CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 /8/23 Period start date To 31/7/24 Period end date

Charity name: Auti-Ms

Charity registration number: 1185467

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	**To support autistic women and girls. To educate about the differences experienced by autistic females compared to male peers**
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	**Online support group** **Dance workshops** **Arts and craft workshops** **Website** **Social media information**
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	**Yes- all trustees have** regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	**We do not give grants**
Policy on social investment including program related investment	Para 1.38	**We do not invest**
Contribution made by volunteers	Para 1.38	**Our charity is 100% run by volunteers who give up their time. Without our volunteers there would be no auti-ms**
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	**Through holding our adult online support group we have established a supportive social network for many autistic women who otherwise would not be able to gain the support of others who have similar life experiences and would be socially isolated.** **Our face to face groups such as dance or sewing give autistic women and girls a chance to " find their tribe" whilst also learning new skills and hobbies. For many of our girls, these activities are the only times they are able to "be themselves" and not feel judged by their peers. It also helps them to build a social network with others with similar experiences and difficulties.**

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	**We have supported many autistic women and girls this year as per our aims.** **We have also spoken at conferences to educate about the difficulties autistic girls face as per our aims.**
Performance of fundraising activities against objectives set	Para 1.41	**Many of our users have raised funds for us through activities such as raffles and running marathons.**
Investment performance against objectives	Para 1.41	**N/A**
Other		**N/A**

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	**£11,890**
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	**Reserves are held to pay for the costs of the website and to provide further activities in the next financial year should more funding not be available.**
Amount of reserves held	Para 1.22	**£6363**
Reasons for holding zero reserves	Para 1.22	**N/A**
Details of fund materially in deficit	Para 1.24	**N/A**
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	**N/A**

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	**Grants and fundraising by users**
Investment policy and objectives including any social investment policy adopted	Para 1.46	**N/A**
A description of the principal risks facing the charity	Para 1.46	**Lack of volunteers to support delivery** **Lack of funding .**
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Registered charity**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	**Elected during AGM by attendees**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Auti-Ms
Other name the charity uses	
Registered charity number	1185467
Charity's principal address	47 Wells Close Long Ashton Bristol

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
2				
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		

Date	

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No
Auti-Ms	1185467

Receipts and payments accounts

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For the period from	Period start date	To	Period end date
	###		###

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants provided by other charities		-	-		
website development					9,100
For specific projects		1,187			1,560
General grants					
Donations and gifts	3,887		-		100
Dontated goods, facilities and other services					
Sub total*(Gross income for AR)*	3,887	1,187	-	5,074	10,760
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,887	1,187	-	5,074	10,760
A3 Payments					
Rasing funds		-	-		
Charitable activities		-	-		
Utilities and general running costs (including website	106	1,562	-		3,749
Raising awareness and running workshops		2,636	-		5,410
Training for volunteers			-		500
Sub total	106	4,198	-	4,304	9,659
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	
Sub total			-		
Total payments	106	4,198		4,304	9,659
Net of receipts/(payments)	3,781	- 3,011			1,101
A5 Transfers between funds					
A6 Cash funds last year end	2,582	8,538		11,120	10,019
Cash funds this year end	6,363	5,527		11,890	11,120

Section B Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	6,363	5,527	-
	Total cash funds	6,363	5,527	-

	Details	Unrestricted funds	Restricted funds	Endowment funds
B2 Other monetary assets	Not applicable	-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Not applicable	-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Not applicable	-	-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Not applicable	-	-	-

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	A L Gregory	Anne Lorraine Gregory	
	G Oxley	Gabrielle Oxley	

