

DALMAR HERITAGE AND FAMILY DEVELOPMENT

England & Wales · Charity number 1185551

Details

Other names	DALMAR
Status	Registered
Legal form	CIO
Registered	2019-09-30
Register	View on the Charity Commission register

Contact

Address	The Selby Centre Selby Road London N17 8JL
Phone	02080017904
Email	dalmarhfd@gmail.com
Website	www.dalmarhfd.co.uk

Activities

Objects: TO FURTHER OR BENEFIT THE RESIDENTS OF EALING, ENFIELD, HARINGEY AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION WITH THE OBJECTIVE OF IMPROVING THE CONDITIONS OF LIFE FOR THE RESIDENTS

Activities: Education , Health and Employability support for disadvantaged children and families

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Ealing
- Enfield
- Haringey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£116,668	£113,528	-	-
2024-03-31	£94,785	£84,430	-	-
2023-03-31	£81,551	£67,960	-	-
2022-03-31	£50,243	£64,214	-	-
2021-03-31	£0	£0	-	-

Trustees

Name	Role	Appointed
Nur Maye Osman		2019-09-03
RODA HUSSEIN		2019-09-03
Warsan Adan Siyad		2024-03-31

DALMAR HERITAGE AND FAMILY DEVELOPMENT

England & Wales - Charity number 1185551

Accounts

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Charity Incorporated Organisation (C.I.O)

Financial Statements

For the period ended

31st March 2025

Registered Charity No: 1185551

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2025

Principal address:

The Selby Centre
Selby Road
London
N17 8JL

Trustees/Committee Members:

MS WARSAN SIYAD
MS RODA HUSSEIN
MR NUR MAYE OSMAN

Project Manager and Contact:

MS SHAMSA ADAN

Governing document

The organisation is operated under the rules of its constitution.

Independent Examiner and Accountant:

TACTS Accountant
Chartered Certified Accountant
61 Fountains Crescent
London, N14 6BD

Bank:

Cashplus bank

DALMAR HERITAGE AND FAMILY DEVELOPMENT

FINANCIAL ACCOUNTS

FOR YEAR ENDED 31ST MARCH 2025

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DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2025

Annual Report

The committee are please to present the financial report for the period ended 31st March 2025, the first accounting period of the Charitable Incorporated Organisation.

Structure, Governance and management

Dalmar Heritage and Family Development is a charitable Incorporated Organisation (CIO), registered with the Charity Commission and governed by its constitution, dated 30th September 2019.

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

The affairs of the charity are managed on a day-to-day basis by the trustees, who may exercise all the powers of the CIO.

The trustees of served during the year are shown on page 2 of this report.

Appointment of Trustees

In accordance with the terms of the constitution, there must be at least three charity trustees. If the number falls below the minimum, the remaining trustees can act only to call a meeting of the trustees or appoint a new trustee.

The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Each new trustee is given a copy of the constitution and the latest trustees' annual report and accounts, on or before appointment.

Charitable Objects

TO FURTHER OR BENEFIT THE RESIDENTS OF EALING, ENFIELD, HARINGEY AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION.

Achievements

Dalmar Heritage and Family Development is proud to reflect on another year of growth, impact, and commitment to our community. Through a wide range of innovative and inclusive programs, we have supported children, families, and individuals in building stronger, healthier futures.

1. Supporting Families and Children with Learning Disabilities

Dalmar delivered weekly online sessions for Somali-speaking parents of children with learning disabilities. Led by a qualified Special Educational Needs (SEN) consultant, these sessions provided essential guidance, emotional support, and practical advice. Many parents reported feeling more confident engaging with schools, understanding their children's needs, and finding strength through community support.

2. Health Advocacy and Access

Partnering with The Bridge Renewal Trust and North Central London Integrated Care Board (NCL ICB), Dalmar provided targeted support to improve access to primary care:

- Assisted with GP registration, especially for unregistered or hesitant individuals
- Delivered one-to-one and group-based health guidance
- Facilitated community events in partnership with NHS professionals
- Promoted accurate information on vaccination and local health services
- Produced multilingual, culturally relevant health education materials

3. Promoting Digital and Seasonal Health Services

To reach vulnerable and underserved groups, Dalmar took part in health campaigns during the winter season. These efforts included:

- Raising awareness about NHS 111, warm hubs, and pharmacy consultations
- Encouraging use of the NHS App to streamline access to care and reduce system pressures

4. Tackling Health Inequalities

Our organisation held open conversations with community members to understand key challenges such as food insecurity and mental health stigma. We responded by signposting residents to local services that support wellbeing and encourage healthy lifestyles.

5. Community Empowerment and Co-Production

As a key partner in the Healthy Neighbourhoods Programme (Theme 1), Dalmar has worked to ensure that local voices shape the design and delivery of health services. Our participation has strengthened collaboration between voluntary, community, and statutory partners to meet the real needs of diverse and deprived communities.

6. Academic and Emotional Support for Children

Dalmar continued to offer essential academic and wellbeing support to children aged 1–18 and young people with special needs up to 25.

Programmes included:

- Academic tutoring and school-time assistance
- Emotional intelligence and resilience training
- Speech and language therapy with qualified specialists
- Extracurricular activities in arts, sports, and life skills

These services help young people build confidence, creativity, and strong social connections.

7. Advancing Social Enterprise for Long-Term Sustainability

This year, Dalmar has taken major steps to develop its social enterprise model. As a second-year participant in the School for Social Entrepreneurs (SSE), our organisation has strengthened its knowledge of social business strategies. We are working toward increasing income through trading activities while remaining true to our mission. This growth supports our long-term sustainability and allows us to expand services in a financially responsible way.

Conclusion

Dalmar remains deeply committed to delivering inclusive, compassionate, and forward-thinking services. We are thankful for the strong partnerships, dedicated supporters, and the trust placed in us by the communities we serve. With a solid foundation and a clear vision for the future, we will continue to grow our impact—empowering individuals, supporting families, and building a healthier, more connected society.

Reserves policy and going concern

The Board has assessed the charity's requirements for reserves in the light of the main risks to the organisation. As a result, the Board has approved a policy whereby the unrestricted funds not committed, should be held in reserve and maintained at a level which ensures that Dalmar's core activity could continue during a period of unforeseen difficulty. The target reserve amount represents at least 6 months' (26 weeks) expenditure and will be reviewed annually.

Risk management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity undertakes.
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

The Trustees constantly review risks relevant to the charity. Any risks identified are reported to the Trustees and decisions made on how to minimise risk.

Trustees and their responsibilities

Charity trustees are the people who serve on the governing body of a charity. They may be known as trustees, directors, board members, governors or committee members. The principles and main duties are the same in all cases.

Trustees have, and must accept, ultimate responsibility for directing the affairs of a charity, and ensuring that it is solvent, well-run, and meeting the needs for which it has been set up.

