

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Charity Incorporated Organisation (C.I.O)

Financial Statements

For the period ended

31st March 2023

Registered Charity No: 1185551

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2023

Principal address:

The Selby Centre
Selby Road
London
N17 8JL

Committee Members:

MS SHAMSA ADAN
MS RODA HUSSEIN
MS NUR MAYE OSMAN

Governing document

The organisation is operated under the rules of its constitution.

Independent Examiner and Accountant:

TACTS Accountant
Chartered Certified Accountant
61 Fountains Crescent
Southgate
London, N14 6BD

Bank:

Cashplus bank

DALMAR HERITAGE AND FAMILY DEVELOPMENT

FINANCIAL ACCOUNTS

FOR YEAR ENDED 31ST MARCH 2023

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DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2023

Annual Report

The committee are please to present the financial report for the period ended 31st March 2023, the first accounting period of the Charitable Incorporated Organisation.

Structure, Governance and management

Dalmar Heritage and Family Development is a charitable Incorporated Organisation (CIO), registered with the Charity Commission and governed by its constitution, dated 30th September 2019.

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

The affairs of the charity are managed on a day-to-day basis by the trustees, who may exercise all the powers of the CIO.

The trustees of served during the year are shown on page 2 of this report.

Appointment of Trustees

In accordance with the terms of the constitution, there must be at least three charity trustees. If the number falls below the minimum, the remaining trustees can act only to call a meeting of the trustees or appoint a new trustee.

The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Each new trustee is given a copy of the constitution and the latest trustees' annual report and accounts, on or before appointment.

Charitable Objects

TO FURTHER OR BENEFIT THE RESIDENTS OF EALING, ENFIELD, HARINGEY AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION.

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2023

Achievements

We had a very successful year. This year, we carried out different projects and continued health and wellbeing initiatives to engage and empower locals, particularly women and children. In Enfield and Haringey, we offered workshops to the Somali community in an effort to lower obesity, type 2 diabetes, and high blood pressure. We worked on community projects addressing the stigmatising effects of mental illness, and we also published a book about raising awareness and providing information about mental health. We translated this into English and Somali, where they can get help.

We worked this year with VCS engagement led to co-develop a framework (or 'tool kit') that outlines why co-production is necessary what it involves, who needs to be involved in service design and delivery, how it can be implemented, and what support needs to be available for service providers

We helped develop this tool kit together We attend 'my health, my life: co-production' Workshops Voluntary and Community Sector Forum:

The VCS Forum was a monthly meeting that brings together local community organisations and statutory partners such as Haringey Council and the NHS to discuss important topics for our communities.

This year Dalmar was part of Peer Researchers based in each of the six VCS Partners worked alongside the Community Researcher to:
co-design the research approach and tools; mobilise and bring targeted communities to participate in the research so they can raise issues which matter to them and set outcomes which are meaningful for their lives; facilitate/co-facilitate interviews and focus groups with participants; and collaborate with and amplify the voice of local communities who experience high inequalities (in reach, access, outcomes or experiences).

we held sewing classes and coffee mornings for these families with special needs children, giving priority to the parents of these kids. The parents got together to participate in crafts, learn how to sew, enjoy refreshments, and talk about their kids. They were able to discuss what had worked and hadn't for them in terms of supporting their children with special needs and share their own experiences in the process. The parents found it to be extremely helpful to be in this setting with other parents who are going through similar experiences. The older mothers would give younger mothers their more mature perspective by sharing their perspective. Additionally, we had one-on-one conversations with distressed parents who required a private space to discuss their circumstances and required support.

Most parents who participated in sewing activities progressed from never having touched a sewing machine to being able to operate the machine independently, cut and measure materials, and even make their own items. Three different dress designs, children's pyjamas, and two different pillowcase designs with attaching buttons were included. We got involved with the community because there are a lot of Somali families with kids who have learning disabilities. Down syndrome, autism, dyslexia, ADHD, and emotional behavioural disorders are examples. We spoke with a large number of parents who are concerned about their children who attend both mainstream and special needs schools.

