



ANNUAL REPORT
FOR THE YEAR ENDED 31 JULY 2022

Contents	Page
Reference & Administrative Information	1
<u>Report of the Trustees:</u>	
Background, Objectives and Activities	2
Achievements and Performance	3
Plans and Partnerships	6
Financial Review	7
Structure, Governance and Management	9
<u>Independent Examiner's Report Financial</u>	10
<u>Statements:</u>	
Statement of Financial Activities Balance	11
Sheet	12
Notes to the Financial Statements	13
<u>Declarations</u>	22

REFERENCE & ADMINISTRATIVE DETAILS

Charity Registration Number	1185452
Date of Registration	23/09/2019
Start of Financial Year	01/08/2021
End of Financial Year	31/07/2022
Trustees who served during the year	Jennifer Whitehill (appointed 10/02/2020) Zoe Wallis (appointed 17/07/2019) Cheryl Hawkins (appointed 17/07/2019)
Registered Address	1711 High Street, Knowle, Solihull, Midlands, B93 0LN.
Governing Document	Charitable Incorporated Organisation 'Foundation Model'
Bankers	Natwest, 12 Broad Street, Hereford, HR4 9AH
Independent Examiner	Ian English

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 JULY 2022

The Trustees present their report and the financial statements of the Charity for the year ending 31 July 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102, effective 1 January 2015).

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statements of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

1. Background, Objectives and Activities

Background

SHINE YOUTH was founded after the charity This Way Up Youth Project (Registered charity number 1114775) announced at the end of June 2019 that it was going to close. At that time, the Founder was the Director of the Pastoral Mentoring work delivered by This Way Up Youth Project and was asked by all 6 of the schools where they were delivering mentoring services to continue that service delivery. The schools said there was no other provision able to meet the needs of their vulnerable students in the same timely and effective way. When the staff and existing volunteers of This Way Up Youth Project committed to continue the work with the Founder, the Founder set up SHINE YOUTH immediately so that young people receiving the mentoring support had no break in the mentoring provision. Shine Youth was registered as a Charitable Incorporated Organisation (CIO) by the Charity Commission on 23 September 2019.

Objectives

The purpose of the Charity is to promote and protect the positive mental health and emotional wellbeing of young people aged 11-18 years who are experiencing emotional and behavioural difficulties related to experiences of grief and loss; low mood, low self-esteem; anger; stress and anxiety; childhood trauma; domestic violence and self-harm.

The activities of the Charity are focused on providing:

- (1) Psychological information about how these issues affect young people to these individuals and their parents/ carers, teachers, youth workers and others. We increase their knowledge and capacity to respond in ways that are mental health- and trauma-informed.
- (2) 1:1 Pastoral Mentoring and Wellbeing Group courses for young people which relieves their distress; advances their self-care, social and emotional skills; and facilitates the growth of their positive mental health, self-identity, resilience and self-esteem.

In so doing, the Charity's work aims to support young people to fulfil their potential to flourish in their family, friendships, education, and community; achieve more and avoid school exclusion.

Public Benefit

The Trustees have regard to the guidance from the Charity Commission on reporting on Public Benefit and are committed to ensuring the Charity delivers public benefit as it fulfils its objectives. The Charity offers its activities to all people of any faith or none and does so in accordance with Christian principles and unconditional positive regard, respect and empathy.

Activities

SHINE YOUTH fulfils its objectives by recruiting, training and supervising volunteer pastoral mentors and group leaders to provide:

- weekly 1:1 in-school Pastoral Mentoring support to young people aged 11-18 years;
- courses and support groups for young people aged 11-18 years; and
- the MADE course – a course for year 9 school students (aged 14 years) who are low confidence learners or struggling to engage with education for other reasons.

Our volunteers:

- ensure that young people experience the personal investment of a caring, trained and supportive adult who enables them to feel seen, heard and safe during times of difficulty or distress;
- use creative activities to facilitate young people's self-expression and reflection and provide them with evidence-based strategies and tools to build their resilience to cope and begin to thrive in their relationships and schoolwork; and
- are trained in Person-Centred Counselling skills, Cognitive Behavioural Therapy (CBT), Solution-Focused Therapy (SFT) approaches and recommended coping strategies for a range of emotional wellbeing issues and safeguarding.

2. Achievements and Performance

Review of the significant activities, events and achievements

Beneficiaries

We have provided 81 young people with 12 – 36 hours of 1:1 Pastoral Mentoring each this year. Since more young people have presented with a higher level of need and required more than our core 12 sessions of support, this is a lower number than the 100+ we worked with before the Covid-19 pandemic. Frequent absences also extended the duration of mentoring delivery during the first half of the year as many young people/school staff/volunteers had Covid-19 or were required to isolate due to contact with someone who had this virus.

