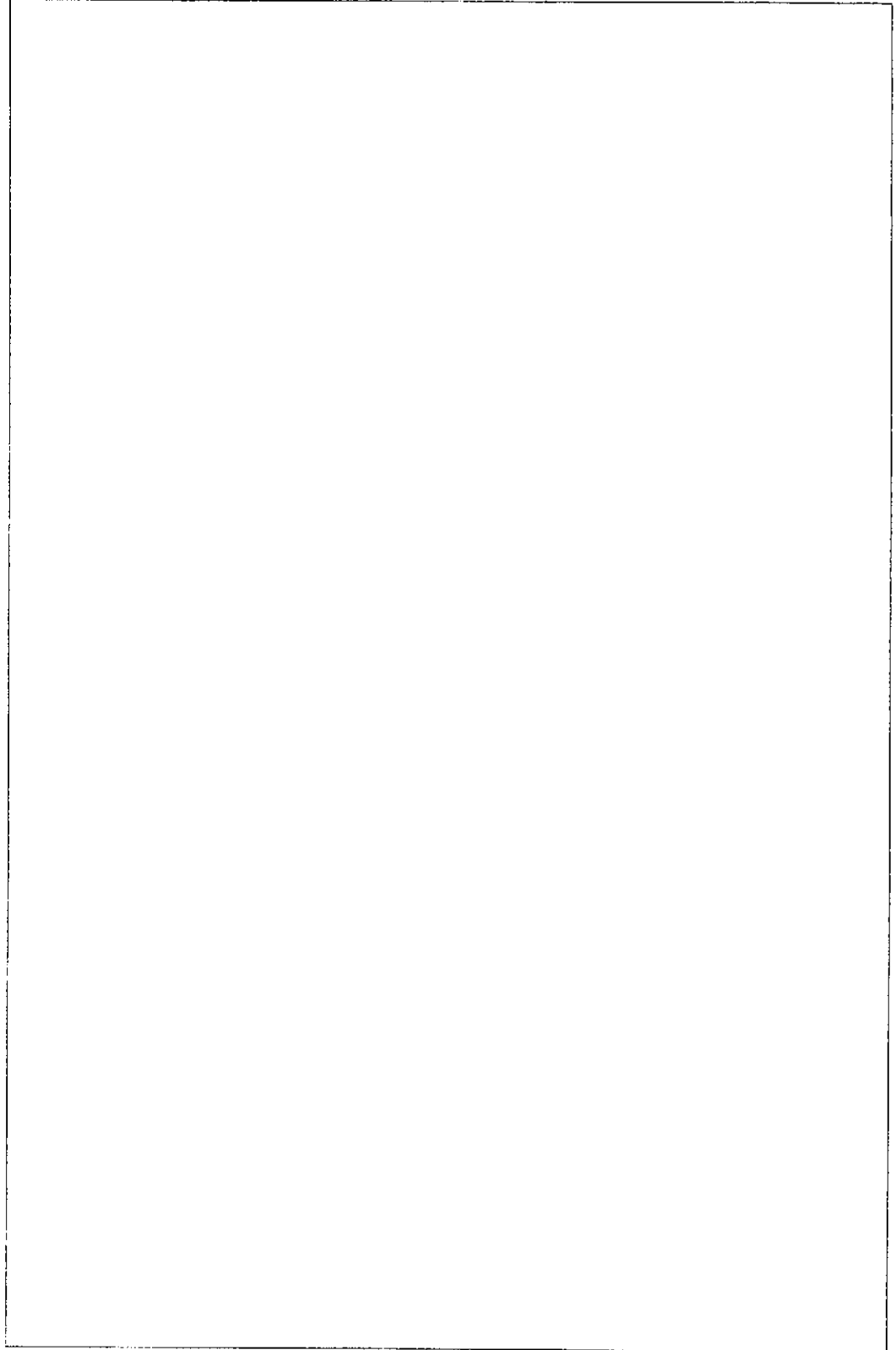
13 Highworth Avenue

Cambridge

CB4 2BQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**



**FRIENDS OF HISTON & IMPINGTON COMMUNITY**

England & Wales - Charity number 1185578

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# Accounts

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**Friends of Histon & Impington Community - Registered Charity Number 1185578.**

Chair of Trustees: Vernon Dudley      Treasurer: David Wilson

Friends of Histon and Impington Community (HI Friends) exists to promote and support the mental, physical and emotional wellbeing of the community of Histon and Impington.

