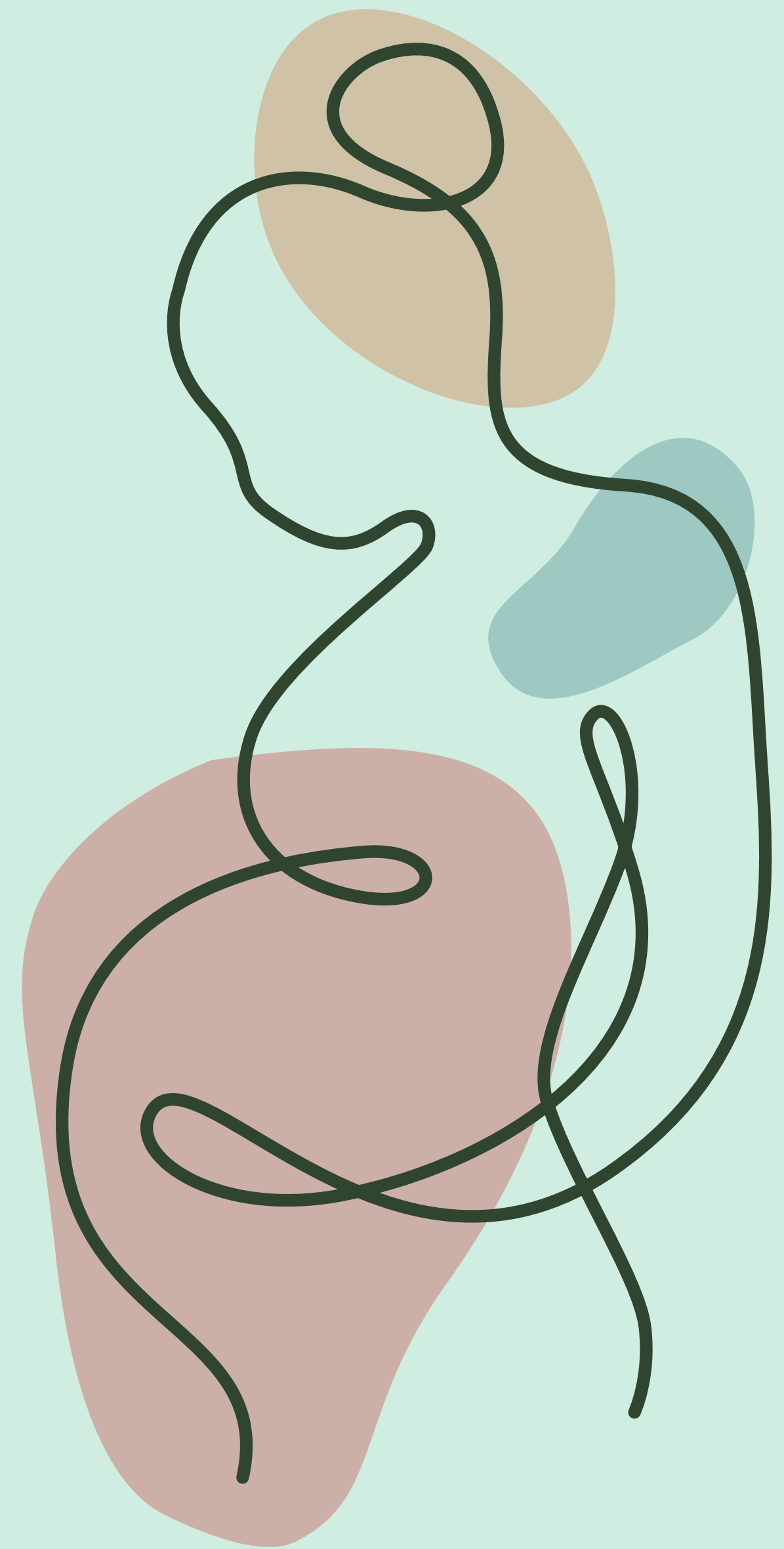


Trustees' Annual Report '22-23

Elayos



Welcome to our annual report.

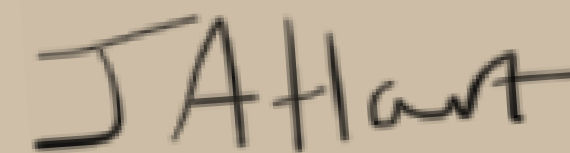
Welcome to our annual report. 2022/23 was a challenging but exciting year for Elayos. Moving further away from the pandemic eased the delivery of our services, but it was clear from the referrals we received that the impact of covid was still felt widely by our clients. The vulnerable women and birthing people we support are at crisis point, pregnant, usually alone, and living in poverty. Their need for support is great, and our doulas are privileged to offer unique support.

This year our clients continued to face extremely challenging circumstances. Some were victims of domestic abuse who have moved to Birmingham to find safety from violence. Others were working diligently to turn their lives around following drug and alcohol addiction. Many were refugees without family or friends close by. Some were teenagers, alone and afraid about their pregnancy and the birth ahead. Many clients were homeless and living in temporary accommodation, having to relocate regularly with little stability. All of our clients are bringing a child into the world with little or no support. We are extremely proud of the work done by our Doulas, Baby Bank Co-ordinator and Volunteers during this period, to support and empower our clients, improving their birth outcomes, supporting their mental wellbeing and helping them to connect to their local communities.

Funding continued to be challenging for the charity. As a young charity with a small staff team all involved in delivering our services, we could find only small pockets of time to apply to funders. However, this resulted in some successes,

most notably winning a big proportion of the public vote in the ITV / People's Project. This was a real lifeline for the charity, helping us sustain our services and put us in a position where we could look to the next financial year with a Fundraiser in post. Whilst this funding enabled us to produce healthy accounts, it's important to note that these reserves will be used going into the next financial year whilst we begin implementing a fundraising strategy and recruit a Fundraiser.

As we look ahead, we can feel proud of all we've achieved and the relationships we've built with our community of clients and healthcare professionals. The next financial year will continue to be challenging for our small charity but with our fantastic team of trustees, staff and volunteers, I'm certain we will continue to strengthen our services whilst putting our clients at the centre of all we do.



John Andrew Hart, Chair of Trustees



Elayos is the legal name of a Charitable Incorporated Organisation (CIO) granted charitable status on 23/09/19.