Young people have continued to express the continued legacy of the pandemic through not having been able to see loved ones before they died; of some who died having had diagnosis or treatment delayed; of increased loneliness / disconnect from social support and of continued uncertainty, heightening anxiety and low mood. Just as in 2020-21, those experiencing bereavement and anxiety were a high proportion of those we have supported this year:



It is striking that 43% of those referred were identified as having low self-esteem. In our July 2021 survey of schools, the top need they identified was support for students' low self-esteem. When self-esteem is low, the individual sees themselves and the world around them in a more negative light and generally have lower happiness, wellbeing and personal resilience to overcome challenges. Much of our work this year has been in helping young people identify positives in themselves and their situation, however small, to restore hope and belief that things can change for the better. We therefore began to write an 8 session course to be delivered in 2022-2023 called CREATE which aims to build young people's self-esteem, confidence and positive sense of self (see Plans & Partnerships below).

It is also notable that compared to 43% last year, only 8% of the young people we mentored this year were referred to the Child & Adolescent Mental Health Service (CAMHS) before or during the course of our work with them. In response to our queries about this, school staff told us that they had referred more students straight to Shine Youth alone rather than also to CAMHS because their perception was that they could access our service more quickly and Shine Youth works with the students until positive change is achieved rather than ceasing the intervention after 6 or 12 sessions.

As a result we have constantly held waiting lists for all of the schools we have been delivering to. We are pleased that 69% of those referred were able to begin receiving support within 1 month. However, we are highly motivated to recruit more volunteers to particularly lower the number who had to wait 6 – 7 months:

- 42% are seen within 2 weeks of being referred;
- A further 27% are seen within 1 month;
- A further 21% begin mentoring within 2 - 4 months;
- 10% have had to wait 5 -7 months this year.

In order to reduce the waiting time for the 31% of those referred who waited more than 1 month to access our support, the trustees decided to expand the Charity's delivery to offer group work (see Staff and Plans & Partnerships below).

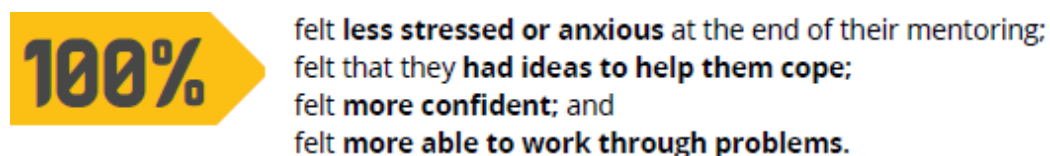
Outcomes

We use 'The Young Person's Clinical Outcomes in Routine Evaluation (YP-CORE)' which is a robust measure of psychological distress in young people aged 11-16 years old which has inbuilt measures of 'reliable' and 'clinical' change. Very positively, our mentoring work this year achieved an average decrease of



Several Case Studies can be read on the Impact page of the Charity's website at www.shineyouth.org.uk

In the questionnaires that young people completed following their episode of mentoring:



Teachers' reported that:



of the students who had received Shine Youth Mentoring were exhibiting:

- **improved understanding of their feelings;**
- **improvement in managing their emotions;**
- **increased confidence; and**
- **increased resilience.**

Feedback given by young people:

- *"You've taught me how to react differently. I've learnt lots of strategies I can use to control my thoughts and feelings so they don't get on top of me, and I can use a routine to cope with change."*
- *"Thank you so much for how you have helped me over the last few months. You have helped me through some of the worst times in my life and for that I will always be grateful."*
- *"I really appreciate how you have helped me to have a positive view of things and myself. Going forward I am different now."*
- *"I make sure I swap my negative thoughts for positive ones now. I feel more confident since having mentoring and I know that things in my life can change;"*
- *"I feel better now I know it is normal with grief for my emotions to come and go;"*
- *"I've learnt how to cope with anxiety and stress. I'm doing breathing techniques and tensing/relaxing my muscles. I've also got more confident."*

Feedback given by teachers:

- *"SHINE YOUTH is excellent and their mentors are compassionate, student-centred and professional. We have seen visible benefit to the students who have accessed the Shine Youth mentoring service this year and I would strongly recommend this service to colleagues in other schools"* (Head Teacher);
- *"The weekly mentoring sessions are hugely valuable here. There have been disclosures about self-harm and suicidal thoughts made by students to their mentors which could mean that their mentoring has possibly saved their lives. I am not certain these pupils would have disclosed to anyone else, due to the level of trust built through weekly mentoring which doesn't ordinarily occur with school staff and they have said they had no-one else they felt they could tell"* (School Pastoral Manager).

Volunteers

14 volunteers from the Solihull community supported our work: 9 delivered 1:1 mentoring sessions, 4 to lead the MADE Course (including 2 local church youth workers) and 1 to lead our team prayer meetings. We'd like to thank all of our volunteers for the time and commitment they give each week of the year and also for their regular feedback that shapes the development of our resources and communicates the mentoring impact. Particularly, we are immensely thankful for the 3 volunteers who ceased to volunteer after 5 years each of volunteering with us. You have been amazing and made a hugely positive impact upon the many young people you have worked with.

Staff

One of our very experienced volunteer mentors successfully applied for the new position of Wellbeing Lead that we advertised in June 2022. This role will begin in September 2022 and aims to grow our reach and impact by launching:

- Wellbeing Group interventions to reach more young people (12 at a time) and widen the access to our support. We surveyed all of the local secondary schools in July 2022 to identify the highest areas of need for this group work to target. They were reported as support for low self-esteem, managing anxiety and for bereavement;
- Youth Forums - termly groups drawn from our cohort of 1-2-1 Pastoral Mentoring which will enable young people with lived experience to have a voice and purpose in using their strengths and experiences to shape our services.

Training

This year, the Training and Development Manager who joined the Charity at the beginning of the year (Sept 2021) has:

- re-written the Volunteers' Induction Training and a Core Curriculum and gained Ofqual accreditation as a Level 3 Award in Mentoring Practice by the Open College Network West Midlands;
- presented monthly CPD training to our volunteer Pastoral Mentors that has upskilled their ability to deliver high quality mentoring using theories and approaches which are evidenced-based and have efficacy; and
- Developed the Mentoring resources through the creation of a series of Workbooks for building the resilience of young people coping with anxiety, with bereavement and to build self-esteem.

The training of the Charity's volunteers is critical to ensuring that the quality of work completed with beneficiaries remains high and its outcomes continue to be strong. The supportive learning and equipping environment we provide ensures we are delivering a high duty of care to our volunteers for work which is emotionally and cognitively demanding. Becoming registered as a training centre with the Open College Network West Midlands also means that the external training which the Training Manager is now engaged in writing will be able to be accredited. This will be attractive to some audiences and potentially aid the sale of these products. It also provides general quality assurance of the quality of our materials to our marketplace. We completed a survey of the secondary schools in Solihull in July 2022 to pinpoint the training which senior school staff identified as desired by them for their staff; their students and for their students' parents / carers.

The MADE Course

The CEO secured 10 business partners and trained a team of volunteers and local youth worker leaders to run the MADE Course. This 10-day course is designed to re-engage disadvantaged 14 year olds with Education and prevent permanent exclusion from school at the key stage of making their GCSE and BTEC course choices. The course has been delivered in Essex since 2016 and has proven outcomes of raising students' motivation and aspirations; equipping them with a positive vision of themselves and their future employment possibilities; and achieving renewed Educational participation. Two secondary schools signed up for our pilot course but unfortunately the late withdrawal of 2 of the 4 volunteer leaders required to run the course meant it has been re-scheduled for the 2022-23 academic year. During the collaboration for this project, we assisted Jaguar Land Rover with the development of an orientation day designed specifically for this cohort of disadvantaged teenagers.

Systems

Following successful application to the DotProject 'Tech Foundations Programme' funded by the National Lottery, the CEO was able to utilise this digital expertise and capability building support to complete the data journey mapping required to build a case management system able to automate the communication for referral receipts, allocations and waiting list management. This Case Management system is now in its final testing stage and will be usable by staff, volunteers and school partners by December 2022. This digital infrastructure is crucial to enabling the Charity to scale up the number of beneficiaries and data it is able to work with and manage.

Plans & Partnerships:

We want to:

1. Widen young people's access our wellbeing support and support more young people;
2. Shorten our waiting list time so that all can get support within 2 – 8 weeks;
3. Enable our work to be more preventative by being easily accessible to young people in location(s) where they feel comfortable and which are not 'clinical' or stigmatising;
4. Gain the views of young people with lived experience of difficult wellbeing issues to input into what we are doing and offer in the future;

5. Offer a Christian faith-based perspective that for some young people will aid their 'Sense of Mattering' and 'Sense of Purpose' which were identified by The Wellcome Trust as part of their Spiritual & Religious Beliefs 'Active Ingredient' of effective interventions in the field of adolescent mental health;
6. Equip others able to support young people's positive mental and emotional health to do so.