1.00

Date	GL	Acct	Description
12 Aug 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Aug 20	100	Cash	Payment for Zoom
01 Sep 20	300	Grants expenditure - restricted	Payment for website
01 Sep 20	100	Cash	Payment for website
10 Sep 20	300	Grants expenditure - restricted	EB Business planning
10 Sep 20	100	Cash	EB Business planning
14 Sep 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Sep 20	100	Cash	Payment for Zoom
07 Oct 20	300	Grants expenditure - restricted	Payment to Voscur
07 Oct 20	100	Cash	Payment to Voscur
12 Oct 20	300	Grants expenditure - restricted	Recruiting trustee
12 Oct 20	100	Cash	Recruiting trustee
12 Oct 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Oct 20	100	Cash	Payment for Zoom
12 Nov 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Nov 20	100	Cash	Payment for Zoom
20 Nov 20	100	Cash	Charitable receipt from BT PG
20 Nov 20	400	Donations and gifts	Charitable receipt from BT PG
07 Dec 20	900	Charitable activities - general running costs	PolicyBee insurance
07 Dec 20	100	Cash	PolicyBee insurance
14 Dec 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Dec 20	100	Cash	Payment for Zoom
12 Jan 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Jan 21	100	Cash	Payment for Zoom
02 Feb 21	300	Grants expenditure - restricted	Training costs
02 Feb 21	100	Cash	Training costs
12 Feb 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Feb 21	100	Cash	Payment for Zoom
22 Feb 21	100	Cash	Donation from Lea-Wilson
22 Feb 21	400	Donations and gifts	Donation from Lea-Wilson
09 Mar 21	600	Charitable activities - raising awareness	"Using LinkedIn"
09 Mar 21	100	Cash	"Using LinkedIn"
10 Mar 21	300	Grants expenditure - restricted	"EB Small Charity"
10 Mar 21	100	Cash	"EB Small Charity"
12 Mar 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Mar 21	100	Cash	Payment for Zoom
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
22 Mar 21	300	Grants expenditure - restricted	"JKP UK"
22 Mar 21	100	Cash	"JKP UK"
12 Apr 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Apr 21	100	Cash	Payment for Zoom
22 Apr 21	600	Charitable activities - raising awareness	Canva graphic design
22 Apr 21	100	Cash	Canva graphic design
29 Apr 21	300	Grants expenditure - restricted	Training costs
29 Apr 21	100	Cash	Training costs
12 May 21	600	Charitable activities - raising awareness	Payment for Zoom
12 May 21	100	Cash	Payment for Zoom
21 May 21	100	Cash	Main grants
21 May 21	800	Grants income - restricted	Main grants
14 Jun 21	600	Charitable activities - raising awareness	Payment for Zoom
14 Jun 21	100	Cash	Payment for Zoom
16 Jun 21	300	Grants expenditure - restricted	The Autism Show
16 Jun 21	100	Cash	The Autism Show
25 Jun 21	100	Cash	Grant - Inclusion Gloucestershire
25 Jun 21	800	Grants income - restricted	Grant - Inclusion Gloucestershire
29 Jun 21	300	Grants expenditure - restricted	Web design cost
29 Jun 21	100	Cash	Web design cost
12 Jul 21	600	Charitable activities - raising awareness	Zoom payment - used for workshops in year

12 Jul 21	100	Cash	
16 Jul 21	300	Grants expenditure - restricted	Trans inclusion training
16 Jul 21	100	Cash	
30 Jul 21	300	Grants expenditure - restricted	Website cost - use of grant
30 Jul 21	100	Cash	
		n/a	
		n/a	
		n/a	
		n/a	
		n/a	
		n/a	
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		n/a	
		n/a	

Debit	Credit	Futher notes
14.39		
	14.39	
12.46		12.46
	12.46	12.46
5.00		
	5.00	
14.39		
	14.39	
55.00		
	55.00	
5.00		
	5.00	
14.39		
	14.39	
14.39		
	14.39	
40.00		
	40.00	
84.00		
	84.00	
14.39		
	14.39	
14.39		
	14.39	
46.00		
	46.00	
14.39		
	14.39	
100.00		
	100.00	
10.00		
	10.00	
5.00		
	5.00	
14.39		
	14.39	
52.50		
	52.50	
22.60		
	22.60	
35.00		
	35.00	
14.39		
	14.39	
0.99		
	0.99	
5.77		
	5.77	
14.39		
	14.39	
7,670.00		
	7,670.00	
14.39		
	14.39	
38.30		
	38.30	
2,000.00		
	2,000.00	
360.00		
	360.00	
14.39		