Our volunteers

Dalmar is very involved in the community and relies on voluntary help. Around 5 volunteers assisted with our on-going activities. We wish to thank our volunteers for their loyal support and contribution.

Future plan

The charity is planning to recruit more trustees to strengthen governance. We will continue to apply for funding to sustain the organisation activities.

We are participating in a scale-up program for social enterprise schools. These programs not only facilitate the growth of our educational initiatives but also pave the way for the development of additional social programs, such as sewing groups and reading groups, which hold potential for becoming successful social enterprises.

Signed on behalf of all members,



Mr Nur Osman

(Trustee)

Date: 09/07/2025

Independent examiner's report to the trustees of Dalmar Heritage and Family Development.

I report on the accounts of the Trust for the year ended 31st March 2025, which are set out on pages 8 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Tacts Accountant

Date: 09/07/2025

Chartered Certified Accountant
TACTS Accountant, 61 Fountains Crescent, London, N14 6BD

DALMAR HERITAGE AND FAMILY DEVELOPMENT
INCOME AND EXPENDITURE FOR THE PERIOD ENDING 31ST MARCH 2025

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Funds</u> <u>2025</u>	<u>Funds</u> <u>2024</u>
	£	£	£	£
<u>INCOMING RESOURCES</u>				
Income from Donation & contributions	23,939	-	23,939	25,289
Income from Charitable activities:				
Awards For All NLCF Fund	-	-	-	9,990
Compass Wellbeing	-	21,400	21,400	-
VRU Fund	-	11,080	11,080	14,178
ESC Big Lottery Fund- Sports England	-	-	-	9,470
Mayor Fund- Go London	-	10,725	10,725	-
Enfield Voluntary Action- Active Wellbeing	-	3,923	3,923	-
Heritage Project service	-	-	-	700
School For Social Enterprise Fund	-	11,080	11,080	3,742
VRU Mentoring service	-	-	-	200
The True Colours	-	5,720	5,720	-
Haringey Council	-	7,713	7,713	13,989
The Bridge Renewal Trusts	-	21,088	21,088	17,227
TOTAL INCOMING RESOURCES	23,939	92,729	116,668	94,785
<u>RESOURCES EXPENDED</u>				
Charitable Expenditure				
Sessional Workers & Staff Cost	6,528	57,407	63,935	55,011
Office and Venue Hire	2,128	4,964	7,092	6,531
Project activities	-	8,501	8,501	-
Training	-	109	109	-
Participants Cost	-	3,900	3,900	3,250
Administration costs	1,810	2,715	4,525	4,507
Activity materials and resources	-	5,747	5,747	4,670
Volunteer Expenses	-	1,395	1,395	771
Publicity	-	276	276	-
Transport and travel	360	-	360	360
Equipment & IT Expenses	-	3,260	3,260	512
Professional fees	-	1,622	1,622	685
Refreshments	3,232	2,155	5,387	1,481
Teachers and Consultancy	5,472	-	5,472	4,705
Depreciation	-	1,947	1,947	1,947
TOTAL RESOURCES EXPENDED	19,530	93,998	113,528	84,430
Net Incoming/Outgoing resources	4,409	(1,269)	3,141	10,355
FUNDS BROUGHT FORWARD	2,522	29,194	31,716	21,361
FUNDS CARRIED FORWARD	6,931	27,926	34,857	31,716

**DALMAR HERITAGE AND FAMILY DEVELOPMENT
BALANCE SHEET AS AT 31 MARCH 2025**

	Notes	£ <u>2025</u> £	£ <u>2024</u> £
Fixed Assets			
Tangible assets	(4)	1,949	3,896
Current Assets:			
Cash at Bank and In Hand		34,793	33,496
Current Liabilities:			
Creditors:			
Amount falling due within one year	(6)	1,885	5,676
 Net Assets		34,857	31,716
 As Represented By			
Unrestricted Fund		6,931	2,522
Restricted Fund	(5)	27,926	29,194
Total Funds		34,857	31,716

The accounts were approved by the Committee Members on 09/07/2025 and signed on their behalf by: -



.....

(Trustee)

Mr Nur Osman

5. Analysis of Restricted Fund

	Balance at 1st April 2024	Incoming resources	Outgoing resources	Balance at 31st March 2025
	£	£	£	£
Bridge Renewal Trust	7,492	21,088	28,580	-
Awards For All- NLCF Fund	4,932	-	4,932	-
Post Code Society	7,300	-	7,300	-
Enfield Voluntary Action	-	3,923	3,923	-
Mayor Fund- Go London	-	10,725	3,575	7,150
The True Colours	-	5,720	5,720	-
School for Social Enterprise/SSE	-	11,080	11,080	-
Compass Wellbeing	-	21,400	3,292	18,108
Haringey Council Fund	-	7,713	5,045	2,668
Big Lottery- Sports England	9,470	-	9,470	-
VRU Fund	-	11,080	11,080	-
	29,194	92,729	93,997	27,926

Purpose of Restricted Fund:

Awards for All: Women Sewing activities.

Postcode Society: Special Need children and family support.

Bridge Renewal Trust: Digital inclusion and health & wellbeing

VRU Fund: On-Line Safety awareness for young people and children.

National Lottery/Sports England: Physical activities for young people

Haringey Council: Holiday activities for children and young people.

School for Social Enterprise: Capacity building and organisational development.

Mayor Fund- Go London: Youth sports activities.

Compass Wellbeing: Special needs children support and their parents.

The True Colours: Parent's support with special needs children.

Enfield Voluntary Action: Health & Wellbeing.

6. CREDITORS (ACCRUALS)

	2025	2024
	£	£
Professional Fees	685	685
Third Party Fund	1,200	4,991
	1,885	5,676

7. The organisation has no debtors

8. Support and Governance cost

	General Support	Governance	Total
Administration Cost	4,525	-	4,525
Professional fees	-	685	685
Depreciation	1,947	-	1,947
	6,473	685	7,158

9. Staff and Sessional Workers

Total staff and sessional workers costs were £63,935 (2023-24, £55,011) of which £23,365 (2023-24, £18,631) were paid to employees on payroll.

There were 3 part-time employees on payroll and 8 self-employed workers.

Trustees are not remunerated.

10. Movement in Funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
At 1st April 2024	2,522	29,194	31,716
Surplus/(Deficit) for the year	4,409	(1,269)	3,141
At 31st March 2025	<u>6,931</u>	<u>27,926</u>	<u>34,857</u>

11. Net Assets between Funds

	Unrestricted funds	Restricted funds	Total Funds
	£	£	£
Fixed Assets	1,949	-	1,949
Current Assets	34,793	-	34,793
Current Liabilities	<u>1,885</u>	<u>-</u>	<u>1,885</u>
Net Assets as at 31st Mar 2025	<u>34,857</u>	<u>-</u>	<u>34,857</u>

DALMAR HERITAGE AND FAMILY DEVELOPMENT

England & Wales - Charity number 1185551

Accounts

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Charity Incorporated Organisation (C.I.O)

Financial Statements

For the period ended

31st March 2024

Registered Charity No: 1185551

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2024

Principal address:

The Selby Centre
Selby Road
London
N17 8JL

Trustees/Committee Members:

MS WARSAN SIYAD
MS RODA HUSSEIN
MR NUR MAYE OSMAN

Project Manager and Contact Person:

MS SHAMSA ADAN

Governing document

The organisation is operated under the rules of its constitution.