The Charity does this through a wellbeing team dedicated to supporting people at all stages of life's journey; through recreational and sporting activities and clubs; through events that bring the community together and enable us to raise funds, both for our activities and for the development of new recreational facilities; and through the provision of a community minibus transport service.

## **Charity Accounts for the year 01 January 2020 - 31 December 2020**

### **Index**

#### **1. Consolidated Income and Expenditure**

Total Charity Income and Expenditure summarised by Category

An overall surplus for the Charity of **£10,760** for the year is reported

#### **2. Balance Sheet**

Showing Assets held by Charity at 31/12/2020. Derived from assets held at 01/01/2020 and individual fund movements

### **Notes**

Details of:

#### **1. Contributions to Central Operating Funds**

#### **2. Donations made by the Charity**

#### **3. Charity Reserves**

#### **4. Events Income and Expenditure**

#### **5. Grants**

#### **6. Charity Activities**

##### **6.1 Sports and Activities**

Detailed Income and Expenditure for Sports and Activities Fund including HI Rec Monday club

##### **6.2 HI Community Athletics**

Detailed Income and Expenditure for HI Athletics

##### **6.3 Wellbeing**

Detailed Income and Expenditure for Wellbeing Team Activities including Mental Wellbeing, Dementia Support, Village Older People's Coordinator, HI Mother's Circle, Hope Again Bereavement and Worry Tree Café

##### **6.4 Minibus**

Detailed Income and Expenditure for Minibus

#### **7. Central Operating Income & Expenditure - central charity operations excluding projects, activities and events**

#### **8. HI Friends Covid 19 Community Support Fund.**

Income and Expenditure for new Covid 19 response fund.

#### **9. Lottery Grant**

Income and Expenditure for Lottery Covid Support Grant

## 1. Consolidated Income and Expenditure

<b>Opening Balance 01/01/2020</b>	<b>81,498.99</b>		
<b>Income</b>		<b>Expenditure</b>	
Grants	36,068.16	Salaries	26,420.20
Service and Activity Fees and Charges	10,497.55	Contractor (Play Therapist)	2,020.00
Donations (incl minibus Mileage Donations and trishaw do	13,146.20	Course / Activity Delivery Costs	7,417.38
Fundraising	5,970.98	Vehicle Running Costs (incl CTS membership & vehicle insurance)	3,891.39
Sponsorship	925.00	Venue Hire	1,793.13
Interest	28.64	Fundraising Costs	3,183.03
Minibus Insurance Refund	211.10	Charity Insurance	2,059.59
Other Income	30.69	Food Parcels	1,411.27
Balancing credit against Dec Charge Card statement - already included in Events expenses but not yet paid	53.60	Free School Meals	3,060.00
		Staff / Volunteer expenses	1,342.95
		Training / Conf. / CPD	867.50
		Miscellaneous (inc DBS, Supplies)	1,294.12
		Advertising and publicity	490.31
		Donation	300.00
		Stationery / Copying / Printing	621.55
	<hr/>	<b>Funds at 31/12/20</b>	<hr/>
	148,431		<b>92,258.49</b>
			148,431
<b>Surplus</b>	<b><u>10,759.50</u></b>		

## 2. Balance Sheet

### Summary of Funds held 31/12/2020

Opening Balance 01/01/2020	81,498.99
Surplus from Income & Expenditure	<u>10,759.50</u>
<b>Funds held at 31/12/2020</b>	<b>92,258.49</b>

### Fixed assets

Community minibus	nil
Community trishaw	nil

### Operating assets by Fund at 31/12/2020

Central operating	995.71
Events	1587.48
Community minibus	632.03
Wellbeing activities	31343.16
Sports & activities	1096.39
HI Community Athletics	936.85
Covid 19 Comm Support	3666.00
Lottery Grant + other Grants	5647.43
Reserves	<u>46353.44</u>
	<b>92258.49</b>

