



SHINE YOUTH

restoring hope

Annual Report

2024 - 2025





Annual Report

for the Year Ending 31 August 2025

Contents	Page
<u>Reference & Administrative Information</u>	1
<u>Report of the Trustees</u>	
Background	2
Objectives & Public Benefit	2
Vision	2
Strategy	3
Achievements & Performance	4
Impact Summary	5
Financial Review	12
Structure, Government & Management	15
<u>Independent Examiner's Report</u>	16
<u>Statements</u>	
Statement of Financial Activities	17
Balance Sheet	18
Notes to the Financial Statements	19
<u>Declarations</u>	27

Reference & Administrative Information

Charity Registration Number	1185452
Date of Registration	23/09/2019
Start of Financial Year	01/09/2024
End of Financial Year	31/08/2025
Trustees who served during the year	Jennifer Whitehill (appointed 10/02/2020) Zoe Wallis (appointed 17/07/2019) Cheryl Hawkins (appointed 17/07/2019)
Registered Address	70 Yoxall Road, Shirley, Solihull, B90 3RP
Governing Document	Charitable Incorporated Organisation 'Foundation Model'
Bankers	Natwest, 12 Broad Street, Hereford, HP4 9AH
Independent Examiner	Ian English

Background

SHINE YOUTH was founded after the youth charity the founder was working for announced at the end of June 2019 that it was going to close. The founder was the Director of the Pastoral Mentoring work and was asked by all of the schools where the mentoring services were being delivered to continue that service delivery. The schools said there was no other provision able to meet the needs of their vulnerable students in the same timely and effective way. When the other staff and existing volunteers committed to continue the work, the founder setup SHINE YOUTH immediately so that young people had no break in the support they were receiving. SHINE YOUTH was registered as a Charitable Incorporated Organisation (CIO) by the Charity Commission on 23 September 2019.

Objectives

The purpose of the Charity as set out in its Governing Document is to promote and protect the positive mental health and emotional wellbeing of young people aged 11-18 years who are experiencing mental health and emotional difficulties related to experiences of grief and loss; low mood, low self-esteem; anger; stress and anxiety; childhood trauma; domestic violence and self-harm.

The Charity does this through providing:

- 1:1 Pastoral Mentoring & Counselling and Wellbeing Group courses for young people to reduce their distress; advance their self-care, social and emotional skills; and facilitate the growth of their positive mental health, self-identity, resilience and self-esteem.
- Psycho-education and evidence-based tools and strategies to young people and their parents/carers, teachers, youth workers and others so that young people are supported in mental health- and trauma-informed ways.

In so doing, the Charity's work supports young people to build their resilience and fulfil their potential to flourish in their relationships, education, community and future work and family life.

Public Benefit

The Trustees have regard to the guidance from the Charity Commission on reporting on Public Benefit and are committed to ensuring the Charity delivers public benefit as it fulfills its objectives. The Charity offers its activities to all people of any faith or none and does so in accordance with Christian principles and unconditional positive regard, respect and empathy.

Vision

SHINE YOUTH is passionately committed to ensuring that Young People:

- experience Care, Connection, increased Confidence and positive Change when they are in need of mental health and emotional support;

- are not left waiting without support;
- can access a range of support with in-school options (where the majority spend the majority of their time) and options in their local community, particularly if they are not attending school or that is not their preferred or most suitable setting to access personalised support; and
- feel seen, heard, involved and are able to shape the support on offer to them.

SHINE YOUTH envisions a landscape where all 11 -18 year olds are able to easily access the Right Support for their need, at the Right Time, in the Right Way.

Strategy

Recognising the scale of the mental health crisis amongst those aged 11 - 18 years, our approach seeks to deliver innovative, responsive and integrated provision. This provision is graduated and targeted to deliver prevention, early intervention, and more specialist support in settings which young people find comfortable and easily accessible.

It requires us to go DEEP & WIDE to provide 3 skilled, evidence-based programmes alongside Training and Youth Voice groups to have a robust positive impact on improving the mental and emotional wellbeing of this age group in Solihull: 1:1 Mentoring & Counselling, Wellbeing Groups and Youth Wellbeing Cafes (Relational Activity Spaces with wellbeing themes, workshops and activities).

DEEP & WIDE



All built on the foundation of our commitment to keeping young people at the centre of all we do by providing the Right Support, at the Right Time, in the Right Way & by convening and facilitating:

- ✓ **1:1 Pastoral Mentoring & Counselling** which works with the depth of specific stories, strengths and difficulties of individuals.
- ✓ **Wellbeing Groups** which deliver psycho-education and self-help tools and also utilise peer support to build greater resilience.
- ✓ **Youth Wellbeing Cafes (Relational Activity Spaces)** which offer holistic wellbeing activities: bringing physical and spiritual elements alongside the 1:1 and group elements listed above, and which provide larger communities of Care, Connection, Confidence-building and Celebration **& Training** to assist parents/carers, school staff and others to support young people's mental and emotional wellbeing.

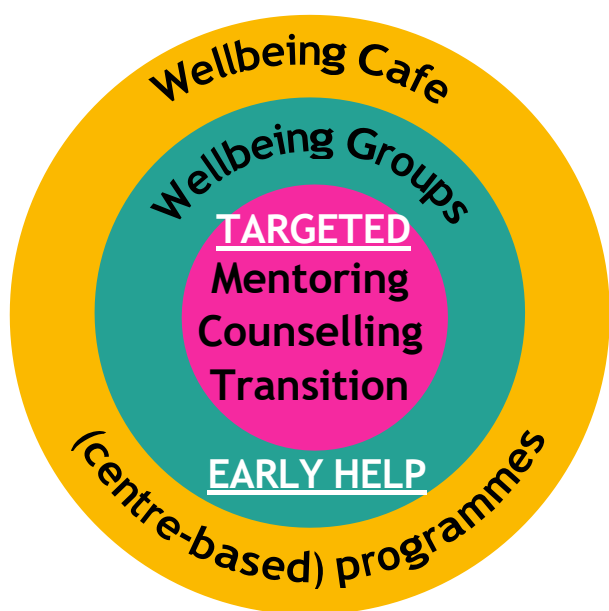
■ **Youth Voice groups** where young people who have received the support of our programmes can be engaged to HIGHLIGHT, INFORM and SHAPE the work that we deliver and the mental health services on offer to them.

