

KIDCARE 4U

England & Wales · Charity number 1185496

Details

Status Registered

Legal form CIO

Registered 2019-09-25

Register [View on the Charity Commission register](#)

Contact

Address Clarence Place
Kidcare4u
Suite 1
3rd Floor
NP19 7AA

Phone 07828089492

Email info@kidcare4u.co.uk

Website www.kidcare4u.co.uk

Activities

Objects: THE CHARITY WORKS FOR THE PUBLIC BENEFIT TO ADVANCE THE EDUCATION OF CHILDREN, THEIR FAMILIES AND CARERS IN VARYING SUBJECTS INCLUDING BUT NOT LIMITED TO ENGLISH, MATHS, ESOL AND DEBT MANAGEMENT

Activities: The organisation believes it has potential to help ethnic minority communities in deprived areas to further develop themselves in education, health and integration. The future plans would be to expand the organisation to other areas where there is a need for such a community led charity organisation which aims to reach out to young people and families who are currently deprived of facilities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups

Geography

- Throughout Wales

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2024-09-30 | £233,473 | £195,343 | - | - |
| 2023-09-30 | £226,213 | £177,264 | - | - |
| 2022-09-30 | £130,316 | £172,207 | - | - |
| 2021-09-30 | £141,962 | £133,991 | - | - |
| 2020-09-30 | £78,237 | £37,606 | - | - |

Trustees

| Name | Role | Appointed |
|--------------------------|-------|------------|
| Jeremy Johnson | Chair | 2018-12-06 |
| Eman Alyan | | 2023-10-09 |
| Evelyn Owrid | | 2021-09-05 |
| MOHAMMED IFTAKHER RAHMAN | | 2019-08-24 |
| Rusna Begum | | 2018-12-06 |

KIDCARE 4U

England & Wales - Charity number 1185496

Accounts



KidCare4U

Supporting children and families

Charity No. 1185396



Annual Report 2024

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OUR MISSION:

"Working together with the community to inspire, create and deliver opportunities to further develop Education, Health & Wellbeing, Integration, Environment and Employment."

KidCare4U is a registered charity in Newport aiming to help diverse ethnic families from low-income households. Our aims and objectives are to support families to acquire the skills and confidence they need to turn their potential into success. Our organisation believes it has the potential to help diverse communities to further develop themselves in education, health and integration.

Chief Executive Officer's Statement



Rusna Begum- Chief
Executive Officer

Once again KidCare4U has a busy year with us securing funding for existing and new projects. We have continued to work in partnership with other organisations both old and new. It has been a year of change with some projects changing and new ways of working. We have learnt a huge amount over the last few years and we embrace the changes so that we are able to support more people in our communities.

Working with our Partners has been crucial in supporting our communities. Working with partners such as Gwent Police, Newport City Council and ABUHB has meant that our communities have access to advice and support ensuring that normally they would struggle to get and that our partners are engaging with our communities. We are seeing a new age of co-operation and trust.

The Saturday Club still goes from strength to strength with the club now supporting 160 children, and we have a waiting list. However, here we have seen a change in our working practices. The Pandemic changed the way we delivered our activities and the impact on our children, made us look at the work we delivered. Now all our children engage with the education support and we deliver more workshops, where children have more opportunities opened up to them. We are also engaging more young people through our mentoring program and with partner organisations we are providing careers information and support, and not forgetting we have become a Duke Of Edinburgh Awards registered centre.

We will inevitably face challenges and changes in the year ahead, however, we have a strong Board of Trustees, amazing staff and healthy partnerships. This should ensure that KidCare4U will continue to support our communities and nurture our children.

Our Trustees



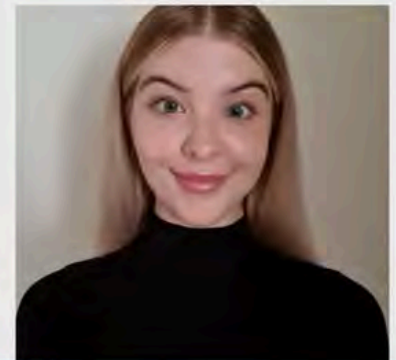
**Jeremy
Johnson
Chairperson**



**Rusna Begum
Trustee/CEO**



**Mohammed
Iftakher Rahman
Trustee/
Treasurer**



**Evelyn Owaide
Trustee/
Secretary**



**Eman Alyan
Trustee**



KidCare4U

Supporting children and families

Trustees' Report

We are now into our fifth year and once again we have seen our projects grow. We have also seen our profile grow in the communities we serve and with other organisations, seeing support in the local council and Welsh Government. This is down to the hard work of our CEO Rusna Begum and our amazing staff. We have secured funding to allow us to continue our projects and develop new ones, but we are facing challenges as costs rise and the demand for our services increase. This will mean that there will be changes, and some difficult decisions to make, but we will endeavour to secure funding and deliver the services needed by the communities we serve.

This year we have been so overwhelmed and pleased with the development of our young people. Through our partnerships with employers such as Linklaters, Monmouthshire Building Society, HM Prison Service and Monmouthshire Building Society, we have been able to expand opportunities open to young people and have seen a number of our young people take on apprenticeships with some of these employers.

Becoming a registered centre for the Duke of Edinburgh Awards Scheme has allowed our young people to have new experiences and to challenge themselves. We have seen a growth in their confidence and abilities. We hope in the next year we will see more of our young people signing up and enjoying this amazing opportunity.



Income for 2023/24 £223,498
Expenditure for 2023/24 £195,412

We have always advocated improved health and well-being for our communities. This year has been no different, with female swim sessions continuing, and new female gym sessions set up , along with women’s health fayre taking place with the MDC and local ABUHB supporting the event. Our women’s groups have focused on mental well-being with exercise and mindfulness sessions regularly taking place. Not to forget the men, we are still running our men’s football project which is now organised by the men themselves, and at our fun days we give adults the opportunity for health checks.

We want to take this opportunity to thank everyone involved with KidCare4U; that includes staff, our partners and funders, all those people who work behind the scenes, but most of all thank you to all the people who engage in our projects without you KidCare4U would not exist.



Highlights

**Grants received:
£233,498**

**244 women
attending swim
sessions**

**280 families
benefitting from
home packs**

**15 Young people
on the Duke of
Edinburgh Award
Scheme**

SATURDAY KIDS' CLUB

The children who attend the club are age from 5-16 years old and from 7 diverse ethnic backgrounds. The children are split into age groups where they access educational support from qualified tutors. They also engage in fun workshops on a variety of topics.

This year we have worked with 180 children and the club has been fortunate to secure grants from various funders to maintain staff and deliver a wide range of activities:

- Tesco £1,000 for football
- Barclays £1,000 ongoing Saturday Football
- Tennis Wales £600 participation in Tennis Festival and training



- Gwent Police £22,000 for staff costs
- Moondance Foundation £7,488 for club staff to support children with additional needs
- GAVO RIF Small Grants Scheme- £3,795 for Kids Club Positive Minds Project
- Community Matters £5,000 for STEM in Saturday Club



Kids' Club Positive Minds

This project was funded through the GAVO RIF Small Grant Scheme and allowed us to employ the services of a qualified Counsellor who delivered group workshops and 1:1 counselling sessions. All these sessions tackled issues such as bereavement, emotional regulation and stigmas around mental health. The Children also looked at the stress and anxiety around transitioning from primary to secondary school.

This project 180 children attend the workshops and 60 children had individual support. This project allowed us to help our children and young people to talk about those issues that were making them anxious and to find coping strategies to help through difficult times in life.



The Great Kids' Club Bake

With funding from GAVO our children and young people had great fun learning how to bake. Not only did they bake some yummy goodies but improved their maths knowledge through weighing the ingredients and learnt new life skills. They learnt to work in teams and both boys and girls enjoyed the activities



Sporting Heroes

The Saturday Kids Club is all about development, creativity and opportunity, and this year we have encouraged more of our children and young people to try new activities.

Our Saturday Football sessions received funding from Barclays to continue allowing over 25 local boys and girls to participate. However, with money from Tesco we were able to introduce an additional football project for 12 weeks. The grant paid for kit, water and venue hire and over 20 children took part.

We also engage with Tennis Wales who funded an opportunity for 180 of our children to take part in a Tennis Festival. All our children had a game of tennis and from this 20 young people signed up to do a Level 1 Tennis Coaching qualification.



STEM

Science, Technology, Engineering & Mathematics - STEM. We recognised the need to support our children and young people with science subjects and broaden their interests in the world of science. With a £5,000 grant from Community Matters, we were able to have qualified science tutors in the Saturday Club for 3 months. Activities included building solar ovens, and exploring scientific concepts in a creative way.



Young People

We have seen an increase in the demand for support for young people. We have worked over the last year, to provide opportunities, build confidence and resilience, and to broaden our young people's horizons.

Careers



Working with employers, organisations and government agencies we have been able to support young people in accessing some work experience and have arranged visits to show them what opportunities are available to them:

- Oxford University
- BBC Wales
- Linklaters LLP
- HM Prison Service
- KLA
- Monmouthshire Building Society



We have seen Young People access apprenticeships or employment with our support



Cultural Fashion Show

This event involved the children and young people from the Saturday Club, along with the staff. The young people took on the the organising of the show, with one young Person Fateha Islam taking the lead and led the project from planning to rehearsals and to the show itself. This young person grew in confidence, and developed so many skills.

The show itself was amazing with vibrant colours and array of flags being on display. Those involved had a real sense of belonging and pride in their culture. All ages walked down the catwalk with parents taking part at the end. The hall was full with 250 people attending.



GAVO Funding £790

Duke of Edinburgh Award Scheme (DofE)

DofE is open to any young person aged 14-24. Each young person builds their own DofE programmes – picking their own activities and choosing which cause to volunteer for – in order to achieve a Bronze, Silver or Gold DofE Award.



KidCare4U Became a registered centre for DofE in May, offering exciting new experiences for our young people to engage in. We've had 15 young people participate.

At the beginning of October we saw our young people go on their first overnight outward bounds trip, for their Bronze Award. They embarked on a camping trip, cooking on a camp fire and learning to read a map.



DofE Grant £7,813

School Holiday Grant

We recognise that the majority of the families that use our services are from low-income household, and the cost of living crisis has exasperated the stress family face. The school holidays can be a difficult time for families as children do not have access to free breakfasts or school meals. Families cannot afford the extra food during this time and families go hungry. People from diverse communities will not access food banks as they feel there is a stigma attached to them or that food is not culturally suitable. Accessing funding through GAVO in December we were able to provide home packs which offered a family of 5 two to three meals, during this challenging period.

Youth volunteers helped pack the 180 home packs ready for distribution.

280 families supported and 900 individuals.



GAVO £2,991

FAMILY SUPPORT

It has been another good year for the Ethnically Diverse Family Support Project with 3 women from the local community being employed as Family Support Workers supporting local low-income families from 13 different diverse ethnic communities and supporting them in 6 different languages.

One of our Family Support Workers left the project and re-employed another worker but instead of the worker undertaking one-to-one work, it was decided to set up a group for an Ethiopian Christian group that have been underrepresented and needed the support. None of these women speak English. We are currently supporting 12 women who can come together in a safe space, and they can access information about health, employment, and benefits.

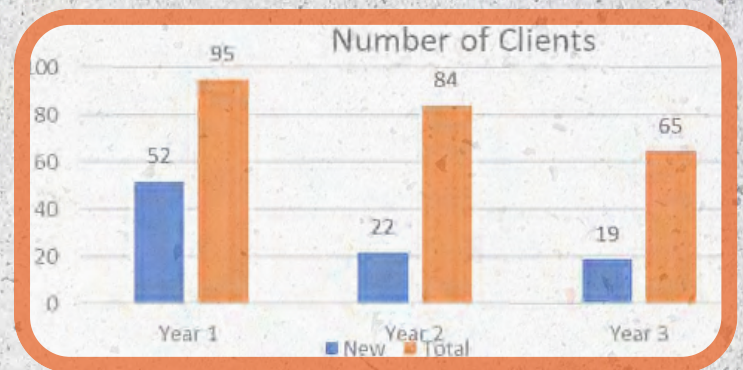
Since September 2023 to August 2024, we have worked with 77 families, and this includes 31 new clients registered. From these clients 77 clients have received support. There have been 499 support visits made this year. Over the three years of the project, we have worked with 105 new clients within the Family Support project with 43 existing clients on the project.

**31 new
clients**

**499 support
contact/visits
made**

This was our last year of the 3 year funding from the National Lottery.

Over the three years we worked with 244 families and 1,646 support visits made by the Support Workers. With funding ending we have needed to look at the lessons learnt and if there is a way to support more families and individuals in our communities. We recognised that moving forward we wanted the people who we supported to improve their situations and one to one support could not always achieve this. We found that the group work we have been introducing had a greater impact with more people being engaged at one time. Our partners engaged with groups, and we are breaking isolation and the reliance on one person. With our base in operation we are able to provide more support.