**Net tangible assets****Represented by capital employed**

Opening balance operating Account 01/01/2020 720.65

**Balances transferred from merged charities**

HICOM 47073.69

Friends of Histon &amp; Imp Rec 33704.65

81498.99**Add operating surplus /deficit**

Charity operating account -3024.94

Events 887.48

Community minibus -667.97

Wellbeing activities 7442.07

Sports &amp; activities -333.65

HI Community Athletics -187.25

Covid 19 Comm support 3666.00

Lottery + Other Grants 5647.43

Reserves -2669.67

92258.49**Notes to Annual Accounts for year ending 31st December 2020****1. Activity cost contributions**

A half yearly charge is made on various areas of charity activities to help meet the central charity operating costs such as public liability insurance, and salary costs of charity manager and communications worker

<b>Activity</b>	<b>Charge</b>
Sports & exercise	250
Community minibus	600
Wellbeing activities	1275
HI Community athletics	50
Events	2250
Covid Grant Fund	400
Lottery Grant Fund	100
	<u>4925</u>

**Reserves**

With the Covid 19 pandemic causing a reduction in fundraising event income and club and activity income, a contribution to central costs was also made from charity reserves.

Service delivery Fund	1600
	<u>1600</u>

**2. Charity donations**

In line with the Charity's objectives the following donations were made

**Donations**

Histon Cricket Club	300 From Operating Funds
Histon & Impington Parish Council	650 From Sports and Activities

In normal times a quarterly donation is made to Histon & Impington Parish Council in respect of usage of the Recreation Ground Community room for the activities organised by the HI Friends  
With the suspension of activities due to Covid 19, this quarterly payment was suspended after March 2020

### 3. Charity reserves

The two charities that merged to form HI Friends both held reserves in designated funds.

1) HICOM held funds designated for a future replacement minibus and 2) Friends of Histon and Impington Recreation held funds designated for the future development of various community recreational facilities.

In June, the Trustees of the new charity agreed to top up the Service Delivery Fund, to help with the central costs associated with delivering services and activities, and to introduce a Contingency Fund. Reserves were reallocated between funds, with £4,000 from the Community Facilities fund being transferred to the Service Delivery Fund, and a recently received £2,000 Company donation being allocated to the contingency fund.

The amount held in the reserves fund at 31/12/2020 is as follows;

#### Opening Balance (01/01/2020) - transferred from HICOM and Friends of the Rec

	<b>49023.11</b>
Designated fund transfers in (Community Facilities)	235 (a)
Donations received for minibus (Minibus replacement)	220.54
Elica Donation (Contingency)	2000
Interest earned (Minibus Replacement)	29.79
	<u>51508.44</u>
Less designated fund transfers out	-5155 (b)
<b>Balance held at 31/12/2020</b>	<b>46353.44</b>

#### (a) Transfers to Designated Reserves

Community Facilities	<b>235</b>
----------------------	------------

#### (b) Transfers from Designated Reserves

Service delivery	1600
Contingency (Elica Donation trf to Mental Welbeing)	1000
Rec Sunshine Sports & Activity	2555
	<u>5155</u>

#### Composition of project fund at 31/12/2020

Minibus replacement	22121.04
Community facilities	11610.00
Skatepark fund	890.00
Tennis facility project fund	6500.00
Triobike replacement fund	1000.00
Service Delivery Fund	3000.00
Contingency	1232.40
	<u>46353.44</u>
Rec Sunshine Sports & Activity club	0.00
	<u>46353.44</u>

#### 4. Fundraising events

Fundraising activity was severely curtailed due to Covid 19, but some running and cycling events were able to take place "virtually" and a number of well attended online quizzes were held.

The Jingle Bells activity at Christmas really caught the imagination of the community and was a great success.

A summary of fundraising event income and expenditure is shown below.

(Some of the expenditure shown that was incurred on events that did not take place physically (e.g. concert, half marathon, Bonfire Burn 10k) has been carried forward by suppliers and will be used against 2021 events instead.)