Achievements & Performance

This year SHINE YOUTH has supported 501 young people aged 11-18 years through the delivery of:

- weekly 1:1 Pastoral Mentoring & Counselling to young people who are experiencing a range of mental health and emotional wellbeing difficulties (12+ sessions);
- 8 Wellbeing Group courses (6/7 sessions each);
- Peer Mentoring and Youth Voice groups;
- Year 7 Transition Support; and
- a weekly Youth Wellbeing Cafe.

501 Beneficiaries



Attended	
300	Transition Support
96	Wellbeing Group courses (6 or 7 sessions)
44	Peer Mentoring & Youth Voice groups
33	1:1 Pastoral Mentoring or Counselling (12+ sessions)
28	Youth Wellbeing Cafe (weekly)

1:1 Mentoring & Counselling - 33 young people / 648 hours of support

SHINE YOUTH delivered 648 sessions / hours of 1:1 support to 33 young people this year. Some of the many positive comments that young people gave in their feedback at the end of their mentoring or counselling support included:

“Thank you for all the support you have given me during our time together. I was so overwhelmed with anxiety that I could never image I would be where I am now. Your encouragement and enthusiasm installed confidence in me to use the skills I learnt to tackle my anxiety head on.”

“The sessions have boosted me so much and have given me the courage to face my problems with a positive mindset. I am taking on new challenges and enjoying life so much more.”

Our Impact in 2024-2025

501

9

young people were supported through 8 Wellbeing Group Courses (6-7 sessions)



84%
meaningful improvement in wellbeing (average)

300

young people in Year 7 received transition support



28

young people attended the weekly Youth Wellbeing Cafe



33

young people were supported through Counselling and Pastoral Mentoring

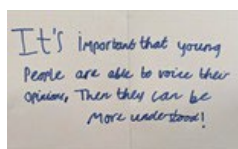


10.6
point reduction in distress (average)



44

young people participated in the Peer Mentoring & Youth Voice Projects



Eddie (not his real name or photo) has Autism Spectrum Condition (ASC) and had been experiencing severe anxiety which had resulted in Emotionally-Based School Non-Attendance (EBSNA). He was referred to SHINE YOUTH after refusing to attend school for 6 weeks and withdrawing socially.

Eddie received 1:1 Mentoring, came to the SHINE Youth Wellbeing Cafe and joined the BREATHE Overcoming Anxiety course that his Mentor was leading, where he learnt breathing techniques, cognitive behavioural strategies and coping skills. He was also supported to build friendships and increase his confidence through regular social interaction playing games and completing arts, team building and walking and talking park sessions.

After 6 weeks Eddie agreed to attend some school lessons supported by his SHINE YOUTH mentor. His Mentor stayed in school and available to Eddie for regular Check-ins. At the Check-ins they practiced emotional co-regulation and Eddie's mentor prompted Eddie's use of the coping strategies he knew. Eddie attended more lessons over a 6 week period. The Check-ins then tapered down over a 4 week period.

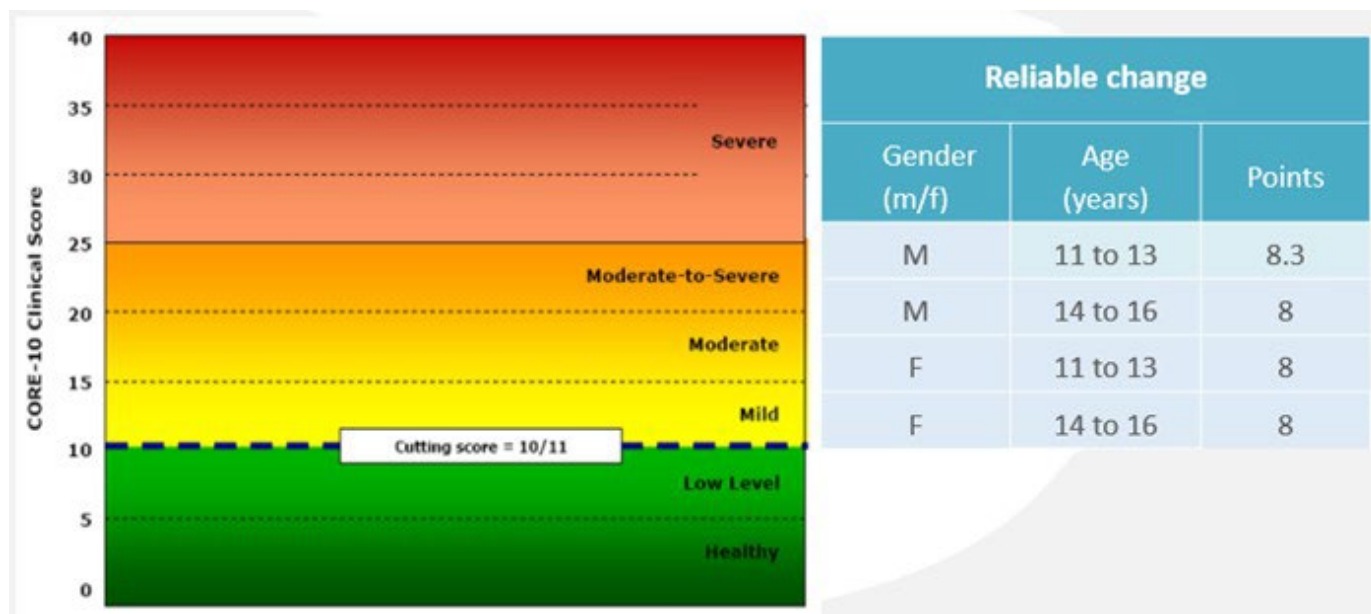
Eddie's mother reported a visible improvement in her son's mood and self-esteem, stating: "I can't believe the difference in his confidence."

Eddie said, "When I'm having a bad day, I know I can come to the Youth Wellbeing Cafe and see my mentor and feel better."



