



Ripples of Compassion

**UNAUDITED TRUSTEE'S ANNUAL REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

CHARITY REGISTRATION NUMBER: 1185499



Ripples of Compassion

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Fiona Corless (Chair) Matthew Longley (Treasurer) Samuel Davis Carolyn Watson
Charity Number	1185499
Registered office	10 Clevedale Bristol BS16 2SQ
Independent Examiner	Morris Crocker Chartered Accountants Station House North Street Havant PO9 1QU
Bankers	Lloyds Banking Group Plc 25 Gresham Street London EC2V 7HN



Ripples of Compassion

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TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2022

Introduction

The Trustees present their report and unaudited financial statements for the year ended 31 December 2022.

The financial statements comply with the Charities Act 2011 and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2019).

The charity is a charitable trust and is constituted and governed by its charitable trust deed dated 2 December 2018. The trust was registered with the Charity Commission, number 1185499, 25 September 2019.

Trustees

Trustees who served during the year were:

- Fiona Corless
- Matthew Longley
- Gemma Gaut (resigned 23 October 2022)
- Samuel Davis (appointed 23 October 2022)
- Carolyn Watson (appointed 23 October 2022)

There must be at least three trustees. The Trustees are ultimately responsible for the policies, activities and assets of the charity. They are in regular and frequent contact to review the developments with regard to the charity, its activities and to make important decisions. The Board of Trustees meets formally at least three times a year, with at least one 'in person' meeting, to ascertain the level of funds available for distribution. New trustees are appointed with regard to the need for an appropriate mix of skills on the Trustee Board.

Objectives and activities

The object of the charity is for the advancement of health and relieving the needs of children and families affected by childhood cancer, other serious childhood illness or bereavement and to those that individuals that support them in particular but not exclusively by raising awareness of childhood cancer, child bereavement and their related issues, and the provision of resources and grants.

The charity's vision is to ensure that all parents/carers and families that have a child with cancer, a life limiting condition or that has died will receive appropriate social, emotional and mental health support at the time they need it, in a way that is accessible to them.



TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

This is done through the provision of:

- Free bereavement therapy for parents for as long as it is needed
- Self-care boxes for bereaved parents and siblings
- Bereavement Libraries
- Keepsakes and Headstones
- Food Vouchers/meals for bereaved parents and families in hospitals
- Relaxation Flashcards
- Activity Packs for children in hospital for long periods of time or children requiring isolation
- Princess hats for children that have lost their hair through treatment
- Bespoke requests to support families with specific health and/or social care needs.

The Trustees aim to ensure that appropriate levels of cash are available in order to meet the ongoing needs of the charity, particularly that there is sufficient cash to fund any ongoing therapy to bereaved parents for at least the next twelve months.

Risk

The Trustees have considered where there may be risks to which the Charity is exposed and confirm that systems are established to mitigate against them.

Public benefit requirement

The Trustees have given due consideration to Charity Commission published guidance on the operation of public benefit requirement.

Achievements, performance and financial review

The financial activities are summarised on page 9 of the accounts. The charity has generated a deficit for the year ended 31 December 2022 of £7,992 (2021: deficit of £275).

During the year the charity has funded the following activities and services:

Bereavement Therapy

We have provided over 95 (2021: 170) therapy sessions for 10 (2021: 7) bereaved parents, which has been a vital component of supporting them with managing their grief.

"I met with [my therapist] yesterday which was hard but useful and good to be able to open up to someone after suppressing everything for so long so thank you so much for facilitating that too."

Bereaved Parent



TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

"We appreciate the charitable so much"
Child Bereavement Nurse Specialist

Self Care Boxes

We have delivered over 77 (2021: 45) Self Care Boxes to bereaved parents. These have usually been requested around significant dates such as birthdays and anniversaries of death and have been hugely appreciated by the parents with all reporting they have found them comforting.

"I would just like to thank you so very much for the beautiful box that was sent to my family in honour of our son. Just absolutely wonderful."
Bereaved Parent

"I just wanted to send a quick thank you for the gorgeous self-care box I received from you last week. IT was just the hug in a box I Needed so thank you to you and to whomever nominated me for it. It really is so thoughtful."
Bereaved parent

Keepsakes and Headstones

We have provided 16 keepsakes (2021: 3) and 15 headstones (2021: 3) to families, which has helped families to remember their children when they otherwise would not have been able to.

"I just want to thank you again from the bottom of our hearts for your kindness in paying for our son's headstone. It was put up today and we are just absolutely overwhelmed with how beautiful it is. Without your kindness this moment may not have come for a long time. To be able to take our children to their brothers resting place means more than you will ever know."
Bereaved Parents

"The headstone you contributed to for baby R is now complete and out on the cemetery and his mum has asked me to thank you for all of your help and to send you a wee photo of it."
Funeral Worker



TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Food Vouchers/Meals

Over 1130 meals (2021: 290) have been given to bereaved parents and oncology families in hospital. We work closely with Naomi House and Jacks Place Children's Hospice, Charlton Farm Children's Hospice, Bristol Children's Hospital Starlight Ward, Queen Alexandra Hospital Starfish Ward and bereavement midwives.

