

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	23	09	2019		31	03

Section A Reference and administration details

Charity name

Elayos

Other names charity is known by

Registered charity number (if any)

1185455

Charity's principal address

Unit 1, Warwick House Industrial Estate

18 Forge Lane

Minworth

Postcode

B76 1AH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Andrew Hart	Chairperson		
2	Lorraine Harper			
3	Rachel Hughes			
4	Emily Cooke			
5	Abigail Vedder		2/12/20 - current	
6	Maggie Coleman		2/12/20 - current	
7				
8				
9				
10				
11				
12				
13				
14				
15				

16

17

18

19

20

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Financial	Frank Harper	29 Meriden Rd, Hampton in Arden, B92 0BS
HR	Kelly Goulding-Hughes	178 Coventry Rd, Coleshill, B46 3EH

Name of chief executive or names of senior staff members (Optional information)

Hope Plumb and Amelia Sommers

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed and elected

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We are part of a number of Birmingham wide collectives that tackle Perinatal care including:

MVP (Birmingham and Solihull Maternity Voices Partnership)
Yardley Early Help Network
BUMP

We have become a resource for the new NHS Social Prescribers

We have begun to work very closely with the Perinatal Mental Health teams from the two Trusts in the West Midlands, in the light of the pandemic

We continue to receive 90% of our referrals from within the NHS. Other referrals come from charities such as Anawim, Acacia and Women's Aid

We also receive referrals from Social Workers, Support Workers and even self referrals

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the needs of women in particular, but not exclusively, vulnerable and/or isolated women by the provision of physical, emotional and practical support during pregnancy, childbirth and the postnatal period.

The definition of "vulnerable" women includes women affected by perinatal mental health illnesses, substance abuse, domestic abuse victims, refugees, migrants and asylum seekers, victims of human trafficking, human slavery and sexual exploitation or any other vulnerability.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Utilising the “Shortlister” interview platform to use for new volunteers
- Providing advocacy during hospital appointments and Professionals Meetings with Social Services
- Utilising the space donated to us to create Elayos’ own Baby Bank Unit
- Distributing 20 newborn packages from Elayos’ Baby Bank
- Obtaining essential clothes and equipment for mum and baby inc. maternity bras, nappies, cots, formula milk from Elayos’ own Baby Bank Unit
- One to One pregnancy support and guidance
- Supporting clients to create their own Birth Preferences and ensuring they know all of the birthing options available to them
- Being “on 24/7hr call” for our clients when they reach 38 weeks pregnant to accompany them to the hospital for the birth of their baby
- Providing qualified Doulas to support women during childbirth
- Assisting 100% of clients to breastfeed immediately after birth
- Providing qualified Doulas & volunteers to support at the client’s place of residence in the postnatal period, otherwise known as the fourth trimester
- Signposting to other local organisations who can take over support when our time is completed
- Ensuring new mums are well connected into their local communities by accompanying them to their local Stay & Play groups and assisting them to access services that are local to them

The trustees confirm that they have complied with the Charity Commission’s general guidance on public benefit and that the purpose and aims of Elayos are for the greater good. All of our charitable activities focus on improving the experience of pregnancy, birth and motherhood for vulnerable and isolated women in the Birmingham community so that they are better able to care for themselves and their babies both during pregnancy and after the birth.

We believe that Elayos’ work contributes to women who have previously had their autonomy removed now having informed pregnancies and being actively involved in the decisions surrounding the birth of their children. Studies have shown that support by Doulas during childbirth is associated with a significant reduction in caesarean births as well as a contributing to a trend of shorter labours and less use of epidurals.

With our support we have seen many women come to realise the many benefits of (the economical factor playing a huge part) breastfeeding when they had previously decided to bottle-feed and then have gone on to feed their babies for several months.

As a whole our clients have been able to build stronger bonds with their

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have acquired a new storage space that we have converted into our Baby Bank, this is managed by a volunteer

In the light of the Covid-19 pandemic and the rise in Perinatal Mental Health illnesses, we are now working in conjunction with Spurgeons Perinatal Mental Health and the two Perinatal Mental Health teams in Birmingham.

All of our staff have completed the following Safeguarding courses; Safeguarding Adults at Risk of Harm and Safeguarding Children and Young People

All of our staff are now Breastfeeding Peer Supporters having completed the Qualification Course

All volunteers and staff are now provided with a Lone Worker Button which has access to a 24/7 helpline

- 156 women have received one to one pregnancy and postnatal support, which includes both weekly phonecalls and house visits
- We have recruited 9 new volunteers using the Shortlister interview platform
- We have provided 142 women with practical essentials such as formula and nappies
- We have given away 78 baby basic parcels
- 64 women have been supported during childbirth
- 64 women have been supported in breastfeeding their babies post birth
- We supported 8 women during separation from their babies

The Covid 19 pandemic has shaped our work significantly. We have adapted our services, policies and communication and engagement work in the face of this challenge.

We look forward to helping more women navigate the challenges arising now and in the months to come in the light of the pandemic.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity does not currently have any significant liabilities; the trustees will keep the need for a reserves policy under review.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

John Andrew Hart

Position (eg Secretary, Chair, etc)	Chair of Trustees	
--	-------------------	--

Date	30/07/2021
-------------	------------



Elayos	1185455
Receipts and payments accounts	
For the period from	43922 To 44104

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds
	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts				
Regular donations	2,410	-	-	2,410
One Off donations	2,269	-	-	2,269
Grants received	13,320	-	-	13,320
Other	5	-	-	5
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
Sub total (Gross income for AR)	18,004	-	-	18,004
A2 Asset and investment sales, (see table).				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
Sub total	- 0	- 0	- 0	-
Total receipts	18,004	- 0	- 0	18,004
A3 Payments				
Client costs	8,495	-	-	8,495
Staff costs	5,362	-	-	5,362
Operation costs	349	-	-	349
Governance	272	-	-	272
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
Sub total	14,478	-	-	14,478
A4 Asset and investment purchases, (see table)				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
Sub total	- 0	- 0	- 0	-
Total payments	14,478	- 0	- 0	14,478
Net of receipts/(payments)	3,526	-	-	3,526
A5 Transfers between funds	- 0	-	-	-
A6 Cash funds last year end	1,163	-	-	1,163
Cash funds this year end	4,689	-	-	4,689

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds
		to nearest £	to nearest £
B1 Cash funds	Barclays Bank	4,689	-
		-	-

		-	-
	Total cash funds	4,689	-
	(agree balances with receipts and payments account(s))	OK	OK
		Unrestricted funds	Restricted funds
	Details	to nearest £	to nearest £
B2 Other monetary assets	Expenses float	100	-
		-	-
		-	-
		-	-
		-	-
		-	-
	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-
	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	
		John Andrew Hart	
	JAHart		

CC16a
Last year
to the nearest £
1,640
670
-
-
-
-
-
-
2,310
- 0
- 0
2,310
7,511
2,474
692
110
-
-
-
-
-
10,787
- 0
10,787
- 8,477
-
9,640
1,163
Endowment funds
to nearest £
-
-

-
-
OK
Endowment funds
to nearest £
-
-
-
-
-
-
Current value (optional)
-
-
-
-
-
Current value (optional)
-
-
-
-
-
-
-
-
-
-
When due (optional)
Date of approval
30-Jul-21