Outcomes:

The 'Young Persons Clinical Outcomes in Routine Evaluation (YP-CORE)' is used to measure the effectiveness of the Charity's 1:1 provision. It is a robust measure of psychological distress in young people aged 11-18 years old with inbuilt measures of 'reliable' and 'clinical' change.



This quantitative outcome measures demonstrated that our work achieved an average decrease of **9.8 points decrease in emotional distress of all the young people worked with** in the 2024-25 academic year (YP-Core). This equates to a significant 'reliable change' reduction young people's distress reducing from the 'Severe' range to the 'Moderate' range, or from the 'Moderate-to-Severe' range to the 'Mild' range.

Wellbeing Groups - 96 young people

BREATHE (Overcoming Anxiety) and CREATED (Building Confidence & Self-esteem) Wellbeing Group courses have flourished and been in high demand this year. Despite recruiting an additional youth worker for one day /week we have been unable to deliver courses to all who requested them.

Our clinical measure reported that those who received the group support saw an average **84% "meaningful improvement" in their wellbeing** (Warwick-Edinburgh Mental Wellbeing Scale) and young people's feedback was very positive:

“ We hear a lot about mental health, but often it's just talk, it doesn't tell us what to do to cope. This has given us ideas of how to help ourselves to cope better. ”

“ It was great making the CALM boxes as it reminded me of all the different things that help to keep me calm! ”

“ This session allowed me to show how I feel and also how to recognise anxiety. ”

“ I've learned how to deal with stress. ”

“ I've learned several breathing techniques to use when I feel anxious. ”


“ I really enjoyed making the calm bottles in the session today and learning some breathing techniques. ”

“ I really enjoyed making the mood board about the things that I enjoy. I learned in this session about the things that I can and can't control. ”

“ I've learned that anxiety is normal and that it's ok to be stressed. ”


“ Writing ways to help our friends when they feel stressed was helpful. ”

BREATHE Anxiety hacks



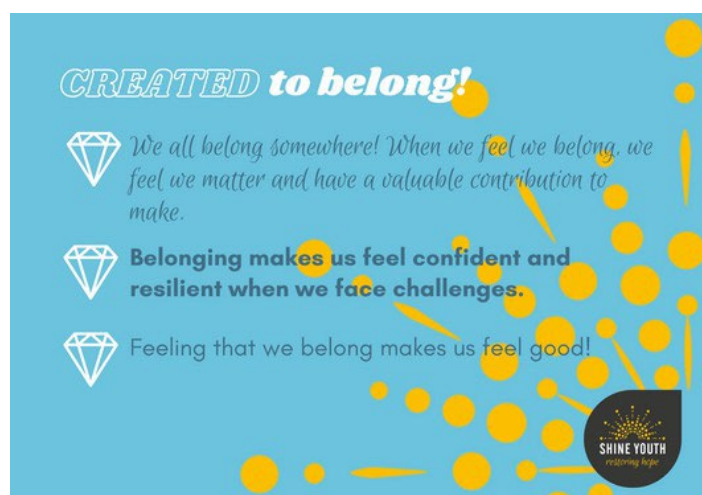
Anxiety can feel like a wave. Allowing the wave to pass (rather than avoiding it) is helpful.

This can feel very uncomfortable so using your favourite breathing strategy, a grounding focus, a positive affirmation or a soothing activity will help you 'surf the wave!'



This week:

- Using the CALM Breathe Bubble on YouTube, practise slow breathing each day.
- Make a calming playlist of your favourite music to listen to. You might even want to add soundtracks from nature.
- Keep using one of the breathing strategies.



Which one of your strengths could you use when you're with other people?

How can you use it with others this week?

Peer Mentoring - 36 young people

We wrote and successfully piloted a 12-week Peer Mentor programme to equip year 12 pupils with the skills and knowledge to mentor year 7-10 pupils in their school. It taught them the skills to build rapport and a safe, solution-focused communication space; and create a SMART goal-orientated action plan with their mentee. It aimed to improve the confidence, communication, knowledge and skills in both groups of pupils, whilst developing a stronger sense of school community through increased positive cross-year interactions.

100% of the pupils who took part said they would **recommend the training and the programme.**

The feedback from the school said that they had seen a **“very positive benefit”** in both the mentors and the mentees who had taken part.

Year 7 Transition Support - 300 young people

We also wrote and successfully piloted a one hour creative, interactive workshop to support year 7 pupils with the change of moving from primary to secondary school. This was centred around 'Growing through Change' and used the natural world for inspiration, reflection and activities designed to grow resilience, identify strengths and explore the science behind stress and ways to soothe their body and mind when coping with change.

12 groups of pupils took part with their teachers. The feedback was very positive and the school therapist said

"This is excellent - a good balance of education and personal expression so students can share their experiences, learn from their peers and from SHINE YOUTH knowledge of what helps."



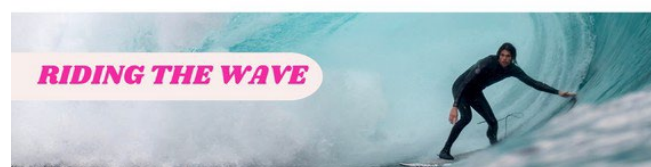
Just like we see in nature, we're built to adapt and grow through change.



Change helps us develop new strengths and become more resilient.



Discover the natural talents and abilities you already possess and how you can use these.



Like the tides, emotions rise and fall. Learn strategies to handle the emotions and challenges that come with change.

Youth Wellbeing Cafe - 28 young people

As there are no general youth clubs in south Solihull, in response to requests from young people and as a part of our strategy to offer the Right Support, in the Right Place at the Right Time, the Youth Wellbeing Café we launched in 2023 continued to thrive in 2024-25. It provides:


- A relational space for the young people that SHINE YOUTH already engages with through its schools work to continue to be supported;
- A support space for young people who are persistently absent/not attending school and/or are waiting for NHS support;
- A setting where the Charity can offer a more holistic menu of well-being activities than it can in schools; and
- An accessible environment for all local young people to find a community of support to improve their mental and emotional well-being, resilience and social/other skills.