<b>Income</b>		<b>Expenditure</b>	
<b>Opening Balance 01/01/2020</b>	<b>700.00</b>		
Winter Quiz	469.00	Winter Quiz	0
Autumn Quiz	268.79	Autumn Quiz	0.00
Christmas Quiz	108.24	Christmas Quiz	12.00
Flaming June HM	1584.50	Flaming June Half Marathon	1532.84
Concert	0.00	Concert	640.80
Strawberry 50	349.75	Strawberry 50	153.94
Bonfire Burn 10k	2884.29	Bonfire Burn	813.37
Raffle	466.00	Raffle	128.33
Jingle Bells	1009.60	Jingle Bells	351.55
Other Income	116.90	Other	17.76
		Trf to Commuity	
		Facility Fund -	
		Reserves (Winter	
		Quiz)	235
		Trf to Mother's Circle (Winter Quiz)	234
		Trf - Central Costs	2250
<b>Total</b>	<b><u>7957.07</u></b>		<b><u>6369.59</u></b>
<b>Surplus</b>	<b><u>887.48</u></b>	<b>Balance 31/12/20</b>	<b><u>1587.48</u></b>

#### 5. Grants

The Charity is grateful to all the individuals and organisations who support our work financially. We received the following grants during the year

Histon and Impington Parish Council	12,750	Contribution to help fund Mental wellbeing worker, Dementia worker and Village older people's coordinator
Histon and Impington Town Charity	1,500	Contribution to help fund Mental wellbeing worker, Dementia worker and Village older people's coordinator
Histon and Impington Town Charity	500	Contribution to help fund play therapist
Histon and Impington Town Charity	150	Contribution to Dementia Project
St Andrew's Church Histon	1000	Contribution to Mental Wellbeing Worker
Cambridgeshire Community Foundation	7,500	Grant to help fund Play Therapist role
Histon Beer Festival	700	Contribution to help fund Mother's Circle group
Council of Churches	350	Contribution to Village older people's coordinator
Lottery Community Fund Covid 19 Emergency Support	5,880	Grant to help fund various activities in response to Covid
Cambridgeshire Community Foundation - Coronavirus Com	2,850	Grant to help fund various activities in response to Covid
Histon Feast	500	Contribution to Mental Wellbeing Worker
Histon Beer Festival	750	Contribution to Sporting Memories
South Cambridgeshire District Council	600	Contribution to Sporting Memories
Living Sport	250	Grant to HI Athletics
Histon Beer Festival	300	Contribution to HI Friends Covid 19 Community Support Fund - Food Parcels
HMRC	488	Coronavirus Job Retention Scheme Grant - Communications worker was furloughed for part of the year
<b>Total</b>	<b><u>36,068</u></b>	

**6. Charity Activities**

Detailed Income and Expenditure for the various activities of the Charity are shown below.

**6.1 Sports & Activities**

Detailed Income and Expenditure for Sports and Activities Fund including HI Rec Monday club.

<b>Opening Balance 01/01/2020</b>	<b>1,430.04</b>		
<b>Income</b>		<b>Expenditure</b>	
Activities (See details below)	3,603.40	Activities (See details below)	2,046.49
		HI Rec Monday Club (See details below)	4,475.98
HI Rec Monday Club (See details below)	3,716.20	Facility Donation	650.00
Trishaw	138.00	Venue Hire	448.50
Sporting Memories (SCDC+Beer Festival)	1,350.00	Other	51.43
Rec Sunshine club	176.65	Sporting Memories	1,250.00
		Trishaw	26.40
		Copying	119.10
		Central Cost Contrib	250.00
		<b>Balance 31/12/20</b>	<b>1,096.39</b>
	<u>10,414.29</u>		<u>10,414.29</u>

Activities	Income	Less cost	Surplus/deficit
Pilates class	404.30	0.00	404.30
Walking football	590.00	647.00	-57.00
Hockey coaching activities	320.00	357.00	-37.00
Histon & Impington Table Tennis ( HITT )	85.00	16.99	68.01
Tai Chi	1212.10	0.00	1212.10
Active Start Club	362.00	542.50	-180.50
Dance for fitness	240.00	210.00	30.00
Tailored fitness	270.00	273.00	-3.00
Other	120.00	0.00	120.00
<b>Totals</b>	<b>3603.40</b>	<b>2046.49</b>	<b>1556.91</b>