Charity Number

1185455

Charity's Principle Address

Elayos, Southfields Farm, Packington Lane,
Coleshill, Warwickshire, B46 3EJ

Trustees

Trustees who served during this period and up
to the date of this report were as follows:

- John Andrew Hart – Chair (Sept 2019 – current)
- Lorraine Harper (Sept 2019 – June 2023)
- Rachel Hughes (Sept 2019 – June 2023)
- Emily Cooke (Sept 2019 – June 2023)
- Maggie Coleman (Dec 2020 – current)
- Abigail Vedder (Dec 2020 – current)
- Lorraine Stevens (July 2023 – current)
- Grace Wheeler (September 2023 – current)
- Katharine Gauton (July 2023 – current)

Financial Advisor

Frank Harper,
29 Meriden Rd, Hampton in Arden, B92 0BS

Bank

Barclays Bank Plc,
38 Hagley Rd, Birmingham B16 8PE

Year ended 30th September 2023

Mission Statement

Elayos exists to bring compassion, support and advocacy to vulnerable and isolated birthing people in Birmingham. As doulas, we come alongside, build relationships, listen and equip with the information we needed to empower our clients to have a positive and informed pregnancy, birth and postnatal period.

Our staff and volunteers offer continuity of care as we assist with emotional, practical and physical needs. Where appropriate, we signpost and collaborate with other organisations to ensure that the greatest range of support is given.

Aims

- To come alongside and meet clients where they are at
- To support them through pregnancy, birth and the postnatal period
- To provide practical and emotional support
- Promote self care and good wellbeing
- Build community by signposting to local groups and organisations
- Boost self worth, self confidence, self esteem through the empowerment of unbiased information
- To advocate
- Provide a listening ear
- Continuity of care

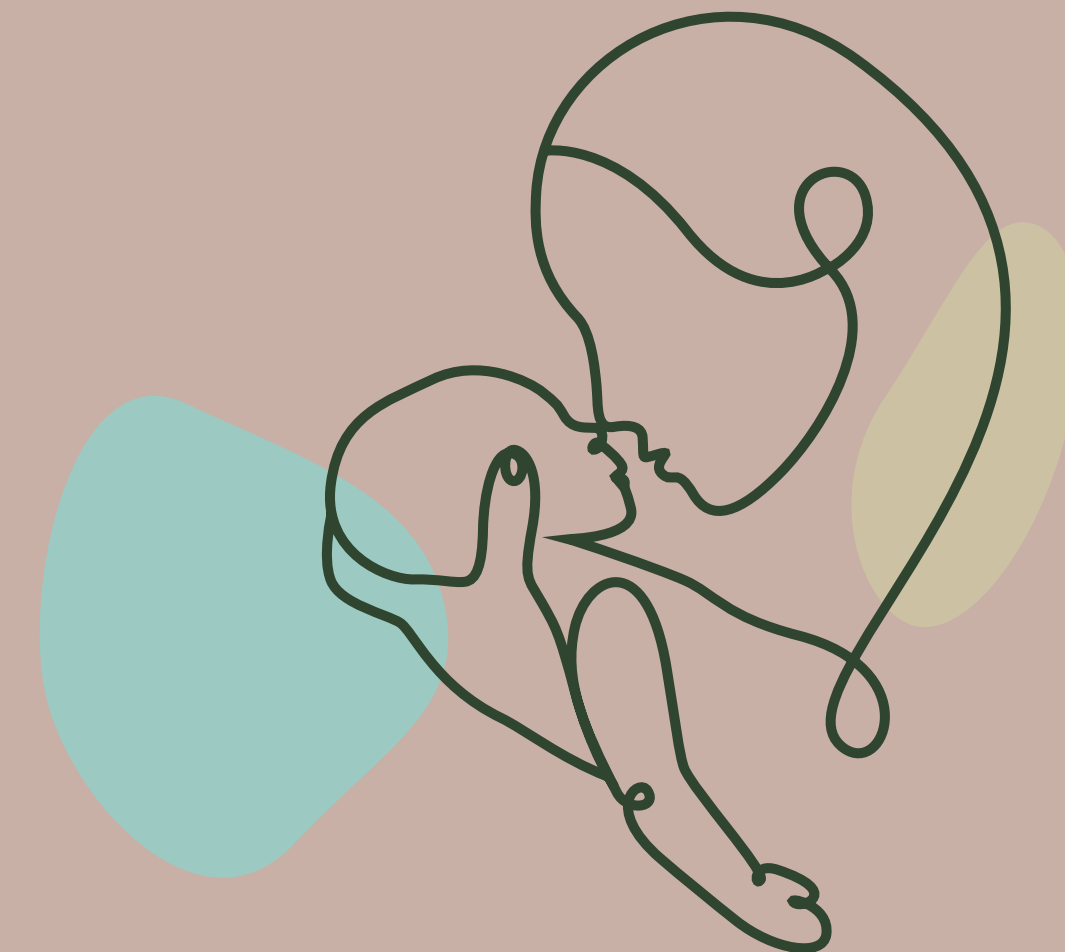
Objectives

Our qualified Doulas & trained volunteers provide continuity of care by offering a wide range of one to one support to our clients who are referred to us by NHS professionals, support workers, charities and others that work with displaced families.

We work to relieve the needs of women in particular, but not exclusively, vulnerable and/or isolated women by the provision of one to one support, advocacy, distributing essential equipment for mum and baby, providing unbiased information, referrals to partner organisations and other relevant activities as is decided by the trustees.

Practical Objectives

- Meet with clients regularly during pregnancy to build rapport and a relationship.
- On call for client births to ensure they are not alone
- One key worker for every client who will support them throughout the whole journey with Elayos, promoting Continuity of care
- Provide volunteers alongside key workers to broaden and increase the support they receive
- Maintain our baby bank storage unit to supply clients with essential equipment (nappies, prams, Moses' Baskets, bottles, formula, hospital items for themselves and the baby) specifically for those that do not have the means to buy these essentials themselves
- Attending appointments with them, where possible, to ensure they are being heard and are understanding their treatment plans
- From the 38th week of pregnancy be on 24/7hr call
- Support to establish breastfeeding and/or bottle feeding (whichever the client decides to do)
- Post birth debrief to help them process their experiences emotionally and promote good well-being
- Support beneficiaries to explore their local communities with their baby. Inc. going to the supermarket and park etc.
- Help around the home with laundry & general house-keeping
- Signposting to other organisations and groups to help integrate into the local community



Practical Objectives

Elayos currently employs 3 part time Doulas and a volunteer Doula, Crystal. Crystal left us at the start of September to pursue her career within the NHS but she will continue to volunteer for Elayos on a smaller scale. In April, we were joined by a volunteer Doula, Becky Frederick. Becky attended births and also did home visits until March 2023.

