CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From July 2021 Period start date To July 2022 Period end date

Charity name: Auti-Ms

Charity registration number: 1185467

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	**To increase awareness of autism i8n women and girls. To support early identification, mental health, financial resilience and general wellbeing**
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	**Support groups, social activities, education and training, online webinar series.**
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	**Trustees have had regard to guidance offered by the CC**

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	**The charity has run several well attended and effective face to face social and educational workshop series. These have centred on drama, arts and crafts and cookery. Through these women and girls with similar lived experience have come together, developed a supportive social network and learnt new skills and hobbies to support emotional resilience and good mental health.** **Our 3 different monthly online support groups are targeted at different audiences and continue to grow in popularity with many users being regular participants. At these meetings, our users share experiences, problem solve and develop strategies together to enhance everyday life.**

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	**£11855** **This includes unspent funding £7670 from The National Lottery in the financial year 2020-2021 to develop a series of social groups. This was unspent due to the restrictions on public gatherings during the Covid 19 pandemic.**
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	**A reserve of £1000 is always left unspent to cover management of our website for a year.**
Amount of reserves held	Para 1.22	**£1000**
Reasons for holding zero reserves	Para 1.22	**none**
Details of fund materially in deficit	Para 1.24	**none**
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	**none**

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	**Grant funding from TNL**
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	**Shortage of trustees**
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	**constitution**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Unincorporated association**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	**Election tom trustee status has to be nominated and seconded by current trustees**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Auti-ms
Other name the charity uses	
Registered charity number	1185467

Charity’s principal address	47 well Close Long Ashton Bristol BS41 9NB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gabi Oxley	Chair		
2	Lorraine Gregory	Treasurer		
3	Natalia Plejic	Secretary		
4	Waheeda Hales	Vice Chair		
5				
6				
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18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	none
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	none
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	none

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Lorraine Gregory	G Oxley
Full name(s)	Anne Lorraine Gregory	Gabrielle Oxley
Position (eg Secretary, Chair, etc)	Treasurer	Chair
Date	13/5/23	

CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Auti-Ms

Receipt

For the period from

Section A Receipts and payments

	Unrestricted funds to the nearest £
A1 Receipts	
Grants provided by other charities	
For website development & training costs	
For specific projects	
General grants	
Donations and gifts	**348**
Dontated goods, facilities and other services	
Sub total*(Gross income for AR)*	**348**
A2 Asset and investment sales (see table)	
Not applicable	**-**
Sub total	**-**
Total receipts	**348**
A3 Payments	
Rasing funds	
Charitable activities	
Utilities and general running costs (including website	**84**
Raising awareness and running workshops	
Training for volunteers	
Sub total	**84**
A4 Asset and investment purchases, (see table)	
Not applicable	**-**
Sub total	**-**
Total payments	**84**
Net of receipts/(payments)	**264**
A5 Transfers between funds	
A6 Cash funds last year end	**2,775**
Cash funds this year end	**3,039**

Section B Statement of assets and liabilities a

B1 Cash funds

Details
Cash at bank

Tot

B2 Other monetary assets

Details
Not applicable

B3 Investment assets

Details
Not applicable

B4 Assets retained for the charity's own use

Details
Not applicable

B5 Liabilities

Details
Not applicable

Signed by one or two trustees on behalf of all the trustees

Signat
A L Gre
G Ox

No
1185467

s and payments accounts

CC16a

Period start date	To	Period end date
###		30/7/2022

Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
-	-		
			2,000
2,500	-		7,670
-	-		215
2,500	-	2,848	9,885
-	-	-	-
-	-	-	-
2,500	-	2,848	9,885
-	-		10
-	-		
1,173	-		469
3,398	-		174
29	-		205
4,600	-	4,684	858
-	-	-	
-	-	-	
4,600	-	4,684	858
- 2,100	-	- 1,836	9,027
-	-		
9,080	-	11,855	2,827
6,980	-	10,019	11,855

t the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	3,039	6,980	-
al cash funds	3,039	6,980	-

	Unrestricted funds	Restricted funds	Endowment funds
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
	-	-	-

ture	Print Name	Date of approval
egory	Anne Lorraine Gregory	]
ley	Gabrielle Oxley	