We therefore plan to:

1. Write and deliver Wellbeing Group interventions for groups of 12 young people. These will first meet the needs identified in our July 2021 and 2022 surveys: an 8 week course called CREATE to raise young people's self-esteem and a 6 week course called BREATHE to explain and equip young people to better manage anxiety and stress;
2. Include an optional Mindful, Reflective, Prayerful space as part of these interventions which also assist schools to deliver the Spiritual, Moral, Social, Cultural (SMSC) strand of the curriculum;
3. Recruit more volunteers and a second staff Wellbeing Lead to deliver the group courses, the MADE Course, additional 1:1 Mentoring and other wellbeing activities;
4. Open a Youth Wellbeing Hub in Solihull where beneficiaries feel comfortable in the café, and can book in and drop-in to access the range of courses and support activities on offer;
5. Begin Youth Forum groups of young people who have been supported by SHINE YOUTH mentoring (or Wellbeing groups next year) to shape the services, resources and training we deliver;
6. Deliver training for teachers and organisations working with young people; and information evenings and support groups for parents/carers.

Partnerships:

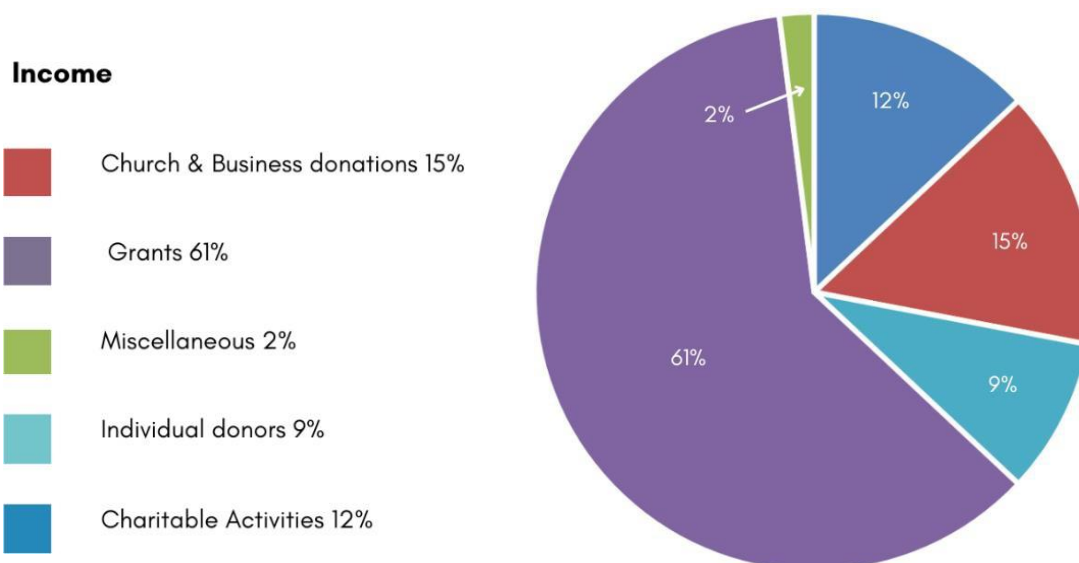
The Charity's Chair of trustees and CEO have been engaged in developing a financial partnership and programme to deliver joint projects for 16 – 21 year old beneficiaries for the 2022-23 financial year with the CEO of a large West Midlands charity. The Wellbeing Hub project is a part of this partnership.

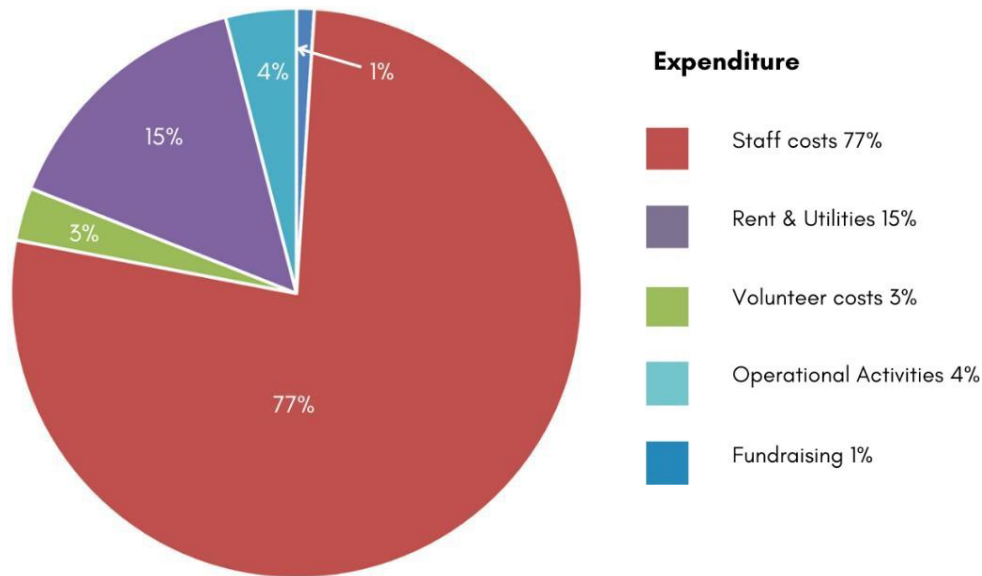
We are also a member of the Solihull Cultural Education Partnership (Arts Council England) and intend to form partnerships with other members to run a range of artistic activities as part of the Wellbeing activities programme that we wish to offer.