In August we began advertising online for a part time Fundraiser and part time Doula to join our team.

At the start of September we were pleased to be able to employ our part time Baby Bank Coordinator, Amy Brown. Also in September 2023, we had a student midwife join us for a 2 week placement. She followed us as we went to the baby bank, took clients to hospital appointments and did home visits. Throughout the year we recruited and trained some brilliant, hard working volunteers to assist us in our work, particularly the postnatal visits. Out of this we created a new Volunteer Manual to help guide them on their volunteer journey with us.



Activities

Giving Unbiased Information

From the point of referral, we meet with and help support clients prepare for the birth of their baby. We explore their birth preferences, explain the physiological changes that will occur in the body, discuss pain management, the use of touch during labour, benefits of movement and certain positions during labour and birth and the different procedures that might be offered. We aim to provide our clients with the information they need to make informed decisions about their birth. This continues after birth as we empower them to discover how they want to parent their babies.

Practical/physical antenatal support

We accompany clients to antenatal scans and appointments, advocating in the room. Often we will collect the client and drive them to important medical appointments that they might otherwise have missed because they can't afford to get there themselves.

Advocacy

As well as advocating during hospital appointments, our team attend meetings held by Social Services. As an impartial party we are in the unique position to be able to advocate for our clients during Child Protection meetings and Child In Need Meetings.

Translation

Translation was needed for many beneficiaries and we were able to provide that. This presents a variety of forms- either having an in-person translator, using google translate on our phones, having someone on the phone to translate during labour & delivery and/or having key informational leaflets translated.

Breastfeeding Support

As trained Breastfeeding Peers our Doulas are able to assist with latch issues, demonstrating different positions & offering suggestions to support infant feeding.

Activities

Providing essential items

Lots of our clients do not have access to Public Funds or lack the funds needed to buy the essential items that they need. Therefore, we find out what items the client needs for their hospital bag, for the baby and for the postnatal period.

Items include: maternity items, hospital bag, nappies, bottles, bottle steriliser, formula, baby clothes, Moses basket, car seat, prams.

We are able to provide these items free of charge from our self-stocked baby bank storage unit which is managed by our newly-employed Baby Bank Coordinator, Amy. Her roles include taking note of stock levels, arranging drop offs and pick ups from the local community in Birmingham & the surrounding areas, who generously respond when we ask for certain items. Amy also puts together complete packages providing items from newborn up to 9-12 months.

Support during labour and delivery

From the 38th week of pregnancy our Doulas are “On-Call” and ready to join the mum in hospital when she goes into labour. They work alongside the midwives and healthcare professionals throughout labour and remain with the mother until she is moved to the Postnatal ward or until feeding has been established.

Postnatal practical support

Often, the mother is living alone and is very grateful for the support. It is at this point that our volunteers tend to begin working alongside the Doula’s to offer additional visits to check on the wellbeing of mum and baby, hold baby whilst mum has a meal or showers, takes the mother to register her baby’s birth, helps to fill out various forms, such as; child benefit, or passport applications, and signposts clients to other relevant organisations if necessary.

“Since 2021 Elayos has been entrusted with a space to use as a baby bank. We have equipped the space with storage units which houses baby equipment and clothes for the mum’s and their newborns.

We operate on a donation basis relying on collecting donations from the public both on an individual basis and more recently at a donation day, where the public delivered the items to us. Each client we receive is offered a package from the baby bank including maternity items and baby items.

The role of the baby bank coordinator is to collect, sort and organise all the donation

and put together suitable items for the packages to go out to clients. We recently joined The Baby Bank Alliance. This is a network of UK based baby banks at various stages of operation. They host monthly learning and sharing sessions and offer advice and resources such as fundraising, writing policies and procedures as well as the practicalities of running a baby bank day to day and a listing on a UK map of baby banks.

Our hope for the future is to expand the baby bank so we can accept more donations and clients can choose the items they’d like.”