	14.39	
10.00	-	
	10.00	
12.46	-	
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Sub category for notes
Payment for website under the £2,000 grant
Training event with the small charities coalition on mental health training - out of the restricted grant for training & website
Training was for mental health signposting.EB is Eventbrite who take the bookings.
Training was for mental health signposting.EB is Eventbrite who take the bookings.
Training
Payment for Zoom
"Charitable giving, courtesy of BT PG"
"Charitable giving, courtesy of BT PG"
NAS Women & girls conference - training
"Using LinkedIn" - This was for 2 of our trustees to join a regional networking meeting with the aim to raise our profile and link with similar charities in the locality.
"Using LinkedIn"
Group training activity
Group training activity
Group training activity
Group training activity
Canva - graphic design
Training for facilitating a support group with participants who may not have stable mental health
Training for facilitating a support group with participants who may not have stable mental health
"The autism show"
"The autism show"
Inclusion Gloucest - is this a restricted grant?
Inclusion Gloucest - is this a restricted grant?
Elimelight web design - Bristol
Elimelight web design - Bristol

Transaction number	Query/ notes
1	
1	
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26	Grant for a specific social skills project, as yet unspent
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29	Restricted to training and website development cost
29	
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600	
Charitable activities - raising awareness	
14.39	
14.39	
14.39	
14.39	
14.39	
10.00	
14.39	
10.00	
14.39	
14.39	
0.99	
14.39	
14.39	
14.39	
14.39	
193.67	

900	
Charitable activities - general running costs	
84.00	

800		100		50
Grants income - restricted		Cash		Raising
-	7,670.00	2,827.33		
-	2,000.00	-	14.39	
		-	12.46	
		-	55.00	
		-	5.00	
		-	14.39	
		-	14.39	
		-	14.39	
		-	14.39	
		40.00	-	
		-	84.00	
		-	14.39	
		-	14.39	
		-	46.00	
		-	14.39	
		100.00	-	
		-	10.00	
		-	5.00	
		-	14.39	
		52.50	-	
		22.60	-	
		-	35.00	
		-	14.39	
		-	0.99	
		-	5.77	
		-	14.39	
		7,670.00	-	
		-	38.30	
		2,000.00	-	
		-	360.00	
		-	14.39	
		-	10.00	
		-	12.46	
		-	5.00	
		12,712.43	857.66	
		11,854.77		
		11854.77		
		1.00		

00	300	700
g funds	Grants expenditure - restricted	Errors/ double charges
	12.46	
	5.00	
	55.00	
	5.00	
	35.00	
	5.77	
	38.30	
	360.00	
	10.00	
	12.46	
	46.00	
	5.00	
	589.99	

200		400	
Donated goods, facilities and other services		Donations and gifts	
		-	40.00
		-	100.00
		-	52.50
		-	22.60
			215.10

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No
Auti-Ms	1185467

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	###		###

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General grants provided by other charities	4,424	-	-	4,424	-
Donations and gifts	317	-	-	317	-
Dontated goods, facilities and other services	90	-	-	90	-
Sub total*(Gross income for AR)*	4,831	-	-	4,831	-
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,831	-	-	4,831	-
A3 Payments					
Rasing funds	133	-	-	133	-
Charitable activities	-	-	-	-	-
Utilities and general running costs	701	-	-	701	-
Raising awareness	1,169	-	-	1,169	-
Sub total	2,004	-	-	2,004	-
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	2,004	-	-	2,004	-
Net of receipts/(payments)	2,827	-	-	2,827	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,827	-	-	2,827	-

Section B Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	2,827	-	-
	Total cash funds	2,827	-	-

	Details	Unrestricted funds	Restricted funds	Endowment funds
B2 Other monetary assets	Not applicable	-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Not applicable	-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Not applicable	-	-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Not applicable	-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval