



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day01	Mont08h	Year2024		Day31	Mo07nth	Y2025ear

Section A

Reference and administration details

Charity name

Anti-Ms

Other names charity is known by

Registered charity number (if any) 1185467

Charity's principal address

Savoy Place, Savoy Road, Brislington, Bristol

Postcode

BS4 3SX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gabby Oxley	Chair		
2	Anne Gregory	Treasurer		
3	Natalia Plejic	Secretary		
4	Waheeda Hales	Vice Chair		
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected by trustee body

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To offer advice and support to autistic women and girls through regular group sessions in and around Bristol.
To seek to improve public and professional understanding of autism in women and girls through workshops and outreach.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Social activities
 Skills based social groups
 Online support groups
 Training for teachers
 Training for counsellors
 Training for students

All activities are planned and executed with maximum regard for public benefit using charity commission guidance(PB1,PB2,PB3)ensuring we reach as many potential users as possible. No conflicts of interest have arisen and we have complied with charity laws in all charity business.

Internal governance is in line with CC guidance CC3

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our volunteers are supportive and take on tasks such as social media communications.

Summary of the main achievements of the charity during the year

We have established a thriving online group which meet monthly. Our face-to-face social group is growing and attracting new members each meet. This meets bi-monthly.

We have established an advisory board to increase the autistic voice during planning and decision making. This has enabled us to reach more potential users.

Internal governance has been strengthened with clear roles and responsibilities for trustees and volunteers.

All policies have been reviewed and agreed by all trustees.

The website has been updated.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity has circa £9000 in its current account . Our financial management policy states that £2000 will be our reserve amount each year.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	A L Gregory	
Full name(s)	Anne Lorraine Gregory	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	14/12/25	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No
Auti-Ms	1185467

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01 August 2024		30 July 2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants provided by other charities		-	-		
website development					
For specific projects		250		250	1,187
General grants					
Donations and gifts	2,401		-	2,401	3,887
Donated goods, facilities and other services					
Sub total (Gross income for AR)			-	2,651	5,074
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total			-		-
Total receipts	2,401	250	-	2,651	5,074
A3 Payments					
Raising funds		-	-		
Charitable activities	15	-	-		
Utilities and general running costs (including website		813			1,668
Raising awareness and running workshops	419	3,430			2,636
Training for volunteers	88				
Sub total	522	4,243		4,765	4,304
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	
Sub total			-		
Total payments	522	4,243		4,765	4,304
Net of receipts/(payments)	1,879	- 3,993		- 2,114	
A5 Transfers between funds					
A6 Cash funds last year end	6,363	5,527		11,890	11,120
Cash funds this year end	8,242	1,234		9,476	11,890

Section B Statement of assets and liabilities at the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds			
Details			
Cash at bank			-
Total cash funds			-
B2 Other monetary assets			
Details			
Not applicable	-	-	-
B3 Investment assets			
Details			
Not applicable	-	-	-
B4 Assets retained for the charity's own use			
Details			
Not applicable	-	-	-
B5 Liabilities			
Details			
Not applicable	-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	A L Gregory	Anne Lorraine Gregory	12.12.2025
	G Oxley	Gabrielle Oxley	12.12.2025

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