In 2024-25 the Youth Wellbeing Cafe has been attended by 28 young people aged 11 - 18 years every week who have Social Emotional and Mental Health (SEMH) needs. Many were referred by their schools or families as they are experiencing loneliness as well as other mental health or emotional wellbeing difficulties. They participated in a range of different games, Arts and physical activities and Wellbeing Workshops with tips and crafts to improve mental health and wellbeing, such as Learning new skills is good for the mind - darts, juggling, magic tricks; Glimmers - salt art thankfulness craft; Benefits of good sleep - making a Good Sleep Kit; Try new things (Growth mindset) - sushi making; Breathing to calm mind & body - learning new breathing techniques & calming craft; Belonging/You have Value - Me Tree activity (self-esteem building); Building trusted relationships - trust & team building games; The purpose of emotions - Graffiti Floor self-expression exercise; What do you value? - my personal safe exercise.

They also took part in Cooking Club where they cooked Fake Away healthy family meals to take home: Peri Peri Chicken, Butter Chicken, Mexican Burritos, Pizza, Chilli Beef Noodles and Chicken Gyros (with vegetarian options).

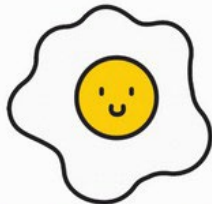
WHAT YOU CAN EXPECT

- To be listened to
- To feel safe and welcome
- A calm environment
- To enjoy yourself



RATE THE WEEK

- Grab a whiteboard
- Draw or write about the last week:
 - 1 thing that made you smile
 - 1 thing that was tough
 - 1 thing you are grateful for
- Share with the group!



COOKING CLUB AT THE
YOUTH WELLBEING CAFÉ
THE FAKE-AWAY SERIES

CREATE YOUR FAVOURITE (HEALTHY) TAKEAWAYS



FUNDING BY 

01

hello

Thought for the Week
& icebreaker

02



Skills Challenge

03



Games, LEGO,
Illustration



Feedback from young people:

The stress of exams can get to me, but the cafe always gives me a moment to breathe as a safe space away from it all.

Every Thursday I look forward to coming to youth club. It makes me feel happy and confident within myself and I love learning new things.

I enjoy going and look forward to the Cafe a lot, the people there are very helpful and supportive with my worries and struggles.

I am excited to interact with people for the first time and I am ok talking to them about my mental and physical wellbeing.

I enjoy coming here because it is something I look forward to each week. It's very chill. I can connect with friends and new people.

It's been great to meet new people and learn about cooking from them. The meals have been really yummy and every meal we've cooked so far has been very nutritious and healthy.

This experience has been a 10 out of 10 experience! I've really enjoyed learning how to cook recipes and taking meals home for my mum and me to enjoy.



We also asked the young people to rate the Wellbeing Café out of 5 for 2 questions:

How much has the café helped you feel more connected to others? = **4.8 / 5**

How much has the café helped you feel more able to cope? = **4.6 / 5**

Case Study

Lola began attending the Youth Wellbeing Café as social and well-being support linked to being a young carer for a disabled parent, while also managing a health condition themselves. Lola was excited at the idea of the cooking project as it would enable her to engage in a hobby and support her mum simultaneously. While attending the Wellbeing Café Lola was also able to connect with peers she recognised from school and begin to build stronger relationships with them which had not been possible before. Lola took part in every cooking session, growing in confidence throughout regarding their cooking skills and building friendships. Lola often worked in partnership with another socially isolated young person who does not currently attend school and together they developed their communication, relational skills and confidence. Lola was delighted to be able to support their parent, grandparent and a member of extended family with the meals taken away. The staff have witnessed Lola engage with other young people of different ages from several different schools, overcoming awkwardness and loneliness in the process. This has had a great, visible impact on her self-esteem and resilience. Her feedback questionnaire response was “This has been 10 out of 10 and I'd love to do it all again. I love cooking. I've enjoyed taking the food home for my mum and me to enjoy. I do cooking at home but when I do it here I can do it with all my new friends.”



Partnerships

Throughout the year we sought to work in partnership with the new Connected Care Network (CNN) in Solihull. We were invited to be a part of this network, complete training for new areas alongside the founding youth mental health CIC and be one of the referral pathways. Unfortunately, despite our best efforts, in practice the integrated working that was promised did not happen in practice and the founding CIC agreed that they wished to be the youth mental health voluntary sector provider in the network.

When a multi-systemic therapist with extensive Child & Adolescent Mental Health Service (CAMHS) delivery and management experience joined SHINE YOUTH, a referral pathway was agreed with Solihull CAMHS for them to refer young people to the SHINE YOUTH Wellbeing Café for support whilst they waited for CAMHS services and for those who had been discharged from CAMHS provision to be referred to the Wellbeing Café for follow-on support. Unfortunately, this was not able to become fully operation due to the lack of success of SHINE YOUTH fundraising in the Spring.

Representing the VCFSE sector & Contributing to the development of local statutory services

The Charity's CEO has continued to represent the VCFSE sector on the Mental Health Provider Panel within the Mental Health Provider Collaborative of the Birmingham & Solihull Integrated Care System (NHS). This role enables SHINE YOUTH to contribute to the development of better mental health and emotional wellbeing provision for children and young people in Solihull and Birmingham.