244
Families
supported

1,646 support
visits made

The National Lottery (year 3
of 3-year grant) £32, 674 for
staff

Women's Swim Sessions



We have also continued to work with Newport Live to access to offer free swim sessions for our women and girls. Our families often have poor physical or mental health, and physical activities for women from diverse ethnic backgrounds are very limited due religious and cultural restrictions. Working with Newport Live we have access to their Sports Village pool for two evening sessions with a female lifeguard has meant that 391 women/girls from 10 ethnically diverse communities have been able to access free swim sessions and with 1,043 attendance at sessions. From September 2024 we have added an additional session on a Sunday.

From October 2024 we will be offering gym sessions for women.

WOMEN'S WELL-BEING GROUPS

We have continued to run our Wednesday Women's Well-being Group and the Friday Ladies Club. In the latter part of the year we received funding for a new Bengali Women's Group, which will continue into next year. These groups bring together women from a number of diverse ethnic backgrounds, encouraging social interaction between communities. The groups empower, support well-being and provide information. The groups engage the women in a variety of activities. We act as a Warm Hub providing a safe space for women from ethnically diverse communities.

This year we reached 172 women of all ages. We have supported older women to attend the groups by providing transport, and all women have built friendships in the groups.

Through grants from a number of funders we have been able to provide a variety of activities for the women attending the groups:

- **The National Lottery Awards for All £19,840 for the Bengali Women's Group**
- **Race Equality Cymru £840 for Zumba sessions. These sessions provides a safe space for our women to remove hijabs comfortably and engage in exercise sessions.**
- **Children in Wales £105 allowed us us to deliver Children in Wales parenting rights and awareness workshops and to provide refreshments. Fateha Ali delivered the sessions in multiple community languages.**
- **Aneurin Bevan University Health Board (NCN) £12,780 for women's health outreach. This included health workshops on topics such as menopause, mental health support such as mindfulness and managing stress and anxiety in spoken languages, a psychological well-being practitioner to support 1:1 sessions and interpreters. This project alone support 70 women from 7 ethnic backgrounds.**
- **Independent Office of Police Conduct £350 for IOPC officer Frances Taylor visit to explain police complaints/reporting procedures and also for us to hold an Iftar event.**



The cooking in project we ran last year had an impact on the women and this year we have worked with The Hive Newport to allow some of our women to use their community kitchen to prepare and cook food for the people coming in to use the Hive. The women have loved this and have grown in confidence and sense of belonging.

- The Bengal Dragons Foundation gave us £200 to help us fund their cookbook project The Welsh Kitchen, that highlighted belonging, diversity and pride in Welsh identity. Our women contributed authentic recipes to the book. The book launch was held at a local Bangladeshi restaurant and the book is on sale in WH Smiths and other UK shops.



Dementia Support Project

Dementia is a huge issue and affects all ethnicities. However, accessing reliable information in different languages is not easy for our users. Through funding from Newport City Council and working with the ABUHB Dementia Team we ran this dementia project. We were able to employ 2 members of staff to run a monthly dementia café called Holding Hands and run memory box workshops. The Holding Hands group provide support and information, but more importantly provided a little respite for those caring for individuals with dementia. This year the project supported 35 individuals and 50 plus in the wider community

Newport City Council £5,960



MEN'S FOOTBALL PROJECT

This project was set up to support the physical and mental health of men from diverse ethnic communities during and after COVID, as many had been affected by the effects of the pandemic on their families. They realised that they needed to be more physically active but also needed the opportunity to support each other. This project continues to provide support and showing integration. It has provided confidence and self-esteem to the men who are now organising the project themselves. This year with 45 men attended. The men are from across Newport and have formed a football WhatsApp group, and they voluntarily organised the sessions, and taking ownership of the group. KidCare4U is only paid for the pitch hire.



Events & Consultations

KidCare4U organised a number of events during the year:

Windrush Celebrations



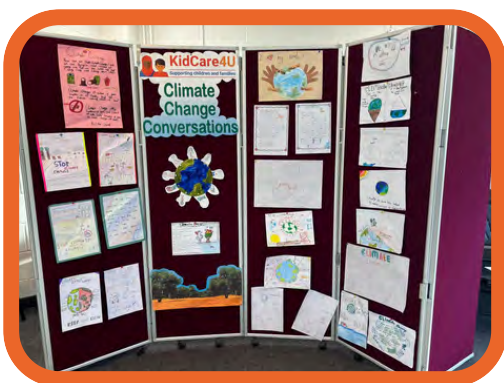
Our children and young people hosted a celebration event for Windrush Day with food, and activities. They started with a presentation. 200 people attended the event

Both our Women's Well-being groups and the Saturday Club hosted celebration on National Windrush Day. Usually the communities we work with do not know the significance of the Windrush Generation and we were pleased that representatives from the Windrush Generation have supported us in delivering an inclusive message to our communities.

Our well-being groups came together for a special event with 60 plus women attending. The event comprised of some fun activities, presentations and food.

Race Equality Cymru
£1,800

Welsh Government Climate Change Conversation



In September each year the Welsh Government launches it's Climate Change Conversation which looks to engage people inn communities across Wales and ask them their thoughts about climate change.

This year the questions were about how prepared are we for the effects of climate change.

The Welsh Government provided funding for us to hold an event, workshop and for the final report to be completed

KidCare4U held an event where the children from the Saturday Club delivered a presentation and made a display all about climate change. Event saw staff consulting with parents and young people attending the event.

Our well-being groups took part in a workshop. Staff spoke to the women in groups, getting their thoughts on the topic of climate change.

Supporting Unpaid Carers

Due to language barriers and cultural/religious beliefs the majority of the people we work with struggle to access services and support in their communities. Those caring for other individuals do not view themselves as unpaid carers for the following reasons:

- due their culture they feel it is their duty;
- if they are receiving a carers' allowance then they think they are being paid.

This means that they are not accessing all the benefits unpaid carer's are entitled to. Working with the Care Collective, KidCare4U undertook a consultation with people who care for others to find out their needs and barriers to accessing support.

Care Collective provided funding for the consultation but also to support unpaid carers to have access to trips and activities. We also held a family event to engage the wider community.

From the consultation it is apparent that the majority of respondents found that they had no access services and information in their own language. Although some information was available in different languages, knowing where to access that information was not easy and with existing language barriers this was even more difficult. This included applying for benefits or support.



Unpaid carers enjoy a shopping trip to Birmingham

Care Collective £7,560

Other Events



Cost of Living Event



Cost of Living Event



Cost of Living Event



Health Fayre



Health Fayre



MMR Vaccination Walk-in Clinic



Alacrity Gift Donations



Iftar Celebration



Eid Celebration

Partnership Work

KidCare4U has continued to work in partnership with other organisations. Our partners old and new have supported us and helped us to meet the needs of our communities. Through partnership working we have ensured that our beneficiaries have the best access to opportunities and service.

Partnership working has led to more activities being available, access to additional funding and our profile has been elevated.

Our partners include:

- Aneurin Bevan University Health Board
- Bengali Dragons Foundation
- Business in the Community
- GAVO
- Gwent Police
- Gwent Wildlife Trust
- HM Prison Service
- KLA
- Linklaters
- Newport City Council
- Newport Live
- Oxford University
- Pill Millennium Centre
- Pill Unity
- Tennis Wales
- The Hive Newport
- Welsh Government
- Women of Newport

CHARITY DEVELOPMENT

We are continuing to develop a translation service social enterprise with support from the businesspeople involved in BITC. This business venture will employ local people and provide an income source that will help us become more sustainable.



We have recognised that there is a need to invest in our young people and further develop our youth programs. Next year we will look to increase our youth volunteering and develop a program that will build confidence, resilience and aspirations.

Developing our group work will over the next year will enable us to engage more people from across Newport and providing partner organisation to deliver much needed information to our communities. We will also seek funding opportunities to offer new activities and support.



Other funding received :

- Linklaters £700 for core costs.
- British Legion £500 for VE/VJ Day Celebration in 2025.
- Tudor Trust £30,000 for CEO salary.
- Henry Smith £28,500 for core costs.
- GAVO £3932 for school holiday home packs



Total Funding
Received for 2024

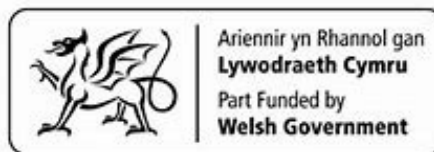


£233,498

We acknowledge the following people and organisations for their support:

Thank you!

- All our staff for all their hard work and dedication
- To our CEO, Rusna Begum, for her continuing dedication and hard work.
- To all the Trustees for their work, support and belief in KidCare4U
- To all the Organisations, Agencies and Statutory Bodies that have worked in partnership with us
- To all our Funders
- To the Pill Millennium Centre, the Hive Newport and the Newport Sports Village for providing us the opportunity to deliver our projects in safe and comfortable venues.
- And finally to all our families for supporting us and making our work worthwhile



KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2024

**RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 30TH SEPTEMBER 2024**

| | <u>UNRESTRICTED</u> <u>FUNDS</u> <u>£</u> | <u>2024</u> <u>RESTRICTED</u> <u>FUNDS</u> <u>£</u> | <u>TOTAL</u> <u>FUNDS</u> <u>£</u> | <u>2023</u> <u>TOTAL</u> <u>FUNDS</u> <u>£</u> |
|--|---|--|--|---|
| <i>Receipts</i> | | | | |
| Grants | 87,000 | 146,473 | 233,473 | 226,108 |
| Sundry | - | - | - | 105 |
| | <u>87,000</u> | <u>146,473</u> | <u>233,473</u> | <u>226,213</u> |
| <i>Payments</i> | | | | |
| Staff costs | 30,254 | 103,439 | 133,693 | 117,540 |
| Bounce Back Loan repayments | 1,243 | - | 1,243 | 1,243 |
| Food | 4,300 | 4,749 | 9,049 | 8,927 |
| Materials, equipment and resources | 2,695 | 1,255 | 3,950 | 5,235 |
| Rent and insurance | 10,858 | 8,264 | 19,122 | 14,176 |
| Professional, consultancy and training | 2,667 | 11,414 | 14,081 | 11,779 |
| Sundry, travel, admin and expenses | 5,426 | 1,889 | 7,315 | 11,014 |
| Activities | 5,145 | 1,149 | 6,294 | 6,239 |
| Volunteer costs | 33 | 563 | 596 | 1,111 |
| | <u>62,621</u> | <u>132,722</u> | <u>195,343</u> | <u>177,264</u> |
| Net receipts | <u>24,379</u> | <u>13,751</u> | <u>38,130</u> | <u>48,949</u> |
| Transfers between funds | <u>-372</u> | <u>372</u> | <u>-</u> | <u>-</u> |
| Cash funds brought forward | <u>14,825</u> | <u>40,836</u> | <u>55,661</u> | <u>6,712</u> |
| Cash funds carried forward | <u>38,832</u> | <u>54,959</u> | <u>93,791</u> | <u>55,661</u> |

The Receipts and Payments Account was approved by the trustees on 29th July 2025 and signed on its behalf by:

R. Begum

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2024

STATEMENT OF ASSETS AND LIABILITIES AS AT 30TH SEPTEMBER 2024

| | <u>UNRESTRICTED</u> | <u>2024</u> <u>RESTRICTED</u> | <u>TOTAL</u> | <u>2023</u> <u>TOTAL</u> |
|----------------------|---------------------|----------------------------------|--------------|-----------------------------|
| | <u>FUNDS</u> | <u>FUNDS</u> | <u>FUNDS</u> | <u>FUNDS</u> |
| | <u>£</u> | <u>£</u> | <u>£</u> | <u>£</u> |
| <i>Cash funds</i> | | | | |
| Bank current account | 38,832 | 54,959 | 93,791 | 55,661 |
| | <hr/> | <hr/> | <hr/> | <hr/> |
| <i>Liabilities</i> | | | | |
| Bounce Back Loan | 6,543 | - | 6,543 | 7,608 |
| | <hr/> | <hr/> | <hr/> | <hr/> |

The Statement of Assets and Liabilities was approved by the trustees on 29th July 2025 and signed on its behalf by:

R. Begum

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KIDCARE 4U

I report to the trustees on my examination of the accounts of Kidcare 4U (the Charity) for the year ended 30th September 2024, which comprise the Receipts and Payments Account and Statement of Assets and Liabilities.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mahin Khawaja FCCA
Arthur Gait & Company Limited
Chartered Certified Accountants
18 Gold Tops
Newport
NP20 5WJ

29th July 2025

KIDCARE 4U

England & Wales - Charity number 1185496

Accounts



KidCare4U

Supporting children and families

Charity No. 1185396



Annual Report 2023

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- **Total Funding**
- **Thank you**

OUR MISSION:

"Working together with the community to inspire, create and deliver opportunities to further develop Education, Health & Wellbeing, Integration, Environment and Employment."

KidCare4U is a registered charity in Newport aiming to help diverse ethnic families from low-income households. Our aims and objectives are to support families to acquire the skills and confidence they need to turn their potential into success. Our organisation believes it has the potential to help diverse communities to further develop themselves in education, health and integration.

Chief Executive Officer's Statement



Rusna Begum - Chief
Executive Officer

.This year has been another busy year for KidCare4U with us securing funding for existing and new projects, but we have also continued to develop our partnership working, which has allowed us to deliver more support for our communities.