We are also a part of the discussions as to the provision which will be offered as a part of the Family Hubs initiative.

Financial Review

SHINE YOUTH completed its 2021-22 financial year on 31st July 2021 with a net loss of £21,708 where the total income for the year was £41,759 and total expenditure was £63,467. The Charity ended the year with £6,296 of unrestricted money and £4,704 in restricted funds.





For several reasons, the income was considerably lower than the income of £70,989 in 2020-21. The Charity was less successful with its grant applications than previously. The continuing impact of Covid-19 limited our ability to run fundraising events and the Charity was also not able to seek additional donors from Church congregations easily as many churches continued to have restrictions on their in-person services for a considerable part of the year. One church did select SHINE YOUTH to be their charity to support for 3 years and have pledged £4,000 each year.

The trustees would like to express their thanks to the following who gave grants to fund our work: The Heart of England Community Foundation / Solihull Metropolitan Borough Council, The Society of the Holy Child Jesus and The Trusted Executive Charitable Trust. The latter is a 3 year funding commitment which begins to provide the stability which the Charity's strategy of applying for multi-year grants aims for.

The trustees would also like to thank St Philips Church Dorridge, Birmingham Vineyard Church and Solihull Christian Fellowship for their donations to our work this year, as well as The Café at Bentley Heath and all of the regular and one-off donors who have invested in our work financially this year. We really couldn't do it without you!

Going forward, the trustees' strategy is to grow all of its income streams and the following have been scheduled / are in place:

- a calendar of 4 fundraising events throughout the next financial year;
- speaking / publicity slots in local churches for 2023 as part of a campaign to gain additional regular donors;
- working with a consultant to assist with grant applications on a pro bono basis;
- target multi-year grants and large grants like Children in Need and HS2 locally to provide greater stability and longer term planning; and
- initiating group work with young people and external training for teachers, organisations and parents/carers as additional revenue streams.

The Chair of Trustees and the CEO have also been engaged in developing a financial partnership with the a large West Midlands charity for the 2022-23 financial year.

Reserves Policy

The Trustees have set a reserves policy to maintain free reserves in unrestricted funds at a level which equates to 3 months of fixed overheads (£16,581). The Trustees consider that this level will provide sufficient funds to allow time

for responses to applications for grants to be received and to ensure that support and governance costs are covered. Three months of reserve funds also provides for the service delivery to be concluded over a timescale which constitutes therapeutic rather than abrupt endings of the direct work with young people.

This year the £4,704 restricted fund surplus is restricted for the salary of the Charity's Training & Development Manager. Therefore, the £11,001 sum of the restricted and unrestricted surplus can all be used for fixed-cost expenditure. This is equivalent to 2 rather than 3 months of fixed-cost expenditure and so it is planned to increase the Charity's reserves to 3 months of fixed overheads by the end of 2022-23.

Assessment of Principal Risks and Mitigating Factors

The Trustees manage the risk environment regularly using a risk register which assesses risks in accordance with the size and potential impact and likelihood of occurrence. This scoring methodology is used to prioritise which risks are actively managed by the Charity at both executive and Trustee level. The major risks managed monthly include young people's safeguarding; levels of grant and fundraising income; risk of key employee loss; service delivery demand and response/ waiting times; and cash flow management. The Trustees are satisfied that all material risks have been clearly highlighted and are appropriately managed.

Going Concern

Having reviewed the level of available funds alongside the projected cash-flow, the Trustees have reasonable expectation that the Charity has adequate resources to continue its activities for the future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

Structure, Governance and Management

The organisation is led by the Board of Trustees which oversees and monitors the work of SHINE YOUTH and makes decisions on over-arching issues such as vision, strategy and both the agreement and monitoring of the budget and risk register. The Board of Trustees met 7 times during this year.

The post of CEO is also a Trustee in order to provide the Charity with a direct, effective and efficient link between its governance and operational functions. The CEO's equal responsibility and decision-making power at the highest level of the running of the charity provides direct accountability, strengthens governance and guards against the potential for disconnect between the Charity's management team and the Board.

The day-to-day running of SHINE YOUTH is delegated to the CEO. Members of the Board supervise the CEO and the CEO provides supervision to the rest of the staff and volunteer team.

Recruitment, Appointment, Induction and Training of the Board of Trustees

The Board of Trustees ensures that it takes into account potential contributions to the skills mix and the balance of the Board as a whole when making new appointments. Trustees are recruited by word of mouth and by direct approach to people who possess relevant skills and support the values of the Charity.