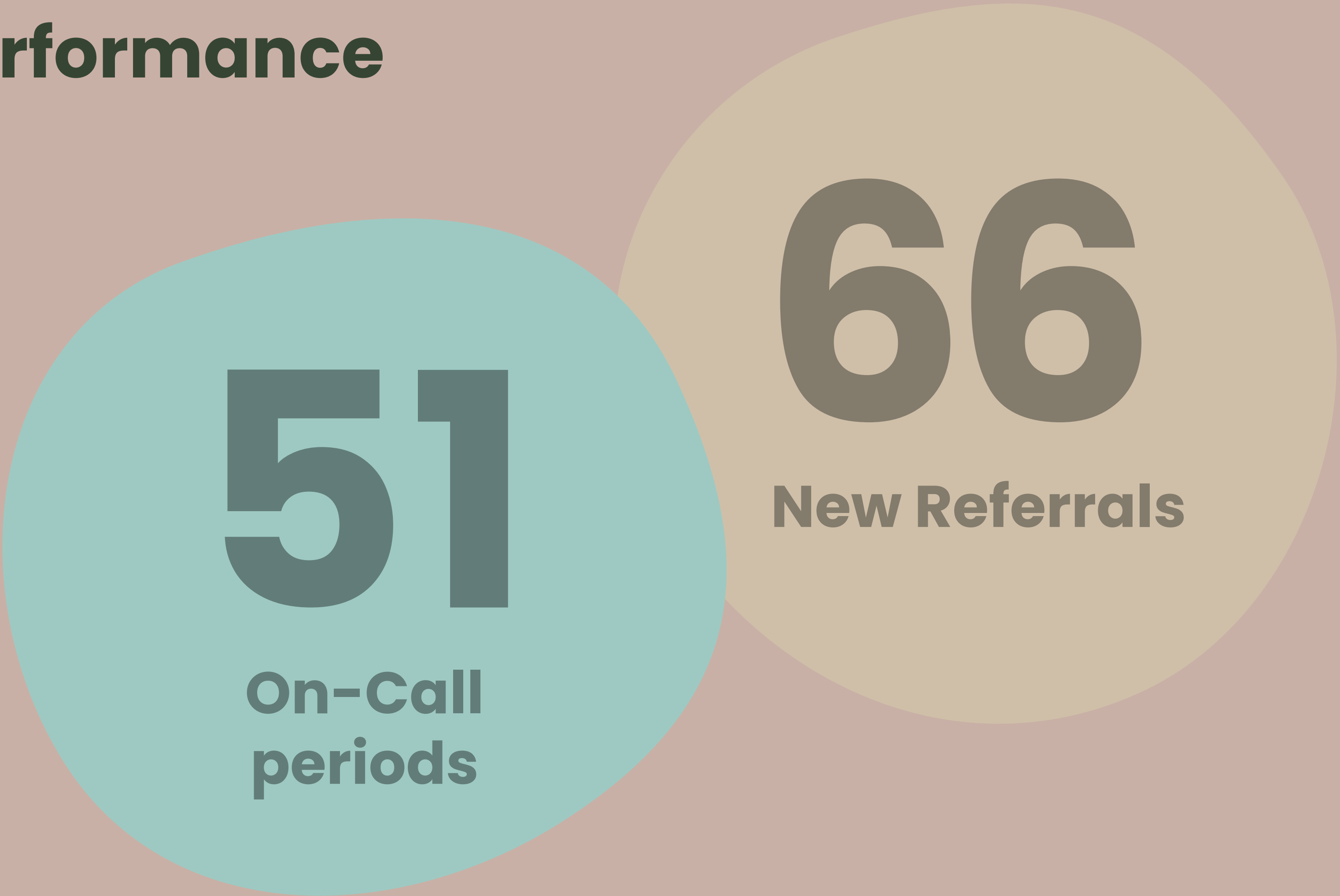
Amy Brown, Baby Bank Coordinator



Achievements & Performance

We provided almost all of our clients with maternity, newborn and 0-6month packages – this means that these clients did not have sufficient means to buy essentials for themselves and their newborns.

Packages included a variation of the following: prams, car seats, nappies, wipes, hospital bags, bottles, formula, clothes & Moses' baskets. All of the items came from our own Baby Bank storage unit, a space that has been kindly donated to us by Farmer John Plumb and (as previously stated) is stocked with pre-loved items from the general public.



Achievements & Performance

From October 2022 – September 2023 we received **66 referrals**. The majority of these came from Specialist Midwives (e.g. Specialist Midwife for Domestic Abuse) and Community Midwives. We also received referrals from other charities, social workers, community link support workers (in the **NHS**) and self referrals.

Once again, our figures show that the NHS is the professional body that refers to Elayos the most with **53/66 referrals being NHS staff**. The number of referring Specialist Midwives and Community Midwives has also increased on last years' number.

In keeping with last year's numbers we received the largest number of our referrals for women living within the ward of UHB Heartlands. This correlates with the statistic that the East of Birmingham has the highest level of poverty in comparison to the rest of the city.

“The East locality had the highest level of deprivation in the city with 61% of the population, (148,639 people), living in the most deprived decile. 61.2% of the population in the East locality live in the most deprived decile, and 38.8% of children live in absolute poverty.” – Birmingham City Council, Local Area Health Profiles

The majority of our beneficiaries during the reporting period were living in shared, temporary accommodation. Lack of suitable housing continues to be one of the biggest challenges that our service users face. Many are faced with the agonising position of having to move either shortly before giving birth or immediately after as their accommodation will not allow them to have babies there.

Achievements & Performance

As with previous years, we saw an increase in the following issues which were exacerbated by the pandemic, as demonstrated in the following reasons being given for referrals:

- Isolation
- Lack of income / financial difficulties
- Poor mental health / mental illness
- Domestic violence



Other Achievements

Elayos held four Trustees Meetings between October 22 – September 23.

We met virtually via Google Meet.

Between **June – September**, we said goodbye to Rachel Hughes, Lorraine Harper and Emily Cooke and welcomed Katharine Gauton, Lorraine Stevens & Grace Wheeler to our board of trustees. They all come with a range of experiences from their field of expertise. We would like to take this opportunity to thank Rachel, Lorraine and Emily for their support and guidance throughout their time with Elayos.

At the start of the year, our doulas were invited to take part in the “**Lansinoh Project**”. Lansinoh is a highly-recommended and regularly used nipple cream. The study involved different health professional groups including midwives, health visitors, doulas, GPs, obstetricians, researchers, and mothers with lived experience of breastfeeding. Lansinoh worked with University of Leeds to develop Nipple Care pathway guidelines to support new breastfeeding mothers. This

study was aiming to develop evidence-based Nipple Care Pathway guidelines to help health professionals and new mums identify whether they have a breastfeeding issue, recognise symptoms early and give them practical tools, support, and information to continue to breastfeed to meet their personal goals. We were required to; review draft information to be included in the Nipple Care Pathway guidelines, vote on the importance of each section of information and provide feedback on the information.

The whole project was completed online, the total time commitment was 1 hour 15 mins over a period of 4 weeks; comprising of a 1 x 15 mins welcome meeting, followed by three rounds of information review and survey feedback, anticipated to take around 15 minutes each.

In **November**, we had one of our first in-person meetings post pandemic. We met at one of our doula's homes to discuss our vision for the future and to run through what is working well and what we could work on improving.

Other Achievements

Also in November, we were invited to join the Pregnancy & Baby Charities Network. It is a network of charities that meet regularly throughout the year with the aim of “improving outcomes and reducing inequalities for new and expectant parents and their babies”.

During the reporting period we began to work closely with the Managing Director, Jez Currin, of a local graphic design company called **The Media Collective**. He donated his time and materials primarily to help us improve our print media, working together to create an informational booklet to give to businesses. The Media Collective commissioned our first business cards and also produced informational banners that we use for events. The 11 year old son of one of our doulas took it upon himself to take the booklet to his school to ask if the school would be interested in choosing Elayos to be the PTAs chosen charity for the year. As a result **Coleshill C of E Primary** undertook several fundraising activities to benefit the charity and also collected nappies, wipes and hospital bag items, throughout the year.