What has been exciting this year is that we have continued to be a voice for our communities. We have been approached by the Welsh Government to participate in their Migrant Research Project. We gave the opportunity for our communities to have their views heard and we gave feedback to the Welsh Government on what our communities views and their needs. KidCare4U will continue to be an advocate for our communities and will provide a voice for those who struggle to be heard.

We have recognised the impact of the Cost-of-Living Crisis on all our clients and our family support workers have been busy helping people access cost-of-living payments. We have also secured the funding to provide holiday food packs for the families of those children who attend our Saturday Club.

Moving forward we will continue to be responsive to the needs of our communities, however the cost-of-living crisis has also impacted the organisation as all our costs have increased, and we are going to have to work hard to ensure funding is in place to continue our work. However, I am confident that we provide an important service and that we can survive any challenges we face.

Our Trustees



Jeremy
Johnson
Chair Person



Mohammed
Iftakher
Rahman
Trustee/ Treasurer



Rusna Begum
CEO/ Trustee



Evelyn
Owaide
Trustee/
Secretary



KidCare4U

Supporting children and families

Trustees' Report

This is our fourth year and yet again we have seen an increase in our beneficiaries, and we have increased the services we provide. Thanks to the hard work of our CEO Rusna Begum, we have secured funding to allow us to continue our projects and develop new one. Also, a huge thank you to our hard-working staff who have continued to support people of all ages in our communities.

This year we saw one of our volunteers Sharmin Chowdhury recognised for her work at the GAVO Newport Awards and she received her certificate for the GAVO High Sheriff Volunteer Award at the Ceremony at the Holiday Inn, in Newport.

Throughout the year we have seen some amazing work happening within the Charity and in most cases, it has evolved organically, developing from the feedback of our beneficiaries. The Youth Volunteering and Mentoring Program has developed because our young people have enjoyed the Saturday Club so much, they don't want to leave us. These young people have skills and experiences that can be shared with younger children and so we have worked with them to create volunteering opportunities.



Helping our children to aspire to improve their lives, be healthy and happy, is at the heart of our work. This year through partnership working, we have been able to show our young people what is possible with visits to Linklaters LLP, BBC Wales Studios and Oxford University. We have worked with MIND to improve their mental health and they have engaged in healthy cooking project.

Supporting the mental and physical wellbeing of our communities has been our core work through Family Support, our Women's Well-being Group, Relaxing Minds project, Men's Football and Women's swimming sessions. We wish to thank all our partners and funders for helping us deliver this work.

This year we have started work on our five-year strategic plan and we look forward to launching it this year. We are also looking at alternate source of funding with the development of a social enterprise that will employ local people and the profits will be re-invested into the KidCare4U projects. We will also be developing our Board of Trustees. Once again, we are excited at what this year will bring.



Annual Staff
meal

Highlights

**13 new grants
received**

500 Beneficiaries

**23 Staff now
employed**

**£226,108
received in
funding**

SATURDAY KIDS' CLUB

The children who attend the club are age from 5-16 years old and from 7 diverse ethnic backgrounds. The Saturday Club works by organising the children into small groups where they are engaged in educational support sessions, play activities and workshops. This method of working seems to help the children be more focused and is more enjoyable for the children. Each age group has their own work group (depending on numbers more than one). They have a tutor, support worker and volunteer, providing 1:8 child to adult ratio. This ensures the safety and support for all children. We have two extra staff who act as runners to ensure the ratios are maintained. We have continued to bring in workshops and were able to give a variety of activities for small groups of children, but ensuring all children have the opportunities to engage with.



During this year we increased our numbers in club initially to 130 and later in the year to 160, which allowed us to remove the waiting list. We were able to do this with the support of volunteers. We engaged in the following activities during the year:

- Tutoring service helping children to increase their attainment levels,
- One to one support for children with special behavioural needs,
- Football and sports activities,
- Healthy cooking workshops,
- Encouraging children to celebrate and understand other cultures,
- Trips during school holidays for children who normally would be isolated in their homes- Techni Quest offered us transport and admission for a trip in the Summer,
- Trips for older children to support their advancement - Oxford University, BBC Studios and to Linklaters solicitors in London,
- Creating volunteering and mentoring opportunities for local youth,
- Training for youth volunteers,
- Mind- mental wellbeing training.



Funding:

- BBC Children in Need £20494 for staff, admin, and activities.
- Gwent Police £22000 for staff.
- Pill Unity £7045 for venue hire



Youth Volunteering Program & Youth Development

Our Youth mentor and Youth Volunteer programs have developed over the last year with 6 mentors and 10 volunteers. These mentors and volunteers have come from the older children becoming too old for the Club but not wishing to leave. However, we are having more young people from diverse communities coming forward wishing to volunteer. This is because our young people are sharing their experience with us and wish to get involved. The volunteers work within the Saturday Club supporting the tutors and playworkers ensuring that all the children in the club have a positive experience. The mentors help support those children who are struggling cope and exhibit challenging behaviours.



KidCare4U has always been about supporting our children and young people to aspire and helping them achieve those aspirations. As the Saturday Club has developed, we have recognised the need to provide additional opportunities for our young people. This year we have provided talks and visits to employers/organisations to support their employment or academic aspirations. These have included:

- Visit to Linklaters – an international law firm based in London;
- Visit to Oxford University;
- Visit to BBC Wales Studios in Cardiff;
- HM Prison Service – visit to club to give talk;
- Gwent Police – visit to club to give talk.

One of our young people has gained employment with the HM Prison Service.

Our young people were nominated for the Black Welsh Volunteering Awards, although they did not win the award, they were invited to the Awards Ceremony at the Senedd.

We will now be looking for funding to support the volunteer program so that it can grow and that they can be supported with a designated member of staff, and to further develop our employment interventions with opportunities for work experience.



We have also received additional funding from BAYO. Through this grant we have been able to provide activities for young people aged from 14-19 year olds. These activities have built their confidence, developed their social skills, improved their mental health and support engagement in their local community.

We took 20 of our young people to a new quirky café in Newport for dessert. The purpose of this was to get the young people to discuss new ideas for activities they would like to do based around Wellness. It was also an opportunity for them to socialise with people and to have their say.

We have provided sessions for the young people, connecting them with other organisations and groups where they can volunteer. They were also supported to apply to become participants in local panels, where the current makeup of the panel does not reflect the diversity of the city. By taking part they will be able to have a voice on what goes on in their local community. We have worked with nearly 40 young people from 6 different ethnic groups..

Funding:

·BAYO £2000 for activities, food, transport, and expenses.



Oxford University
Visit



BBC Wales Studio
Visit

Linklaters
LLP visit
London



KIDS' FOOTBALL PROJECT



Kidcare4u has continued working in partnership with Newport City Football Club to develop our kids' football project. The children continue train mid-week with the club. We now have 25 children registered with the Football Association Wales and are training and playing matches on a Sunday for a professional club. The Saturday Football session provide children with the opportunity to access football. The sessions run from 10 to 11am and are open to all children. We are encouraging parents to be volunteers and to support the coaches. We had 24 children attend the Saturday sessions.

Funding:

- Newport City Council Participatory Budget £4448 for staff, resource, and pitch hire.

FAMILY SUPPORT

This year we have worked with 107 families from 9 different ethnic backgrounds are registered with the project with 85 clients rolled over from last year and 22 new clients registered. From these clients 77 clients have received support. There have been 369 support/contact visits and 113 wellbeing calls made.

We have supported clients with housing issues, accessing benefits including the cost-of-living support, and help with medical issues by offering translation at appointments. One our clients has now found employment in retail, and this is her first job.

85 Clients



Through the Early Angels project, we have been working with families with new-born babies and supporting them through to the children starting statutory education for last two years. This year we brought this project under the Family Support umbrella and was funded with the National Lottery funding. Once again, this service is provided in the client's own language.

Our work is based around the language or cultural barriers our clients face. Through partnership working we have been able offer women in our communities ESOL classes. Pobl have provided the classes and 18 women registered for the classes this year.

Funding:

- The National Lottery (year 2 of 3-year grant)
£32674 for staff



**482 support
contact/visits
made**

**107 Families
supported
from 9 diverse
communities**



Women's Swim Sessions



We have also continued to work with Newport Live to access to offer free swim sessions for our women and girls. Our families often have poor physical or mental health, and physical activities for women from diverse ethnic backgrounds are very limited due religious and cultural restrictions. Working with Newport Live we have access to their Sports Village pool for evening sessions with a female lifeguard has meant that 244 women/girls have been able to access free swim sessions and 866 women/girls attended the sessions.

WOMEN'S WELL-BEING GROUP

This group brings together women from a number of diverse ethnic backgrounds, encouraging social interaction between communities. We provide the women with accurate information about services and health matters by bringing in other organisations. The women have been encouraged to engage in physical activity that has also improved their mental well-being. The Wednesday group has been to Cardiff Bay, Cwmbran Boating Lake, and Fourteen Locks where transport has been provided and other more local walks. To further enhance their physical activity, we have had coaches attend the group to work with the women with stretching exercises. The women have really enjoyed this, and many have found that it has helped with their bad backs etc.

KidCare4U cooking sessions are held once a month and are going well. Twelve women from different backgrounds share recipes and cook dishes every month. They are also teaching each other healthy recipes. This has supported their mental health as it has provided them with the opportunity to share, socialise, make new friends from different communities, and build their confidence and self-esteem.

Funding:

- Garfield Weston £10,000 for staff, food, resources, venue hire, admin, and activities.
- Nisa £3000 cooking activities for staff, resources, volunteer costs, admin, and activities
- GAVO £2961.54 equipment for cooking activities.
- GAVO £3910 food, activities, travel, venue hire and resources.
- Awards For All £9950 Ladies club for staff, resources, venue hire.





As well as our usual projects for the adults KidCare4U has held extra workshops. This included Trading Standards from Newport City Council delivering a session about how to avoid scams. Many people we work with are vulnerable for various reasons and are likely to fall victim to such scams.

Language is the biggest barrier for our clients to be able access services and activities. This severely affects their mental health and their physical health. ESOL classes have been running at a local church as part of the women's well-being group and is funded by a local housing association with Adult Learning Wales providing the tutor. We have approximately 30 women attending weekly sessions where they are improving their spoken and written English.

The women have also been attending basic IT sessions improving their ability to use the internet and be able to access online services such as Universal Credits. KidCare4U has linked up with Digital Communication Wales to provide training for staff, allowing them to support people in the community.

We have now set up an additional group that meets on a Monday at our office. This group is mostly made up of older women who feel isolated and due to the language barrier are unable to access activities. They often do not have family around and therefore are lonely and reclusive. This group was set up in response to this and we have 30 women registering and 12 attending each week. The women meet to chat, drink tea and they are able to share, with one another, developing new friendships and improving their lives by reducing their isolation and loneliness. They have established a sewing circle creating a KidCare4U banner for the office.

RELAXING MINDS

During the year KidCare4U worked in partnership with the Local Health Board to deliver a well-being drop-in session, based at our new office. A Psychological Well-being Practitioner who is funded by the NHS and we provide the sessions at our office for free. She is from a diverse ethnic background and understands culturally sensitive issues. She will be seeing our clients and anyone else who needs support.

As funding ended for this, we were able to access grants to develop a new group for our women. The relaxing Minds Project allowed to secure the services of the Psychological Well-being Practitioner who has been delivering sessions on managing stress, showing the women breathing techniques to reduce anxiety and other ways of reducing their stress levels. The women have also been enjoying exercise sessions such as Zumba. This group allows women to come together and talk about their mental and physical health, but more importantly provides a support network for each other. There have been 38 women attending sessions this year.

Funding:

- GAVO RIFT £8649 for staff costs, resources, travel and tutor costs



MEN'S FOOTBALL PROJECT

This project was set up to support the physical and mental health of men from diverse ethnic communities during and after COVID, as many had been affected by the effects of the pandemic on their families. They realised that they needed to be more physically active but also needed the opportunity to support each other. One of our original members, had lost his wife to COVID and found the Football group supported him through his grief. This project has developed bringing men in the community together showing integration and has provided confidence and self-esteem to the men who are now organising the project themselves. This year we ran 3 sessions a week that ran at different times allowing access to as many participants as possible. We had 60 participants from diverse ethnic backgrounds with 45 attending each week. We had 6 or more players joining from white ethnic background. The men are from across Newport have formed a football WhatsApp group, and they voluntarily organised the sessions, and taking ownership of the group. KidCare4U is only paid for the pitch hire.



CHARITY DEVELOPMENT

This year KidCare4U was able to secure the opportunity to lease office space. We have a two-year lease free of charge that will allow us to have a base, run projects and provide an area where we can store materials. The furniture for the office has been donated through a recycling company. It has always been difficult to hold meetings, catch up with staff and hold drop-in sessions, as it would always cost the organisation money. We now have a suite at Clarence House based in the centre of Newport. This is very exciting for us as an organisation.



After a visit from Business in the Community (BITC) "Seeing is Believing" Programme, we were successful in receiving support from the businesspeople involved in BITC to help us develop a social enterprise that will employ local people and provide an income source that will help us become more sustainable.



