

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Charity Incorporated Organisation (C.I.O)

Financial Statements

For the period ended

31st March 2024

Registered Charity No: 1185551

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2024

Principal address:

The Selby Centre
Selby Road
London
N17 8JL

Trustees/Committee Members:

MS WARSAN SIYAD
MS RODA HUSSEIN
MR NUR MAYE OSMAN

Project Manager and Contact Person:

MS SHAMSA ADAN

Governing document

The organisation is operated under the rules of its constitution.

Independent Examiner and Accountant:

TACTS Accountant
Chartered Certified Accountant
61 Fountains Crescent
Southgate
London, N14 6BD

Bank:

Cashplus bank

DALMAR HERITAGE AND FAMILY DEVELOPMENT

FINANCIAL ACCOUNTS

FOR YEAR ENDED 31ST MARCH 2024

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DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2024

Annual Report

The committee are please to present the financial report for the period ended 31st March 2024, the first accounting period of the Charitable Incorporated Organisation.

Structure, Governance and management

Dalmar Heritage and Family Development is a charitable Incorporated Organisation (CIO), registered with the Charity Commission and governed by its constitution, dated 30th September 2019.

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

The affairs of the charity are managed on a day-to-day basis by the trustees, who may exercise all the powers of the CIO.

The trustees of served during the year are shown on page 2 of this report.

Appointment of Trustees

In accordance with the terms of the constitution, there must be at least three charity trustees. If the number falls below the minimum, the remaining trustees can act only to call a meeting of the trustees or appoint a new trustee.

The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Each new trustee is given a copy of the constitution and the latest trustees' annual report and accounts, on or before appointment.

Charitable Objects

TO FURTHER OR BENEFIT THE RESIDENTS OF EALING, ENFIELD, HARINGEY AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION.

Achievements

We've had a very successful year. Throughout this year, we've undertaken various projects and continued our health and wellbeing initiatives to engage and empower the local community, especially in Enfield, Haringey, and Ealing.

Haringey has a higher rate of Serious Mental Illness (SMI) compared to the London average. The Barnet, Enfield, and Haringey Mental Health Trust are developing and transforming their 'Core Community Service' offer to reflect local needs. We collaborate with the Bridge Renewal Trust and the Barnet, Enfield, and Haringey NHS Mental Health Trust to engage a wide range of Haringey residents from Black and Minority Ethnic communities, identifying how residents from different Haringey communities' access and experience community mental health services (including identifying any real and/or perceived access restrictions due to ethnicity, age, gender, etc.).

We conducted research questions, interviews, and workshops. We promoted and reached the target group using our networks to reach and recruit people with lived experience (current or past) of Severe Mental Illness or High-Moderate Mental Illness to participate in workshops, focus groups, or one-to-one feedback sessions, such as WhatsApp groups, social media, and existing group activities. We also organised mental health talks and coffee mornings, connecting with other grassroots groups and VCS organisations to help spread promotions.

We're continuing phase 2 of the Healthy Neighbourhoods Theme 1: Community Empowerment and Co-production project with Haringey Council and NHS NCL ICB, as well as the voluntary sector. We're implementing the Co-Production Toolkit and participating in the continued co-development and co-delivery of Healthy Neighbourhoods: Theme 1 by working with stakeholders to implement co-production and the toolkit at every level – VCS, resident, and statutory. We're also continuing VCS engagement/Community Protect by attending capacity building training sessions to strengthen the skills and expertise of our organisations.

We're continuing to support families this year through the Haringey Council support fund, reaching those most in need with food, energy, and water bills. Additionally, we're supporting the Council's local assistance welfare scheme, allowing households experiencing financial hardship to apply for financial support.

We propose establishing a baby and toddler playgroup specifically catering to parents from the Somali community, some of whom may not be proficient in English. The playgroup will focus on children aged 1 to 4 years. We've established a weekly playgroup session at the Selby Centre with planned activities such as a sandpit, painting, playdough, toys, and more.

We've also organised a programme of monthly parent talk workshops to educate parents on the wellbeing of their children, covering topics such as introducing solids, autism awareness, and the importance of vaccination. As part of Dalmar's activities, we run regular programmes and events with qualified staff focusing on themes of diet, healthy lifestyles, and exercise. We also run a support group and a WhatsApp group where women can share healthy recipes and provide peer support for improving their family's diet and exercise routines.

For Dalmar's Trusted Voices grant, we've provided additional support to the local Somali community through increased targeted health messaging to raise awareness about diabetes, high blood pressure, obesity, the physical benefits of healthy eating and exercising, and how to look after their mental health and access health services. This will result in improved health and wellbeing and improved aspirations within the Somali community, empowering beneficiaries to engage with service providers.