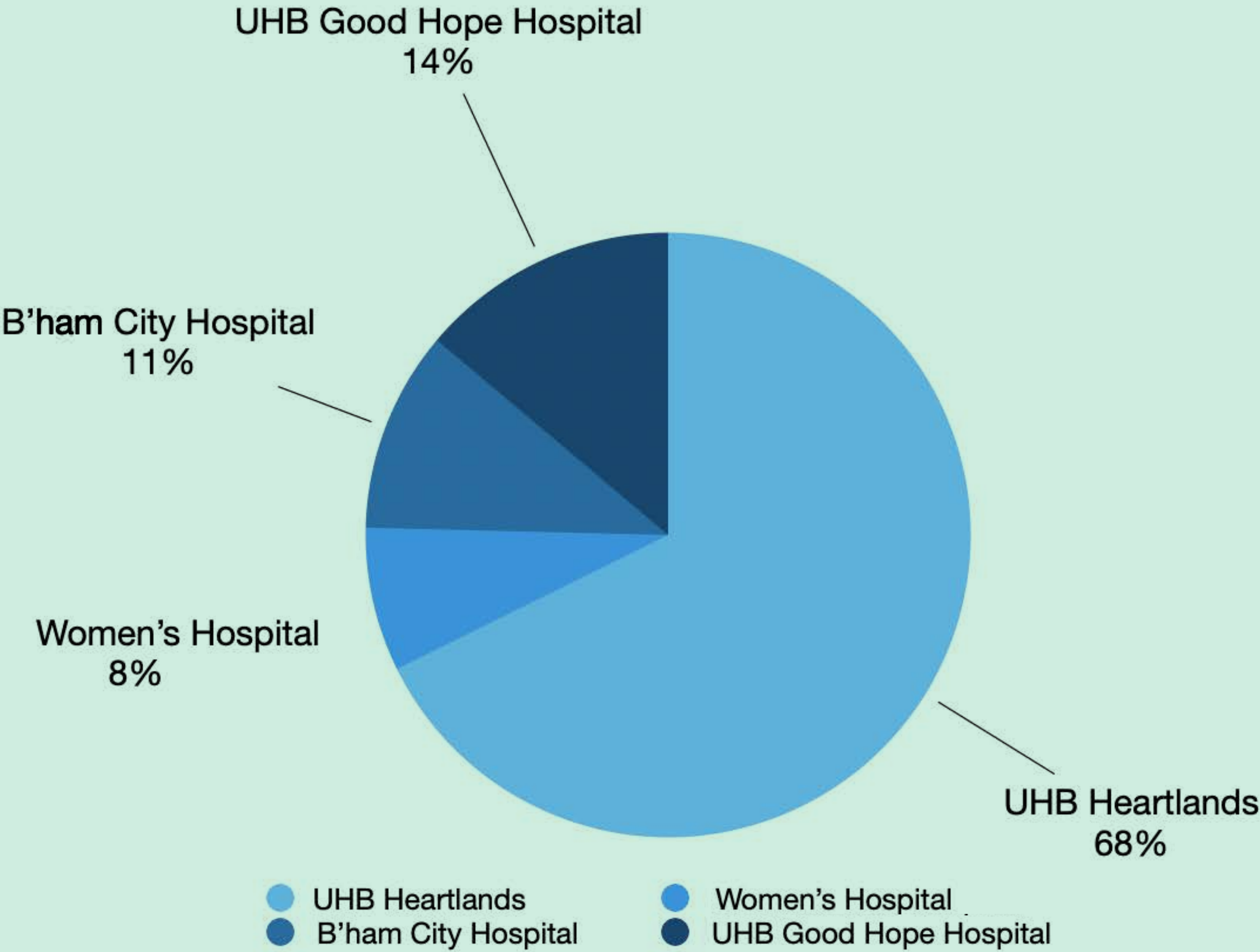
The local food pantry in Coleshill contacted us and subsequently donated many boxes of sanitary products for our baby bank.

Throughout the reporting year we regularly attended the monthly **BUMP** (Birmingham and Solihull United Maternity and Newborn Partnership) meetings. BUMP is made up of various **NHS** & voluntary organisations united by the vision that “every woman will be empowered to access consistent, world-class and holistic care right for them, their baby and their family”. The meeting in September was particularly pertinent because it focussed on black maternal health and we heard from the lived experience of recent NHS service users.

In November Elayos were invited by **Anawim** to be part of creating a Birmingham Women’s Network with other charitable organisations. The initial aim was to jointly apply for the Smallwood Trust Fund (the bid was unfortunately unsuccessful) . However, out of this was created a network of like minded Birmingham based organisations. We met several times online and in person at Anawim.