Independent Examiner and Accountant:

TACTS Accountant
Chartered Certified Accountant
61 Fountains Crescent
Southgate
London, N14 6BD

Bank:

Cashplus bank

DALMAR HERITAGE AND FAMILY DEVELOPMENT

FINANCIAL ACCOUNTS

FOR YEAR ENDED 31ST MARCH 2024

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DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2024

Annual Report

The committee are please to present the financial report for the period ended 31st March 2024, the first accounting period of the Charitable Incorporated Organisation.

Structure, Governance and management

Dalmar Heritage and Family Development is a charitable Incorporated Organisation (CIO), registered with the Charity Commission and governed by its constitution, dated 30th September 2019.

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

The affairs of the charity are managed on a day-to-day basis by the trustees, who may exercise all the powers of the CIO.

The trustees of served during the year are shown on page 2 of this report.

Appointment of Trustees

In accordance with the terms of the constitution, there must be at least three charity trustees. If the number falls below the minimum, the remaining trustees can act only to call a meeting of the trustees or appoint a new trustee.

The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Each new trustee is given a copy of the constitution and the latest trustees' annual report and accounts, on or before appointment.

Charitable Objects

TO FURTHER OR BENEFIT THE RESIDENTS OF EALING, ENFIELD, HARINGEY AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION.

Achievements

We've had a very successful year. Throughout this year, we've undertaken various projects and continued our health and wellbeing initiatives to engage and empower the local community, especially in Enfield, Haringey, and Ealing.

Haringey has a higher rate of Serious Mental Illness (SMI) compared to the London average. The Barnet, Enfield, and Haringey Mental Health Trust are developing and transforming their 'Core Community Service' offer to reflect local needs. We collaborate with the Bridge Renewal Trust and the Barnet, Enfield, and Haringey NHS Mental Health Trust to engage a wide range of Haringey residents from Black and Minority Ethnic communities, identifying how residents from different Haringey communities' access and experience community mental health services (including identifying any real and/or perceived access restrictions due to ethnicity, age, gender, etc.).

We conducted research questions, interviews, and workshops. We promoted and reached the target group using our networks to reach and recruit people with lived experience (current or past) of Severe Mental Illness or High-Moderate Mental Illness to participate in workshops, focus groups, or one-to-one feedback sessions, such as WhatsApp groups, social media, and existing group activities. We also organised mental health talks and coffee mornings, connecting with other grassroots groups and VCS organisations to help spread promotions.

We're continuing phase 2 of the Healthy Neighbourhoods Theme 1: Community Empowerment and Co-production project with Haringey Council and NHS NCL ICB, as well as the voluntary sector. We're implementing the Co-Production Toolkit and participating in the continued co-development and co-delivery of Healthy Neighbourhoods: Theme 1 by working with stakeholders to implement co-production and the toolkit at every level – VCS, resident, and statutory. We're also continuing VCS engagement/Community Protect by attending capacity building training sessions to strengthen the skills and expertise of our organisations.

We're continuing to support families this year through the Haringey Council support fund, reaching those most in need with food, energy, and water bills. Additionally, we're supporting the Council's local assistance welfare scheme, allowing households experiencing financial hardship to apply for financial support.

We propose establishing a baby and toddler playgroup specifically catering to parents from the Somali community, some of whom may not be proficient in English. The playgroup will focus on children aged 1 to 4 years. We've established a weekly playgroup session at the Selby Centre with planned activities such as a sandpit, painting, playdough, toys, and more.

We've also organised a programme of monthly parent talk workshops to educate parents on the wellbeing of their children, covering topics such as introducing solids, autism awareness, and the importance of vaccination. As part of Dalmar's activities, we run regular programmes and events with qualified staff focusing on themes of diet, healthy lifestyles, and exercise. We also run a support group and a WhatsApp group where women can share healthy recipes and provide peer support for improving their family's diet and exercise routines.

For Dalmar's Trusted Voices grant, we've provided additional support to the local Somali community through increased targeted health messaging to raise awareness about diabetes, high blood pressure, obesity, the physical benefits of healthy eating and exercising, and how to look after their mental health and access health services. This will result in improved health and wellbeing and improved aspirations within the Somali community, empowering beneficiaries to engage with service providers.

We've organised a weekly walking group session in the park with a walking leader trained from the community, as well as a programme of weekly Health Talk sessions to improve health behaviour, diet, and learn how to manage co-morbidities and chronic conditions, including heart health, diabetes, and mental health, funded by the NHS. This project has increased knowledge, understanding, and changes in behaviour relating to wellbeing and reduced certain stress and anxiety-related subject areas. The aim is for women to connect, get active, and learn to improve mental/physical health and wellbeing. Engaging in group sessions will also improve motivation, increase social contact, engage new learning, and reduce loneliness and isolation. This project provides a space to share experiences and for the group to support each other. Health and wellbeing are considered a whole-family affair. The objective of this project also focuses on preventative measures such as healthy eating, wellbeing, healthy development and function, exercise, heart health, and diabetes. Early interventions can improve outcomes across all generations in the family.

We've conducted this very successful project with funding from the Postcode Society Trust, supporting Somali families with children with learning disabilities, particularly Autism. Parents of children with communication difficulties have been able to undertake the Makaton language system training course online from home so they can help their children to communicate. Parents receive advice on understanding SEN conditions and working with schools, local authorities, and healthcare providers to ensure their needs are met. Families receive individual assessments to identify the most appropriate technology to support their children in everyday life. We've also organised appropriate activities such as arts & crafts or games for SEN children and their siblings, facilitated the development of peer support networks, and overseen a WhatsApp group.

We aim to expand our presence in more Ofsted registered settings, where we provide supplementary education, and enhance childcare income to ensure future sustainability. As part of this endeavour, we are participating in a scale-up program for social enterprise schools. These programs not only facilitate the growth of our educational initiatives but also pave the way for the development of additional social programs, such as sewing groups and reading groups, which hold potential for becoming successful social enterprises.

Reserves policy and going concern

The Board has assessed the charity's requirements for reserves in the light of the main risks to the organisation. As a result, the Board has approved a policy whereby the unrestricted funds not committed, should be held in reserve and maintained at a level which ensures that Dalmar's core activity could continue during a period of unforeseen difficulty. The target reserve amount represents at least 6 months' (26 weeks) expenditure and will be reviewed annually.