Financial Review

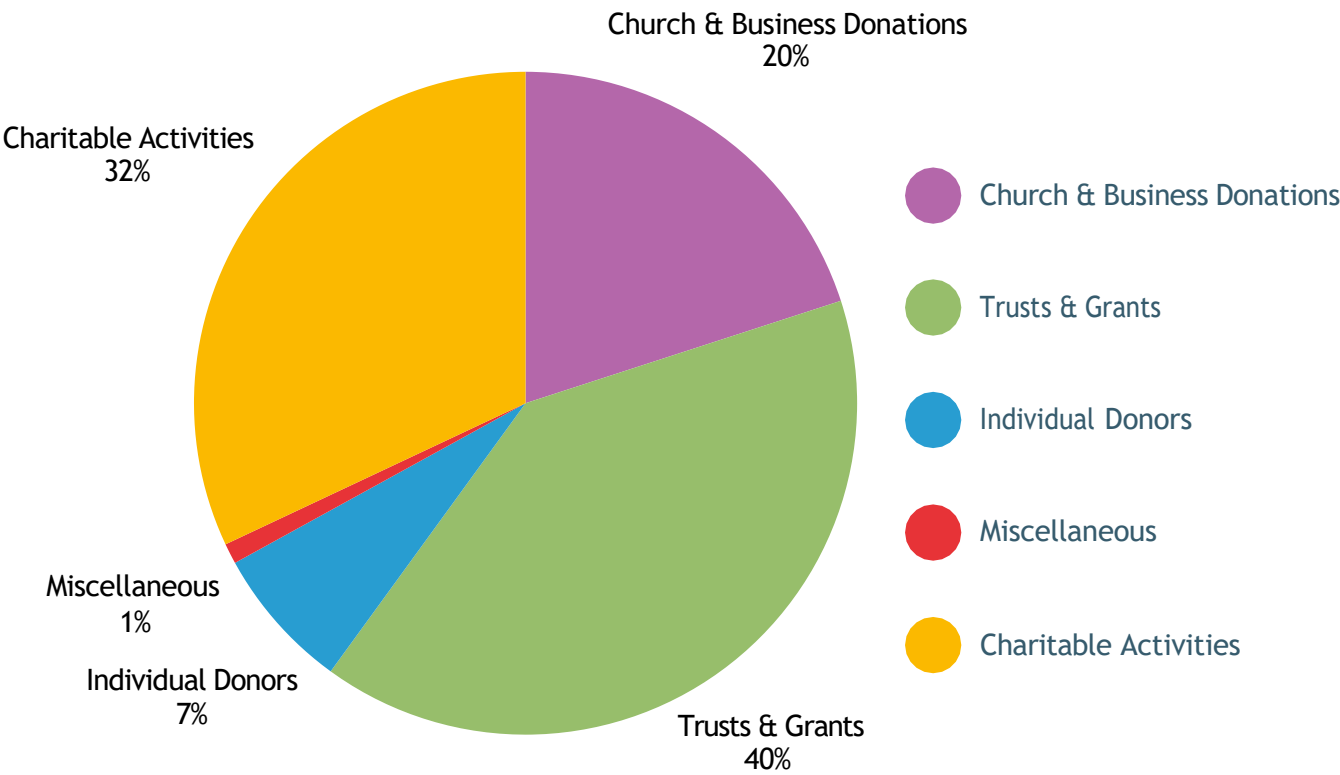
SHINE YOUTH completed its 2024-25 financial year on 31st August 2025 with a total income for the year of £72,215 and total expenditure of £90,521.

The Charity ended the year with funds of £3,919.

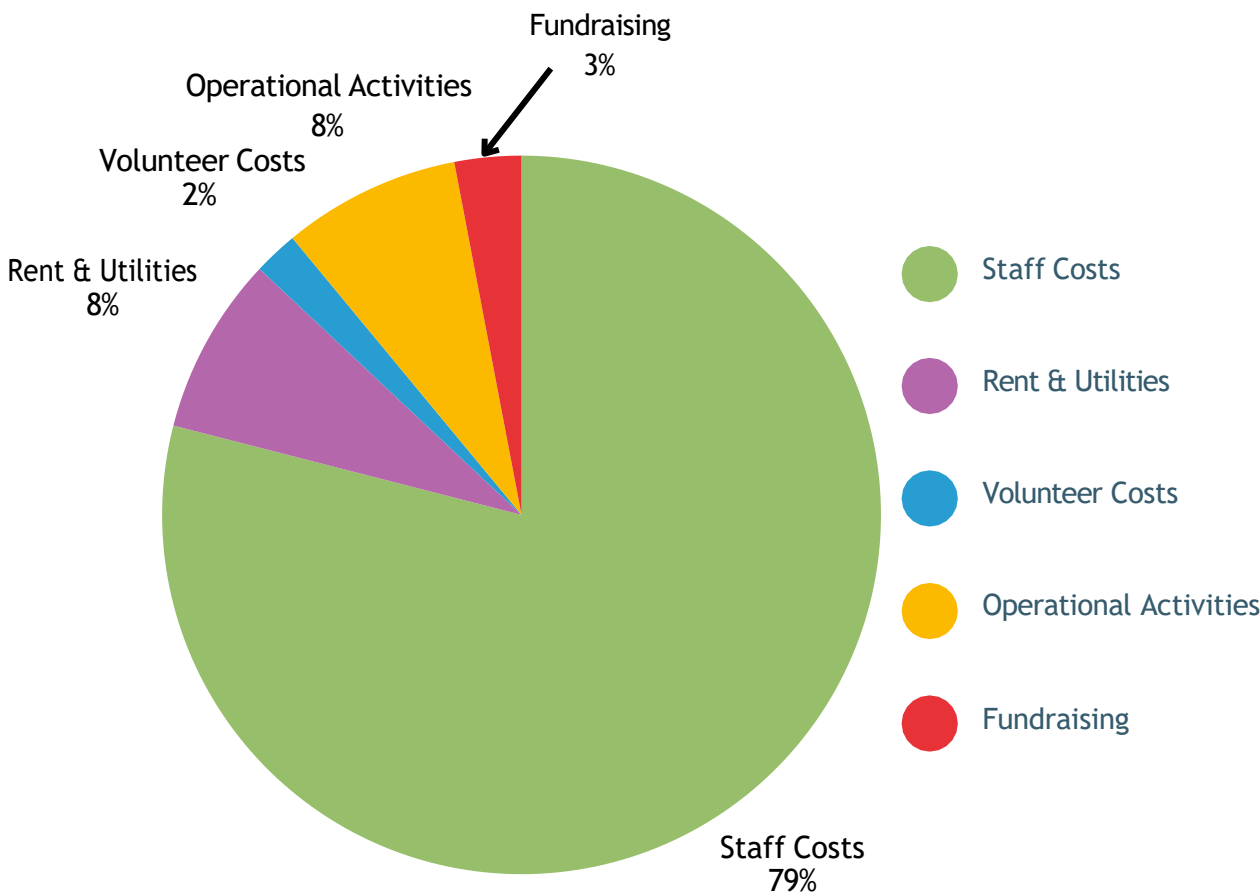
The trustees would like to express their thanks to the following who gave grants to fund the Charity's work this year: Solihull Metropolitan Borough Council, The Heart of England Community Foundation, The Trusted Executive Charitable Trust, The National Lottery and The Postcode Local Trust.

They would also like to express their huge appreciation to Philips Church Dorridge, Solihull Christian Fellowship, Dorridge Methodist Church, Knowle Parish Church and Birmingham Vineyard Church for their donations to the Charity's work this year, as well as The Café at Bentley Heath and all of the regular and one-off donors who have invested in the SHINE YOUTH's mission financially this year. We couldn't have made such a powerful difference to young people without you!

Income



Expenditure



Reserves Policy

The Trustees set a Reserves Policy to maintain free reserves in unrestricted funds at a level which equates to 3 months of fixed overheads as they consider that this level provides sufficient funds to allow time for responses to applications for grants to be received and to ensure that support and governance costs are covered. Importantly, 3 months of Reserve funds also provides for the service delivery to be concluded over a timescale which constitutes therapeutic rather than abrupt endings of the direct work with young people.

At 31/08/25 the unrestricted funds were £3,919 and the trustees have concluded that the Charity is not a Going Concern (see below).

Assessment of Principal Risks and Mitigating Factors

The Trustees continuously manage the risk environment using a risk register which assesses risks in accordance with the size, potential impact and likelihood of occurrence. This scoring methodology is used to identify key risks which are then actively managed by the Charity at both executive and Trustee level. The major risks managed include young people's safeguarding; levels of grant and fundraising income; risk of key employee loss; service delivery demand and response/ waiting times; and cash flow management. The Trustees are satisfied that all material risks have been clearly highlighted and are appropriately managed.

Going Concern

Throughout the 2024-25 financial year the Trustees have reviewed the Charity's financial position and sustainability closely. Unfortunately, despite the dedication of our staff, volunteers and supporters, the Charity has been unable to secure the level of income required to continue its operations supporting young people's mental health. After careful consideration, and with deep regret, the Trustees have concluded that the charity no longer has the financial resources to continue operating as a going concern. Accordingly, the decision has been made to wind up the charity in an orderly and responsible manner. Plans were implemented to ensure that:

- all outstanding obligations to staff, suppliers, and partners were met;
- any remaining charitable funds were applied in accordance with the charity's governing document; and
- beneficiaries and stakeholders were informed and supported during the transition.

The Trustees wish to express their heartfelt thanks to everyone who has supported the charity over the years — our donors, volunteers, staff, and the communities we have served. Although this chapter is coming to a close, we are proud of what has been achieved and the positive impact SHINE YOUTH has made in helping young people access support, build resilience, and find hope for the future during the charity's lifetime.

Structure, Governance & Management

The organisation is led by the Board of Trustees which oversees and monitors the work of SHINE YOUTH and makes decisions on overarching issues such as vision, strategy and both the agreement and monitoring of the budget and risk register. The Board of Trustees met 10 times during this year. The day-to-day running of SHINE YOUTH is delegated to the CEO. The Chair of Trustees supervises the CEO and the CEO provides supervision to the rest of the staff and volunteer team.

Recruitment, Appointment, Induction and Training of the Board of Trustees

The Board of Trustees ensures that it takes into account potential contributions to the skills mix and the balance of the Board as a whole when making new appointments. Trustees are recruited by word of mouth and by direct approach to people who possess relevant skills and support the values of the Charity. New Trustees are provided with a Trustee Handbook and inducted to the Charity and the context within which it operates. This includes:

- The obligations of Trustee Board members;
- The main documents which set out the operational framework for the Charity including its Governing Document; Policy Handbook; Risk Register and Archived Minutes of Trustees' Meetings;
- Resourcing and the current financial position as set out in the latest published accounts;
- Future plans and objectives.

All Trustees complete Safeguarding training.



Section A

Independent Examiner's Report

Report to the trustees

Shine Youth

**On accounts for the year
ended**

31st August 2025

**Charity no
(if any)**

1185452

Set out on pages

10 to 27

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2025.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 25/03/2026

Name:

Ian English

**Relevant professional
qualification(s) or body
(if any):**

Finance Manager (Retired)

Address:

38 Sambourn Close, Solihull, B91 2SA



CHARITY COMMISSION
FOR ENGLAND AND WALES

Shine Youth		Charity No	1185452
Annual accounts for the period			
Period start date	01/09/2024	to	Period end date 31/08/2025

Section A

Statement of financial activities

Recommended categories by activity	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year £
	F01	F02	F04	F05

Incoming resources (Note 3)

Income and endowments from:

Donations and legacies	44,078	4,000	48,078	60,843
Charitable activities	22,832		22,832	17,966
Other trading activities	1,304		1,304	2,389
Investments	-	-	-	-
Separate material item of income	-	-	-	-
Other	-	-	-	-
Total	68,215	4,000	72,215	81,199

Resources expended (Note 6)

Expenditure on:

Raising funds	2,871		2,871	720
Charitable activities	70,807	18,849	89,656	73,335
Separate material item of expense	-	-	-	-
Other	-	-	-	-
Total	73,679	18,849	92,528	74,055

Net income/(expenditure) before investment gains/(losses)

Net gains/(losses) on investments

Net income/(expenditure)

Extraordinary items

Transfers between funds

Other recognised gains/(losses):

Gains and losses on revaluation of fixed assets for the charity's own use

Other gains/(losses)

Net movement in funds

- 5,464	- 14,849	20,313	7,144
-	-	-	-
- 5,464	- 14,849	20,313	7,144
-	-	-	-
-	-	-	-
- 5,464	- 14,849	20,313	7,144

Reconciliation of funds:

Total funds brought forward

Total funds carried forward



7,377	14,849	22,226	15,082
1,913	-	1,913	22,226

Section B

Balance sheet

	Unrestricted funds £ F01	Restricted income funds £ F02	Total this year £ F04	Total last year £ F05
Fixed assets				
Intangible assets	-	-	-	-
Tangible assets	-	-	-	-
Heritage assets	-	-	-	-
Investments	-	-	-	-
Total fixed assets	-	-	-	-
Current assets				
Stocks		-	-	-
Debtors (Note 9)	3,473	-	3,473	455
Investments	-	-	-	-
Cash at bank and in hand (Note 11)	2,444	-	2,444	26,391
Total current assets	5,917	-	5,917	26,846
Creditors: amounts falling due within one year (Note 10)	4,004	-	4,004	4,620
Net current assets/(liabilities)	1,913	-	1,913	22,226
Total assets less current liabilities	1,913	-	1,913	22,226
Creditors: amounts falling due after one year (Note 20)	-	-	-	-
Provisions for liabilities	-	-	-	-
Total net assets or liabilities	1,913	-	1,913	22,226
Funds of the Charity				
Restricted income funds (Note 12)		-	-	14,849
Unrestricted funds	3,919		3,919	7,377
Total funds	3,919	-	3,919	22,226

Signed by one or two trustees on behalf of all the trustees

Name	Signature	Date of approval
Zoe Wallis		03/02/25
Jennifer Whitehill		03/02/25

Section C

Notes to the accounts

Note 1 Basis of preparation

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going Concern

The Charity has been unable to secure the level of income required to continue its operations and after careful consideration Trustees have concluded that the charity no longer has the financial resources to continue operating as a going concern. Plans were implemented to ensure that all outstanding obligations to staff, suppliers, and partners were met; any remaining charitable funds were applied in accordance with the charity's governing document; and beneficiaries and stakeholders were informed and supported during the transition.

Note 2 Accounting Policies

The following accounting policies have been applied by the Charity:

2.1 Income

Recognition of Income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none">• the charity becomes entitled to the resources;• it is more likely than not that the trustees will receive the resources;• the monetary value can be measured with sufficient reliability.
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.
Grants and donations	Grants and donations are only included in the SOFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP). In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.
Government grants	The charity has not received government grants in the reporting period
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified

	otherwise.
Contractual income and performance related grants	This is only included in the SOFA once the charity has provided the related goods or services or met the performance related conditions.
Donated goods	Gifts in kind for use by the charity are included in the SOFA as income from donations when receivable.
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.
Support costs	The charity has incurred expenditure on support costs.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

2.2 Expenditure and Liabilities

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.
Redundancy cost	The charity made no redundancy payments during the reporting period.
Deferred income	No material item of deferred income has been included in the accounts.
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.

2.3 Assets

Tangible fixed assets for use by charity	Expenditure on acquisitions of fixed assets over £1000 are capitalised at cost. Tangible fixed assets are stated at cost less depreciation. Fixed assets are depreciated at rates appropriate to their useful academic life. There are currently no fixed assets.
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Note 3 Analysis of Income

	Analysis	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year £
Donations and legacies:	Grants	25,000	4,000	29,000	36,070
	Church Supporters	12,570	-	12,570	17,786
	Individual Supporters	4,054	-	4,054	4,039
	Gift Aid on Individual Supporters	809	-	809	804
	Business Supporters	1,600	-	1,600	2,145
	Miscellaneous	45	-	45	-
	Total	44,078	4,000	48,078	60,843
Charitable activities:	Service Level Agreements	19,405	-	19,405	15,785
	Panel Member payments	3,000	-	3,000	2,000
	Youth Café Contributions	427	-	427	181
	Total	22,832	-	22,832	17,966
Other trading activities:	Fundraising Events	1,304	-	1,304	2,389
	Total	1,304	-	1,304	2,389
Total Income		68,215	4,000	72,215	81,199

All income in the prior year was unrestricted except for:

£19,770	National Lottery
£10,000	Solihull Fairer Futures Fund
£1,300	Co-op Community Dividend Grant

Note 4 Analysis of Expenditure

Analysis	This year			Last year		
	Unrestricted funds	Restricted income funds	Total funds	Unrestricted funds	Restricted income funds	Total funds
	£	£	£	£	£	£
Expenditure on raising funds:						
Incurring seeking donations	-	-	-	-	-	-
Incurring seeking legacies	-	-	-	-	-	-
Incurring seeking grants	2,501	-	2,501	-	-	-
Staging fundraising events	158	-	158	720	-	720
Advertising, marketing, publicity	-	-	-	-	-	-
Allocated support costs (see Note 5)						
Staffing	384	-	384	2,068	-	2,068
Website	-	-	-	-	-	-
Publicity	-	-	-	-	-	-
Office Utilities	-	-	-	-	-	-
Computer Equipment	-	-	-	-	-	-
Computer Software & Licences	-	-	-	-	-	-
Stationery, Printing & Postage	-	-	-	-	-	-
Accounts Preparation	-	-	-	-	-	-
Total expenditure on raising funds	3,043	-	3,043	2,788	-	2,788
Expenditure on charitable activities:						
Freelance Staff	4,550	-	4,550	-	-	-
Staff & Volunteer training & Development	1,211	100	1,310	1,439	-	1,439
Resources	2,021	2,370	4,391	1,157	2,291	3,448
Subscriptions	-	-	-	65	-	65
Insurance	639	-	639	413	-	413
Allocated support costs (see Note 5)						
Staffing	56,498	12,131	68,629	40,362	20,912	61,274
Website	192	-	192	103	-	103
Publicity	20	-	20	-	-	-
Office Rent and Utilities	3,318	4,249	7,567	1,825	1,230	3,055
Computer Equipment	181	-	181	-	-	-
Computer Software & Licences	263	-	263	302	-	302
Other Equipment	172	-	172	100	-	100
Stationery, Printing & Postage	1,416	-	1,416	970	-	970
Accounts Preparation	100	-	100	100	-	100
Miscellaneous	22	-	22	-	-	-
Legal	33	-	33	-	-	-
Total expenditure on charitable activities	70,635	18,849	89,484	46,835	24,433	71,267
TOTAL EXPENDITURE	73,679	18,849	92,528	49,623	24,433	74,055