New Trustees are provided with a Trustee Handbook and inducted to the Charity and the context within which it operates, including:

- The obligations of Trustee board members;
- The main documents which set out the operational framework for the Charity including its Governing Document; Policy Handbook; Risk Register and Archived Minutes of Trustees' Meetings;
- Resourcing and the current financial position as set out in the latest published accounts.

As part of an ongoing recognition of the need to maintain quality standards throughout the Charity, training is sourced each year to develop the understanding and abilities of the Trustees, including Safeguarding training.



Section A

Independent Examiner's Report

Report to the trustees

Shine Youth

On accounts for the year
ended

31st July 2022

Charity no
(if any)

1185452

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/07/2022.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:



Date: 126/04/2023

Name: J. Ian English

Relevant professional
qualification(s) or body
(if any):

Finance Manager (retired)

Address: 138 Sambourn Close, Solihull, 891 2SA

Shine Youth			Charity No (if any)	1185452
Annual accounts for the period				
Period start date	1/8/2021	To	Period end date	31/7/2022

Section A Statement of financial activities

Recommended categories by activity

Incoming resources (Note 3)

Income and endowments from:

Donations and legacies

Charitable activities

Other trading activities

Investments

Separate material item of income

Other

Total

Resources expended (Note 6)

Expenditure on:

Raising funds

Charitable activities

Separate material item of expense

Other

Total

Net income/(expenditure) before investment gains/(losses)

Net gains/(losses) on investments

Net income/(expenditure)

Extraordinary items

Transfers between funds

Other recognised gains/(losses):

Gains and losses on revaluation of fixed assets for the charity's own use

Other gains/(losses)

Net movement in funds

Reconciliation of funds:

Total funds brought forward

Total funds carried forward

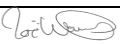

Guidance Notes

	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
S01	30,899	5,345	-	36,244	59,973
S02	5,515	-	-	5,515	9,435
S03	-	-	-	-	1,581
S04	-	-	-	-	-
S05	-	-	-	-	-
S06	-	-	-	-	-
S07	36,414	5,345	-	41,759	70,989
S08	331	-	-	331	4,569
S09	40,785	22,351	-	63,136	42,405
S10	-	-	-	-	-
S11	-	-	-	-	-
S12	41,116	22,351	-	63,467	46,974
S13	- 4,701	- 17,006	-	- 21,708	24,015
S14	-	-	-	-	-
S15	- 4,701	- 17,006	-	- 21,708	24,015
S16	-	-	-	-	-
S17	-	-	-	-	-
S18	-	-	-	-	-
S19	-	-	-	-	-
S20	- 4,701	- 17,006	-	- 21,708	24,015
S21	10,998	21,711	-	32,708	8,694
S22	6,296	4,704	-	11,001	32,708

Section B Balance sheet

		ce Notes Guidar	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	661	-	-	661	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)		B09	16,596	6,009	-	22,605	-
Total current assets		B10	17,257	6,009	-	23,266	-
Creditors: amounts falling due within one year							
	(Note 20)	B11	10,961	1,304	-	12,265	-
Net current assets/(liabilities)		B12	6,296	4,704	-	11,001	-
Total assets less current liabilities		B13	6,296	4,704	-	11,001	-
Creditors: amounts falling due after one year							
	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	6,296	4,704	-	11,001	-
Funds of the Charity							
Endowment funds (Note 27)		B17	-	-	-	-	-
Restricted income funds (Note 27)		B18	-	4,704	-	4,704	-
Unrestricted funds		B19	6,296	-	-	6,296	-
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	6,296	4,704	-	11,001	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Zoe Wallis	18/10/2022
	Jennifer Whitehill	18/10/2022

Notes to the accounts

Note 1 Basis of preparation

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going Concern

Having reviewed the level of funds available, together with the future projected cashflows, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

Note 2 Accounting Policies

The following accounting policies have been applied by the Charity:

2.1 Income

Recognition of Income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none">• the charity becomes entitled to the resources;• it is more likely than not that the trustees will receive the resources;• the monetary value can be measured with sufficient reliability.
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.
Grants and donations	Grants and donations are only included in the SOFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP). In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.
Government grants	The charity has received government grants in the reporting period
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified

	otherwise.
Contractual income and performance related grants	This is only included in the SOFA once the charity has provided the related goods or services or met the performance related conditions.
Donated goods	Gifts in kind for use by the charity are included in the SOFA as income from donations when receivable.
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.
Support costs	The charity has incurred expenditure on support costs.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

2.1 Expenditure and Liabilities

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.
Redundancy cost	The charity made no redundancy payments during the reporting period.
Deferred income	No material item of deferred income has been included in the accounts.
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.

