

Auti-Ms

England & Wales · Charity number 1185467

Details

Other names	AUTI.MS
Status	Registered
Legal form	CIO
Registered	2019-09-24
Register	View on the Charity Commission register

Contact

Address	Flat 4 Savoy Court Savoy Road Bristol BS4 3SX
Phone	07873 654719
Email	Enquiries@auti-ms.co.uk
Website	www.girlsareautistictoo.org.uk

Activities

Objects: TO PRESERVE AND PROTECT THE GOOD HEALTH OF FEMALES WITH AUTISM SPECTRUM CONDITION (ASC) BY IMPROVING THE UNDERSTANDING, THROUGHOUT ENGLAND AND WALES, OF THE PREVALENCE AND NEEDS OF THEM AND TO RAISE AWARENESS AND PROMOTE THE DEVELOPMENT OF KNOWLEDGE TO ADVANCE OUR COLLECTIVE UNDERSTANDING OF FEMALE ASC AND HOW TO BETTER IDENTIFY THOSE EFFECTED.

Activities: We offer advice and support to autistic women & girls through regular group sessions in Bristol, and seek to improve public and professional understanding of autism in women & girls through workshops and outreach.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

Geography

- Bath And North East Somerset
- Bristol City
- North Somerset
- South Gloucestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£2,651	£4,765	-	-
2024-07-31	£5,074	£4,304	-	-
2023-06-01	£10,760	£9,659	-	-
2022-06-01	£2,848	£4,684	-	-
2021-06-01	£11,855	£858	-	-

Trustees

Name	Role	Appointed
Gabrielle Mary Oxley	Chair	2019-05-26
Anne Lorraine Gregory		2019-04-24
Brooke Rhianna Lewis		2026-05-17
Natalia Plejic		2021-09-23
Waheeda Shaheen Hales		2022-10-17

Auti-Ms

England & Wales - Charity number 1185467

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day01	Mont08h	Year2024		Day31	Mo07nth	Y2025ear

Section A

Reference and administration details

Charity name

Anti-Ms

Other names charity is known by

Registered charity number (if any)

1185467

Charity's principal address

Savoy Place, Savoy Road, Brislington, Bristol

Postcode

BS4 3SX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gabby Oxley	Chair		
2	Anne Gregory	Treasurer		
3	Natalia Plejic	Secretary		
4	Waheeda Hales	Vice Chair		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected by trustee body

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To offer advice and support to autistic women and girls through regular group sessions in and around Bristol.
To seek to improve public and professional understanding of autism in women and girls through workshops and outreach.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Social activities
 Skills based social groups
 Online support groups
 Training for teachers
 Training for counsellors
 Training for students

All activities are planned and executed with maximum regard for public benefit using charity commission guidance(PB1,PB2,PB3)ensuring we reach as many potential users as possible. No conflicts of interest have arisen and we have complied with charity laws in all charity business.

Internal governance is in line with CC guidance CC3

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our volunteers are supportive and take on tasks such as social media communications.

Summary of the main achievements of the charity during the year

We have established a thriving online group which meet monthly. Our face-to-face social group is growing and attracting new members each meet. This meets bi-monthly.

We have established an advisory board to increase the autistic voice during planning and decision making. This has enabled us to reach more potential users.

Internal governance has been strengthened with clear roles and responsibilities for trustees and volunteers.

All policies have been reviewed and agreed by all trustees.

The website has been updated.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity has circa £9000 in its current account . Our financial management policy states that £2000 will be our reserve amount each year.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	A L Gregory	
Full name(s)	Anne Lorraine Gregory	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	14/12/25	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No
Auti-Ms	1185467

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01 August 2024		30 July 2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants provided by other charities		-	-		
website development					
For specific projects		250		250	1,187
General grants					
Donations and gifts	2,401		-	2,401	3,887
Donated goods, facilities and other services					
Sub total (Gross income for AR)			-	2,651	5,074
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total			-		-
Total receipts	2,401	250	-	2,651	5,074
A3 Payments					
Raising funds		-	-		
Charitable activities	15	-	-		
Utilities and general running costs (including website)		813			1,668
Raising awareness and running workshops	419	3,430			2,636
Training for volunteers	88				
Sub total	522	4,243		4,765	4,304
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	
Sub total			-		
Total payments	522	4,243		4,765	4,304
Net of receipts/(payments)	1,879	- 3,993		- 2,114	
A5 Transfers between funds					
A6 Cash funds last year end	6,363	5,527		11,890	11,120
Cash funds this year end	8,242	1,234		9,476	11,890

Section B Statement of assets and liabilities at the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds			
Details			
Cash at bank			-
Total cash funds			-
B2 Other monetary assets			
Details			
Not applicable	-	-	-
B3 Investment assets			
Details			
Not applicable	-	-	-
B4 Assets retained for the charity's own use			
Details			
Not applicable	-	-	-
B5 Liabilities			
Details			
Not applicable	-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	A L Gregory	Anne Lorraine Gregory	12.12.2025
	G Oxley	Gabrielle Oxley	12.12.2025

TRUE

Auti-Ms

England & Wales - Charity number 1185467

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **1 /8/23**
Period end date

Period start date To

31/7/24

Charity name: Auti-Ms

Charity registration number: 1185467

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To support autistic women and girls. To educate about the differences experienced by autistic females compared to male peers
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Online support group Dance workshops Arts and craft workshops Website Social media information
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes- all trustees have regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not give grants
Policy on social investment including program related investment	Para 1.38	We do not invest
Contribution made by volunteers	Para 1.38	Our charity is 100% run by volunteers who give up their time. Without our volunteers there would be no auti-ms
Other		

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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Through holding our adult online support group we have established a supportive social network for many autistic women who otherwise would not be able to gain the support of others who have similar life experiences and would be socially isolated. Our face to face groups such as dance or sewing give autistic women and girls a chance to “ find their tribe” whilst also learning new skills and hobbies. For many of our girls, these activities are the only times they are able to “be themselves” and not feel judged by their peers. It also helps them to build a social network with others with similar experiences and difficulties.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We have supported many autistic women and girls this year as per our aims. We have also spoken at conferences to educate about the difficulties autistic girls face as per our aims.
Performance of fundraising activities against objectives set	Para 1.41	Many of our users have raised funds for us through activities such as raffles and running marathons.
Investment performance against objectives	Para 1.41	N/A
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£11,890
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held to pay for the costs of the website and to provide further activities in the next financial year should more funding not be available.
Amount of reserves held	Para 1.22	£6363
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants and fundraising by users
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of volunteers to support delivery Lack of funding .
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Registered charity
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected during AGM by attendees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Auti-Ms
Other name the charity uses	
Registered charity number	1185467
Charity's principal address	47 Wells Close Long Ashton Bristol

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No
Auti-Ms	1185467

Receipts and payments accounts

CC16a

For the period from	Period start date ###	To	Period end date ###
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants provided by other charities		-	-		
website development					9,100
For specific projects		1,187			1,560
General grants					
Donations and gifts	3,887		-		100
Dontated goods, facilities and other services					
Sub total (Gross income for AR)	3,887	1,187	-	5,074	10,760
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,887	1,187	-	5,074	10,760
A3 Payments					
Raising funds		-	-		
Charitable activities		-	-		
Utilities and general running costs (including website)	106	1,562	-		3,749
Raising awareness and running workshops		2,636	-		5,410
Training for volunteers		-	-		500
Sub total	106	4,198	-	4,304	9,659
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	106	4,198	-	4,304	9,659
Net of receipts/(payments)	3,781	- 3,011			1,101
A5 Transfers between funds					
A6 Cash funds last year end	2,582	8,538		11,120	10,019
Cash funds this year end	6,363	5,527		11,890	11,120

Section B Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	6,363	5,527	-
	Total cash funds	6,363	5,527	-
B2 Other monetary assets	Details	Unrestricted funds	Restricted funds	Endowment funds
	Not applicable	-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Not applicable	-	-	-
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		A L Gregory	Anne Lorraine Gregory	
		G Oxley	Gabrielle Oxley	

Date	GL	Acct	Description
12 Aug 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Aug 20	100	Cash	Payment for Zoom
01 Sep 20	300	Grants expenditure - restricted	Payment for website
01 Sep 20	100	Cash	Payment for website
10 Sep 20	300	Grants expenditure - restricted	EB Business planning
10 Sep 20	100	Cash	EB Business planning
14 Sep 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Sep 20	100	Cash	Payment for Zoom
07 Oct 20	300	Grants expenditure - restricted	Payment to Voscur
07 Oct 20	100	Cash	Payment to Voscur
12 Oct 20	300	Grants expenditure - restricted	Recruiting trustee
12 Oct 20	100	Cash	Recruiting trustee
12 Oct 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Oct 20	100	Cash	Payment for Zoom
12 Nov 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Nov 20	100	Cash	Payment for Zoom
20 Nov 20	100	Cash	Charitable receipt from BT PG
20 Nov 20	400	Donations and gifts	Charitable receipt from BT PG
07 Dec 20	900	Charitable activities - general running costs	PolicyBee insurance
07 Dec 20	100	Cash	PolicyBee insurance
14 Dec 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Dec 20	100	Cash	Payment for Zoom
12 Jan 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Jan 21	100	Cash	Payment for Zoom
02 Feb 21	300	Grants expenditure - restricted	Training costs
02 Feb 21	100	Cash	Training costs
12 Feb 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Feb 21	100	Cash	Payment for Zoom
22 Feb 21	100	Cash	Donation from Lea-Wilson
22 Feb 21	400	Donations and gifts	Donation from Lea-Wilson
09 Mar 21	600	Charitable activities - raising awareness	"Using LinkedIn"
09 Mar 21	100	Cash	"Using LinkedIn"
10 Mar 21	300	Grants expenditure - restricted	"EB Small Charity"
10 Mar 21	100	Cash	"EB Small Charity"
12 Mar 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Mar 21	100	Cash	Payment for Zoom
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
22 Mar 21	300	Grants expenditure - restricted	"JKP UK"
22 Mar 21	100	Cash	"JKP UK"
12 Apr 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Apr 21	100	Cash	Payment for Zoom
22 Apr 21	600	Charitable activities - raising awareness	Canva graphic design
22 Apr 21	100	Cash	Canva graphic design
29 Apr 21	300	Grants expenditure - restricted	Training costs
29 Apr 21	100	Cash	Training costs
12 May 21	600	Charitable activities - raising awareness	Payment for Zoom
12 May 21	100	Cash	Payment for Zoom
21 May 21	100	Cash	Main grants
21 May 21	800	Grants income - restricted	Main grants
14 Jun 21	600	Charitable activities - raising awareness	Payment for Zoom
14 Jun 21	100	Cash	Payment for Zoom
16 Jun 21	300	Grants expenditure - restricted	The Autism Show
16 Jun 21	100	Cash	The Autism Show
25 Jun 21	100	Cash	Grant - Inclusion Gloucestershire
25 Jun 21	800	Grants income - restricted	Grant - Inclusion Gloucestershire
29 Jun 21	300	Grants expenditure - restricted	Web design cost
29 Jun 21	100	Cash	Web design cost
12 Jul 21	600	Charitable activities - raising awareness	Zoom payment - used for workshops in year

[illegible]

Debit	Credit	Futher notes
14.39		
	14.39	
12.46		12.46
	12.46	12.46
5.00		
	5.00	
14.39		
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55.00		
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5.00		
	5.00	
14.39		
	14.39	
14.39		
	14.39	
40.00		
	40.00	
84.00		
	84.00	
14.39		
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46.00		
	46.00	
14.39		
	14.39	
100.00		
	100.00	
10.00		
	10.00	
5.00		
	5.00	
14.39		
	14.39	
52.50		
	52.50	
22.60		
	22.60	
35.00		
	35.00	
14.39		
	14.39	
0.99		
	0.99	
5.77		
	5.77	
14.39		
	14.39	
7,670.00		
	7,670.00	
14.39		
	14.39	
38.30		
	38.30	
2,000.00		
	2,000.00	
360.00		
	360.00	
14.39		

Sub category for notes

Payment for website under the £2,000 grant

Training event with the small charities coalition on mental health training - out of the restricted grant for training & website

Training was for mental health signposting.EB is Eventbrite who take the bookings.

Training was for mental health signposting.EB is Eventbrite who take the bookings.

Training

Payment for Zoom

"Charitable giving, courtesy of BT PG"

"Charitable giving, courtesy of BT PG"

NAS Women & girls conference - training

"Using LinkedIn" - This was for 2 of our trustees to join a regional networking meeting with the aim to raise our profile and link with similar charities in the locality.

"Using LinkedIn"

Group training activity

Group training activity

Group training activity

Group training activity

Canva - graphic design

Training for facilitating a support group with participants who may not have stable mental health

Training for facilitating a support group with participants who may not have stable mental health

"The autism show"

"The autism show"

Inclusion Gloucester - is this a restricted grant?

Inclusion Gloucester - is this a restricted grant?

Elimelight web design - Bristol

Elimelight web design - Bristol

Transaction number	Query/ notes
1	
1	
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25	
26	Grant for a specific social skills project, as yet unspent
26	
27	
27	
28	
28	
29	Restricted to training and website development cost
29	
30	
30	
31	

600

Charitable activities - raising awareness

14.39
14.39
14.39
14.39
14.39
10.00
14.39
10.00
14.39
14.39
0.99
14.39
14.39
14.39

14.39

193.67

900

Charitable activities - general running costs

84.00

800		100		50
Grants income - restricted		Cash		Raising
-	7,670.00	2,827.33	-	
-	2,000.00	-	14.39	
		-	12.46	
		-	55.00	
		-	5.00	
		-	14.39	
		-	14.39	
		-	14.39	
		-	14.39	
		40.00	-	
		-	84.00	
		-	14.39	
		-	14.39	
		-	46.00	
		-	14.39	
		100.00	-	
		-	10.00	
		-	5.00	
		-	14.39	
		52.50	-	
		22.60	-	
		-	35.00	
		-	14.39	
		-	0.99	
		-	5.77	
		-	14.39	
		7,670.00	-	
		-	38.30	
		2,000.00	-	
		-	360.00	
		-	14.39	
		-	10.00	
		-	12.46	
		-	5.00	
		12,712.43	857.66	
		11,854.77		
		11854.77		
		1.00		

00
; funds

300
Grants expenditure - restricted

700
Errors/ double charges

12.46
5.00
55.00
5.00
35.00

5.77
38.30
360.00
10.00
12.46

46.00
5.00

589.99

200

Donated goods, facilities and other services

400

Donations and gifts

-	40.00
-	100.00
-	52.50
-	22.60

215.10



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No
Anti-Ms	1185467

Receipts and payments accounts

CC16a

For the period from	Period start date ###	To	Period end date ###
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General grants provided by other charities	4,424	-	-	4,424	-
Donations and gifts	317	-	-	317	-
Dontated goods, facilities and other services	90	-	-	90	-
Sub total (Gross income for AR)	4,831	-	-	4,831	-
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,831	-	-	4,831	-
A3 Payments					
Raising funds	133	-	-	133	-
Charitable activities	-	-	-	-	-
Utilities and general running costs	701	-	-	701	-
Raising awareness	1,169	-	-	1,169	-
Sub total	2,004	-	-	2,004	-
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,004	-	-	2,004	-
Net of receipts/(payments)	2,827	-	-	2,827	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,827	-	-	2,827	-

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Details			
	Cash at bank	2,827	-	-
	Total cash funds	2,827	-	-
B2 Other monetary assets	Details			
	Not applicable	-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Not applicable	-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

Auti-Ms

England & Wales - Charity number 1185467

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Auti-Ms	No 1185467
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Receipts and payments accounts

CC16a

For the period from	Period start date ###	To	Period end date ###
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants provided by other charities		-	-		
website development		9,100		9,100	
For specific projects		1,560		1,560	2,500
General grants					
Donations and gifts	100		-	100	348
Dontated goods, facilities and other services					
Sub total (Gross income for AR)			-	10,760	2,848
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	100	10,660	-	10,760	2,848
A3 Payments					
Raising funds		-	-		
Charitable activities		-	-		
Utilities and general running costs (including website)	57	3,692	-	3,749	1,257
Raising awareness and running workshops		5,410	-	5,410	3,398
Training for volunteers	500	-	-	500	29
Sub total	557	9,102	-	9,659	4,684
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	557	9,102		9,659	4,684
Net of receipts/(payments)	- 457	1,558		1,101	- 1,836
A5 Transfers between funds					
A6 Cash funds last year end	3,039	6,980		10,019	11,855
Cash funds this year end	2,582	8,538		11,120	10,019

Section B Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Cash at bank	2,582	8,538	-
	Total cash funds	2,582	8,538	-
B2 Other monetary assets				
	Not applicable	-	-	-
B3 Investment assets				
	Not applicable	-	-	-
B4 Assets retained for the charity's own use				
	Not applicable	-	-	-
B5 Liabilities				
	Not applicable	-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	A L Gregory	Anne Lorraine Gregory	1	
	G Oxley	Gabrielle Oxley		

Date	GL	Acct	Description
12 Aug 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Aug 20	100	Cash	Payment for Zoom
01 Sep 20	300	Grants expenditure - restricted	Payment for website
01 Sep 20	100	Cash	Payment for website
10 Sep 20	300	Grants expenditure - restricted	EB Business planning
10 Sep 20	100	Cash	EB Business planning
14 Sep 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Sep 20	100	Cash	Payment for Zoom
07 Oct 20	300	Grants expenditure - restricted	Payment to Voscur
07 Oct 20	100	Cash	Payment to Voscur
12 Oct 20	300	Grants expenditure - restricted	Recruiting trustee
12 Oct 20	100	Cash	Recruiting trustee
12 Oct 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Oct 20	100	Cash	Payment for Zoom
12 Nov 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Nov 20	100	Cash	Payment for Zoom
20 Nov 20	100	Cash	Charitable receipt from BT PG
20 Nov 20	400	Donations and gifts	Charitable receipt from BT PG
07 Dec 20	900	Charitable activities - general running costs	PolicyBee insurance
07 Dec 20	100	Cash	PolicyBee insurance
14 Dec 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Dec 20	100	Cash	Payment for Zoom
12 Jan 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Jan 21	100	Cash	Payment for Zoom
02 Feb 21	300	Grants expenditure - restricted	Training costs
02 Feb 21	100	Cash	Training costs
12 Feb 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Feb 21	100	Cash	Payment for Zoom
22 Feb 21	100	Cash	Donation from Lea-Wilson
22 Feb 21	400	Donations and gifts	Donation from Lea-Wilson
09 Mar 21	600	Charitable activities - raising awareness	"Using LinkedIn"
09 Mar 21	100	Cash	"Using LinkedIn"
10 Mar 21	300	Grants expenditure - restricted	"EB Small Charity"
10 Mar 21	100	Cash	"EB Small Charity"
12 Mar 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Mar 21	100	Cash	Payment for Zoom
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
22 Mar 21	300	Grants expenditure - restricted	"JKP UK"
22 Mar 21	100	Cash	"JKP UK"
12 Apr 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Apr 21	100	Cash	Payment for Zoom
22 Apr 21	600	Charitable activities - raising awareness	Canva graphic design
22 Apr 21	100	Cash	Canva graphic design
29 Apr 21	300	Grants expenditure - restricted	Training costs
29 Apr 21	100	Cash	Training costs
12 May 21	600	Charitable activities - raising awareness	Payment for Zoom
12 May 21	100	Cash	Payment for Zoom
21 May 21	100	Cash	Main grants
21 May 21	800	Grants income - restricted	Main grants
14 Jun 21	600	Charitable activities - raising awareness	Payment for Zoom
14 Jun 21	100	Cash	Payment for Zoom
16 Jun 21	300	Grants expenditure - restricted	The Autism Show
16 Jun 21	100	Cash	The Autism Show
25 Jun 21	100	Cash	Grant - Inclusion Gloucestershire
25 Jun 21	800	Grants income - restricted	Grant - Inclusion Gloucestershire
29 Jun 21	300	Grants expenditure - restricted	Web design cost
29 Jun 21	100	Cash	Web design cost
12 Jul 21	600	Charitable activities - raising awareness	Zoom payment - used for workshops in year

[illegible]

Debit	Credit	Futher notes
14.39		
	14.39	
12.46		12.46
	12.46	12.46
5.00		
	5.00	
14.39		
	14.39	
55.00		
	55.00	
5.00		
	5.00	
14.39		
	14.39	
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	14.39	
40.00		
	40.00	
84.00		
	84.00	
14.39		
	14.39	
14.39		
	14.39	
46.00		
	46.00	
14.39		
	14.39	
100.00		
	100.00	
10.00		
	10.00	
5.00		
	5.00	
14.39		
	14.39	
52.50		
	52.50	
22.60		
	22.60	
35.00		
	35.00	
14.39		
	14.39	
0.99		
	0.99	
5.77		
	5.77	
14.39		
	14.39	
7,670.00		
	7,670.00	
14.39		
	14.39	
38.30		
	38.30	
2,000.00		
	2,000.00	
360.00		
	360.00	
14.39		

Sub category for notes

Payment for website under the £2,000 grant

Training event with the small charities coalition on mental health training - out of the restricted grant for training & website

Training was for mental health signposting.EB is Eventbrite who take the bookings.

Training was for mental health signposting.EB is Eventbrite who take the bookings.

Training

Payment for Zoom

"Charitable giving, courtesy of BT PG"

"Charitable giving, courtesy of BT PG"

NAS Women & girls conference - training

"Using LinkedIn" - This was for 2 of our trustees to join a regional networking meeting with the aim to raise our profile and link with similar charities in the locality.

"Using LinkedIn"

Group training activity

Group training activity

Group training activity

Group training activity

Canva - graphic design

Training for facilitating a support group with participants who may not have stable mental health

Training for facilitating a support group with participants who may not have stable mental health

"The autism show"

"The autism show"

Inclusion Gloucester - is this a restricted grant?

Inclusion Gloucester - is this a restricted grant?

Elimelight web design - Bristol

Elimelight web design - Bristol

Transaction number	Query/ notes
1	
1	
2	
2	
3	
3	
4	
4	
5	
5	
6	
6	
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21	
22	
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23	
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24	
24	
25	
25	
26	Grant for a specific social skills project, as yet unspent
26	
27	
27	
28	
28	
29	Restricted to training and website development cost
29	
30	
30	
31	

600

Charitable activities - raising awareness

14.39
14.39
14.39
14.39
14.39
10.00
14.39
10.00
14.39
14.39
0.99
14.39
14.39
14.39

14.39

193.67

900

Charitable activities - general running costs

84.00

800		100		50
Grants income - restricted		Cash		Raising
-	7,670.00	2,827.33	-	
-	2,000.00	-	14.39	
		-	12.46	
		-	55.00	
		-	5.00	
		-	14.39	
		-	14.39	
		-	14.39	
		-	14.39	
		40.00	-	
		-	84.00	
		-	14.39	
		-	14.39	
		-	46.00	
		-	14.39	
		100.00	-	
		-	10.00	
		-	5.00	
		-	14.39	
		52.50	-	
		22.60	-	
		-	35.00	
		-	14.39	
		-	0.99	
		-	5.77	
		-	14.39	
		7,670.00	-	
		-	38.30	
		2,000.00	-	
		-	360.00	
		-	14.39	
		-	10.00	
		-	12.46	
		-	5.00	
		12,712.43	857.66	
		11,854.77		
		11854.77		
		1.00		

00
; funds

300
Grants expenditure - restricted

700
Errors/ double charges

12.46
5.00
55.00
5.00
35.00

5.77
38.30
360.00
10.00
12.46

46.00
5.00

589.99

200

Donated goods, facilities and other services

400

Donations and gifts

-	40.00
-	100.00
-	52.50
-	22.60

215.10



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No
Anti-Ms	1185467

Receipts and payments accounts

CC16a

For the period from	Period start date ###	To	Period end date ###
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General grants provided by other charities	4,424	-	-	4,424	-
Donations and gifts	317	-	-	317	-
Dontated goods, facilities and other services	90	-	-	90	-
Sub total (Gross income for AR)	4,831	-	-	4,831	-
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,831	-	-	4,831	-
A3 Payments					
Raising funds	133	-	-	133	-
Charitable activities	-	-	-	-	-
Utilities and general running costs	701	-	-	701	-
Raising awareness	1,169	-	-	1,169	-
Sub total	2,004	-	-	2,004	-
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,004	-	-	2,004	-
Net of receipts/(payments)	2,827	-	-	2,827	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,827	-	-	2,827	-

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Details			
	Cash at bank	2,827	-	-
	Total cash funds	2,827	-	-
B2 Other monetary assets	Details			
	Not applicable	-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable	-	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Not applicable	-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

Auti-Ms

England & Wales - Charity number 1185467

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **July 2021** Period start date To **July 2022** Period end date

Charity name: **Auti-Ms**

Charity registration number: **1185467**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To increase awareness of autism in women and girls. To support early identification, mental health, financial resilience and general wellbeing
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Support groups, social activities, education and training, online webinar series.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have had regard to guidance offered by the CC

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity has run several well attended and effective face to face social and educational workshop series. These have centred on drama, arts and crafts and cookery. Through these women and girls with similar lived experience have come together, developed a supportive social network and learnt new skills and hobbies to support emotional resilience and good mental health. Our 3 different monthly online support groups are targeted at different audiences and continue to grow in popularity with many users being regular participants. At these meetings, our users share experiences, problem solve and develop strategies together to enhance everyday life.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£11855 This includes unspent funding £7670 from The National Lottery in the financial year 2020-2021 to develop a series of social groups. This was unspent due to the restrictions on public gatherings during the Covid 19 pandemic.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	A reserve of £1000 is always left unspent to cover management of our website for a year.
Amount of reserves held	Para 1.22	£1000
Reasons for holding zero reserves	Para 1.22	none
Details of fund materially in deficit	Para 1.24	none
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	none

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grant funding from TNL
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Shortage of trustees
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Election to trustee status has to be nominated and seconded by current trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Auti-ms
Other name the charity uses	
Registered charity number	1185467

Charity's principal address	47 well Close Long Ashton Bristol BS41 9NB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gabi Oxley	Chair		
2	Lorraine Gregory	Treasurer		
3	Natalia Plejic	Secretary		
4	Waheeda Hales	Vice Chair		
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	none
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	none
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	none

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Lorraine Gregory

G Oxley

Full name(s)

Anne Lorraine Gregory

Gabrielle Oxley

**Position (eg
Secretary, Chair, etc)**

Treasurer

Chair

Date

13/5/23



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Auti-Ms

Receipt

For the period
from

Section A Receipts and payments

Unrestricted
funds
to the nearest £

A1 Receipts

Grants provided by other charities	
For website development & training costs	
For specific projects	
General grants	
Donations and gifts	348
Dontated goods, facilities and other services	
Sub total (Gross income for AR)	348

A2 Asset and investment sales (see table)

Not applicable	-
Sub total	-

Total receipts 348

A3 Payments

Rasing funds	
Charitable activities	
Utilities and general running costs (including website	84
Raising awareness and running workshops	
Training for volunteers	
Sub total	84

A4 Asset and investment purchases, (see table)

Not applicable	-
Sub total	-

Total payments 84

Net of receipts/(payments) 264

A5 Transfers between funds

A6 Cash funds last year end	2,775
Cash funds this year end	3,039

Section B Statement of assets and liabilities as at 31 March 2019

B1 Cash funds

Details

Cash at bank

Tot

B2 Other monetary assets

Details

Not applicable

B3 Investment assets

Details

Not applicable

B4 Assets retained for the charity's own use

Details

Not applicable

B5 Liabilities

Details

Not applicable

Signed by one or two trustees on behalf of all the trustees

Signature

A L Gre

G Ox

		No 1185467	CC16a
s and payments accounts			
Period start date ###	To	Period end date 30/7/2022	

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Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
-	-		
			2,000
2,500	-		7,670
-	-		215
2,500	-	2,848	9,885
-	-	-	-
-	-	-	-
2,500	-	2,848	9,885
-	-		10
-	-		
1,173	-		469
3,398	-		174
29	-		205
4,600	-	4,684	858
-	-	-	
-	-	-	
4,600	-	4,684	858
- 2,100	-	- 1,836	9,027
-	-		
9,080	-	11,855	2,827
6,980	-	10,019	11,855

at the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	3,039	6,980	-
al cash funds	3,039	6,980	-

	Unrestricted funds	Restricted funds	Endowment funds
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
	-	-	-

ture	Print Name	Date of approval
egory	Anne Lorraine Gregory	1
ley	Gabrielle Oxley	

1.00

Date	GL	Acct	Description
12 Aug 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Aug 20	100	Cash	Payment for Zoom
01 Sep 20	300	Grants expenditure - restricted	Payment for website
01 Sep 20	100	Cash	Payment for website
10 Sep 20	300	Grants expenditure - restricted	EB Business planning
10 Sep 20	100	Cash	EB Business planning
14 Sep 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Sep 20	100	Cash	Payment for Zoom
07 Oct 20	300	Grants expenditure - restricted	Payment to Voscur
07 Oct 20	100	Cash	Payment to Voscur
12 Oct 20	300	Grants expenditure - restricted	Recruiting trustee
12 Oct 20	100	Cash	Recruiting trustee
12 Oct 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Oct 20	100	Cash	Payment for Zoom
12 Nov 20	600	Charitable activities - raising awareness	Payment for Zoom
12 Nov 20	100	Cash	Payment for Zoom
20 Nov 20	100	Cash	Charitable receipt from BT PG
20 Nov 20	400	Donations and gifts	Charitable receipt from BT PG
07 Dec 20	900	Charitable activities - general running costs	PolicyBee insurance
07 Dec 20	100	Cash	PolicyBee insurance
14 Dec 20	600	Charitable activities - raising awareness	Payment for Zoom
14 Dec 20	100	Cash	Payment for Zoom
12 Jan 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Jan 21	100	Cash	Payment for Zoom
02 Feb 21	300	Grants expenditure - restricted	Training costs
02 Feb 21	100	Cash	Training costs
12 Feb 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Feb 21	100	Cash	Payment for Zoom
22 Feb 21	100	Cash	Donation from Lea-Wilson
22 Feb 21	400	Donations and gifts	Donation from Lea-Wilson
09 Mar 21	600	Charitable activities - raising awareness	"Using LinkedIn"
09 Mar 21	100	Cash	"Using LinkedIn"
10 Mar 21	300	Grants expenditure - restricted	"EB Small Charity"
10 Mar 21	100	Cash	"EB Small Charity"
12 Mar 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Mar 21	100	Cash	Payment for Zoom
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
18 Mar 21	100	Cash	Donation
18 Mar 21	400	Donations and gifts	Donation
22 Mar 21	300	Grants expenditure - restricted	"JKP UK"
22 Mar 21	100	Cash	"JKP UK"
12 Apr 21	600	Charitable activities - raising awareness	Payment for Zoom
12 Apr 21	100	Cash	Payment for Zoom
22 Apr 21	600	Charitable activities - raising awareness	Canva graphic design
22 Apr 21	100	Cash	Canva graphic design
29 Apr 21	300	Grants expenditure - restricted	Training costs
29 Apr 21	100	Cash	Training costs
12 May 21	600	Charitable activities - raising awareness	Payment for Zoom
12 May 21	100	Cash	Payment for Zoom
21 May 21	100	Cash	Main grants
21 May 21	800	Grants income - restricted	Main grants
14 Jun 21	600	Charitable activities - raising awareness	Payment for Zoom
14 Jun 21	100	Cash	Payment for Zoom
16 Jun 21	300	Grants expenditure - restricted	The Autism Show
16 Jun 21	100	Cash	The Autism Show
25 Jun 21	100	Cash	Grant - Inclusion Gloucestershire
25 Jun 21	800	Grants income - restricted	Grant - Inclusion Gloucestershire
29 Jun 21	300	Grants expenditure - restricted	Web design cost
29 Jun 21	100	Cash	Web design cost
12 Jul 21	600	Charitable activities - raising awareness	Zoom payment - used for workshops in year

[illegible]

Debit	Credit	Futher notes
14.39		
	14.39	
12.46		12.46
	12.46	12.46
5.00		
	5.00	
14.39		
	14.39	
55.00		
	55.00	
5.00		
	5.00	
14.39		
	14.39	
14.39		
	14.39	
40.00		
	40.00	
84.00		
	84.00	
14.39		
	14.39	
14.39		
	14.39	
46.00		
	46.00	
14.39		
	14.39	
100.00		
	100.00	
10.00		
	10.00	
5.00		
	5.00	
14.39		
	14.39	
52.50		
	52.50	
22.60		
	22.60	
35.00		
	35.00	
14.39		
	14.39	
0.99		
	0.99	
5.77		
	5.77	
14.39		
	14.39	
7,670.00		
	7,670.00	
14.39		
	14.39	
38.30		
	38.30	
2,000.00		
	2,000.00	
360.00		
	360.00	
14.39		

Sub category for notes

Payment for website under the £2,000 grant

Training event with the small charities coalition on mental health training - out of the restricted grant for training & website

Training was for mental health signposting.EB is Eventbrite who take the bookings.

Training was for mental health signposting.EB is Eventbrite who take the bookings.

Training

Payment for Zoom

"Charitable giving, courtesy of BT PG"

"Charitable giving, courtesy of BT PG"

NAS Women & girls conference - training

"Using LinkedIn" - This was for 2 of our trustees to join a regional networking meeting with the aim to raise our profile and link with similar charities in the locality.

"Using LinkedIn"

Group training activity

Group training activity

Group training activity

Group training activity

Canva - graphic design

Training for facilitating a support group with participants who may not have stable mental health

Training for facilitating a support group with participants who may not have stable mental health

"The autism show"

"The autism show"

Inclusion Gloucester - is this a restricted grant?

Inclusion Gloucester - is this a restricted grant?

Elimelight web design - Bristol

Elimelight web design - Bristol

Transaction number	Query/ notes
1	
1	
2	
2	
3	
3	
4	
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5	
5	
6	
6	
7	
7	
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24	
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25	
26	Grant for a specific social skills project, as yet unspent
26	
27	
27	
28	
28	
29	Restricted to training and website development cost
29	
30	
30	
31	

600

ritable activities - raising aware

14.39
14.39
14.39
14.39
14.39
10.00
14.39
10.00
14.39
14.39
0.99
14.39
14.39
14.39

14.39

193.67

900

ritable activities - general running c

84.00

800 Grants income - restricted		100 Cash		50 Raising
-	7,670.00	2,827.33	-	
-	2,000.00	-	14.39	
		-	12.46	
		-	55.00	
		-	5.00	
		-	14.39	
		-	14.39	
		-	14.39	
		-	14.39	
		40.00	-	
		-	84.00	
		-	14.39	
		-	14.39	
		-	46.00	
		-	14.39	
		100.00	-	
		-	10.00	
		-	5.00	
		-	14.39	
		52.50	-	
		22.60	-	
		-	35.00	
		-	14.39	
		-	0.99	
		-	5.77	
		-	14.39	
		7,670.00	-	
		-	38.30	
		2,000.00	-	
		-	360.00	
		-	14.39	
		-	10.00	
		-	12.46	
		-	5.00	
		12,712.43	857.66	
		11,854.77		
		11854.77		
		1.00		

00
; funds

300
Grants expenditure - restricted

700
errors/ double charge

12.46
5.00
55.00
5.00
35.00

5.77
38.30
360.00
10.00
12.46

46.00
5.00

589.99

200
ted goods, facilities and other ser

400
Donations and gift

-	40.00
-	100.00
-	52.50
-	22.60

215.10



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

Auti-Ms

Receipt

For the period
from

Section A Receipts and payments

Unrestricted
funds
to the nearest £

A1 Receipts

General grants provided by other charities	4,424
Donations and gifts	317
Dontated goods, facilities and other services	90
Sub total (Gross income for AR)	4,831

A2 Asset and investment sales (see table)

Not applicable	-
Sub total	-

Total receipts 4,831

A3 Payments

Rasing funds	133
Charitable activities	-
Utilities and general running costs	701
Raising awareness	1,169
Sub total	2,004

A4 Asset and investment purchases, (see table)

Not applicable	-
Sub total	-

Total payments 2,004

Net of receipts/(payments) 2,827

A5 Transfers between funds

A6 Cash funds last year end

Cash funds this year end 2,827

Section B Statement of assets and liabilities

Details

B1 Cash funds

Cash at bank
Tot

B2 Other monetary assets

Details
Not applicable

B3 Investment assets

Details
Not applicable

B4 Assets retained for the charity's own use

Details
Not applicable

B5 Liabilities

Details
Not applicable

Signed by one or two trustees on behalf of all the trustees

Signature

		No 1185467	CC16a
s and payments accounts Period start date ### To Period end date ###			

Restricted funds	Endowment funds	Total funds	Last year
to the nearest £	to the nearest £	to the nearest £	to the nearest £

-	-	4,424	-
-	-	317	-
-	-	90	-
-	-	4,831	-

-	-	-	-
-	-	-	-

-	-	4,831	-
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-	-	133	-
-	-	-	-
-	-	701	-
-	-	1,169	-
-	-	2,004	-

-	-	-	
-	-	-	-

-	-	2,004	-
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-	-	2,827	-
-	-	-	-
-	-	-	-
-	-	2,827	-

at the end of the period

	Unrestricted funds	Restricted funds	Endowment funds
	to nearest £	to nearest £	to nearest £

	2,827	-	-
<i>al cash funds</i>	2,827	-	-
	Unrestricted funds	Restricted funds	Endowment funds
	-	-	-
	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	Fund to which liability relates	Amount due (optional)	When due (optional)
	-	-	-

ture	Print Name	Date of approval

Auti-Ms

England & Wales - Charity number 1185467

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name		No		CC16a
Auti-Ms		1185467		
Receipts and payments accounts				
For the period from	Period start date 01 August 2020	To	Period end date 31 July 2021	

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants provided by other charities	-	-	-	-	-
For website development & training costs	-	2,000	-	2,000	-
For specific projects	-	7,670	-	7,670	-
General grants	-	-	-	-	4,424
Donations and gifts	215	-	-	215	317
Donated goods, facilities and other services	-	-	-	-	90
Sub total (Gross income for AR)	215	9,670	-	9,885	4,831
A2 Asset and investment sales (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	215	9,670	-	9,885	4,831
A3 Payments					
Raising funds	10	-	-	10	133
Charitable activities	-	-	-	-	-
Utilities and general running costs (including website development)	84	385	-	469	701
Raising awareness and running workshops	174	-	-	174	1,169
Training for volunteers	-	205	-	205	-
Sub total	268	590	-	858	2,004
A4 Asset and investment purchases, (see table)					
Not applicable	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	268	590	-	858	2,004
Net of receipts/(payments)	- 53	9,080	-	9,027	2,827
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,827	-	-	2,827	-
Cash funds this year end	2,775	9,080	-	11,855	2,827

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Details			
	Cash at bank	2,775	9,080	
	Total cash funds	2,775	9,080	
B2 Other monetary assets	Details	Unrestricted funds	Restricted funds	Endowment funds
	Not applicable			
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable			
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Not applicable			
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Not applicable			
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	