Risk management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity undertakes.
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

The Trustees constantly review risks relevant to the charity. Any risks identified are reported to the Trustees and decisions made on how to minimise risk.

Trustees and their responsibilities

Charity trustees are the people who serve on the governing body of a charity. They may be known as trustees, directors, board members, governors or committee members. The principles and main duties are the same in all cases.

Trustees have, and must accept, ultimate responsibility for directing the affairs of a charity, and ensuring that it is solvent, well-run, and meeting the needs for which it has been set up.

Our volunteers

Dalmar is very involved in the community and relies on voluntary help. Around 2 volunteers assisted with our on-going activities. We wish to thank our volunteers for their loyal support and contribution.

Future plan

The charity has now been operational. The company set-up previously under the same name will be closed and now merged into the charity to continue its charitable operations. The charity is planning to recruit more trustees to strengthen governance. We will continue to apply for funding to sustain the organisation activities.

Signed on behalf of all members,



Mr Nur Osman

(Trustee)

Date: 15/04/2024

Independent examiner's report to the trustees of Dalmar Heritage and Family Development.

I report on the accounts of the Trust for the year ended 31st March 2024, which are set out on pages 8 to 12.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: 15/04/2024

Chartered Certified Accountant
TACTS Accountant, 61 Fountains Crescent, London, N14 6BD

DALMAR HERITAGE AND FAMILY DEVELOPMENT
INCOME AND EXPENDITURE FOR THE PERIOD ENDING 31ST MARCH 2024

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Funds</u>	<u>Funds</u>
	<u>Funds</u>	<u>Funds</u>	<u>2024</u>	<u>2023</u>
<u>INCOMING RESOURCES</u>	£	£	£	£
Income from Donation & contributions	25,289	-	25,289	7,637
Income from Charitable activities:				
Awards For All / NLCF Fund	-	9,990	9,990	9,890
Women's Resource CE	-	-	-	1,000
VRU Fund	-	14,178	14,178	-
Big Lottery Fund- Sports England	-	9,470	9,470	-
Post Code Society	-	-	-	24,930
Enfield Voluntary Action	-	-	-	10,227
Services	900	-	900	-
School For Social Fund	3,742	-	3,742	4,533
Selby Trust	-	-	-	3,975
Haringey Council	-	13,989	13,989	11,394
The Bridge Renewal Trust	7,245	9,982	17,227	7,964
TOTAL INCOMING RESOURCES	37,176	57,609	94,785	81,551
<u>RESOURCES EXPENDED</u>				
Charitable Expenditure				
Sessional Workers & Staff Cost	26,231	28,780	55,011	34,726
Office and Venue Hire	2,612	3,919	6,531	4,941
Training	-	-	-	307
Participants Cost	-	3,250	3,250	4,250
Administration costs	1,244	3,263	4,507	5,248
Activity materials and resources	-	4,670	4,670	3,197
Volunteer Expenses	-	771	771	5,126
Transport and Travel	360	-	360	240
Equipment	-	512	512	1,866
Professional fees	685	-	685	1,530
Refreshments	-	1,481	1,481	790
Teachers and Consultancy	4,705	-	4,705	4,468
Depreciation	-	1,947	1,947	1,270
TOTAL RESOURCES EXPENDED	35,837	48,593	84,430	67,960
Net Incoming/Outgoing resources	1,339	9,016	10,355	13,591
FUNDS BROUGHT FORWARD	1,183	20,178	21,361	7,770
FUNDS CARRIED FORWARD	2,522	29,194	31,716	21,361

**DALMAR HERITAGE AND FAMILY DEVELOPMENT
BALANCE SHEET AS AT 31 MARCH 2024**

	Notes	£ <u>2024</u>	£ <u>2023</u>
Fixed Assets			
Tangible assets	(4)	3,896	-
Current Assets:			
Cash at Bank and In Hand		33,496	22,046
Current Liabilities:			
Creditors:			
Amount falling due within one year	(6)	5,676	685
Net Assets		<u><u>31,716</u></u>	<u><u>21,361</u></u>
As Represented By			
Unrestricted Fund		2,522	1,183
Restricted Fund	(5)	29,194	20,178
Total Funds		<u><u>31,716</u></u>	<u><u>21,361</u></u>

The accounts were approved by the Committee Members on 15/04/2024 and signed on their behalf by: -



(Trustee)

Mr Nur Osman

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2024

Notes to the accounts

1. Accounting Basis

These accounts are prepared under the historical cost convention. The financial statements have also been prepared and modified to include the revaluation of certain fixed assets and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2008).

2. Incoming resources

All incoming resources are included in the Income and Expenditure when the company is legally entitled to the income and the amount can be quantified with reasonable accuracy.

3. Resource Expended

All expenditure is accounted for on an accrual basis and has been included under expenses categories that aggregate all costs for allocation to activities.

4. Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided to write off the cost, of all fixed assets over their expected useful life as follows: -

Equipment & Machinery - 33.33% straight line

	Equipment & Machinery	Total
Cost		
At Cost	5,843	5,843
Carried Forward	5,843	5,843
Depreciation		
Brought forward	-	-
Charge for the year	1,947	1,947
Carried Forward	1,947	1,947
Net Book Value		
At March 2024	3,896	3,896
At March 2023	-	-

DALMAR HERITAGE AND FAMILY DEVELOPMENT
For the Year Ended 31st March 2024
(Notes to the account)

5. Analysis of Restricted Fund

	Balance at 1st April 2023	Incoming resources	Outgoing resources	Balance at 31st March 2024
	£	£	£	£
Bridge Renewal Trust- Stay & Play	-	4,982	2,490	2,492
Bridge Renewal Trust- Change lives	-	5,000	-	5,000
Awards For All- NLCF Fund	-	9,990	5,058	4,932
Post Code Society	12,459	-	5,159	7,300
Enfield Voluntary Action	7,719	-	7,719	-
Haringey Council Fund	-	13,989	13,989	-
Big Lottery- Sports England	-	9,470	-	9,470
VRU Fund	-	14,178	14,178	-
	20,178	57,609	48,593	29,194

Purpose of Restricted Fund:

Awards for All: Women Sewing activities.

Postcode Society: Special Need children and family support.

City Bridge Renewal Trust: Change Lives Fund and Stay & Play activities for toddlers

VRU Fund: On-Line Safety awareness for young people and children.

National Lottery/Sports England: Physical activities for young people

Haringey Council: Cost of living support for low-income families

6. CREDITORS (ACCRUALS)

	2024	2023
	£	£
Professional Fees	685	685
Third Party Fund	4,991	4,991
	5,676	5,676

7. The organisation has no debtors

8. Support and Governance cost

	General Support	Governance	Total
Administration Cost	4,507	-	4,507
Professional fees	-	685	685
Depreciation	1,947	-	1,947
	6,455	685	7,140

9. Staff and Sessional Workers

Total staff and sessional workers costs were £55,011 of which £18,631 were paid to employees on payroll.