1.00

Date	GL	Acct	Description
12 Aug 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Aug 20	100	Cash	Payment for Zoom
01 Sep 20	300	Grants expenditure - restricted	Payment for website
01 Sep 20	100	Cash	Payment for website
10 Sep 20	300	Grants expenditure - restricted	EB Business planning
10 Sep 20	100	Cash	EB Business planning
14 Sep 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Sep 20	100	Cash	Payment for Zoom
07 Oct 20	300	Grants expenditure - restricted	Payment to Voscur
07 Oct 20	100	Cash	Payment to Voscur
12 Oct 20	300	Grants expenditure - restricted	Recruiting trustee
12 Oct 20	100	Cash	Recruiting trustee
12 Oct 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Oct 20	100	Cash	Payment for Zoom
12 Nov 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Nov 20	100	Cash	Payment for Zoom
20 Nov 20	100	Cash	Charitable receipt from BT PG
20 Nov 20	400	Donations and gifts	Charitable receipt from BT PG
07 Dec 20	900	Charitable activities - general running costs	PolicyBee insurance
07 Dec 20	100	Cash	PolicyBee insurance
14 Dec 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Dec 20	100	Cash	Payment for Zoom
12 Jan 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Jan 21	100	Cash	Payment for Zoom
02 Feb 21	300	Grants expenditure - restricted	Training costs
02 Feb 21	100	Cash	Training costs
12 Feb 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Feb 21	100	Cash	Payment for Zoom
22 Feb 21	100	Cash	Donation from Lea-Wilson
22 Feb 21	400	Donations and gifts	Donation from Lea-Wilson
09 Mar 21	600	Charitable activities - raising awareness	"Using LinkedIn"
09 Mar 21	100	Cash	"Using LinkedIn"
10 Mar 21	300	Grants expenditure - restricted	"EB Small Charity"
10 Mar 21	100	Cash	"EB Small Charity"
12 Mar 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Mar 21	100	Cash	Payment for Zoom
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
22 Mar 21	300	Grants expenditure - restricted	"JKP UK"
22 Mar 21	100	Cash	"JKP UK"
12 Apr 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Apr 21	100	Cash	Payment for Zoom
22 Apr 21	600	Charitable activities - raising awareness	Canva graphic design
22 Apr 21	100	Cash	Canva graphic design
29 Apr 21	300	Grants expenditure - restricted	Training costs
29 Apr 21	100	Cash	Training costs
12 May 21	600	Charitable activities - raising awareness	Payment for Zoom
12 May 21	100	Cash	Payment for Zoom
21 May 21	100	Cash	Main grants
21 May 21	800	Grants income - restricted	Main grants
14 Jun 21	600	Charitable activities - raising awareness	Payment for Zoom
14 Jun 21	100	Cash	Payment for Zoom
16 Jun 21	300	Grants expenditure - restricted	The Autism Show
16 Jun 21	100	Cash	The Autism Show
25 Jun 21	100	Cash	Grant - Inclusion Gloucestershire
25 Jun 21	800	Grants income - restricted	Grant - Inclusion Gloucestershire
29 Jun 21	300	Grants expenditure - restricted	Web design cost
29 Jun 21	100	Cash	Web design cost
12 Jul 21	600	Charitable activities - raising awareness	Zoom payment - used for workshops in year

12 Jul 21	100	Cash	
16 Jul 21	300	Grants expenditure - restricted	Trans inclusion training
16 Jul 21	100	Cash	
30 Jul 21	300	Grants expenditure - restricted	Website cost - use of grant
30 Jul 21	100	Cash	
		n/a	
		n/a	
		n/a	
		n/a	
		n/a	
		n/a	
		n/a	
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		n/a	
		n/a	
		n/a	

Debit	Credit	Futher notes
14.39		
	14.39	
12.46		12.46
	12.46	12.46
5.00		
	5.00	
14.39		
	14.39	
55.00		
	55.00	
5.00		
	5.00	
14.39		
	14.39	
14.39		
	14.39	
40.00		
	40.00	
84.00		
	84.00	
14.39		
	14.39	
14.39		
	14.39	
46.00		
	46.00	
14.39		
	14.39	
100.00		
	100.00	
10.00		
	10.00	
5.00		
	5.00	
14.39		
	14.39	
52.50		
	52.50	
22.60		
	22.60	
35.00		
	35.00	
14.39		
	14.39	
0.99		
	0.99	
5.77		
	5.77	
14.39		
	14.39	
7,670.00		
	7,670.00	
14.39		
	14.39	
38.30		
	38.30	
2,000.00		
	2,000.00	
360.00		
	360.00	
14.39		

	14.39	
10.00	-	
	10.00	
12.46	-	
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Sub category for notes
Payment for website under the £2,000 grant
Training event with the small charities coalition on mental health training - out of the restricted grant for training & website
Training was for mental health signposting.EB is Eventbrite who take the bookings.
Training was for mental health signposting.EB is Eventbrite who take the bookings.
Training
Payment for Zoom
"Charitable giving, courtesy of BT PG"
"Charitable giving, courtesy of BT PG"
NAS Women & girls conference - training
"Using LinkedIn" - This was for 2 of our trustees to join a regional networking meeting with the aim to raise our profile and link with similar charities in the locality.
"Using LinkedIn"
Group training activity
Group training activity
Group training activity
Group training activity
Canva - graphic design
Training for facilitating a support group with participants who may not have stable mental health
Training for facilitating a support group with participants who may not have stable mental health
"The autism show"
"The autism show"
Inclusion Gloucest - is this a restricted grant?
Inclusion Gloucest - is this a restricted grant?
Elimelight web design - Bristol
Elimelight web design - Bristol

Transaction number	Query/ notes
1	
1	
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26	Grant for a specific social skills project, as yet unspent
26	
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29	Restricted to training and website development cost
29	
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600	
ritable activities - raising awaren	
14.39	
14.39	
14.39	
14.39	
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10.00	
14.39	
10.00	
14.39	
14.39	
0.99	
14.39	
14.39	
14.39	
14.39	
193.67	

900	
itable activities - general running c	
84.00	

800 Grants income - restricted		100 Cash		50 Raising
-	7,670.00	2,827.33		
-	2,000.00	-	14.39	
		-	12.46	
		-	55.00	
		-	5.00	
		-	14.39	
		-	14.39	
		-	14.39	
		-	14.39	
		40.00	-	
		-	84.00	
		-	14.39	
		-	14.39	
		-	46.00	
		-	14.39	
		100.00	-	
		-	10.00	
		-	5.00	
		-	14.39	
		52.50	-	
		22.60	-	
		-	35.00	
		-	14.39	
		-	0.99	
		-	5.77	
		-	14.39	
		7,670.00	-	
		-	38.30	
		2,000.00	-	
		-	360.00	
		-	14.39	
		-	10.00	
		-	12.46	
		-	5.00	
		12,712.43	857.66	
		11,854.77		
		11854.77		
		1.00		

00 g funds		300 Grants expenditure - restricted		700 rrors/ double charge	
		12.46			
		5.00			
		55.00			
		5.00			
		35.00			
		5.77			
		38.30			
		360.00			
		10.00			
		12.46			
		46.00			
		5.00			
		589.99			

200		400	
ted goods, facilities and other ser		onations and gift	
		-	40.00
		-	100.00
		-	52.50
		-	22.60
			215.10

CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Auti-Ms

Receipt

For the period from

Section A Receipts and payments

	Unrestricted funds to the nearest £
A1 Receipts	
General grants provided by other charities	**4,424**
Donations and gifts	**317**
Dontated goods, facilities and other services	**90**
Sub total*(Gross income for AR)*	**4,831**
A2 Asset and investment sales (see table)	
Not applicable	**-**
Sub total	**-**
Total receipts	**4,831**
A3 Payments	
Rasing funds	**133**
Charitable activities	**-**
Utilities and general running costs	**701**
Raising awareness	**1,169**
Sub total	**2,004**
A4 Asset and investment purchases, (see table)	
Not applicable	**-**
Sub total	**-**
Total payments	**2,004**
Net of receipts/(payments)	**2,827**
A5 Transfers between funds	**-**
A6 Cash funds last year end	**-**
Cash funds this year end	**2,827**

Section B Statement of assets and liabilities

Details

B1 Cash funds

Cash at bank

Tot

B2 Other monetary assets

Details

Not applicable

B3 Investment assets

Details

Not applicable

B4 Assets retained for the charity's own use

Details

Not applicable

B5 Liabilities

Details

Not applicable

Signed by one or two trustees on behalf of all the trustees

Signat

No
1185467

s and payments accounts

CC16a

Period start date	To	Period end date
###		###

Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
-	-	4,424	-
-	-	317	-
-	-	90	-
-	-	4,831	-
-	-	-	-
-	-	-	-
-	-	4,831	-
-	-	133	-
-	-	-	-
-	-	701	-
-	-	1,169	-
-	-	2,004	-
-	-	-	
-	-	-	-
-	-	2,004	-
-	-	2,827	-
-	-	-	-
-	-	-	-
-	-	2,827	-

s at the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

	2,827	-	-
al cash funds	**2,827**	**-**	**-**

	Unrestricted funds	Restricted funds	Endowment funds
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
	-	-	-

ture	Print Name	Date of approval