<b>The HI Rec Monday Club</b>			
Monday Club activities were suspended in March 2020 until a Memory and Coordination class was briefly able to resume in October			
<b>Income</b>		<b>Expenditure</b>	
Chair based activity	1020.70	Chair Based instruct	552.00
Specialist class	2061.00	Spec class instruct	1822.14
Memory & coordination	544.50	M & C instructors	420.00
	<u>3626.20</u>	Minibus	296.65
Lottery - M & C restart grant	90.00	Cost cont for VOPW	300.00
		Club coordinator	995.19
<b>Deficit</b>	<b>759.78</b>	Venue	90.00
	<u>4475.98</u>		<u>4475.98</u>

## 6.2 HI Community Athletics

Detailed Income and Expenditure for HI Athletics

<b>Opening Balance 01/01/2020</b>	<b>1,124.10</b>		
<b>Income</b>		<b>Expenditure</b>	
Living Sport Grant	250.00	Venue	129.00
Activity Fees	357.50	Coach	240.00
		DBS	54.00
		Other	21.75
		Video	300.00
		Central Cost Cont	50.00
		<b>Balance 31/12/20</b>	<b>936.85</b>
	<u>1,731.60</u>		<u>1731.60</u>

A grant of £250 was obtained from Living Sport to produce a series of exercise videos for young people during lockdown

## 6.3 Wellbeing

Detailed Income and Expenditure for Wellbeing Team Activities including Mental Wellbeing, Dementia Support, Village Older People's Coordinator, HI Mother's Circle, Hope Again Bereavement and Worry Tree Café

With many of the charity activities closing down because of Covid 19, the wellbeing team were busy supporting the community in new ways. The Charity expanded its wellbeing team with the appointment of a Parental Wellbeing worker to support new parents and a Play Therapist to work in schools with younger age children.

### Worry Tree Café

<b>Opening Balance 01/01/2020</b>	<b>2140.19</b>		
<b>Income</b>		<b>Expenditure</b>	
		Venue	250
		Staff	180
		PPE Supplies	107.24
		Refreshments	22.7
		Central cost cont	175
		<b>Balance 31/12/20</b>	<b>1405.25</b>
	<u>2140.19</u>		<u>2140.19</u>

### Mental wellbeing project

<b>Opening Balance 01/01/2020</b>	<b>14743.59</b>		
<b>Income</b>		<b>Expenditure</b>	
Lottery Grant	1000.00	Employee	6330.00
St Andrew's Histon	1000.00	Expenses	352.96
Town Charity (incl £500 for Play Therapist)	1000.00	Central cost cont	500.00
Trf from Reserves (Elica donation)	1000.00	Supervision	317.50
Grant ?	500.00	Play Therapist	2020.00
PC Grant	5000.00	DBS	162.00
Donations	580.00	HI Mothers Circle	750.00
CCCF Grant for Play Therapist	£7,500.00	IVC ICAS project	640.00
		<b>Balance 31/12/20</b>	<b>21251.13</b>
	<u>32323.59</u>		<u>32323.59</u>

### Older peoples support

<b>Opening Balance 01/01/2020</b>	<b>1861.12</b>		
<b>Income</b>		<b>Expenditure</b>	
Private donations	2575.00	Employee	6773.01
Lottery Grant contrib	28.50	Expenses	269.08
PC Grant	4750	Central cost cont	300
Town Charity	500.00	Wool	30.14
HI Rec Monday Club	300.00	Community Games	56.86
Legacy	500.00	Printing / Stationery	12
Worry Tree Café	180.00	<b>Balance 31/12/20</b>	<b>3603.53</b>
Council of Churches Grant	350.00		<u>11044.62</u>
	<u>11044.62</u>		

<b>Dementia support</b>			
<b>Opening Balance 01/01/2020</b>	<b>4497.75</b>		
<b>Income</b>		<b>Expenditure</b>	
PC Grant	3000.00	Salary	4312.00
Town Charity	500.00	Expenses	209.28
Town Charity Specific	150.00	Central cost cont	300
Donation	200.00	Supervision	300
		Other TC specific	141.19
		<b>Balance 31/12/20</b>	<b>3085.28</b>
	<u>8347.75</u>		<u>8347.75</u>