There were 4 part-time employees on payroll and 8 self-employed workers.

Trustees are not remunerated.

DALMAR HERITAGE AND FAMILY DEVELOPMENT

England & Wales - Charity number 1185551

Accounts

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Charity Incorporated Organisation (C.I.O)

Financial Statements

For the period ended

31st March 2023

Registered Charity No: 1185551

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2023

Principal address:

The Selby Centre
Selby Road
London
N17 8JL

Committee Members:

MS SHAMSA ADAN
MS RODA HUSSEIN
MS NUR MAYE OSMAN

Governing document

The organisation is operated under the rules of its constitution.

Independent Examiner and Accountant:

TACTS Accountant
Chartered Certified Accountant
61 Fountains Crescent
Southgate
London, N14 6BD

Bank:

Cashplus bank

DALMAR HERITAGE AND FAMILY DEVELOPMENT

FINANCIAL ACCOUNTS

FOR YEAR ENDED 31ST MARCH 2023

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8. Independent Examiners Report

9. Statement of Financial Activities

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DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2023

Annual Report

The committee are please to present the financial report for the period ended 31st March 2023, the first accounting period of the Charitable Incorporated Organisation.

Structure, Governance and management

Dalmar Heritage and Family Development is a charitable Incorporated Organisation (CIO), registered with the Charity Commission and governed by its constitution, dated 30th September 2019.

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

The affairs of the charity are managed on a day-to-day basis by the trustees, who may exercise all the powers of the CIO.

The trustees of served during the year are shown on page 2 of this report.

Appointment of Trustees

In accordance with the terms of the constitution, there must be at least three charity trustees. If the number falls below the minimum, the remaining trustees can act only to call a meeting of the trustees or appoint a new trustee.

The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Each new trustee is given a copy of the constitution and the latest trustees' annual report and accounts, on or before appointment.

Charitable Objects

TO FURTHER OR BENEFIT THE RESIDENTS OF EALING, ENFIELD, HARINGEY AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION.

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2023

Achievements

We had a very successful year. This year, we carried out different projects and continued health and wellbeing initiatives to engage and empower locals, particularly women and children. In Enfield and Haringey, we offered workshops to the Somali community in an effort to lower obesity, type 2 diabetes, and high blood pressure. We worked on community projects addressing the stigmatising effects of mental illness, and we also published a book about raising awareness and providing information about mental health. We translated this into English and Somali, where they can get help.

We worked this year with VCS engagement led to co-develop a framework (or 'tool kit') that outlines why co-production is necessary what it involves, who needs to be involved in service design and delivery, how it can be implemented, and what support needs to be available for service providers

We helped develop this tool kit together We attend 'my health, my life: co-production' Workshops Voluntary and Community Sector Forum:

The VCS Forum was a monthly meeting that brings together local community organisations and statutory partners such as Haringey Council and the NHS to discuss important topics for our communities.

This year Dalmar was part of Peer Researchers based in each of the six VCS Partners worked alongside the Community Researcher to:
co-design the research approach and tools; mobilise and bring targeted communities to participate in the research so they can raise issues which matter to them and set outcomes which are meaningful for their lives; facilitate/co-facilitate interviews and focus groups with participants; and collaborate with and amplify the voice of local communities who experience high inequalities (in reach, access, outcomes or experiences).

we held sewing classes and coffee mornings for these families with special needs children, giving priority to the parents of these kids. The parents got together to participate in crafts, learn how to sew, enjoy refreshments, and talk about their kids. They were able to discuss what had worked and hadn't for them in terms of supporting their children with special needs and share their own experiences in the process. The parents found it to be extremely helpful to be in this setting with other parents who are going through similar experiences. The older mothers would give younger mothers their more mature perspective by sharing their perspective. Additionally, we had one-on-one conversations with distressed parents who required a private space to discuss their circumstances and required support.

Most parents who participated in sewing activities progressed from never having touched a sewing machine to being able to operate the machine independently, cut and measure materials, and even make their own items. Three different dress designs, children's pyjamas, and two different pillowcase designs with attaching buttons were included. We got involved with the community because there are a lot of Somali families with kids who have learning disabilities. Down syndrome, autism, dyslexia, ADHD, and emotional behavioural disorders are examples. We spoke with a large number of parents who are concerned about their children who attend both mainstream and special needs schools.

We work with children to have different physical activity like Boxing club
Our target group has a lack of activity due to barriers which relate to their circumstances.

This project was able the young people to be active while hanging with friends and meeting new ones, which will also make it as fun as possible for them and children had a positive attitude to sport and physical activity, and feel confident in their life
They make friends and feel less isolated

Have positive mental attitudes to the future and feel more self-confident
Develop habits of exercise and they increase their levels of physical fitness.

Reserves policy and going concern

The Board has assessed the charity's requirements for reserves in the light of the main risks to the organisation. As a result, the Board has approved a policy whereby the unrestricted funds not committed, should be held in reserve and maintained at a level which ensures that Dalmar's core activity could continue during a period of unforeseen difficulty. The target reserve amount represents at least 6 months' (26 weeks) expenditure and will be reviewed annually.

Risk management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity undertakes.
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

The Trustees constantly review risks relevant to the charity. Any risks identified are reported to the Trustees and decisions made on how to minimise risk.

Trustees and their responsibilities

Charity trustees are the people who serve on the governing body of a charity. They may be known as trustees, directors, board members, governors or committee members. The principles and main duties are the same in all cases.

Trustees have, and must accept, ultimate responsibility for directing the affairs of a charity, and ensuring that it is solvent, well-run, and meeting the needs for which it has been set up.

Our volunteers

Dalmar is very involved in the community and relies on voluntary help. Around 4 volunteers assisted with our on-going activities. We wish to thank our volunteers for their loyal support and contribution.

Future plan

The charity has now been operational. The company set-up previously under the same name will be closed and now merged into the charity to continue its charitable operations. The charity is planning to recruit more trustees to strengthen governance. We will continue to apply for funding to sustain the organisation activities.

Signed on behalf of all members,

Ms Shamsa Adan

(Trustee)

Date: 16/10/2023

Independent examiner's report to the trustees of Dalmar Heritage and Family Development.