"Thank you so much for these, we are so grateful. Spoke to a bereaved parent yesterday who commented on how fantastic the cook voucher was, they said the food was such good quality. They said it meant a lot and took that pressure off cooking. They wanted me to pass on how thankful they are."

Child Bereavement Nurse Specialist

Activity Packs

We have provided 13 activities (2021: 45) for children with cancer/life limiting conditions including edventure play sheets and bespoke packs.

"It really brightened her day today. Thank you she is still having such an awful time and it is really nice to see her smile today. She is very excited to pamper herself and the jewellery and card and craft activities were so lovely for her."

Social Worker

Bespoke Requests

All our bespoke requests are paid to the companies rather than direct to families to ensure it covers the support being requested. We have helped 9 families (2021: 3) with such requests including:

- A garden sensory toy for a child with life limiting condition so they could continue to access the music and activities they enjoyed whilst at the hospice on respite in their home environment.
- Driving lessons for parents that had access to a mobility car but were unable to use it to transport their child with life limiting conditions to medical appointments.
- Funeral flowers and orders of services for families that were unable to pay for these for funeral services for their child.
- Grief journals for bereaved siblings to access as part of bereavement support groups.
- Self-care box for a single parent of a young child in isolation at hospital undergoing chemotherapy that was struggling with her mental health
- Self-care box for a teenager with cancer that had recently relapsed and was back in hospital facing an uncertain future that was struggling with her mental health.

"I just wanted to say a huge thank you for your lovely self care box for [the mum]. It came perfectly during their unplanned admission as a little pick me up."

Social Worker



TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Bereavement Libraries

We have provided 8 bereavement libraries this year to hospitals, hospices, school and community bereavement groups. This is a significant increase on the 0 that we provided last year but in line with the 7 we provided in 2020.

"I had a wonderful parcel delivered today. Thank you so much. We have had a number of children here who have suffered a bereavement and this is a lovely resource for us to be able to share with them. I will ask that when we are looking at fundraising opportunities later in the year, you charity is added to our list. Many thanks again."

SENCO

Relaxation Flashcards

We have delivered 300 relaxation flashcards to hospitals and hospices working with children going through treatment and bereaved siblings, we have also delivered the cards directly to families.

"I just wanted to say a huge thank you for sending through the cards. They will be fantastic for families who stay. It is such a beautiful idea and I love all the exercises and stories. I have had a wee look but will have a proper look this week. It is so very kind of you to generously donate these to us."

Charity Worker



TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Future plans

The charity will continue to:

- Provide high quality, responsive and equitable services to children and families.
 - Improve the key processes which support us to carry out our work.
 - Actively seek and listen to the views of families we support and continue to invite them to contribute to and co-design the services we offer.
- Collaborate with charities, services and businesses.
 - Seek new partnerships with organisations we haven't worked with before
 - Strengthen our existing partnerships and renew old ones that we haven't nurtured as we should due to the increase in demand we have experienced
 - Actively explore opportunities to harness the energy, knowledge and resources of a larger and more diverse group of people to support and grow our work.
- Provide a culture of volunteering
 - Provide a range of volunteer opportunities
 - Increase volunteering opportunities to help us reach and support more families and improve a sense of community.
- Ensure financially sustainable growth
 - Regularly review and share the impact of the work that we do
 - Work with families and professionals to create and share more public narrative stories with specific calls to action for our supporters
 - To review our services to ensure that we invest in the support that will make the biggest difference to the families we work with.
 - Look for opportunities to build sustainable income and regular giving
 - Develop a consistent approach to you grant applications to maximise the income available to us.
 - Monitor the income and expenditure of each service and ensure they are flexible to be scaled up and down as needed to meet the needs of families and the financial position of the charity.
 - Create a fundraising budget to ensure that what we spend creates more income for the charity.



Ripples of Compassion

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Reserves policy

The Trustees have reviewed the reserves of the Trust and consider this level of free reserves to be appropriate to enable the Trust to continue its activities. As at 31 December 2022 total reserves amounted to £23,271 (2021: 31,263) including restricted funds of £Nil (2021: £380).

On behalf of the Board of Trustees

A handwritten signature in dark ink, appearing to be 'Fiona Corless', written in a cursive style.

Fiona Corless
Chair of Trustees

Date: 18/10/2023



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RIPPLES OF COMPASSION

I report to the charity trustees on my examination of the accounts of Ripples of Compassion (the Trust) for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

P J Underwood, FCCA
Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

Date: 24 October 2023



**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Income:					
Donations		15,307	6,300	21,607	14,845
Grants		2,000	9,090	11,090	588
Total income		17,307	15,390	32,697	15,433
Expenditure:					
Charitable expenditure		22,417	15,770	38,187	12,887
Support costs	4	2,502	-	2,502	2,821
Total expenditure		24,919	15,770	40,689	15,708
Deficit for the year		(7,612)	(380)	(7,992)	(275)
Funds reconciliation:					
Funds brought forward	8	30,883	380	31,263	31,538
Deficit for the year	8	(7,612)	(380)	(7,992)	(275)
Funds carried forward	8	23,271	-	23,271	31,263

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

The notes on pages 12 to 16 form part of these financial statements.