<b>HI Mothers Circle</b>			
<b>Opening Balance 01/01/2020</b>	<b>0.00</b>		
<b>Income</b>		<b>Expenditure</b>	
Mental wellbeing fund	750.00	Salary	1560
Histon Beer Festival	700.00	Expenses	30
Winter quiz	235.00	DBS	54
Refreshments	9.10	Publicity	10
Lottery Grant contrib	800.00	Brest Feeding	60
Donations	145.00	Equipment	64.58
Misc	5	Venue	30
		<b>Balance 31/12/20</b>	<b>835.52</b>
	<u>2644.10</u>		<u>2644.10</u>

<b>Hope Again Bereavement</b>			
<b>Opening Balance 01/01/2020</b>	<b>658.44</b>		
<b>Income</b>		<b>Expenditure</b>	
Covid Grant contrib	400	Room hire	150.00
Lottery Grant Contrib	450.00	Leader	275.00
Donations	220	Expenses	79.99
		Printing	55.00
		Refreshments	6.00
		<b>Balance 31/12/20</b>	<b>1162.45</b>
	<u>1728.44</u>		<u>1728.44</u>

<b>Wellbeing balances held</b>	<b>01/01/2020</b>	<b>31/12/2020</b>	<b>Surplus / Deficit</b>
<b>Worry Tree Café</b>	2140.19	1405.25	-734.94
<b>Mental wellbeing</b>	14743.59	21251.13	6507.54
<b>Older Peoples support</b>	1861.12	3603.53	1742.41
<b>Dementia support</b>	4497.75	3085.28	-1412.47
<b>Mothers Circle</b>	0.00	835.52	835.52
<b>Hope Again Bereavement</b>	658.44	1162.45	504.01
	<u>23901.09</u>	<u>31343.16</u>	<u>7442.07</u>

## 6.4 Minibus

### Detailed Income and Expenditure for Minibus

The Community minibus was unable to provide usual service for much of the year as a result of the Covid 19 pandemic, but was used to take people to GP and hospital appointments and subsequently Covid vaccination appointments.

<b>Opening Balance 01/01/2020</b>		<b>1300</b>		
<b>Income</b>			<b>Expenditure</b>	
Mileage Income	2614.80		Central cost cont	600
Mileage Donations (Medical Trips)	355.00		Fuel	908.69
Doctors	298.20		Maintenance	1102.61
Shopping Services	270.70		DBS	63
User Charge	20.00		Insurance	1437.76
Other (£30 from HICOM, £60.35 bank deposit)	100.35		Tax	332.5
Reversal of transfer to main account errors	167.54		CTA	50
		5126.59	<b>Balance 31/12/20</b>	<b>632.03</b>
				5126.59
Opening Balance		<b>1300</b>		
Deficit		<b>667.97</b>		
Closing Balance		<b>632.03</b>		

## 7. Central Operating Income & Expenditure - central charity operations excluding projects, activities and events

The central operating account receives contributions from other Charity funds to fund central Charity running costs. It is also the main receiving account for donations, which are then dispersed to the appropriate Charity funds.

<b>Opening Balance (£720.65 c/f + £3,300 Transferred from FoR)</b>		<b>£4,020.65</b>		
<b>Income</b>			<b>Expenditure</b>	
Reserves Central Cost Contributions (Service Delivery Fund)	1600.00		Donations & internal transfers to charity reserves & other funds	3517.72
Activities Central cost contributions	2175.00		Insurance	2059.59
Grant Central Cost contributions	500.00		Charity manager	3850.00
Donations	2491.34		Comms worker	2600.00
Adjustment	0.45		Stationery & copying	120.57
Interest	28.64		Training (Trustees and staff)	250.00
Fundraising Donations to be transferred to autumn quiz	26.49		DBS	31.00
HMRC JRS Grant	488.16		Business Rates (Trishaw storage)	32.74
Miscellaneous (insurance refund)	211.10		Raffle License	40.00
Fundraising to be passed to HAB	41.00		Staff Expenses	59.99
Fundraising to be passed to MC	9.64		General (Publicity, printing etc)	240.30
Fundraising to be passed to BB	16.87		Zoom	71.95
Fundraising to be passed to Christmas Quiz	-8.19		Bank charges	0.19
Events income transferred from Events (Central Cost contri	2250.00		ICO	35.00
Transfer from Events for Dec BC	53.60			
<b>Deficit</b>	<b>3024.95</b>		<b>Balance 31/12/20</b>	<b>995.70</b>
	12909.05			12909.05