I report on the accounts of the Trust for the year ended 31st March 2023, which are set out on pages 8 to 12.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 16/10/2023

Chartered Certified Accountant
TACTS Accountant, 61 Fountains Crescent, London, N14 6BD

DALMAR HERITAGE AND FAMILY DEVELOPMENT
INCOME AND EXPENDITURE FOR THE PERIOD ENDING 31ST MARCH 2023

	<u>Unrestricted</u> <u>Funds</u> £	<u>Restricted</u> <u>Funds</u> £	<u>Funds</u> <u>2023</u> £	<u>Funds</u> <u>2022</u> £
<u>INCOMING RESOURCES</u>				
Donations and legacies:				
Awards For All	-	9,890	9,890	-
Women's Resource CE	-	1,000	1,000	4,000
Post Code Society	-	24,930	24,930	-
Enfield Voluntary Action	-	10,227	10,227	5,000
Income from charitable activities:				
Parent's Voluntary Contributions	7,637	-	7,637	19,769
London Borough of Enfield	-	-	-	4,539
School For Social Fund	4,533	-	4,533	5,500
London Catalyst	-	-	-	2,000
HAF & Child Care	-	-	-	2,300
Selby Trust	3,975	-	3,975	-
Haringey Council	11,394	-	11,394	-
The Bridge Renewal Trusts	7,964	-	7,964	7,135
TOTAL INCOMING RESOURCES	35,504	46,047	81,551	50,243
<u>RESOURCES EXPENDED</u>				
Charitable Expenditure				
Sessional Workers & Staff Cost	25,175	9,551	34,726	36,443
Office and Venue Hire	2,467	2,474	4,941	6,927
Training	-	307	307	-
Participants Cost	-	4,250	4,250	-
Ofsted & DBS	500	114	614	742
Administration costs	4,232	1,016	5,248	4,432
Activity materials and resources	-	2,583	2,583	3,145
Volunteer Expenses	2,479	2,647	5,126	2,498
Transport and Travel	-	240	240	1,162
Equipment	-	1,866	1,866	2,543
Professional fees	1,000	530	1,530	827
Refreshments	500	290	790	752
Teachers and Consultancy	4,468	-	4,468	3,477
Depreciation	1,270	-	1,270	1,265
TOTAL RESOURCES EXPENDED	42,091	25,869	67,960	64,214
Net Incoming/Outgoing resources	(6,587)	20,178	13,591	(13,971)
FUNDS BROUGHT FORWARD	7,770	-	7,770	21,741
FUNDS CARRIED FORWARD	1,183	20,178	21,361	7,770

**DALMAR HERITAGE AND FAMILY DEVELOPMENT
BALANCE SHEET AS AT 31 MARCH 2023**

	Notes	<u>£</u> <u>2023</u>	<u>£</u> <u>2022</u>
Fixed Assets			
Tangible assets	(9)	-	1,270
Current Assets:			
Cash at Bank and In Hand		22,046	7,185
Current Liabilities:			
Creditors:			
Amount falling due within one year	(7)	685	685
Net Assets		21,361	7,770
As Represented By			
Unrestricted Fund		1,183	7,770
Restricted Fund	(5)	20,178	-
Total Funds		21,361	7,770

The accounts were approved by the Committee Members on 16/10/2023
and signed on their behalf by: -

.....

(Trustee)

Ms Shamsa Adan

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2023

Notes to the accounts

1. Accounting Basis

These accounts are prepared under the historical cost convention. The financial statements have also been prepared and modified to include the revaluation of certain fixed assets and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2008).

2. Incoming resources

All incoming resources are included in the Income and Expenditure when the company is legally entitled to the income and the amount can be quantified with reasonable accuracy.

3. Resource Expendable

All expenditure is accounted for on an accrual basis and has been included under expenses categories that aggregate all costs for allocation to activities.

4. Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided to write off the cost, of all fixed assets over their expected useful life as follows: -

Machinery - 33.33% straight line

5. Analysis of Restricted Fund

	Balance at 1st April 2022	Incoming resources	Outgoing resources	Balance at 31st March 2023
	£	£	£	£
Women's Resource CE	-	1,000	1,000	-
Awards For All	-	9,890	9,890	-
Post Code Society	-	24,930	12,471	12,459
Enfield Voluntary Action	-	10,227	2,508	7,719
	-	46,047	18,834	20,178

Purpose of Restricted Fund:

Awards for All: Special need health and wellbeing support.

Postcode Society: Special Need children and family support.

Women's Resource CE: Education and Wellbeing

Enfield Voluntary Action: Communication and information.

**DALMAR HERITAGE AND FAMILY DEVELOPMENT:
For the Year Ended 31st March 2023**

6. Dalmar Heritage and Family Project is a registered charitable incorporated Organisation with charity commission.

7. CREDITORS (ACCRUALS)

	2023	2022
	£	£
Accruals and other creditors	685	685
	<u>685</u>	<u>685</u>

8. Debtors

The organisation has no debtors

9. Tangible Fixed Assets

	<u>Machinery</u>	<u>Total</u>
Cost	£	£
At Cost	3,800	3,800
	<u>3,800</u>	<u>3,800</u>
Carried Forward	<u>3,800</u>	<u>3,800</u>
Depreciation		
Brought forward	2,530	2,530
Charge for the year	1,270	1,270
Carried Forward	<u>3,800</u>	<u>3,800</u>
Net Book Value		
At March 2023	<u>-</u>	<u>-</u>
At March 2022	<u>1,270</u>	<u>1,270</u>

10. Support and Governance cost

	General Support	Governance	Total
Administration Cost	5,248	-	5,248
Professional fees	-	685	685
Depreciation	1,270	-	1,270
	<u>6,518</u>	<u>685</u>	<u>7,203</u>

11. Staff and Sessional Workers

Total staff and sessional workers cost were £34,726.

The average number of payroll employees were 4.

DALMAR HERITAGE AND FAMILY DEVELOPMENT

England & Wales - Charity number 1185551

Accounts

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Charity Incorporated Organisation (C.I.O)

Financial Statements

For the period ended

31st March 2022

Registered Charity No: 1185551

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2022

Principal address:

The Selby Centre
Selby Road
London
N17 8JL

Committee Members:

MS SHAMSA ADAN
MS RODA HUSSEIN
MS NUR MAYE OSMAN

Governing document

The organisation is operated under the rules of its constitution.

Independent Examiner and Accountant:

TACTS Accountant
Chartered Certified Accountant
61 Fountains Crescent
Southgate
London, N14 6BD

Bank:

Cashplus bank

DALMAR HERITAGE AND FAMILY DEVELOPMENT

FINANCIAL ACCOUNTS

FOR YEAR ENDED 31ST MARCH 2022

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- 7. Independent Examiners Report**
- 8. Statement of Financial Activities**
- 9. Balance Sheet**
- 10-12. Notes to the Accounts**

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2022

Annual Report

The committee are please to present the financial report for the period ended 31st March 2022, the first accounting period of the Charitable Incorporated Organisation.

Structure, Governance and management

Dalmar Heritage and Family Development is a charitable Incorporated Organisation (CIO), registered with the Charity Commission and governed by its constitution, dated 30th September 2019.

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

The affairs of the charity are managed on a day-to-day basis by the trustees, who may exercise all the powers of the CIO.