We work with children to have different physical activity like Boxing club
Our target group has a lack of activity due to barriers which relate to their circumstances.

This project was able the young people to be active while hanging with friends and meeting new ones, which will also make it as fun as possible for them and children had a positive attitude to sport and physical activity, and feel confident in their life
They make friends and feel less isolated

Have positive mental attitudes to the future and feel more self-confident
Develop habits of exercise and they increase their levels of physical fitness.

Reserves policy and going concern

The Board has assessed the charity's requirements for reserves in the light of the main risks to the organisation. As a result, the Board has approved a policy whereby the unrestricted funds not committed, should be held in reserve and maintained at a level which ensures that Dalmar's core activity could continue during a period of unforeseen difficulty. The target reserve amount represents at least 6 months' (26 weeks) expenditure and will be reviewed annually.

Risk management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity undertakes.
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

The Trustees constantly review risks relevant to the charity. Any risks identified are reported to the Trustees and decisions made on how to minimise risk.

Trustees and their responsibilities

Charity trustees are the people who serve on the governing body of a charity. They may be known as trustees, directors, board members, governors or committee members. The principles and main duties are the same in all cases.

Trustees have, and must accept, ultimate responsibility for directing the affairs of a charity, and ensuring that it is solvent, well-run, and meeting the needs for which it has been set up.

Our volunteers

Dalmar is very involved in the community and relies on voluntary help. Around 4 volunteers assisted with our on-going activities. We wish to thank our volunteers for their loyal support and contribution.

Future plan

The charity has now been operational. The company set-up previously under the same name will be closed and now merged into the charity to continue its charitable operations. The charity is planning to recruit more trustees to strengthen governance. We will continue to apply for funding to sustain the organisation activities.

Signed on behalf of all members,

Ms Shamsa Adan

(Trustee)

Date: 16/10/2023

Independent examiner's report to the trustees of Dalmar Heritage and Family Development.

I report on the accounts of the Trust for the year ended 31st March 2023, which are set out on pages 8 to 12.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 16/10/2023

Chartered Certified Accountant
TACTS Accountant, 61 Fountains Crescent, London, N14 6BD

DALMAR HERITAGE AND FAMILY DEVELOPMENT
INCOME AND EXPENDITURE FOR THE PERIOD ENDING 31ST MARCH 2023

	<u>Unrestricted</u> <u>Funds</u> £	<u>Restricted</u> <u>Funds</u> £	<u>Funds</u> <u>2023</u> £	<u>Funds</u> <u>2022</u> £
<u>INCOMING RESOURCES</u>				
Donations and legacies:				
Awards For All	-	9,890	9,890	-
Women's Resource CE	-	1,000	1,000	4,000
Post Code Society	-	24,930	24,930	-
Enfield Voluntary Action	-	10,227	10,227	5,000
Income from charitable activities:				
Parent's Voluntary Contributions	7,637	-	7,637	19,769
London Borough of Enfield	-	-	-	4,539
School For Social Fund	4,533	-	4,533	5,500
London Catalyst	-	-	-	2,000
HAF & Child Care	-	-	-	2,300
Selby Trust	3,975	-	3,975	-
Haringey Council	11,394	-	11,394	-
The Bridge Renewal Trusts	7,964	-	7,964	7,135
TOTAL INCOMING RESOURCES	35,504	46,047	81,551	50,243
<u>RESOURCES EXPENDED</u>				
Charitable Expenditure				
Sessional Workers & Staff Cost	25,175	9,551	34,726	36,443
Office and Venue Hire	2,467	2,474	4,941	6,927
Training	-	307	307	-
Participants Cost	-	4,250	4,250	-
Ofsted & DBS	500	114	614	742
Administration costs	4,232	1,016	5,248	4,432
Activity materials and resources	-	2,583	2,583	3,145
Volunteer Expenses	2,479	2,647	5,126	2,498
Transport and Travel	-	240	240	1,162
Equipment	-	1,866	1,866	2,543
Professional fees	1,000	530	1,530	827
Refreshments	500	290	790	752
Teachers and Consultancy	4,468	-	4,468	3,477
Depreciation	1,270	-	1,270	1,265
TOTAL RESOURCES EXPENDED	42,091	25,869	67,960	64,214
Net Incoming/Outgoing resources	(6,587)	20,178	13,591	(13,971)
FUNDS BROUGHT FORWARD	7,770	-	7,770	21,741
FUNDS CARRIED FORWARD	1,183	20,178	21,361	7,770