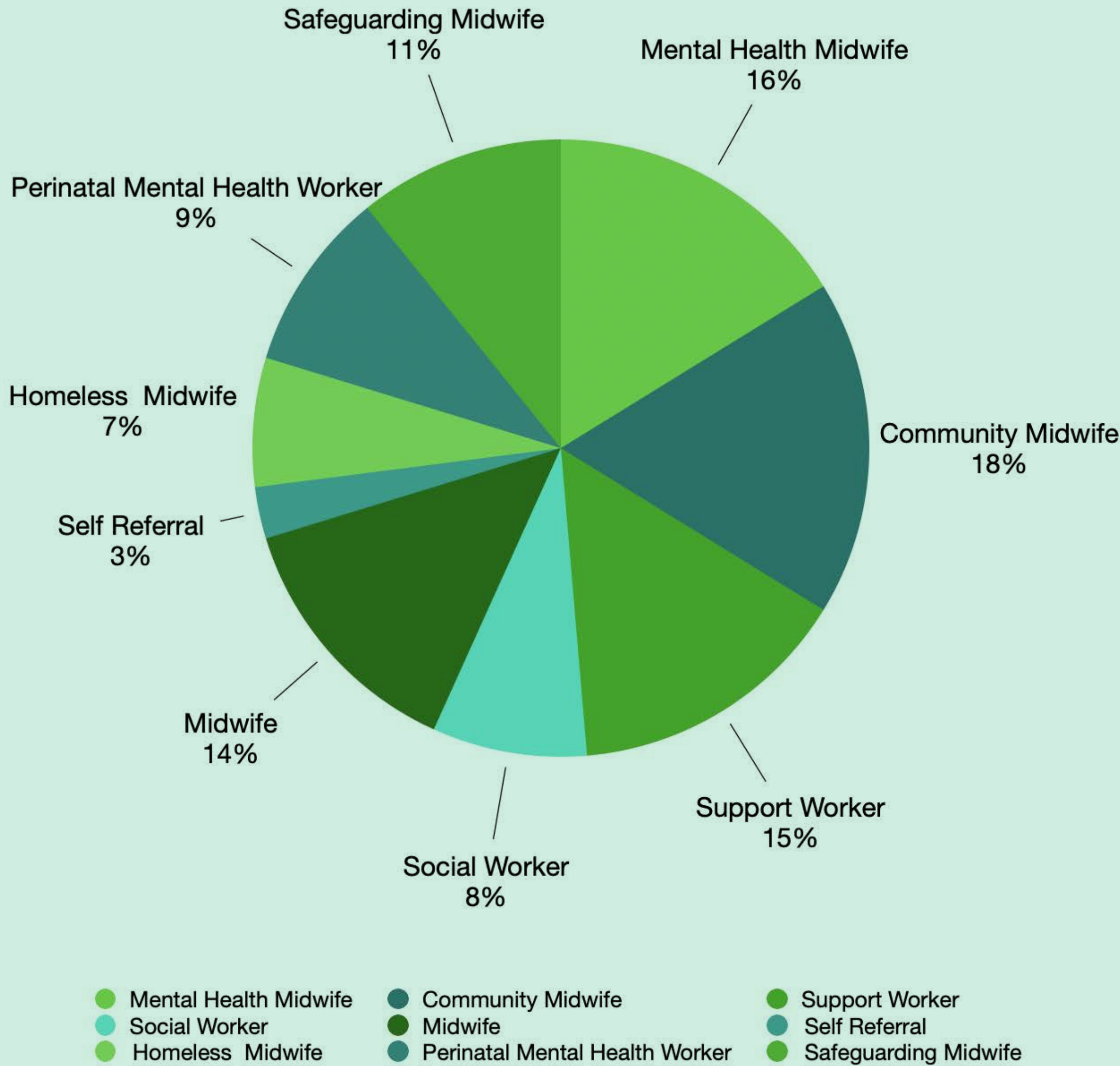
Locations

As seen here, the vast majority of our clients were booked under UHB Heartlands. This correlates with the statistic that the East of Birmingham has the highest level of poverty in comparison to the rest of the city.



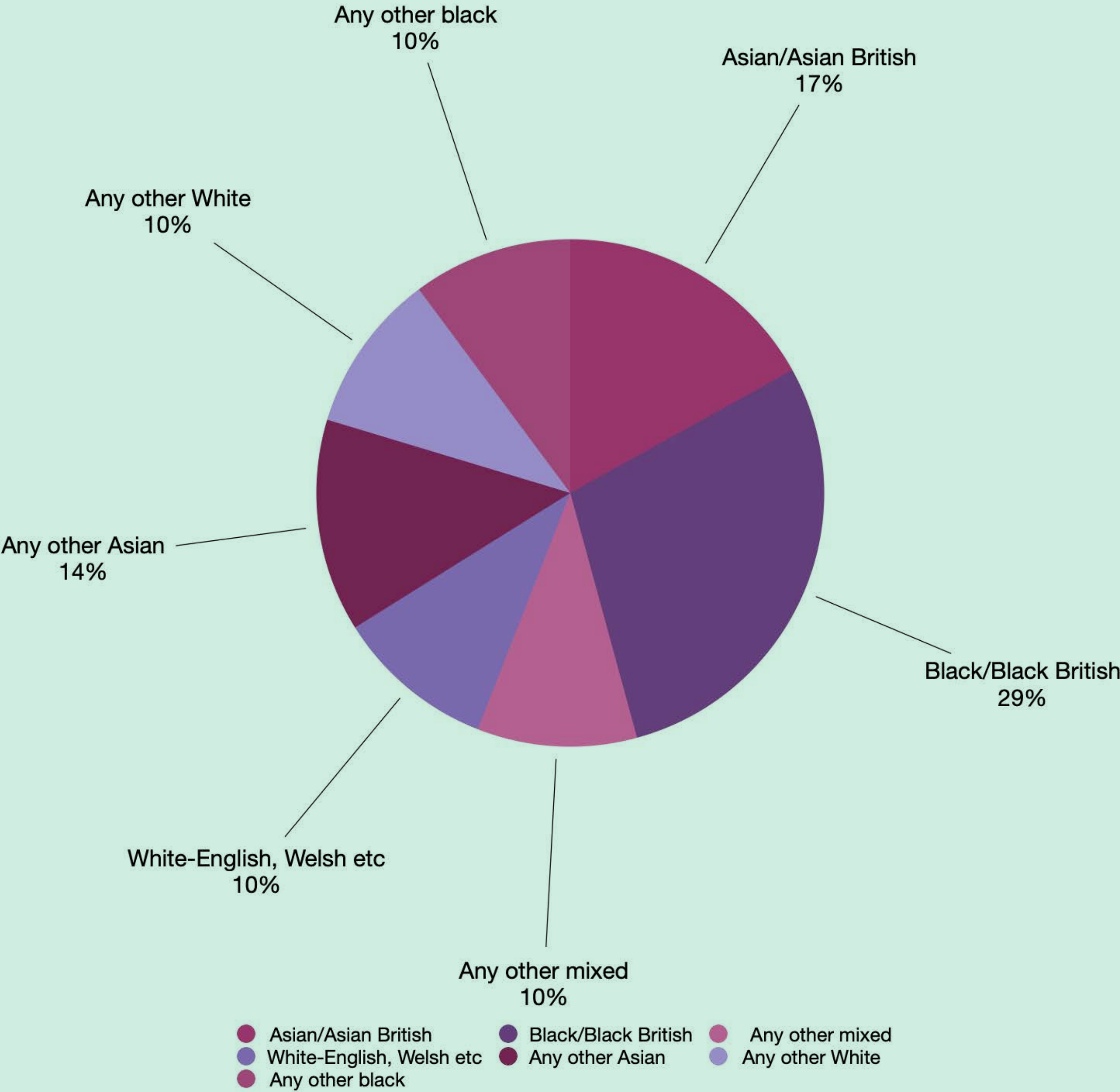
Referrals

This graph shows where all of our referrals have come from. NHS Specialist Midwives (Perinatal Mental Health Worker, Safeguarding Midwives, Mental Health Midwives) continue to be the most frequent referers.



Ethnicities

Black, Asian and Minority Ethnic groups (BAME) continue to be have the most need for Doula support in Birmingham. This is consistent with previous years.



Client Experience

"So when I met my doula (Amelia) I was about 35 weeks pregnant and living in a hotel m... the day I met Amelia I was moving to my new temp accommodation, she helped me move out of the hotel and into my new temp and in between the moving I had an appointment at the hospital which she came with me and supported me... my doula gave me support where I needed it as I lived in Birmingham on my own without any friends/family so meeting Amelia and having the support she gave as a doula really helped me, she was there to help me through my appointments and when I was stressed and when I simply just wanted some company.