After a visit from Business in the Community (BITC) "Seeing is Believing" Programme, we were successful in receiving support from the businesspeople involved in BITC to help us develop a social enterprise that will employ local people and provide an income source that will help us become more sustainable.

The Welsh Government commissioned a Migrant Research Project, and KidCare4U was successful in obtaining some funding to undertake some research with our local migrants. We developed a questionnaire based on the information provided by the Welsh Government and then invited refugees, asylum seekers and migrants to focus groups or contacted our clients to go through the questionnaire. We then had an independent consultant collate the findings from the questionnaires. A report was written with the results and recommendations. The results of the research highlighted issues that KidCare4U is already trying to address such as the need for locally based ESOL classes, activities where they are culturally sensitive such as women only exercise classes.

As an organisation we are proud that KidCare4U has become a voice for the people we work with, and larger organisations and agencies know we have the connections with the diverse ethnic communities in Newport and that we are trusted in the community. They are now seeing us as an access point to these communities.

We also had funding this year for a family fun day where our children from Saturday club and their families could come together and engage in some fun activities, enjoy some food, and celebrate our communities.

Funding:

- Community Chest £1000 for community event.
- Tudor Trust £30000 for staff and admin.
- Tudor Trust £3000 for organisational development.
- Tudor Trust £2000 for staff wellbeing.
- Henry Smith £41000 for staff, resources, venue hire and activities.
- Welsh Government £4000 for Migrant Research.
- GAVO £3932 for school holiday home packs



Partnership Work

Over the last year we have continued to expand our network of organisations and agencies that can support our work. By acknowledging our capacity and looking at the long-term sustainability of our organisation we have developed strong partnership working ensuring that our beneficiaries have the best access to opportunities and services. This partnership working has led to more activities being available, access to additional funding and our profile has been elevated.

Our partners include:

- Aneurin Bevan University Health Board
- Barod
- Business in the Community
- GAVO
- Gwent Police
- Gwent Wildlife Trust
- HM Prison Service
- Linklaters
- Natural Resources Wales
- Newport City Football Club
- Newport Live
- Oxford University
- Pill Millennium Centre
- Pobl
- Welsh Government

Future Developments

**Development of an
interpretation service social
enterprise**

**Further development of the
youth volunteering &
employment program**

Total Funding
Received for 2023



£226,108

We acknowledge the following people and organisations for their support:

Thank you!

- All our staff for all their hard work and dedication
- To our CEO, Rusna Begum, for her vision, dedication, hard work, and her heart
- To all the Trustees for their work, support and belief in KidCare4U
- To all the Organisations, Agencies and Statutory Bodies that have worked in partnership with us
- To all our Funders
- To the Pill Millennium Centre and the Newport Sports Village for providing us the opportunity to deliver our projects in safe and comfortable venues.
- Newport City Football Club for working with us on our Football Project
- And finally to all our families for supporting us and making our work worthwhile

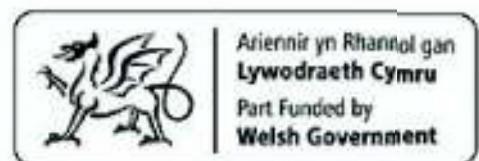


Garfield Weston
FOUNDATION

the
Tudortrust



NEWPORT LIVE
CASNEWYDD FYW



KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2023

RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

| | TOTAL | UNRESTRICTED FUNDS | | RESTRICTED FUNDS | | | | | | | | | | | | | | | | | | 2022 | | | | |
|------------------------------------|------------|--------------------|---------------------------|----------------------------------|--|---|--|------------------------------------|---------------|---------------------------------|---------------------------------------|---|-------------------|--|-----------------------------------|-----------------------------|--------------------------------|------------------------------|--------------------|---------------------------------|-----------------------------|----------|----------------------------------|----------------------------------|-----------------------------------|------------|
| | | General | The Tudor Trust Core Cost | National Lottery Support Project | Garfield Weston Foundation Women's Wellbeing | BBC Children in Need Saturday Kids Club | Newport City Participatory Budget Baby Project | Newport City Council Summer of Fun | Miscellaneous | GAVO RIFT Relaxing Mind Project | Newport City Council Football Project | Welsh Government Migrant Research Project | Pill Unity - Rent | The Tudor Trust - Organisational Development | The Tudor Trust - Staff Wellbeing | GAVO Revenue - Food Project | GAVO Capital - Cooking Capital | Nisa - Cooking/ Food Project | BAYO - Youth Meals | Awards 4 All - Bame Ladies Club | Henry Smith - Staff Funding | | GAVO - School Holiday Home Packs | Community Chest - Family Fun Day | Gwent Police - Saturday Kids Club | |
| | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | |
| Receipts | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Grants | 226,108.54 | | 30,000.00 | 32,674.00 | 10,000.00 | 20,494.00 | | 10,000.00 | 4,044.67 | 8,649.00 | 4,448.00 | 4,000.00 | 7,045.00 | 3,000.00 | 2,000.00 | 3,910.00 | 2,961.54 | 3,000.00 | 2,000.00 | 9,950.00 | 41,000.00 | 3,932.33 | 1,000.00 | 22,000.00 | 128,969.00 | |
| Sundry | 104.83 | 104.83 | | | | | | | | | | | | | | | | | | | | | | | 1,347.47 | |
| | 226,213.37 | 104.83 | 30,000.00 | 32,674.00 | 10,000.00 | 20,494.00 | 0.00 | 10,000.00 | 4,044.67 | 8,649.00 | 4,448.00 | 4,000.00 | 7,045.00 | 3,000.00 | 2,000.00 | 3,910.00 | 2,961.54 | 3,000.00 | 2,000.00 | 9,950.00 | 41,000.00 | 3,932.33 | 1,000.00 | 22,000.00 | 130,316.47 | |
| Payments | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Wages and salaries & HMRC PAYE | 117,540.13 | | 40,266.99 | 20,213.28 | 8,559.00 | 10,598.86 | 2,160.00 | | | 1,494.00 | 1,056.00 | 4,000.00 | | | | | 2,074.00 | | | 4,606.00 | | | | | 22,512.00 | 107,655.93 |
| Bounce Back Loan repayments | 1,243.20 | 1,243.20 | | | | | | | | | | | | | | | | | | | | | | | | 1,243.21 |
| Food | 8,926.97 | 1,311.10 | | | 51.44 | | | 150.00 | | | | | | | | 1,476.38 | 325.50 | 1,221.46 | | 1,121.34 | 3,163.80 | 105.95 | | | | 5,356.61 |
| Materials, equipment and resources | 5,234.85 | 292.05 | | | 1,066.98 | | | | 597.97 | 70.93 | | | | | | 322.15 | 2,202.94 | 118.32 | 306.00 | 149.00 | 108.51 | | | | | 7,412.57 |
| Rent | 13,180.75 | 2,964.02 | | | 2,128.00 | | 1,765.00 | | | | 1,218.27 | | | | 2,650.00 | 300.00 | | | | | 2,155.46 | | | | | 15,112.25 |
| Insurance | 995.10 | 995.10 | | | | | | | | | | | | | | | | | | | | | | | | 949.16 |
| Professional fees | 3,478.90 | 3,478.90 | | | | | | | | | | | | | | | | | | | | | | | | 3,647.12 |
| Expenses and admin | 1,725.93 | 515.33 | 374.74 | | 230.76 | 7.99 | | | | | | | | | | | | 449.94 | 147.17 | | | | | | | 1,594.52 |
| Sundry and travel | 9,287.79 | 2,599.16 | | | | | | 2,700.00 | 19.99 | | | | | | | 951.32 | 307.28 | | 2,000.00 | 138.65 | 271.39 | 300.00 | | | | 8,957.22 |
| Activities | 6,239.49 | 2,888.28 | | | 269.97 | 235.82 | | 1,194.67 | | | | | | | | 395.77 | | 157.21 | | 162.77 | | 935.00 | | | | 10,667.95 |
| Volunteer costs | 1,111.00 | 931.00 | | | | | | | | | | | | | | | | | | | | | | | | 727.50 |
| Consultancy | 8,300.00 | 1,275.00 | | | 6,000.00 | | | | 675.00 | | | | | 350.00 | | | | | | | | | | | | 7,915.00 |
| DBS | 0.00 | | | | | | | | | | | | | | | | | | | | | | | | | 217.60 |
| Uniform | 0.00 | | | | | | | | | | | | | | | | | | | | | | | | | 750.00 |
| | 177,264.11 | 18,493.14 | 40,641.73 | 26,213.28 | 12,306.15 | 10,842.67 | 3,925.00 | 0.00 | 4,044.67 | 2,786.96 | 2,345.20 | 4,000.00 | 0.00 | 3,000.00 | 2,000.00 | 3,445.62 | 2,510.22 | 2,967.76 | 1,970.49 | 6,910.46 | 1,664.01 | 3,643.80 | 1,040.95 | 22,512.00 | 172,206.64 | |
| Net receipts/(payments) | 48,949.26 | -18,388.31 | -10,641.73 | 6,460.72 | -2,306.15 | 9,651.33 | -3,925.00 | 10,000.00 | 0.00 | 5,862.04 | 2,102.80 | 0.00 | 7,045.00 | 0.00 | 0.00 | 464.38 | 451.32 | 32.24 | 29.51 | 3,039.54 | 39,335.99 | 288.53 | -40.95 | -512.00 | -41,890.17 | |
| Transfers between funds | 0.00 | -112.20 | | | | | 71.25 | | | | | | | | | | | | | | | | 40.95 | | | 0.00 |
| Cash funds brought forward | 6,711.96 | -25,368.38 | 30,000.00 | 8,685.16 | 8,688.77 | 0.36 | 3,853.75 | -10,000.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -9,147.70 | 48,602.13 |
| Cash funds carried forward | 55,661.22 | -43,868.89 | 19,358.27 | 15,145.88 | 6,382.62 | 9,651.69 | 0.00 | 0.00 | 0.00 | 5,862.04 | 2,102.80 | 0.00 | 7,045.00 | 0.00 | 0.00 | 464.38 | 451.32 | 32.24 | 29.51 | 3,039.54 | 39,335.99 | 288.53 | 0.00 | -9,659.70 | 6,711.96 | |

The Receipts and Payments Account was approved by the trustees on 11th May 2024 and signed on its behalf by:

J. Johnson

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2023

STATEMENT OF ASSETS AND LIABILITIES AS AT 30TH SEPTEMBER 2023

| | TOTAL | UNRESTRICTED FUNDS | | RESTRICTED FUNDS | | | | | | | | | | | | | | | | | | | | 2022 | |
|----------------------|-----------|--------------------|---------------------------|---|--|---|---|------------------------------------|---------------|---------------------------------|--|---|--------------|--|-----------------------------------|-----------------------------|--------------------------------|------------------------------|--------------------|---------------------------------|-----------------------------|----------------------------------|----------------------------------|-----------|-----------------------------------|
| | | General | The Tudor Trust Core Cost | National Lottery Family Support Project | Garfield Weston Foundation Women's Wellbeing | BBC Children in Need Saturday Kids Club | Newport City Council Participatory Budget Project | Newport City Council Summer of Fun | Miscellaneous | GAVO RIFT Relaxing Mind Project | Newport City Council Participatory Budget Football Project | Welsh Government Migrant Research Project | Unity - Rent | The Tudor Trust - Organisational Development | The Tudor Trust - Staff Wellbeing | GAVO Revenue - Food Project | GAVO Capital - Cooking Capital | Nisa - Cooking/ Food Project | BAYO - Youth Meals | Awards 4 All - Bame Ladies Club | Henry Smith - Staff Funding | GAVO - School Holiday Home Packs | Community Chest - Family Fun Day | | Gwent Police - Saturday Kids Club |
| | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ |
| Cash funds | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bank current account | 55,661.22 | -43,868.89 | 19,358.27 | 15,145.88 | 6,382.62 | 9,651.69 | 0.00 | 0.00 | 0.00 | 5,862.04 | 2,102.80 | 0.00 | 7,045.00 | 0.00 | 0.00 | 464.38 | 451.32 | 32.24 | 29.51 | 3,039.54 | 39,335.99 | 288.53 | 0.00 | -9,659.70 | 6,711.96 |
| Liabilities | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bounce Back Loan | 0.00 | 7,607.91 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 7,923.48 |

The Statement of Assets and Liabilities was approved by the trustees on 11th May 2024 and signed on its behalf by:

J. Johnson

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KIDCARE 4U

I report to the trustees on my examination of the accounts of Kidcare 4U (the Charity) for the year ended 30th September 2023, which comprise the Receipts and Payments Account and Statement of Assets and Liabilities.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christine Pritchard FCA
Arthur Gait & Company Limited
Chartered Certified Accountants
18 Gold Tops
Newport
NP20 5WJ

17th May 2024

KIDCARE 4U

England & Wales - Charity number 1185496

Accounts

KIDCARE 4U

**REPORT OF THE TRUSTEES
AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2022**

REGISTERED CHARITY NUMBER - 1185496

KIDCARE 4U

**REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2022**

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KIDCARE 4U

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30TH SEPTEMBER 2022

The trustees present their report and unaudited financial statements of KidCare 4U (the Charity) for the year ended 30th September 2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

KidCare 4U is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 25th September 2019. Its governing document is its Constitution, adopted on 28th September 2019.