2.2 Assets

Tangible fixed assets for use by charity	Expenditure on acquisitions of fixed assets over £1000 are capitalised at cost. Tangible fixed assets are stated at cost less depreciation. Fixed assets are depreciated at rates appropriate to their useful academic life. There are currently no fixed assets.
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Note 3 Analysis of Income

		Unrestricted Funds	Restricted Funds	Total Funds	Prior Year
Donations & Legacies	Grants	20,000	5,345	25,345	41,930
	HMRC Coronavirus Job Retention Scheme	883		883	6,677
	Church Supporters	4,600		4,600	6,279
	Individual Supporters	3,185		3,185	3,793
	Gift Aid on Individual Supporters	618		618	480
	Business Supporters	1,600		1,600	800
	Miscellaneous	14		14	14
Total		30,899	5,345	36,244	43,805

Charitable Activities	Service Level Agreements	5,515		5,515	9,435
Total		5,515		5,515	9,435

Other trading activities	Fundraising Events				1,515
Total					1,515

TOTAL INCOME	36,414	5,345	41,759	70,989
---------------------	---------------	--------------	---------------	---------------

All income in the prior year was unrestricted except for:

£19,000	SHCJ Training Manager grant
£5,000	Solihull Winter Wellbeing grant
£3,930	Localgiving grant

Note 4 Analysis of expenditure

Expenditure on Raising Funds:	This year			Last year		
	Unrestricted funds	Restricted income funds	Total funds £	Unrestricted funds	Restricted income Funds	Total funds £
Incurred seeking donations						

Incurred seeking legacies						
Incurred seeking grants						
Staging fundraising events				72		72
Advertising, marketing, direct mail and publicity						
Allocated support costs (see Note 9)						
Staffing	1,444		1,444	3,130		3,130
Website	96		96	98		98
Publicity						
Office Utilities						
Computer Equipment						
Computer Software & Licenses						
Stationery, Printing & Postage				44		44
Accounts Preparation						
Total expenditure on Raising Funds:	1,540		1,540	3,271		3,271

Expenditure On charitable activities:

	Unrestricted funds	Restricted income funds	Total funds £	Unrestricted funds	Restricted income Funds	Total funds £
Staff & Volunteer training & Development	7,756	517	2,272	562	623	1,185
Resources	297	100	397	476		476
Subscriptions				96		96
Insurance	271	135	406	112	406	294
Allocated support costs (see Note 9)						
Staffing	26,406	21,100	47,506	27,767	7,005	34,772
Website	235		235	195		195
Publicity						
Office Utilities	9,299		9,299	2,476		2,476
Computer Equipment				768	495	1,263
Computer Software & Licences	382	500	882	1,842		1,842
Other Equipment	83		83	404		404
Stationery, Printing & Postage	748		748	600		600
Accounts Preparation	100		100	100		100
Total expenditure on charitable activities:	39,576	22,351	61,928	35,175	8,528	43,703
TOTAL EXPENDITURE	41,116	22,351	63,467	38,446	8,528	46,974

Other information:

Analysis of expenditure on charitable activities

Activity or Programme	This year			Last year		
	Direct Activities	Grant funding of activities	Total this year	Direct Activities	Grant funding of activities	Total last year
Activity 1	61,928		61,928	43,703		43,703
Activity 2						
Other						
Total	61,928		61,928	43,703		43,703

Note 5 Support Costs

This year:

Support cost	Raising funds £	Charitable Activities £	Grand total £	Basis of allocation (Describe method)
Salaries & Pension	1,444	47,506	48,949	
Website		235	235	100% Charitable activities
Publicity	96		96	
Office Rent & Utilities		9,299	9,299	100% Charitable activities
Computer Equipment				
Computer Software & Licences		882	882	100% Charitable activities
Other equipment		83	83	100% Charitable activities
Stationery, Printing & Postage		748	748	by function of each item
Miscellaneous expenses				
Accounts Preparation		100	100	100% Charitable activities
Total	1,540	58,852	60,392	

Last year:

Support cost	Raising funds £	Activities £	Grand total £	Basis of allocation (Describe method)
Salaries & Pension	3,130	34,772	37,902	estimation of hours spent by role
Website	98	195	293	1/3, 2/3
Publicity				n/a
Office Rent & Utilities		2,476	2,476	100% charitable activities
Computer Equipment		1,263	1,263	100% charitable activities
Computer Software & Licences		1,842	1,842	100% charitable activities
Other equipment		404	404	100% charitable activities
Stationery, Printing & Postage	44	600	644	by function of each item
Miscellaneous expenses		90	90	by function of each item
Accounts Preparation		100	100	
Total	3,271	41,743	45,014	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment:

The apportionment of salaries is an estimation based on hours/time spent. The estimation techniques used to calculate the apportionment of other costs is the percentage of function performed by that expense for each category.