DALMAR HERITAGE AND FAMILY DEVELOPMENT
BALANCE SHEET AS AT 31 MARCH 2023

	Notes	£ <u>2023</u>	£ <u>2022</u>
Fixed Assets			
Tangible assets	(9)	-	1,270
Current Assets:			
Cash at Bank and In Hand		22,046	7,185
Current Liabilities:			
Creditors:			
Amount falling due within one year	(7)	685	685
Net Assets		<u>21,361</u>	<u>7,770</u>
As Represented By			
Unrestricted Fund		1,183	7,770
Restricted Fund	(5)	20,178	-
Total Funds		<u>21,361</u>	<u>7,770</u>

The accounts were approved by the Committee Members on 16/10/2023
and signed on their behalf by: -

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(Trustee)

Ms Shamsa Adan

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2023

Notes to the accounts

1. Accounting Basis

These accounts are prepared under the historical cost convention. The financial statements have also been prepared and modified to include the revaluation of certain fixed assets and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2008).

2. Incoming resources

All incoming resources are included in the Income and Expenditure when the company is legally entitled to the income and the amount can be quantified with reasonable accuracy.

3. Resource Expendable

All expenditure is accounted for on an accrual basis and has been included under expenses categories that aggregate all costs for allocation to activities.

4. Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided to write off the cost, of all fixed assets over their expected useful life as follows: -

Machinery - 33.33% straight line

5. Analysis of Restricted Fund

	Balance at 1st April 2022	Incoming resources	Outgoing resources	Balance at 31st March 2023
	£	£	£	£
Women's Resource CE	-	1,000	1,000	-
Awards For All	-	9,890	9,890	-
Post Code Society	-	24,930	12,471	12,459
Enfield Voluntary Action	-	10,227	2,508	7,719
	-	46,047	18,834	20,178

Purpose of Restricted Fund:

Awards for All: Special need health and wellbeing support.

Postcode Society: Special Need children and family support.

Women's Resource CE: Education and Wellbeing

Enfield Voluntary Action: Communication and information.

**DALMAR HERITAGE AND FAMILY DEVELOPMENT:
For the Year Ended 31st March 2023**

6. Dalmar Heritage and Family Project is a registered charitable incorporated Organisation with charity commission.

7. CREDITORS (ACCRUALS)

	2023	2022
	£	£
Accruals and other creditors	685	685
	<u>685</u>	<u>685</u>

8. Debtors

The organisation has no debtors

9. Tangible Fixed Assets

	Machinery	Total
Cost	£	£
At Cost	3,800	3,800
	<u>3,800</u>	<u>3,800</u>
Carried Forward	3,800	3,800
	<u>3,800</u>	<u>3,800</u>
Depreciation		
Brought forward	2,530	2,530
Charge for the year	1,270	1,270
Carried Forward	3,800	3,800
	<u>3,800</u>	<u>3,800</u>
Net Book Value		
At March 2023	-	-
	<u>-</u>	<u>-</u>
At March 2022	1,270	1,270
	<u>1,270</u>	<u>1,270</u>

10. Support and Governance cost

	General Support	Governance	Total
Administration Cost	5,248	-	5,248
Professional fees	-	685	685
Depreciation	1,270	-	1,270
	<u>6,518</u>	<u>685</u>	<u>7,203</u>

11. Staff and Sessional Workers

Total staff and sessional workers cost were £34,726.

The average number of payroll employees were 4.