The trustees of served during the year are shown on page 2 of this report.

Appointment of Trustees

In accordance with the terms of the constitution, there must be at least three charity trustees. If the number falls below the minimum, the remaining trustees can act only to call a meeting of the trustees or appoint a new trustee.

The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Each new trustee is given a copy of the constitution and the latest trustees' annual report and accounts, on or before appointment.

Charitable Objects

TO FURTHER OR BENEFIT THE RESIDENTS OF EALING, ENFIELD, HARINGEY AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION.

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2022

Achievements

Although it was difficult, we had a successful and very busy year. As the pandemic hit, we completed many projects to do with mental health and well-being. Such as the following. We held a general talk and discussion about how important the vaccine is for adults and children; we shared a poster for our beneficiaries concerning the topic and we also used our WhatsApp group to share the poster. We also reached a wider audience online and at zoom meetings.

Dalmar has worked a partnership with The Bridge Renewal Trust and supported North Central London CCG's engagement and community outreach work to help NCL residents stay healthy.

We did a healthy eating workshop which the purpose of was to provide activities to reduce obesity, type2 diabetes and high blood pressure in the Somali community in Enfield, Haringey and Ealing. We held weekly culturally accessible exercise classes for the Women in Enfield and Haringey. We ran a healthy lifestyle project that engages with the local community who visit Selby Center in Tottenham. We did projects surrounding the negative stigma attached to mental health by our community and we published a book about mental health awareness and information where they can get help, we translated this in English and Somali. We Did Sport activities to keep young individuals fit and occupied with structured exercise and sport.

The sessions provided warm up games, football coaching and football games. Our community loves verbal communication and it is just as important to us that a library can become a space where verbal skill can be practiced as well as reading skills and the ability to collect books. So, we have done both things. This year we focused our audience on two different groups. Firstly, there were women who were born in Somalia who do not have confidence with reading in English. Secondly there is a younger generation of Somali women born in Europe, who had not before read their mother tongue. We succeeded in combining the two groups, both groups increased confidence. We are very proud that female readers transformed and evolved into confident writers and speakers so much so that some of our members dared to write books of their own because of our meetings. This year is the first time we created the Dalmar Library containing books that we publish ourselves or discovered through our reading groups and cultural events. We have so far held three community meetings to discuss the project and received support from a cross section of the diaspora in different parts of the UK. Ten Somali diaspora authors have promised to give us a copy of every book they write.

Dalmar Heritage and Family Development Company have now merged with the Charity CIO set-up under the same name and assets and liabilities transferred to the charity. The board has passed on a resolution to now close the company with companies' house. The organisation will stay operational under the CIO structure.

We give thanks to all the funders, staffs & volunteers who supported us this year.

Reserves policy and going concern

The Board has assessed the charity's requirements for reserves in the light of the main risks to the organisation. As a result, the Board has approved a policy whereby the unrestricted funds not committed, should be held in reserve and maintained at a level which ensures that Dalmar's core activity could continue during a period of unforeseen difficulty. The target reserve amount represents at least 6 months' (26 weeks) expenditure and will be reviewed annually.

Risk management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity undertakes.
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

The Trustees constantly review risks relevant to the charity. Any risks identified are reported to the Trustees and decisions made on how to minimise risk.

Trustees and their responsibilities

Charity trustees are the people who serve on the governing body of a charity. They may be known as trustees, directors, board members, governors or committee members. The principles and main duties are the same in all cases.

Trustees have, and must accept, ultimate responsibility for directing the affairs of a charity, and ensuring that it is solvent, well-run, and meeting the needs for which it has been set up.

Our volunteers

Dalmar is very involved in the community and relies on voluntary help. Around 4 volunteers assisted with our on-going activities. We wish to thank our volunteers for their loyal support and contribution.

Future plan

The charity has now been operational. The company set-up previously under the same name will be closed and now merged into the charity to continue its charitable operations. The charity is planning to recruit more trustees to strengthen governance. We will continue to apply for funding to sustain the organisation activities.

Signed on behalf of all members,

Ms Shamsa Adan

(Trustee)

Date: 10/06/2022

Independent examiner's report to the trustees of Dalmar Heritage and Family Development.

I report on the accounts of the Trust for the year ended 31st March 2022, which are set out on pages 8 to 12.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 10/06/2022

Chartered Certified Accountant
TACTS Accountant, 61 Fountains Crescent, London, N14 6BD

DALMAR HERITAGE AND FAMILY DEVELOPMENT
INCOME AND EXPENDITURE FOR THE PERIOD ENDING 31ST MARCH 2022

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Funds</u>	<u>Funds</u>
	<u>Funds</u>	<u>Funds</u>	<u>2022</u>	<u>2021</u>
	£	£	£	£
<u>INCOMING RESOURCES</u>				
Grant to provide charitable activities				
Awards For All	-	-	-	9,280
Women's Resource CE	-	4,000	4,000	-
Big Issue Invest	-	-	-	10,400
Power to Change	-	-	-	9,225
Covid-19 Response	-	-	-	12,340
Enfield Voluntary Action	-	5,000	5,000	1,000
Income from generated funds:				
Parent's Voluntary Contributions	19,769	-	19,769	10,982
London Borough of Enfield	4,539	-	4,539	-
School For Social Fund	5,500	-	5,500	-
London Catalyst	2,000	-	2,000	-
HAF & Child Care	2,300	-	2,300	-
Local Connect Fund	-	-	-	2,500
Worker's Educational Association	-	-	-	1,000
Haringey Council	-	-	-	13,000
The Bridge Renewal Trusts	7,135	-	7,135	1,000
Other Income	-	-	-	4,343
TOTAL INCOMING RESOURCES	41,243	9,000	50,243	75,070
<u>RESOURCES EXPENDED</u>				
Charitable Expenditure				
Sessional Workers & Staff Cost	24,087	12,357	36,443	35,656
Office and Venue Hire	4,049	2,878	6,927	6,383
Ofsted & DBS	742	-	742	203
Administration costs	3,750	682	4,432	2,585
Activity materials and resources	2,321	824	3,145	1,305
Volunteer Expenses	1,972	526	2,498	2,558
Transport and Travel	1,162	-	1,162	1,170
Equipment	1,443	1,100	2,543	755
Professional fees	827	-	827	1,120
Refreshments	285	467	752	90
Teachers and Consultancy	3,477	-	3,477	1,200
Depreciation	1,265	-	1,265	1,265
TOTAL RESOURCES EXPENDED	45,380	18,834	64,214	54,290
Net Incoming/Outgoing resources	(4,137)	(9,834)	(13,971)	20,780
FUNDS BROUGHT FORWARD	11,907	9,834	21,741	961
FUNDS CARRIED FORWARD	7,770	-	7,770	21,741

DALMAR HERITAGE AND FAMILY DEVELOPMENT
BALANCE SHEET AS AT 31 MARCH 2022

	Notes	£ <u>2022</u>	£ <u>2021</u>
Fixed Assets			
Tangible assets	(9)	1,270	2,535
Current Assets:			
Cash at Bank and In Hand		7,185	19,756
Current Liabilities:			
Creditors:			
Amount falling due within one year	(7)	685	550
Net Assets		<u><u>7,770</u></u>	<u><u>21,741</u></u>
As Represented By			
Unrestricted Fund		7,770	11,907
Restricted Fund	(5)	-	9,834
Total Funds		<u><u>7,770</u></u>	<u><u>21,741</u></u>

The accounts were approved by the Committee Members on 10/06/2022
and signed on their behalf by: -

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(Trustee)

Ms Shamsa Adan

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2022

Notes to the accounts

1. Accounting Basis

These accounts are prepared under the historical cost convention. The financial statements have also been prepared and modified to include the revaluation of certain fixed assets and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2008).

