



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Auti-Ms	No 1185467
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Receipts and payments accounts

CC16a

For the period from	Period start date ###	To	Period end date ###
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants provided by other charities		-	-		
website development		9,100		9,100	
For specific projects		1,560		1,560	2,500
General grants					
Donations and gifts	100		-	100	348
Dontated goods, facilities and other services					
Sub total (Gross income for AR)			-	10,760	2,848
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	100	10,660	-	10,760	2,848
A3 Payments					
Raising funds		-	-		
Charitable activities		-	-		
Utilities and general running costs (including website)	57	3,692	-	3,749	1,257
Raising awareness and running workshops		5,410	-	5,410	3,398
Training for volunteers	500	-	-	500	29
Sub total	557	9,102	-	9,659	4,684
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	557	9,102		9,659	4,684
Net of receipts/(payments)	- 457	1,558		1,101	- 1,836
A5 Transfers between funds					
A6 Cash funds last year end	3,039	6,980		10,019	11,855
Cash funds this year end	2,582	8,538		11,120	10,019

Section B Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	2,582	8,538	-
	Total cash funds	2,582	8,538	-
B2 Other monetary assets	Details	Unrestricted funds	Restricted funds	Endowment funds
	Not applicable	-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Not applicable	-	-	-
Signed by one or two trustees on behalf of all the trustees				
Signature		Print Name		Date of approval
A L Gregory		Anne Lorraine Gregory		1
G Oxley		Gabrielle Oxley		

Date	GL	Acct	Description
12 Aug 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Aug 20	100	Cash	Payment for Zoom
01 Sep 20	300	Grants expenditure - restricted	Payment for website
01 Sep 20	100	Cash	Payment for website
10 Sep 20	300	Grants expenditure - restricted	EB Business planning
10 Sep 20	100	Cash	EB Business planning
14 Sep 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Sep 20	100	Cash	Payment for Zoom
07 Oct 20	300	Grants expenditure - restricted	Payment to Voscur
07 Oct 20	100	Cash	Payment to Voscur
12 Oct 20	300	Grants expenditure - restricted	Recruiting trustee
12 Oct 20	100	Cash	Recruiting trustee
12 Oct 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Oct 20	100	Cash	Payment for Zoom
12 Nov 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Nov 20	100	Cash	Payment for Zoom
20 Nov 20	100	Cash	Charitable receipt from BT PG
20 Nov 20	400	Donations and gifts	Charitable receipt from BT PG
07 Dec 20	900	Charitable activities - general running costs	PolicyBee insurance
07 Dec 20	100	Cash	PolicyBee insurance
14 Dec 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Dec 20	100	Cash	Payment for Zoom
12 Jan 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Jan 21	100	Cash	Payment for Zoom
02 Feb 21	300	Grants expenditure - restricted	Training costs
02 Feb 21	100	Cash	Training costs
12 Feb 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Feb 21	100	Cash	Payment for Zoom
22 Feb 21	100	Cash	Donation from Lea-Wilson
22 Feb 21	400	Donations and gifts	Donation from Lea-Wilson
09 Mar 21	600	Charitable activities - raising awareness	"Using LinkedIn"
09 Mar 21	100	Cash	"Using LinkedIn"
10 Mar 21	300	Grants expenditure - restricted	"EB Small Charity"
10 Mar 21	100	Cash	"EB Small Charity"
12 Mar 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Mar 21	100	Cash	Payment for Zoom
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
22 Mar 21	300	Grants expenditure - restricted	"JKP UK"
22 Mar 21	100	Cash	"JKP UK"
12 Apr 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Apr 21	100	Cash	Payment for Zoom
22 Apr 21	600	Charitable activities - raising awareness	Canva graphic design
22 Apr 21	100	Cash	Canva graphic design
29 Apr 21	300	Grants expenditure - restricted	Training costs
29 Apr 21	100	Cash	Training costs
12 May 21	600	Charitable activities - raising awareness	Payment for Zoom
12 May 21	100	Cash	Payment for Zoom
21 May 21	100	Cash	Main grants
21 May 21	800	Grants income - restricted	Main grants
14 Jun 21	600	Charitable activities - raising awareness	Payment for Zoom
14 Jun 21	100	Cash	Payment for Zoom
16 Jun 21	300	Grants expenditure - restricted	The Autism Show
16 Jun 21	100	Cash	The Autism Show
25 Jun 21	100	Cash	Grant - Inclusion Gloucestershire
25 Jun 21	800	Grants income - restricted	Grant - Inclusion Gloucestershire
29 Jun 21	300	Grants expenditure - restricted	Web design cost
29 Jun 21	100	Cash	Web design cost
12 Jul 21	600	Charitable activities - raising awareness	Zoom payment - used for workshops in year

