

# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	January	2022		31	December	2022

## Section A Reference and administration details

Charity name	Empower Squash Foundation
Other names charity is known by	Previously Empower Squash Academy
Registered charity number (if any)	1185427
Charity's principal address	1257 Bristol Road South
	Northfield, Birmingham
	West Midlands
Postcode	B31 2SW

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deon Saffrey	Chair		
2	Lynn Paino			
3	Dr David Green			
4	Ginny Lee			
5	Sarah Ann Moore	Treasurer		
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

### Name of chief executive or names of senior staff members (Optional information)

N/A
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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Select invitation from existing trustees based on skills/ experience

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The objects of the CIO are the promotion of community participation in healthy recreation for the benefit of young people across the UK by the provision of facilities for playing squash.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Empower Squash Foundation ('Empower' or 'the Charity') is the Midlands's first squash, education and nutrition program founded in 2019 and registered in September 2019 as a charity (no. 1185427).

The Charity provides an after-school program which focuses on squash, life lessons and nutrition for children from income-deprived families. This program has been adopted based on a successful and proven model used for over 20 years in the United States.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**MISSION:**

Empower Squash Foundation is dedicated to providing a better future to the lives of underserved youth throughout the Midlands with a combined approach of squash, education and nutrition.

**GOALS:**

- To introduce children to a game they would never have been able to otherwise access
- To help raise their academic performance
- To provide a safe space to the often unpredicted home life environment
- Increase participation to the game of squash
- To have a lasting impact on the students in our program

**Summary of the main achievements of the charity during the year**

Empower Squash programme activities resumed post-pandemic in the Autumn of 2021 at original sponsor club Edgbaston Priory Club and the Charity was pleased to shortly thereafter begin working with a new cohort of students at Leamington Lawn Tennis and Squash Club. The Charity has run a full programme of activities at both locations throughout the 2022 year.

The Charity held a successful Gala Dinner in late 2021 raising monies for the return of the programme. With the success of that gala raising adequate funds to run the programme for the coming year, no further fundraising activities were undertaken by the Charity in 2022.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The Trustees have discussed and agreed a reserves policy of maintaining appropriate cash reserves sufficient to fund a minimum of 6 months of programme delivery. This policy will be discussed and reviewed annually.

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Empower is funded entirely through donations, grants and time volunteered in kind.

The Charity operates at and supported by both Edgbaston Priory Club and Leamington Lawn Tennis & Squash Club.

## Section F



## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sarah Ann Moore	Deon Saffrey
Position (eg Secretary, Chair, etc)	Treasurer	Chair
Date	21/10/23	