We've organised a weekly walking group session in the park with a walking leader trained from the community, as well as a programme of weekly Health Talk sessions to improve health behaviour, diet, and learn how to manage co-morbidities and chronic conditions, including heart health, diabetes, and mental health, funded by the NHS. This project has increased knowledge, understanding, and changes in behaviour relating to wellbeing and reduced certain stress and anxiety-related subject areas. The aim is for women to connect, get active, and learn to improve mental/physical health and wellbeing. Engaging in group sessions will also improve motivation, increase social contact, engage new learning, and reduce loneliness and isolation. This project provides a space to share experiences and for the group to support each other. Health and wellbeing are considered a whole-family affair. The objective of this project also focuses on preventative measures such as healthy eating, wellbeing, healthy development and function, exercise, heart health, and diabetes. Early interventions can improve outcomes across all generations in the family.

We've conducted this very successful project with funding from the Postcode Society Trust, supporting Somali families with children with learning disabilities, particularly Autism. Parents of children with communication difficulties have been able to undertake the Makaton language system training course online from home so they can help their children to communicate. Parents receive advice on understanding SEN conditions and working with schools, local authorities, and healthcare providers to ensure their needs are met. Families receive individual assessments to identify the most appropriate technology to support their children in everyday life. We've also organised appropriate activities such as arts & crafts or games for SEN children and their siblings, facilitated the development of peer support networks, and overseen a WhatsApp group.

We aim to expand our presence in more Ofsted registered settings, where we provide supplementary education, and enhance childcare income to ensure future sustainability. As part of this endeavour, we are participating in a scale-up program for social enterprise schools. These programs not only facilitate the growth of our educational initiatives but also pave the way for the development of additional social programs, such as sewing groups and reading groups, which hold potential for becoming successful social enterprises.

Reserves policy and going concern

The Board has assessed the charity's requirements for reserves in the light of the main risks to the organisation. As a result, the Board has approved a policy whereby the unrestricted funds not committed, should be held in reserve and maintained at a level which ensures that Dalmar's core activity could continue during a period of unforeseen difficulty. The target reserve amount represents at least 6 months' (26 weeks) expenditure and will be reviewed annually.

Risk management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity undertakes.
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

The Trustees constantly review risks relevant to the charity. Any risks identified are reported to the Trustees and decisions made on how to minimise risk.

Trustees and their responsibilities

Charity trustees are the people who serve on the governing body of a charity. They may be known as trustees, directors, board members, governors or committee members. The principles and main duties are the same in all cases.

Trustees have, and must accept, ultimate responsibility for directing the affairs of a charity, and ensuring that it is solvent, well-run, and meeting the needs for which it has been set up.

Our volunteers

Dalmar is very involved in the community and relies on voluntary help. Around 2 volunteers assisted with our on-going activities. We wish to thank our volunteers for their loyal support and contribution.

Future plan

The charity has now been operational. The company set-up previously under the same name will be closed and now merged into the charity to continue its charitable operations. The charity is planning to recruit more trustees to strengthen governance. We will continue to apply for funding to sustain the organisation activities.

Signed on behalf of all members,



Mr Nur Osman

(Trustee)

Date: 15/04/2024

Independent examiner's report to the trustees of Dalmar Heritage and Family Development.

I report on the accounts of the Trust for the year ended 31st March 2024, which are set out on pages 8 to 12.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: 15/04/2024

Chartered Certified Accountant
TACTS Accountant, 61 Fountains Crescent, London, N14 6BD

DALMAR HERITAGE AND FAMILY DEVELOPMENT
INCOME AND EXPENDITURE FOR THE PERIOD ENDING 31ST MARCH 2024

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Funds</u>	<u>Funds</u>
	<u>Funds</u>	<u>Funds</u>	<u>2024</u>	<u>2023</u>
<u>INCOMING RESOURCES</u>	£	£	£	£
Income from Donation & contributions	25,289	-	25,289	7,637
Income from Charitable activities:				
Awards For All / NLCF Fund	-	9,990	9,990	9,890
Women's Resource CE	-	-	-	1,000
VRU Fund	-	14,178	14,178	-
Big Lottery Fund- Sports England	-	9,470	9,470	-
Post Code Society	-	-	-	24,930
Enfield Voluntary Action	-	-	-	10,227
Services	900	-	900	-
School For Social Fund	3,742	-	3,742	4,533
Selby Trust	-	-	-	3,975
Haringey Council	-	13,989	13,989	11,394
The Bridge Renewal Trust	7,245	9,982	17,227	7,964
TOTAL INCOMING RESOURCES	37,176	57,609	94,785	81,551
<u>RESOURCES EXPENDED</u>				
Charitable Expenditure				
Sessional Workers & Staff Cost	26,231	28,780	55,011	34,726
Office and Venue Hire	2,612	3,919	6,531	4,941
Training	-	-	-	307
Participants Cost	-	3,250	3,250	4,250
Administration costs	1,244	3,263	4,507	5,248
Activity materials and resources	-	4,670	4,670	3,197
Volunteer Expenses	-	771	771	5,126
Transport and Travel	360	-	360	240
Equipment	-	512	512	1,866
Professional fees	685	-	685	1,530
Refreshments	-	1,481	1,481	790
Teachers and Consultancy	4,705	-	4,705	4,468
Depreciation	-	1,947	1,947	1,270
TOTAL RESOURCES EXPENDED	35,837	48,593	84,430	67,960
Net Incoming/Outgoing resources	1,339	9,016	10,355	13,591
FUNDS BROUGHT FORWARD	1,183	20,178	21,361	7,770
FUNDS CARRIED FORWARD	2,522	29,194	31,716	21,361

DALMAR HERITAGE AND FAMILY DEVELOPMENT
BALANCE SHEET AS AT 31 MARCH 2024

	Notes	£ <u>2024</u>	£ <u>2023</u>
Fixed Assets			
Tangible assets	(4)	3,896	-
Current Assets:			
Cash at Bank and In Hand		33,496	22,046
Current Liabilities:			
Creditors:			
Amount falling due within one year	(6)	5,676	685
Net Assets		<u>31,716</u>	<u>21,361</u>
As Represented By			
Unrestricted Fund		2,522	1,183
Restricted Fund	(5)	29,194	20,178
Total Funds		<u>31,716</u>	<u>21,361</u>

The accounts were approved by the Committee Members on 15/04/2024
and signed on their behalf by: -



(Trustee)

Mr Nur Osman

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2024

Notes to the accounts

1. Accounting Basis

These accounts are prepared under the historical cost convention. The financial statements have also been prepared and modified to include the revaluation of certain fixed assets and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2008).

2. Incoming resources

All incoming resources are included in the Income and Expenditure when the company is legally entitled to the income and the amount can be quantified with reasonable accuracy.

3. Resource Expended

All expenditure is accounted for on an accrual basis and has been included under expenses categories that aggregate all costs for allocation to activities.

4. Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided to write off the cost, of all fixed assets over their expected useful life as follows: -

Equipment & Machinery - 33.33% straight line

	Equipment & Machinery	Total
Cost		
At Cost	5,843	5,843
Carried Forward	<u>5,843</u>	<u>5,843</u>
Depreciation		
Brought forward	-	-
Charge for the year	<u>1,947</u>	<u>1,947</u>
Carried Forward	<u>1,947</u>	<u>1,947</u>
Net Book Value		
At March 2024	<u>3,896</u>	<u>3,896</u>
At March 2023	<u>-</u>	<u>-</u>

DALMAR HERITAGE AND FAMILY DEVELOPMENT
For the Year Ended 31st March 2024
(Notes to the account)

5. Analysis of Restricted Fund

	Balance at 1st April 2023	Incoming resources	Outgoing resources	Balance at 31st March 2024
	£	£	£	£
Bridge Renewal Trust- Stay & Play	-	4,982	2,490	2,492
Bridge Renewal Trust- Change lives	-	5,000	-	5,000
Awards For All- NLCF Fund	-	9,990	5,058	4,932
Post Code Society	12,459	-	5,159	7,300
Enfield Voluntary Action	7,719	-	7,719	-
Haringey Council Fund	-	13,989	13,989	-
Big Lottery- Sports England	-	9,470	-	9,470
VRU Fund	-	14,178	14,178	-
	20,178	57,609	48,593	29,194

Purpose of Restricted Fund:

Awards for All: Women Sewing activities.

Postcode Society: Special Need children and family support.

City Bridge Renewal Trust: Change Lives Fund and Stay & Play activities for toddlers

VRU Fund: On-Line Safety awareness for young people and children.

National Lottery/Sports England: Physical activities for young people

Haringey Council: Cost of living support for low-income families

6. CREDITORS (ACCRUALS)

	2024	2023
	£	£
Professional Fees	685	685
Third Party Fund	4,991	4,991
	5,676	5,676

7. The organisation has no debtors

8. Support and Governance cost

	General Support	Governance	Total
Administration Cost	4,507	-	4,507
Professional fees	-	685	685
Depreciation	1,947	-	1,947
	6,455	685	7,140

9. Staff and Sessional Workers

Total staff and sessional workers costs were £55,011 of which £18,631 were paid to employees on payroll.

There were 4 part-time employees on payroll and 8 self-employed workers.

Trustees are not remunerated.