[illegible]

Debit	Credit	Futher notes
14.39		
	14.39	
12.46		12.46
	12.46	12.46
5.00		
	5.00	
14.39		
	14.39	
55.00		
	55.00	
5.00		
	5.00	
14.39		
	14.39	
14.39		
	14.39	
40.00		
	40.00	
84.00		
	84.00	
14.39		
	14.39	
14.39		
	14.39	
46.00		
	46.00	
14.39		
	14.39	
100.00		
	100.00	
10.00		
	10.00	
5.00		
	5.00	
14.39		
	14.39	
52.50		
	52.50	
22.60		
	22.60	
35.00		
	35.00	
14.39		
	14.39	
0.99		
	0.99	
5.77		
	5.77	
14.39		
	14.39	
7,670.00		
	7,670.00	
14.39		
	14.39	
38.30		
	38.30	
2,000.00		
	2,000.00	
360.00		
	360.00	
14.39		

Sub category for notes

Payment for website under the £2,000 grant

Training event with the small charities coalition on mental health training - out of the restricted grant for training & website

Training was for mental health signposting.EB is Eventbrite who take the bookings.

Training was for mental health signposting.EB is Eventbrite who take the bookings.

Training

Payment for Zoom

"Charitable giving, courtesy of BT PG"

"Charitable giving, courtesy of BT PG"

NAS Women & girls conference - training

"Using LinkedIn" - This was for 2 of our trustees to join a regional networking meeting with the aim to raise our profile and link with similar charities in the locality.

"Using LinkedIn"

Group training activity

Group training activity

Group training activity

Group training activity

Canva - graphic design

Training for facilitating a support group with participants who may not have stable mental health

Training for facilitating a support group with participants who may not have stable mental health

"The autism show"

"The autism show"

Inclusion Gloucester - is this a restricted grant?

Inclusion Gloucester - is this a restricted grant?

Elimelight web design - Bristol

Elimelight web design - Bristol

Transaction number	Query/ notes
1	
1	
2	
2	
3	
3	
4	
4	
5	
5	
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7	
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24	
25	
25	
26	Grant for a specific social skills project, as yet unspent
26	
27	
27	
28	
28	
29	Restricted to training and website development cost
29	
30	
30	
31	

600

Charitable activities - raising awareness

14.39
14.39
14.39
14.39
14.39
10.00
14.39
10.00
14.39
14.39
0.99
14.39
14.39
14.39

14.39

193.67

900

Charitable activities - general running costs

84.00

800		100		50
Grants income - restricted		Cash		Raising
-	7,670.00	2,827.33	-	
-	2,000.00	-	14.39	
		-	12.46	
		-	55.00	
		-	5.00	
		-	14.39	
		-	14.39	
		-	14.39	
		-	14.39	
		40.00	-	
		-	84.00	
		-	14.39	
		-	14.39	
		-	46.00	
		-	14.39	
		100.00	-	
		-	10.00	
		-	5.00	
		-	14.39	
		52.50	-	
		22.60	-	
		-	35.00	
		-	14.39	
		-	0.99	
		-	5.77	
		-	14.39	
		7,670.00	-	
		-	38.30	
		2,000.00	-	
		-	360.00	
		-	14.39	
		-	10.00	
		-	12.46	
		-	5.00	
		12,712.43	857.66	
		11,854.77		
		11854.77		
		1.00		

00
; funds

300
Grants expenditure - restricted

700
Errors/ double charges

12.46
5.00
55.00
5.00
35.00

5.77
38.30
360.00
10.00
12.46

46.00
5.00

589.99

200

Donated goods, facilities and other services

400

Donations and gifts

-	40.00
-	100.00
-	52.50
-	22.60

215.10



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No
Anti-Ms	1185467

Receipts and payments accounts

CC16a

For the period from	Period start date ###	To	Period end date ###
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General grants provided by other charities	4,424	-	-	4,424	-
Donations and gifts	317	-	-	317	-
Dontated goods, facilities and other services	90	-	-	90	-
Sub total (Gross income for AR)	4,831	-	-	4,831	-
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,831	-	-	4,831	-
A3 Payments					
Raising funds	133	-	-	133	-
Charitable activities	-	-	-	-	-
Utilities and general running costs	701	-	-	701	-
Raising awareness	1,169	-	-	1,169	-
Sub total	2,004	-	-	2,004	-
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,004	-	-	2,004	-
Net of receipts/(payments)	2,827	-	-	2,827	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,827	-	-	2,827	-

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Details			
	Cash at bank	2,827	-	-
	Total cash funds	2,827	-	-
B2 Other monetary assets	Details			
	Not applicable	-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
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Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	