The Charity is managed by its Board of Trustees who meet on a monthly-basis and ensure that all financial resources are used effectively and efficiently, along with ensuring that KidCare 4U complies with legal requirements. The Board of Trustees also examine the most appropriate use of monies relating to projects entered into.

The tight controls ensure that funds are spent for the purposes which they were given and in accordance with the objectives of the Charity.

In selecting individuals for appointment as the Charity's trustees, they must have regard to the skills, knowledge and experience needed for the effective administration of the Charity. Apart from the first trustees of the Charity, every trustee is appointed for a term of three years by a resolution passed at a properly convened meeting of the Charity trustees.

Rusna Begum is the Chief Executive Officer and manages the Charity, the programs and KidCare 4U's employees. Ms Begum is responsible for implementing the strategies and policies of the Charity as directed by the Board of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Registration Number:

1185496

Trustees:

J. Johnson (Chair)
R. Begum
M. I. Rahman
E. Owrid

Chief Executive Officer:

R. Begum

Principal Office:

34 St. Julians Avenue
Newport
NP19 7JU



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Bankers:

National Westminster Bank PLC.
High Street
Newport
NP20 1GG

Independent Examiner:

Christine Pritchard FCA
Arthur Gait & Company
Chartered Accountants
18 Gold Tops
Newport
NP20 5WJ

CHIEF EXECUTIVE OFFICER'S STATEMENT

It is hard to believe another year has gone and what a year it has been. Although we are still living with COVID-19, this year we were able to get our services back to normal and to see them develop. At the end of last year we secured funding from the National Lottery People & Places for the Family Support Project. This grant is for 3 years allowing us to continue the support we offer families in our communities and give us the opportunity to grow the project.

The pandemic has taught us so much, including the importance of play and socialisation for our children. The Saturday Club has increased the number of children it can take this year. We want to be able to offer the children the opportunity to catch up with their school work and enjoy being with friends.

We have this year been able to secure funding to continue to deliver our projects into 2023 and have developed amazing partnerships that allow us to provide additional opportunities for the community. I would like to take this opportunity to thank all our staff, volunteers and supporters for making this another successful year.

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

The Charity's main objective as set out in its Constitution is to work for the public benefit to advance the education of children, their families and carers in varying subjects including but not limited to English, Maths, ESOL, and debt management.

The Charity aims to raise funds and to invite and receive contributions in order to meet its objectives.

The Charity is a public benefit entity. The trustees have complied with their duty in Section 4 17(5) of the Charities Act 2011 and has referred to the guidance published by the Charity Commission on public benefit when reviewing the Charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives it has set.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Three years in and KidCare4U has continued to grow and develop. We have seen an increase in our beneficiaries and we have increased the services we are now providing. Thanks to the hard work of our CEO Rusna Begum, we have secured funding to allow us to continue our projects and develop new ones. Also a huge thank you to our hard working staff who have continued to support people of all ages in our communities.

Networking and partnership working has been key to our success this year and we have been able to provide access to activities that have not been available to our communities previously. This has included Women Swim sessions at the Newport Sports Village.

The impact of the Saturday Club on our children is now showing itself through the young people who attended the club now wishing to volunteer at the sessions. We have developed the Youth Mentoring Project to allow these young people to be engaged with us and for them to support the younger children. We are so proud of our children and the staff who have mentored them.

Moving forward into our fourth year we know that as trustees we must look at the long-term strategic development and sustainability of the organisation. We now have plans to complete our five year strategic plan. We are also looking at alternate sources of funding, this includes the development of a social enterprise that will employ local people and the profits will be re-invested into the KidCare4U projects.

The Charity's current activities include:

Saturday Kids' Club

- 96 children on register
- 12 staff employed
- Children come from 6 ethnic backgrounds
- Workshops have included:
 - Health and Mental Well-being sessions in partnership with CAMHS
 - Drug Awareness sessions with BAROD
 - Connecting to nature with Gwent Wildlife Trust
 - Sewing workshops in partnership with Gwent Police
 - Health cooking workshops.
- Funding received to continue the provision from the Gwent Police and Children in Need

Kids' Football Project

Kidcare4U has continued working in partnership with Newport City Football Club to develop our kids' football project. The children continue to train mid-week with the club. We now have 35 children registered with the Football Association Wales and are training and playing matches on a Sunday for a professional club.

Saturday Football - the Saturday Football session has changed this year to provide more children with the opportunity to access football. The sessions run from 10 to 11am on Saturday and are open to all children. We are encouraging parents to be volunteers and to support the coaches.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Family Support

The Family Support Project is in its first year of the National Lottery funding and the project has continued to grow. The project has this year had a support worker for the Yemeni community. The support workers saw 95 clients during the year from 13 different diverse communities and speaking 8 different languages. There were 52 new clients this year.

With this project developing we have identified areas of work that need developing and the need to develop working partnerships to help our families. We recognised that much of our work is based around the language or cultural barriers our clients face. ESOL classes were essential to help many of our clients move on. We have been working with Pobl to get free classes for our clients. We also worked with Newport Live to access to a swimming pool for our women.

- 528 support contact/visits made
- 195 wellbeing calls/visits made
- 33 New client introductions made however some new clients had support visits made immediately
- Psychological well-being practitioner translation – 9 sessions supported totalling 8.75 hours

Early Angels

This project provides support for parents with new babies and where language is a barrier.

- 8 Families supported

Over the last year this project has developed and changed. It was found that the support was needed for parents not just with premature babies but for all parents with a new baby. The project now provides the family with information and support as with the family support project but also gives that additional help with parents that face the challenges of having a new child.

Female Well-Being Project

This group brings together women from a number of diverse ethnic backgrounds, encouraging social interaction between groups. Recent natural disasters that have happened abroad affected family members here. Many of the women in our wellbeing group are anxious and very scared, so we needed to support them by providing them with accurate information. Working with RSPB and Nature Reserves Wales, KidCare4U connected our Women's Wellbeing Group to nature, educating them climate change and its impact on their lives, and taking them on walks. 65 women took part over the year.

As well as our usual projects for the adults, KidCare4U has held extra workshops. This included Trading Standards from Newport City Council delivering a session about how to avoid scams. Many people we work with are vulnerable for various reasons and are likely to fall victim to such scams.

Men's Football Project

We are currently running 3 sessions a week with 48 participants from diverse ethnic backgrounds; however, in the last few months we have 6 or more players joining from white ethnicity. The men from across Newport have formed a football WhatsApp group, are voluntarily organising the sessions and taking ownership of the group.

KidCare4U is only paying for the pitch hire. This project was set up to support men's physical and mental health and has now developed, bringing men in the community together showing integration and has provided confidence and self-esteem to the men who are now organising the project themselves.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Parent & Toddler

The Parent & Toddler group continued to run during this year with 19 parents and 22 children accessing the service. The team grew with a new volunteer joining and being active in the provision.

During the year, we accessed funding from Early Years Wales to buy a storage unit. We also had a team from Early Years Wales come in to provide activities for the children and parents to support children in being active.

Some of the parents also accessed the Paediatric First Aid Course providing them with a qualification. For many this was a huge achievement.

Unfortunately, the funding has come to an end for this project. However, from the lessons we have learnt about the project we are now looking at supporting parents using our new office space.

Summer of Fun

Once again the Welsh Government released funding through Newport City Council for the Summer of Fun. This meant that during the summer holidays we were able to take our families on trips to Barry, Cheddar Gorge, Cosmeston Lake, Porthcawl and Wookey Hole.

Many of our families are unable to afford trips and these trips were a great experience for the whole family. We took over 360 people during the summer on trips to places they have never been. There was no financial burden on the family as KidCare4U provided packed lunches, admission costs and transportation.

The funding also allowed us to host a Summer of Fun event at Pill Millennium Centre, where families could take part in a range of activities including a Bouncy Castle.

Youth Mentoring Project

Many of our young people once they get to 16 years do not want to leave the Saturday Kids Club. We now offer young people the opportunity to volunteer with KidCare4U and become youth mentors, supporting younger children who are vulnerable or are exhibiting concerning behaviours. The youth mentors are offered training and are encouraged to lead projects. One such project was the Boxing where the mentors lead the project supporting the younger children to participate in some basic boxing training sessions. We encourage our young people to look at other volunteering roles through GAVO and to participate in youth panels whenever possible.

Women's Swim Sessions

Access to fitness activities for women from diverse backgrounds is very limited due to cultural and religious barriers. KidCare4U has collaborated with the Black Swimming Association, Newport Live and Swim Wales to provide swimming lessons with qualified swimming instructors. We currently have 3 sessions per week with 78 women registered.

We now are in talks with the venue to organise gym sessions on their site for females only at a subsidised cost. Newport Live own the leisure centres across Newport and as a charity they want to work in partnership with us to improve the health and wellbeing of people from diverse ethnic backgrounds. They now see the need to respect the cultural backgrounds of our users and to provide the services required. We are looking into swim sessions for men only as this has been requested by the community.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Dignity Project

Usually the Local Authority have hubs where females can go for free sanitary products, however both the LA and KidCare4U identified that women from diverse ethnic backgrounds were uncomfortable attending the hubs and therefore were not accessing the service. Many of the women we work with are from low-income households with multiple females and are the most in need, so working with Newport City Council we now provide a service.

Stock is delivered to us and via our female staff the products are distributed to women who need it. We provide products to girls who attend our Saturday Club.

Well-Being Funding from Newport City Council

This funding allowed KidCare4U to provide a range of activities including trips and healthy cooking workshops throughout the winter months to support our young people's mental health following the last two years of living with the pandemic.

Training- Women's Well Being Program

As part of the Women's Well-Being project we have worked in partnership with a number of different organisations to provide training for women in our communities. The training has provided access to new life skills, qualifications and has built self-esteem and confidence.

Training courses have included:

- Paediatric First Aid Level 3 provided by Volunteering Wales for 28 women and 10 volunteers
- Basic Computer Skills provided by Digital Wales

Windrush Event

Funded by the Race Council Cymru, KidCare4U hosted a Windrush Event to celebrate the arrival of the first Black Immigrants. We found that many of our families were unaware of the history of immigrants in this country and so it was a great opportunity for them to hear from people who actually were part of this period of history.

Family Event

Working in partnership with Gwent Police, Aneurin Bevan Health Board and others KidCare4U hosted a Family event. The event, held at Pill Millennium Centre, offered a range of activities for the children, but it also provided free health checks, and mental health advice and Gwent Police were collecting the views of local people .

Partnership Work

Over the last year we have continued to expand our network of organisations and agencies that can support our work. By acknowledging our capacity and looking at the long-term sustainability of our organisation we have developed strong partnership working ensuring that our beneficiaries have the best access to opportunities and access to services. This partnership working has lead to more activities being available, access to additional funding and our profile has been elevated. This has meant more opportunities.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Our partners include:

- Newport City Football Club
- Aneurin Bevan University Health Board
- Gwent Police
- Gwent Wildlife Trust
- Barod
- Newport Live
- Community House
- Pill Millennium Centre
- Volunteering Wales
- Early Years Wales
- GAVO
- Swim Wales

FINANCIAL REVIEW

Details of the Charity's performance during the year are shown in the Receipts and Payments Account on page 10. The Charity's total receipts during the year amounted to £130,316.47. Total receipts during the year include receipts from fees, various grants and sundry income.

During the year, KidCare 4U received grant funding from the following funders:

- The Tudor Trust core funding - £30,000 per annum for 3 years
- The National Lottery Community Fund - £32,674 for 3 Family Support Workers (6 hours each), Welsh translation, consultant and 15 hours of CEO post;
- Garfield Weston for Women's Wellbeing project - £10,000;
- BBC Children In Need - money for heroes project - £1,000;
- Children in Need for Saturday Club - £9,997;
- Newport City Council for Winter of Well-being - £7,500;
- Newport City Council Participatory Budget project - £9,236;
- Newport City Council Summer of Fun - £5,000;
- Gwent Police for Saturday Club - £12,041.50;
- Race Council Cymru GM Fund for Women's Well-being project - £3,800;
- Race Council Cymru for Windrush event - £1,690.50;
- GAVO for youth led boxing project - £1,970;
- GAVO Winter Pressures funding - £3,490;
- Early Years Wales for Parent & Toddler group - £250;
- Additional funding received - £1347.47

The Charity's total payments during the year amounted to £172,206.64 resulting in a net cash outflow for the year amounting to £41,890.17.

Details of the Charity's assets and liabilities are shown in the Statement of Assets and Liabilities on page 11. At 30th September 2022, the Charity's cash funds totalled £6,711.96 and its liabilities, its Bounce Back Loan, totalled £7,923.48.



KidCare4U
Supporting children and families

KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

The Charity's key financial aim remains to be financially sustainable. The Board of Trustees has established a policy whereby the unrestricted funds not committed or invested in tangible assets (the free reserves) held by the Charity should be to amount to three months running costs. This will allow the Charity to run for a very short period of time, in the event of a significant reduction in funding. How the funding would be replaced, or activities changed would need to be addressed urgently, but should not compromise the primary objectives of KidCare 4U. Free reserves at 30th September 2022 totalled £6,711.96.

FUTURE DEVELOPMENTS

Moving forward the following projects will be developed:

- New office space to be opened in Clarence House
- Development of ESOL classes in partnership with Pobl
- Gym sessions and possible men's swim sessions
- Monthly coffee mornings for women
- Development of IT sessions with Coleg Gwent
- Early Angels project moving into the Family Support project
- Development of Youth Mentoring Program

THANK YOU!

We acknowledge the following people and organisations for their support:

- All our staff for all their hard work and dedication
- To our CEO, Rusna Begum, for her vision, dedication, hard work, and her heart
- To all the Trustees for their work, support and belief in KidCare4U
- To all the Organisations, Agencies and Statutory Bodies that have worked in partnership with us
- To all our Funders
- To the Pill Millennium Centre, Newport Sports Village and Eveswell Community Centre, for providing us the opportunity to deliver our projects in safe and comfortable venues.
- Newport City Football Club for working with us on our Football Project
- And finally to all our families for supporting us and making our work worthwhile

Approved by the trustees on 3rd June 2023 and signed on its behalf by:

J. Johnson



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KIDCARE 4U

I report to the trustees on my examination of the accounts of Kidcare 4U (the Charity) for the year ended 30th September 2022, which comprise the Receipts and Payments Account and Statement of Assets and Liabilities.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christine Pritchard FCA
Arthur Gait & Company
Chartered Accountants
18 Gold Tops
Newport
NP20 5WJ

5th June 2023

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2022

RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

| | TOTAL £ | UNRESTRICTED FUNDS | | | RESTRICTED FUNDS | | | | | | | | | | | | | | | | | 2021 £ | | | |
|------------------------------------|------------|--------------------|---------------------------------------|---|--|---|--|---|--|--|--|---|---|---|--|--|--|--|---------------------|---|--|-----------|--|------------|------------|
| | | General £ | Garfield Weston Foundation £ | The Tudor Trust Core Cost £ | National Lottery Family Support Project £ | Garfield Weston Foundation Women's Wellbeing £ | Moondance Foundation Children's Football £ | BBC Children in Need Money Heroes Project £ | BBC Children in Need Saturday Kids Club £ | Newport City Council Early Angels £ | Newport City Council Winter of Wellbeing Project £ | Newport City Council Participatory Budget Project £ | Newport City Council Summer of Fun £ | Gwent Police Saturday Kids Club £ | Awards for All Parent and Toddler Group £ | Race Council Cymru - GM Fund Women's Wellbeing Project £ | Race Council Cymru - Survey £ | Race Council Cymru - Windrush £ | GAVO Boxing £ | GAVO Winter Pressures Project £ | Early Years Wales Parent and Toddler Group £ | | WCVA Voluntary Services Recovery Fund £ | | |
| Receipts | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fees | 0.00 | | | | | | | | | | | | | | | | | | | | | | | 50.00 | |
| Grants | 128,969.00 | | | 30,000.00 | 32,674.00 | 10,000.00 | | 1,000.00 | 9,997.00 | | 7,500.00 | 9,236.00 | 5,000.00 | 12,041.50 | | 3,800.00 | 320.00 | 1,690.50 | 1,970.00 | 3,490.00 | 250.00 | | | 133,888.46 | |
| Sundry | 1,347.47 | 1,347.47 | | | | | | | | | | | | | | | | | | | | | | 1,190.42 | |
| HMRC Job Retention Scheme | 0.00 | | | | | | | | | | | | | | | | | | | | | | | 6,833.45 | |
| | 130,316.47 | 1,347.47 | 0.00 | 30,000.00 | 32,674.00 | 10,000.00 | 0.00 | 1,000.00 | 9,997.00 | 0.00 | 7,500.00 | 9,236.00 | 5,000.00 | 12,041.50 | 0.00 | 3,800.00 | 320.00 | 1,690.50 | 1,970.00 | 3,490.00 | 250.00 | 0.00 | | 141,962.33 | |
| Payments | | | | | | | | | | | | | | | | | | | | | | | | | |
| Wages and salaries & HMRC PAYE | 107,655.93 | 20,403.45 | 8,778.00 | | 18,792.84 | 495.00 | 624.00 | | 9,746.64 | 1,392.00 | 1,430.00 | 2,160.00 | 2,600.00 | 24,915.00 | 4,224.00 | 9,560.00 | 320.00 | 190.00 | 585.00 | 1,440.00 | | | | | 89,351.63 |
| Grant repayment | 0.00 | | | | | | | | | | | | | | | | | | | | | | | | 3,780.51 |
| Bounce Back Loan repayments | 1,243.21 | 1,243.21 | | | | | | | | | | | | | | | | | | | | | | | 414.40 |
| Food | 5,356.61 | 515.80 | | | | 160.88 | | | | | 1,550.50 | | 1,823.23 | | | | 1,064.90 | 241.30 | | | | | | | 2,634.26 |
| Materials, equipment and resources | 7,412.57 | 771.69 | | | | 455.35 | 66.97 | 1,000.00 | | 1,416.50 | 1,015.89 | | 534.28 | | 1,272.47 | | | 319.42 | 310.00 | 250.00 | | | | | 5,522.74 |
| Rent | 15,112.25 | | 4,312.55 | | | | 1,420.00 | | | | 535.00 | 1,822.25 | 607.00 | 2,005.70 | 954.75 | 771.00 | | 180.00 | 774.00 | 1,730.00 | | | | | 8,432.50 |
| Insurance | 949.16 | 949.16 | | | | | | | | | | | | | | | | | | | | | | | 966.21 |
| Professional fees | 3,647.12 | 1,171.12 | 2,436.00 | | | | 40.00 | | | | | | | | | | | | | | | | | | 6,256.18 |
| Training | 0.00 | | | | | | | | | | | | | | | | | | | | | | | | 729.00 |
| DBS | 217.60 | 9.70 | | | | | 158.40 | | | | | | | | | | | 49.50 | | | | | | | 584.00 |
| Uniform | 750.00 | 630.00 | | | | | 120.00 | | | | | | | | | | | | | | | | | | 222.30 |
| Expenses and admin | 1,594.52 | 1,004.61 | | | | | | | 68.99 | | | | 152.48 | | 103.60 | 94.84 | | 170.00 | | | | | | | 2,530.58 |
| Sundry and travel | 8,957.22 | 1,852.27 | | | | 200.00 | 110.00 | | | | | | 4,784.95 | | | 2,010.00 | | | | | | | | | 0.00 |
| Activities | 10,667.95 | 878.70 | | | | | 150.00 | 250.00 | | 2,967.00 | 1,400.00 | 4,669.00 | | | 25.75 | 227.50 | | 100.00 | | | | | | | 6,187.17 |
| Volunteer costs | 727.50 | | 91.00 | | | | 356.50 | | | | | | | | 280.00 | | | | | | | | | | 1,849.50 |
| Consultancy | 7,915.00 | | | | 5,280.00 | | | | | | | | | | 1,075.00 | | | | | | | | 1,560.00 | | 4,530.00 |
| | 172,206.64 | 29,429.71 | 15,617.55 | 0.00 | 24,072.84 | 1,311.23 | 3,045.87 | 1,000.00 | 9,996.64 | 2,877.49 | 7,498.39 | 5,382.25 | 15,170.94 | 26,920.70 | 7,935.57 | 12,663.34 | 320.00 | 1,704.90 | 1,969.22 | 3,480.00 | 250.00 | 1,560.00 | | | 133,990.98 |
| Net receipts/(payments) | -41,890.17 | -28,082.24 | -15,617.55 | 30,000.00 | 8,601.16 | 8,688.77 | -3,045.87 | 0.00 | 0.36 | -2,877.49 | 1.61 | 3,853.75 | -10,170.94 | -14,879.20 | -7,935.57 | -8,863.34 | 0.00 | -14.40 | 0.78 | 10.00 | 0.00 | -1,560.00 | | | 7,971.35 |
| Transfers between funds | 0.00 | 49.16 | -933.89 | | | | 791.87 | | | 5.49 | -1.61 | | 170.94 | | 0.82 | -36.66 | | 14.40 | -0.78 | -10.00 | | | -49.74 | | 0.00 |
| Cash funds brought forward | 48,602.13 | 2,664.70 | 16,551.44 | 0.00 | 84.00 | 0.00 | 2,254.00 | 0.00 | 0.00 | 2,872.00 | 0.00 | 0.00 | 0.00 | 5,731.50 | 7,934.75 | 8,900.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 1,609.74 | | 40,630.78 |
| Cash funds carried forward | 6,711.96 | -25,368.38 | 0.00 | 30,000.00 | 8,685.16 | 8,688.77 | 0.00 | 0.00 | 0.36 | 0.00 | 0.00 | 3,853.75 | -10,000.00 | -9,147.70 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 48,602.13 |

The Receipts and Payments Account was approved by the trustees on 3rd June 2023 and signed on its behalf by

J. Johnson

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2022

STATEMENT OF ASSETS AND LIABILITIES AS AT 30TH SEPTEMBER 2022

| | <u>TOTAL</u> | <u>UNRESTRICTED FUNDS</u> | | | <u>RESTRICTED FUNDS</u> | | | | | | | | | | | | | | | | | <u>2021</u> | | |
|----------------------|--------------|---------------------------|-----------------------------------|-----------------------------------|-------------------------|------------------------|---|--|-----------------------------|--|---|--|-----------------------------|---------------------|--|---|--------------------------------------|--------------------|--------------------------------------|--------------------------|--|-------------|------|-----------|
| | | <u>General</u> | <u>Garfield Weston Foundation</u> | <u>Garfield Weston Foundation</u> | <u>National Lottery</u> | <u>The Tudor Trust</u> | <u>Moondance Foundation Children's Football</u> | <u>BBC Children in Need Money Heroes Project</u> | <u>BBC Children in Need</u> | <u>Newport City Council Early Angels</u> | <u>Newport City Council Winter of Wellbeing Project</u> | <u>Newport City Council Participatory Budget Project</u> | <u>Newport City Council</u> | <u>Gwent Police</u> | <u>Awards for All Parent and Toddler Group</u> | <u>Race Council Cymru - GM Fund Women's Wellbeing Project</u> | <u>Race Council Cymru - Windrush</u> | <u>GAVO Boxing</u> | <u>GAVO Winter Pressures Project</u> | <u>Early Years Wales</u> | <u>WCVA Voluntary Services Recovery Fund</u> | | | |
| | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | |
| Cash funds | | | | | | | | | | | | | | | | | | | | | | | | |
| Bank current account | 6,711.96 | -25,368.38 | 0.00 | 30,000.00 | 8,685.16 | 8,688.77 | 0.00 | 0.00 | 0.36 | 0.00 | 0.00 | 3,853.75 | -10,000.00 | -9,147.70 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 48,602.13 |
| Liabilities | | | | | | | | | | | | | | | | | | | | | | | | |
| Bounce Back Loan | 7,923.48 | 0.00 | 0.00 | 7,923.48 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 9,628.70 |

The Statement of Assets and Liabilities was approved by the trustees on 3rd June 2023 and signed on its behalf by

J. Johnson

KIDCARE 4U

England & Wales - Charity number 1185496

Accounts

KIDCARE 4U

**REPORT OF THE TRUSTEES
AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2021**

REGISTERED CHARITY NUMBER - 1185496

KIDCARE 4U

**REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2021**

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KidCare4U

Supporting children and families

KIDCARE 4U

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30TH SEPTEMBER 2021

The trustees present their report and unaudited financial statements of KidCare 4U (the Charity) for the year ended 30th September 2021.

STRUCTURE, GOVERNANCE AND MANAGEMENT

KidCare 4U is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 25th September 2019. Its governing document is its Constitution, adopted on 28th September 2019.

The Charity is managed by its Board of Trustees who meet on a monthly-basis and ensure that all financial resources are used effectively and efficiently, along with ensuring that KidCare 4U complies with legal requirements. The Board of Trustees also examine the most appropriate use of monies relating to projects entered into.

The tight controls ensure that funds are spent for the purposes which they were given and in accordance with the objectives of the Charity.

In selecting individuals for appointment as the Charity's trustees, they must have regard to the skills, knowledge and experience needed for the effective administration of the Charity. Apart from the first trustees of the Charity, every trustee is appointed for a term of three years by a resolution passed at a properly convened meeting of the Charity trustees.

Rusna Begum is the Chief Executive Officer and manages the Charity, the programs and KidCare 4U's employees. Ms Begum is responsible for implementing the strategies and policies of the Charity as directed by the Board of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Registration Number:

1185496

Trustees:

J. Johnson (Chair)
R. Begum
M. I. Rahman
R. N. Haque - resigned 25th August 2021
E. Owrid - appointed 5th September 2021

Chief Executive Officer:

R. Begum

Principal Office:

34 St. Julians Avenue
Newport
NP19 7JU



KidCare4U

Supporting children and families

KIDCARE 4U

**REPORT OF THE TRUSTEES - CONTINUED
FOR THE YEAR ENDED 30TH SEPTEMBER 2021**

Bankers:

National Westminster Bank PLC.
High Street
Newport
NP20 1GG

Independent Examiner:

Christine Pritchard FCA
Arthur Gait & Company
Chartered Accountants
18 Gold Tops
Newport
NP20 5WJ

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

The Charity's main objective as set out in its Constitution is to work for the public benefit to advance the education of children, their families and carers in varying subjects including but not limited to English, Maths, ESOL, and debt management.

The Charity aims to raise funds and to invite and receive contributions in order to meet its objectives.

The Charity is a public benefit entity. The trustees have complied with their duty in Section 4 17(5) of the Charities Act 2011 and has referred to the guidance published by the Charity Commission on public benefit when reviewing the Charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives it has set.

At the end of our first year, we were all looking forward to being able to deliver our projects in "normal circumstances", yet it was not to be and we have faced another year of lockdowns, restrictions and difficulties. However, we are so pleased to say that KidCare 4U has gone from strength to strength. We have secured funding to continue our Saturday Kids' Club and our Family Support Projects and also establishing some wonderful new projects, designed and developed by you, the local community.

There have been some changes, notably our Saturday Kids' Club. We now only run for 2 hours and we are no longer registered with CIW. However, we are delivering so much more with partners such as Gwent Police and CAMHS providing workshops.

We are delighted that we are now employing 20 local people from 6 different ethnic backgrounds, who can speak between them 8 different languages. This has meant we are able to expand our reach into the community and provide more support. This year we have reached 574 beneficiaries.

This year has been an exciting second year of operation. What has been another difficult year, KidCare4U has shown its resilience and demonstrated that it is able to adapt with the needs of its community. We have seen an expansion of our existing services and also developed new projects, allowing us to support the people we serve. We are trusted amongst the community and other organisations, which has meant that we have been able to create opportunities for all ages from diverse ethnic groups in Newport. Our continuing growth in the building of networks and partnership working has opened up new opportunities for the organisation and for our beneficiaries. None of this would have been possible if it was not for our dedicated and hard-working staff.



KidCare4U

Supporting children and families

KIDCARE 4U

**REPORT OF THE TRUSTEES - CONTINUED
FOR THE YEAR ENDED 30TH SEPTEMBER 2021**

The Charity's current activities include:

Saturday Kids' Club

- 84 children on register
- Children come from 6 ethnic backgrounds
- 12 staff employed
- Educational support to provide all children with the opportunity to catch up on school work after lockdown
- Workshops delivered by Gwent Police, ABUHB, Gwent Wildlife, Barod & CAMHS
- Funding received to continue the provision from the Waterloo Foundation, Gwent Police and Children in Need
- Work experience
- Volunteering opportunities

Kids' Football Project

KidCare 4U has continued working in partnership with Newport City Football Club to develop our kids' football project. Newport City FC have moved their Saturday morning training to the Pill Millennium Centre to provide the opportunity to engage to those children without access to transport. The project is currently supported by volunteers. We are currently sourcing funding to allow us to continue to support this project and provide training for our wonderful volunteers. We now have 50 children registered with the Football Association Wales and are training and playing matches for a professional club.

Family Support

The Family Support project over the last year has continued to support families especially those where language is a barrier. We now support 85 families from 8 different ethnic backgrounds. The project has received a 3 year grant for £98,022 from the National Lottery to continue the project. This grant has allowed us to employ an additional Family Support Worker which will provide us with the opportunity to support more families.

Support provided:

- providing correct COVID-19 information, as there was a language barrier causing fear and confusion
- liaising with schools
- helping to access online learning
- supporting victims of domestic violence and abuse
- helping with Universal Credit claims
- help with bills, credit cards and loans
- signposting to health agencies and interpreting
- providing an advocacy and befriending service in various languages for those who were lonely or isolated.

Early Angels

This project provides support for parents with premature babies and where language is a barrier. Working with parents, within both the neonatal unit at the Royal Gwent and the home, volunteers support parents when meeting with health professionals to translate to ensure parents receive all the relevant information they need.



KidCare4U

Supporting children and families

KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2021

Men's Football Project

This project supports both the physical and mental well-being of BME men. During the pandemic the BME communities have been adversely affected. This project has provided participants with an emotional outlet and establish a network of friends, as well as providing physical exercise. As part of our Football Project we have set up a Men's team. We initially had funding to hire the training pitches, a coach and to provide training to volunteers who wish to train as Football Coaches for both the men's and children's teams. We are now run with volunteers. The team meets 3 times a week and currently has 45 participants.

Parent & Toddler

The Parent & Toddler runs every Monday morning from 10-11.30am and is based at Eveswell Community Centre. This group is for parents with children aged 0-3 years and is open to any family. We have a diverse range of staff to support parents where English is a second language. We provide a range of outdoor and indoor play activities for both the parent and child to engage in. We employ two qualified staff and we are members of Early Years Wales.

- Play Leader - Anwara Begum
- Play Worker- Fahima Islam
- Awards for All grant £9,000
- 22 participants
- 2 new jobs created

Female Well-Being Project

As an extension of the Family Support Project, we recognised that women in our communities were often isolated, especially for older women where there was a language barrier. As we came out of lockdowns, it was evident that our women had lost a lot of confidence and faced anxiety about the situation. The Well-being groups were set up to provide information, support, and companionship. We do this through a variety of activities such as exercise, crafts, outings and bringing service providers in to share information such as ABUHB providing up to date COVID information. The GM Fund (Race Council Wales) awarded us £10,000 which has allowed us to employ 5 female Support Workers and to be able to provide two well-being groups, one based in the Phyllis Maud Performance Space in Pill and the other in Community House Eton Road in Maindee.

The funding also allowed us to provide a Yemeni Female Well-being Support Worker, who delivers family support to women in the Yemeni community and refers women to the wellbeing groups.

- 40 women attending
- 5 local women employed

BAME Test, Trace & Protect Project

At the height of the pandemic there was so much misinformation circulating in our communities, we felt that it was important for us to be active in ensuring that the correct messages were getting to people in their own language. Working with Public Health Wales and the Local Health Board, we contacted people informing them of the purpose of Test, Trace and Protect, and what would be expected of them if they were contacted. We contacted 150 people.



KidCare4U

Supporting children and families

KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2021

Summer of Fun

The Welsh Government released funding during the summer of 2021 to enable local authorities to provide free cultural and play opportunities to local communities. Newport City Council offered this funding to local groups. KidCare4U applied for the funding to take families on trips, as many have never had the opportunity to visit these places. 160 individuals went on the trips. We provided the transport, entrance fees and pack lunches. We went to:

- Hire of Jump Adventure - 80 children attended
- Cardiff Castle
- Barry Island
- Dan-yr-Ogof Caves
- Oakwood Theme Park
- Brecon Beacons
- Caerphilly Castle

Other Work

Over the last year we have been expanding our network of organisations and agencies that can support our work. By acknowledging our capacity and looking at the long-term sustainability of our organisation we have developed strong partnership working ensuring that our beneficiaries have the best access to opportunities and access to services.

Our partners include:

- Newport City Football Club
- Aneurin Bevan University Health Board
- Gwent Police
- Gwent Wildlife Trust
- Barod
- Newport Live
- Community House
- Pill Millennium Centre
- GAVO
- Early Years Wales

We have been approached by external organisations to help them access the BME communities we work with, as these communities are often seen as hard to reach communities.

We have conducted surveys and research on behalf of:

- University of Cardiff
- Welsh Government
- Race Council Wales



KidCare4U

Supporting children and families

KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2021

FINANCIAL REVIEW

Details of the Charity's performance during the year are shown in the Receipts and Payments Account on page 9. The Charity's total receipts during the year amounted to £141,962.33. Total receipts during the year include receipts from fees, various grants, HMRC Job Retention Scheme and sundry income.

During the year, KidCare 4U received grant funding from the following funders:

- WCVA (VSRF) - £33,355.96 for running costs, 18 hours for CEO, consultancy fees, venue hire for men's football, a project manager, PPE/cleaning materials
- The National Lottery Community Fund - £17,016.00 for 2 Family Support Workers (6 hours each), Welsh translation, and 15 hours of CEO post
- Community Foundation Wales - £4,968.00 for 2 staff to be employed for 6 hours per week for the BAME Test, Trace & Protect
- BAWSO - £9,360.00 for the Saturday Kids' Club (4 Playworkers)
- Moondance Foundation- £8,156.00 for the Kids' Football Project and covers venue hire, Project Manager and football equipment
- Garfield Weston - £20,000.00 for organisational core costs
- Gwent Police & Crime Commissioners Fund - £7,441.50 for the Saturday Kids' Club (2 Tutors & 1 Playworker)
- Newport City Council - £4,000.00 for the Little Angels Project
- GAVO - £1,500.00 for the Men's Football Project to cover venue hire costs
- Race Council Cymru - £10,000.00 for the BAME Female Well-being Project for 5 Wellbeing Support Workers (3 hrs each per week)
- Newport City Council Summer of Fun Project - £9,000.00 for trips and included transport, staff costs, admission fees, food and materials
- Awards for All - £9,091.00 for the Parent & Toddler Group for 2 staff, Project Manager, materials and venue hire

The Charity's total payments during the year amounted to £133,990.98 resulting in a net cash inflow for the year amounting to £7,971.35.

Details of the Charity's assets and liabilities are shown in the Statement of Assets and Liabilities on page 10. At 30th September 2021, the Charity's cash funds totalled £48,602.13 and its liabilities, its Bounce Back Loan, totalled £9,628.70.

The Charity's key financial aim remains to be financially sustainable. The Board of Trustees has established a policy whereby the unrestricted funds not committed or invested in tangible assets (the free reserves) held by the Charity should be to amount of three months running costs. This will allow the Charity to run for a very short period of time, in the event of a significant reduction in funding. How the funding would be replaced, or activities changed would need to be addressed urgently, but should not compromise the primary objectives of KidCare 4U. Free reserves as at 30th September 2021 totalled £48,602.13.

PLANS FOR FUTURE PERIODS

The Charity plans on continuing its activities to promote its aims and objectives in the near future.

The Board of Trustees continues to draw in funding from a number of sources. The development of a 5 year strategy and the accompanying Fundraising Strategy, there will be a structured approach to the work being delivered by the Charity allowing for growth and development.



KidCare4U

Supporting children and families

KIDCARE 4U

**REPORT OF THE TRUSTEES - CONTINUED
FOR THE YEAR ENDED 30TH SEPTEMBER 2021**

Moving forward into our third year we know that as trustees we must look at the long-term strategic development and sustainability of the organisation. We have realised that one of the most important roles we are now developing is to be a voice for the ethnic communities we serve. Being an advocate for these communities is a huge responsibility, but not one we will shy away from. With this in mind we will this year continue to develop our networks but also look how your voice can be best represented to Welsh Government, the Local Authority, the Local Health Board and other organisations.

Future developments include:

- Female swimming lessons
- Intergenerational Volunteer Project
- Adult learning classes including ESOL
- Kids' boxing sessions
- Advocacy

THANK YOU!

We acknowledge the following people and organisations for their support:

- All our staff for all their hard work and dedication
- To our CEO, Rusna Begum, for her vision, dedication, hard work, and her heart
- To all the trustees for their work, support and belief in KidCare4U
- To all the organisations, agencies and statutory bodies that have worked in partnership with us
- To all our funders
- To the Pill Millennium Centre, Eveswell Community Centre, the Phyllis Maud Performance Space and Community House for providing us the opportunity to deliver our projects in safe and comfortable venues
- Newport City Football Club for working with us on our Football Project
- And finally, to all our families for supporting us and making our work worthwhile

Approved by the trustees on 18th April 2022 and signed on its behalf by:

J. Johnson



KidCare4U
Supporting children and families

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KIDCARE 4U

I report to the trustees on my examination of the accounts of Kidcare 4U (the Charity) for the year ended 30th September 2021, which comprise the Receipts and Payments Account and Statement of Assets and Liabilities.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christine Pritchard FCA
Arthur Gait & Company
Chartered Accountants
18 Gold Tops
Newport
NP20 5WJ

21st April 2022

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2021
STATEMENT OF ASSETS AND LIABILITIES AS AT 30TH SEPTEMBER 2021

| TOTAL | UNRESTRICTED FUNDS | | RESTRICTED FUNDS | | | | | | | | | | | | | | | | | | | |
|-------|--------------------|----------------------------|---------------------------------|--|----------------------|--|--|-----------------------|--|------------------------------------|--|---------------------------|--|-----------------------------------|---------------------|---------------------------|---------------------------------------|--|---|--|------|-----------|
| | General Fundations | Garfield Weston Foundation | Awards for All National Lottery | Awards for All COVID 19 National Lottery | Moonhouse Foundation | Moonhouse Foundation Children's Football | Waters Fever Distribution: In This Together Communities Maltres Fund | Wales Wellbeing Grant | Newport City Council Early Years Award | Newport City Council Summer of Fun | Awards for All Parent and Toddler Groups | Great Parks Saturday Club | Awards for All Parent and Toddler Groups | GM Fund Women's Wellbeing Project | GAVO Men's Football | BAWSO Saturday Kids' Club | WCVA Voluntary Services Recovery Fund | Community Foundations Wales BAME Ties and Traces Support Project | GAVO Comic Relief Grant Sunday Kid Club Project | Community Fund National Lottery COVID 19 BAME Family Support Project | | |
| £ | 2,664.70 | 16,551.44 | 84.00 | 0.00 | 0.00 | 2,254.00 | 0.00 | 0.00 | 2,872.00 | 0.00 | 5,731.50 | 7,934.75 | 8,900.00 | 0.00 | 0.00 | 0.00 | 1,609.74 | 0.00 | 0.00 | 0.00 | 0.00 | 40,630.78 |
| £ | 0.00 | 9,628.70 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 10,000.00 |

Cash funds

Bank current account

Liabilities

Bounce Back Loan

The Statement of Assets and Liabilities was approved by the trustees on 18th April 2022 and signed on its behalf by:

J. Johnson

KIDCARE 4U

England & Wales - Charity number 1185496

Accounts

KIDCARE 4U

**REPORT OF THE TRUSTEES
AND UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30TH SEPTEMBER 2020**

REGISTERED CHARITY NUMBER - 1185496

KIDCARE 4U

**REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30TH SEPTEMBER 2020**

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| 6 | Receipts and Payments Account |
| 7 | Statement of Assets and Liabilities |



KIDCARE 4U

REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 30TH SEPTEMBER 2020

The trustees present their report and unaudited financial statements of Kidcare 4U (the Charity) for the period ended 30th September 2020.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Kidcare 4U is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 25th September 2019. Its governing document is its Constitution, adopted on 28th September 2019.

The Charity is managed by its Board of Trustees who meet on a monthly-basis and ensure that all financial resources are used effectively and efficiently, along with ensuring that Kidcare 4U complies with legal requirements. The Board of Trustees also examine the most appropriate use of monies relating to projects entered into.

The tight controls ensure that funds are spent for the purposes which they were given and in accordance with the objectives of the Charity.

In selecting individuals for appointment as the Charity's trustees, they must have regard to the skills, knowledge and experience needed for the effective administration of the Charity. Apart from the first trustees of the Charity, every trustee is appointed for a term of three years by a resolution passed at a properly convened meeting of the Charity trustees.

Rusna Begum is the Chief Executive Officer and manages the Charity, the programs and Kidcare 4U's employees. Ms Begum is responsible for implementing the strategies and policies of the Charity as directed by the Board of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Registration Number:

1185496

Trustees:

J. Johnson (Chair)
M. I. Rahman
R. N. Haque
R. Begum

Chief Executive:

R. Begum

Principal Office:

34 St. Julians Avenue
Newport
NP19 7JU



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE PERIOD ENDED 30TH SEPTEMBER 2020

Bankers:

National Westminster Bank PLC.
High Street
Newport
NP20 1GG

Independent Examiner:

Christine Pritchard FCA
Arthur Gait & Company
Chartered Accountants
18 Gold Tops
Newport
NP20 5WJ

OBJECTIVES AND ACTIVITIES

The Charity's main objective as set out in its Constitution is to work for the public benefit to advance the education of children, their families and carers in varying subjects including but not limited to English, Maths, ESOL, and debt management.

The Charity aims to raise funds and to invite and receive contributions in order to meet its objectives.

The Charity's current activities include:

- Saturday Kids' Club; this also involves educational support for children and young people in Maths and English
- Family Support Workers that provide support in accessing benefits, food, online training and provide translation services
- Football projects for adults and children
- Test & Trace support

ACHIEVEMENTS AND PERFORMANCE

The Charity is a public benefit entity. The trustees have complied with their duty in Section 4 17(5) of the Charities Act 2011 and has referred to the guidance published by the Charity Commission on public benefit when reviewing the Charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives it has set.

Kidcare 4U has many key achievements. During this financial period:

- Care Inspectorate Wales approved weekend low cost childcare facility registered for 45 children at PillMill.
- Saturday Kids' Club for 50 BAME children from low income household at PillMill.
- it provided student Welsh Baccalaureate placement, volunteering and employment opportunities for local residents.
- An organised COVID-19 response that has seen the organisation develop support to 65 BAME families by providing home packs.
- BAME family support project helping families with language barrier issues. Family Support Workers reaching out 40 families in need to provide support.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE PERIOD ENDED 30TH SEPTEMBER 2020

- Development of the football project in Partnership with Newport City FC to encourage BAME children to train and play for the club.
- Development of two groups of 30 men participating in football activity twice a week.

FINANCIAL REVIEW

Details of the Charity's performance during the period are shown in the Receipts and Payments Account on page 4. The Charity's total receipts during the period amounted to £78,237.29. Total receipts during the period include receipts from fees, various grants, its Bounce Back Loan, HMRC Job Retention Scheme and sundry income.

Kidcare 4U has received grant funding from a number of funders including The National Lottery Awards for All and Community Fund grants, the Welsh Government, the Moondance Foundation, Western Power, GAVO VESF and the Community Foundation. This funding allows Kidcare 4U to employ the Chief Executive Officer for 30 hours, the family support workers and part fund the childcare staff. The Saturday Kids' Club also generates a small income through fees.

The Charity's total payments during the period amounted to £37,606.51, resulting in a net cash inflow for the period amounting to £40,630.78.

Details of the Charity's assets and liabilities are shown in the Statement of Assets and Liabilities on page 5. At 30th September 2020, the Charity's cash funds totalled £40,630.78 and its liabilities, its Bounce Back Loan, totalled £10,000.00.

The Charity's key financial aim remains to be financially sustainable. The Board of Trustees has established a policy whereby the unrestricted funds not committed or invested in tangible assets (the free reserves) held by the Charity should be to amount of three months running costs. This will allow the Charity to run for a very short period of time, in the event of a significant reduction in funding. How the funding would be replaced, or activities changed would need to be addressed urgently, but should not compromise the primary objectives of Kidcare 4U. Free reserves as at 30th September 2020 totalled £5,348.12.

PLANS FOR FUTURE PERIODS

The Charity plans on continuing its activities to promote its aims and objectives in the near future.

The Board of Trustees continues to draw in funding from a number of sources. The development of a 5 year strategy and the accompanying Fundraising Strategy, there will be a structured approach to the work being delivered by the Charity allowing for growth and development.

The major risk facing the Charity in the following year is securing grant income to continue Kidcare 4U's services into the following year. The trustees are in the process of developing, both a 5 year strategy and a fundraising strategy that will look to continue the employment of the CEO, family support staff and the childcare provision. They are will also look at securing funding for new projects.



KIDCARE 4U

**REPORT OF THE TRUSTEES - CONTINUED
FOR THE PERIOD ENDED 30TH SEPTEMBER 2020**

Approved by the trustees on 25th November 2020 and signed on its behalf by:

J. Johnson



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KIDCARE 4U

I report to the trustees on my examination of the accounts of Kidcare 4U (the Charity) for the period ended 30th September 2020, which comprise the Receipts and Payments Account and Statement of Assets and Liabilities.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christine Pritchard FCA
Arthur Gait & Company
Chartered Accountants
18 Gold Tops
Newport
NP20 5WJ

Date: 30th November 2020

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE PERIOD ENDED 30TH SEPTEMBER 2020

RECEIPTS AND PAYMENTS ACCOUNT
FOR THE PERIOD ENDED 30TH SEPTEMBER 2020

| | <u>TOTAL</u> | <u>RESTRICTED FUNDS</u> | | | | | | | | | | |
|------------------------------------|------------------|---------------------------|--|--|-----------------------------|---|--|--|-------------------------------|--------------------------------|--|---|
| | | <u>UNRESTRICTED FUNDS</u> | <u>Awards for All National Lottery</u> | <u>Awards for All National Lottery</u> | <u>Moondance Foundation</u> | <u>Western Power Distribution In This Together Communities Matters Fund</u> | <u>Community Foundation Wales Family Support Project</u> | <u>GAVO VESF Grant COVID 19 BAME Home Pack Project</u> | <u>Wales Resilience Grant</u> | <u>The Waterloo Foundation</u> | <u>GAVO Comic Relief Grant Saturday Kid Club Project</u> | <u>Community Fund National Lottery COVID 19 BAME Family support Project</u> |
| | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ |
| Receipts | | | | | | | | | | | | |
| Fees | 7,537.00 | 7,537.00 | | | | | | | | | | |
| Grants | 53,729.50 | | 9,994.00 | 1,810.00 | 5,137.00 | 2,500.00 | 2,000.00 | 1,646.50 | 11,150.00 | 10,500.00 | 2,320.00 | 6,672.00 |
| Sundry | 31.00 | 31.00 | | | | | | | | | | |
| HMRC Job Retention Scheme | 6,939.79 | 6,939.79 | | | | | | | | | | |
| Bounce Back Loan | 10,000.00 | 10,000.00 | | | | | | | | | | |
| | <u>78,237.29</u> | <u>24,507.79</u> | <u>9,994.00</u> | <u>1,810.00</u> | <u>5,137.00</u> | <u>2,500.00</u> | <u>2,000.00</u> | <u>1,646.50</u> | <u>11,150.00</u> | <u>10,500.00</u> | <u>2,320.00</u> | <u>6,672.00</u> |
| Payments | | | | | | | | | | | | |
| Wages and salaries | 25,461.77 | 15,429.10 | 1,050.00 | | 4,540.00 | | 2,000.00 | 360.00 | | 195.00 | 45.00 | 1,842.67 |
| HMRC PAYE | 663.20 | 663.20 | | | | | | | | | | |
| Food | 2,776.12 | 87.84 | | | | 1,538.28 | | 1,150.00 | | | | |
| Materials, equipment and resources | 1,835.37 | 166.52 | | | | 526.49 | | 136.50 | 1,005.86 | | | |
| Rent | 2,986.36 | 1,419.08 | 400.00 | 290.00 | 37.28 | | | | 840.00 | | | |
| Insurance | 241.65 | 90.65 | | 151.00 | | | | | | | | |
| Professional fees | 1,637.00 | 677.00 | | 480.00 | 240.00 | | | | 240.00 | | | |
| Training | 362.73 | 300.00 | | | | | | | 62.73 | | | |
| DBS | 396.80 | 148.80 | | 99.20 | 49.60 | | | | 99.20 | | | |
| Uniform | 641.47 | 59.99 | | | | | | | 581.48 | | | |
| Expenses and admin | 522.64 | 36.09 | | 386.55 | | | | | 100.00 | | | |
| Sundry | 11.40 | 11.40 | | | | | | | | | | |
| Volunteer costs | 70.00 | 70.00 | | | | | | | | | | |
| | <u>37,606.51</u> | <u>19,159.67</u> | <u>1,450.00</u> | <u>1,406.75</u> | <u>4,866.88</u> | <u>2,064.77</u> | <u>2,000.00</u> | <u>1,646.50</u> | <u>2,929.27</u> | <u>195.00</u> | <u>45.00</u> | <u>1,842.67</u> |
| Cash funds carried forward | <u>40,630.78</u> | <u>5,348.12</u> | <u>8,544.00</u> | <u>403.25</u> | <u>270.12</u> | <u>435.23</u> | <u>0.00</u> | <u>0.00</u> | <u>8,220.73</u> | <u>10,305.00</u> | <u>2,275.00</u> | <u>4,829.33</u> |

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE PERIOD ENDED 30TH SEPTEMBER 2020

STATEMENT OF ASSETS AND LIABILITIES AS AT 30TH SEPTEMBER 2020

| | <u>TOTAL</u> | <u>RESTRICTED FUNDS</u> | | | | | | | | | | |
|---------------------------|--------------|---------------------------|--|--|-----------------------------|---|--|--|-------------------------------|--------------------------------|--|---|
| | | <u>UNRESTRICTED FUNDS</u> | <u>Awards for All National Lottery</u> | <u>Awards for All National Lottery</u> | <u>Moondance Foundation</u> | <u>Western Power Distribution In This Together Communities Fund</u> | <u>Community Foundation Wales Family Support Project</u> | <u>GAVO VESF Grant COVID 19 BAME Home Pack Project</u> | <u>Wales Resilience Grant</u> | <u>The Waterloo Foundation</u> | <u>GAVO Comic Relief Grant Saturday Kid Club Project</u> | <u>Community Fund National Lottery COVID 19 BAME Family support Project</u> |
| | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ | £ |
| <i>Cash funds</i> | | | | | | | | | | | | |
| Bank current account | 40,630.78 | 5,348.12 | 8,544.00 | 403.25 | 270.12 | 435.23 | 0.00 | 0.00 | 8,220.73 | 10,305.00 | 2,275.00 | 4,829.33 |
| <i>Liabilities</i> | | | | | | | | | | | | |
| Bounce Back Loan | 10,000.00 | 10,000.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |

The Receipts and Payments Account and Statement of Assets and Liabilities were approved by the trustees on 25th November 2020 and signed on its behalf by:

J. Johnson