2. Incoming resources

All incoming resources are included in the Income and Expenditure when the company is legally entitled to the income and the amount can be quantified with reasonable accuracy.

3. Resource Expendable

All expenditure is accounted for on an accrual basis and has been included under expenses categories that aggregate all costs for allocation to activities.

4. Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided to write off the cost, of all fixed assets over their expected useful life as follows: -

Machinery - 33.33% straight line

5. Analysis of Restricted Fund

	Balance at 1st April 2021	Incoming resources	Outgoing resources	Balance at 31st March 2022
	£	£	£	£
Women's Resource CE	-	4,000	4,000	-
Awards For All	8,020	-	8,020	-
Big Issue Invest	1,135	-	1,135	-
Enfield Voluntary Action	679	5,000	5,679	-
	9,834	9,000	18,834	-

Purpose of Restricted Fund:

Awards for All: Mental health and wellbeing.

Big Issue Invest: Business and social enterprise support and adaptation.

Women's Resource CE: Education and Wellbeing

Enfield Voluntary Action: Health and Wellbeing.

**DALMAR HERITAGE AND FAMILY DEVELOPMENT:
For the Year Ended 31st March 2022**

6. Dalmar Heritage and Family Project is a registered charitable incorporated Organisation with charity commission.

7. CREDITORS (ACCRUALS)

	2022	2021
	£	£
Accruals and other creditors	685	400
	<u>685</u>	<u>400</u>

8. Debtors

The organisation has no debtors

9. Tangible Fixed Assets

	<u>Machinery</u>	<u>Total</u>
Cost		
At Cost	3,800	3,800
Carried Forward	<u>3,800</u>	<u>3,800</u>
Depreciation		
Brought forward	1,265	1,265
Charge for the year	<u>1,265</u>	<u>1,265</u>
Carried Forward	<u>2,530</u>	<u>2,530</u>
Net Book Value		
At March 2022	<u>1,270</u>	<u>1,270</u>
At March 2021	<u>2,535</u>	<u>2,535</u>

10. Support and Governance cost

	General Support	Governance	Total
Administration Cost	4,432	-	4,432
Professional fees	-	685	685
Depreciation	<u>1,265</u>	-	<u>1,265</u>
	<u>5,697</u>	<u>685</u>	<u>6,382</u>

11. Staff and Sessional Workers

Total staff and sessional workers cost were £36,443.

The average number of employees was 4.

DALMAR HERITAGE AND FAMILY DEVELOPMENT

England & Wales - Charity number 1185551

Accounts

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Charity Incorporated Organisation (C.I.O)

Financial Statements

For the period ended

31st March 2021

Registered Charity No: 1185551

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2021

Principal address:

The Selby Centre
Selby Road
London
N17 8JL

Committee Members:

MS SHAMSA ADAN
MS RODA HUSSEIN
MS NUR MAYE OSMAN

Governing document

The organisation is operated under the rules of its constitution.

DALMAR HERITAGE AND FAMILY DEVELOPMENT

FINANCIAL ACCOUNTS

FOR YEAR ENDED 31ST MARCH 2021

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- 4-5. Trustees Report**
- 6. Receipts and Payments Account**
- 7. Statement of assets and liabilities**
- 8. Notes to the Accounts**

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2021

Annual Report

The committee are please to present the financial report for the period ended 31st March 2021, the first accounting period of the Charitable Incorporated Organisation.

Structure, Governance and management

Dalmar Heritage and Family Development is a charitable Incorporated Organisation (CIO), registered with the Charity Commission and governed by its constitution, dated 30th September 2019.

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

The affairs of the charity are managed on a day-to-day basis by the trustees, who may exercise all the powers of the CIO.

The trustees of served during the year are shown on page 2 of this report.

Appointment of Trustees

In accordance with the terms of the constitution, there must be at least three charity trustees. If the number falls below the minimum, the remaining trustees can act only to call a meeting of the trustees or appoint a new trustee.

The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Each new trustee is given a copy of the constitution and the latest trustees' annual report and accounts, on or before appointment.

Charitable Objects

TO FURTHER OR BENEFIT THE RESIDENTS OF EALING, ENFIELD, HARINGEY AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION.

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2021

Achievements

The organisation has not done any activities, as they are still in the process of opening a bank account.

The trustee is planning their strategy on what services will be delivered and how it will be supported.

The charity is still dormant and has not done any activities due to the COVID pandemic and not able to open a bank account in this financial year.

Future plan

The charity has now opened a bank account and will be in operational in the forthcoming year. The company set-up previously under the same name will be closed and merged into the charity to continue its charitable operations.

Signed on behalf of all members,

Ms Shamsa Adan

Dalmar Heritage and Family Development
Receipt and Payment Account for the period ended 31st March 2021

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>Funds</u> <u>2021</u>
<u>INCOMING RESOURCES</u>			
Grants	0	0	0
Other Income	0	0	0
TOTAL INCOMING RESOURCES	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>
<u>RESOURCES EXPENDED</u>			
Charitable Expenditure	0	0	0
Fundraising Expenses	0	0	0
TOTAL RESOURCES EXPENDED	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>
Net Incomings and (outgoings)	0	0	0
BALANCE BROUGHT FORWARD	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>
TOTAL FUNDS AT 31 MARCH 2021	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Statement of Assets & Liabilities as at 31st March 2021

<u>Monetary Assets</u>	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Bank & Cash in Hand	0	0	0

The accounts were approved by the Committee Members on 25/01/2022
and signed on their behalf by:-

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(Trustee)

Ms Shamsa Adan

DALMAR HERITAGE AND FAMILY DEVELOPMENT

Year Ended 31st March 2021

Notes to the accounts

1. Accounting Basis

These accounts were prepared on a receipts and payments basis, with all revenue and expenses shown on a cash basis.

2. Unrestricted Fund

Nil

3. Restricted Fund

Nil