Note 5 Support Costs

This year

Support cost	Raising funds £	Charitable Activities	Grand total £	Basis of allocation
Salaries & Pension	384	68,629	69,013	estimation of hours by role
Website	-	192	192	100% Charitable activities
Publicity	-	20	20	by function of each item
Office Rent & Utilities	-	7,567	7,567	100% Charitable activities
Computer Equipment	-	181	181	100% Charitable activities
Computer Software & Licences	-	263	263	100% Charitable activities
Other equipment	-	172	172	by function of each item
Stationery, Printing & Postage	-	1,416	1,416	100% Charitable activities
Miscellaneous expenses	-	22	22	by function of each item
Legal	-	33	33	by function of each item
Accounts Preparation		100	100	100% Charitable activities
Total	384	78,594	78,978	

Last year

Support cost	Raising funds £	Charitable Activities	Grand total £	Basis of allocation
Salaries & Pension	2,068	61,273	63,342	estimation of hours by role
Website	-	103	103	100% Charitable activities
Publicity	-	-	-	
Office Rent & Utilities	-	3,055	3,055	100% Charitable activities
Computer Equipment	-	-	-	100% Charitable activities
Computer Software & Licences	-	238	238	100% Charitable activities
Other equipment	-	100	100	100% Charitable activities
Stationery, Printing & Postage	-	970	970	by function of each item
Miscellaneous expenses	-	64	64	by function of each item
Accounts Preparation	-	100	100	100% Charitable activities
Consultancy	-	-	-	100% Charitable activities
Total	2,068	65,903	67,971	

The apportionment of salaries is an estimation based on hours/time spent. The estimation techniques used to calculate the apportionment of other costs is the percentage of function performed by that expense for each category.

Note 6 Details of certain items of expenditure

Fees for the examination of the accounts

	This year £	Last year £
Independent examiner's fees	100	100
Assurance services other than audit or independent examination	-	-
Tax advisory fees	-	-
Other fees paid to the independent examiner	-	-

Note 7 Paid employees

7.1 Staff Costs

	This year £	Last year £
Salaries and wages	67,355	61,744
Social security costs	-	-
Pension costs (defined contribution scheme)	1,658	1,597
Other employee benefits	-	-
Total staff costs	69,013	63,341

	This year	Last year
Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party	0	0

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

	This year £	Last year £
Total amount paid to key management personnel for their services to the charity.	32,816	27,466

7.2 Average head count in the year

	This year	Last year
The parts of the charity in which the employees work		
Fundraising	-	-
Charitable Activities	2	2
Governance	-	-
Other	-	-
Total	2	2

This is formatted to whole numbers. Total staff is FTE 1.99, last year was FTE 2.01.

7.3 Redundancy payments

	This year £	Last year £
Total amount of cash payments	4,764	-

The redundancy payments follow statutory law as outlined in the employment contracts. The accounting policy is based on standard UK charity accounting practice (FRS 102 & Charities SORP).

Note 8 Defined contribution pension scheme

	This year £	Last year £
Amount of contributions recognised in the SOFA as an expense	1,658	1,597

The liability and expense of defined contribution pension scheme are allocated between activities using the same rationale as apportioning staff time between activities. They are allocated between restricted and unrestricted funds according to the individual staff role.

Note 9 Debtors and Prepayments

Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	3,473	455
Other debtors	-	-
Total	3,473	455

Note 10 Creditors and accruals

Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	113	3,330	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	319	646	-	-
Other creditors	3,572	644	-	-
Total	4,004	4,620	-	-

Note 11 Cash in bank and at hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	2,444	26,391
Other	-	-
Total	2,444,	26,391

Note 12 Charity Funds

12.1 Details of material funds held and movements during the CURRENT reporting period

Fund name	Type	Purpose and Restrictions
General Fund	Unrestricted	General, no restrictions
Postcode Trust	Unrestricted	General, for specific postcode area
National Lottery Grant	Restricted	For office rent and Wellbeing Lead salary
Solihull Winter Support & Prevention	Restricted	For costs relating to Youth Wellbeing Cafe

Fund name	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
General Fund	7,377	43,215	- 48,679			1,913
Postcode Trust	-	25,000	- 25,000	-	-	-
National Lottery Grant	14,849	-	- 14,849	-	-	-
Solihull Winter Support & Prevention	-	4,000	- 4,000	-	-	-
Total Funds	22,226	72,215	- 92,528	-		1,913

12.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund name	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Wesleyan Foundation Grant	8,212		- 8,212	-	-	-
SMBC Fairer Futures Grant	-	10,000	- 10,000	-	-	-
National Lottery Grant	-	19,770	- 4,921	-	-	14,849
Co-op Community Dividend Fund	-	1,300	- 1,300	-	-	-
General Fund	6,871	50,129	49,623			7,377
Total Funds	15,082	81,199	- 74,055	-	-	22,226

12.3 Details of Designated funds

This year

Planned Use	Purpose of the designation	Amount
Postcode Trust Grant	This grant was awarded unrestricted for work delivered in the B37 postcode. The trustees therefore designated this grant to ensure it was spent on service delivery in the area specified.	25,000

Note 13 Transactions with trustees and related parties

13.1 Trustee remuneration and benefits

This year:

Name of trustee	Legal authority	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy	Other	TOTAL
		£	£	£	£	£
Cheryl Hawkins	Governing Document	28,874	820	3,942-	-	33,636

Cheryl Hawkins received remuneration from employment with the Charity.

Last year:

Name of trustee	Legal authority	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy	Other	TOTAL
		£	£	£	£	£
Cheryl Hawkins	Governing Document	27,466	820	-	-	28,286

Cheryl Hawkins received remuneration from employment with the Charity.

13.2 Trustee expenses

No trustee expenses have been incurred.



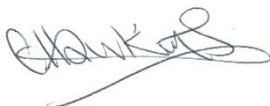
13.3 Transactions with related parties

No transactions with related parties have occurred.

Declaration

The Trustees declare that they have approved the Trustees' Annual Report for 2024-2025 above.

Signed on behalf of the Charity's trustees:

Name	Jennifer Whitehill	Zoe Wallis	Cheryl Hawkins
Position	Chairperson	Treasurer	Trustee & CEO
Signature			
Date	03/02/25	03/02/25	03/02/25