BALANCE SHEET

AS AT 31 DECEMBER 2022

	Notes	2022 £	2022 £	2021 £	2021 £
Current assets					
Debtors	2	5,581		482	
Cash at bank		18,825		30,781	
			24,406		31,263
Current liabilities					
Creditors: amounts falling due within one year	3	(1,135)		-	
Net current assets			23,271		31,263
Net assets			23,271		31,263
The funds of the charity					
Unrestricted funds	8		23,271		30,883
Restricted funds	8		-		380
Total funds	8		23,271		31,263

The accounts were approved by the board and authorised for issue and signed on their behalf by:

Fiona Corless
Chair of Trustees

Matthew Longley
Treasurer

Date: 18/10/2023

The notes on pages 12 to 16 form part of these financial statements.



**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2022**

	2022	2021
	£	£
Cash used in operating activities:		
(Deficit) for the year	(7,992)	(275)
(Increase)/Decrease in debtors	(5,099)	2,059
Increase/(Decrease) in creditors	1,135	(600)
Net cash (used in)/from operating activities	(11,956)	1,184
Net (decrease)/increase in cash in the year	(11,956)	1,184
Cash at the beginning of the year	30,781	29,597
Cash at the end of the year	18,825	30,781

Analysis of changes in net funds:

	At 1 January			At 31
	2022	Cash flows	Other non-	December
	£	£	cash changes	2022
				£
Cash	30,781	(11,956)	-	18,825
Total	30,781	(11,956)	-	18,825

The notes on pages 12 to 16 form part of these financial statements.



**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

1. Accounting policies

1.1 Basis of preparation

Ripples of Compassion is a charitable trust constituted by way of a charitable trust deed. It is registered with the Charity Commission of England and Wales and its registered number is 1185499. The registered office is 10 Clevedale, Bristol, BS162SQ.

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) – (Charities SORP (FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The Trust is a Public Benefit Entity as defined by FRS 102.

The Trustees are confident that the charity will be able to meet its financial obligations as they fall due for the foreseeable future, being at least 12 months from the date of signing of these financial statements, and therefore consider it appropriate to prepare the financial statements on a going concern basis.

1.2 Financial instruments

The Trust only has financial assets and financial liabilities which are of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently at their settlement value.

1.3 Income recognition

Income relates to donations which have been received by the charity and activities for raising funds relate to fundraising activities which have taken place through the year and are recognised when the charity has entitlement to the income.



NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

1.4 Expenditure

All expenditure is included in the Statement of Financial Activities. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accrual basis.

Support costs are those costs which are not directly attributable to the direct charitable expenditure, but which are in respect of the general administration of the charity and overall management of the funds.

1.5 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for any other purpose. The charity also has restricted funds which represent funds donated for specific purposes.

2. Debtors

	2022	2021
	£	£
Other debtors	238	148
Prepayments	5,343	334
	5,581	482

3. Creditors: amounts falling due within one year

	2022	2021
	£	£
Accruals	1,135	-
	1,135	-



NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

4. Support costs

	2022	2021
	£	£
Independent examiner's fees	630	-
Other	1,872	2,821
	2,502	2,821

5. Trustees

None of the trustees received any remuneration during the year (2021: none) however one of the trustees was reimbursed expenses totalling £5,957 (2021: £1,870) in relation to costs incurred in providing charity activities which were not able to be directly funded from the charity's bank account.

6. Employees

There were no employees during the year (2021: none).

7. Related parties

During the year, one of the trustees was reimbursed expenses totalling £5,957 (2021: £1,870) in relation to costs incurred in providing charity activities which were not able to be directly funded from the charity's bank account.



NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

8. Statement of funds

	At 1 January 2022 £	Income £	Expenditure £	At 31 December 2022 £
Restricted funds				
Thales – RoC Rugby event	380		(380)	-
Tyler's Friends – Headstones	-	6,300	(6,300)	-
National Lottery Grant	-	9,090	(9,090)	-
Total restricted funds	380	15,390	(15,770)	-
Unrestricted funds	30,883	17,307	(24,919)	23,271
Total funds	31,263	32,697	(40,689)	23,271



NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

9. Statement of Financial Activities for the year ended 31 December 2021

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income:					
Donations		14,845	-	14,845	25,074
Grants		-	588	588	12,641
Total income		14,845	588	15,433	37,715
Expenditure:					
Charitable expenditure		10,154	2,733	12,887	15,757
Support costs	4	2,821	-	2,821	1,360
Total expenditure		12,975	2,733	15,708	17,117
Surplus/(deficit)for the year		1,870	(2,145)	(275)	20,598
Funds reconciliation:					
Funds brought forward	8	29,013	2,525	31,538	10,940
Surplus/(deficit) for the year	8	1,870	(2,145)	(275)	20,598
Funds carried forward	8	30,883	380	31,263	31,538