Note 6 Certain items of expenditure

Fees for examination of the accounts:

	This year £
Independent examiner's fees	100
Assurance services other than independent examination	

Tax advisory fees	
Other fees paid to the independent examiner	

Note 7 Paid Employees

7.1 Staff costs

	This year £	Last year £
Salaries and wages	47,825	36,852
Social security costs		

Pension costs (defined contribution scheme)	1,124	1,050
Other employee benefits		
Total staff costs	48,949	37,902

	This year	Last year
Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party	0	0

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000	TRUE
--	------

	This year £	Last year £
Total amount paid to key management personnel for their services to the charity	27,333	25,414

7.2 Average Head Count in the year

	This year	Last year
The parts of the charity in which the employees work	Fundraising	
	Charitable Activities	1
	Governance	
	Other	
Total	1	1

This is formatted to whole numbers. Total staff is FTE 1.43. Last year it was 1.23

Note 8 Defined contribution pension scheme

	This year £	Last year £
Amount of contributions recognised in the SOFA as an expense	1,124	1,050

The pension costs are in the individual staff costs, so the rationale is the same as that of apportioning staff time.

Note 9 Debtors and prepayments

9.1 Analysis of Debtors

	This year	Last year
	£	£
Trade debtors		
Prepayments and accrued income		
Other debtors	661	403
Total	661	403

Note 10 Creditors and Accruals

Analysis of Creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable				
Bank loans and overdrafts				
Trade creditors	6,660			
Payments received on account for contracts or performance-related grants				
Accruals and deferred income	3,439	2,278		
Taxation and social security	1,508	410		
Other creditors	658	67		
Total	12,265	2,754		

Note 11 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)		
Short term deposits		
Cash at bank and on hand	22,605	35,060
Other		
Total	22,605	35,060

Note 12 Charity funds

12.1 Details of material funds held and movements during the CURRENT reporting period

Fund Name	Type	Purpose and Restrictions
Training & Development Manager Fund	R - Restricted	The salary and expenditure for the post of Training & Development Manager
Solihull Winter Wellbeing Grant	R - Restricted	Towards the Pastoral Mentoring Service from 19/04/21 – 09/04/22
IT Fund	R - Restricted	For spending on IT hardware & software
Solihull Wellbeing Grant	R - Restricted	Towards the 1:1 Pastoral Mentoring Service from 01/04/22 – 31/07/22

Fund Name	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
Training & Development Manager Fund	18,505		14,301			4,204
Solihull Winter Wellbeing Grant	3,205		3,205			
IT Fund		1,000	500			500
Solihull Wellbeing Grant		4,345	4,345			
Total Funds as per balance sheet	21,711	5,345	22,351			4,704

12.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund Name	Type	Purpose and Restrictions
Heart of England Coronavirus Resilience Fund	R - Restricted	Set up training costs for providing online mentoring whilst unable to visit schools in person
LocalGiving Match Challenge Fund	R – Restricted	Towards 1:1 Pastoral Mentoring core costs
Training & Development Manager Fund	R – Restricted	To pay for the salary and expenditure for the post of Training & Development Manager
Solihull Winter Wellbeing Grant	R - Restricted	Towards the 1:1 Pastoral Mentoring Service from 19/04/21 to 09/04/22

Fund Name	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Heart of England Coronavirus Resilience Fund	2,309		2,309			
LocalGiving Match Challenge Fund		3,930	3,930			
Training & Development Manager Fund		19,000	495			18,505
Solihull Winter Wellbeing Grant		5,000	1,795			3,205
Total Funds as per balance sheet	2,309	27,930	8,528			21,711

Note 13 Transactions with trustees and related parties

13.1 Trustee remuneration and benefits

This year:

Name of trustee	Legal authority	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy	Pension Setup Fee	TOTAL
Cheryl Hawkins	Governing Document	27,333	820			28,152

Cheryl Hawkins received remuneration from employment with the Charity.

Last year:

Name of trustee	Legal authority	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy	Pension Setup Fee	TOTAL
Cheryl Hawkins	Governing Document	27,333	829			28,162

Cheryl Hawkins received remuneration from employment with the Charity.

13.2 Trustee Expenses

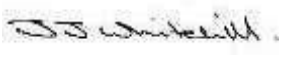


No trustee expenses have been incurred.

13.3 Transaction(s) with related parties

No transaction(s) with related parties have occurred.

Declarations

The Trustees declare that they have approved the Trustees' Annual Report for 2021-2022 above.

Signatures			
Full Names	Jennifer Whitehill	Zoe Wallis	Cheryl Hawkins
Position	Chairperson	Treasurer	Trustee & CEO
Date	18/10/22	18/10/22	18/10/22