### 8 HI Friends Covid 19 Community Support Fund.

When Covid 19 took hold HI Friends established a Community Support Fund to help support the Community through the Covid crisis. The Charity worked with other local organisations and received grant funding from the Cambridgeshire Community Foundation - Coronavirus Community Fund to help with the cost of covid related initiatives and activities to be provided mainly through our wellbeing team.

In partnership with the Salvation Army, HI Friends initiated a Food Parcels scheme and donations were received from individuals in the Community as well as £1,000 included in the CCCF grant for this purpose, and an additional grant of £300 from Histon Beer Festival.

Local people also gave generously to a scheme administered by HI Friends to provide Free School Meal Vouchers to families during the school holidays. The village schools identified those who qualified and a total of £3,060 was passed to the schools to purchase and distribute the vouchers. The remaining balance of the Free School Meal Voucher fund is to be used to support the Salvation Army in their "Make Lunch" scheme, helping to provide lunches for children in the school holidays.

The remainder of the CCCF Grant is to be spent in early 2021 in line with the Grant conditions.

Details of the income and expenditure of the HI Friends Covid 19 Community Support Fund are shown below.

#### Covid 19 Community support

<b>Opening Balance 01/01/2020</b>	<b>0</b>		
<b>Income</b>		<b>Expenditure</b>	
CCF Grant	2850.00	Trf Hope Again	400
Donations	2184.65	Food Parcels (incl £200 TLG membership fo SA)	1348.27
HI Friends	300.00	Dementia Support Materials incl postage	86.75
Beer Festival	300.00	Phones for elderly	42
<b>Donations for FSM</b>	<b>3817.00</b>	Baby Massage Venue	45.63
		Older People's Newsletter	220
		Covid contact + info leaflet	120
		Care Home Chocs	63
		Free School Meals payments	3060
		Central Cost contrib for Food Parcel publicity, setup and admin (taken from Food Parcel element of grant/donations)	200
		Central Cost contrib for Acitivity Restart work incl Risk Assessments etc - taken from undesignated donations)	200
	<hr/>	<b>Balance 31/12/20</b>	<b>3666.00</b>
	9451.65		<hr/> 9451.65

Balance at 31/12/20 includes £757 remnant for FSM (gift aid of £150 still to come)

### 9 Lottery Grant

HI Friends received a grant of £5,880 from the National Lottery Community Fund - Covid 19 Emergency Support - to fund specific activities in the Community as it emerges from the Covid crisis.

<b>Income</b>	£	<b>Expenditure</b>	£
Lottery Grant	5880.00	Rec Sunshine Club Expenses	54.92
Rec Sunshine Club (transferred from Reserves)	2378.35	Hope Again Bereavement course - (trf to HAB)	450.00
		New Mothers' Support Group - (trf to Mothers' Circle)	800.00
		Mental Wellbeing Counsellor - (trf to MWW)	1000.00
		Mem and Coordination Class & Active Start expenses - (trf to Sports & Craft Materials for Vilage Older Peoples' Coordinator - (trf to VOPC)	177.50
		Mental Health Café - (trf Central Cost contrib for Worry Tree Café)	28.50
		Hope Again Bereavement Course (trf Central Cost Contrib for HAB)	50.00
		<b>Balance 31/12/20</b>	<b>5647.43</b>
	<hr/>		<hr/>
	8258.35		8258.35

Note - Included in the above are funds previously held in Reserves for The Rec Sunshine club, which has been put on hold due to Covid. The funds were transferred for administrative purposes.