After a few weeks of meeting Amelia I was due to go to the hospital to be induced. Amelia has supported me in helping me to get clothes prams blankets etc for the baby took me to the Hospital and helped to keep me calm. I was there for

1 week at the hospital and she would check up on me to see if the baby was making a show anytime soon and to make sure I was okay. Eventually when it came to the midwives needing to help get the baby on the move Amelia stayed by my side through out my labour again keeping me stress free and happy and supporting me through it all. After 12 hours Amelia did a swap with another doula (Hope) who was just as helpful and supportive as Amelia was through out my labour. Amelia continued to help and support me after the baby was born by helping me to give the baby her first bath and helping me to change her etc helped me by looking after the baby when I had appointments to attend and taking her out for a walk to give me some me time. Amelia has been a massive help from the day I met her to even now. And I appreciate everything both doulas did for me. They support, help and talk to you like a friend not just as something they do."



Events attended by Elayos team members

- NHS BCWB (Black Country and West Birmingham) Local maternity and Neonatal system conference, Walsall
- WWW (Working with Women) Women's Health Special (online meeting)
- BRIG (B'ham & Solihull Integrated Care System) Healthcare and Race: Past, Present and Future
- Creating a Breastfeeding Friendly City (focus/discussion group online)
- Meeting with Anawim about potential partnerships going forward
- Interview with a university for her university study regarding working with perinatal women during the pandemic (for which we received a £20 voucher for our baby bank)
- Meeting about expanding Elayos in the North of England
- Meeting with charity Love Your Neighbour
- Meeting with Babycare TENS (a TENS machine company). Via our Doula Suzie's daughter's midwife, Sarah. Babycare TENS agreed to partner with Elayos to provide 3 TENS machines that we could loan out to clients, in exchange for regular updates on social media.
- Panel discussion about the work of Elayos at Gas Street Church, South and Central sites.
- Community Impact exhibition at the ICC, Birmingham

Training received during the reporting period

- Cultural Awareness Training with Acacia
- Identifying, supporting and protecting Girls and Women from FGM (CPD Advanced)
- Working with resistant families (Barnardos)
- Safeguarding Children (Birmingham Safeguarding Children Partnership)
- Saving Lives, Improving Mothers' Care; Presenting the MBRRACE-UK Perinatal Report 2022 (Mbrpace-UK)
- Starting Well Fund & Barnardo's Consortium
- Modern Slavery (Birmingham Safeguarding Children Partnership)
- Advanced CSE - Trauma & Developing Skills for Practice (Birmingham Safeguarding Children Partnership)
- What can maternity services learn about leadership from NASA? (via BUMP)
- Perinatal Mental Health with Acacia
- "Look, Say, Sing & Play" (NSPCC)



**Here is what Doula Suzie said
about the “Look, say, sing and
play” NSPCC event:**



“I attended the “Look, Say, Sing, Play” campaign evening event, at The Midlands Arts Centre.

I found this really interesting, and helpful for supporting our new parents, but also supporting existing family members. I have supported a number of families this year, where there are older siblings, who, at times have quite challenging behaviours, and more recently some families where the older child has autism. I have made a bag with assorted fidget toys, that where necessary, I will use to help build trust and relationship with mums and their families. I have learned that play therapy can be key to building trust and relationship with children facing extra daily challenges. I am really enjoying supporting the WHOLE family. Even children without extra needs can feel very excluded with the arrival of a new baby.”

Funding

On 10th December we held our first in-person fundraising event at Southfields Farm, where our Baby Bank is located. We hosted a Christmas Clothes-Swap with minced pies (both homemade and donated from the local Aldi), mulled wine & prosecco (which was also donated by several local businesses).

The event was publicised and shared on social media. The idea being that for your ticket price, you could drop off some pre-loved clothes (to various, previously agreed locations across the city) and then come and take a specific number of items.

We also had tables for local, small businesses to come and sell their products (from locally sourced honey to hand sewn Christmas tree ornaments)

For this particular event we were endorsed by Susie Verrill, a social media influencer who has been a long time supporter of Elayos. Susie teamed up with Porth Eryi Glamping to offer a weekend away at one of their Glamping sites in exchange for a raffle ticket. Most of our revenue was taken via raffle tickets (prizes included free tickets to West Midlands Safari Park, vouchers for Resorts World B'ham, vocal lessons with a Coach from ITVs The Voice & a session in the recording studio) and ticket sales. However, unfortunately the weekend of the Swap coincided with England playing in the World Cup and a worrying rise in

Scarlett Fever cases among nursery and primary school aged children. This resulted in many of the people who had bought tickets not showing up. However, we still raised almost £800 for this event.



CLOTHES SWAP FUNDRAISER

- Choose up to 10 clean, good quality LADIES clothes (& handbags) that you don't wear anymore.
- Make sure the items don't have any stains, holes or pulls.
- Drop them off in either Coleshill, Kings Heath or Lichfield **TODAY**.
- If you're travelling far or cannot make it to a drop off point, bring your items at 1pm on Saturday 10th December & collect your swap token
- Buy your tickets and raffle tickets NOW!



Funding

In October we applied to **The People's Project** which is a joint venture between ITV local News and The National Lottery. Later that month we were invited through to the next stage for the ITV region: ITV Central West. Our project was named "Doulas for All" and with the funds received we were looking to employ another doula, a fundraiser and a baby bank manager.

In January '23 we were informed that we had made it through to the final stage and that ITV West Midlands would be coming to film us later that year. Elayos was 1 of 5 Midlands based charities to be chosen to be featured during the local ITV news in May (80 local community projects from across the region were shortlisted). In February we attended the Media Training Day and filming took place on 19th March. The film crew & an ITN News Reporter followed us to a couple of clients' homes as we did home visits, a visit to the local park, to the baby bank unit and to Coleshill C of E Primary School who had kindly been collecting items for us. Here is the promotional video: <https://www.thepeoplesprojects.org.uk/projects/view/doulas-for-all>
The project went "live" on 11/05 for people from all over the country to vote for the project of their choice.

On a chilly morning on June 1st 2023, at the location of our baby bank unit, our families gathered to be told that we had won the proposed amount of £66,380.



Other sources of funding

- + Gas Street Church
- + Hexagon Financial Corporate
- + Arnold Clark Community Fund
- + Frankley Grace Church, USA
- + Peddimore Community Fund
- + Co-op Community Fund

Midwife Endorsement

"I am a Community midwife and work with variety of pregnant ladies from all backgrounds. I have used these services numerous times to support and help ladies with equipment , financial support and also transportation to appointments. Their services are invaluable and very much in need."

Hazel Newton, Community Midwife

Structure, Governance & Management

Elayos have a constitution as it's governing document.
Elayos is a Charitable Incorporated Organisation.
Trustees are appointed and elected.

Reserves Policy

It is the general policy to apply as much funding as possible to our charitable objectives and to avoid accumulating excessive cash reserves. The Trustees aim to build 6–12 months of reserves.

At year end 2023, we held £52,278 equal to 16 months of restricted reserves due to a one off large gift. However, due to increased referrals and therefore increased expenditure forecasted for the next financial year, we will be back to three months of restricted reserves by January 2024.

We are currently running with low unrestricted reserves and aim to build this to three months by the end of this financial year. Based on our forecasted expenditure for the next financial year this equates to £25,750.

Independent examiner’s report on the accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's
report on the accounts

Report to the trustees/
members of

Charity Name
Elayos

On accounts for the year
ended

30/09/2023

Charity no
(if any)

1185455

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2023.

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

30/01/2024

Name:

Colin Eric Hingston

Relevant professional
qualification(s) or body
(if any):

Honorary Fellow of the Chartered Institute of Credit Management

Address:

65 Dean Garden Rise

High Wycombe, Bucks.

IER

1

October 2018

Financial Review



CHARITY COMMISSION
FOR ENGLAND AND WALES

Elayos

1185455

CC16a

Receipts and payments accounts

For the period from

1/10/2022

To

30/9/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Regular donations	10,146	-	-	10,146	6,409
One Off donations	12,951	-	-	12,951	10,527
Grants received	2,500	66,380	-	68,880	12,842
Gift Aid	-	-	-	-	-
Other	1,204	-	-	1,204	206
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	26,801	66,380	-	93,181	29,984
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	26,801	66,380	-	93,181	29,984
A3 Payments					
Fund raising fees	480	-	-	480	301
Client costs	2,917	557	-	3,474	8,411
Staff costs	21,122	12,428	-	33,550	21,410
Operation costs	776	910	-	1,686	1,382
Governance	269	207	-	476	317

CCXX R1 accounts (SS)131/01/2024

B2 Other monetary assets

Details	to nearest £	to nearest £	to nearest £
		-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

CCXX R3 accounts (SS)331/01/2024

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	25,564	14,102	-	39,666	31,821
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	25,564	14,102	-	39,666	31,821
Net of receipts/(payments)	1,237	52,278	-	53,515	- 1,837
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	470	-	-	470	2,307
Cash funds this year end	1,707	52,278	-	53,985	470

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Barclays Bank	1,276	52,278	-
	PayPal	368	-	-
	Hope Plumb	63	-	-
	Total cash funds	1,707	52,278	-
(agree balances with receipts and payments account (s))				
		OK Unrestricted funds	OK Restricted funds	OK Endowment funds

CCXX R2 accounts (SS)231/01/2024

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval

CCXX R4 accounts (SS)431/01/2024

Financial Activities

Elayos
Financial Activities - CC 1 Oct 22 to 30 Sept 23
October 2022 - September 2023

	GENERAL	PP	TOTAL
Income			
1 Donations and legacies (A1)			£0.00
1.1 Regular Donations			£0.00
D1 Regular Donations - Gift Aided	3,455.00		£3,455.00
D1a Regular Donations - GA to be requested	6,690.51		£6,690.51
Total 1.1 Regular Donations	10,145.51		£10,145.51
1.2 One Off Donations			£0.00
D3a One off Donations - GA to be requested	3,355.91		£3,355.91
D4 One Off Donations - Not Gift Aided	9,595.19		£9,595.19
Total 1.2 One Off Donations	12,951.10		£12,951.10
D6 Grants received	2,500.00	66,380.00	£68,880.00
Total 1 Donations and legacies (A1)	25,596.61	66,380.00	£91,976.61
2 Charitable activities (A2)			£0.00
A1 Fundraising proceeds	107.20		£107.20
Total 2 Charitable activities (A2)	107.20		£107.20
5 Other Income (A5)	1,097.49		£1,097.49
Total Income	£26,801.30	£66,380.00	£93,181.30
TOTAL	£26,801.30	£66,380.00	£93,181.30
Expenditures			
6 Raising funds			£0.00
Fees	213.00		£213.00
R1 Generating donations	266.70		£266.70
Total 6 Raising funds	479.70		£479.70
7 Charitable activities			£0.00
7.1 Client costs			£0.00
Goods for Clients	152.29	97.84	£250.13
Hope P unclassified expenses	138.90		£138.90
Mileage	1,746.87	336.05	£2,082.92
Nappies and Formula	291.53	25.05	£316.58
Parking and Tolls	322.24	47.06	£369.30
Refreshments	92.12	29.30	£121.42
Volunteer costs and expenses	173.09	22.05	£195.14
Total 7.1 Client costs	2,917.04	557.35	£3,474.39

Elayos
Financial Activities - CC 1 Oct 22 to 30 Sept 23
October 2022 - September 2023

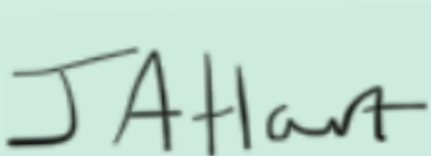
	GENERAL	PP	TOTAL
7.2 Support costs			£0.00
7.2.1 Staff costs			£0.00
Gross Salary	19,404.42	12,022.49	£31,426.91
Health and safety	1,677.60	405.60	£2,083.20
Training	40.00		£40.00
Total 7.2.1 Staff costs	21,122.02	12,428.09	£33,550.11
7.2.2 Operations			£0.00
Administrative Expenses	309.96		£309.96
Advertising/Promotional		858.00	£858.00
Computer Costs	29.90		£29.90
Insurances	156.56	52.29	£208.85
Phone Costs	72.00		£72.00
Printing, Postage and Stationery	15.83		£15.83
Sundries	47.95		£47.95
Website	144.00		£144.00
Total 7.2.2 Operations	776.20	910.29	£1,686.49
Total 7.2 Support costs	21,898.22	13,338.38	£35,236.60
Total 7 Charitable activities	24,815.26	13,895.73	£38,710.99
7.3 Governance costs			£0.00
Accounting	256.32		£256.32
Safeguarding	12.25	207.50	£219.75
Total 7.3 Governance costs	268.57	207.50	£476.07
Total Expenditures	£25,563.53	£14,103.23	£39,666.76
NET OPERATING INCOME	£1,237.77	£52,276.77	£53,514.54
NET INCOME/(EXPENDITURE)	£1,237.77	£52,276.77	£53,514.54

Declaration

The trustees declare that they have approved the trustee’s report above. Signed on behalf of the charity’s trustees:

Signature

Full Name



John Andrew Hart

Position

Date

Chair of Trustees

23/01/24

Elayos